

## Lake Superior Conference Indoor - 4/8/2017

Ashland High School  
Marcovich Wellness Center

## Results - Event Order

**Girls 55 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Kelley, Kendra	10	Cloquet	7.56 10
2 Kelley, Kaitlyn	8	Cloquet	7.97 8
3 Olson, Kiersten	12	Hermantown	8.02 6
4 Tucker, Aneesa	12	Ashland	8.06 4
5 Hill, Shilyn	12	Proctor	8.24 2
6 Koenen, Brooke	9	Superior	8.38 1
7 Wester, Erin	9	Hermantown	8.38
8 Rust, Shelby	12	Ashland	8.45
9 Deters, Sylvie	12	Cloquet	8.51
10 Strickland, Lizzy	9	Cloquet	x8.57
11 Mitchell, Lana	10	Duluth Denfe	8.59
12 Hagen, Kaiya	11	Hermantown	8.67
13 Byrnes, Molly	10	Marshall Sch	8.69
14 Nabozny, Madison	9	Ashland	8.76
15 Fournier, Megan	10	Duluth Denfe	8.79
16 Word, Kyra	10	Duluth Denfe	8.88
17 Voss, Amelia	9	Proctor	9.23
18 Senenberger, Maggie	9	Superior	9.28
19 Mudrak, Carissa	9	Marshall Sch	9.35
20 Dunaisky, Maddy	12	Proctor	9.84
21 Lonetto, Autumn	9	Proctor	x10.08
22 Phillips, Brittany	9	Superior	12.94

**Girls 200 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Kelley, Kendra	10	Cloquet	26.69 10
2 Tucker, Aneesa	12	Ashland	28.75 8
3 Kelley, Kaitlyn	8	Cloquet	29.54 6
4 Lakanen, Emily	12	Proctor	29.64 4
5 Turner, Erin	11	Cloquet	30.04 2
6 Mitchell, Lana	10	Duluth Denfe	30.15 1
7 Kidd, Anne	9	Duluth Denfe	30.42
8 Rohweder, Abby	12	Proctor	31.33
9 Ecklund, Megan	12	Proctor	31.46
10 Byrnes, Molly	10	Marshall Sch	31.53
11 Seeger, Isabelle	10	Ashland	31.98
12 Hagen, Kaiya	11	Hermantown	32.02
13 Johnson, Ayla	9	Ashland	32.37
14 Moore, Paige	12	Proctor	x32.67
15 Moeller, Kiah	9	Duluth Denfe	32.98
16 Macaulay, Olivia	7	Cloquet	x33.11
17 Follett, Jayla	9	Proctor	x33.66
18 Thomas, Jenna	9	Hermantown	34.28
19 Mudrak, Carissa	9	Marshall Sch	35.16
20 Phillips, Brittany	9	Superior	35.62

**Girls 400 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Tucker, Aneesa	12	Ashland	1:03.18 10

2 Turner, Erin	11	Cloquet	1:05.00 8
3 Birkeland, Brita	9	Hermantown	1:05.85 6
4 Wick, Sydney	10	Cloquet	1:09.35 4
5 Beaudin, Katelyn	12	Duluth Denfe	1:10.06 2
6 Seeger, Isabelle	10	Ashland	1:10.50 1
7 McRae, Amber	10	Proctor	1:10.64
8 Carlson, Courtney	12	Duluth Denfe	1:11.31
9 Moeller, Kiah	9	Duluth Denfe	1:11.66
10 Olson, Chloe	11	Cloquet	1:12.33
11 Danelski, Katie	9	Hermantown	1:12.55
12 Roettger, Brionna	9	Proctor	1:14.92
13 Vandenberg, Cammi	9	Superior	1:16.04
14 Johnson, Lily	9	Marshall Sch	1:18.73

**Girls 800 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Schneberger, Payten	10	Cloquet	2:43.88 10
2 Mattson, Sophie	11	Ashland	2:51.05 8
3 Stone, Lydia	7	Cloquet	2:55.35 6
4 Turner, Katie	7	Cloquet	2:55.45 4
5 Brummer, Mackenzie	10	Cloquet	x2:59.29
6 McCoshen, Shannon	10	Superior	3:01.05 2
7 Carlson, Courtney	12	Duluth Denfe	3:02.35 1
8 Kreager, Lauren	11	Marshall Sch	3:13.52
9 Freberg, Alyson	9	Duluth Denfe	3:17.84
10 Hansen, Kingslee	10	Superior	3:24.20
11 Emmel, Elizabeth	9	Duluth Denfe	3:38.51
12 Skelton, Taylor	12	Proctor	3:49.87

**Girls 1600 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Wallis, Amy	12	Ashland	6:12.75 10
2 Siegle, Ashlee	10	Marshall Sch	6:13.54 8
3 Cawcutt, Lauren	10	Cloquet	6:26.17 6
4 Regstad, Luba	9	Hermantown	6:33.80 4
5 McCoshen, Shannon	10	Superior	6:55.56 2
6 Kreager, Lauren	11	Marshall Sch	6:58.35 1
7 Wahlin, Acaia	9	Duluth Denfe	7:23.00
8 Hansen, Kingslee	10	Superior	7:57.60
9 Crayne, Sydney	10	Superior	8:05.63
10 Bennis, Lydia	9	Superior	x8:07.11
11 Hansen, Taylor	9	Cloquet	8:19.08
12 Skelton, Taylor	12	Proctor	8:54.34

**Girls 3200 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Binsfield, Sydney	10	Proctor	12:08.42 10
2 Wallis, Amy	12	Ashland	12:11.36 8
3 Bettendorf, Megan	9	Proctor	13:11.29 6
4 Larson, Roz	11	Ashland	13:45.19 4
5 Biebel, Hannah	9	Cloquet	14:22.96 2

## Lake Superior Conference Indoor - 4/8/2017

## Ashland High School

## Marcovich Wellness Center

## Results - Event Order

**Girls 55 Meter Hurdles**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Lorenz, Kelly	10	Cloquet	10.05	10
2 Culver, Annika	12	Proctor	10.36	8
3 Sieger, Macy	8	Hermantown	10.42	6
4 Slattengren, Camrynn	8	Hermantown	10.76	3
4 Ewer, Hannah	9	Hermantown	10.76	3
6 Larson, Jaida	9	Ashland	11.12	1
7 Zifko, Katie	9	Ashland	11.41	
8 Ballavance, Hallee	9	Hermantown	x11.63	
9 Serafin, Alexys	9	Cloquet	11.65	
10 Johnson, Ayla	9	Ashland	11.72	
11 Carlson, Faith	12	Cloquet	11.77	
12 Rabbers, Stephanie	9	Proctor	11.98	
13 Follett, Jayla	9	Proctor	12.22	
14 Hunter, Emily	10	Superior	13.47	
15 Amundson, Taylor	10	Superior	13.95	

**Girls 4x200 Meter Relay**

Team	Relay	Finals	
<b>Finals</b>			
1 Hermantown	A	1:58.52	10
2 Hermantown	B	x2:00.52	
3 Proctor	A	2:01.49	8
1) Gales, Haley 11	2) McRae, Amber 10		
3) Carlson, Ariel 10	4) Rohweder, Abby 12		
4 Cloquet	B	2:01.84	6
5 Ashland	A	2:04.33	4
1) Nuutinen, Bailey 10	2) Seeger, Isabelle 10		
3) Zifko, Katie 9	4) Rust, Shelby 12		
6 Duluth Denfeld	A	2:05.40	2
7 Cloquet	A	x2:07.24	
8 Superior	B	2:09.35	1
9 Proctor	B	x2:12.14	
10 Ashland	B	x2:12.84	
1) Hebert, Kailyn 10	2) Johnson, Ayla 9		
3) Nabozny, Madison 9	4) Pero, Rebecca 9		
11 Cloquet	C	x2:15.25	
12 Proctor	D	x2:17.44	
13 Hermantown	C	x2:20.47	
14 Proctor	C	x2:21.08	

**Girls 4x400 Meter Relay**

Team	Relay	Finals	
<b>Finals</b>			
1 Cloquet	B	4:21.42	10
2 Hermantown	A	4:23.59	8
3 Duluth Denfeld	A	4:38.86	6
4 Proctor	A	4:39.83	4
5 Cloquet	A	x4:54.84	
6 Ashland	A	4:55.50	2
1) Wallis, Amy 12	2) Mattson, Sophie 11		
3) Hebert, Kailyn 10	4) Larson, Jaida 9		

7 Hermantown	B	x4:56.21
8 Proctor	B	x5:11.34
9 Duluth Denfeld	B	x5:15.18
10 Hermantown	C	x5:17.11

**Girls 4x800 Meter Relay**

Team	Relay	Finals	
<b>Finals</b>			
1 Hermantown	A	10:47.64	10
2 Proctor	A	11:16.11	8
3 Duluth Denfeld	A	11:17.80	6
4 Ashland	A	11:23.29	4
1) Larson, Roz 11	2) Mattson, Sophie 11		
3) Hebert, Kailyn 10	4) Larson, Jaida 9		
5 Cloquet	A	11:34.82	2
6 Duluth Denfeld	B	x13:26.07	

**Girls High Jump**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Gamradt, Ellie	11	Hermantown	5-00.00	10
2 Slattengren, Camrynn	8	Hermantown	4-09.00	8
3 Anderson, Allison	8	Hermantown	J4-09.00	6
4 Wick, Sydney	10	Cloquet	4-06.00	4
5 Binsfield, Morgan	8	Proctor	4-03.00	2
6 Danelski, Katie	9	Hermantown	xJ4-03.00	
6 Carlson, Ariel	10	Proctor	J4-03.00	1
8 Hebert, Kailyn	10	Ashland	J4-03.00	
9 Carlson, Faith	12	Cloquet	4-00.00	
--- Vandenberg, Cammi	9	Superior	NH	
--- Wahlin, Acaia	9	Duluth Denfe	NH	
--- Hunter, Emily	10	Superior	NH	
--- Emmel, Elizabeth	9	Duluth Denfe	NH	
--- Freberg, Alyson	9	Duluth Denfe	NH	

**Girls Pole Vault**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Nuutinen, Bailey	10	Ashland	8-00.00	10
2 Kelleher, Annalee	12	Superior	7-00.00	8
3 Benson, Ilei	7	Cloquet	J7-00.00	6
4 Schubitzke, Allison	12	Proctor	6-00.00	1.4
4 Moeller, Kiah	9	Duluth Denfe	6-00.00	1.4
4 Lakanen, Emily	12	Proctor	6-00.00	1.4
4 Emmel, Elizabeth	9	Duluth Denfe	6-00.00	1.4
4 Unden, Johanna	12	Duluth Denfe	6-00.00	1.4
9 Zifko, Katie	9	Ashland	J6-00.00	
9 Carlson, Faith	12	Cloquet	J6-00.00	
11 Senenberger, Maggie	9	Superior	5-00.00	
--- Little, Kayla	9	Proctor	NH	

**Girls Long Jump**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Kelley, Kendra	10	Cloquet	17-01.00	10

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Marcovich Wellness Center  
Results - Event Order****Finals ... (Girls Long Jump)**

Name	Yr	School	Finals	
2 Culver, Annika	12	Proctor	16-01.50	8
3 Seeger, Isabelle	10	Ashland	15-05.50	6
4 Turner, Erin	11	Cloquet	15-02.00	4
5 Rust, Shelby	12	Ashland	15-00.00	2
6 Gales, Haley	11	Proctor	14-02.00	1
7 Gamradt, Ellie	11	Hermantown	13-11.50	
8 Kelley, Kaitlyn	8	Cloquet	13-09.75	
9 Romero, Kassandra	9	Hermantown	13-06.50	
10 McRae, Amber	10	Proctor	13-06.00	
11 Koenen, Brooke	9	Superior	13-03.00	
12 Turner, Katie	7	Cloquet	x13-00.50	
13 Zifko, Katie	9	Ashland	12-06.50	
14 Vandenberg, Cammi	9	Superior	12-04.00	
15 Ecklund, Megan	12	Proctor	x11-11.00	
16 Ballavance, Hallee	9	Hermantown	11-07.00	
17 Nabozny, Madison	9	Ashland	x10-10.50	
--- Hunter, Emily	10	Superior	ND	
--- Phillips, Brittany	9	Superior	ND	
--- Bolen, Sierra	11	Hermantown	ND	

14 Guthrie, Jada	12	Duluth Denfe	19-02.00
15 Karl, Samantha	11	Superior	19-01.50
16 Carlson, Adrianna	11	Proctor	x18-05.00
17 Kelleher, Annalee	12	Superior	18-04.00
18 Vandenberg, Cammi	9	Superior	x16-07.00

**Women - Team Rankings - 15 Events Scored**

1) Cloquet	142
2) Hermantown	101
3) Ashland	100
4) Proctor	72.8
5) Duluth Denfeld	23.2
6) Superior	14
7) Marshall School	9

**Girls Triple Jump**

Name	Yr	School	Finals	
1 Tucker, Aneesa	12	Ashland	33-09.75	10
2 Culver, Annika	12	Proctor	33-03.00	8
3 Gamradt, Ellie	11	Hermantown	31-08.00	6
4 Bolen, Sierra	11	Hermantown	30-09.00	4
5 Birkeland, Brita	9	Hermantown	30-01.00	2
6 Kidd, Sadie	10	Duluth Denfe	28-09.00	1
7 Lorenz, Kelly	10	Cloquet	28-06.75	
8 Nuutinen, Bailey	10	Ashland	27-11.00	
9 Larson, Jaida	9	Ashland	27-07.75	
10 Rohweder, Abby	12	Proctor	27-03.00	
11 Carlson, Faith	12	Cloquet	26-06.50	
12 Ballavance, Hallee	9	Hermantown	x23-10.25	
13 Voss, Amelia	9	Proctor	23-09.75	

**Girls Shot Put**

Name	Yr	School	Finals	
1 Lenarz, Emma	12	Cloquet	30-00.00	10
2 Nuutinen, Bailey	10	Ashland	27-10.00	8
3 Belrose, Maddie	12	Hermantown	27-00.00	6
4 Suominen, Makayla	10	Cloquet	26-07.00	4
5 Eng, Emily	11	Hermantown	25-03.00	2
6 Lewis, Samantha	10	Hermantown	25-01.00	1
7 Phillips, Sarah	10	Hermantown	x24-02.00	
8 Abrahamson, Megan	11	Proctor	22-05.00	
9 Helgeson, Ashley	11	Cloquet	22-03.00	
10 Schubitzke, Lily	11	Proctor	21-10.00	
11 Anderson, Payton	11	Cloquet	x21-06.00	
12 McRae, Tara	10	Proctor	21-04.00	
13 Flores, Novalee	9	Superior	19-10.00	