

Heart O North Conference Indoor Track Meet - 4/13/2017

HON Indoor

Marcovich Wellness Center

Performance List - Event Order

Event 1 Girls 4x800 Meter Relay (4)

Team	Relay	Seed Time
1 Northwestern	A	11:05.00
1) Albright, Nia 10	2) Johnson, Caitlin 12	
3) Smykalski, Emma 11	4) Martens-Cismonski, Talia 10	
2 Hayward	A	11:45.00
1) Kiss, Holly 9	2) Vobornik, Allyson 9	
3) Stark, Anna 11	4) Hawksford, Leah 11	
3 Bloomer	A	12:00.00
4 Cumberland	A	12:20.00
1) Benson, Teagan 10	2) Johnson, Julieanne 9	
3) Stager, Casi 11	4) Stone, Kate 11	

Event 3 Girls 55 Meter Hurdles (16)

Name	Yr	School	Seed Time
1 Ruetz, Skyler	11	Cumberland	9.90
2 Thiel, Breanna	12	Northwestern	10.10
3 Post, Grace	10	Bloomer	10.25
4 Donatell, Autumm	9	Cumberland	10.40
5 Zweig, Sydney	11	Hayward	10.40
6 Barr, Jessica	10	Bloomer	10.70
7 Richards, Ariana	9	Spooner High	11.00
8 Kirkpatrick, Natalie	9	Northwestern	11.00
9 Goette, Ashton	12	Northwestern	11.00
10 Hyatt, Ania	9	Cumberland	11.00
11 Hanson, Brooke	10	Chetek-Weyer	11.19
12 Brandt, Leaf	12	Bloomer	11.22
13 Pruetz, Lauren	11	Cumberland	11.50
14 Gettler, Brianda	11	Bloomer	11.85
15 Lyons, Jamie	10	Bloomer	12.00
16 Stafford, Abby	10	Barron	13.42

Event 5 Girls 55 Meter Dash (40)

Name	Yr	School	Seed Time
1 Wrege, Brianna	10	Northwestern	7.50
2 Moss, Justine	12	Northwestern	7.50
3 Suggs, Sarah	10	Northwestern	7.60
4 Ling, Shyann	09	Bloomer	7.62
5 Arendt, Aspyn	10	Bloomer	7.71
6 Heller, Addie	11	Northwestern	7.80
7 Homesky, Michelle	11	Cumberland	8.00
8 Goodman, Alexis	9	Spooner High	8.08
9 Johnson, Mackenzie	10	Cumberland	8.10
10 Robbins, Abigail	10	Hayward	8.10

11 Petit, Jerzy	9 Hayward	8.10
12 Donatell, Autumm	9 Cumberland	8.20
13 Chuchwar, Sarah	12 Chetek-Weyer	8.20
14 Gunderson, Sarah	12 Cumberland	8.20
15 Monnier, Mya	12 Chetek-Weyer	8.24
16 Turner, Natalie	11 Chetek-Weyer	8.37
17 Johnson, Kiara	10 Barron	8.39
18 Lansin, Jaylin	10 Barron	8.48
19 Redman, Shelby	10 Barron	8.48
20 Beehler, Emily	12 Hayward	8.50
21 Thul, Jennifer	12 Northwestern	8.50
22 Lehman, Kiley	10 Barron	8.50
23 Poirier, Kenadi	10 Bloomer	8.60
24 Cronk, Kalyn	10 Spooner High	8.68
25 Ruff, Summer	09 Bloomer	8.75
26 Freeland, Katie	12 Barron	8.75
27 Peterson, Topanga	12 Spooner High	8.75
28 Beers, Alex	12 Chetek-Weyer	8.95
29 Anderson, Carolann	9 Chetek-Weyer	8.98
30 Mikunda, Ahna	11 Barron	9.00
31 Mickelson, Lyla	12 Barron	9.00
32 Gajewski, Emily	9 Hayward	9.00
33 Law, Krista	12 Chetek-Weyer	9.16
34 Henley, Niya	9 Hayward	9.20
35 Sellent, Bailey	9 Cumberland	9.70
36 Sprenger, Logan	9 Spooner High	NT
37 Horsthemke, Hannah	10 Chetek-Weyer	NT
38 Edwards, Audrey	9 Northwestern	NT
39 Hart, Erin	9 Northwestern	NT
40 Rampier, Alex	9 Northwestern	NT

Event 33 Girls 2000 Sprint Medley 200, 400, 60 (6)

Team	Relay	Seed Time
1 Northwestern	A	4:48.00
1) Albright, Nia 10	2) Johnson, Caitlin 12	
3) Nelson, Abby 10	4) Thiel, Breanna 12	
2 Chetek-Weyer	A	6:39.20
1) Turner, Natalie 11	2) Chuchwar, Sarah 12	
3) Fjelstad, Jessika 9	4) Castle, Haley 12	
3 Cumberland	A	7:00.00
1) Bajak, Kristen 12	2) Bruno, Elaina 11	
3) Kasper, Maleea 10	4) Stager, Casi 11	
4 Hayward	A	7:05.00
1) Petit, Jerzy 9	2) Morgan, Emily 9	
3) Zweig, Sydney 11	4) Johnson, Gracie 11	



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Performance List - Event Order

Event 33 ...(Girls 2000 Sprint Medley 200, 400, 60 (6))

Team	Relay	Seed Time
5 Barron	A	8:10.00
1) Johnson, Kiara 10	2) Mikunda, Ahna 11	
3) Stafford, Abby 10	4) Mickelson, Lyla 12	
6 Spooner High	A	NT
1) Richards, Ariana 9	2) Little, Anna 10	
3) Meister, Natalie 11	4) Kirkwood, Cierra 10	

Event 7 Girls 1600 Meter Run (10)

Name	Yr	School	Seed Time
1 Parks, Kalli	11	Chetek-Weyer	6:07.89
2 Benson, Teagan	10	Cumberland	6:10.00
3 Johnson, Julieanne	9	Cumberland	6:10.00
4 Gretz, Berit	12	Hayward	6:10.00
5 Cismoski-Martens, Talia	10	Northwestern	6:24.00
6 Schultz, Emilee	10	Bloomer	7:00.00
7 Lyons, Jamie	10	Bloomer	7:05.00
8 Lueck, Ashley	10	Bloomer	8:00.00
9 Hankins, Elizabeth	12	Hayward	8:30.00
10 Poppe, Hannah	10	Chetek-Weyer	NT

Event 35 Girls 4x200 Meter Relay Throwers Rel (3)

Team	Relay	Seed Time
1 Chetek-Weyer	A	2:11.22
2 Cumberland	A	2:30.00
3 Northwestern	A	NT

Event 9 Girls 4x200 Meter Relay (7)

Team	Relay	Seed Time
1 Hayward	A	1:54.00
1) Snider, Gabby 12	2) Heidenreich, Amber 12	
3) Robbins, Abigail 10	4) Snider, Taylor 12	
2 Bloomer	A	2:00.00
3 Northwestern	A	2:00.00
1) Moss, Justine 12	2) Nelson, Abby 10	
3) Hughlett, Kasha 10	4) Rankila, Hope 11	
4 Barron	A	2:03.00
1) Stafford, Abby 10	2) Johnson, Kiara 10	
3) Redman, Shelby 10	4) Lansin, Jaylin 10	
5 Cumberland	A	2:05.00
1) Grunseth, Cora 10	2) Gunderson, Sarah 12	
3) West, Isabella 10	4) Williams, Amanda 10	

6 Chetek-Weyer	A	2:06.33
1) Guest, Kristen 10	2) Tidgwell, Jordan 11	
3) Karstens, Kyra 9	4) Olson, Allyza 10	
7 Bloomer	B	2:40.00

Event 11 Girls 400 Meter Dash (15)

Name	Yr	School	Seed Time
1 Zeman, Kendall	11	Bloomer	1:00.90
2 Jenneman, Vanessa	09	Bloomer	1:02.60
3 Lehman, Kiley	10	Barron	1:06.00
4 Morgan, Emily	9	Hayward	1:07.00
5 Johnson, Mackenzie	10	Cumberland	1:07.00
6 Amundson, Journey	10	Northwestern	1:08.00
7 Johnson, Gracie	11	Hayward	1:12.00
8 Beehler, Emily	12	Hayward	1:15.00
9 Castle, Haley	12	Chetek-Weyer	1:15.20
10 Fjelstad, Jessika	9	Chetek-Weyer	1:18.20
11 Hecker, Liberty	10	Hayward	1:20.00
12 Sellent, Bailey	9	Cumberland	1:20.00
13 Keahna, Della	11	Hayward	1:20.00
14 McCarthy, Hadassah	11	Chetek-Weyer	1:20.20
15 Hanson, Rylee	11	Barron	1:24.33

Event 13 Girls 200 Meter Hurdles (15)

Name	Yr	School	Seed Time
1 Burgess, Justyne	11	Bloomer	32.00
2 Ruetz, Skyler	11	Cumberland	32.00
3 Post, Grace	10	Bloomer	32.00
4 Zweig, Sydney	11	Hayward	33.00
5 Donatell, Autumm	9	Cumberland	33.50
6 Hyatt, Ania	9	Cumberland	34.00
7 Thiel, Breanna	12	Northwestern	34.00
8 Barr, Jessica	10	Bloomer	35.00
9 Brandt, Leaf	12	Bloomer	35.00
10 Kirkpatrick, Natalie	9	Northwestern	35.00
11 Chuchwar, Sarah	12	Chetek-Weyer	35.20
12 Goette, Ashton	12	Northwestern	36.00
13 Olson, Allyza	10	Chetek-Weyer	36.20
14 Albright, Nia	10	Northwestern	36.50
15 Gettler, Brianda	11	Bloomer	39.00

Event 15 Girls 800 Meter Run (19)

Name	Yr	School	Seed Time
1 Zeman, Kendall	11	Bloomer	2:25.00
2 Sarauer, Maggie	09	Bloomer	2:45.00



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	Name	Yr	School	Seed Time	
3	Meister, Natalie	11	Spooner High	2:45.00	_____
4	Arendt, Aspyn	10	Bloomer	2:45.00	_____
5	Vobornik, Allyson	9	Hayward	2:50.00	_____
6	Parks, Kalli	11	Chetek-Weyer	2:50.20	_____
7	Stone, Kate	11	Cumberland	2:55.00	_____
8	Lyons, Jamie	10	Bloomer	3:00.00	_____
9	Johnson, Paige	9	Northwestern	3:00.00	_____
10	Keahna, Della	11	Hayward	3:05.00	_____
11	Nelson, Emily	11	Northwestern	3:05.00	_____
12	Kirkwood, Cierra	10	Spooner High	3:15.00	_____
13	Hecker, Liberty	10	Hayward	3:20.00	_____
14	Stager, Casi	11	Cumberland	3:20.00	_____
15	Poppe, Hannah	10	Chetek-Weyer	3:21.20	_____
16	Hanson, Rylee	11	Barron	3:29.66	_____
17	Edwards, Allison	10	Chetek-Weyer	3:38.20	_____
18	Yawn, Erika	11	Cumberland	3:40.00	_____
19	Mickelson, Ashley	10	Chetek-Weyer	3:45.20	_____

Event 17 Girls 200 Meter Dash (32)

	Name	Yr	School	Seed Time	
1	Jenneman, Vanessa	09	Bloomer	27.60	_____
2	Snider, Taylor	12	Hayward	27.60	_____
3	Johnson, Mackenzie	10	Cumberland	28.20	_____
4	Lehman, Kiley	10	Barron	28.70	_____
5	Robbins, Abigail	10	Hayward	29.00	_____
6	Redman, Shelby	10	Barron	29.07	_____
7	Swartz, Chloe	10	Bloomer	29.10	_____
8	Rankila, Hope	11	Northwestern	29.20	_____
9	Nelson, Abby	10	Northwestern	29.40	_____
10	Petit, Jerzy	9	Hayward	29.50	_____
11	Turner, Natalie	11	Chetek-Weyer	30.26	_____
12	Monnier, Mya	12	Chetek-Weyer	30.52	_____
13	Lansin, Jaylin	10	Barron	30.64	_____
14	West, Isabella	10	Cumberland	31.00	_____
15	Henley, Niya	9	Hayward	31.50	_____
16	Knutson, Claire	9	Chetek-Weyer	31.50	_____
17	Richards, Ariana	9	Spooner High	31.75	_____
18	Peterson, Topanga	12	Spooner High	31.85	_____
19	Guest, Kristen	10	Chetek-Weyer	31.90	_____
20	Wrege, Brianna	10	Northwestern	32.00	_____
21	Freeland, Katie	12	Barron	32.84	_____
22	Ruff, Summer	09	Bloomer	33.00	_____
23	Suggs, Sarah	10	Northwestern	33.00	_____



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24	Mikunda, Ahna	11	Barron	33.00	_____
25	Williams, Amanda	10	Cumberland	33.00	_____
26	Moen, Jackie	10	Chetek-Weyer	33.05	_____
27	Heller, Addie	11	Northwestern	34.00	_____
28	Homesky, Michelle	11	Cumberland	34.00	_____
29	Edwards, Audrey	9	Northwestern	36.00	_____
30	Sellent, Bailey	9	Cumberland	36.00	_____
31	Kasper, Maleea	10	Cumberland	38.00	_____
32	Cronk, Kalyn	10	Spooner High	NT	_____

Event 19 Girls 3200 Meter Run (9)

	Name	Yr	School	Seed Time	_____
1	Parks, Kalli	11	Chetek-Weyer	13:07.90	_____
2	Hawksford, Leah	11	Hayward	13:10.00	_____
3	Gretz, Berit	12	Hayward	13:20.00	_____
4	Smykalski, Emma	11	Northwestern	13:40.00	_____
5	Johnson, Caitlin	12	Northwestern	13:45.00	_____
6	Warring, Alecia	12	Bloomer	14:00.00	_____
7	Johnson, Julieanne	9	Cumberland	14:14.00	_____
8	Benson, Teagan	10	Cumberland	14:15.00	_____
9	Little, Anna	10	Spooner High	15:58.00	_____

Event 21 Girls 4x400 Meter Relay (5)

	Team	Relay	Seed Time	_____
1	Bloomer	A	4:13.00	_____
2	Northwestern	A	4:36.00	_____
	1) Amundson, Journey 10	2) Nelson, Abby 10		
	3) Johnson, Paige 9	4) Rankila, Hope 11		
3	Hayward	A	4:40.00	_____
	1) Heidenreich, Amber 12	2) Vobornik, Allyson 9		
	3) Zweig, Sydney 11	4) Morgan, Emily 9		
4	Cumberland	A	4:50.00	_____
	1) Grunseth, Cora 10	2) Gunderson, Sarah 12		
	3) Ruetz, Skyler 11	4) West, Isabella 10		
5	Chetek-Weyer	A	5:04.00	_____
	1) Knutson, Claire 9	2) Karstens, Kyra 9		
	3) McCarthy, Hadassah 11	4) Hanson, Brooke 10		

Event 23 Girls Shot Put (36)

	Name	Yr	School	Seed Mark	_____
1	Lundeen, Katie	11	Northwestern	36-00.00	_____
2	Snider, Gabby	12	Hayward	34-00.00	_____
3	George, McKenna	12	Barron	33-04.00	_____
4	Raine, Sierra	10	Bloomer	32-00.00	_____
5	Rosenbush, Kate	12	Spooner High	30-02.50	_____

Event 23 ...(Girls Shot Put (36))

	Name	Yr	School	Seed Mark	_____
6	Gajewski, Emily	9	Hayward	30-00.00	_____
7	Hoegan, Sam	10	Northwestern	30-00.00	_____
8	Gullingsrud, Maren	11	Hayward	30-00.00	_____
9	Naumann, Devin	12	Northwestern	29-00.00	_____
10	Weller, Kassi	12	Hayward	29-00.00	_____
11	Pearson, Sara	11	Northwestern	29-00.00	_____
12	Rosenbush, Jackie	10	Spooner High	28-02.50	_____
13	Hughlett, Kasha	10	Northwestern	28-00.00	_____
14	Ling, Shyann	09	Bloomer	28-00.00	_____
15	Pruett, Lauren	11	Cumberland	28-00.00	_____
16	Beers, Alex	12	Chetek-Weyer	27-09.00	_____
17	Davis, Morgan	11	Chetek-Weyer	27-06.00	_____
18	Pease, Maddie	10	Cumberland	26-00.00	_____
19	Fossum, Larissa	09	Bloomer	26-00.00	_____
20	Chapman, Alexia	9	Hayward	26-00.00	_____
21	Breezee, Myranda	10	Northwestern	25-00.00	_____
22	Hanson, Nicole	10	Chetek-Weyer	24-06.25	_____
23	Monnier, Mya	12	Chetek-Weyer	24-02.25	_____
24	Ferguson, Natasha	11	Spooner High	24-00.50	_____
25	Arendt, Aspyn	10	Bloomer	24-00.00	_____
26	Bajak, Kristen	12	Cumberland	24-00.00	_____
27	Quintana, Araceli	9	Cumberland	23-00.00	_____
28	Yawn, Erika	11	Cumberland	23-00.00	_____
29	Bruno, Elaina	11	Cumberland	22-00.00	_____
30	Moen, Jackie	10	Chetek-Weyer	21-11.75	_____
31	Pomonicutt, Sandra	09	Bloomer	21-00.00	_____
32	Culver, Lydia	10	Bloomer	21-00.00	_____
33	Law, Krista	12	Chetek-Weyer	20-05.75	_____
34	Hanson, Rylee	11	Barron	18-08.75	_____
35	Anderson, Carolann	9	Chetek-Weyer	ND	_____
36	Olson, Grace	9	Spooner High	ND	_____

Event 25 Girls High Jump (18)

	Name	Yr	School	Seed Mark	_____
1	Burgess, Justyne	11	Bloomer	5-00.00	_____
2	Ruetz, Skyler	11	Cumberland	4-08.00	_____
3	Redman, Shelby	10	Barron	4-06.00	_____
4	Hanson, Brooke	10	Chetek-Weyer	4-06.00	_____
5	Fossum, Larissa	09	Bloomer	4-06.00	_____
6	West, Isabella	10	Cumberland	4-03.00	_____
7	Martin, Kiara	9	Spooner High	4-03.00	_____
8	Hyatt, Ania	9	Cumberland	4-03.00	_____
9	Stafford, Abby	10	Barron	4-03.00	_____



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10	Goette, Ashton	12	Northwestern	4-02.00	_____
11	Hughlett, Kasha	10	Northwestern	4-02.00	_____
12	Grunseth, Cora	10	Cumberland	4-02.00	_____
13	Peterson, Ellie	10	Northwestern	4-00.00	_____
14	Hoegan, Sam	10	Northwestern	4-00.00	_____
15	Bajak, Kristen	12	Cumberland	4-00.00	_____
16	Johnson, Kaia	11	Cumberland	4-00.00	_____
17	Hecker, Liberty	10	Hayward	4-00.00	_____
18	Fjelstad, Jessika	9	Chetek-Weyer	4-00.00	_____

Event 29 Girls Long Jump (23)

	Name	Yr	School	Seed Mark	
1	Arendt, Kyra	12	Bloomer	17-07.00	_____
2	Snider, Taylor	12	Hayward	16-10.00	_____
3	Snider, Gabby	12	Hayward	16-05.00	_____
4	Post, Grace	10	Bloomer	16-02.00	_____
5	Robbins, Abigail	10	Hayward	15-05.00	_____
6	Johnson, Mackenzie	10	Cumberland	15-00.00	_____
7	Beehler, Emily	12	Hayward	14-08.00	_____
8	Rankila, Hope	11	Northwestern	13-04.00	_____
9	Lansin, Jaylin	10	Barron	13-03.00	_____
10	Gunderson, Sarah	12	Cumberland	13-01.00	_____
11	Mikunda, Ahna	11	Barron	13-00.75	_____
12	Homesky, Michelle	11	Cumberland	13-00.00	_____
13	Sarauer, Maggie	09	Bloomer	13-00.00	_____
14	Donatell, Autumm	9	Cumberland	13-00.00	_____
15	Guest, Kristen	10	Chetek-Weyer	12-06.00	_____
16	Thul, Jennifer	12	Northwestern	12-04.00	_____
17	Karstens, Kyra	9	Chetek-Weyer	12-03.25	_____
18	Williams, Amanda	10	Cumberland	12-01.00	_____
19	Moss, Justine	12	Northwestern	12-00.00	_____
20	Horsthemke, Hannah	10	Chetek-Weyer	9-11.00	_____
21	Peterson, Topanga	12	Spooner High	ND	_____
22	Olson, Allyza	10	Chetek-Weyer	ND	_____
23	Knutson, Claire	9	Chetek-Weyer	ND	_____

Event 31 Girls Triple Jump (10)

	Name	Yr	School	Seed Mark	
1	Arendt, Kyra	12	Bloomer	39-01.00	_____
2	Snider, Gabby	12	Hayward	36-10.00	_____
3	Snider, Taylor	12	Hayward	36-04.00	_____
4	Post, Grace	10	Bloomer	34-05.00	_____
5	Poirier, Kenadi	10	Bloomer	33-06.00	_____
6	Amundson, Journey	10	Northwestern	30-10.00	_____
7	Hanson, Brooke	10	Chetek-Weyer	29-01.75	_____



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	Name	Yr	School	Seed Mark	
8	Barr, Jessica	10	Bloomer	29-00.00	_____
9	Beehler, Emily	12	Hayward	28-00.00	_____
10	Johnson, Kaia	11	Cumberland	26-01.00	_____

Event 27 Girls Pole Vault (21)

	Name	Yr	School	Seed Mark	
1	Nelson, Abby	10	Northwestern	10-03.00	_____
2	Heidenreich, Amber	12	Hayward	9-00.00	_____
3	Nelson, Emily	11	Northwestern	8-06.00	_____
4	Chuchwar, Sarah	12	Chetek-Weyer	8-00.00	_____
5	Gengler, Jessica	10	Bloomer	7-06.00	_____
6	Albright, Nia	10	Northwestern	7-06.00	_____
7	Morgan, Emily	9	Hayward	7-00.00	_____
8	Wrege, Brianna	10	Northwestern	7-00.00	_____
9	Sarauer, Maggie	09	Bloomer	7-00.00	_____
10	Johnson, Gracie	11	Hayward	6-00.00	_____
11	Peterson, Ellie	10	Northwestern	6-00.00	_____
12	Castle, Haley	12	Chetek-Weyer	6-00.00	_____
13	Freeland, Katie	12	Barron	6-00.00	_____
14	Ruff, Summer	09	Bloomer	6-00.00	_____
15	Olson, Allyza	10	Chetek-Weyer	6-00.00	_____
16	Stark, Anna	11	Hayward	6-00.00	_____
17	Mickelson, Lyla	12	Barron	6-00.00	_____
18	Keller, Sami	9	Northwestern	5-00.00	_____
19	Achucarro, Sasha	9	Northwestern	5-00.00	_____
20	Mechley, Karley	11	Northwestern	5-00.00	_____
21	Guest, Kristen	10	Chetek-Weyer	NH	_____

