

Chisago LakesTriathlon
Paradise Park
Chisago City, MN
Sun, Jul 29, 2007

Age Group Results

White River Sports Timing
<http://itiming.com>

0.25 mi swim

20.6 mi bike

3.1 mi run

Place Age/Div	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
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Individual - Sprint Distance Triathlon

Field: 887

Male Sprint Distance

Division Field: 429

15 & under

Age Group Field: 11

1	112 Stangl, Charlie	818 Andover, MN	5	00:13:34.1	03:23	4	00:02:59.9	1	00:58:48.1	21.0	9	00:01:57.3	1	00:22:31.5	07:15	01:39:51.1	
2	230 Wadd, Tyler	785 Woodbury, MN	2	00:11:49.5	02:57	6	00:03:15.0	5	01:07:50.4	18.2	6	00:01:07.1	2	00:26:40.2	08:36	01:50:42.3	
3	235 Hanson, Dan	830 Lakeville, MN	1	00:10:44.5	02:41	10	00:04:14.1	3	01:06:42.0	18.5	7	00:01:27.3	4	00:27:56.2	09:00	01:51:04.2	
4	243 Wurdemann, Josh	946 Harris, MN	4	00:13:29.6	03:22	5	00:03:03.7	2	01:06:13.4	18.7	3	00:00:45.4	5	00:28:48.4	09:17	01:52:20.6	
5	278 Coryell, Kevin	723 St Paul, MN	3	00:12:18.4	03:04	8	00:03:54.8	4	01:07:33.8	18.3	10	00:02:28.9	7	00:30:02.7	09:41	01:56:18.8	
6	305 O'brien, Shane	958 Frederic, WI	7	00:13:55.9	03:28	3	00:02:47.4	7	01:12:29.7	17.0	4	00:00:53.8	6	00:29:35.3	09:32	01:59:42.3	
7	309 Gilman, Nathan	320 Chisago City,	8	00:14:19.0	03:34	1	00:02:18.8	6	01:12:08.5	17.1	1	00:00:32.8	8	00:30:48.6	09:56	02:00:07.9	
8	320 Kammerer, Travis	730 Chnisago City,	6	00:13:36.6	03:24	2	00:02:39.2	8	01:18:09.3	15.8	8	00:01:42.7	3	00:27:02.9	08:43	02:03:10.9	
9	346 Sargeant, Jeffrey	1148 Chisago City,	9	00:15:13.6	03:48	9	00:04:12.4	9	01:18:51.0	15.7	2	00:00:35.8	9	00:30:55.9	09:58	02:09:48.8	
10	369 Sargeant, Daniel	1167	10	00:16:00.6	04:00	7	00:03:45.8	10	01:24:37.3	14.6	5	00:00:54.0	10	00:33:37.8	10:50	02:18:55.7	
	Gensler, Grant	784 Woodbury, MN														DNS	

16-19

Age Group Field: 23

1	9 Williams, Michael	963 Maple Grove,	1	00:06:43.5	01:40	1	00:00:52.1	2	00:53:30.5	23.1	2	00:00:39.8	2	00:19:10.8	06:11	01:20:56.9	
2	25 Nordgren, Leif	339 Marine On St	9	00:10:02.3	02:30	4	00:01:37.1	1	00:52:58.6	23.3	3	00:00:40.9	4	00:21:01.4	06:46	01:26:20.5	
3	47 Jorgensen, David	682 Woodbury, MN	11	00:11:18.1	02:49	5	00:01:39.9	3	00:56:13.7	22.0	14	00:01:07.9	5	00:21:14.8	06:51	01:31:34.6	
4	59 Nelson, Dane	702 Lake Elmo, MN	7	00:09:38.5	02:24	6	00:01:54.0	8	01:02:24.4	19.8	19	00:01:42.4	3	00:19:29.7	06:17	01:35:09.2	
5	82 Lance, Sam	846 Woodbury, MN						5	00:59:39.3	20.7	16	00:01:14.2	7	00:21:46.3	07:01	01:37:20.0	
6	86 Ramberg, Nick	987 North Branch,	20	00:17:35.0	04:23	11	00:03:05.5	4	00:57:33.4	21.5	8	00:00:53.6	1	00:18:55.5	06:06	01:38:03.2	
7	88 Rickard, Caius	837 Plymouth, MN	5	00:09:25.0	02:21	2	00:01:28.4	7	01:00:01.9	20.6	10	00:00:58.0	12	00:26:16.1	08:28	01:38:09.6	
8	132 Hughes, Lou	1468 Milaca, MN	3	00:08:49.0	02:12	3	00:01:35.2	13	01:08:08.0	18.1	11	00:00:59.7	8	00:22:21.5	07:12	01:41:53.7	
9	135 Moore, Conor	849 Woodbury, MN	12	00:12:16.0	03:04	9	00:02:24.0	6	00:59:44.0	20.7	15	00:01:13.2	13	00:26:28.9	08:32	01:42:06.3	
10	161 Carlos, Raymond	352 Bloomington,	2	00:07:54.6	01:58	7	00:02:09.8	10	01:04:03.7	19.3	4	00:00:43.3	18	00:29:36.4	09:33	01:44:27.9	
11	163 Good, Cody	991 Stacy, MN	18	00:15:23.1	03:50	10	00:02:44.4	9	01:03:10.8	19.6	5	00:00:46.1	9	00:22:38.4	07:18	01:44:43.0	
12	209 Abrahamsen, Sam	571 Ham Lake, MN	10	00:11:05.4	02:46	12	00:03:08.0	11	01:04:58.4	19.0	18	00:01:28.4	16	00:27:38.8	08:55	01:48:19.1	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6 mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
13	229 Lund, Joe	1192 Rochester, MN	6	00:09:28.0	02:22	13	00:03:33.7	15	01:10:24.2	17.6	17	00:01:27.0	11	00:25:32.3	08:14	01:50:25.4	
14	234 Schuler, Tyler	516 Chisago City,	8	00:09:46.7	02:26	8	00:02:16.2	14	01:10:09.7	17.6	21	00:01:52.5	15	00:26:56.9	08:41	01:51:02.2	
15	238 Lake, Thomas	711 Bloomington,	14	00:12:48.8	03:12	17	00:03:44.1	17	01:12:24.5	17.1	7	00:00:49.1	6	00:21:36.7	06:58	01:51:23.3	
16	249 Roggemann,	1069 Chisago City,	4	00:08:49.4	02:12	14	00:03:37.7	16	01:12:19.7	17.1	12	00:01:01.6	14	00:26:54.6	08:40	01:52:43.2	
17	257 Antisdell, T J	466 Stacy, MN	19	00:16:17.2	04:04	19	00:04:02.0	12	01:07:24.5	18.3	9	00:00:56.4	10	00:24:23.7	07:52	01:53:04.0	
18	327 Sargeant, Eric	1149 Chisago City,	17	00:15:08.4	03:47	16	00:03:42.5	18	01:17:02.5	16.0	6	00:00:48.6	17	00:28:09.0	09:04	02:04:51.3	
19	367 Oelerich, Justin	637 Maple Grove,	21	00:18:06.6	04:31	15	00:03:40.6	19	01:20:33.9	15.3	20	00:01:48.8	19	00:32:19.6	10:25	02:16:29.7	
20	379 McGillis, Gregory	1182 Little Falls, Mn ,	13	00:12:24.7	03:06	20	00:05:34.3	21	01:27:03.5	14.2	1	00:00:37.7	21	00:40:51.0	13:10	02:26:31.4	
21	380 Cheng, Jian-yih	1094 Naperville, IL	16	00:13:30.3	03:22	18	00:04:00.8	20	01:21:23.4	15.2	13	00:01:06.8	22	00:48:43.9	15:43	02:28:45.4	
22	391 Lund, Eric	1194 Rochester, MN	15	00:13:09.2	03:17	21	00:10:48.5	22	01:32:36.0	13.3	22	00:10:15.2	20	00:35:59.4	11:36	02:42:48.6	
	Moris, Matt	1023 Woodbury, MN														DNS	

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Age Group Field: 43

	1 Ellingson, Marc	345 Waconia, MN	2	00:07:37.2	01:54	3	00:01:17.1	4	00:50:39.4	24.4	13	00:00:51.1	1	00:16:51.0	05:26	01:17:16.0	
1	2 Hauck, Samuel	333 Shoreview, MN	1	00:07:21.4	01:50	7	00:01:40.4	5	00:50:53.8	24.3	6	00:00:42.6	2	00:17:22.0	05:36	01:18:00.4	
2	12 Clauson, Holden	877 Stillwater, MN	13	00:10:22.6	02:35	9	00:01:42.8	2	00:48:35.4	25.4	29	00:01:20.2	6	00:20:20.5	06:33	01:22:21.8	
3	14 Pedersen, Lucas	348 Richfield, MN	4	00:08:25.9	02:06	6	00:01:39.5	10	00:53:33.6	23.1	12	00:00:48.8	3	00:18:39.9	06:01	01:23:08.0	
4	17 Olson, Tyler	344 White Bear	5	00:08:29.7	02:07	12	00:01:52.8	3	00:50:35.4	24.4	19	00:00:57.3	13	00:22:01.0	07:06	01:23:56.4	
5	18 Leiferman, Chris	860 Brooklyn Park,	6	00:09:15.0	02:18	5	00:01:33.0	6	00:52:21.1	23.6	7	00:00:43.3	5	00:20:06.6	06:29	01:23:59.2	
6	21 Reuter, Grant	337 West Des	3	00:08:20.4	02:05	4	00:01:20.2	8	00:52:44.1	23.4	1	00:00:32.6	14	00:22:06.8	07:08	01:25:04.3	
7	22 Dyrud, Paul	1160 Plymouth, MN	14	00:10:51.0	02:42	8	00:01:42.5	7	00:52:39.3	23.5	25	00:01:10.4	4	00:19:02.2	06:08	01:25:25.6	
8	29 Dyszelski, Justin	699 Cudahy, WI	16	00:11:34.8	02:53	1	00:01:05.7	9	00:52:52.8	23.4	18	00:00:57.2	9	00:20:52.1	06:43	01:27:22.8	
9	39 Van Handel, Mike	979 Minneapolis,	12	00:09:38.3	02:24	2	00:01:12.3	11	00:55:40.3	22.2	16	00:00:56.8	16	00:22:42.5	07:19	01:30:10.3	
10	40 Wickens, Brett	793 Vincennes, IN	8	00:09:26.5	02:21	15	00:02:10.2	14	00:57:14.2	21.6	15	00:00:55.4	7	00:20:29.1	06:36	01:30:15.6	
11	43 Anderson, Craig	572 Lino Lakes, MN	10	00:09:31.7	02:22	14	00:02:08.6	13	00:56:07.8	22.0	21	00:01:01.5	12	00:21:58.1	07:05	01:30:47.9	
12	54 Kuncel, Andrew	799 Minneapolis,	28	00:13:37.8	03:24	10	00:01:48.1	12	00:55:57.6	22.1	23	00:01:06.5	8	00:20:51.3	06:43	01:33:21.4	
13	84 Johnson, Michael	726 Preston, MN	30	00:13:48.9	03:27	13	00:02:00.7	15	00:59:39.6	20.7			41	02:02:19.9		01:37:51.1	
14	87 Hull, James	778 St. Louis Park,	19	00:12:08.3	03:02	25	00:03:06.5	16	01:00:57.5	20.3	9	00:00:45.7	10	00:21:09.5	06:49	01:38:07.6	
15	111 Snyder, Tom	1135 Bloomington,	15	00:11:02.1	02:45	23	00:02:50.4	19	01:01:21.7	20.1	4	00:00:40.0	18	00:23:48.3	07:40	01:39:42.8	
16	114 Bos, Alex	1067 Saint Paul, MN	9	00:09:31.3	02:22	22	00:02:46.3	17	01:01:11.8	20.2	10	00:00:45.9	22	00:25:57.1	08:22	01:40:12.6	
17	128 Ermer, Jordan	1198 Eden Prairie,	22	00:12:29.5	03:07	18	00:02:27.9	23	01:03:26.7	19.5	2	00:00:37.0	15	00:22:27.9	07:14	01:41:29.2	
18	137 Pohlkamp, Mitchell	738 Scandia, MN	20	00:12:22.2	03:05	27	00:03:13.8	18	01:01:14.8	20.2	20	00:00:57.3	19	00:24:25.8	07:52	01:42:14.2	
19	176 Mattson, Michael	1032 Ogema, WI	36	00:14:45.0	03:41	34	00:03:40.8	22	01:03:05.1	19.6	37	00:02:05.3	11	00:21:39.2	06:59	01:45:15.6	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
20	185 Turner, Matthew	1126 Coon Rapids,	32	00:13:56.9	03:29	17	00:02:27.4	21	01:02:50.7	19.7	3	00:00:37.4	24	00:26:31.6	08:33	01:46:24.3	
21	213 Monfre, Dan	886 New Berlin, WI	25	00:12:46.2	03:11	24	00:02:54.1	27	01:07:41.6	18.3	5	00:00:42.0	20	00:24:30.6	07:54	01:48:34.7	
22	222 Lindberg, Anders	1016 Minneapolis,	34	00:14:06.3	03:31	28	00:03:16.6	24	01:04:48.2	19.1	30	00:01:25.3	23	00:26:12.2	08:27	01:49:48.8	
23	228 Jackson, Steve	1273 Saint Paul, MN	33	00:13:58.7	03:29	32	00:03:39.3	20	01:02:26.2	19.8	38	00:02:17.2	27	00:28:03.4	09:03	01:50:25.0	
24	251 Legan, Sam	491 Shoreview, MN	26	00:13:07.8	03:16	21	00:02:42.8	1	00:00:32.4	2285.0	40	01:07:49.7	29	00:28:32.5	09:12	01:52:45.5	
25	254 Morris, Steve	1128 Maplewood, MN	27	00:13:28.3	03:22	11	00:01:50.9	25	01:07:11.9	18.4	31	00:01:26.7	30	00:28:52.3	09:18	01:52:50.3	
26	275 Decker, Mathew	686 St Paul, MN	17	00:11:44.8	02:56	29	00:03:20.7	34	01:14:00.1	16.7	34	00:01:37.0	21	00:25:00.4	08:04	01:55:43.3	
27	287 Kennedy, Kyle	1071 Lake City, MN	41	00:16:02.7	04:00	26	00:03:06.6	26	01:07:33.9	18.3	28	00:01:17.9	31	00:29:41.8	09:34	01:57:43.1	
28	296 Bucka, Matthew	810 Minneapolis,	40	00:15:51.2	03:57	33	00:03:40.3	29	01:09:50.9	17.7	33	00:01:35.8	26	00:27:58.2	09:01	01:58:56.6	
29	299 Hopkins, Reese	1159 Oak Park	37	00:14:48.8	03:42	30	00:03:20.9	28	01:08:56.2	17.9	32	00:01:27.2	33	00:30:38.9	09:53	01:59:12.3	
30	302 Coudron, Jeremy	1022 White Bear	24	00:12:43.2	03:10	40	00:04:37.2	30	01:10:14.2	17.6	36	00:02:05.0	32	00:29:56.4	09:39	01:59:36.2	
31	303 Bauer, Andrew	651 Minneapolis,	7	00:09:19.7	02:19	36	00:04:11.2	32	01:13:06.1	16.9	27	00:01:15.7	36	00:31:43.5	10:14	01:59:36.4	
32	315 Oelerich,	636 Maple Grove,	29	00:13:48.2	03:27	19	00:02:28.1	33	01:13:35.7	16.8	26	00:01:12.6	34	00:31:12.8	10:04	02:02:17.6	
33	325 Arcand, Mark	1056 Forest Lake, MN	23	00:12:32.4	03:08	37	00:04:13.2	31	01:12:45.1	17.0	35	00:01:58.9	37	00:33:05.0	10:40	02:04:34.9	
34	336 Lerner, Mitchell	1469 Minneapolis,	31	00:13:52.1	03:28	35	00:03:52.0	35	01:16:48.4	16.1	22	00:01:05.0	35	00:31:32.3	10:10	02:07:10.1	
35	350 Fehr, David	676 Minneapolis,	11	00:09:33.6	02:23	39	00:04:26.6	37	01:19:12.0	15.6	8	00:00:45.4	39	00:36:19.9	11:43	02:10:17.8	
36	356 Kubitschek, Rick	1254 Lake Elmo, MN	35	00:14:41.6	03:40	20	00:02:41.0	36	01:18:52.1	15.7	17	00:00:57.1	38	00:34:27.8	11:07	02:11:39.8	
37	361 Dawson, Bevin	395 St. Paul, MN	18	00:12:06.5	03:01	41	00:05:01.3	39	01:25:07.2	14.5	39	00:02:52.1	28	00:28:28.8	09:11	02:13:36.2	
38	365 Nacey, Jarid	777 Duluth, MN	39	00:15:40.5	03:55	38	00:04:19.8	40	01:26:57.0	14.2	24	00:01:06.9	25	00:26:42.7	08:37	02:14:47.1	
39	373 Feige, Evan	1125 Edina, MN	38	00:15:26.8	03:51	31	00:03:32.4	38	01:20:38.7	15.3	14	00:00:53.8	40	00:41:18.7	13:19	02:21:50.6	
40	386 Miller, Jeremy	409 Shakopee, MN	21	00:12:29.0	03:07	16	00:02:12.8	41	01:58:31.6	10.4	11	00:00:48.2	17	00:23:03.8	07:26	02:37:05.7	
	Feige, Evan	1122 Edina, MN														DNS	
	Ekman, Mike	673 Blaine, MN														DNS	

25-29

Age Group Field: 56

1	3 Blankenheim,	331 Duluth, MN	2	00:08:08.0	02:02	2	00:01:38.4	2	00:51:33.3	24.0	8	00:00:48.4	1	00:17:12.3	05:33	01:19:20.6	
2	13 Petrie, Tim	347 Fond Du Lac, WI	14	00:10:13.5	02:33	1	00:01:23.7	1	00:51:05.0	24.2	1	00:00:31.9	2	00:19:16.0	06:12	01:22:30.2	
3	27 Anderson, Harry	569 Duluth, MN	15	00:10:16.2	02:34	8	00:01:48.0	3	00:51:38.5	23.9	15	00:00:59.8	8	00:21:53.4	07:03	01:26:36.1	
4	30 Sandelin, Peter	321 Duluth, MN	6	00:09:00.7	02:15	11	00:01:58.5	5	00:54:19.0	22.8	3	00:00:36.8	9	00:21:54.4	07:04	01:27:49.7	
5	31 Koehler, Aaron	964 Minneapolis,	10	00:09:13.4	02:18	10	00:01:55.9	4	00:54:12.0	22.8	33	00:01:24.9	4	00:21:05.4	06:48	01:27:51.9	
6	35 Hoffmann, Aaron	791 Saint Paul, MN	4	00:08:54.3	02:13	9	00:01:52.9	6	00:54:24.7	22.7	20	00:01:03.2	12	00:22:46.9	07:20	01:29:02.3	
7	36 West, Samuel	876 Minneapolis,	7	00:09:02.4	02:15	7	00:01:42.4	10	00:54:46.7	22.6	31	00:01:23.6	10	00:22:16.6	07:11	01:29:11.9	
8	41 Kaiser, Eddie	578 St Paul, MN	19	00:11:10.7	02:47	12	00:02:00.8	9	00:54:43.8	22.6	18	00:01:01.0	7	00:21:26.4	06:54	01:30:22.9	

Individual - Sprint Distance Triathlon				0.25 mi swim		T-1		0.6mi bike			T-2		3.1 mi run		7/29/2007			
Place	Name	Bib		PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
9	42 Manhardt, Michael	896	Center City, MN	11	00:09:24.1	02:21	4	00:01:39.3	8	00:54:33.3	22.7	27	00:01:16.1	18	00:23:49.1	07:41	01:30:42.2	
10	62 Sheck, Aaron	350	Brookfield, Wi	17	00:10:24.4	02:36	14	00:02:14.8	13	00:58:38.1	21.1	21	00:01:04.3	14	00:23:16.7	07:30	01:35:38.6	
11	65 Hagen, Isaac	1041	Minneapolis,	3	00:08:51.2	02:12	6	00:01:41.2	11	00:56:54.7	21.7	47	00:02:10.8	29	00:26:11.7	08:27	01:35:49.7	
12	66 Pritchard, Shawn	1099	Minneapolis,	18	00:10:30.4	02:37	25	00:02:44.8	20	01:00:16.7	20.5	28	00:01:18.0	6	00:21:14.6	06:51	01:36:04.5	
13	69 Petersen,	1015	Minneapolis,	13	00:10:09.4	02:32	48	00:04:12.9	21	01:00:40.3	20.4	39	00:01:42.1	3	00:19:32.4	06:18	01:36:17.3	
14	75 Rorvig, Jesse	769	Minneapolis,	28	00:12:14.2	03:03	15	00:02:15.3	12	00:58:19.4	21.2	6	00:00:45.4	13	00:23:11.2	07:28	01:36:45.7	
15	77 Uthus, Brandt	1129	Inver Grove	8	00:09:05.3	02:16	18	00:02:20.7	17	00:59:40.7	20.7	5	00:00:41.1	25	00:25:03.5	08:05	01:36:51.4	
16	83 Wood, Mike	997	Minnetonka, MN	1	00:07:26.8	01:51	16	00:02:16.6	15	00:59:26.3	20.8	32	00:01:23.7	33	00:26:52.1	08:40	01:37:25.8	
17	92 Folkman, Chad	890	Madison, WI	37	00:13:27.7	03:21	24	00:02:43.9	16	00:59:34.6	20.7	29	00:01:20.6	5	00:21:07.7	06:48	01:38:14.8	
18	100 Houle, Thomas	479	Wyoming, MN	22	00:11:30.6	02:52	29	00:02:47.2	18	00:59:51.8	20.6	4	00:00:39.7	19	00:23:50.9	07:41	01:38:40.5	
19	108 Johnson, Victor	538	Eagan, MN	49	00:16:41.0	04:10	23	00:02:35.2	7	00:54:25.1	22.7	42	00:01:55.1	15	00:23:29.6	07:34	01:39:06.1	
20	130 Boppre, Chris	885	Columbia	25	00:11:45.6	02:56	28	00:02:47.0	25	01:02:20.0	19.8	24	00:01:07.9	17	00:23:36.8	07:37	01:41:37.6	
21	139 Houston, Casey	653	Minneapolis,	41	00:14:06.2	03:31	5	00:01:39.7	14	00:59:23.8	20.8	12	00:00:55.4	30	00:26:17.6	08:28	01:42:22.9	
22	145 Skudlarek,	672	Minnetonka, MN	12	00:09:48.9	02:27	44	00:03:41.2	31	01:04:12.5	19.2	26	00:01:11.1	21	00:23:58.0	07:43	01:42:51.9	
23	150 Sekely, Justin	667	Wayzata, MN	47	00:15:30.9	03:52	36	00:03:07.3	22	01:01:11.7	20.2	19	00:01:02.2	11	00:22:41.9	07:19	01:43:34.2	
24	153 Allen, Milo	1082	Chisago City,	39	00:14:03.2	03:30	34	00:03:01.9	26	01:02:22.5	19.8			53	02:11:46.9		01:44:02.6	
25	157 Gatlin, Joseph	439	Duluth, MN	29	00:12:18.7	03:04	33	00:03:01.9	30	01:04:03.2	19.3	16	00:01:00.6	20	00:23:57.7	07:43	01:44:22.2	
26	159 Streff, Michael	671	White Bear	20	00:11:24.6	02:51	32	00:02:56.4	23	01:01:17.8	20.2	37	00:01:38.5	35	00:27:09.0	08:45	01:44:26.5	
27	167 Maruk, Jon	880	Minneapolis,	16	00:10:23.8	02:35	13	00:02:06.5	28	01:03:17.1	19.5	44	00:02:01.8	34	00:27:07.1	08:44	01:44:56.5	
28	174 Scates, Brian	780	Minneapolis,	24	00:11:45.4	02:56	3	00:01:39.1	27	01:02:41.3	19.7	35	00:01:30.4	37	00:27:36.1	08:54	01:45:12.4	
29	186 York, Matt	678	Minnetonka, MN	33	00:13:02.6	03:15	30	00:02:47.4	19	00:59:57.5	20.6	10	00:00:52.3	44	00:29:57.2	09:39	01:46:37.3	
30	187 Augustus, Scott	1262	Savage, MN	26	00:11:57.6	02:59	26	00:02:45.5	32	01:04:31.9	19.2	41	00:01:44.0	27	00:25:40.4	08:16	01:46:39.5	
31	190 Farquhar, Keith	665	Wyoming, MN	43	00:14:14.0	03:33	39	00:03:25.9	24	01:01:38.8	20.0	7	00:00:46.6	32	00:26:44.7	08:37	01:46:50.1	
32	205 Johnson, Stetson	719	Roseville, MN	5	00:08:59.2	02:14	49	00:04:13.2	42	01:10:27.9	17.5	13	00:00:57.2	16	00:23:31.7	07:35	01:48:09.4	
33	231 Menard, Garrett	1028	Minnetonka, MN	9	00:09:11.2	02:17	17	00:02:19.5	35	01:06:57.5	18.5	46	00:02:02.7	46	00:30:26.5	09:49	01:50:57.6	
34	232 Arcand, Brian	517	Aurora, IL	35	00:13:15.7	03:18	35	00:03:05.7	37	01:07:32.1	18.3	45	00:02:02.3	24	00:25:02.6	08:04	01:50:58.6	
35	242 Eider, Scott	1120	Minneapolis,	32	00:12:43.0	03:10	50	00:04:50.3	34	01:06:31.4	18.6	40	00:01:42.6	31	00:26:31.8	08:33	01:52:19.4	
36	250 Bevars, Robert	794	Minneapolis,	42	00:14:12.7	03:33	19	00:02:24.8	40	01:09:37.4	17.8	11	00:00:53.8	26	00:25:36.4	08:15	01:52:45.4	
37	255 Strawn, John	1050	Burnsville, MN	40	00:14:04.7	03:31	22	00:02:32.8	39	01:08:38.7	18.0	38	00:01:41.4	28	00:25:53.2	08:21	01:52:51.0	
38	259 Mack, Justin	1001	Apple Valley,	21	00:11:26.3	02:51	37	00:03:09.5	38	01:08:35.7	18.0	17	00:01:00.8	42	00:29:16.4	09:26	01:53:28.9	
39	264 Creighton, Jason	801	Minneapolis,	27	00:12:11.6	03:02	47	00:03:53.9	33	01:05:37.3	18.8	51	00:03:19.1	41	00:29:01.0	09:21	01:54:03.1	
40	269 Larson, Kurt	309	Plymouth, MN	23	00:11:44.8	02:56	38	00:03:14.4	29	01:03:28.5	19.5	23	00:01:07.8	50	00:35:01.9	11:18	01:54:37.6	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
41	277 Meyer, Alan	965 Center City, MN	44	00:14:29.6	03:37	41	00:03:29.9	36	01:07:04.1	18.4	36	00:01:31.0	43	00:29:41.1	09:34	01:56:16.0	
42	288 Eckier, Cal	1157 Aiden Hill, MN	36	00:13:15.9	03:18	20	00:02:31.9	48	01:14:52.4	16.5	49	00:02:40.5	23	00:24:41.3	07:57	01:58:02.3	
43	304 Wolfe, Jake	443 Andover, MN	30	00:12:32.1	03:08	43	00:03:40.6	46	01:11:16.1	17.3	43	00:01:57.2	45	00:30:11.4	09:44	01:59:37.6	
44	308 Wolf, Tom	764 Saint Paul, MN	45	00:14:39.3	03:39	31	00:02:56.0	47	01:13:05.8	16.9	25	00:01:09.3	40	00:28:14.4	09:06	02:00:05.1	
45	319 Thiemke, Steve	683 Oshkosh, WI	51	00:17:08.6	04:17	40	00:03:29.5	43	01:10:29.0	17.5	9	00:00:49.2	47	00:31:12.7	10:04	02:03:09.2	
46	333 Bowman, Chris	1000 Bloomington,	52	00:17:09.7	04:17	42	00:03:37.4	49	01:16:47.8	16.1	2	00:00:35.8	36	00:27:31.1	08:52	02:05:42.0	
47	342 Briggs, Aaron	1275 White Bear	31	00:12:43.0	03:10	52	00:05:39.2	44	01:11:00.4	17.4	22	00:01:04.8	52	00:37:51.1	12:12	02:08:18.6	
48	343 Tooley, Steven	1004 New Brighton,	34	00:13:09.8	03:17	53	00:06:53.3	50	01:17:08.4	16.0	52	00:03:37.4	39	00:28:09.5	09:05	02:08:58.5	
49	347 Baumann, Bradley	469 North Branch,	53	00:18:58.9	04:44	51	00:04:51.5	41	01:10:06.4	17.6	14	00:00:58.0	49	00:34:58.3	11:16	02:09:53.3	
50	348 Kinzer, Caleb	1100 Minneapolis,	48	00:16:37.9	04:09	27	00:02:46.8	45	01:11:10.0	17.4	48	00:02:14.9	51	00:37:25.4	12:04	02:10:15.1	
51	357 Gustafson,	1173 Minneapolis,	46	00:15:11.3	03:47	46	00:03:43.5	51	01:26:52.1	14.2	34	00:01:28.4	22	00:24:33.9	07:55	02:11:49.4	
52	360 Wallterstorff, Erin	1158 Aiden Hill, MN	38	00:13:49.6	03:27	21	00:02:32.4	52	01:27:19.5	14.2	30	00:01:22.8	38	00:27:58.4	09:01	02:13:03.0	
53	377 Romero, Brian	1084 Chisago City,	50	00:16:53.5	04:13	45	00:03:42.4	53	01:29:36.5	13.8	50	00:02:41.3	48	00:31:49.2	10:15	02:24:43.1	
	Burke, Ryan	518 Minneapolis,														DNS	
	Kovarik, Nathan	519 White Bear														DNS	
	Pshon, Anton	327 Saint Paul, MN														DNS	

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Age Group Field: 60

1	6 Nelson, Jesse	307 Red Wing, MN	2	00:08:25.7	02:06	2	00:01:21.8	3	00:51:07.5	24.2	2	00:00:27.3	3	00:18:18.1	05:54	01:19:40.6	
2	8 Kocanda, Tony	529 Minneapolis,	13	00:10:18.5	02:34	9	00:01:45.6	1	00:49:38.0	24.9	8	00:00:55.8	2	00:18:06.9	05:50	01:20:45.0	
3	10 Budde, Nathan	312 Hanover, MN	4	00:09:03.8	02:15	5	00:01:28.9	2	00:50:21.2	24.5	1	00:00:26.1	5	00:19:41.1	06:21	01:21:01.3	
4	15 Podratz, Derick	328 Lino Lakes, MN	11	00:10:00.3	02:30	1	00:01:11.9	4	00:53:23.7	23.1	4	00:00:41.9	1	00:18:03.0	05:49	01:23:21.1	
5	24 Keil, Matt J.	951 Minneapolis,	1	00:07:49.4	01:57	6	00:01:41.1	9	00:55:57.1	22.1	9	00:00:58.0	4	00:19:40.2	06:20	01:26:06.1	
6	33 Sosa-sol, Mario	1116 Minneapolis,	12	00:10:08.1	02:32	10	00:01:50.0	7	00:55:23.8	22.3	19	00:01:11.5	6	00:20:24.9	06:35	01:28:58.5	
7	34 Brown, Robert	306 Hopkins, MN	3	00:09:03.2	02:15	3	00:01:23.2	8	00:55:25.0	22.3	24	00:01:19.1	7	00:21:50.2	07:02	01:29:00.9	
8	38 Hasty, Brian	392 Lauderdale, MN	23	00:11:25.7	02:51	4	00:01:23.6	5	00:53:54.0	22.9	5	00:00:42.5	9	00:22:38.6	07:18	01:30:04.4	
9	44 Binder, Cody	993 St Loius Park,	6	00:09:08.1	02:17	17	00:02:15.1	6	00:55:02.3	22.5	16	00:01:07.4	12	00:23:25.2	07:33	01:30:58.3	
10	50 Deshitsa, Roman	755 Blaine, MN	5	00:09:05.2	02:16	8	00:01:45.4	16	00:58:20.2	21.2	15	00:01:06.8	8	00:22:30.3	07:15	01:32:48.1	
11	61 Rupprecht, Brad	1130 Minneapolis,	16	00:10:58.1	02:44	22	00:02:26.5	13	00:58:01.3	21.3	21	00:01:13.6	10	00:22:49.8	07:21	01:35:29.5	
12	68 Rosow, Michael	729 Minneapolis,	14	00:10:18.9	02:34	16	00:02:14.4	15	00:58:15.1	21.2	6	00:00:47.5	18	00:24:40.6	07:57	01:36:16.7	
13	72 Berry, Donald	509 Stillwater, MN	28	00:12:16.3	03:04	15	00:02:10.8	11	00:56:54.3	21.7	23	00:01:17.8	14	00:23:52.6	07:42	01:36:32.1	
14	76 Kryzer, Brendon	410 White Bear	9	00:09:38.0	02:24	18	00:02:15.3	10	00:56:36.4	21.8	27	00:01:25.5	29	00:26:50.9	08:39	01:36:46.2	
15	99 Von De Linde,	455 Orchard Lane,	21	00:11:15.4	02:48	42	00:03:34.9	21	00:59:29.8	20.8	18	00:01:10.2	11	00:23:07.7	07:27	01:38:38.2	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
16	106 Chaffin, Dave	932	Saint Louis	26	00:12:10.0	03:02	21 00:02:19.8	23	00:59:38.8	20.7	11	00:01:00.3	13	00:23:47.4	07:40	01:38:56.5	
17	107 Hawes,	537	Saint Paul, MN	24	00:11:46.5	02:56	33 00:02:56.2	12	00:57:15.7	21.6	31	00:01:26.8	22	00:25:36.9	08:15	01:39:02.3	
18	116 Waldoch, Rani	839	Lindstrom, MN	38	00:13:29.1	03:22	30 00:02:44.5	17	00:58:24.6	21.2	10	00:00:59.7	17	00:24:38.6	07:56	01:40:16.7	
19	119 Keller, James	689	Fridley, MN	36	00:13:23.5	03:20	12 00:01:56.0	22	00:59:38.3	20.7	30	00:01:26.7	16	00:24:35.3	07:55	01:41:00.0	
20	122 Pula, Sean	803	Plymouth, MN	19	00:11:13.7	02:48	13 00:01:56.6	25	01:00:55.4	20.3	14	00:01:06.5	26	00:26:07.0	08:25	01:41:19.5	
21	136 Lee, Zach	399	Bloomington,	15	00:10:39.0	02:39	11 00:01:50.8	24	01:00:08.0	20.6	28	00:01:25.9	32	00:28:09.6	09:05	01:42:13.4	
22	151 Beaubien, Brian	1029	St. Paul, MN	44	00:14:07.9	03:31	19 00:02:15.5	19	00:59:00.1	20.9	45	00:02:00.3	27	00:26:24.9	08:31	01:43:48.8	
23	152 Paraschou, Milam	1074	Eden Prairie,	18	00:11:08.6	02:47	36 00:03:09.9	18	00:58:58.4	21.0	47	00:02:03.3	34	00:28:38.9	09:14	01:43:59.3	
24	162 Hedrick, Kevin	1036	Minneapolis,	7	00:09:27.5	02:21	23 00:02:27.5	30	01:02:46.6	19.7	38	00:01:37.8	33	00:28:15.0	09:06	01:44:34.5	
25	164 Bordenave, Kevin	1059	Hudson, WI	50	00:16:12.4	04:03	41 00:03:33.9	14	00:58:10.2	21.2	32	00:01:31.0	20	00:25:18.2	08:09	01:44:46.0	
26	170 Watercott, Larry	1164	Columbia	39	00:13:32.2	03:23	37 00:03:10.0	26	01:01:40.8	20.0	41	00:01:48.0	19	00:24:56.0	08:02	01:45:07.2	
27	175 Granacher, Jorg	884	Minneapolis,	41	00:13:52.9	03:28	7 00:01:44.3	20	00:59:17.8	20.8	26	00:01:22.6	35	00:28:55.2	09:19	01:45:13.0	
28	180 Kurus, Doobie	416	Minnetonka, MN	17	00:11:04.0	02:46	35 00:03:05.4	31	01:04:20.3	19.2	33	00:01:31.6	24	00:25:55.1	08:21	01:45:56.6	
29	183 Gerard, Jason	770	Hugo, MN	40	00:13:34.4	03:23	29 00:02:43.3	28	01:02:18.3	19.8	42	00:01:55.1	23	00:25:45.3	08:18	01:46:16.6	
30	196 Hallberg, Michael	688	St. Paul, MN	22	00:11:24.5	02:51	24 00:02:34.2	27	01:01:43.1	20.0	35	00:01:32.3	42	00:29:53.7	09:38	01:47:08.0	
31	197 Schlukebier, Jason	966	St. Paul, MN	25	00:12:04.8	03:01	26 00:02:40.7	34	01:04:36.3	19.1	20	00:01:13.3	28	00:26:35.2	08:34	01:47:10.6	
32	208 Fist, Mark	1184	St. Croix Falls,	10	00:09:56.4	02:29	14 00:02:04.2	29	01:02:25.8	19.8	37	00:01:37.5	45	00:32:11.8	10:23	01:48:15.9	
33	215 Gallatin, Peter	502	Scandia, MN	20	00:11:14.1	02:48	27 00:02:41.3	40	01:08:18.3	18.1	3	00:00:37.7	25	00:26:06.2	08:25	01:48:57.7	
34	236 Olson, Trevor	990	Andover, MN	35	00:13:21.8	03:20	34 00:02:59.8	32	01:04:23.0	19.2	25	00:01:19.2	38	00:29:04.5	09:22	01:51:08.6	
35	240 Brown, Arlan	388	Lino Lakes, MN	31	00:12:35.0	03:08	47 00:03:58.0	33	01:04:29.7	19.2	29	00:01:26.5	37	00:28:56.6	09:20	01:51:25.9	
36	245 Kohn, Joshua	588	St. Paul, MN	29	00:12:29.6	03:07	31 00:02:48.6	47	01:11:42.4	17.2	13	00:01:02.0	15	00:24:20.2	07:51	01:52:23.0	
37	246 Smith, Jason	1046	Roseville, MN	8	00:09:36.5	02:24	20 00:02:17.5	44	01:09:35.4	17.8	46	00:02:01.4	36	00:28:55.9	09:19	01:52:27.0	
38	256 Thompson, Kristi	1174	Champlin, MN	33	00:13:16.4	03:19	49 00:04:17.8	37	01:06:14.7	18.7	48	00:02:06.1	30	00:26:56.0	08:41	01:52:51.2	
39	261 Zemke, Robert	692	Wyoming, MN	49	00:14:48.1	03:42	39 00:03:30.5	41	01:09:00.2	17.9	7	00:00:47.8	21	00:25:33.3	08:14	01:53:40.0	
40	273 Ketterling, Ryan	999	Farmington, MN	32	00:13:03.4	03:15	25 00:02:34.8	36	01:05:44.3	18.8	39	00:01:44.9	46	00:32:21.3	10:26	01:55:28.9	
41	283 Biancardi, Joseph	362	Blaine, MN	43	00:14:04.1	03:31	38 00:03:24.5	42	01:09:03.2	17.9	12	00:01:00.4	41	00:29:46.3	09:36	01:57:18.7	
42	285 Schmidt, Timothy	657	Minneapolis,	46	00:14:13.2	03:33	43 00:03:38.7	45	01:09:39.3	17.7	49	00:02:08.0	31	00:27:47.0	08:57	01:57:26.5	
43	286 Nienkamp, Paul	847	Gilbert, IA	34	00:13:21.3	03:20	50 00:04:21.7	35	01:05:16.3	18.9	53	00:02:48.9	44	00:31:38.4	10:12	01:57:26.8	
44	294 Williamson, Scott	741	Osceola, WI	48	00:14:38.5	03:39	40 00:03:31.9	43	01:09:14.9	17.8	40	00:01:47.4	39	00:29:12.0	09:25	01:58:24.9	
45	298 Kringler, Brian	866	Minneapolis,	51	00:17:12.1	04:18	44 00:03:43.9	39	01:06:41.9	18.5	43	00:01:56.1	40	00:29:25.6	09:29	01:58:59.9	
46	313 Friedman, Rich	788	North Branch,	30	00:12:33.7	03:08	32 00:02:49.7	38	01:06:28.7	18.6	50	00:02:09.2	53	00:36:47.5	11:52	02:00:48.9	
47	316 Swanson, Shane	1153	Hugo, MN	42	00:13:56.9	03:29	46 00:03:54.6	48	01:12:21.7	17.1	51	00:02:09.8	43	00:29:55.7	09:39	02:02:18.9	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6 mi bike			T-2		3.1 mi run			7/29/2007	
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
48	323 Prestegaard,	687 Saint Paul, MN	45	00:14:11.2	03:32	45	00:03:51.3	46	01:11:05.1	17.4	34	00:01:31.9	47	00:32:56.5	10:37	02:03:36.2	
49	345 Contolatis,	1073 Bloomington,	37	00:13:25.8	03:21	48	00:04:09.8	49	01:13:53.5	16.7	52	00:02:20.3	52	00:35:48.7	11:33	02:09:38.3	
50	364 Farley, Patrick	361 Blaine, MN	27	00:12:13.3	03:03	53	00:05:54.6	50	01:18:15.5	15.8	55	00:03:27.8	50	00:34:19.4	11:04	02:14:10.8	
51	372 Reszetar,	484 St Paul, MN	47	00:14:29.3	03:37	54	00:06:59.5	51	01:19:47.2	15.5	44	00:01:57.3	54	00:37:38.7	12:08	02:20:52.2	
52	378 Moen, Gabriel	888 Minnetonka, MN	53	00:18:24.0	04:36	51	00:04:33.8	53	01:27:46.0	14.1	22	00:01:17.2	48	00:34:06.7	11:00	02:26:07.9	
53	381 Vander Heiden,	917 Bloomington,	52	00:17:45.7	04:26	52	00:04:52.4	55	01:31:06.3	13.6	17	00:01:08.5	49	00:34:13.3	11:02	02:29:06.3	
54	388 Lambert,	1114 Roseville, MN	54	00:22:22.7	05:35	55	00:07:43.9	52	01:25:06.2	14.5	54	00:02:57.9	55	00:41:43.1	13:27	02:39:54.0	
55	389 Khem, Bora	832 Minneapolis,	55	00:32:40.7	08:10	28	00:02:41.7	54	01:29:05.8	13.9	36	00:01:36.8	51	00:34:41.2	11:11	02:40:46.4	
	Reichert, Axel	969 Brooklyn Park,														DNS	
	Payne, Matthew	982 Columbia														DNS	
	Coello, Carlos	828 San Pedro														DNS	
	Lichty, Marshall	441 Minneapolis,														DNS	
	Spende, Michael	315 Minneapols, MN														DNS	

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Age Group Field: 73

1	7 Binnebose, Corey	341 New Berlin, WI	5	00:09:24.1	02:21	1	00:01:14.9	1	00:50:13.6	24.6	8	00:00:50.4	1	00:18:41.6	06:01	01:20:24.9	
2	19 Tabor, Chip P	1269 Shoreview, MN	2	00:08:39.7	02:09	15	00:02:10.4	3	00:53:23.7	23.1	6	00:00:47.3	4	00:19:43.6	06:21	01:24:44.8	
3	20 Olsen, David	685 Blue Earth, MN	6	00:09:36.7	02:24	11	00:01:51.7	2	00:50:31.8	24.5	14	00:00:59.2	8	00:21:53.7	07:03	01:24:53.3	
4	26 Bates, Ananda	1104 Minneapolis,	1	00:08:29.1	02:07	27	00:02:32.1	5	00:55:27.6	22.3	2	00:00:31.6	3	00:19:27.3	06:16	01:26:27.9	
5	28 Donly, Charles	318 Minneapolis,	4	00:09:15.8	02:18	8	00:01:42.7	7	00:55:40.6	22.2	25	00:01:10.5	2	00:19:16.3	06:13	01:27:06.1	
6	51 Mcvay, Brent	878 Minneapolis,	11	00:10:21.7	02:35	4	00:01:27.4	6	00:55:29.0	22.3	16	00:01:02.8	21	00:24:28.3	07:53	01:32:49.4	
7	55 Barrios, Iv, Nolan	313 Stillwater, MN	23	00:11:00.0	02:45	6	00:01:35.2	9	00:56:58.8	21.7	20	00:01:06.0	13	00:23:14.7	07:29	01:33:54.8	
8	60 Exner, Patrick	1176 Brooklyn Park,	24	00:11:13.9	02:48	10	00:01:51.0	23	00:59:56.2	20.6	40	00:01:33.3	6	00:20:48.7	06:42	01:35:23.4	
9	67 Feile, Christopher	458 Minneapolis,	22	00:10:51.7	02:42	18	00:02:18.7	13	00:58:32.8	21.1	28	00:01:15.4	15	00:23:17.8	07:30	01:36:16.6	
10	71 Schneider, Jeff	391 Minnetrista, MN	7	00:09:44.5	02:26	2	00:01:16.6	14	00:58:35.7	21.1	34	00:01:24.8	25	00:25:28.0	08:12	01:36:29.9	
11	74 Peltier, Bruce	377 Hartland, WI	26	00:11:20.4	02:50	7	00:01:37.4	8	00:55:46.6	22.2	4	00:00:42.4	38	00:27:10.7	08:46	01:36:37.8	
12	79 Robinson, Chris	858 Baxter, MN	27	00:11:35.8	02:53	5	00:01:32.8	15	00:58:40.2	21.1	29	00:01:18.1	16	00:24:06.6	07:46	01:37:13.6	
13	85 Goodin, David	1007 New Brighton,	19	00:10:46.8	02:41	26	00:02:29.7	26	01:00:41.4	20.4	45	00:01:41.4	9	00:22:23.6	07:13	01:38:03.1	
14	90 Olson, Wade	639 Minneapolis,	52	00:14:09.4	03:32	49	00:03:19.0	4	00:54:24.1	22.7	50	00:01:55.2	18	00:24:23.4	07:52	01:38:11.4	
15	91 Nelson, Matthew	405 Minneapolis,	15	00:10:27.9	02:36	16	00:02:14.8	11	00:57:23.8	21.5	51	00:01:55.9	30	00:26:09.9	08:26	01:38:12.5	
16	97 Sabby, Travis	995 Lino Lakes, MN	31	00:11:51.7	02:57	21	00:02:24.2	32	01:01:40.8	20.0	56	00:02:19.8	5	00:20:15.3	06:32	01:38:32.0	
17	98 Dillon, Michael	857 Brained, MN	10	00:10:18.1	02:34	12	00:01:55.5	19	00:59:24.0	20.8	10	00:00:53.7	29	00:26:02.7	08:24	01:38:34.2	
18	102 Walts, Cameron	1142 Atlanta, GA	3	00:08:40.3	02:10	9	00:01:49.7	27	01:00:49.1	20.3	9	00:00:52.1	33	00:26:33.0	08:33	01:38:44.5	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
19	104 Dingle, Michael	861	Stillwater, MN	50	00:14:01.6	03:30	13 00:01:55.9	10	00:57:11.2	21.6	15	00:01:00.3	22	00:24:37.6	07:56	01:38:46.8	
20	115 Riley, Jason	1052	Maple Grove,	34	00:12:10.6	03:02	38 00:02:50.1	12	00:57:42.9	21.4	57	00:02:20.7	23	00:25:10.5	08:07	01:40:15.0	
21	117 Rupert, Jason	454	Forest Lake, MN	16	00:10:29.5	02:37	55 00:03:57.4	21	00:59:52.4	20.6	54	00:02:02.1	17	00:24:09.3	07:47	01:40:30.9	
22	118 Danielson, Scott	363	New Richmond,	9	00:10:12.4	02:33	29 00:02:33.4	20	00:59:45.8	20.7	24	00:01:10.0	34	00:26:57.7	08:41	01:40:39.5	
23	121 Buteler, Martin	490	Shorewood, MN	12	00:10:22.7	02:35	44 00:03:01.0	18	00:58:50.1	21.0	17	00:01:03.4	45	00:27:52.1	08:59	01:41:09.5	
24	124 Schmidt, Joseph	422	Shakopee, MN	47	00:13:55.5	03:28	28 00:02:33.0	16	00:58:48.4	21.0	44	00:01:40.8	19	00:24:24.3	07:52	01:41:22.2	
25	138 Sandness, Craig	1030	Eden Prairie,	8	00:10:00.4	02:30	19 00:02:19.4	34	01:01:46.3	20.0	47	00:01:43.5	32	00:26:29.4	08:32	01:42:19.2	
26	142 Willkom, Thomas	582	Maplewood, MN	28	00:11:40.5	02:55	14 00:02:09.7	25	01:00:38.1	20.4	23	00:01:08.4	35	00:26:57.7	08:41	01:42:34.5	
27	143 Yoon, Patrick	1191	, MN	25	00:11:14.2	02:48	23 00:02:28.0	48	01:05:07.9	19.0	5	00:00:42.6	12	00:23:10.0	07:28	01:42:42.9	
28	154 Kopp, Dan	696	Brooklyn Park,	14	00:10:27.4	02:36	35 00:02:48.7	30	01:01:16.2	20.2	35	00:01:24.9	50	00:28:09.8	09:05	01:44:07.2	
29	158 Peterson, Dan	1047	Lindstrom, MN	55	00:14:51.4	03:42	33 00:02:39.9	28	01:00:55.1	20.3	37	00:01:30.3	20	00:24:25.8	07:52	01:44:22.7	
30	166 Lalor, Antonio	705	St. Peter, MN	33	00:12:07.5	03:01	22 00:02:27.1	33	01:01:43.2	20.0	31	00:01:20.8	39	00:27:15.7	08:47	01:44:54.5	
31	168 Hoglund, Eric	632	Saint Paul, MN	32	00:11:55.5	02:58	54 00:03:51.6	38	01:02:34.4	19.8	65	00:03:27.4	11	00:23:08.9	07:28	01:44:58.0	
32	169 Hoffman, Bryan	524	Minneapolis,	13	00:10:25.3	02:36	36 00:02:49.6	40	01:02:51.3	19.7	18	00:01:05.4	47	00:27:53.2	08:59	01:45:05.0	
33	171 Wynia, Jonathan	389	New Brighton,	44	00:13:26.1	03:21	59 00:04:15.8	24	01:00:12.7	20.5	36	00:01:24.9	27	00:25:48.8	08:19	01:45:08.6	
34	173 Bouressa, Kevin	698	New Brighton,	30	00:11:51.4	02:57	39 00:02:50.5	35	01:01:58.1	19.9	32	00:01:21.0	37	00:27:09.3	08:45	01:45:10.6	
35	181 Sekelsky, Scott	821	River Falls, WI	63	00:18:32.1	04:38	30 00:02:33.4	31	01:01:38.3	20.1	52	00:01:56.4	7	00:21:27.1	06:55	01:46:07.6	
36	182 Peitso, Lance	447	Circle Pines, MN	21	00:10:49.6	02:42	25 00:02:29.5	37	01:02:23.8	19.8	27	00:01:15.4	54	00:29:12.7	09:25	01:46:11.2	
37	189 Mcdonald, Thomas	664	Minneapolis,	18	00:10:46.0	02:41	43 00:03:00.5	36	01:01:59.9	19.9	61	00:02:44.2	52	00:28:17.2	09:07	01:46:48.0	
38	193 Lenhart, Chris	670	Minneapolis,	64	00:19:40.2	04:55	41 00:02:56.6	22	00:59:55.4	20.6	38	00:01:31.7	10	00:22:54.4	07:23	01:46:58.6	
39	201 Engle, Joe	459	Savage, MN	43	00:13:22.4	03:20	65 00:04:54.8	17	00:58:49.9	21.0	62	00:02:46.4	43	00:27:44.7	08:57	01:47:38.4	
40	203 Debbins, John	1131	Minneapolis,	17	00:10:35.2	02:38	56 00:03:59.4	56	01:06:36.3	18.6	19	00:01:05.5	24	00:25:23.2	08:11	01:47:39.8	
41	210 Bluhm, Joel	512	St Paul, MN	46	00:13:39.0	03:24	62 00:04:28.3	47	01:05:07.7	19.0	49	00:01:49.6	14	00:23:15.2	07:30	01:48:20.1	
42	212 Storkan, Steve	593	Forest Lake, MN	29	00:11:46.5	02:56	20 00:02:21.4	50	01:05:35.2	18.8	3	00:00:41.1	49	00:28:05.1	09:03	01:48:29.5	
43	216 Wurdemann, Peter	945	Harris, MN	57	00:15:06.7	03:46	31 00:02:35.5	43	01:04:30.6	19.2	7	00:00:49.9	28	00:26:01.9	08:23	01:49:04.7	
44	218 Evenson, Chad	539	Blaine, MN	40	00:12:54.0	03:13	24 00:02:29.1	57	01:06:58.5	18.5	22	00:01:08.2	26	00:25:45.9	08:18	01:49:15.9	
45	219 Malen, Peter	757	Saint Paul, MN	35	00:12:19.5	03:04	57 00:04:05.1	41	01:04:13.8	19.2	12	00:00:54.2	46	00:27:52.9	08:59	01:49:25.6	
46	224 Driessen, Jack	895	Lino Lakes, MN	51	00:14:09.1	03:32	47 00:03:12.5	44	01:04:40.8	19.1	46	00:01:42.5	31	00:26:18.4	08:29	01:50:03.6	
47	226 Smith, Mark	1253	Coon Rapids,	60	00:16:05.8	04:01	34 00:02:40.7	39	01:02:38.0	19.7	13	00:00:57.8	44	00:27:45.0	08:57	01:50:07.5	
48	237 Swann, Aaron	574	Edina, MN	42	00:13:21.8	03:20	46 00:03:05.0	49	01:05:32.5	18.9	11	00:00:54.1	53	00:28:27.2	09:10	01:51:20.9	
49	241 Moon, Dan	842	Center City, MN	45	00:13:32.3	03:23	58 00:04:14.7	46	01:04:55.9	19.0	48	00:01:46.0	36	00:26:58.3	08:42	01:51:27.3	
50	258 Carlson, Tim	482	Chisago City,	54	00:14:41.5	03:40	32 00:02:39.8	53	01:06:15.2	18.7	41	00:01:34.4	51	00:28:14.0	09:06	01:53:25.2	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
51	270 Bastiaens, Willem	926 Scandia, MN	38	00:12:41.1	03:10	64	00:04:36.0	29	01:01:12.2	20.2	63	00:02:58.3	59	00:33:19.9	10:45	01:54:47.8	
52	272 Arms, Leo	420 Minneapolis,	56	00:15:02.9	03:45	45	00:03:04.5	45	01:04:43.4	19.1	53	00:01:57.1	55	00:30:25.5	09:48	01:55:13.6	
53	274 Ketterling, Richard	998 Rosemount, MN	41	00:13:02.1	03:15	37	00:02:49.6	51	01:06:07.3	18.7	43	00:01:39.8	57	00:31:49.9	10:16	01:55:28.9	
54	280 Hawkins, Dan	1165 Bloomington,	20	00:10:48.6	02:42	3	00:01:21.2	54	01:06:19.5	18.6	1	00:00:29.5	63	00:37:50.7	12:12	01:56:49.7	
55	281 Fleshner, Travis	786 Laporle, IA	61	00:16:22.8	04:05	17	00:02:15.8	52	01:06:10.0	18.7	33	00:01:21.3	56	00:30:42.6	09:54	01:56:52.7	
56	291 Moeller, John	913 Eagan, MN	36	00:12:22.5	03:05	60	00:04:19.2	42	01:04:22.3	19.2	55	00:02:19.1	61	00:34:58.3	11:16	01:58:21.5	
57	310 Finken, Paul	398 St Paul, MN	48	00:13:57.1	03:29	40	00:02:52.7	59	01:10:24.4	17.6	21	00:01:06.7	58	00:32:00.9	10:19	02:00:22.0	
58	311 Eckier, Aj	1156 Aiden Hill, MN	49	00:14:00.0	03:30	51	00:03:28.6	60	01:13:13.0	16.9	59	00:02:28.1	40	00:27:32.1	08:52	02:00:42.0	
59	329 Orning, Joseph	644 Eden Prairie,	39	00:12:46.4	03:11	50	00:03:24.8	55	01:06:21.1	18.6	64	00:03:09.9	64	00:39:15.1	12:39	02:04:57.6	
60	330 Fisher, Dan	382 Anoka, MN	59	00:15:54.9	03:58	53	00:03:43.4	58	01:09:40.8	17.7	30	00:01:18.4	60	00:34:20.2	11:04	02:04:58.0	
61	335 Webb, Chad	1179 Osceola, WI	53	00:14:16.6	03:34	42	00:02:58.3	62	01:18:27.8	15.8	66	00:03:42.0	42	00:27:41.3	08:55	02:07:06.2	
62	338 Edwards, Erik	948 Lexington, MN	58	00:15:34.4	03:53	61	00:04:20.0	61	01:17:49.2	15.9	42	00:01:34.6	48	00:28:04.8	09:03	02:07:23.2	
63	366 Rhyner, Steven	1169 Maplewood, MN	65	00:21:19.8	05:19	66	00:05:33.1	63	01:18:46.2	15.7	58	00:02:23.0	41	00:27:32.1	08:52	02:15:34.3	
64	370 Taylor, Christopher	558 Centerville, MN	37	00:12:39.7	03:09	52	00:03:30.6	65	01:27:07.3	14.2	26	00:01:10.6	62	00:35:44.7	11:31	02:20:13.0	
65	383 Demark, Brent	1013 Blaine, MN	62	00:18:06.4	04:31	63	00:04:33.4	64	01:20:08.8	15.4	60	00:02:31.4	65	00:48:15.1	15:33	02:33:35.3	
66	394 Sylvester, Matt	961 Cambridge, MN	66	00:33:04.7	08:16	48	00:03:14.3	66	01:29:12.2	13.9	39	00:01:33.1	66	00:48:37.2	15:41	02:55:41.7	
	Jensen, Scott	1152 North Branch,															DNS
	Butterfass, Daniel	1043 Rochester, MN															DNS
	Miller, Dan	953 Brooklyn Park,															DNS
	Campins, Rick	947 Apple Valley,															DNS
	Glamos, Paul	598 Hugo, MN															DNS
	Yopp, John	487 Minneapolis,															DNS
	Smith, Theodore	445 Andover, MN															DNS

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Age Group Field: 61

1	4 Simril, Lee	301 Two Rivers, WI	2	00:07:11.2	01:47	3	00:01:20.9	2	00:51:06.8	24.2	2	00:00:31.2	1	00:19:25.2	06:15	01:19:35.5	
2	11 Andrew, Timothy	1268 Duluth, MN	3	00:07:40.3	01:55	2	00:01:15.0	1	00:50:51.7	24.3	5	00:00:38.2	3	00:21:32.9	06:57	01:21:58.3	
3	16 White, Todd	1115 Roseville, MN	1	00:07:05.6	01:46	4	00:01:25.1	4	00:53:32.7	23.1	4	00:00:35.6	2	00:21:04.3	06:47	01:23:43.5	
4	23 Keller, Joe	305 Maple Grove,	8	00:08:56.3	02:14	5	00:01:27.8	3	00:53:08.7	23.3	3	00:00:33.0	4	00:21:45.6	07:01	01:25:51.5	
5	37 Mattson, John	349 St Peter, MN	6	00:08:46.1	02:11	7	00:01:46.7	8	00:54:54.2	22.5	6	00:00:42.8	8	00:23:24.7	07:33	01:29:34.7	
6	45 Morales, Nick	1255 New Hope, MN	4	00:07:49.4	01:57	1	00:01:14.3	9	00:55:49.8	22.1	1	00:00:27.5	30	00:26:02.2	08:23	01:31:23.4	
7	52 Myers, Everett	1257 Marine on St.	39	00:13:00.6	03:15	17	00:02:24.6	6	00:54:23.9	22.7	15	00:01:00.5	6	00:22:07.0	07:08	01:32:56.8	
8	57 Bittner, Mark	773 Bruce, WI	27	00:11:24.9	02:51	12	00:02:07.0	5	00:54:06.4	22.8	18	00:01:05.5	25	00:25:39.4	08:16	01:34:23.4	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
9	58 Lacaille, Rick	707 Duluth, MN	16	00:10:30.1	02:37	11	00:02:05.8	13	00:59:06.5	20.9	29	00:01:23.3	5	00:21:48.2	07:02	01:34:54.1	
10	73 Anderson, Ken	505 Stacy, MN	15	00:10:25.5	02:36	24	00:02:37.8	11	00:57:59.9	21.3	30	00:01:24.9	11	00:24:05.8	07:46	01:36:34.1	
11	81 Walker, Tim	629 Minnetonka, MN	38	00:12:59.8	03:14	10	00:02:05.6	7	00:54:43.6	22.6	25	00:01:13.9	32	00:26:15.0	08:28	01:37:18.2	
12	89 Hofstad, Michael	759 Golden Valley,	12	00:09:30.8	02:22	32	00:02:58.8	14	00:59:21.4	20.8	34	00:01:32.0	18	00:24:46.8	07:59	01:38:09.9	
13	93 Jordan, Steve	583 Buffalo, MN	9	00:09:02.6	02:15	43	00:03:23.9	25	01:00:21.8	20.5	14	00:00:59.8	13	00:24:28.4	07:53	01:38:16.6	
14	94 Dalton, Stuart	380 Mahtomedi, MN	10	00:09:08.5	02:17	16	00:02:20.6	21	01:00:03.1	20.6	13	00:00:59.5	28	00:25:49.3	08:19	01:38:21.3	
15	103 Purkey, Todd	316 Apple Valley,	20	00:10:50.6	02:42	6	00:01:38.6	12	00:58:58.7	21.0	20	00:01:06.2	31	00:26:12.0	08:27	01:38:46.3	
16	105 Steiger, Gregg	1185 Minnetonka, MN	23	00:11:09.2	02:47	28	00:02:45.1	22	01:00:03.1	20.6	26	00:01:20.1	9	00:23:37.9	07:37	01:38:55.7	
17	110 Myren, Scott	415 Maple Grove,	18	00:10:37.6	02:39	20	00:02:32.5	20	01:00:03.1	20.6	24	00:01:11.7	19	00:24:48.2	08:00	01:39:13.4	
18	123 Pothen, Timothy	733 Forest Lake, MN	28	00:11:30.4	02:52	13	00:02:09.3	19	00:59:58.4	20.6	11	00:00:57.6	37	00:26:43.9	08:37	01:41:19.8	
19	126 Ryshavy, John	355 Minnetonka, MN	42	00:13:31.3	03:22	9	00:02:00.8	24	01:00:18.6	20.5	8	00:00:55.0	14	00:24:39.9	07:57	01:41:25.9	
20	127 Delaune, Robert	1166 Shoreview, MN	29	00:11:50.9	02:57	21	00:02:32.8	27	01:00:44.9	20.3	16	00:01:01.9	22	00:25:15.8	08:08	01:41:26.3	
21	129 Burr, Tom	996 Rogers, MN	26	00:11:20.7	02:50	22	00:02:34.9	28	01:01:02.0	20.3	38	00:01:46.1	17	00:24:45.8	07:59	01:41:29.6	
22	131 Dokken, Jim	661 Andover, MN	40	00:13:10.8	03:17	14	00:02:11.2	26	01:00:22.8	20.5	9	00:00:56.7	21	00:25:06.5	08:05	01:41:48.2	
23	134 Burris-brown, Dave	856 Minneapolis,	25	00:11:18.8	02:49	33	00:03:01.9	33	01:03:35.5	19.4	43	00:01:56.4	7	00:22:11.7	07:09	01:42:04.5	
24	140 Julson, Charles	1027 Bloomington,	5	00:08:42.5	02:10	34	00:03:03.6	37	01:04:08.5	19.3	41	00:01:49.1	15	00:24:40.3	07:57	01:42:24.2	
25	141 Kolsky, Mike	1031 Red Wing, MN	13	00:09:38.6	02:24	18	00:02:26.6	15	00:59:29.7	20.8	36	00:01:43.7	45	00:29:14.0	09:25	01:42:32.8	
26	147 Rosenow, James	973 Shoreview, MN	19	00:10:40.2	02:40	8	00:01:55.3	30	01:02:16.9	19.8	35	00:01:42.9	35	00:26:37.2	08:35	01:43:12.7	
27	149 Johnson, Tim	369 Apple Valley,	24	00:11:15.0	02:48	23	00:02:36.2	18	00:59:57.3	20.6	49	00:02:16.1	40	00:27:28.7	08:51	01:43:33.5	
28	156 Yeager, Mike	744 Plymouth, MN	21	00:11:04.1	02:46	40	00:03:17.7	35	01:03:49.0	19.4	19	00:01:06.0	20	00:25:03.0	08:04	01:44:19.9	
29	160 Baker, Jeff	340 Eden Prairie,	44	00:14:13.1	03:33	31	00:02:55.0	23	01:00:13.9	20.5	28	00:01:22.8	26	00:25:41.6	08:17	01:44:26.6	
30	165 Blomquist,	831 Minneapolis,	7	00:08:53.7	02:13	19	00:02:28.1	46	01:06:19.5	18.6	32	00:01:28.7	24	00:25:38.7	08:16	01:44:48.9	
31	177 Scussel, Randall	1051 Chanhassen,	32	00:12:18.3	03:04	41	00:03:19.2	10	00:57:35.0	21.5	47	00:02:03.9	48	00:30:20.8	09:47	01:45:37.3	
32	179 Evensen, Dale	1163 Stillwater, MN	17	00:10:35.7	02:38	48	00:04:10.8	38	01:04:23.2	19.2	12	00:00:58.6	27	00:25:44.8	08:18	01:45:53.2	
33	195 Zell, Jim M	1467 Northfield, MN	22	00:11:09.1	02:47	44	00:03:32.7	42	01:05:50.0	18.8	52	00:02:37.0	10	00:23:54.6	07:42	01:47:03.5	
34	198 Rubin, Timothy	1096 Duluth, MN	34	00:12:26.2	03:06	50	00:04:29.1	31	01:02:37.1	19.7	39	00:01:47.6	29	00:25:52.6	08:20	01:47:12.8	
35	200 Rignell, Richard	359 Stacy, MN	14	00:09:53.9	02:28	29	00:02:47.7	41	01:05:25.7	18.9	40	00:01:48.4	41	00:27:39.8	08:55	01:47:35.6	
36	202 Miller, David	922 Falon Heights,	30	00:12:05.6	03:01	56	00:06:13.7	29	01:01:44.7	20.0	56	00:03:25.3	12	00:24:09.1	07:47	01:47:38.6	
37	204 Chiodo, Marc	1064 Minneapolis,	36	00:12:47.5	03:11	15	00:02:17.5	16	00:59:35.0	20.7	53	00:02:41.2	49	00:30:26.8	09:49	01:47:48.2	
38	211 Jennissen, Robert	1111 Lindstrom, MN	43	00:13:36.5	03:24	39	00:03:16.4	36	01:04:03.3	19.3	7	00:00:48.7	34	00:26:36.3	08:34	01:48:21.3	
39	221 Gannon, John	710 Richfield, MN	31	00:12:13.3	03:03	36	00:03:12.1	32	01:02:43.9	19.7	44	00:01:57.5	46	00:29:37.2	09:33	01:49:44.2	
40	233 Larson, David	1146 Rogers, MN	47	00:15:39.1	03:54	38	00:03:13.1	34	01:03:41.8	19.4	27	00:01:21.5	38	00:27:04.0	08:43	01:50:59.7	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
41	244 Kelly, Edward	808 St Paul, MN	45	00:14:24.8	03:36	42	00:03:23.1	48	01:07:49.9	18.2	46	00:02:02.3	16	00:24:40.5	07:57	01:52:20.8	
42	252 Ramberg, Russ	988 North Branch,	55	00:22:24.0	05:36	27	00:02:44.7	17	00:59:52.5	20.6	31	00:01:26.7	33	00:26:17.8	08:28	01:52:45.9	
43	253 Erickson, Jamie	594 Cambridge, MN	37	00:12:54.5	03:13	26	00:02:38.6	39	01:05:04.7	19.0	23	00:01:11.0	51	00:31:00.3	10:00	01:52:49.4	
44	266 Saavedra, Jorge	446 Golden Valley,	35	00:12:41.2	03:10	25	00:02:37.8	45	01:06:12.3	18.7	33	00:01:30.2	52	00:31:10.8	10:03	01:54:12.4	
45	268 Scheele, Aaron	735 North Branch,	41	00:13:17.2	03:19	45	00:03:43.8	43	01:05:51.7	18.8	17	00:01:02.4	50	00:30:42.3	09:54	01:54:37.5	
46	276 White, Mark	754 St Paul, MN	33	00:12:23.4	03:05	49	00:04:15.6	40	01:05:23.5	18.9	42	00:01:53.9	53	00:31:53.9	10:17	01:55:50.5	
47	290 Thorsen, Greg	748 Lindstrom, MN	48	00:16:00.9	04:00	54	00:04:50.5	44	01:05:58.3	18.7	21	00:01:07.0	47	00:30:17.8	09:46	01:58:14.6	
48	297 Branch, Mike	1177 Lino Lakes, MN	11	00:09:22.1	02:20	53	00:04:45.4	51	01:13:54.7	16.7	51	00:02:17.4	42	00:28:37.3	09:13	01:58:57.1	
49	300 Weiman, Keith	782 Crystal, MN	53	00:19:54.3	04:58	37	00:03:12.5	47	01:07:39.2	18.3	37	00:01:45.2	36	00:26:42.9	08:37	01:59:14.5	
50	318 Westemeier, Darrin	576 Stacy, MN	46	00:15:08.6	03:47	30	00:02:51.2	52	01:14:42.0	16.5	10	00:00:57.3	44	00:29:11.8	09:25	02:02:51.1	
51	332 Mccluskey, Greg	980 Rochester, MN	49	00:16:37.2	04:09	52	00:04:38.1	49	01:12:11.8	17.1	55	00:03:06.9	43	00:29:01.3	09:21	02:05:35.5	
52	339 Tollefson, Scott	526 Minneapolis,	54	00:21:20.6	05:20	47	00:03:58.3	53	01:15:34.4	16.4	22	00:01:10.5	23	00:25:27.2	08:12	02:07:31.2	
53	354 Vanderbloomer,	942 Lexington, MN	57	00:24:51.4	06:12	46	00:03:54.6	50	01:12:40.3	17.0	50	00:02:17.1	39	00:27:24.4	08:50	02:11:08.0	
54	382 O'brien, Patrick	957 Frederic, WI	51	00:17:06.9	04:16	51	00:04:30.2	54	01:26:34.9	14.3	45	00:01:59.7	56	00:39:35.5	12:46	02:29:47.4	
55	387 Bell, Michael	1119 Brooklyn Park,	50	00:17:05.2	04:16	57	00:10:28.5	55	01:32:51.3	13.3	54	00:02:59.3	54	00:34:11.2	11:01	02:37:35.7	
56	392 Ramich, Douglas	746 Luck, WI	56	00:22:26.5	05:36	55	00:06:02.6	56	01:36:12.1	12.8	48	00:02:10.3	55	00:37:48.3	12:11	02:44:39.9	
	Williams, Daryl	590 Tempe, AZ	52	00:17:09.9		35	00:03:07.6	57	02:54:42.5	7.1	57	00:10:06.0				DNF	
	Cruz, Tito	677 St Louis Park,														DNS	
	Finley, Kevin	548 Forest Lake Mn,														DNS	
	Anderson, Steven	471 Edina, MN														DNS	
	Mcfarland, Jim	401 Shorewood, MN														DNS	

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Age Group Field: 42

1	46 Bakalars, Michael	1258 St. Louis Park, q	8	00:10:38.8	02:39	3	00:01:52.4	2	00:52:59.8	23.3	1	00:00:37.4	8	00:25:16.6	08:09	01:31:25.2	
2	48 Bullard, Stephen	897 Golden Valley,	2	00:09:17.0	02:19	2	00:01:51.7	3	00:54:30.2	22.7	3	00:00:51.8	6	00:25:11.8	08:07	01:31:42.7	
3	56 Poorker, Craig	577 Robbinsdale,	16	00:12:08.9	03:02	8	00:02:03.2	6	00:56:32.6	21.9						01:34:08.5	
4	63 Rasmussen, John	750 Depere, WI	4	00:09:27.0	02:21	6	00:01:57.3	13	00:59:59.1	20.6	8	00:01:10.7	1	00:23:07.0	07:27	01:35:41.4	
5	64 Vaillancourt, Scott	486 Roseville, MN	7	00:10:09.3	02:32	11	00:02:44.7	7	00:57:17.4	21.6	13	00:01:26.2	3	00:24:10.9	07:48	01:35:48.7	
6	101 Millam, Mark	767 Minneapolis,	19	00:12:19.1	03:04	4	00:01:54.4	12	00:58:34.4	21.1	10	00:01:13.8	4	00:24:41.1	07:57	01:38:42.9	
7	109 Tjosvold, Doug	1147 St. Paul, MN	9	00:10:47.2	02:41	9	00:02:08.6	11	00:58:29.9	21.1	19	00:01:40.4	11	00:26:06.7	08:25	01:39:13.0	
8	113 Cliffe., Charles	1109 North Oaks, MN	5	00:09:31.0	02:22	16	00:03:04.8	8	00:58:10.0	21.2	12	00:01:20.9	16	00:27:49.2	08:58	01:39:56.1	
9	120 Mclaughlin, Tom	1075 Center City, MN	15	00:11:47.4	02:56	13	00:02:56.6	9	00:58:21.8	21.2	18	00:01:39.9	12	00:26:16.9	08:28	01:41:02.9	
10	125 Malone, Michael	760 Minneapolis,	27	00:13:51.2	03:27	21	00:03:25.6	5	00:56:19.6	21.9	2	00:00:41.8	13	00:27:06.3	08:44	01:41:24.7	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1		0.6mi bike			T-2		3.1 mi run		7/29/2007			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
11	144 Hendrickson,	1033 St. Louis Park,	11	00:11:07.7	02:46	33	00:04:48.7	16	01:00:21.2	20.5	30	00:02:22.3	2	00:24:06.8	07:46	01:42:46.8	
12	155 Rustad, Troy	1066 Minneapolis,	3	00:09:20.2	02:20	7	00:02:01.1	4	00:56:09.1	22.0	25	00:01:58.8	32	00:34:43.1	11:11	01:44:12.5	
13	172 Harmon, Bob	743 New Brighton,	31	00:15:36.6	03:54	25	00:03:36.1	14	01:00:07.6	20.6	6	00:01:01.8	5	00:24:47.8	07:59	01:45:10.1	
14	178 Osterbauer, Brad	343 Apple Valley,	10	00:10:51.8	02:42	10	00:02:18.5	24	01:02:52.3	19.7	24	00:01:53.8	18	00:27:52.5	08:59	01:45:49.1	
15	184 Swanson, Steve	365 Elk River, MN	28	00:14:01.4	03:30	32	00:04:24.2	15	01:00:16.7	20.5	21	00:01:42.7	10	00:25:53.4	08:21	01:46:18.7	
16	192 Raphael, James	985 Elk River, MN	13	00:11:24.1	02:51	1	00:01:48.5	20	01:01:38.9	20.0	31	00:02:28.7	25	00:29:34.1	09:32	01:46:54.5	
17	194 Sager, Chuck	381 Andover, MN	30	00:14:36.3	03:39	5	00:01:55.4	17	01:00:46.6	20.3	7	00:01:04.9	21	00:28:40.2	09:14	01:47:03.4	
18	199 Ziegler, Robert	1085 North Branch,	12	00:11:16.5	02:49	15	00:02:57.7	23	01:02:33.8	19.8	15	00:01:32.6	22	00:29:13.9	09:25	01:47:34.7	
19	206 Back, Randy S	1260 Superior, WI	36	00:17:30.5	04:22	12	00:02:48.6	19	01:01:22.1	20.1	9	00:01:13.4	7	00:25:16.4	08:09	01:48:11.2	
20	207 Glaccum, Joseph	403 Excelsior, MN	21	00:12:21.9	03:05	17	00:03:14.8	22	01:02:15.1	19.9	32	00:02:30.9	17	00:27:52.3	08:59	01:48:15.1	
21	217 Smith, Gregory	473 Saint Paul, MN	14	00:11:30.8	02:52	23	00:03:34.3	27	01:03:58.7	19.3	29	00:02:16.3	15	00:27:48.9	08:58	01:49:09.2	
22	225 Zwiers, Brian	325 Hilbert, WI	25	00:13:35.5	03:23	24	00:03:35.3	26	01:03:54.3	19.3	4	00:00:55.1	19	00:28:04.8	09:03	01:50:05.2	
23	227 Panning, Gregg	1181 Maple Grove,	20	00:12:19.8	03:04	26	00:03:40.1	28	01:04:24.1	19.2	17	00:01:35.8	20	00:28:11.4	09:05	01:50:11.4	
24	248 Lundberg, Jack	714 Chisago City,	32	00:16:17.7	04:04	14	00:02:57.3	21	01:01:41.9	20.0	14	00:01:31.1	26	00:30:11.5	09:44	01:52:39.6	
25	267 Kneebone, Todd	854 Duluth, MN	23	00:13:06.1	03:16	20	00:03:24.8	25	01:03:25.0	19.5	26	00:02:06.9	29	00:32:31.7	10:29	01:54:34.7	
26	271 James, Tedd	929 St Paul, MN	18	00:12:17.8	03:04	36	00:05:03.1	18	01:01:00.6	20.3	33	00:03:16.6	30	00:33:25.9	10:47	01:55:04.1	
27	279 Thayer, Tim	1155 Blaine, MN	22	00:12:50.1	03:12	19	00:03:23.7	30	01:07:10.4	18.4	11	00:01:15.2	27	00:31:51.2	10:16	01:56:30.8	
28	282 Struck, Mike	983 Brooklyn Park,	37	00:18:21.3	04:35	18	00:03:17.4	32	01:07:36.7	18.3	28	00:02:15.2	9	00:25:40.5	08:16	01:57:11.3	
29	306 Thunstrom, Brett	304 Zimmerman, MN	29	00:14:20.8	03:35	27	00:03:50.5	29	01:04:43.2	19.1	20	00:01:41.7	33	00:35:25.7	11:25	02:00:02.1	
30	326 Knapp, Paul	532 St Paul, MN	17	00:12:12.8	03:03	22	00:03:32.6	1	00:08:06.5	152.4			38	01:47:57.1		02:04:39.4	
31	331 Mayer, Michael	581 Eagan, MN	26	00:13:42.4	03:25	31	00:04:21.8	31	01:07:27.2	18.3	34	00:03:18.1	34	00:36:27.3	11:45	02:05:17.0	
32	337 Moriarty, Patrick	1024 Savage, MN	24	00:13:34.2	03:23	30	00:04:04.5	34	01:18:24.6	15.8	22	00:01:43.2	24	00:29:33.7	09:32	02:07:20.5	
33	349 Uram, Donald	1017 Eden Prairie,	6	00:09:36.2	02:24	28	00:03:52.2	10	00:58:25.3	21.2	27	00:02:14.5	37	00:56:07.8	18:06	02:10:16.3	
34	352 Turman, Dana	822 Lindstrom, MN	1	00:06:32.4	01:38	35	00:04:58.5	37	01:23:44.7	14.8	36	00:03:34.8	28	00:32:07.9	10:21	02:10:58.6	
35	355 Voss, Doug	916 Forest Lake, MN	34	00:16:51.5	04:12	39	00:06:11.8	33	01:17:25.9	16.0	23	00:01:52.6	23	00:29:17.5	09:26	02:11:39.3	
36	359 Sargeant, Steve	1150 Chisago City,	35	00:17:01.8	04:15	34	00:04:55.6	35	01:22:23.9	15.0	5	00:00:58.0	14	00:27:42.1	08:56	02:13:01.6	
37	371 Ohara, Kelly	1065 Rochester, MN	33	00:16:37.6	04:09	29	00:03:55.1	38	01:24:17.2	14.7	16	00:01:33.1	31	00:33:58.3	10:57	02:20:21.5	
38	385 Thom, Ray	1021 Rochester, MN	38	00:19:34.2	04:53	37	00:05:23.9	39	01:29:06.8	13.9	35	00:03:20.4	35	00:39:06.1	12:36	02:36:31.6	
39	393 Hackbarth, Duane	1019 St. Michael, MN	39	00:31:29.9	07:52	38	00:05:53.4	36	01:22:27.4	15.0	37	00:04:46.6	36	00:43:50.1	14:08	02:48:27.6	
32	343 Hagen, Michael	11270 Colorado														DNS	
	Alwin, Bob	742 Brooklyn Park,														DNS	
	Hagen, Steven	499 Hugo, MN														DNS	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1		0.6 mi bike			T-2		3.1 mi run		7/29/2007			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
50-54			Age Group Field: 28														
1	5 Dow, Dave	332 West Lakeland,	1	00:08:00.7	02:00	2	00:01:32.1	1	00:50:00.3	24.7	1	00:00:51.8	1	00:19:13.2	06:12	01:19:38.3	
2	32 Woodbeck, Dale	504 Excelsior, MN	2	00:08:49.6	02:12	4	00:02:04.8	2	00:52:29.3	23.5	4	00:00:59.3	4	00:24:13.2	07:48	01:28:36.4	
3	53 Fristik, John	1117 Stillwater, MN	8	00:09:52.8	02:28	3	00:01:47.1	3	00:56:52.7	21.7	5	00:01:05.2	3	00:23:41.0	07:38	01:33:18.9	
4	80 Stone, Dan	335 Maple Grove,	7	00:09:46.1	02:26	8	00:02:32.9	5	00:59:03.6	20.9	10	00:01:15.7	5	00:24:36.0	07:56	01:37:14.6	
5	95 Zuehlke, Jim	1132 Minnetonka, MN	13	00:11:46.5	02:56	12	00:02:47.8	4	00:56:57.8	21.7	18	00:01:54.8	7	00:24:58.3	08:03	01:38:25.4	
6	96 Papez, David	720 Kiel, WI	4	00:09:30.6	02:22	11	00:02:40.4	7	01:00:37.7	20.4	3	00:00:58.3	6	00:24:39.8	07:57	01:38:27.0	
7	133 Treiber, Bill	1172 Mahtomedi, MN	11	00:11:11.4	02:47	6	00:02:11.8	8	01:01:42.9	20.0	11	00:01:23.9	8	00:25:25.1	08:11	01:41:55.4	
8	148 Hanson, Dave	829 Lakeville, MN	5	00:09:41.1	02:25	15	00:03:06.5	6	01:00:26.6	20.4	16	00:01:46.6	15	00:28:30.5	09:11	01:43:31.6	
9	188 Maguire, Bill	496 Plymouth, MN	10	00:10:46.8	02:41	10	00:02:40.3	13	01:04:56.3	19.0	6	00:01:07.2	11	00:27:11.3	08:46	01:46:42.1	
10	191 Willett, Stephen	680 St Paul, MN	14	00:13:06.1	03:16	21	00:03:42.4	9	01:02:35.7	19.7	19	00:02:02.8	9	00:25:25.5	08:12	01:46:52.6	
11	214 Sauerbry, Jim	662 Lindstrom, MN	3	00:08:52.0	02:13	7	00:02:26.5	10	01:04:19.2	19.2	2	00:00:57.2	21	00:32:13.0	10:23	01:48:48.2	
12	223 Chisholm, Tim	1093 North Branch,	12	00:11:21.3	02:50	13	00:02:55.5	15	01:05:49.2	18.8	15	00:01:44.7	12	00:28:03.7	09:03	01:49:54.6	
13	239 Comstock, Manny	418 St. Paul, MN	9	00:09:53.1	02:28	5	00:02:07.9	11	01:04:20.6	19.2	21	00:02:16.4	22	00:32:46.8	10:34	01:51:25.0	
14	260 Stich, Mike	1113 Wyoming, MN	19	00:14:52.8	03:43	14	00:03:00.5	12	01:04:42.0	19.1	17	00:01:54.4	16	00:29:05.0	09:22	01:53:35.0	
15	265 Haller, Paul R.	1081 Minneapolis,	21	00:15:11.0	03:47	16	00:03:06.7	14	01:05:32.9	18.9	20	00:02:08.4	13	00:28:04.3	09:03	01:54:03.6	
16	289 Jost, Doug	379 Centerville, MN	17	00:14:11.8	03:32	18	00:03:16.1	17	01:09:08.5	17.9	8	00:01:09.8	19	00:30:16.9	09:46	01:58:03.3	
17	293 Swanson, David	1012 St Paul, MN	6	00:09:45.3	02:26	1	00:01:28.0	24	01:22:32.7	15.0	9	00:01:10.0	2	00:23:27.0	07:33	01:58:23.3	
18	307 Ohlsen, Greg	1200 Maplewood, MN	25	00:19:14.0	04:48	19	00:03:26.7	16	01:09:04.8	17.9	23	00:02:41.8	10	00:25:34.8	08:15	02:00:02.4	
19	314 Tatone, Marc	424 Golden Valley,	22	00:15:39.8	03:54	17	00:03:07.0	20	01:12:09.0	17.1	22	00:02:27.1	14	00:28:20.8	09:08	02:01:44.0	
20	317 Wachutka, Ed	763 Chisago City,	23	00:16:48.5	04:12	20	00:03:35.0	18	01:11:20.0	17.3	7	00:01:08.8	18	00:29:42.1	09:34	02:02:34.6	
21	322 Orluck, Mark	630 Buffalo, MN	15	00:13:39.6	03:24	23	00:04:33.7	19	01:12:01.2	17.2	12	00:01:33.1	20	00:31:29.9	10:09	02:03:17.8	
22	334 Piper, David	804 Minneapolis,	16	00:13:45.7	03:26	22	00:03:48.1	22	01:17:59.4	15.8	14	00:01:36.1	17	00:29:38.2	09:33	02:06:47.7	
23	362 Lines, Kevin	1048 North Branch,	18	00:14:13.0	03:33	24	00:05:16.9	21	01:12:40.3	17.0	24	00:02:50.2	24	00:39:04.4	12:36	02:14:05.0	
24	375 Johnson, Mitch	1144 Hugo, MN	24	00:16:51.7	04:12	9	00:02:38.4	23	01:21:52.7	15.1	13	00:01:35.3	25	00:39:21.4	12:41	02:22:19.7	
25	390 Lund, Kevin	1193 Rochester, MN	20	00:14:58.6	03:44	25	00:08:58.0	25	01:33:49.4	13.2	25	00:09:02.2	23	00:36:00.0	11:36	02:42:48.4	
	Daudt, Robert	968 Edina, MN														DNS	
	Coryell, Scott	722 St Paul, MN														DNS	
	Hoostal, Kevin	370 Burnsville, MN														DNS	

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Age Group Field: 12

1	70 Wheeler, Rick E.	765 River Falls, WI	1	00:10:52.9	02:43	1	00:01:51.8	1	00:58:36.4	21.1	2	00:00:59.0	2	00:23:57.0	07:43	01:36:17.3	
2	78 Flynn, Mike	802 Elk River, MN	5	00:11:36.3	02:54	2	00:02:27.1	2	00:58:48.6	21.0	3	00:01:11.1	1	00:23:04.3	07:26	01:37:07.7	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1		0.6 mi bike			T-2		3.1 mi run		7/29/2007			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
3	146 Kartak, Chuck	1005 North Branch,														01:42:56.8	
4	263 Kandiko, Joe	477 Excelsior, MN	3	00:11:24.9	02:51	3	00:02:36.9	3	01:06:32.5	18.6	6	00:01:29.9	7	00:31:51.6	10:16	01:53:55.9	
5	292 Pohlkamp, Terry	739 Scandia, MN	7	00:17:33.2	04:23	4	00:03:45.2	5	01:10:42.6	17.5	1	00:00:56.5	4	00:25:24.0	08:11	01:58:21.7	
6	295 Wilson, Justin	1009 Chisago City,	6	00:15:53.6	03:58	7	00:04:12.4	6	01:11:37.3	17.3	7	00:01:41.5	3	00:25:14.0	08:08	01:58:38.9	
7	301 Mitchell, Andy	566 Minnetonka, MN	4	00:11:31.3	02:52	8	00:04:31.7	8	01:12:53.3	17.0	5	00:01:24.8	6	00:29:08.3	09:23	01:59:29.6	
8	312 Reich, Thomas	375 Blaine, MN	2	00:11:23.7	02:50	9	00:04:43.0	4	01:08:45.4	18.0	8	00:01:43.5	10	00:34:07.7	11:00	02:00:43.5	
9	341 Johnson, Scott	872 Stillwater, MN	9	00:17:48.7	04:27	5	00:04:03.9	9	01:14:59.7	16.5	10	00:02:24.7	5	00:28:50.8	09:18	02:08:08.0	
10	358 Griggs,	543 Minneapolis,	10	00:21:48.1	05:27	10	00:04:50.4	7	01:12:07.1	17.1	4	00:01:22.3	8	00:32:34.0	10:30	02:12:42.2	
11	368 O'donnell, John	1102 Golden Valley,	8	00:17:42.5	04:25	11	00:05:06.6	10	01:18:58.6	15.6	9	00:01:59.1	9	00:33:52.2	10:55	02:17:39.2	
12	384 Krueger, Tom	1038 Chisago City,	11	00:23:21.9	05:50	6	00:04:11.8	11	01:30:12.1	13.7	11	00:03:53.2	11	00:34:28.7	11:07	02:36:08.0	

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Age Group Field: 13

1	49 Mcmorrow, Patrick	1025 Eden Prairie,	1	00:08:13.4	02:03	1	00:01:47.8	1	00:57:53.9	21.3	3	00:01:14.5	1	00:23:32.3	07:35	01:32:42.1	
2	247 Larson, Larry	400 Stillwater, WI	5	00:13:52.1	03:28	2	00:02:58.9	3	01:05:01.1	19.0	4	00:01:32.4	3	00:29:12.8	09:25	01:52:37.4	
3	284 Fulton, Tom	650 St. Louis Park,	2	00:11:55.1	02:58	5	00:03:46.0	2	01:04:39.5	19.1	8	00:02:15.2	9	00:34:45.4	11:12	01:57:21.4	
4	321 Lea, Robert	772 Minneapolis,	4	00:13:50.7	03:27	6	00:04:21.6	4	01:07:25.9	18.3	10	00:03:50.9	6	00:33:42.1	10:52	02:03:11.4	
5	324 Schmidt, Richard	1090 Lindstrom, MN	7	00:15:51.1	03:57	4	00:03:14.9	7	01:12:26.6	17.1	2	00:01:09.9	5	00:31:31.3	10:10	02:04:14.0	
6	328 Kycek, F J	429 St Paul, MN	9	00:15:58.1	03:59	7	00:04:40.2	8	01:15:29.6	16.4	7	00:01:50.8	2	00:26:57.0	08:41	02:04:56.0	
7	340 Berdan, Don	463 Eden Prairie,	8	00:15:54.2	03:58	8	00:05:25.1	6	01:09:57.1	17.7	6	00:01:49.8	8	00:34:31.8	11:08	02:07:38.3	
8	344 Gaudette, Gerry	1101 Chisago City,	6	00:15:36.7	03:54	10	00:05:42.7	5	01:07:57.3	18.2	9	00:02:56.8	10	00:37:06.5	11:58	02:09:20.1	
9	353 Marinoff, K.J.	1471 Vadnais	10	00:16:33.5	04:08	3	00:03:11.4	9	01:19:51.7	15.5	1	00:00:52.4	4	00:30:36.4	09:52	02:11:05.5	
10	363 Stahl, George	366 Blaine, MN	3	00:12:37.0	03:09	9	00:05:35.2	10	01:20:01.7	15.4	5	00:01:39.7	7	00:34:14.9	11:02	02:14:08.6	
	O'shaughnessy,	911 Rochester, MN														DNS	
	Berglund, Richard	936 Wyoming, MN														DNS	
	Carlson, Roger	875 Stillwater, MN														DNS	

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Age Group Field: 5

1	220 Meck, Don	1026 Siren, WI	1	00:11:30.2	02:52	2	00:04:00.8	1	01:00:25.2	20.5	3	00:03:02.2	2	00:30:32.7	09:51	01:49:31.3	
2	262 Nelson, Lynn	406 Minneapolis,	2	00:14:22.6	03:35	1	00:03:25.7	2	01:06:12.2	18.7	2	00:02:38.0	1	00:27:16.6	08:47	01:53:55.2	
3	351 Schulstrom, Dean	412 Coon Rapids,	3	00:16:54.9	04:13	3	00:05:18.0	3	01:14:07.1	16.7	1	00:01:56.5	3	00:32:10.2	10:22	02:10:26.9	
	Goodwin, David	695 Deephaven, MN														DNS	
	Buerkle, Ron	407 Rush City, MN														DNS	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1		0.6 mi bike		T-2		3.1 mi run		7/29/2007				
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
70-74			Age Group Field: 1														
1	374 Hallberg, Gene	874 Forest Lake, MN	1	00:18:22.9	04:35	1	00:06:27.3	1	01:17:01.7	16.0	1	00:02:30.6	1	00:37:49.9	12:12	02:22:12.6	
75 & over			Age Group Field: 1														
1	376 Jordal, Jim	1123 Center City, MN	1	00:17:25.1	04:21	1	00:05:41.2	1	01:15:38.7	16.3	1	00:02:12.0	1	00:42:07.8	13:35	02:23:05.0	
Female Sprint Distance			Division Field: 376														
15 & under			Age Group Field: 8														
1	111 Dyrud, Rebekah	1161 Plymouth, MN	7	00:17:53.2	04:28	5	00:03:00.1	1	01:06:43.6	18.5	3	00:01:02.9	1	00:23:37.6	07:37	01:52:17.6	
2	163 Ristau, Sophia	1140 St.paul, MN	4	00:14:39.8	03:39	2	00:02:42.1	2	01:10:45.8	17.5	1	00:00:45.7	2	00:27:50.6	08:58	01:56:44.2	
3	249 Carlson, Claire	494 Stillwater, MN	3	00:14:15.2	03:33	4	00:02:56.6	3	01:20:12.8	15.4	2	00:00:47.1	4	00:31:57.3	10:18	02:10:09.3	
4	271 Nascene, Cody	697 Isanti, MN	6	00:16:23.5	04:05	7	00:04:00.9	5	01:22:54.4	14.9	5	00:01:28.0	3	00:30:03.1	09:41	02:14:50.1	
5	279 Harri, Abby	1003 Stillwater, MN	5	00:16:12.5	04:03	6	00:03:34.4	4	01:21:20.1	15.2	6	00:01:33.3	5	00:33:33.9	10:49	02:16:14.4	
6	306 Sapp, Hannah	1151 Chisago City,	2	00:12:45.3	03:11	3	00:02:54.7	6	01:31:29.9	13.5	4	00:01:07.3	6	00:38:17.2	12:21	02:26:34.7	
	Keller, Gabriella	385 Maple Grove,	1	00:07:34.8		1	00:01:50.5									DNF	
	Ristau, Sophia	1189 St Paul, MN														DNF	
16-19			Age Group Field: 22														
1	4 Daniels, Sarah	771 Savage, MN	1	00:07:59.6	01:59	2	00:02:00.5	1	00:59:16.0	20.9	7	00:01:08.7	2	00:21:54.6	07:04	01:32:19.6	
2	32 Berndt, Danielle	915 Bloomington,	5	00:10:52.1	02:43	10	00:02:28.8	5	01:04:44.0	19.1	11	00:01:25.2	1	00:20:45.2	06:41	01:40:15.5	
3	33 Bond, Katie	1267 Minneapolis,	7	00:11:33.5	02:53	1	00:01:54.7	2	01:02:11.2	19.9	12	00:01:28.9	3	00:23:20.4	07:31	01:40:29.0	
4	52 Rasmussen, Becky	751 Depere, WI	3	00:09:24.5	02:21	5	00:02:07.8	3	01:04:00.3	19.3	5	00:01:06.0	10	00:27:49.3	08:58	01:44:28.0	
5	75 Dehmlow, Annie	1168 Forest Lake, MN	12	00:12:57.6	03:14	8	00:02:21.1	4	01:04:43.8	19.1	6	00:01:08.2	7	00:26:49.4	08:39	01:48:00.3	
6	83 Uppgaard, Laura	899 New Brighton,	9	00:12:25.4	03:06	7	00:02:19.4	7	01:07:53.1	18.2	3	00:00:42.7	4	00:25:17.2	08:09	01:48:38.0	
7	91 Sievers, Hannah	565 St.paul, MN	2	00:08:54.1	02:13	4	00:02:06.2	6	01:07:05.8	18.4	15	00:01:33.4	13	00:29:54.1	09:38	01:49:33.8	
8	105 Foss, Megan	1078 Shoreview, MN	8	00:11:35.1	02:53	17	00:03:43.2	9	01:08:39.3	18.0	17	00:01:42.9	5	00:26:09.8	08:26	01:51:50.5	
9	173 Lieser, Alyson	900 New Brighton,	11	00:12:54.5	03:13	6	00:02:11.7	16	01:14:24.1	16.6	10	00:01:12.2	8	00:26:52.9	08:40	01:57:35.5	
10	182 Holcombe, Amy	1035 Minocqua, WI	4	00:10:21.5	02:35	21	00:06:18.9	12	01:13:43.2	16.8	13	00:01:29.8	6	00:26:40.9	08:36	01:58:34.4	
11	192 Fontaine, Lindsey	898 Woodbury, MN	13	00:13:27.1	03:21	16	00:03:32.3	10	01:10:12.7	17.6	20	00:02:11.6	15	00:30:22.8	09:48	01:59:46.7	
12	193 Ristau, Natalie	1141 St. Paul, MN	18	00:15:48.0	03:57	3	00:02:01.6	13	01:13:59.3	16.7	1	00:00:31.5	9	00:27:36.5	08:54	01:59:57.1	
13	202 O'hern, Kelsey	535 North Branch,	10	00:12:37.6	03:09	19	00:03:53.9	8	01:08:38.9	18.0	4	00:00:50.0	18	00:35:07.5	11:19	02:01:08.1	
14	211 Lindstrom, Emily	833 Burnsville, MN	15	00:14:28.5	03:37	14	00:03:13.3	14	01:14:05.2	16.7	14	00:01:30.5	14	00:30:00.2	09:40	02:03:17.9	
15	223 Nelson, Stacy	864 Bloomington,	6	00:11:19.5	02:49	9	00:02:21.6	15	01:14:14.2	16.6	2	00:00:38.0	20	00:36:33.7	11:47	02:05:07.1	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6 mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
16	234 Willett, Chelsea	933 St Paul, MN	16	00:14:30.9	03:37	18	00:03:49.8	18	01:18:31.3	15.7	19	00:01:50.6	11	00:28:03.8	09:03	02:06:46.6	
17	265 Gale, Elise	914 Bloomington,	17	00:15:07.3	03:46	15	00:03:30.6	20	01:24:35.7	14.6	16	00:01:40.3	12	00:29:11.8	09:25	02:14:06.0	
18	269 Kelly, Kaitlin	468 St. Cloud, MN	14	00:13:42.5	03:25	13	00:03:11.5	19	01:21:06.5	15.2	9	00:01:09.9	19	00:35:31.8	11:27	02:14:42.4	
19	277 Newell, Christy	753 Forest Lake, MN	20	00:28:57.2	07:14	11	00:02:55.9	11	01:11:37.3	17.3	8	00:01:08.9	16	00:30:40.4	09:53	02:15:19.9	
20	310 Wilson, Jessica	955 North Branch,	21	00:33:45.6	08:26	12	00:03:02.5	17	01:15:56.5	16.3	18	00:01:49.6	17	00:34:29.1	11:07	02:29:03.5	
21	317 Nelson, Libby	419 Harris, MN	19	00:16:28.0	04:07	20	00:05:04.9	21	01:29:48.6	13.8	21	00:02:42.1	21	00:41:08.9	13:16	02:35:12.8	
	Ristau, Natalie	1188 St Paul, MN														DNS	

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Age Group Field: 41

1	11 Pastorius, Katie	820 Arden Hills, MN	3	00:09:08.4	02:17	1	00:01:10.8	3	00:59:41.3	20.7	10	00:00:56.2	9	00:24:12.4	07:48	01:35:09.3	
2	23 Lambe, Amy	848 Anchorage, AK	4	00:09:20.7	02:20	3	00:02:04.7	4	01:00:37.3	20.4	4	00:00:40.7	10	00:24:56.7	08:02	01:37:40.3	
3	24 Stangl, Heidi	938 Andover, MN	23	00:12:13.5	03:03	2	00:01:48.2	1	00:57:18.9	21.6	19	00:01:23.1	13	00:25:31.8	08:14	01:38:15.7	
4	25 Royter, Lydia	1068 Minneapolis,	29	00:13:16.5	03:19	10	00:02:30.6	2	00:57:41.2	21.4	16	00:01:08.0	8	00:24:01.3	07:44	01:38:37.8	
5	27 Bergstedt,	317 Minnetonka, MN	12	00:10:33.2	02:38	7	00:02:15.4	12	01:05:04.0	19.0	21	00:01:27.2	1	00:19:54.8	06:25	01:39:14.8	
6	36 Steiger, Megan	323 St. Louis Park,	11	00:10:32.8	02:38	5	00:02:13.6	10	01:04:29.2	19.2	5	00:00:41.1	6	00:23:21.2	07:32	01:41:18.0	
7	39 Kosky, Melissa	460 St Louis Park,	27	00:12:58.7	03:14	9	00:02:21.0	6	01:03:51.9	19.4	3	00:00:38.6	4	00:22:55.9	07:23	01:42:46.4	
8	42 Boo, Jill	444 Ramsey, MN	1	00:08:05.3	02:01	12	00:02:34.9	18	01:08:08.4	18.1	11	00:00:57.1	7	00:23:26.1	07:33	01:43:12.0	
9	46 Hedburg, Jennie	949 Eden Prairie,	18	00:11:35.7	02:53	17	00:02:45.9	9	01:04:26.1	19.2	20	00:01:25.0	5	00:23:18.0	07:30	01:43:30.9	
10	49 Tellefsen, Jenna	761 Minneapolis,	14	00:11:05.0	02:46	16	00:02:45.0	16	01:07:19.2	18.4	15	00:01:04.4	2	00:21:41.0	06:59	01:43:54.9	
11	51 Hensch, Lindsay	1134 Bloomington,	8	00:09:54.2	02:28	8	00:02:18.7	15	01:06:25.4	18.6	6	00:00:41.4	11	00:25:08.0	08:06	01:44:27.9	
12	53 Yaeger, Marlene	779 Saint Louis	31	00:14:16.5	03:34	32	00:04:16.2	5	01:02:22.6	19.8	12	00:01:01.1	3	00:22:32.4	07:16	01:44:29.1	
13	78 Berger, Sarah	939 Hugo, MN	21	00:12:10.7	03:02	27	00:03:31.3	8	01:04:16.9	19.2	34	00:02:43.3	12	00:25:30.9	08:13	01:48:13.2	
14	86 Ma, Michelle	814 Bloomington,	24	00:12:42.5	03:10	23	00:03:20.9	11	01:04:47.9	19.1	17	00:01:17.3	14	00:26:45.0	08:37	01:48:53.8	
15	95 Clark, Katie	1112 Stacy, MN	34	00:14:57.3	03:44	20	00:02:53.4	7	01:04:14.5	19.2	2	00:00:37.9	17	00:27:34.1	08:53	01:50:17.4	
16	108 Bischel, Samantha	425 Chippewa Falls,	16	00:11:25.0	02:51	15	00:02:43.2	17	01:07:38.1	18.3	28	00:01:46.9	20	00:28:25.2	09:10	01:51:58.6	
17	124 Gorman, Annie	776 Minneapolis,	2	00:08:10.4	02:02	19	00:02:47.9	25	01:12:33.5	17.0	27	00:01:36.9	19	00:28:18.5	09:07	01:53:27.5	
18	139 Bergner, Jennifer	1058 Minneapolis,	26	00:12:49.6	03:12	21	00:02:56.1	13	01:06:09.3	18.7	31	00:02:04.7	26	00:30:35.3	09:52	01:54:35.3	
19	150 Stolz, Tomery	975 Minneapolis,	35	00:17:16.5	04:19	4	00:02:08.2	19	01:08:10.4	18.1	22	00:01:27.3	15	00:26:46.0	08:38	01:55:48.6	
20	159 Hand, Jenny	971 Farmington	7	00:09:44.3	02:26	29	00:03:44.3	26	01:13:10.1	16.9	23	00:01:27.7	18	00:28:18.3	09:07	01:56:24.8	
21	165 Aldrich, Natalie	715 Minneapolis,	22	00:12:11.8	03:02	25	00:03:24.9	21	01:09:43.2	17.7	18	00:01:18.4	24	00:30:12.0	09:44	01:56:50.5	
22	174 Condra, Alissa	775 Minneapolis,	6	00:09:34.2	02:23	18	00:02:47.7	23	01:11:09.0	17.4	30	00:01:59.4	29	00:32:19.6	10:25	01:57:50.1	
23	176 Kenney, Bridget	579 Minneapolis,	19	00:12:00.3	03:00	34	00:04:52.8	20	01:08:28.9	18.0	26	00:01:32.5	27	00:30:58.6	09:59	01:57:53.3	
24	186 Comstock, Kate	816 St. Paul, MN	17	00:11:25.8	02:51	6	00:02:14.7	24	01:11:33.5	17.3	33	00:02:17.8	28	00:31:29.9	10:09	01:59:01.9	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6 mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
25	187 Undem, Lisa	1044 St. Paul, MN	37	00:18:40.0	04:40	28	00:03:36.9	14	01:06:11.5	18.7	36	00:03:00.3	16	00:27:33.3	08:53	01:59:02.2	
26	227 Braun, Anna	643 Minnetonka, MN	28	00:13:11.7	03:17	33	00:04:18.6	27	01:13:42.2	16.8	32	00:02:08.5	30	00:32:32.6	10:29	02:05:53.8	
27	228 Nguyen, Viet-hanh	844 Saint Paul, MN	9	00:10:04.3	02:31	11	00:02:31.6	32	01:23:48.2	14.7	13	00:01:01.6	22	00:28:29.5	09:11	02:05:55.3	
28	235 Larsen, Kara	467 St. Cloud, MN	30	00:14:12.8	03:33	14	00:02:39.7	28	01:18:48.0	15.7	8	00:00:50.1	25	00:30:18.3	09:46	02:06:49.1	
29	241 Briggs, Maggie	1270 White Bear	25	00:12:43.0	03:10	37	00:05:41.4	22	01:10:58.9	17.4	14	00:01:03.7	32	00:37:51.3	12:12	02:08:18.4	
30	244 Crawford, Kathleen	1470 Orange Park, FL	15	00:11:10.2	02:47	36	00:05:28.3	31	01:22:27.8	15.0	1	00:00:30.9	23	00:29:06.1	09:23	02:08:43.5	
31	261 Dawson, Anna	396 St. Paul, MN	20	00:12:06.4	03:01	35	00:05:00.2	33	01:25:03.9	14.5	35	00:02:56.3	21	00:28:29.1	09:11	02:13:36.2	
32	296 Ryerse, Meghan	1124 Bloomington,	33	00:14:42.7	03:40	13	00:02:36.6	30	01:22:22.3	15.0	9	00:00:51.2	34	00:41:17.8	13:19	02:21:50.8	
33	298 Gray, Emma	550 Minneapolis,	10	00:10:31.9	02:37	24	00:03:24.7	34	01:26:13.4	14.3	7	00:00:42.1	35	00:41:30.5	13:23	02:22:22.7	
34	302 Benson, Sarah	1097 North Branch,	36	00:18:37.1	04:39	22	00:02:59.6	29	01:20:07.3	15.4	25	00:01:31.2	33	00:41:11.8	13:17	02:24:27.2	
35	307 Weisser, Kate	978 Lacrosse, WI	13	00:10:52.6	02:43	30	00:03:46.7	36	01:33:31.0	13.2	24	00:01:28.1	31	00:37:33.5	12:06	02:27:12.1	
36	319 Juday, Amy	825 Mora, MN	32	00:14:39.2	03:39	26	00:03:27.0	35	01:32:19.8	13.4	29	00:01:57.7	36	00:44:25.0	14:19	02:36:49.0	
	Daudt, Jaci	967 Edina, MN	5	00:09:24.0		31	00:04:01.1									DNF	
	Briggs, Maggie	11270 White Bear														DNS	
	Aronson, Jenny	845 Minneapolis,														DNS	
	Hachett, Genna	433 Cedar, MN														DNS	
	Locke, Krystyna	368 Kent, WA														DNS	

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Age Group Field: 74

1	5 Pletsch, Kristin	330 Waconia, MN	5	00:09:00.9	02:15	9	00:01:45.7	1	00:58:03.7	21.3	23	00:01:07.8	6	00:23:16.7	07:30	01:33:15.0	
2	7 Substad, Dawn	648 Minneapolis,	16	00:10:44.9	02:41	2	00:01:33.3	6	00:59:46.2	20.7	17	00:00:59.5	1	00:21:14.2	06:51	01:34:18.3	
3	8 Budde, Sheri	336 Hanover, MN	6	00:09:05.6	02:16	6	00:01:38.3	2	00:58:04.2	21.3	7	00:00:48.6	12	00:24:47.7	07:59	01:34:24.6	
4	10 Stafford, Jennifer	423 Harris, MN	8	00:09:42.2	02:25	1	00:01:27.4	5	00:59:34.0	20.7	28	00:01:15.2	3	00:23:02.7	07:26	01:35:01.7	
5	14 Koehler, Amber	970 Minneaoplis,	4	00:08:47.1	02:11	14	00:02:04.8	4	00:58:32.2	21.1	29	00:01:15.4	11	00:24:42.5	07:58	01:35:22.1	
6	19 Erhard, Stephanie	554 Plymouth, MN	23	00:11:23.4	02:50	3	00:01:34.0	8	01:00:11.4	20.5	5	00:00:46.0	5	00:23:15.9	07:30	01:37:10.9	
7	20 Lick, Karrin	974 Shakopee, MN	3	00:08:37.0	02:09	10	00:01:45.8	7	01:00:00.7	20.6	36	00:01:21.8	15	00:25:28.6	08:13	01:37:14.2	
8	30 Ault, Kimberly	562 Plymouth, MN	14	00:10:33.8	02:38	7	00:01:41.3	3	00:58:12.1	21.2	12	00:00:56.9	29	00:28:18.3	09:07	01:39:42.6	
9	34 Jaax, Becca	656 Eden Prairie,	26	00:11:53.5	02:58	12	00:01:51.7	13	01:03:18.7	19.5	9	00:00:53.0	2	00:22:41.9	07:19	01:40:39.0	
10	35 Vogt, Ann	789 Minneapolis,	20	00:10:55.0	02:43	8	00:01:42.8	9	01:01:22.8	20.1	6	00:00:46.3	19	00:26:13.3	08:27	01:41:00.4	
11	41 Witt, Anna	790 Minneapolis,	19	00:10:52.3	02:43	27	00:02:34.8	15	01:04:22.5	19.2	33	00:01:20.4	8	00:23:51.1	07:41	01:43:01.3	
12	44 Langenfeld,	728 St. Paul, MN	27	00:12:02.4	03:00	25	00:02:33.0	10	01:01:29.8	20.1	25	00:01:09.9	18	00:26:04.4	08:24	01:43:19.7	
13	50 Stoltenburg, Tracie	669 Minneapolis,	7	00:09:32.7	02:23	21	00:02:23.7	30	01:07:17.7	18.4	41	00:01:26.5	7	00:23:34.6	07:36	01:44:15.5	
14	54 Rankin, Andrea	387 Woodbury, MN	33	00:12:37.9	03:09	24	00:02:30.6	19	01:05:15.2	18.9	37	00:01:22.2	4	00:23:03.0	07:26	01:44:49.1	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
15	57 Lindgren, Amy	1049 Duluth, MN	21	00:10:58.5	02:44	45	00:03:27.4	12	01:03:10.3	19.6	55	00:01:56.3	16	00:25:48.4	08:19	01:45:21.2	
16	61 Lindberg, Anne	1266 Saint Paul, MN	2	00:08:21.2	02:05	22	00:02:27.4	23	01:06:07.7	18.7	47	00:01:34.7	25	00:27:48.4	08:58	01:46:19.7	
17	63 Houston, Kristina	660 Minneapolis,	24	00:11:34.8	02:53	26	00:02:34.1	11	01:01:56.0	20.0	24	00:01:08.3	37	00:29:20.9	09:28	01:46:34.2	
18	67 Milliken, Amy	889 Madison, WI	10	00:09:46.7	02:26	28	00:02:35.8	17	01:04:45.3	19.1	14	00:00:58.0	33	00:28:55.2	09:19	01:47:01.1	
19	68 West, Kathleen	774 Minneapolis,	34	00:12:48.3	03:12	11	00:01:51.4	26	01:06:41.3	18.5	43	00:01:28.0	10	00:24:33.3	07:55	01:47:22.5	
20	73 Mielke, Kris	674 Eden Prairie,	48	00:13:38.9	03:24	5	00:01:37.9	14	01:04:10.4	19.3	8	00:00:49.0	24	00:27:35.8	08:54	01:47:52.1	
21	74 Shevlin, Krista	924 Edina, MN	30	00:12:32.0	03:08	29	00:02:37.3	24	01:06:32.8	18.6	15	00:00:58.6	14	00:25:16.4	08:09	01:47:57.3	
22	80 Anderson, Stacey	1136 Chisago City,	50	00:13:41.0	03:25	20	00:02:22.2	25	01:06:40.7	18.5	22	00:01:07.6	9	00:24:25.2	07:52	01:48:17.0	
23	85 Turman, Abigail	859 Minneapolis,	36	00:12:58.7	03:14	4	00:01:35.5	22	01:05:51.5	18.8	39	00:01:22.5	22	00:27:02.2	08:43	01:48:50.7	
24	88 Larson, Amy	308 Plymouth, MN	41	00:13:16.5	03:19	13	00:01:59.2	18	01:04:53.1	19.0	1	00:00:36.2	28	00:28:14.9	09:06	01:49:00.2	
25	104 Barta, Lisa	762 Rice Lake, WI	39	00:13:09.3	03:17	18	00:02:15.5	32	01:07:30.6	18.3	3	00:00:44.1	27	00:28:00.8	09:02	01:51:40.5	
26	107 Diederich, Marcia	1183 Hudson, WI	1	00:07:04.6	01:46	51	00:03:48.5	43	01:12:02.4	17.2	44	00:01:28.1	23	00:27:32.5	08:53	01:51:56.2	
27	109 Swing, Michele	1121 Minneapolis,	51	00:13:52.8	03:28	41	00:03:23.2	16	01:04:27.2	19.2	56	00:02:02.2	30	00:28:20.3	09:08	01:52:05.9	
28	114 Houle, Becky	480 Wyoming, MN	42	00:13:16.6	03:19	35	00:02:50.3	37	01:09:48.2	17.7	2	00:00:43.9	17	00:26:00.4	08:23	01:52:39.6	
29	118 Petersen, Andrea	1014 Minneapolis,	38	00:13:07.6	03:16	56	00:04:22.0	20	01:05:20.7	18.9	59	00:02:22.0	26	00:27:48.6	08:58	01:53:01.2	
30	122 Schmitz, Bridget	546 St Paul, MN	28	00:12:06.8	03:01	19	00:02:19.1	29	01:07:05.3	18.4	40	00:01:24.0	43	00:30:30.4	09:50	01:53:25.8	
31	127 Eischens, Shawna	908 Eagan, MN	40	00:13:10.8	03:17	36	00:02:53.2	28	01:06:51.6	18.5	32	00:01:19.4	36	00:29:17.0	09:26	01:53:32.3	
32	131 Posey, Jennifer	1145 Center City, MN	18	00:10:47.0	02:41	43	00:03:24.2	41	01:11:17.6	17.3						01:53:56.2	
33	136 Pouliot, Anna	1076 North Branch,	12	00:10:00.3	02:30	53	00:03:55.5	40	01:10:37.8	17.5	38	00:01:22.3	32	00:28:26.5	09:10	01:54:22.6	
34	137 Jacobson, Karina	553 Lino Lakes, MN	22	00:11:07.7	02:46	16	00:02:12.0	33	01:07:59.4	18.2	21	00:01:03.3	50	00:32:00.1	10:19	01:54:22.8	
35	148 Mcfarland, Katie	497 Minneapolis,	29	00:12:09.9	03:02	33	00:02:46.6	39	01:10:27.4	17.5	4	00:00:45.8	39	00:29:36.5	09:33	01:55:46.4	
36	153 Pechmann,	1087 Lindstrom, MN	17	00:10:45.5	02:41	40	00:03:21.2	47	01:13:53.4	16.7	20	00:01:02.3	21	00:26:50.1	08:39	01:55:52.6	
37	155 Bobzin, Patty	555 Dresser, WI	54	00:14:42.2	03:40								42	00:30:18.5		01:56:00.8	
38	156 Griggs, Jaime	544 St Paul, MN	52	00:14:01.4	03:30	15	00:02:06.8	27	01:06:44.8	18.5	54	00:01:55.0	46	00:31:14.9	10:04	01:56:03.1	
39	160 Klietz, Kim	737 St Louie Park,	35	00:12:55.9	03:13	34	00:02:50.1	44	01:12:42.8	17.0	35	00:01:21.5	20	00:26:39.1	08:35	01:56:29.6	
40	161 Storm, Amber	1195 Holmen, WI	49	00:13:39.1	03:24	32	00:02:44.6	31	01:07:18.9	18.4	18	00:00:59.6	48	00:31:48.6	10:15	01:56:31.0	
41	169 Eibensteiner, Julie	356 Blaine, MN	47	00:13:33.6	03:23	17	00:02:15.3	36	01:08:58.5	17.9	34	00:01:20.6	45	00:31:00.9	10:00	01:57:09.1	
42	177 Tatro, Anne	589 Maplewood, MN	31	00:12:32.7	03:08	23	00:02:29.5	53	01:17:02.9	16.0	13	00:00:57.5	13	00:24:52.0	08:01	01:57:54.8	
43	180 Barnes, Erin	795 Minneapolis,	9	00:09:42.5	02:25	38	00:03:09.4	50	01:15:15.9	16.4	19	00:01:02.0	34	00:29:02.0	09:21	01:58:11.9	
44	185 Bischel, Christie	417 Shakopee, MN	11	00:09:57.6	02:29	44	00:03:26.6	42	01:11:35.5	17.3	31	00:01:17.6	52	00:32:33.0	10:30	01:58:50.4	
45	196 Metzger, Mandy	451 Minneapolis,	63	00:16:25.1	04:06	52	00:03:55.1	21	01:05:38.5	18.8	57	00:02:16.4	49	00:31:59.2	10:19	02:00:14.5	
46	197 Martin, Amy	920 Eden Prairie,	62	00:16:17.4	04:04	46	00:03:29.8	35	01:08:53.5	17.9	10	00:00:53.9	44	00:30:40.6	09:53	02:00:15.4	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1		0.6mi bike			T-2		3.1 mi run		7/29/2007			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
47	200 Griggs, Karlene	545 Shakopee, MN	32	00:12:37.2	03:09	30	00:02:37.9	38	01:09:58.0	17.7	42	00:01:27.6	55	00:34:01.2	10:58	02:00:42.2	
48	207 Hahn, Katie	493 Minneapolis,	45	00:13:29.3	03:22	58	00:04:35.9	34	01:08:12.7	18.1	30	00:01:15.5	57	00:34:48.5	11:13	02:02:22.1	
49	208 Hein, Katie	902 Minneapolis,	25	00:11:51.6	02:57	31	00:02:39.3	52	01:16:43.2	16.1	26	00:01:12.7	41	00:29:55.9	09:39	02:02:23.0	
50	209 Arnold, Theresa	508 Maricopa, AZ	15	00:10:41.1	02:40	50	00:03:48.5	48	01:13:56.9	16.7	27	00:01:14.0	53	00:32:58.4	10:38	02:02:39.1	
51	230 Huebel, Shanna	840 Lindstrom, MN	46	00:13:29.9	03:22	62	00:05:06.5	45	01:12:57.3	16.9	45	00:01:30.7	54	00:33:20.8	10:45	02:06:25.5	
52	231 Van De Streek,	752 Minneapolis,	64	00:16:36.5	04:09	49	00:03:46.1	46	01:13:49.4	16.7	63	00:02:44.8	38	00:29:29.5	09:30	02:06:26.5	
53	233 Freitag, Lan	489 Minnetonka, MN	59	00:15:48.3	03:57	37	00:03:05.4	55	01:18:27.0	15.8	16	00:00:59.3	31	00:28:25.1	09:10	02:06:45.3	
54	238 Determan, Laura	824 Lindstrom, MN	53	00:14:23.4	03:35	39	00:03:16.0	59	01:19:23.3	15.6	49	00:01:41.1	35	00:29:13.0	09:25	02:07:57.0	
55	242 Samuel, Jessica	461 Saint Paul, MN	37	00:13:00.1	03:15	48	00:03:39.1	54	01:17:14.5	16.0	58	00:02:20.0	51	00:32:14.2	10:23	02:08:28.1	
56	250 Regan, Tracy	527 Minneapolis,	57	00:15:24.0	03:51	54	00:03:58.1	51	01:16:09.6	16.2	11	00:00:55.2	56	00:34:01.4	10:58	02:10:28.5	
57	253 Doherty, Catherine	1062 Portland, OR	56	00:15:18.6	03:49	65	00:06:09.1	56	01:18:27.4	15.8	62	00:02:40.8	40	00:29:38.3	09:33	02:12:14.4	
58	257 Bordsen, Kristy	901 Minneapolis,	58	00:15:25.5	03:51	59	00:04:43.8	49	01:15:13.8	16.4	46	00:01:34.0	59	00:35:46.5	11:32	02:12:43.8	
59	278 Everling, Kjirsten	1040 Minneapolis,	66	00:19:23.9	04:50	55	00:04:16.0	57	01:18:39.9	15.7	60	00:02:23.1	47	00:31:27.8	10:08	02:16:10.9	
60	288 Sumption, Tia	851 Scandia, MN	65	00:18:09.4	04:32	61	00:04:58.9	58	01:19:22.4	15.6	48	00:01:36.5	58	00:34:51.8	11:14	02:18:59.3	
61	290 Flikke, Cassy	734 Chisago City,	60	00:16:07.7	04:01	42	00:03:23.6	60	01:19:41.0	15.5	61	00:02:38.5	61	00:37:10.9	11:59	02:19:01.8	
62	291 Stewart, Amy	633 Maple Grove,	44	00:13:22.1	03:20	64	00:05:49.0	61	01:20:52.3	15.3	64	00:02:47.3	60	00:36:24.0	11:44	02:19:14.8	
63	314 Rydland, Anne	634 Minneapolis,	13	00:10:12.7	02:33	57	00:04:23.9	63	01:33:09.1	13.3	50	00:01:45.7	64	00:43:00.2	13:52	02:32:31.8	
64	316 Schilling,	449 Eden Prairie,	61	00:16:15.3	04:03	47	00:03:29.8	64	01:33:30.6	13.2	51	00:01:47.5	62	00:38:31.8	12:25	02:33:35.2	
65	320 Williams, Scott	826 St. Louis Park,	43	00:13:17.2	03:19	60	00:04:47.7	62	01:32:25.6	13.4	53	00:01:53.1	65	00:44:25.1	14:19	02:36:49.1	
66	326 Puelston, Johanna	943 North Branch,	55	00:15:17.8	03:49	63	00:05:10.3	65	01:38:12.8	12.6	52	00:01:51.1	63	00:40:49.5	13:10	02:41:21.7	
	Krueger, Sarah	666 Minneapolis,														DNS	
	Fee, Megan	700 West Saint														DNS	
	Anderson,	570 Duluth, MN														DNS	
	Okeefe, Karissa	585 Woodbury, MN														DNS	
	Olson, Tawnya	520 Vadnais														DNS	
	Boerboom, Jessica	488 Minneapolis,														DNS	
	Weiss, Katie	440 Minneapolis,														DNS	
	Riedl, Sarah	384 Minneapolis,														DNS	

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Age Group Field: 71

1	2 Delo, Marjie	322 Delavan, WI	3	00:09:18.2	02:19	1	00:01:36.1	1	00:56:37.5	21.8	2	00:00:41.0	2	00:22:03.7	07:07	01:30:16.7	
2	3 Brintnell, Dawn	1259 Saint Paul, MN	6	00:10:04.5	02:31	3	00:01:46.7	2	00:56:51.7	21.7	1	00:00:32.5	3	00:22:14.9	07:10	01:31:30.6	
3	6 Kaitala, Denise	1098 Duluth, MN	2	00:08:35.3	02:08	5	00:01:55.3	4	00:58:44.8	21.0	8	00:00:59.8	7	00:23:58.5	07:44	01:34:14.0	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
4	13 Hermanson, Sara	649	Andover, MN	7	00:10:26.6	02:36	4	00:01:50.0	3	00:58:37.8	21.1	13	00:01:04.3	6	00:23:23.1	07:32	01:35:22.0
5	15 Lindstrom, Tiffany	346	Woodbury, MN	8	00:10:54.7	02:43	10	00:02:06.4	5	00:58:56.4	21.0	3	00:00:49.9	4	00:22:39.3	07:18	01:35:27.0
6	17 Wilcox, Jenny	641	Cottage Grove,	39	00:13:40.5	03:25	8	00:02:02.3	6	00:59:34.1	20.7	40	00:01:36.7	1	00:19:39.5	06:20	01:36:33.3
7	37 Reinsmoen,	1053	St Paul, MN	16	00:11:41.2	02:55	7	00:02:00.2	14	01:03:32.0	19.5	28	00:01:16.3	5	00:23:11.9	07:29	01:41:41.8
8	38 Mcvay, Monica	879	Minneapolis,	13	00:11:28.1	02:52	2	00:01:45.1	9	01:01:34.8	20.1	21	00:01:14.2	9	00:25:46.2	08:18	01:41:48.5
9	56 Lacanne, Beth	513	Rochester, MN	35	00:13:20.4	03:20	35	00:02:57.9	7	01:01:21.6	20.1	20	00:01:13.3	13	00:26:20.6	08:29	01:45:14.0
10	59 Mcarthur, Angela	329	Hudson, WI	14	00:11:30.9	02:52	6	00:01:57.0	13	01:03:29.7	19.5	31	00:01:22.0	16	00:27:38.6	08:55	01:45:58.4
11	64 Nolin, Kristine	809	Minneapolis,	11	00:11:07.3	02:46	28	00:02:39.2	15	01:04:42.0	19.1	51	00:02:02.0	12	00:26:05.9	08:25	01:46:36.5
12	65 Williams, Margaret	706	St. Louis Park,	20	00:12:03.0	03:00	11	00:02:12.0	11	01:01:37.8	20.1	35	00:01:25.8	26	00:29:23.6	09:28	01:46:42.4
13	66 Kalmes, Amy	827	Lino Lakes, MN	21	00:12:05.6	03:01	17	00:02:30.1	20	01:05:35.8	18.8	41	00:01:36.8	8	00:25:11.4	08:07	01:46:59.8
14	69 Amundson, Jill	716	Babcock, WI	4	00:09:19.3	02:19	19	00:02:31.6	12	01:02:43.5	19.7	16	00:01:11.0	41	00:31:43.8	10:14	01:47:29.5
15	70 Andrychowicz,	394	Blaine, MN	9	00:10:54.9	02:43	26	00:02:38.3	17	01:05:22.4	18.9	39	00:01:32.4	15	00:27:01.9	08:43	01:47:30.1
16	72 Karr, Dana	567	Stillwater, MN	24	00:12:35.7	03:08	32	00:02:50.2	10	01:01:36.8	20.1	36	00:01:27.5	24	00:29:02.8	09:22	01:47:33.1
17	77 Rehling, Jennifer	393	Andover, MN	5	00:09:28.9	02:22	13	00:02:17.1	16	01:05:22.3	18.9	12	00:01:03.0	29	00:29:58.4	09:40	01:48:09.8
18	84 Walts, Susan	894	Minneapolis,	1	00:08:27.3	02:06	15	00:02:26.8	24	01:06:55.6	18.5	52	00:02:03.2	23	00:28:51.5	09:18	01:48:44.6
19	96 Crecelius, Cindy	694	Farmington, MN	42	00:14:05.4	03:31	14	00:02:20.2	8	01:01:27.3	20.1	42	00:01:37.6	35	00:30:59.0	09:59	01:50:29.8
20	99 Declercq, Karmin	663	Minneapolis,	55	00:15:21.3	03:50	25	00:02:38.1	18	01:05:23.3	18.9	47	00:01:46.9	10	00:25:46.2	08:18	01:50:55.9
21	116 Lee, Molly	937	Bloomington,	12	00:11:23.3	02:50	20	00:02:31.7	22	01:06:05.9	18.7	60	00:02:44.7	31	00:30:07.2	09:42	01:52:52.9
22	119 Rankin, Stacy	386	Minneapolis,	26	00:12:40.0	03:10	18	00:02:31.3	21	01:05:37.7	18.8	48	00:01:55.2	33	00:30:17.1	09:46	01:53:01.5
23	126 Kehrwald, Natalie	910	Columbus, OH	23	00:12:20.9	03:05	30	00:02:40.9	25	01:07:09.8	18.4	24	00:01:15.0	30	00:30:03.5	09:41	01:53:30.3
24	130 Smith, Melissa	781	Brooklyn Park,	10	00:11:04.0	02:46	36	00:03:00.3	19	01:05:30.1	18.9	34	00:01:24.5	43	00:32:55.8	10:37	01:53:54.9
25	134 Lavoie, Elizabeth	1077	Chisago Lakes,	15	00:11:34.3	02:53	34	00:02:56.0	42	01:12:49.2	17.0	6	00:00:51.6	11	00:25:59.5	08:23	01:54:10.8
26	142 Lium, Mary	647	Lacrosse, WI	32	00:13:11.2	03:17	33	00:02:50.5	29	01:07:57.9	18.2	17	00:01:11.3	27	00:29:42.2	09:34	01:54:53.3
27	145 Bahr, Venisha	934	Minnetonka, MN	52	00:15:04.4	03:46	12	00:02:14.3	28	01:07:37.2	18.3	33	00:01:24.4	20	00:28:41.2	09:15	01:55:01.7
28	146 Zeise, Christina	1072	St Michael, MN	40	00:13:44.9	03:26	9	00:02:05.2	35	01:09:57.3	17.7	38	00:01:32.3	17	00:27:44.7	08:57	01:55:04.6
29	149 Corpus, Raquel	390	Eagan, MN	31	00:13:08.3	03:17	31	00:02:44.6	30	01:08:53.4	17.9	55	00:02:13.2	21	00:28:47.6	09:17	01:55:47.2
30	167 Moe Hoffman, Kari	523	Minneapolis,	28	00:12:49.5	03:12	29	00:02:40.4	33	01:09:10.2	17.9	18	00:01:12.0	36	00:31:11.5	10:03	01:57:03.7
31	171 Carolus, Tana	855	Richfield, MN	38	00:13:37.4	03:24	37	00:03:01.0	36	01:10:03.7	17.6	29	00:01:17.8	25	00:29:16.5	09:26	01:57:16.5
32	179 Kuseske, Jane	972	Minneapolis,	25	00:12:38.6	03:09	52	00:04:04.2	40	01:12:03.0	17.2	61	00:02:50.0	14	00:26:35.7	08:34	01:58:11.7
33	184 Moon, Megan	841	Center City, MN	53	00:15:12.3	03:48	46	00:03:22.4	23	01:06:51.9	18.5	53	00:02:06.8	37	00:31:15.2	10:04	01:58:48.8
34	191 Gurney, Rebecca	675	St Paul, MN	36	00:13:25.5	03:21	16	00:02:27.1	32	01:09:05.9	17.9	15	00:01:09.1	45	00:33:30.1	10:48	01:59:37.9
35	194 Schlukebier, Anne	976	St. Paul, MN	29	00:13:00.9	03:15	22	00:02:35.0	41	01:12:05.2	17.1	30	00:01:20.8	34	00:30:55.4	09:58	01:59:57.6

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
36	199 Kaufman, Kate	954 St. Paul, MN	33	00:13:12.1	03:18	44	00:03:12.8	37	01:10:36.7	17.5	50	00:02:01.4	39	00:31:36.6	10:11	02:00:39.8	
37	206 Gangl, Angela	1105 Mpls, MN	51	00:15:00.1	03:45	21	00:02:32.0	44	01:13:00.1	16.9	23	00:01:15.0	32	00:30:16.8	09:46	02:02:04.2	
38	210 Speight, Tracy	522 Scandia, WI	18	00:11:54.0	02:58	38	00:03:01.0	34	01:09:39.1	17.7	5	00:00:51.6	54	00:37:20.8	12:02	02:02:46.7	
39	212 Roden, Jennifer	551 St. Louis Park,	43	00:14:20.8	03:35	23	00:02:35.4	26	01:07:30.2	18.3	10	00:01:01.3	56	00:37:59.2	12:15	02:03:27.1	
40	216 Varela, Yolanda	450 Minneapolis,	59	00:16:05.1	04:01	53	00:04:05.7	27	01:07:36.0	18.3	58	00:02:16.7	46	00:33:47.9	10:54	02:03:51.6	
41	219 Gallatin, Jillene	501 Scandia, MN	47	00:14:39.8	03:39	54	00:04:15.0	43	01:12:53.1	17.0	26	00:01:16.2	38	00:31:22.2	10:07	02:04:26.6	
42	220 Zemke, Carrie	691 Wyoming, MN	37	00:13:36.0	03:24	42	00:03:09.6	48	01:14:59.7	16.5	27	00:01:16.3	40	00:31:42.4	10:13	02:04:44.3	
43	221 Pendergrass,	457 Minneapolis,	46	00:14:39.4	03:39	43	00:03:12.5	49	01:15:04.0	16.5	54	00:02:08.2	28	00:29:49.9	09:37	02:04:54.2	
44	222 Reedy, Renae	823 Scandia, MN	41	00:13:52.1	03:28	39	00:03:01.5	45	01:13:07.8	16.9	62	00:02:53.2	42	00:31:59.6	10:19	02:04:54.4	
45	224 Maxey, Jenni	560 Stacy, MN	57	00:15:27.0	03:51	40	00:03:04.4	52	01:17:32.4	15.9	19	00:01:12.2	18	00:28:13.1	09:06	02:05:29.3	
46	236 Storkamp, Kari	658 Hastings, MN	17	00:11:43.6	02:55	58	00:04:33.1	47	01:14:44.8	16.5	9	00:01:00.4	51	00:35:42.0	11:30	02:07:44.2	
47	237 Johnson, Julie	358 Ramsey, MN	45	00:14:32.9	03:38	56	00:04:31.6	38	01:11:41.7	17.2	59	00:02:36.9	48	00:34:25.0	11:06	02:07:48.3	
48	247 Mcfarland, Amy	498 Plymouth, MN	22	00:12:19.6	03:04	24	00:02:36.1	39	01:11:51.2	17.2	25	00:01:16.1	61	00:41:13.2	13:17	02:09:16.3	
49	255 Joyce, Denise	521 St Paul, MN	61	00:16:45.9	04:11	45	00:03:12.8	50	01:15:46.8	16.3	7	00:00:53.0	52	00:35:48.7	11:33	02:12:27.4	
50	256 Olson, Tara	525 Inver Grove Hts,	49	00:14:45.2	03:41	27	00:02:39.1	46	01:13:54.3	16.7	4	00:00:50.7	58	00:40:18.0	13:00	02:12:27.6	
51	259 Miller, Heather	935 Stacy, MN	62	00:16:48.5	04:12	47	00:03:23.6	51	01:16:50.0	16.1	45	00:01:44.8	49	00:34:26.1	11:06	02:13:13.3	
52	260 Orman, Sarah	906 Shoreview, MN	48	00:14:41.0	03:40	41	00:03:04.6	56	01:25:48.3	14.4	11	00:01:02.3	19	00:28:38.9	09:14	02:13:15.3	
53	266 Farley, Andrea	360 Blaine, MN	30	00:13:07.2	03:16	60	00:04:59.6	54	01:19:43.6	15.5	49	00:02:00.8	47	00:34:19.6	11:04	02:14:11.0	
54	276 Venhuizen, Joann	495 Brooklyn Park,	27	00:12:48.7	03:12	48	00:03:38.1	31	01:08:53.9	17.9	32	00:01:23.8	63	00:48:30.8	15:38	02:15:15.4	
55	282 Rupert, Susan	453 Forest Lake, MN	19	00:11:58.4	02:59	49	00:03:43.6	53	01:19:15.7	15.6	22	00:01:14.4	60	00:41:05.9	13:15	02:17:18.2	
56	286 Horowitz, Sheyna	1006 Minneapolis,	44	00:14:22.0	03:35	57	00:04:32.0	59	01:28:52.4	13.9	56	00:02:14.3	22	00:28:49.6	09:17	02:18:50.6	
57	301 Vetter, Jodi	792 Minot, ND	60	00:16:08.9	04:02	61	00:05:18.7	57	01:27:24.3	14.1	57	00:02:16.5	44	00:33:07.7	10:41	02:24:16.3	
58	303 Castrovinci,	907 Edina, MN	34	00:13:12.6	03:18	55	00:04:21.8	60	01:29:56.3	13.7	14	00:01:07.9	53	00:35:51.4	11:34	02:24:30.2	
59	308 Sherry, Lynne	540 Robbinsdale,	50	00:14:50.5	03:42	50	00:03:44.5	58	01:28:46.9	13.9	44	00:01:43.2	57	00:38:25.4	12:23	02:27:30.9	
60	309 Schlender,	428 Lindstrom, MN	56	00:15:26.3	03:51	62	00:06:01.3	55	01:23:45.2	14.8	46	00:01:44.9	59	00:40:40.3	13:07	02:27:38.2	
61	315 Hannon, Kay	891 Blaine, MN	63	00:17:06.5	04:16	59	00:04:39.0	62	01:31:55.7	13.4	43	00:01:41.6	55	00:37:26.2	12:04	02:32:49.1	
62	325 Peterson,	905 Hastings, MN	58	00:15:43.4	03:55	51	00:03:50.9	63	01:44:36.3	11.8	37	00:01:30.5	50	00:35:24.6	11:25	02:41:06.0	
63	327 Czerwinski, Keni	374 Lakeville, MN	54	00:15:18.3	03:49	63	00:07:10.3	61	01:31:49.4	13.5	63	00:03:24.9	62	00:45:13.3	14:35	02:42:56.5	
	Herzig, Jessica	989 Forest Lake, MN														DNS	
	Ingham, Kelly	628 Minneapolis,														DNS	
	Dion, Sara	563 Shoreview, MN														DNS	
	Bates, Robin	568 Minneapolis,														DNS	
	Bianconi, Heidi	592 Lakeville, MN														DNS	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1		0.6 mi bike			T-2		3.1 mi run		7/29/2007			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
	Weber, Leah	536															DNS
	Chandler, Amie	430															DNS
	Youngberg, Becky	314															DNS

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Age Group Field: 65

1	12 Kocanda, Laurie	530	Minneapolis,	6	00:10:28.1	02:37	3	00:01:50.4	3	00:58:40.5	21.1	7	00:00:54.3	2	00:23:18.7	07:31	01:35:12.2
2	18 Olsen, Suzie	684	Blue Earth, MN	7	00:10:34.0	02:38	7	00:02:11.0	4	00:59:13.0	20.9	8	00:00:55.5	4	00:23:55.4	07:43	01:36:49.2
3	21 Witmer-Gautsch,	1274	Eden Prairie,	1	00:09:37.0	02:24	9	00:02:12.7	8	01:01:27.6	20.1	13	00:01:03.2	1	00:23:05.9	07:27	01:37:26.7
4	22 Ahlquist, Sara	838	Minnetonka, MN	8	00:10:49.9	02:42	1	00:01:35.8	2	00:58:26.3	21.2	20	00:01:17.9	8	00:25:21.2	08:10	01:37:31.3
5	26 Bronson, Leanne	507	Superior, WI	2	00:09:52.4	02:28	12	00:02:24.1	5	00:59:25.8	20.8	18	00:01:11.9	12	00:26:07.2	08:25	01:39:01.5
6	45 Kent, Christine	476	St Louis Park,	12	00:11:39.8	02:54	19	00:02:40.1	11	01:04:42.4	19.1	2	00:00:46.5	3	00:23:41.8	07:38	01:43:30.7
7	48 Wacek, Lisa	679	Minneapolis,	14	00:12:00.8	03:00	26	00:03:15.0	9	01:02:14.3	19.9	21	00:01:22.4	7	00:25:00.0	08:03	01:43:52.6
8	55 Rutt, Dana	652	Minneapolis,	33	00:14:16.6	03:34	4	00:01:57.2	6	01:00:51.6	20.3	4	00:00:51.3	16	00:27:08.0	08:45	01:45:04.9
9	62 Jud, Carol	584	St. Louis Park,	4	00:10:05.1	02:31	23	00:03:06.2	15	01:05:45.8	18.8	25	00:01:31.8	10	00:25:58.8	08:22	01:46:28.0
10	81 Exner, Denise	1175	Brooklyn Park,	15	00:12:11.3	03:02	10	00:02:22.4	14	01:05:29.4	18.9	16	00:01:07.2	17	00:27:15.3	08:47	01:48:25.9
11	87 Bunde, Melissa	1034	Madison Lake,	18	00:12:32.6	03:08	5	00:02:02.1	12	01:04:57.7	19.0	39	00:02:03.1	18	00:27:22.1	08:49	01:48:57.9
12	90 Malen, Melissa	758	Saint Paul, MN	5	00:10:05.9	02:31	24	00:03:07.9	17	01:06:29.1	18.6	12	00:00:59.3	26	00:28:43.2	09:15	01:49:25.4
13	92 Knapp, Alison	531	St Paul, MN	16	00:12:12.4	03:03	31	00:03:29.2	1	00:00:06.8	?	57	01:06:25.7	19	00:27:30.4	08:52	01:49:44.6
14	93 Freytag, Kathryn	591	Eden Prairie,	19	00:12:34.5	03:08	16	00:02:35.7	10	01:04:12.9	19.2	35	00:01:48.7	28	00:28:44.6	09:16	01:49:56.5
15	101 Venuta, Kimberly	1002	Stillwater, MN	10	00:11:17.8	02:49	35	00:03:48.1	22	01:07:58.7	18.2	40	00:02:03.1	11	00:26:03.3	08:24	01:51:11.2
16	103 Riley, Sheila	668	Minneapolis,	42	00:15:42.4	03:55	14	00:02:32.6	7	01:00:52.9	20.3	44	00:02:26.3	30	00:29:42.9	09:35	01:51:17.2
17	106 Dingle, Paula	862	Stillwater, MN	13	00:11:53.6	02:58	18	00:02:38.0	13	01:05:12.6	19.0	33	00:01:47.6	31	00:30:20.2	09:47	01:51:52.2
18	112 Kelly, Amy	807	Saint Paul, MN	35	00:14:24.6	03:36	27	00:03:21.0	21	01:07:54.0	18.2	38	00:02:00.3	6	00:24:40.6	07:57	01:52:20.7
19	113 Haagenson, Kristin	478	Falcon Heights,	9	00:10:55.6	02:43	11	00:02:23.8	27	01:09:46.6	17.7	10	00:00:58.4	24	00:28:28.3	09:11	01:52:32.9
20	117 Nadeau, Elizabeth	724	White Bear				57	00:41:49.2	18	01:06:31.3	18.6	9	00:00:57.2	35	00:31:38.2	10:12	01:53:00.3
21	123 Hovelsrud,	1197	Edina, MN	17	00:12:21.8	03:05	29	00:03:21.6	19	01:07:32.2	18.3	30	00:01:43.1	25	00:28:28.5	09:11	01:53:27.4
22	147 Hill, Amber	561	Chisago City,	24	00:13:00.0	03:15	8	00:02:11.8	26	01:09:34.2	17.8	5	00:00:51.7	29	00:29:35.4	09:32	01:55:13.4
23	151 Krizmanic, Sarah	962	New Hope, MN	3	00:09:59.4	02:29	15	00:02:33.8	25	01:09:07.5	17.9	26	00:01:33.4	38	00:32:38.1	10:31	01:55:52.4
24	157 Gralish, Amy	310	Chisago City,	38	00:14:58.4	03:44	6	00:02:05.8	30	01:10:52.3	17.4	15	00:01:06.1	15	00:27:03.7	08:43	01:56:06.5
25	162 Orning, Pamela	645	Eden Prairie,	30	00:13:22.6	03:20	17	00:02:36.7	16	01:05:49.6	18.8	49	00:03:09.8	34	00:31:34.8	10:11	01:56:33.7
26	164 Mauric, Anne Marie	599	Crystal, MN	36	00:14:38.8	03:39	37	00:03:57.5	23	01:08:40.4	18.0	28	00:01:37.4	21	00:27:51.2	08:59	01:56:45.5
27	166 Elzy, Tammy	303	Lindstrom, MN	27	00:13:13.2	03:18	28	00:03:21.1	24	01:08:51.4	18.0	1	00:00:28.8	33	00:31:05.1	10:01	01:56:59.9
28	181 Carlson Paetznick,	481	Chisago City,	29	00:13:18.0	03:19	13	00:02:27.5	39	01:12:59.5	16.9	11	00:00:58.4	27	00:28:44.4	09:16	01:58:28.0

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
29	183 Schuchmann,	815 Winsted, MN	22	00:12:58.3	03:14	21	00:03:02.7	38	01:12:53.6	17.0	34	00:01:48.6	22	00:27:57.7	09:01	01:58:41.2	
30	189 Brunette, Rebecca	1178 Ham Lake, MN	25	00:13:06.9	03:16	34	00:03:38.6	40	01:13:21.9	16.8	6	00:00:52.4	23	00:28:22.8	09:09	01:59:22.8	
31	195 Fredstrom, Carrie	464 North Branch,	20	00:12:35.3	03:08	25	00:03:14.2	28	01:09:56.4	17.7	3	00:00:51.0	40	00:33:26.6	10:47	02:00:03.6	
32	203 James, Carla	865 Stillwater, MN	11	00:11:23.5	02:50	42	00:04:12.4	29	01:10:49.7	17.5	41	00:02:18.5	39	00:32:39.8	10:32	02:01:24.0	
33	204 Stevens, Laura	798 Mankato, MN	28	00:13:17.5	03:19	33	00:03:37.9	31	01:11:14.9	17.3	45	00:02:35.1	32	00:30:57.7	09:59	02:01:43.4	
34	213 Heilman, Kristine	442 Plymouth, MN	51	00:18:37.4	04:39	2	00:01:41.5	20	01:07:40.6	18.3	23	00:01:23.5	42	00:34:07.5	11:00	02:03:30.7	
35	214 Steffes, Marguerite	654 St Paul, MN	21	00:12:39.2	03:09	22	00:03:04.3	36	01:12:03.0	17.2	27	00:01:34.6	43	00:34:16.7	11:03	02:03:38.1	
36	217 Audette, Barb	1083 Stacy, MN	37	00:14:41.2	03:40	50	00:05:38.6	42	01:15:45.4	16.3	50	00:03:29.6	5	00:24:19.6	07:50	02:03:54.6	
37	218 Bezdicek, Susan	701 Hastings, MN	34	00:14:18.2	03:34	45	00:04:25.0	44	01:17:19.4	16.0	36	00:01:50.9	13	00:26:29.4	08:32	02:04:23.2	
38	225 Hermer, Kim	923 Mankato, MN	32	00:13:48.5	03:27	39	00:03:58.3	37	01:12:36.6	17.0	22	00:01:23.1	41	00:33:43.2	10:52	02:05:30.0	
39	240 Kindell, Alexandra	586 Gilbert, IA	26	00:13:10.3	03:17	36	00:03:55.4	32	01:11:28.8	17.3	51	00:03:37.6	50	00:36:03.5	11:37	02:08:15.8	
40	248 Boeck, Mindy	681 New Bern, NC	40	00:15:26.1	03:51	41	00:04:11.7	41	01:14:07.3	16.7	14	00:01:04.8	45	00:34:49.0	11:13	02:09:39.1	
41	254 Heard, Kay	364 Elk River, MN	44	00:15:48.3	03:57	54	00:09:17.1	47	01:20:16.1	15.4	24	00:01:29.2	9	00:25:31.7	08:14	02:12:22.6	
42	267 Mclane, Suzi	1011 Plymouth, MN	41	00:15:41.4	03:55	30	00:03:28.5	46	01:19:39.6	15.5	48	00:03:00.8	37	00:32:34.9	10:30	02:14:25.4	
43	272 Rhyner, Brenda	1170 Maplewood, MN	55	00:21:19.5	05:19	49	00:05:32.3	45	01:18:47.6	15.7	43	00:02:23.3	14	00:26:54.2	08:40	02:14:57.1	
44	273 Klingler, Jessica	950 Champlin, MN	45	00:15:53.9	03:58	53	00:06:32.6	33	01:11:55.1	17.2	53	00:04:46.9	49	00:36:02.9	11:37	02:15:11.6	
45	274 James, Natina	928 St Paul, MN	47	00:16:38.3	04:09	51	00:05:47.0	34	01:11:57.2	17.2	54	00:04:49.1	47	00:36:00.3	11:36	02:15:12.0	
46	275 Bastiaens,	927 Scandia, MN	23	00:12:59.8	03:14	55	00:09:21.7	35	01:11:57.8	17.2	55	00:04:50.1	48	00:36:02.4	11:37	02:15:12.0	
47	280 Kuusisto, Sarah	353 Forest Lake, MN	54	00:20:11.9	05:02	20	00:02:57.2	52	01:24:24.7	14.6	19	00:01:17.2	20	00:27:46.3	08:57	02:16:37.5	
48	285 Ackard, D	940 Minneapolis,	46	00:16:36.7	04:09	46	00:04:46.5	43	01:16:15.5	16.2	37	00:01:59.5	55	00:38:57.3	12:33	02:18:35.6	
49	294 Tretsven, Sheryl	745 Linstrom, MN	31	00:13:29.9	03:22	40	00:04:04.2	48	01:21:43.8	15.1	46	00:02:35.6	54	00:38:41.6	12:28	02:20:35.4	
50	295 Jennrich, Kim	812 Lino Lakes, MN	43	00:15:45.6	03:56	48	00:04:58.8	49	01:21:44.3	15.1	29	00:01:39.3	52	00:36:28.8	11:46	02:20:37.0	
51	297 Scheele, Ursula	925 North Branch,	53	00:18:56.2	04:44	43	00:04:18.0	50	01:22:30.7	15.0	32	00:01:47.0	44	00:34:45.5	11:12	02:22:17.6	
52	299 Wurscher, Jennifer	556 Forest Lake, MN	48	00:17:20.3	04:20	38	00:03:57.9	51	01:23:39.8	14.8	42	00:02:20.8	51	00:36:13.6	11:41	02:23:32.5	
53	305 Bohn, Deb	1103 Minneapolis,	50	00:18:14.6	04:33	32	00:03:32.0	53	01:26:58.9	14.2	17	00:01:10.4	46	00:35:37.8	11:29	02:25:33.8	
54	313 Triplett, Heather	1055 Chisago City,	39	00:15:08.2	03:47	44	00:04:18.7	55	01:32:10.0	13.4	31	00:01:45.4	53	00:38:30.2	12:25	02:31:52.7	
55	321 Kycek, Lou	435 W St Paul, MN	49	00:17:30.7	04:22	56	00:09:42.5	54	01:30:53.1	13.6	56	00:06:40.9	36	00:32:20.0	10:25	02:37:07.4	
56	330 Srock, Tamara	1264 Inver Grove	52	00:18:53.0	04:43	47	00:04:57.0	56	01:34:53.3	13.0	52	00:04:39.3	57	00:49:06.3	15:50	02:52:29.2	
57	331 Erickson, Leanne	1020 Rochester, MN	56	00:23:24.2	05:51	52	00:06:18.2	57	01:37:15.4	12.7	47	00:02:40.6	56	00:46:01.9	14:50	02:55:40.5	
	Karlman, Kathryn	863 Plymouth, MN														DNS	
	Britton, Mary	756 Minneapolis,														DNS	
	Boulette,	732 Ham Lake, MN														DNS	
	Foster, Jody	411 Harris,														DNS	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1		0.6 mi bike			T-2		3.1 mi run		7/29/2007			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
	Higgins, Kerri	413															DNS
	Haar, Becki	414															DNS
	Larsen, Ilse	437															DNS
	Anderson, Alicia	311															DNS

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Age Group Field: 58

	1 Tuttle, Mary Beth	992		00:07:14.0	01:48		00:01:34.1	2	00:56:09.3	22.0		00:01:04.1	1	00:21:35.3	06:57		01:27:37.1
1	9 Keller, Dawn	904		00:10:18.2	02:34		00:01:39.9	1	00:56:06.2	22.0		00:00:47.4	5	00:26:03.9	08:24		01:34:55.8
2	16 Baird, Deborah	302		00:08:54.0	02:13		00:01:37.4	6	00:59:30.7	20.8		00:00:43.7	2	00:25:28.7	08:13		01:36:14.7
3	29 Skaak-page,	1190		00:10:21.7	02:35		00:02:15.8	3	00:58:07.5	21.3		00:01:55.2	38	00:26:54.8	08:40		01:39:35.2
4	31 Newcomb, Kathy	843		00:10:11.0	02:32		00:02:17.4	4	00:58:12.8	21.2		00:01:24.1	19	00:28:07.3	09:04		01:40:12.8
5	40 Cook, Susan	853		00:13:00.7	03:15		00:02:06.9	5	00:59:17.1	20.8		00:00:56.3	6	00:27:27.9	08:51		01:42:49.1
6	43 Bates, Kathy	503		00:11:00.1	02:45		00:02:17.9	7	01:01:04.6	20.2		00:01:19.9	17	00:27:35.1	08:53		01:43:17.8
7	58 Sexton, Sally	1010		00:12:01.6	03:00		00:02:22.6	9	01:04:00.9	19.3		00:01:52.6	34	00:25:06.5	08:05		01:45:24.4
8	76 Moran, Eileen	541		00:15:16.9	03:49		00:03:12.2	10	01:04:04.8	19.3		00:01:03.4	10	00:24:26.1	07:52		01:48:03.5
9	82 Deichman, Candee	813		00:12:46.5	03:11		00:02:29.0	14	01:05:52.9	18.8		00:01:53.8	35	00:25:32.0	08:14		01:48:34.3
10	89 Winecke, Sally	511		00:10:06.9	02:31		00:03:02.2	8	01:03:03.4	19.6		00:02:55.4	50	00:30:11.5	09:44		01:49:19.5
11	100 Weinaug, Jenny	903		00:11:25.0	02:51		00:02:26.3	13	01:05:03.5	19.0		00:01:32.4	22	00:30:43.0	09:54		01:51:10.4
12	110 Leppke-hennig,	534		00:12:31.6	03:07		00:02:34.3	15	01:06:43.5	18.5		00:01:44.9	29	00:28:40.2	09:14		01:52:14.8
13	115 Reid, Ellen	659		00:11:53.6	02:58		00:02:56.1	12	01:04:43.8	19.1		00:02:00.5	42	00:31:16.6	10:05		01:52:50.7
14	120 Vanderwoude, Lori	811		00:12:00.9	03:00		00:03:05.0	16	01:07:21.9	18.3		00:02:23.6	47	00:28:16.4	09:07		01:53:08.0
15	132 Thomsen, Anne	351		00:12:49.7	03:12		00:02:15.4	19	01:08:46.9	18.0		00:00:40.1	1	00:29:29.8	09:30		01:54:02.1
16	133 Lodico, Karen	1263		00:09:10.7	02:17		00:02:44.5	27	01:10:37.6	17.5		00:01:58.6	39	00:29:35.6	09:32		01:54:07.3
17	135 Mccallum, Lisa	1127		00:09:05.4	02:16		00:04:37.5	20	01:09:02.5	17.9		00:01:13.2	14	00:30:20.9	09:47		01:54:19.6
18	138 Coplien, Tammy	631		00:12:27.2	03:06		00:03:27.0	11	01:04:09.2	19.3		00:02:33.9	49	00:31:45.8	10:14		01:54:23.2
19	140 Collet, Ann	1063		00:17:00.6	04:15		00:02:02.3	22	01:09:18.3	17.8		00:01:28.2	21	00:24:54.8	08:02		01:54:44.5
20	141 Salokar, Cheri	740		00:12:27.2	03:06		00:02:40.4	18	01:07:39.9	18.3		00:01:42.5	27	00:30:20.7	09:47		01:54:50.8
21	152 Graif, Lynn	736		00:13:20.7	03:20		00:02:23.7	21	01:09:10.7	17.9		00:01:55.0	37	00:29:02.1	09:21		01:55:52.5
22	158 Braun, Mary	472		00:15:25.1	03:51		00:03:08.9	25	01:10:07.5	17.6		00:01:21.3	18	00:26:14.1	08:27		01:56:17.1
23	168 Kimlinger, Katie	600		00:12:05.0	03:01		00:02:49.1	32	01:13:55.9	16.7		00:01:01.0	9	00:27:16.7	08:47		01:57:07.8
24	170 McGurre, Barb	1271		00:16:48.1	04:12		00:04:11.8	29	01:11:43.3	17.2		00:00:45.1	3	00:23:47.4	07:40		01:57:15.9
25	178 Helgason, Amy	378		00:12:57.1	03:14		00:04:03.1	26	01:10:19.7	17.6		00:02:11.7	44	00:28:33.8	09:12		01:58:05.6
26	190 Mata, Clara	709		00:13:22.8	03:20		00:03:48.3	35	01:14:41.5	16.5		00:02:00.0	41	00:25:35.5	08:15		01:59:28.3

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
27	198 Antisdell, Della	465	Stacy, MN	42	00:16:18.3	04:04	36 00:04:00.9	17	01:07:29.1	18.3	15	00:01:15.7	30	00:31:16.9	10:05	02:00:21.1	
28	201 Dowdal, Bridgid	485	Mantomedi, MN	34	00:14:03.0	03:30	34 00:03:43.7	24	01:09:31.2	17.8	20	00:01:27.7	33	00:32:19.3	10:25	02:01:05.1	
29	205 Poisel, Stephanie	708	Bennington, NE	31	00:13:27.9	03:21	28 00:03:13.1	23	01:09:25.9	17.8	43	00:02:04.9	37	00:33:38.9	10:51	02:01:50.9	
30	226 Nielsen, Sue	514	Wyoming, MN	48	00:18:13.9	04:33	25 00:03:09.8	28	01:10:43.6	17.5	16	00:01:19.7	32	00:32:18.0	10:25	02:05:45.2	
31	229 Gilman, Kathi	319	Chisago City,	11	00:11:18.6	02:49	17 00:02:44.9	38	01:17:17.3	16.0	4	00:00:46.5	40	00:34:08.3	11:00	02:06:15.9	
32	232 Long, Denise	431	St Paul, MN	17	00:12:26.2	03:06	42 00:04:34.3	34	01:14:30.8	16.6	32	00:01:47.6	35	00:33:20.8	10:45	02:06:39.8	
33	239 Wurdemann, Lisa	944	Harris, MN	38	00:15:20.6	03:50	41 00:04:28.0	30	01:12:46.4	17.0	7	00:00:59.3	41	00:34:38.3	11:10	02:08:12.8	
34	246 Neider, Kelly	1110	North Branch,	24	00:12:56.4	03:14	19 00:02:53.9	31	01:13:12.8	16.9	23	00:01:35.7	44	00:38:37.3	12:27	02:09:16.3	
35	251 Miller, Glenda	994	Roberts, WI	35	00:14:30.6	03:37	50 00:05:49.9	33	01:14:20.6	16.6	51	00:03:01.3	36	00:33:28.5	10:47	02:11:11.1	
36	262 Glamoss, Annette	597	Marine, MN	8	00:10:20.0	02:35	45 00:04:40.5	37	01:17:12.9	16.0	30	00:01:45.1	46	00:39:53.6	12:52	02:13:52.3	
37	264 Westemeier, Carol	575	Stacy, MN	41	00:16:15.7	04:03	32 00:03:33.9	40	01:20:23.1	15.4	8	00:01:00.3	34	00:32:50.5	10:35	02:14:03.6	
38	268 Protas, Cheryl	1256	Andover, MN	33	00:13:47.4	03:26	29 00:03:26.1	36	01:16:54.1	16.1	26	00:01:41.6	45	00:38:40.3	12:28	02:14:29.7	
39	270 Dreyer, Jane	986	Scandia, MN	46	00:17:17.4	04:19	33 00:03:42.3	39	01:17:24.3	16.0	45	00:02:11.9	39	00:34:08.1	11:00	02:14:44.3	
40	281 Dunfee, Stefanie	941	Brooklyn Park,	50	00:18:54.2	04:43	31 00:03:28.9	43	01:23:18.5	14.8	12	00:01:04.5	23	00:30:15.9	09:45	02:17:02.3	
41	284 Patterson, Paula	956	Rochester, MN	40	00:15:25.4	03:51	38 00:04:08.0	42	01:22:10.5	15.0	33	00:01:49.6	42	00:34:53.8	11:15	02:18:27.6	
42	289 Mccluskey, Sue	981	Rochester, MN	28	00:13:16.8	03:19	52 00:06:04.6	41	01:20:47.7	15.3	52	00:04:49.1	38	00:34:03.0	10:59	02:19:01.5	
43	292 Taylor, Kristen	559	Centerville, MN	26	00:12:57.9	03:14	26 00:03:10.2	45	01:27:11.0	14.2	13	00:01:10.1	43	00:35:43.6	11:31	02:20:13.0	
44	293 Williamson, Liz	870	St Croix Falls, WI	47	00:18:07.2	04:31	47 00:04:53.8	44	01:25:15.0	14.5	28	00:01:44.5	26	00:30:29.1	09:50	02:20:29.7	
45	304 Evensen, Kerry	1162	Stillwater, MN	32	00:13:47.0	03:26	48 00:05:17.7	50	01:32:48.9	13.3	40	00:01:59.8	28	00:31:14.2	10:04	02:25:07.9	
46	311 Hauge, Amy	1054	Fridley, MN	21	00:12:44.3	03:11	44 00:04:37.9	48	01:28:25.8	14.0	25	00:01:39.2	47	00:41:47.2	13:28	02:29:14.5	
47	318 Hutchinson,	1061	Forest Lake, MN	36	00:14:45.6	03:41	46 00:04:53.3	46	01:28:11.6	14.0	36	00:01:54.9	51	00:46:51.2	15:06	02:36:36.8	
48	324 Jordan, Linda	703	Potomac, MD	52	00:19:43.0	04:55	40 00:04:16.7	47	01:28:25.4	14.0	46	00:02:15.5	49	00:45:00.3	14:31	02:39:41.1	
49	328 Thorsen, Laura	749	Lindstrom, MN	49	00:18:35.3	04:38	51 00:05:57.9	51	01:33:54.0	13.2	48	00:02:25.2	48	00:42:56.5	13:51	02:43:49.2	
50	329 Kammerer, Valerie	731	Chisago City,	51	00:19:23.8	04:50	22 00:03:04.3	49	01:30:36.5	13.6	24	00:01:38.3	52	00:49:53.7	16:05	02:44:36.9	
51	333 Ramich, Laura	747	Luck, WI	43	00:16:25.4	04:06	49 00:05:38.4	52	01:57:35.8	10.5	31	00:01:45.3	50	00:45:50.0	14:47	03:07:15.1	
	Hunter, Barbara	1070	Colfax, WI													DNS	
	Boyce, Mary	768	Roseville, MN													DNS	
	O'brien, Julie	528	Eden Prairie,													DNS	
	Farrell, Brenda	549	Grant, MN													DNS	
	Carr Oxley, Marjie	372	Roseville, MN													DNS	
	Peterson, Sarah	383	Chanhassen,													DNS	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1		0.6 mi bike			T-2		3.1 mi run		7/29/2007			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
45-49			Age Group Field: 26														
1	47 Koester, Tamara	587	Mahtomedi, MN	1	00:09:45.6	02:26	3	00:02:21.7	2	01:02:34.6	19.8	5	00:01:25.3	5	00:27:36.6	08:54	01:43:43.9
2	60 Gruenhagen,	1261	Saint Paul, MN	13	00:13:44.5	03:26	1	00:01:44.8	1	01:01:55.5	20.0	12	00:01:43.5	4	00:27:07.2	08:44	01:46:15.8
3	79 Ziegler, Catherine	1086	North Branch,	4	00:11:28.6	02:52	2	00:02:03.8	3	01:03:49.5	19.4	7	00:01:35.9	9	00:29:15.3	09:26	01:48:13.3
4	97 Rubin, Katherine	1095	Duluth, MN	2	00:10:28.4	02:37	15	00:03:57.0	12	01:08:39.2	18.0	8	00:01:36.5	1	00:25:50.9	08:20	01:50:32.2
5	98 Machus, Cindy	638	Mahtomedi, MN	10	00:12:44.7	03:11	14	00:03:45.8	4	01:04:47.6	19.1	11	00:01:41.7	6	00:27:37.3	08:54	01:50:37.3
6	121 Brown, Lisa	796	Minneapolis,	14	00:13:44.9	03:26	9	00:03:01.5	6	01:04:51.1	19.1	14	00:01:58.6	10	00:29:44.1	09:35	01:53:20.4
7	125 Hale, Ann	373	Chisago City,	7	00:11:58.6	02:59	5	00:02:35.9	13	01:11:09.6	17.4	1	00:00:47.8	3	00:26:56.7	08:41	01:53:28.8
8	128 Seubert, Mary	635	Maple Grove,	9	00:12:32.4	03:08	6	00:02:45.8	7	01:06:14.6	18.7	17	00:02:18.4	11	00:29:56.2	09:39	01:53:47.6
9	129 Arnold, Terry	456	Lindstrom, MN	3	00:10:32.3	02:38	10	00:03:13.7	9	01:08:14.8	18.1	4	00:01:02.0	12	00:30:47.3	09:55	01:53:50.2
10	143 Datta, Yvonne	800	Minneapolis,	19	00:17:20.6	04:20	4	00:02:35.3	5	01:04:48.9	19.1	10	00:01:41.5	8	00:28:26.9	09:10	01:54:53.4
11	144 Flato, Rose	1265	St Paul, MN	11	00:13:29.1	03:22	8	00:02:57.6	10	01:08:18.3	18.1	15	00:02:07.7	7	00:28:03.5	09:03	01:54:56.3
12	154 Gruntner, Linda	557	Chicago City,	6	00:11:49.0	02:57	12	00:03:36.0	8	01:07:31.3	18.3	9	00:01:41.2	14	00:31:22.3	10:07	01:56:00.0
13	175 Kenney, Molly	580	Minneapolis,	8	00:11:59.2	02:59	19	00:04:55.1	11	01:08:26.5	18.1	6	00:01:33.7	13	00:30:58.5	09:59	01:57:53.2
14	188 Montes, Renee	542	Forest Lake, MN	15	00:15:14.4	03:48	11	00:03:18.7	15	01:13:24.8	16.8	2	00:00:49.9	2	00:26:14.5	08:27	01:59:02.4
15	245 Leaf, Kirsten	1088	Center City, MN	5	00:11:45.8	02:56	7	00:02:56.9	19	01:20:46.2	15.3	3	00:00:59.8	15	00:32:41.3	10:32	02:09:10.1
16	258 Lindberg, Barb	984	Menomonie, WI	17	00:16:43.3	04:10	16	00:04:00.5	14	01:13:20.4	16.9	18	00:02:28.1	17	00:36:33.9	11:47	02:13:06.5
17	263 Morchinek,	817	Stillwater, MN	12	00:13:42.1	03:25	13	00:03:43.5	16	01:17:13.1	16.0	13	00:01:45.9	18	00:37:36.9	12:08	02:14:01.6
18	287 Papez, Carrie	721	Kiel, WI	16	00:16:36.6	04:09	17	00:04:12.7	17	01:17:48.9	15.9	16	00:02:15.7	19	00:38:02.0	12:16	02:18:56.2
19	312 Wiza, Linda	836	Chisago City,	22	00:17:59.1	04:29	21	00:07:16.0	18	01:20:32.4	15.3	20	00:03:51.7	20	00:41:08.5	13:16	02:30:47.8
20	322 Casper, Dannette	436	Minnetonka, MN	21	00:17:31.6	04:22	22	00:09:44.9	21	01:31:52.9	13.5	22	00:05:39.6	16	00:34:08.3	11:00	02:38:57.5
21	323 Krueger, Wendy	1037	Chisago City,	20	00:17:30.3	04:22	18	00:04:46.0	20	01:30:20.1	13.7	21	00:05:24.4	21	00:41:35.1	13:24	02:39:36.2
22	332 Nelson, Carol	959	Harris, MN	18	00:17:14.9	04:18	20	00:05:07.6	22	01:40:27.6	12.3	19	00:03:33.2	22	00:53:15.4	17:10	02:59:39.0
	Gibbs, Susan	912	Waterman, IL														DNS
	Goldberg, Cheryl	506	Duluth, MN														DNS
	Wolf, Roberta	510	St Paul, MN														DNS
	Pals, Kathy	426	Eagan, MN														DNS
50-54			Age Group Field: 7														
1	28 Minder Chatterton,	324	Shoreview, MN	1	00:08:47.7	02:11	4	00:03:09.9	1	01:00:20.6	20.5	2	00:01:21.2	2	00:25:42.9	08:17	01:39:22.6
2	71 St. Pierre, Toni	596	Minneapolis,	5	00:13:31.8	03:22	1	00:02:21.5	3	01:03:36.6	19.4	3	00:01:39.7	3	00:26:22.7	08:30	01:47:32.4
3	94 Peterson, Julie	404	Cambridge, MN	2	00:12:00.4	03:00	3	00:03:04.6	2	01:03:08.2	19.6	7	00:02:20.4	4	00:29:39.7	09:34	01:50:13.5
4	102 Schmidt, Douglas	977	Osceola, WI	4	00:12:51.2	03:12	5	00:03:10.2	4	01:10:14.6	17.6	1	00:01:10.8	1	00:23:49.9	07:41	01:51:16.8

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6 mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
5	172 Rupp, Cynthia	1118 Stillwater, MN	3	00:12:18.1	03:04	2	00:02:46.9	5	01:10:39.0	17.5	4	00:01:42.2	5	00:30:06.9	09:42	01:57:33.3	
6	243 Skyrms, Leslie	909 Hopkins, MN	7	00:13:50.8	03:27	6	00:04:05.8	6	01:14:50.7	16.5	5	00:01:59.3	6	00:33:47.0	10:53	02:08:33.7	
7	300 Hollister, Julie	483 Maple Grove,	6	00:13:47.4	03:26	7	00:04:10.0	7	01:29:08.0	13.9	6	00:02:05.5	7	00:34:57.6	11:16	02:24:08.7	

55-59

Age Group Field: 3

1	252 Flory, Becky	371 St Paul, MN	2	00:20:26.1	05:06	2	00:04:29.5	1	01:14:11.5	16.7	1	00:01:53.7	1	00:30:34.8	09:51	02:11:35.9	
2	283 Wilson, Gail	783 Chisago City,	1	00:16:47.9	04:11	1	00:03:56.6	2	01:20:48.5	15.3	2	00:02:02.1	2	00:34:28.6	11:07	02:18:03.9	
	Wheeler, Lisa	766 River Falls, WI															DNS

60-64

Age Group Field: 1

1	215 West, Bonnie	797 St Paul, MN	1	00:13:32.2	03:23	1	00:04:32.2	1	01:12:40.7	17.0	1	00:02:37.8	1	00:30:21.0	09:47	02:03:44.1	
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Clydesdale Sprint Distance

Division Field: 51

Age Group Field: 51

1	Schmeichel, Don	338 Andover, MN		00:07:30.5	01:52	1	00:01:27.1	1	00:51:56.2	23.8	3	00:00:44.3	3	00:24:40.6	07:57	01:26:19.0	
2	Scrabeck,	725 Preston, MN		00:09:17.1	02:19	3	00:01:55.6	4	00:55:21.2	22.3	25	00:01:41.2	1	00:22:46.4	07:20	01:31:01.7	
3	Kreuziger, Travis	868 Inver Grove		00:09:35.6	02:23	4	00:01:56.4	2	00:53:53.4	22.9	13	00:01:11.1	5	00:25:27.7	08:12	01:32:04.4	
4	Gaffer, Steve	883 New Richmond,		00:08:15.3	02:03	11	00:02:16.5	5	00:56:59.5	21.7	19	00:01:24.9	9	00:26:10.6	08:26	01:35:07.0	
5	Stahl, Josh	397 Minnetonka, MN		00:10:08.4	02:32	5	00:01:57.4	6	00:57:10.9	21.6	4	00:00:50.8	8	00:26:05.6	08:25	01:36:13.3	
6	Corbett, Daniel	438 Northfield, MN		00:10:05.8	02:31	10	00:02:16.5	9	00:57:59.2	21.3	30	00:01:48.8	4	00:25:02.5	08:04	01:37:13.1	
7	Laubscher, Rob	334 Stillwater, MN		00:08:11.9	02:02	2	00:01:41.7	15	00:59:02.9	20.9	12	00:01:10.5	16	00:28:00.1	09:01	01:38:07.4	
8	Cayford, Jeff	871 Stillwater, MN		00:09:56.0	02:29	6	00:01:58.8	3	00:55:13.1	22.4	5	00:00:57.6	25	00:30:13.5	09:45	01:38:19.1	
9	Walts, Brandon	893 Minneapolis,		00:07:56.9	01:59	19	00:02:42.1	10	00:58:23.9	21.2	8	00:01:03.5	19	00:28:55.3	09:19	01:39:01.9	
10	Becker, Tom	515 Victoria, MN		00:10:06.3	02:31	7	00:02:11.0	11	00:58:31.8	21.1	11	00:01:08.6	14	00:27:17.4	08:48	01:39:15.2	
11	Van Sickle, Richard	1045 Minneaplis,		00:10:43.4	02:40	8	00:02:13.2	7	00:57:42.9	21.4	16	00:01:23.2	20	00:29:01.1	09:21	01:41:04.1	
12	Pofahl, Ben	421 Minneapolis,		00:12:30.4	03:07	20	00:02:44.1	12	00:58:40.9	21.1	34	00:02:01.2	6	00:25:29.9	08:13	01:41:26.7	
13	Garrison, Matt	1106 Forest Lake, MN		00:11:19.2	02:49	13	00:02:19.7	8	00:57:47.8	21.4	1	00:00:35.3	24	00:29:39.8	09:34	01:41:42.0	
14	Randall, Robert	564 Center City, MN		00:11:47.2	02:56	40	00:04:09.1	16	00:59:38.9	20.7	32	00:01:52.7	7	00:26:01.5	08:23	01:43:29.5	
15	Ornell, Jeff	326 Champlin, MN		00:12:19.8	03:04	15	00:02:34.6	27	01:05:35.4	18.8	2	00:00:40.8	2	00:23:00.7	07:25	01:44:11.5	
16	Bro, Terrence	408 Woodbury, MN		00:09:49.4	02:27	12	00:02:17.2	21	01:03:24.8	19.5	20	00:01:25.4	17	00:28:01.9	09:02	01:44:58.8	
17	Magnuson, Mark	357 Isanti, MN		00:12:18.3	03:04	22	00:03:01.6	18	01:02:16.3	19.8	7	00:00:59.6	10	00:26:24.9	08:31	01:45:00.9	
18	Suardini, Anthony	573 Rogers, MN		00:09:17.1	02:19	21	00:02:57.1	22	01:03:32.8	19.4	17	00:01:23.3	18	00:28:02.5	09:02	01:45:12.9	
19	Motzko, Chad	805 Richfield, MN		00:10:58.8	02:44	26	00:03:11.8	17	01:01:03.2	20.2	35	00:02:04.2	23	00:29:34.5	09:32	01:46:52.8	
20	Dowdal-osborn,	474 Minneapolis,		00:11:42.8	02:55	16	00:02:35.5	24	01:04:07.0	19.3	15	00:01:21.2	22	00:29:12.1	09:25	01:48:58.8	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
33	21 Herrmann, Andrew	1187 Two Rivers, WI		00:10:15.5	02:33	9	00:02:15.9	25	01:04:08.6	19.3	9	00:01:04.0	29	00:31:28.3	10:09	01:49:12.5	
	22 Schotters, Mike	354 Lino Lakes, MN		00:11:22.1	02:50	31	00:03:27.8	13	00:58:53.3	21.0	31	00:01:51.3	32	00:33:59.9	10:58	01:49:34.6	
	23 Van Sloun, Joe	1057 Minnetonka, MN		00:13:44.6	03:26	32	00:03:39.9	19	01:02:26.3	19.8	44	00:02:35.3	15	00:27:48.0	08:58	01:50:14.3	
	24 Ballmer, Ryan	718 Lakeville, MN		00:12:15.6	03:03	42	00:04:32.6	14	00:59:02.2	20.9	36	00:02:05.3	30	00:32:44.7	10:33	01:50:40.6	
	25 Wehman, Steve	552 Brooklyn		00:11:24.2	02:51	18	00:02:39.2	29	01:06:46.7	18.5	43	00:02:32.1	26	00:30:47.8	09:56	01:54:10.3	
	26 Lawrence, James	640 Minnetonka, MN		00:11:06.3	02:46	36	00:03:48.6	30	01:07:00.0	18.4	33	00:01:53.4	28	00:31:12.2	10:03	01:55:00.7	
	27 Lyons, Russ	869 Chisago City,		00:17:05.3	04:16	30	00:03:23.2	31	01:07:01.7	18.4	6	00:00:58.3	11	00:26:33.2	08:33	01:55:01.9	
	28 Haas, Tom	1107 Forest Lake, MN		00:14:55.3	03:43	35	00:03:46.0	34	01:08:38.6	18.0	10	00:01:07.7	13	00:26:47.5	08:38	01:55:15.2	
	29 Townsend, Brian	867 Rosemount, MN		00:14:25.7	03:36	27	00:03:14.6	20	01:03:18.8	19.5	37	00:02:18.7	31	00:32:59.8	10:38	01:56:17.8	
	30 Beck, Chris	850 Wyoming, MN		00:12:51.4	03:12	17	00:02:38.7	26	01:05:04.0	19.0	42	00:02:29.9	33	00:34:01.7	10:58	01:57:05.8	
	31 Masberg, John	1008 Kilkenney, MN		00:14:18.3	03:34	24	00:03:09.0	41	01:14:01.1	16.7	18	00:01:24.8	21	00:29:05.8	09:23	02:01:59.2	
	32 Schmidt, James	470 St Louis Park,		00:12:05.4	03:01	14	00:02:26.9	36	01:11:09.0	17.4	29	00:01:48.3	34	00:34:50.6	11:14	02:02:20.4	
	33 Weeks, Richard	448 Eden Prairie,		00:13:52.3	03:28	25	00:03:09.5	28	01:06:06.4	18.7	21	00:01:32.3	38	00:37:48.9	12:11	02:02:29.6	
	34 Janes, Tim	881 Shoreview, MN		00:18:39.0	04:39	33	00:03:42.7	33	01:08:15.4	18.1	27	00:01:45.0	27	00:31:06.9	10:02	02:03:29.3	
	35 Roman, Lucas	1171 West St. Paul,		00:11:37.1	02:54	34	00:03:45.6	39	01:13:48.5	16.7	39	00:02:25.2	35	00:35:02.8	11:18	02:06:39.5	
	36 Rost, William	834 River Falls, WI		00:11:33.9	02:53	44	00:04:58.7	23	01:03:33.5	19.4	48	00:03:48.9	47	00:44:23.9	14:19	02:08:19.0	
	37 Goodman, Charles	952 Eagan, MN		00:11:23.4	02:50	23	00:03:06.9	35	01:10:58.6	17.4	47	00:03:12.1	46	00:44:22.9	14:19	02:13:04.1	
	38 Walts, Terence	342 Atlanta, GA		00:11:23.7	02:50	43	00:04:35.1	40	01:13:56.8	16.7	41	00:02:26.7	43	00:40:42.1	13:07	02:13:04.6	
	39 Harens, Thomas	693 Edina, MN		00:12:08.7	03:02	46	00:05:22.1	38	01:12:06.6	17.1	46	00:02:39.1	44	00:41:00.0	13:13	02:13:16.6	
	40 Baker, Ronald	717 Bloomington,		00:19:40.0	04:55	39	00:04:01.9	37	01:11:22.4	17.3	24	00:01:38.6	36	00:36:39.4	11:49	02:13:22.6	
	41 Wiza, Steve	835 Chisago City,		00:15:07.8	03:46	48	00:10:08.5	46	01:20:34.6	15.3	38	00:02:23.0	12	00:26:47.0	08:38	02:15:01.1	
	42 Garrison, James	852 Stacy, MN		00:15:35.3	03:53	45	00:05:22.0	44	01:18:20.6	15.8	22	00:01:37.1	40	00:39:43.6	12:48	02:20:38.8	
	43 Plumbo, Joseph	452 Maplewood, MN		00:14:55.2	03:43	37	00:03:57.5	43	01:18:03.7	15.8	45	00:02:38.4	45	00:41:30.0	13:23	02:21:05.0	
	44 Parenteau, John	960 North Branch,		00:19:25.4	04:51	47	00:05:36.0	42	01:17:09.0	16.0	28	00:01:46.0	37	00:37:25.8	12:04	02:21:22.5	
	45 Hannon, Tim	892 Blaine, MN		00:14:46.2	03:41	38	00:03:58.0	48	01:24:18.5	14.7	14	00:01:16.5	39	00:39:14.1	12:39	02:23:33.5	
	46 Schlender, Scott	427 Lindstrom, MN		00:16:59.1	04:14	41	00:04:30.3	47	01:23:45.1	14.8	26	00:01:44.2	42	00:40:39.7	13:07	02:27:38.7	
	47 Heard, Jake	402 Elk River, MN		00:18:44.6	04:41	29	00:03:21.3	45	01:20:06.4	15.4	23	00:01:38.2	48	00:45:04.9	14:32	02:28:55.6	
	48 Hogenson, Brian	713 Lindstrom, MN		00:17:53.1	04:28	49	00:12:41.7	49	01:31:06.5	13.6	49	00:06:18.6	41	00:40:16.7	12:59	02:48:16.9	
	Danielson, Wally	1133 Shakopee, MN		00:10:43.8		28	00:03:21.0	32	01:07:43.4	18.3	40	00:02:26.2				DNF	
	Barrette, Charles	806 Houlton, WI														DNS	
	Walnofer, Tim	712 Stillwater, MN														DNS	

Athena Sprint Distance

Division Field: 31

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		0.6 mi bike			T-2		3.1 mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
Age/Div																	
Age Group Field: 31																	
	1	Simones, Laura	475	St Paul, MN	00:10:16.0	02:34	14	00:03:48.7	1	00:59:50.3	20.7	13	00:02:00.6	1	00:27:35.0	08:53	01:43:30.7
	2	Manion, Kristin	704	Saint Louis	00:10:51.1	02:42	8	00:03:18.4	2	01:01:47.2	20.0	16	00:02:19.3	6	00:31:26.5	10:08	01:49:42.7
	3	Lindahl, Tara	500	Lindstrom, WI	00:13:55.4	03:28	13	00:03:44.9	5	01:07:52.2	18.2	2	00:00:58.5	2	00:29:19.9	09:27	01:55:51.0
	4	Vanhorn, Tammy	1060	Farmington, MN	00:14:04.4	03:31	7	00:03:14.4	3	01:05:54.0	18.8	9	00:01:40.7	10	00:33:10.0	10:41	01:58:03.8
	5	Shimanski, Beth	642	New Hope, MN	00:08:36.6	02:09	22	00:04:38.5	8	01:11:49.6	17.2	12	00:01:58.7	9	00:32:43.5	10:33	01:59:47.0
	6	Janes, Anji	882	Shoreview, MN	00:10:34.9	02:38	12	00:03:35.1	12	01:13:29.5	16.8	5	00:01:25.2	5	00:31:03.8	10:01	02:00:08.6
	7	Marquis, Susan	595	Lindstrom, MN	00:14:56.3	03:44	26	00:05:38.4	7	01:11:23.2	17.3	15	00:02:01.5	8	00:32:27.2	10:28	02:06:26.8
	8	Hansen, Joleyn	919	Lino Lakes, MN	00:11:56.3	02:59	19	00:04:22.1	14	01:16:04.4	16.2	18	00:02:23.9	7	00:31:42.0	10:13	02:06:28.9
	9	Boerboom, Jane	376	Chisago City,	00:13:26.5	03:21	4	00:03:01.4	16	01:18:12.1	15.8	14	00:02:01.4	3	00:30:09.5	09:43	02:06:51.1
34	10	Rapp, Deanna	492	North Branch,	00:10:48.9	02:42	18	00:04:19.1	6	01:08:07.5	18.1	11	00:01:51.1	24	00:44:07.3	14:13	02:09:14.1
	11	Stock, Sue	1018	Eden Prairie,	00:10:04.3	02:31	9	00:03:22.4	10	01:13:02.4	16.9	20	00:02:29.7	20	00:41:15.7	13:18	02:10:14.7
	12	Ryan, Amy	1039	Bloomington,	00:11:31.4	02:52	6	00:03:14.0	22	01:23:08.9	14.9	17	00:02:19.6	4	00:30:22.7	09:47	02:10:36.8
	13	Meyer, Rachel	655	White Bear	00:13:41.1	03:25	17	00:04:07.2	9	01:12:06.6	17.1	21	00:02:30.0	19	00:39:37.6	12:46	02:12:02.7
	14	Schuder, Jenna	1042	Wyoming, MN	00:16:07.0	04:01	3	00:03:00.1	13	01:13:56.8	16.7	7	00:01:28.1	17	00:38:56.6	12:33	02:13:28.8
	15	Linder, Amy	819	Farmington, MN	00:14:48.2	03:42	5	00:03:08.3	18	01:19:28.6	15.6	19	00:02:28.6	11	00:34:35.5	11:09	02:14:29.4
	16	Knutson, Rebecca	921	Elkhorn, WI	00:16:08.3	04:02	25	00:05:27.5	11	01:13:09.6	16.9	22	00:03:02.9	15	00:36:58.5	11:55	02:14:47.0
	17	Bies, Jennifer	367	Forest Lake, MN	00:12:36.0	03:09	2	00:02:36.2	24	01:24:31.6	14.6	3	00:01:04.3	12	00:35:21.7	11:24	02:16:09.9
	18	Krueger, Jennifer	462	Hudson, WI	00:11:18.4	02:49	20	00:04:29.8	21	01:20:33.6	15.3	1	00:00:57.7	18	00:39:37.3	12:46	02:16:57.1
	19	Hummel, Bobbi	1154	Scandia, MN	00:13:50.1	03:27	10	00:03:28.4	23	01:23:34.8	14.8	8	00:01:33.7	13	00:35:39.1	11:30	02:18:06.3
	20	Vander Heiden,	918	Bloomington,	00:15:35.4	03:53	23	00:04:51.1	20	01:19:53.7	15.5	10	00:01:45.6	14	00:36:26.8	11:45	02:18:32.9
	21	Tucker, Michelle	646	Saint Paul, MN	00:16:20.6	04:05	28	00:06:34.2	15	01:16:34.3	16.1	26	00:05:31.9	16	00:38:11.2	12:19	02:23:12.4
	22	Davis, Nichol	533	St Cloud, MN	00:11:40.8	02:55	11	00:03:33.1	19	01:19:35.7	15.5	6	00:01:26.8	26	00:49:25.6	15:56	02:25:42.3
	23	Higgins, Madonna	887	Center City, MN	00:17:05.2	04:16	24	00:04:53.5	17	01:19:11.9	15.6	23	00:03:48.5	22	00:43:09.8	13:55	02:28:09.1
	24	Daas, Caryn Lyn	727	White Bear	00:15:17.8	03:49	27	00:05:41.9	25	01:28:55.6	13.9	27	00:07:48.3	21	00:41:57.1	13:31	02:39:40.9
	25	Wehman,	930	Brooklyn	00:18:56.2	04:44	15	00:04:02.0	26	01:29:52.3	13.8	25	00:04:30.8	25	00:44:16.8	14:17	02:41:38.2
	26	Tatone, Kathy	931	Golden Valley,	00:17:51.9	04:27	29	00:06:49.2	27	01:34:02.7	13.1	24	00:04:09.1	23	00:43:36.2	14:03	02:46:29.3
15	3	Herrmann, Megan	1186	Two Rivers, , WI	00:12:18.3		1	00:02:26.3	4	01:06:27.6	18.6	4	00:01:21.3				DNF
		Calderon, Alicia	873	Minneapolis,	00:15:45.0		21	00:04:31.8									DNF
		Japs, Stephanie	547	Minneapolis,	00:13:10.4		16	00:04:05.6									DNF
		Haeger, Dana	432	St Paul, MN	00:13:29.8												DNF
		Haskin, Ashley	434	Fridley, MN													DNS

Team - Sprint Distance Relay	0.25 mi swim	T-1	0.6 mi bike	T-2	3.1 mi run	7/29/2007
Place Name Bib	PL swim	Pace m/100m PL T-1	PL bike Pace mph PL T-2	PL T-2	PL run Pace m/mi	Finish Pen

Team - Sprint Distance Relay Triathlon Field: 37

Relay Team Sprint Distance Division Field: 37

Age Group Field: 37

1	Yen, Dahren	613 Arden Hills, MN	Dahren Yen 00:07:55.1 01:58	1 00:00:58.3	Eric Thompson 1 00:48:03.6 25.7	1 00:00:15.5	Aaron Thompson 1 00:17:42.9 05:42	01:14:55.6
2	Hellsiek, Ted	625 Mpls, MN	Ted Hellsiek 00:08:09.0 02:02	5 00:01:07.6	Kevin Olsen 4 00:53:11.6 23.2	4 00:00:23.3	Terry Alexander 3 00:22:12.7 07:09	01:25:04.3
3	Klosterman, Amy	606 St. Paul, MN	Amy Klosterman 00:08:39.2 02:09	3 00:01:05.9	Sam Meier 2 00:52:43.3 23.4	2 00:00:19.8	Karen Dawson 4 00:22:18.0 07:11	01:25:06.4
4	Frandsen, Britt	622 Rush City, MN	Britt Frandsen 00:08:51.8 02:12	7 00:01:08.9	Bob Frandsen 6 00:54:57.8 22.5	3 00:00:21.4	Christine Frandsen 2 00:22:09.7 07:08	01:27:29.8
5	Ko, Frank	610 Houston, TX	Frank Ko 00:12:31.8 03:07	9 00:01:15.2	Tyler Rugglees 3 00:52:45.0 23.4	8 00:00:26.7	Tony Cacace 5 00:23:10.0 07:28	01:30:08.9
6	Jacobsen, Ted	690 W St Paul, MN	Ted Jacobsen 00:09:20.4 02:20	22 00:01:31.2	Brian Ravchwarter 5 00:53:14.6 23.2	26 00:01:13.5	Ted Jacobsen 11 00:25:33.2 08:14	01:30:53.1
7	Ohland, Amy	609 Blaine, MN	Amy Ohland 00:09:22.3 02:20	8 00:01:14.3	Dan Smith 8 00:55:37.6 22.2	13 00:00:31.5	Colleen Finnegan 8 00:24:42.5 07:58	01:31:28.5
8	Jungbauer, Steve	611 Leesburg, IN	Steve Jungbauer 00:09:16.1 02:19	28 00:01:45.3	J Jungbauer 9 00:56:01.2 22.1	9 00:00:27.0	Mike Jungbauer 12 00:25:35.0 08:15	01:33:04.8
9	Skoglund, Krista	605 Marine On St.	Krista Skoglund 00:12:29.5 03:07	2 00:01:05.2	Eric Carlson 10 00:56:14.6 22.0	18 00:00:37.1	Drew Carlson 6 00:23:18.0 07:30	01:33:44.6
10	Galliardi, Susan	616 Oakland, ME	Susan Galliardi 00:11:23.1 02:50	13 00:01:17.4	Josh Quinnell 13 01:01:06.6 20.2	5 00:00:23.7	Sharon Snyder 7 00:24:39.3 07:57	01:38:50.2
11	Carlson, Janell	627 Fridley, MN	Janell Carlson 00:16:21.3 04:05	6 00:01:07.9	Jamie Carr 7 00:55:14.8 22.4	21 00:00:49.9	Liz Sibet 10 00:25:16.8 08:09	01:38:50.9
12	Carlos, Hannah	1138 Bloomington,	Hannah Carlos 00:08:45.6 02:11	14 00:01:19.0	Emily Bartosh 12 01:01:00.1 20.3	14 00:00:31.7	Jennifer Kitrell 22 00:28:25.5 09:10	01:40:02.1
13	Schmidt, Sara	604 Minneapolis,	Sara Schmidt 00:14:21.5 03:35	18 00:01:24.2	Sandy Ingebretson 11 00:59:03.8 20.9	22 00:00:51.5	Steve Davidson 9 00:24:58.7 08:03	01:40:39.8
14	Carlton, Robin	603 St. Paul, MN	Robin Carlton 00:12:05.2 03:01	17 00:01:22.6	John Carlson 14 01:01:10.9 20.2	32 00:02:01.7	John Carlson 13 00:26:11.9 08:27	01:42:52.6
15	Halvorson, Peter	618 Andover, MN	Peter Halvorson 00:12:31.1 03:07	11 00:01:17.2	Barney Coehlo 16 01:02:52.5 19.7	33 00:02:09.0	Treg Brown 14 00:26:22.0 08:30	01:45:12.1

Team - Sprint	Distance	Relay	0.25 mi swim				T-1	0.6 mi bike			T-2	3.1 mi run		7/29/2007				
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	
16	Camerino, David	1180	Eden Prairie,	David Camerino	00:14:07.5	03:31	20	00:01:27.3	Mark Engstrom	15	01:02:18.7	19.8	20	00:00:48.3	19	00:27:29.8	08:52	01:46:11.8
17	Lewis, Ben	1092	Chisago City,	Ben Lewis	00:09:38.5	02:24	24	00:01:32.7	Kevin Backer	21	01:08:23.7	18.1	29	00:01:41.3	16	00:26:52.2	08:40	01:48:08.6
18	Salokar, Spencer	624	Chisago City,	Spencer Salokar	00:12:49.5	03:12	12	00:01:17.2	John Carlson	17	01:04:15.7	19.2	24	00:01:02.4	30	00:31:43.2	10:13	01:51:08.2
19	Brown, Lori	617	Andover, MN	Lori Brown	00:19:15.8	04:48	21	00:01:28.0	Marcy Halvorson	18	01:04:24.9	19.2	23	00:00:52.4	23	00:28:27.6	09:10	01:54:28.9
20	Siguenza, Alexa	601	St. Louis Park,	Alexa Siguenza	00:11:54.7	02:58	32	00:02:02.4	Hannah Sicora	22	01:08:27.8	18.1	25	00:01:03.8	33	00:33:32.7	10:49	01:57:01.6
21	Bishop, Alison	612	Eagen, MN	Alison Bishop	00:11:13.2	02:48	19	00:01:26.1	Paul Blackman	24	01:14:32.4	16.6	31	00:01:51.3	27	00:29:36.0	09:32	01:58:39.2
22	Hock, Tasha	619	Shafer, MN	Tasha Hock	00:19:05.5	04:46	26	00:01:36.8	Julie Wheeler	20	01:07:23.6	18.3	30	00:01:44.4	26	00:29:20.7	09:27	01:59:11.2
23	Larson, Ashley	608	Maple Grove,	Ashley Larson	00:10:23.6	02:35	10	00:01:16.4	Gretchen Seubertt	27	01:19:30.5	15.5	19	00:00:37.7	21	00:27:58.5	09:01	01:59:46.8
24	Henderson, Joe	626	Wyoming, MN	Joe Henderson	00:08:53.0	02:13	23	00:01:32.5	Julie Henderson	25	01:18:15.0	15.8	17	00:00:36.3	31	00:32:44.5	10:33	02:02:01.6
25	Eichten, Partick	1137	Lindstrom, MN	Partick Eichten	00:15:04.4	03:46	31	00:01:52.5	Laren	28	01:19:49.7	15.5	7	00:00:25.6	24	00:28:28.6	09:11	02:05:41.0
26	Schlegel, Karen	1089	Forest Lake, MN	Karen Schlegel	00:17:28.7	04:22	25	00:01:35.4	Gail Hoenie	26	01:19:25.8	15.6	6	00:00:24.4	25	00:28:52.4	09:18	02:07:47.0
27	Gwost, Marty	1143		Marty Gwost	00:27:52.4	06:58	33	00:02:10.6	Doug Gwost	23	01:10:51.4	17.4	16	00:00:32.8	15	00:26:36.5	08:35	02:08:03.8
28	Matos, Natalie	1139	Minneapolis,	Natalie Matos	00:15:12.3	03:48	16	00:01:22.2	Anita Matos	30	01:24:01.3	14.7	28	00:01:33.3	18	00:27:20.8	08:49	02:09:30.1
29	Christiansen,	1091	Lindstrom, MN	Maryls Christiansen	00:19:22.5	04:50	30	00:01:47.5	Sandra Forsman	29	01:23:27.7	14.8	10	00:00:28.5	17	00:27:11.4	08:46	02:12:17.8
30	Clarkin, John	602	Anoka, MN	John Clarkin	00:15:45.4	03:56	34	00:04:44.4	John Clarkin	19	01:06:08.7	18.7	34	00:02:56.9	35	00:44:07.6	14:14	02:13:43.2
31	Johnson, Laural	615	Chauhassen,	Laural Johnson	00:14:59.5	03:44	15	00:01:19.2	Barbara Skubitz	32	01:26:44.6	14.2	11	00:00:29.0	29	00:31:10.4	10:03	02:14:43.0
32	Geiser, Rachel	620	Rochester, MN	Rachel Geiser	00:10:29.1	02:37	29	00:01:45.3	Bruce Patterson	31	01:25:07.7	14.5	27	00:01:22.5	34	00:40:35.5	13:05	02:19:20.2
33	Turman, Avery	614	Lindstrom, MN	Avery Turman	00:17:32.7	04:23	27	00:01:41.4	Dana Flanders	33	01:28:45.8	13.9	15	00:00:32.2	32	00:33:21.5	10:45	02:21:53.8

Team - Sprint Distance Relay	0.25 mi swim	T-1	0.6 mi bike	T-2	3.1 mi run	7/29/2007
Place Name Bib	PL swim Pace m/100m PL	T-1	PL bike Pace mph PL	T-2	PL run Pace m/mi	Finish Pen
34 Morris, Chris 1080 Center City, MN	Chris Morris 00:14:40.0 03:40 35	00:05:25.8	Art Corbin 34 01:40:01.8 12.4	12 00:00:30.2	Jennifer Grant 20 00:27:33.1 08:53	02:28:11.1
35 Fodera, Tiffany 623 Iowa City, IA	Tiffany Fodera 00:18:50.0 04:42 4	00:01:07.3	Ben Kotrba		Nicole Kotrba 28 00:31:06.6	02:32:13.1
Johnson, Laural 607 Chanhassen,	Laural Johnson		Barbara Skubitz		Rachel Roddy	DNS
Jen, Smisson 621 Harris, MN	Smisson Jen		Gabriel Smisson		Rick Smisson	DNS

Individual - Half Ironman Triathlon		1.2 mi swim		Pace		T-1		5.4 mi bike		Pace		T-2		3.1 mi run		Pace		7/29/2007	
Place	Name	Bib	PL	swim	m/100m	PL	T-1	PL	bike	mph	PL	T-2	PL	run	m/mi	Finish	Pen		

Individual - Half Ironman Triathlon Field: 258

Male Half Ironman Distance Division Field: 160

15 & under Age Group Field: 1

1	73 Greenwald, Ben	163 Minneapolis,	1	00:41:30.1	02:08	1	00:03:45.2	1	02:48:03.3	19.8	1	00:00:31.4	1	01:59:27.7	09:07	05:33:17.8
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16-19 Age Group Field: 2

1	52 Malinosh, Marc	225 Poplar, WI	1	00:41:10.4	02:07	1	00:03:10.0	1	02:37:59.4	21.0	1	00:01:52.1	1	01:51:20.3	08:29	05:15:32.4
	Baumgartner,	296 Ham Lake, MN	2	00:54:07.0		2	00:07:01.3	2	03:32:42.2	15.6	2	00:09:47.1				DNF

20-24 Age Group Field: 7

1	14 Behnke, Matt	210 Fond Du Lac, WI	1	00:31:11.6	01:36	4	00:02:48.4	1	02:29:29.0	22.2	2	00:00:47.3	2	01:47:37.0	08:12	04:51:53.5
2	24 Fleener, Kyle	226 Austin, MN	4	00:42:10.7	02:11	1	00:01:46.7	2	02:35:51.7	21.3	1	00:00:45.0	1	01:38:03.3	07:29	04:58:37.6
3	57 Strzok, Ladislaus	255 Duluth, MN	2	00:35:08.4	01:49	2	00:02:09.0	3	02:36:18.3	21.3	3	00:01:00.4	4	02:07:00.8	09:41	05:19:37.1 -2:00
4	101 Schuler, Trevor	16 Chisago City,	3	00:36:54.9	01:54	3	00:02:42.5	4	03:05:31.3	17.9	6	00:02:17.6	5	02:09:22.4	09:52	05:56:48.9
5	112 Holcombe, Norman	256 Minocqua, WI	6	00:50:20.5	02:36	5	00:04:42.1	5	03:10:39.9	17.4	5	00:01:38.1	3	02:02:59.8	09:23	06:10:20.5
6	135 Pieh, Erik	208 Minnetonka, MN	5	00:48:49.8	02:31	6	00:05:24.7	6	03:13:57.0	17.1	4	00:01:05.2	6	02:28:36.2	11:20	06:37:53.1
	Marks, Ian	41 Superior, WI														DNS

25-29 Age Group Field: 23

1	12 Felling, Jim	214 River Falls, WI	2	00:35:52.2	01:51	6	00:02:09.8	6	02:37:13.9	21.1	10	00:01:10.4	2	01:32:49.9	07:05	04:49:16.3
2	15 Richey, Joseph	270 Marion, IA	3	00:37:09.4	01:55	11	00:02:26.3	10	02:41:57.4	20.5	6	00:00:38.2	1	01:29:53.9	06:51	04:52:05.3
3	23 Martens, Bruce	258 St. Peter, MN	15	00:42:22.7	02:11	7	00:02:13.5	4	02:32:25.0	21.8	9	00:01:04.2	4	01:40:01.5	07:38	04:58:07.1
4	28 Cruz, David	205 Eau Claire, WI	11	00:40:26.8	02:05	16	00:03:51.1	9	02:41:10.0	20.6	13	00:01:37.4	3	01:34:05.4	07:10	05:01:10.8
5	30 Sawyer, Donald	150 Minneapolis,	9	00:38:19.7	01:59	20	00:04:21.8	2	02:28:33.2	22.4	16	00:02:22.5	6	01:49:57.6	08:23	05:03:34.9
6	39 Weber, Todd	216 Ames, IA	13	00:41:08.7	02:07	15	00:03:37.2	3	02:31:16.6	22.0	14	00:01:37.6	7	01:50:32.7	08:26	05:08:13.0
7	44 Rosenberg, Brian	135 Crystal, MN	8	00:38:18.0	01:59	2	00:01:35.1	5	02:36:51.4	21.2	4	00:00:35.4	10	01:53:31.8	08:39	05:10:51.8
8	50 Turman, Micah	9 Minneapolis,	1	00:33:15.9	01:43	4	00:02:05.5	8	02:39:36.4	20.8	12	00:01:35.5	12	01:58:38.1	09:03	05:15:11.6
9	58 Hanson, Ben	8 Princeton, MN	6	00:38:05.1	01:58	5	00:02:05.8	7	02:38:06.5	21.0	7	00:00:51.0	13	02:01:17.2	09:15	05:20:25.8
10	64 Abrams, Brendan	137 Minneapolis,	16	00:42:37.3	02:12	9	00:02:24.9	13	02:49:06.4	19.7	8	00:01:01.8	8	01:51:23.5	08:30	05:26:34.2
11	77 Edmonson, Tim	58 Farmington, MN	22	00:48:46.7	02:31	8	00:02:14.8	15	02:49:31.1	19.6	15	00:01:55.8	9	01:53:11.4	08:38	05:35:40.0
12	83 D'amato, Matt	165 Madison, WI	17	00:44:03.6	02:16	18	00:03:56.1	14	02:49:19.3	19.6	1	00:00:19.1	14	02:01:31.8	09:16	05:39:10.1
13	89 Schmidt, Luke	1196 Madison, WI	20	00:44:36.1	02:18	22	00:05:59.7	17	02:55:11.8	19.0	21	00:03:50.0	11	01:54:12.0	08:43	05:43:49.7
14	92 Fritze, Derek	220 Woodbury, MN	7	00:38:16.2	01:58	17	00:03:51.1	12	02:48:28.5	19.7	20	00:03:27.7	16	02:10:36.5	09:58	05:44:40.2

Individual - Half Ironman Triathlon			1.2 mi swim			T-1		5.4mi bike			T-2		3.1mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
15	93 Hawman, Michael	155 Shoreview, MN	4	00:37:33.3	01:56	13	00:02:36.6	11	02:46:16.2	20.0	2	00:00:20.1	18	02:19:40.8	10:39	05:46:27.3	
16	95 Stenzel, Steve	221 St. Paul, MN	19	00:44:35.7	02:18	21	00:05:08.7	22	03:05:13.0	17.9	22	00:04:00.3	5	01:48:15.6	08:15	05:47:13.4	
17	97 Jacobson, Luke	167 Lino Lakes, MN	10	00:38:27.6	01:59	10	00:02:25.9	16	02:50:51.8	19.5	3	00:00:22.2	19	02:20:06.5	10:41	05:52:14.1	
18	106 Lundquist, Nick	192 Edina, MN	21	00:44:38.1	02:18	1	00:01:31.1	20	02:59:41.9	18.5	11	00:01:24.2	17	02:14:16.8	10:15	06:01:32.2	
19	115 Bonk, Jeffrey	51 Sioux Falls, SD	23	00:56:17.0	02:54	23	00:07:15.2	21	03:01:33.2	18.3	19	00:03:17.3	15	02:03:48.5	09:27	06:12:11.4	
20	117 Citrowske, Bryan	254 Minnetonka, MN	12	00:40:47.4	02:06	14	00:03:27.4	18	02:56:55.2	18.8	18	00:02:49.2	20	02:29:21.9	11:24	06:13:21.4	
21	125 Walch, Michael	161 St. Paul, MN	14	00:41:10.9	02:07	12	00:02:27.5	19	02:58:34.0	18.6	5	00:00:37.6	22	02:40:16.4	12:14	06:23:06.5	
22	139 Watson, Thomas	156 Chicago, IL	18	00:44:04.3	02:16	19	00:04:20.8	23	03:33:25.5	15.6	17	00:02:31.6	21	02:36:22.3	11:56	07:00:44.7	
	Hausman, Charley	198 Mineapolis, MN	5	00:37:49.8		3	00:01:45.2	1	02:05:01.4	26.6						DNF	

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Age Group Field: 29

	1 Sartain, Jeremy	5 St Paul, MN	1	00:29:43.9	01:32	8	00:02:17.6	1	02:06:44.3	26.2	2	00:00:49.4	1	01:27:24.2	06:40	04:06:59.6	
1	9 Simmons, Matt	36 Moorhead, MN	7	00:37:02.4	01:55	16	00:03:06.9	3	02:28:31.6	22.4	5	00:00:55.9	2	01:28:09.4	06:43	04:37:46.5	
2	10 Bates, Jason	71 Minneapolis,	15	00:38:44.5	02:00	1	00:01:41.6	2	02:18:51.6	23.9	6	00:01:03.6	5	01:39:42.6	07:36	04:40:04.0	
3	25 Hankee, Michael	23 Lino Lakes, MN	3	00:35:18.8	01:49	3	00:01:54.5	5	02:35:53.4	21.3			25	04:23:29.1		04:59:24.4	
4	32 Unger, Carl	42 Prior Lake, MN	9	00:37:30.1	01:56	9	00:02:19.9	4	02:29:38.9	22.2	8	00:01:22.1	11	01:53:54.4	08:41	05:04:45.7	
5	34 Waskey, Shane	171 St Louis Park,	4	00:36:05.1	01:52	2	00:01:46.3	9	02:41:51.2	20.5	1	00:00:15.4	7	01:46:35.0	08:08	05:06:33.3	
6	38 Kalar, Mark	177 Minneapolis,	22	00:46:33.9	02:24	13	00:02:41.8	7	02:40:35.7	20.7	7	00:01:20.7	3	01:36:53.5	07:23	05:08:05.8	
7	45 Lennox, Wade	93 Mora, MN	11	00:38:06.6	01:58	11	00:02:31.8	10	02:42:14.6	20.5	3	00:00:50.7	9	01:47:43.2	08:13	05:11:27.2	
8	48 Puls, Bret	180 Minneapolis,	6	00:36:38.5	01:53	10	00:02:27.0	12	02:46:52.8	19.9	16	00:02:00.8	6	01:46:05.6	08:05	05:14:04.9	
9	55 Distad, Charles	195 Egan, MN	17	00:40:14.2	02:05	14	00:02:48.8	6	02:37:16.5	21.1	15	00:01:45.1	12	01:57:13.1	08:56	05:19:17.9	
10	62 Peterson, Charles	218 Saint Paul, MN	10	00:37:52.4	01:57	6	00:02:08.4	11	02:45:47.9	20.0	4	00:00:55.0	13	01:57:50.2	08:59	05:24:34.1	
11	63 Knutson, Jon	294 Plymouth, MN	12	00:38:08.0	01:58	15	00:02:57.7	16	02:51:26.3	19.4	10	00:01:23.1	10	01:50:40.9	08:26	05:24:36.1	
12	67 Cronin, Chris	271 Saint Paul, MN	16	00:39:09.7	02:01	19	00:03:39.6	18	02:55:40.5	18.9	20	00:02:26.6	8	01:47:34.7	08:12	05:28:31.3	
13	69 Rosane, James	211 Oronoco, MN	5	00:36:34.9	01:53	21	00:04:05.3	8	02:41:06.1	20.6	14	00:01:40.0	15	02:06:53.5	09:41	05:30:20.0	
14	72 Christopherson,	138 Blaine, MN	14	00:38:28.8	01:59	17	00:03:07.1	13	02:47:19.8	19.9	19	00:02:26.1	14	02:01:19.2	09:15	05:32:41.1	
15	90 Vetter, Shane	207 Minot, ND	25	00:55:14.4	02:51	20	00:03:56.4	22	03:03:55.4	18.1	22	00:02:43.2	4	01:38:12.6	07:29	05:44:02.2	
16	99 Luecke, Scott	267 Minneaplis,	18	00:40:33.0	02:05	24	00:05:12.2	15	02:50:16.9	19.5	18	00:02:02.9	16	02:15:21.0	10:19	05:53:26.2	
17	107 Wrabetz, Brian	18 Oakdale, MN	2	00:30:29.7	01:34	7	00:02:14.8	17	02:52:26.4	19.3	12	00:01:26.5	22	02:37:19.4	12:00	06:03:56.9	
18	109 King, Kris	193 Ramsey, MN	13	00:38:23.8	01:59	23	00:04:34.9	20	03:00:21.7	18.4	23	00:03:12.1	18	02:20:15.0	10:42	06:06:47.7	
19	114 Winecoff, David	54 St Louis Park,	8	00:37:10.1	01:55	5	00:02:06.2	19	02:59:27.6	18.5	13	00:01:36.9	19	02:30:43.0	11:30	06:11:04.1	
20	119 Copenhagen, Bill	134 Robbinsdale,	19	00:41:10.2	02:07	12	00:02:34.6	14	02:48:22.4	19.7	9	00:01:23.0	23	02:44:26.0	12:33	06:17:56.3	
21	122 Foster, Sean	55 Omaha, NE	24	00:52:33.7	02:43	18	00:03:35.8	23	03:04:53.1	18.0	11	00:01:25.5	17	02:17:45.7	10:30	06:20:14.0	

Individual - Half Ironman Triathlon			1.2 mi swim		T-1		5.4mi bike			T-2		3.1mi run		7/29/2007			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
22	128 Hanson, Jeffrey	199 Lakeville, MN	23	00:46:39.3	02:24	25	00:05:15.6	21	03:00:50.9	18.4	24	00:04:38.6	21	02:32:22.2	11:37	06:29:46.8	
23	133 Czerwinski, Kyle	209 Portland, OR	21	00:46:14.3	02:23	22	00:04:10.1	24	03:10:31.6	17.4	17	00:02:02.5	20	02:31:53.6	11:35	06:34:52.3	
24	142 Dunbar, Jeremy	70 St Paul, MN	20	00:43:37.8	02:15	4	00:02:00.0	25	03:18:01.9	16.8	21	00:02:32.1	24	03:07:01.5	14:16	07:13:13.5	
	Inman, Tim	238 Mineapolis, MN															DNS
	Lindau, Benjamin	154 Minneapolis,															DNS
	Uy, Christopher	129 Brooklyn Park,															DNS
	Sommer, Allan	62 Minneapolis,															DNS

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Age Group Field: 40

	3 Carey, Mark	40 Rochester, MN	3	00:28:30.4	01:28	1	00:01:11.8	2	02:19:22.2	23.9	7	00:00:49.8	1	01:26:19.6	06:35	04:16:13.9	
1	5 Friedrichs, Daniel	21 Mankato, MN	11	00:33:40.5	01:44	5	00:01:41.9	3	02:26:01.7	22.8	10	00:00:52.6	2	01:26:20.9	06:35	04:28:37.8	
2	7 Brown, Scott	15 Burnsville, MN	5	00:31:37.7	01:38	8	00:01:53.2	4	02:27:50.7	22.5	3	00:00:41.5	4	01:28:59.8	06:47	04:31:03.0	
3	8 Sosniecki, John	3 River Falls, WI	23	00:38:09.0	01:58	16	00:02:30.2	1	02:18:54.2	23.9	9	00:00:52.1	5	01:34:27.4	07:12	04:34:53.1	
4	17 Block, Andrew	266 Encinitas, CA	19	00:36:48.7	01:54	7	00:01:46.4	5	02:29:56.8	22.2	5	00:00:42.6	9	01:43:44.0	07:55	04:54:58.7	02:00 drafting
5	18 Swanson, Tom	227 St. Paul, Mn,	28	00:40:11.1	02:04	17	00:02:30.2	10	02:34:13.1	21.6	12	00:01:05.6	7	01:37:17.1	07:25	04:55:17.4	
6	19 Peterson, Lon	201 Mankato, MN	9	00:33:01.4	01:42	22	00:02:51.8	9	02:33:58.5	21.6	11	00:01:01.1	11	01:44:49.2	08:00	04:55:42.3	
7	20 Guenter, James	87 Woodbury, MN	8	00:32:47.8	01:41	2	00:01:16.0	20	02:45:25.8	20.1	4	00:00:42.4	6	01:36:31.5	07:22	04:56:43.7	
8	26 Heikkila, Jay	127 Delano, MN	4	00:31:24.1	01:37	3	00:01:35.4	11	02:35:15.8	21.4	14	00:01:20.7	14	01:50:54.4	08:27	05:00:30.6	
9	29 Steenson, Don	10 Minneapolis,	2	00:27:46.5	01:26	19	00:02:42.5	22	02:47:15.7	19.9	32	00:03:14.1	8	01:41:55.9	07:46	05:02:54.9	
10	31 Davis, Craig	17 Mounds View,	16	00:35:26.1	01:50	12	00:02:20.9	6	02:31:53.3	21.9	15	00:01:21.3	15	01:53:08.2	08:38	05:04:10.1	
11	36 Zindel, Shane	182 Roseville, MN	26	00:38:34.7	01:59	13	00:02:22.1	14	02:36:42.3	21.2	19	00:01:59.3	13	01:48:10.4	08:15	05:07:48.9	
12	40 Bleecker, Matthew	19 St. Louis Park,	29	00:40:12.0	02:04	9	00:01:59.9	16	02:41:02.1	20.6	13	00:01:14.0	10	01:43:47.6	07:55	05:08:15.8	
13	46 Surprise, Johnny	65 St Paul, MN	21	00:37:38.9	01:56	6	00:01:43.0	13	02:35:57.0	21.3	8	00:00:50.5	17	01:56:20.1	08:52	05:12:29.8	
14	47 Essma, Nicholas	122 Edina, MN	14	00:34:41.1	01:47	15	00:02:28.7	7	02:32:22.7	21.8	18	00:01:59.1	22	02:01:23.6	09:16	05:12:55.4	
15	60 Ryan, Joe	146 Rochester, MN	33	00:43:43.8	02:15	14	00:02:25.9	21	02:46:44.8	19.9	1	00:00:27.7	12	01:47:59.3	08:14	05:21:21.7	
16	65 Ojala, Ladd	184 Minneapolis,	17	00:35:38.8	01:50	11	00:02:13.7	15	02:39:04.0	20.9	24	00:02:06.2	25	02:09:00.7	09:50	05:28:03.6	
17	74 Trelstad, Steven	76 Minnetonka, MN	7	00:32:44.0	01:41	26	00:03:50.6	19	02:44:58.0	20.1	29	00:02:19.3	26	02:09:29.3	09:53	05:33:21.4	
18	76 Mercer, David	38 Golden Valley,	13	00:34:09.9	01:46	34	00:04:45.5	12	02:35:24.8	21.4	20	00:02:02.5	29	02:18:21.3	10:33	05:34:44.2	
19	79 Wilhorn, Andrew	89 Rochester, MN	20	00:37:36.6	01:56	29	00:04:08.1	23	02:47:43.8	19.8	27	00:02:18.8	23	02:06:01.3	09:37	05:37:48.8	
20	81 Holden, David	28 North Hudson,	1	00:26:37.3	01:22	4	00:01:36.9	39	03:40:26.8	15.1	16	00:01:25.2	3	01:28:16.2	06:44	05:38:22.6	
21	85 Wheeler, John	30 Madison, WI	30	00:41:43.3	02:09	20	00:02:45.0	18	02:44:16.8	20.2	26	00:02:15.1	24	02:08:39.5	09:49	05:39:40.0	
22	86 Tatarka, Chris	249 Woodbury, MN	34	00:44:00.7	02:16	33	00:04:38.4	28	02:54:13.9	19.1	33	00:03:16.1	16	01:55:35.9	08:49	05:41:45.3	
23	88 Benson, Jason	172 Wyoming, MN	32	00:43:31.4	02:15	21	00:02:51.6	17	02:43:04.5	20.4	17	00:01:41.7	27	02:11:53.9	10:04	05:43:03.3	

Individual - Half Ironman Triathlon			1.2 mi swim			T-1		5.4mi bike			T-2		3.1mi run		7/29/2007		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
24	94 Sherman, Jesse	191 Fitchburg, WI	15	00:35:01.8	01:48	37	00:06:05.3	33	03:02:45.8	18.2	34	00:03:29.6	19	01:59:46.5	09:08	05:47:09.2	
25	96 Hartman, Jeff	257 Cedar Falls, IA	6	00:31:51.0	01:38	27	00:03:58.2	25	02:48:58.5	19.7	23	00:02:05.4	30	02:21:06.9	10:46	05:48:00.3	
26	98 Wooten, Carl	128 Honolulu, HI	35	00:45:14.7	02:20	31	00:04:10.1	32	03:01:27.9	18.3	36	00:03:55.0	18	01:57:59.0	09:00	05:52:46.9	
27	103 Schmid, Dan	186 Elkhorn, NE	18	00:36:29.0	01:53	24	00:03:32.1	26	02:49:21.6	19.6	28	00:02:18.8	31	02:26:32.5	11:11	05:58:14.2	
28	110 Wadd, Adam	204 Woodbury, MN	12	00:34:00.8	01:45	28	00:04:07.6	37	03:26:44.7	16.1	25	00:02:14.9	21	02:01:00.9	09:14	06:08:09.0	
29	111 Younger, Robert	183 Maple Grove,	22	00:37:53.7	01:57	39	00:07:21.9	24	02:47:49.8	19.8	31	00:02:50.2	33	02:34:12.9	11:46	06:10:08.7	
30	113 Mejia, Matt	64 St Paul, MN	38	00:49:07.1	02:32	18	00:02:36.3	31	02:59:58.1	18.5	22	00:02:04.1	28	02:17:03.7	10:27	06:10:49.6	
31	116 Slattengren, Chad	86 New Hope, MN	24	00:38:14.6	01:58	35	00:05:52.5	27	02:51:05.9	19.4	30	00:02:49.7	34	02:34:29.0	11:47	06:12:31.9	
32	124 Swientek, Mark	247 Osceola, WI	39	00:57:56.0	03:00	30	00:04:08.6	36	03:18:09.2	16.8	21	00:02:03.4	20	02:00:33.1	09:12	06:22:50.5	
33	126 Atan, Ahmet	189 St. Louis Park,	37	00:46:43.3	02:25	32	00:04:21.7	30	02:59:14.9	18.5	37	00:04:44.3	32	02:29:04.8	11:22	06:24:09.1	
34	140 Argersinger, Steve	241 Pleasant Hill, IA	36	00:46:11.1	02:23	36	00:05:57.3	35	03:12:23.1	17.3	38	00:10:18.7	35	02:50:10.9	12:59	07:05:01.4	
35	141 Stetz, Eric	118 Lino Lakes, MN	31	00:43:25.1	02:14	38	00:06:37.5	34	03:10:40.7	17.4	2	00:00:34.3	36	03:10:02.0	14:30	07:11:19.8	
	Pazgan, David	130 Medina, OH	10	00:33:14.8		25	00:03:49.3	38	03:27:20.4	16.0	35	00:03:48.2				DNF	
	Scherer, Michael	56 Duluth, MN	27	00:39:54.1		23	00:02:54.9	29	02:57:41.1	18.7						DNF	
	Frischman,	24 Minneapolis,	25	00:38:30.8		10	00:02:06.9	8	02:32:45.6	21.8	6	00:00:46.8				DNF	
	Nehls, Patrick	75 West Des														DNS	

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Age Group Field: 31

1	6 Collet, John	34 Verona, IL	1	00:28:49.5	01:29	1	00:01:38.9	4	02:33:31.9	21.7	4	00:00:55.0	1	01:24:30.5	06:27	04:29:26.0	
2	11 Schubring, Brian	43 Minneapolis,	2	00:30:38.5	01:35	2	00:01:46.3	1	02:30:13.9	22.1	3	00:00:53.6	5	01:43:37.4	07:54	04:47:09.8	
3	13 Allgood, Charles	33 Brooklyn Park,	9	00:35:33.8	01:50	10	00:02:41.9	5	02:33:46.6	21.6	2	00:00:47.6	2	01:36:41.6	07:22	04:49:31.7	
4	16 Lundberg, Dave	4 Woodbury, MN	12	00:36:05.1	01:52	5	00:02:21.0	3	02:31:43.8	21.9	5	00:01:01.0	4	01:41:54.7	07:46	04:53:05.7	
5	21 Carey, Brett	27 Lawrence, KS	8	00:34:53.6	01:48	7	00:02:29.5	2	02:31:35.4	21.9	11	00:01:34.1	7	01:46:11.1	08:06	04:56:43.9	
6	33 Hanson, Brad	136 Monticello, MN	6	00:34:21.5	01:46	8	00:02:31.3	6	02:34:40.2	21.5	6	00:01:05.8	11	01:52:25.5	08:34	05:05:04.5	
7	35 Simonson, John	63 Fargo, ND	15	00:37:40.6	01:57	19	00:03:48.1	11	02:39:03.3	20.9	15	00:01:49.4	6	01:44:56.5	08:00	05:07:18.1	
8	41 Beam, Braden	20 St Louis Park,	7	00:34:49.9	01:48	11	00:02:42.9	8	02:37:12.6	21.1	12	00:01:39.9	10	01:51:51.0	08:32	05:08:16.5	
9	42 Haugen, John	178 Deephaven, MN	10	00:35:49.1	01:51	15	00:03:34.3	10	02:38:36.7	21.0	16	00:02:00.4	9	01:48:22.2	08:16	05:08:22.9	
10	51 Wright, Todd	131 Lakeville, MN	11	00:36:02.8	01:52	22	00:04:46.5	12	02:40:32.9	20.7			28	04:34:53.8		05:15:18.2	
11	54 Hummel, Guy	168 Woodbury, MN	16	00:39:14.9	02:01	4	00:02:18.8	7	02:36:49.2	21.2	1	00:00:21.0	15	01:58:57.6	09:04	05:17:41.8	
12	56 Denardo, Dan	82 Elbow Lake, MN	3	00:31:26.8	01:37	6	00:02:23.0	13	02:46:25.2	20.0	13	00:01:40.0	14	01:57:23.0	08:57	05:19:18.2	
13	61 Debartolo, James	245 Des Moines, IA	28	00:49:58.1	02:35	23	00:05:18.6	9	02:38:28.1	21.0	19	00:02:17.5	8	01:46:49.3	08:09	05:22:51.8	
14	66 Jirele, Joseph	97 Woodbury, MN	24	00:48:15.9	02:29	21	00:04:03.3	21	02:55:06.7	19.0	17	00:02:09.0	3	01:38:32.7	07:31	05:28:07.8	
15	68 Bryant, Rob	197 St Paul, MN	19	00:41:17.9	02:08	13	00:02:44.1	17	02:50:47.6	19.5	18	00:02:11.4	12	01:53:09.0	08:38	05:30:10.2	

Individual - Half Ironman Triathlon			1.2 mi swim		T-1		5.4mi bike			T-2		3.1mi run		7/29/2007			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
16	70 Tortelli, Jeffrey	179 Minneapolis,	13	00:37:02.0	01:55	12	00:02:43.6	15	02:48:31.3	19.7	9	00:01:27.1	16	02:02:27.4	09:20	05:32:11.5	
17	75 Jiannacopoulos,	148 Portage, WI	17	00:39:31.8	02:02	16	00:03:34.6	18	02:52:12.4	19.3	24	00:03:29.8	13	01:55:21.7	08:48	05:34:10.5	
18	80 Dalgaard, Erik	185 Champlin, MN	14	00:37:06.2	01:55	26	00:05:43.3	16	02:49:24.2	19.6	23	00:03:10.3	17	02:02:45.6	09:22	05:38:09.8	
19	100 Schultenover, Jeff	231 Minatonka, MN	4	00:32:35.7	01:41	20	00:03:52.5	14	02:48:06.5	19.8	7	00:01:12.2	24	02:28:41.5	11:21	05:54:28.5	
20	105 Schoeppach,	69 Minneoplis, MN	21	00:42:58.0	02:13	25	00:05:22.1	24	03:01:28.8	18.3	21	00:02:56.8	18	02:08:22.1	09:47	06:01:08.0	
21	108 Meehl, Paul	233 Savage, MN	22	00:44:07.1	02:17	29	00:08:09.3	20	02:53:44.4	19.1	28	00:05:11.0	19	02:15:08.6	10:18	06:06:20.6	
22	118 Flom, Gregory	52 Minneapolis,	27	00:49:48.0	02:34	3	00:02:09.9	19	02:53:21.0	19.2	8	00:01:22.2	25	02:30:42.0	11:30	06:17:23.3	
23	120 Vrchota, Steve	176 Anoka, MN	18	00:40:32.7	02:05	27	00:06:04.7	26	03:07:21.3	17.7	27	00:04:00.3	22	02:21:48.2	10:49	06:19:47.5	
24	123 Van	85 Prior Lake, MN	29	00:50:39.9	02:37	18	00:03:47.6	23	02:57:41.6	18.7	10	00:01:32.4	23	02:26:39.5	11:11	06:20:21.2	
25	127 Nelson, Tim	259 Williston, FL	20	00:41:42.4	02:09	17	00:03:41.4	28	03:20:40.6	16.6	26	00:03:57.3	20	02:17:24.6	10:29	06:27:26.4	
26	130 Deuhs, John	217 Inver Grove, MN	25	00:48:16.1	02:29	14	00:03:30.2	22	02:56:55.5	18.8	14	00:01:44.4	27	02:42:19.8	12:23	06:32:46.2	
27	136 Virga, Joseph	246 Lindstrom, MN	23	00:46:04.1	02:23	28	00:06:05.7	27	03:16:11.1	16.9	20	00:02:32.7	26	02:30:46.3	11:30	06:41:40.1	
28	137 Kliewer, Bradley	77 Minneapolis,	26	00:49:38.2	02:34	24	00:05:19.2	29	03:22:49.7	16.4	22	00:03:06.0	21	02:20:53.0	10:45	06:41:46.3	
	Shuldes, Glen	269 Shoreview, MN	5	00:33:48.0		9	00:02:36.0	25	03:04:14.5	18.0	25	00:03:48.1				DNF	
	Pistole, Leif	60 Eden Prairie,														DNS	
	Tauer, Richard	73 Eden Prairie,														DNS	

45-49

Age Group Field: 12

2	Hagen, Michael	293 Colorado	1	00:29:17.0	01:30	1	00:01:29.1	1	02:16:13.7	24.4	4	00:00:41.1	2	01:25:31.7	06:31	04:13:13.0	
4	Krenz, Thomas	7 Osceola, WI	2	00:31:37.9	01:38	2	00:02:01.6	3	02:21:43.2	23.5	7	00:01:10.1	1	01:23:48.8	06:23	04:20:21.9	
22	Schultz, James M	1272 Shorewood, MN	6	00:37:40.3	01:57	9	00:03:27.2	4	02:32:51.2	21.7	10	00:02:27.1	4	01:40:29.4	07:40	04:56:55.3	
1	37 Phillips, John	223 Eden Prairie,	3	00:32:50.3	01:42	6	00:02:45.8	6	02:41:13.1	20.6	5	00:00:58.4	5	01:50:07.1	08:24	05:07:55.0	
2	49 Miller, Cris	265 Champlin, MN	7	00:38:02.6	01:58	5	00:02:43.1	5	02:34:55.4	21.5	8	00:01:19.7	6	01:57:57.1	09:00	05:14:58.1	
3	53 Gazzola, Robert	297 Woodbury, MN	9	00:40:35.2	02:06	7	00:02:57.9	9	02:53:21.4	19.2	9	00:01:42.3	3	01:37:30.4	07:26	05:16:07.4	
4	71 Frakes, Drew	169 St Louis Park,	8	00:40:13.3	02:04	8	00:02:59.9	7	02:45:37.4	20.1	2	00:00:27.5	7	02:03:11.8	09:24	05:32:30.2	
5	87 Hintz, Douglas	162 Madison, WI	5	00:36:42.8	01:54	11	00:04:28.5	8	02:47:05.8	19.9	1	00:00:24.9	8	02:13:45.8	10:12	05:42:28.0	
6	129 West, Ken	203 Eagan, MN	11	00:50:35.4	02:37	4	00:02:36.4	10	02:57:40.2	18.7	11	00:03:26.7	9	02:38:26.8	12:05	06:32:45.7	
7	131 Teitelbaum, Mike	166 Duluth, MN	10	00:46:37.1	02:24	10	00:03:27.6	11	02:57:57.7	18.7	3	00:00:27.7	10	02:44:20.7	12:32	06:32:51.1	
	Lyon, Dave	29 Schofield, WI	4	00:33:04.2		3	00:02:13.7	2	02:19:45.8	23.8	6	00:01:03.8				DNF	
	Bryce, Larry	96 Kohler, WI														DNS	

50-54

Age Group Field: 10

1	43 Potter, Kevin	295 Eau Claire, WI	2	00:33:09.2	01:43	7	00:03:31.8	1	02:34:49.5	21.5	6	00:02:11.7	2	01:56:01.0	08:51	05:09:43.4	
2	59 Klun, Leonard	140 Maple Plain, MN	1	00:33:03.4	01:42	3	00:02:42.2	3	02:42:19.5	20.5	4	00:02:02.6	3	02:00:23.8	09:11	05:20:31.7	

Individual - Half Ironman Triathlon			1.2 mi swim		T-1		5.4mi bike		T-2		3.1mi run		7/29/2007				
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
3	82 Brewster, Brad	252 Burnsville, MN	7	00:41:59.5	02:10	9	00:04:43.1	5	02:55:19.4	19.0	7	00:02:17.3	1	01:54:37.3	08:44	05:38:56.9	
4	84 Dornfeld, Glen	215 Winona, MN	4	00:37:36.1	01:56	6	00:03:23.8	2	02:37:51.8	21.1	3	00:02:01.0	7	02:18:31.8	10:34	05:39:24.7	
5	91 Henriksen, Steve	25 West Salem, WI	6	00:39:37.6	02:03	1	00:02:20.6	4	02:53:31.8	19.2	1	00:00:58.9	6	02:07:44.1	09:45	05:44:13.2	
6	102 Connor, Jim	173 Onalaska, WI	8	00:46:46.4	02:25	5	00:03:10.0	6	02:57:03.9	18.8	10	00:03:42.9	5	02:06:28.9	09:39	05:57:12.3	
7	104 Wynveen, Doug	100 Osceola, WI	9	00:47:06.6	02:26	8	00:03:45.3	9	03:02:11.8	18.2	5	00:02:11.7	4	02:04:38.6	09:30	05:59:54.2	
8	121 Langland, Jim	84 Thief River	3	00:35:09.8	01:49	4	00:02:59.4	7	02:57:07.5	18.8	2	00:01:19.1	9	02:43:12.2	12:27	06:19:48.2	
9	132 Gulla, Noel	200 Ramsey, MN	5	00:39:02.0	02:01	2	00:02:40.1	8	03:00:20.0	18.4	8	00:02:37.0	10	02:49:20.7	12:55	06:33:59.9	
10	138 Pait, Robert	298 Bedford, TX	10	00:50:00.1	02:35	10	00:05:06.5	10	03:20:16.4	16.6	9	00:03:05.0	8	02:41:30.2	12:19	06:59:58.4	

55-59

Age Group Field: 2

1	27 Colaizy, Michael	11 Osceola, WI	1	00:40:43.8	02:06	1	00:02:25.6	1	02:34:08.6	21.6	1	00:01:13.1	1	01:42:07.1	07:47	05:00:38.4	
2	143 Devick, Tim	68 Urbandale, IA	2	00:49:39.4	02:34	2	00:06:26.9	2	03:52:29.6	14.3	2	00:02:47.3	2	02:41:05.7	12:17	07:32:29.0	

60-64

Age Group Field: 2

1	78 Garver, Eugene	99 Sartell, MN	1	00:47:09.1	02:26	1	00:03:14.2	1	02:47:52.4	19.8	1	00:02:20.3	1	01:56:13.3	08:52	05:36:49.6	
2	134 Fox, Barry	160 St. Paul, MN	2	00:50:27.8	02:36	2	00:03:36.3	2	03:19:13.1	16.7	2	00:03:55.6	2	02:19:00.5	10:36	06:36:13.5	

70-74

Age Group Field: 1

1	144 Opstad, Melford	190 Big Lake, MN	1	01:07:43.4	03:30	1	00:19:06.9	1	04:35:51.2	12.0	1	00:12:52.7	1	04:09:20.6	19:02	10:24:55.0	
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Female Half Ironman Distance

Division Field: 84

20-24

Age Group Field: 7

1	24 Senty, Kelly	239 Beaverton, OR	1	00:40:53.6	02:07	3	00:04:07.5	1	03:01:07.4	18.4	5	00:04:26.9	1	01:50:04.0	08:24	05:40:39.6	
2	58 Anderson, Joelle	213 Hugo, MN	2	00:42:31.9	02:12	1	00:03:10.5	4	03:13:55.1	17.1	4	00:02:30.2	3	02:36:37.4	11:57	06:38:45.3	
3	59 Coyle, Meghann	260 Maple Grove,	3	00:47:17.2	02:26	2	00:03:21.2	5	03:18:18.2	16.8	1	00:01:26.0	2	02:29:25.2	11:24	06:39:47.9	
4	66 Braun, Jessica	277 Minneapolis,	4	00:48:05.7	02:29	4	00:04:39.9	2	03:10:31.5	17.4	2	00:01:37.1	5	02:57:14.3	13:31	07:02:08.7	
5	68 O'hern, Megan	234 Minneapolis,	5	00:49:01.5	02:32	5	00:05:15.7	3	03:12:07.2	17.3	3	00:02:21.9	4	02:56:01.2	13:26	07:04:47.7	
	Braun, Jessica	274 Minneapolis,														DNS	
	Berglund, Malinda	61 Grand Marais,														DNS	

25-29

Age Group Field: 19

	3 Miller, Sadie	14 La Crosse, WI	2	00:31:46.6	01:38	4	00:02:31.1	4	02:49:27.5	19.6	4	00:00:46.1	1	01:40:16.6	07:39	05:04:48.1	
1	6 Beard, April	32 Madison, WI	5	00:38:14.8	01:58	2	00:02:09.1	3	02:49:11.0	19.6	7	00:01:10.0	2	01:41:27.5	07:44	05:12:12.4	
2	8 Nelson, Shelley	299 Eden Prairie,	7	00:39:43.0	02:03	1	00:01:35.0	1	02:40:23.0	20.7	5	00:00:55.1	5	01:56:57.0	08:55	05:19:33.3	
3	9 Sailer, Martina	125 Minneapolis,	9	00:41:42.2	02:09	3	00:02:29.0	2	02:45:32.4	20.1	1	00:00:23.8	4	01:52:29.4	08:35	05:22:37.1	

Individual - Half Ironman Triathlon			1.2 mi swim		T-1		5.4mi bike		T-2		3.1mi run		7/29/2007				
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
4	16 Menard, Megan	229 Stillwater, MN	15	00:46:43.4	02:25	7	00:02:51.0	7	02:54:45.4	19.0	6	00:00:57.3	3	01:47:15.1	08:11	05:32:32.3	
5	17 Rosane, Kerry	59 Oronoco, MN	3	00:33:34.0	01:44	13	00:03:47.2	5	02:49:35.7	19.6	14	00:02:45.3	9	02:03:37.2	09:26	05:33:19.5	
6	25 Barry, Lisa	126 St. Louis Park,	6	00:39:18.6	02:02	8	00:02:54.7	12	03:00:56.3	18.4	8	00:01:17.0	7	01:58:03.4	09:00	05:42:30.2	
7	27 Christianson, Lara	145 St. Paul, MN	1	00:28:31.1	01:28	6	00:02:45.4	14	03:03:26.6	18.1	11	00:02:27.3	12	02:06:39.5	09:40	05:43:50.1	
8	28 Whitney, Patricia	144 Minneapolis,	4	00:36:14.0	01:52	5	00:02:34.1	11	03:00:07.1	18.5	9	00:01:21.1	11	02:04:10.7	09:28	05:44:27.2	
9	32 Glover, Melanie	147 Minneapolis,	13	00:43:43.1	02:15	10	00:03:08.5	10	02:59:36.0	18.5	15	00:02:45.9	6	01:56:58.7	08:55	05:46:12.4	
10	33 Gorzlaneyk, Tammy	268 Minneapolis,	11	00:41:48.6	02:09	14	00:03:55.0	9	02:59:34.6	18.5	12	00:02:37.3	8	01:58:22.6	09:02	05:46:18.3	
11	41 Powell, Kristy	235 New Brighton,	12	00:43:24.7	02:14	16	00:05:03.2	6	02:51:35.6	19.4	17	00:03:45.2	14	02:12:37.1	10:07	05:56:26.0	
12	42 Watanabe, Ayako	153 Shoreview, MN	8	00:41:30.5	02:08	9	00:02:58.3	8	02:57:11.5	18.8	3	00:00:42.0	16	02:14:05.8	10:14	05:56:28.4	
13	53 Holzemer, Rachel	121 Arden Hills, MN	10	00:41:44.9	02:09	11	00:03:15.6	13	03:02:32.7	18.2	2	00:00:27.0	18	02:38:07.1	12:04	06:26:07.5	
14	57 Jirele, Jasmine	157 Woodbury, MN	14	00:43:51.1	02:16	15	00:04:52.7	17	03:37:21.3	15.3	16	00:03:02.0	10	02:04:10.4	09:28	06:33:17.8	
15	63 Linder Stenzel,	81 St Paul, MN	16	00:47:50.8	02:28	12	00:03:33.7	15	03:35:43.7	15.4	10	00:01:22.1	17	02:18:39.6	10:35	06:47:10.0	
16	64 Borresen-berg,	243 Jordan, MN	18	00:57:15.7	02:57	18	00:06:49.7	16	03:36:38.1	15.3	13	00:02:39.7	13	02:08:38.7	09:49	06:52:02.0	
17	65 Van Hale, Rachel	242 Duluth, MN	17	00:52:08.4	02:42	17	00:05:05.1	18	03:39:30.4	15.1	18	00:04:01.6	15	02:13:49.9	10:12	06:54:35.6	
	Anderson, Kirstin	83 Elk River, MN														DNF	

30-34

Age Group Field: 15

4	Hankee, Diane	22 Lino Lakes, MN	3	00:37:40.0	01:57	2	00:01:58.8	1	02:40:37.0	20.7	2	00:00:44.0	1	01:44:50.3	08:00	05:05:50.3	
1	13 Totenhagen,	98 Shakopee, MN	4	00:38:42.0	02:00	3	00:02:01.7	2	02:42:02.9	20.5	5	00:00:54.7	5	02:02:12.9	09:19	05:25:54.4	
2	15 Kempf, Jenny	31 Madison, WI	1	00:36:02.2	01:51	5	00:02:30.8	5	02:48:15.2	19.8	7	00:01:38.8	4	02:00:48.7	09:13	05:29:15.9	
3	20 Aron, Carol	143 Bismarck, ND	8	00:42:58.3	02:13	6	00:03:02.7	6	02:52:57.2	19.2	6	00:01:20.2	2	01:57:22.8	08:57	05:37:41.5	
4	21 Ross, Kari	194 Egan, MN	5	00:39:07.1	02:01	10	00:03:40.5	7	02:54:30.1	19.0	11	00:02:47.7	3	01:59:26.2	09:07	05:39:31.8	
5	22 Nichols, Danniela	263 Onalaska, WI	2	00:36:18.9	01:52	4	00:02:14.9	3	02:42:13.6	20.5	3	00:00:45.6	10	02:18:12.0	10:32	05:39:45.1	
6	30 Swanson, Becka	13 Circle Pines, MN	6	00:39:44.0	02:03	1	00:01:58.4	4	02:45:34.7	20.1	4	00:00:53.0	9	02:16:37.3	10:25	05:44:47.7	
7	44 Dudkiewicz,	187 Eden Prairie,	10	00:45:11.3	02:20								7	02:15:42.7		06:09:10.3	
8	50 Fakler, Lisa	230 Mn City, MN	11	00:49:00.3	02:32	11	00:03:46.9	10	03:14:16.8	17.1	10	00:02:28.3	6	02:13:09.5	10:09	06:22:42.1	
9	51 Sigfrid, Lisa	26 Maple Grove,	7	00:41:50.4	02:10	8	00:03:35.2	9	03:06:27.4	17.8	13	00:04:35.8	11	02:28:07.8	11:18	06:24:36.8	
10	52 Hoeschen, Anne	119 Freeport, MN	12	00:50:33.2	02:37	7	00:03:10.7	11	03:15:10.3	17.0	1	00:00:19.1	8	02:16:11.2	10:23	06:25:24.7	
11	60 Cronin, Teresa	253 Saint Paul, MN	14	00:51:12.8	02:39	13	00:04:16.3	8	03:03:43.1	18.1	12	00:03:37.3	13	02:41:18.7	12:18	06:44:08.4	
12	62 Sjoberg, Kirsten	181 Minneapolis,	13	00:50:45.5	02:37	12	00:03:51.3	12	03:19:09.0	16.7	9	00:02:22.0	12	02:29:06.2	11:22	06:45:14.2	
	Larsen, Traci	248 New Hope, MN	9	00:43:34.0		9	00:03:40.2	13	03:31:40.1	15.7	8	00:02:04.2				DNF	
	Lahaye, Tara	92 Jordan, MN														DNF	

Individual - Half Ironman Triathlon			1.2 mi swim		T-1		5.4mi bike			T-2		3.1mi run		7/29/2007			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
35-39			Age Group Field: 18														
	1 Mercer, Sarah	39 Golden Valley,	1	00:33:14.4	01:43	5	00:02:13.8	2	02:31:52.1	21.9	6	00:01:17.7	1	01:38:45.2	07:32	04:47:23.3	
	2 Ham, Kerry	12 St. Paul, MN	5	00:36:38.0	01:53	2	00:02:02.3	3	02:36:11.4	21.3	10	00:01:44.1	2	01:41:54.4	07:46	04:58:30.5	
1	10 Brost, Michelle	212 Medford, WI	4	00:36:35.2	01:53	1	00:01:59.8	4	02:44:52.5	20.2	4	00:00:57.9	5	01:58:59.3	09:04	05:23:24.8	
2	18 Schneider,	35 Minneapolis,	10	00:43:48.0	02:16	9	00:03:06.3	7	02:49:34.6	19.6	7	00:01:38.3	4	01:58:22.2	09:02	05:36:29.7	
3	19 Lutkevich, Connie	57 Duluth, MN	8	00:40:45.6	02:06	3	00:02:06.6	9	02:56:45.4	18.8	3	00:00:54.0	3	01:57:07.4	08:56	05:37:39.2	
4	31 Sellke, Mary	67 Golden Valley,	3	00:36:25.2	01:53	10	00:03:16.8	6	02:47:39.1	19.8	12	00:02:12.8	8	02:15:43.0	10:21	05:45:17.2	
5	35 Zahn, Erica	250 Edina, MN	6	00:38:41.0	02:00	4	00:02:09.5	11	03:05:23.9	17.9	2	00:00:42.8	7	02:00:54.4	09:13	05:47:51.9	
6	38 Youngquist, Kim	174 Plymouth, MN	12	00:45:14.0	02:20	14	00:03:42.4	10	02:59:11.7	18.5	15	00:03:52.0	6	01:59:42.4	09:08	05:51:42.8	
7	40 Schmidt, Amy	95 Shakopee, MN	7	00:40:20.1	02:05	8	00:02:37.4	8	02:51:46.6	19.4	5	00:01:17.5	10	02:17:45.5	10:30	05:53:47.3	
8	47 Simmons, Trina	123 Moorhead, MN	15	00:49:53.7	02:35	13	00:03:35.0	13	03:06:02.6	17.9	1	00:00:25.4	9	02:16:21.0	10:24	06:16:17.9	
9	48 Kouba, Michelle	228 Rosemont, MN	9	00:42:29.2	02:12	6	00:02:22.0	12	03:05:48.5	17.9	9	00:01:41.0	14	02:28:10.3	11:18	06:20:31.2	
10	49 Hooper, Myrna	149 Oxford, WI	14	00:49:27.5	02:33	11	00:03:28.7	16	03:08:58.9	17.6	8	00:01:38.5	11	02:18:52.8	10:36	06:22:26.6	
11	54 Mcdonough,	276 Lindstrom, MN	16	00:52:58.2	02:44	15	00:03:50.8	15	03:08:43.7	17.6	11	00:01:45.9	13	02:19:59.6	10:41	06:27:18.4	
12	56 Ryder, Shannon	159 Vadnais	11	00:45:10.1	02:20	17	00:04:28.4	14	03:06:06.6	17.9	14	00:03:04.8	15	02:32:02.9	11:36	06:30:52.9	
13	61 Trantow, Roberta	236 Eagan, MN	17	00:59:01.1	03:03	16	00:04:07.8	17	03:20:13.4	16.6	13	00:02:28.2	12	02:19:10.4	10:37	06:45:01.0	
14	67 Hensley,	53 Shoreview, MN	13	00:49:21.7	02:33	7	00:02:32.9	1	00:00:07.4	?	17	03:21:49.4	16	02:49:03.1	12:54	07:02:54.6	
15	69 Lowe, Shalonda	224 Minneapolis,						18	03:40:25.7	15.1			17	06:31:04.1		07:31:51.2	
	Graves, Gina	88 St.louis Park,	2	00:35:50.4		12	00:03:30.6	5	02:47:04.0	19.9	16	00:06:11.4				DNF	
40-44			Age Group Field: 12														
	5 Schlafmann, Cindy	202 Champlin, MN	4	00:34:57.3	01:48	1	00:01:34.1	2	02:42:53.3	20.4	4	00:01:03.2	2	01:51:06.8	08:28	05:11:34.9	
1	7 Kittleson, Dawn	91 Grant, MN	3	00:34:20.7	01:46	7	00:03:33.6	4	02:51:04.4	19.4	8	00:02:29.9	1	01:47:42.6	08:13	05:19:11.4	
2	12 Dezellar, Jackie	164 Eden Prairie,	7	00:40:07.9	02:04	8	00:04:06.1	3	02:49:02.6	19.7	1	00:00:26.9	3	01:51:33.1	08:30	05:25:16.8	
3	14 Mouw, Suzann	45 Whtie Bear	2	00:33:12.6	01:43	3	00:02:12.7	5	02:52:12.6	19.3	5	00:01:15.6	5	01:57:11.7	08:56	05:26:05.4	
4	34 Peterson, Jill	152 St. Louis Park,	8	00:41:55.5	02:10	9	00:04:11.8	6	03:01:41.1	18.3	3	00:00:29.4	6	01:59:21.5	09:06	05:47:39.5	
5	39 Norberg, Kim	151 Chaska, MN	1	00:28:18.8	01:27	10	00:04:37.7	7	03:06:21.8	17.8	2	00:00:26.9	8	02:12:53.6	10:08	05:52:39.1	
6	43 Sundeen, Tricia	272 Watford City, ND	10	00:51:53.3	02:41	4	00:02:48.7	10	03:14:01.8	17.1	7	00:01:56.9	4	01:56:51.6	08:55	06:07:32.4	
7	45 Weiskopf-larson,	94 Lino Lakes, MN	9	00:48:09.0	02:29	6	00:03:07.6	9	03:08:52.5	17.6	6	00:01:36.6	7	02:08:59.9	09:50	06:10:45.8	
8	55 Fluharty, Kristi A.	133 Prior Lake, MN	6	00:36:11.8	01:52	5	00:02:53.9	8	03:06:29.2	17.8	10	00:06:15.4	9	02:36:06.3	11:54	06:27:56.8	
	Simril, Brenda	44 Two Rivers, WI	5	00:35:38.7		2	00:02:08.7	1	02:36:16.6	21.3	9	00:03:28.6				DNF	
	Melvin, Susan	158 St Paul, MN														DNS	
	Schmid, Karoline	132 Westmoorings,														DNS	

Individual - Half Ironman Triathlon			1.2 mi swim		T-1		5.4 mi bike			T-2		3.1 mi run		7/29/2007			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
45-49			Age Group Field: 10														
1	11 Macmillan,	273 Minneapolis,	2	00:37:25.7	01:56	2	00:02:55.9	1	02:46:47.5	19.9	1	00:00:48.3	2	01:55:56.5	08:51	05:23:54.1	
2	23 Senty, Laurie	240 Grand Marais,	3	00:40:53.7	02:07	6	00:04:09.9	6	03:01:09.0	18.3	6	00:04:23.3	1	01:50:03.2	08:24	05:40:39.3	
3	29 Moore, Jenny	2 Medina, MN	1	00:34:04.1	01:45	1	00:01:43.4	2	02:50:13.5	19.5	2	00:01:12.0	5	02:17:18.3	10:28	05:44:31.5	
4	36 Lang, Diane	196 Burnsville, MN	6	00:48:09.7	02:29	5	00:03:28.2	4	02:56:26.3	18.8	5	00:03:06.9	3	01:56:44.3	08:54	05:47:55.6	
5	37 Greeninger, Beth	66 Plymouth, MN	5	00:43:52.9	02:16	3	00:03:04.3	3	02:55:49.8	18.9	3	00:01:55.2	4	02:07:00.0	09:41	05:51:42.4	
	Olson, Sue	264 White Bear	4	00:43:25.3		4	00:03:28.0	5	02:57:47.0	18.7	4	00:02:51.1				DNF	
	Flato, Rose	237 St Paul, MN														DNF	
	Page, Linda	74 Woodbury, MN														DNF	
	Lillevoid, Janet	78 Wayzata, MN														DNF	
	Rather, Sandra	6 Breckenridge,														DNF	
50-54			Age Group Field: 2														
1	26 Guck, Beth	124 Andover, MN	1	00:37:39.1	01:56	1	00:02:56.8	1	03:07:27.7	17.7	1	00:00:19.5	1	01:55:04.5	08:47	05:43:27.8	
	Nelson, Shannon	90 St Paul, MN	2	00:44:09.3		2	00:04:07.3	2	03:17:49.6	16.8	2	00:02:38.1				DNF	
55-59			Age Group Field: 1														
1	46 Barron, Charlene	251 Wayzata, MN	1	00:44:07.0	02:17	1	00:03:32.9	1	03:03:41.8	18.1	1	00:04:16.7	1	02:16:23.1	10:24	06:12:01.7	
Clydesdale Half Ironman Distance			Division Field: 11														
Age Group Field: 11																	
1	Onnen, Matthew	80 Minneapolis,		00:41:38.8	02:09	6	00:03:24.6	1	02:29:54.6	22.2	2	00:01:34.2	2	01:50:14.6	08:24	05:06:47.0	
2	Hoffman, Daniel	222 Minneapolis,		00:40:12.4	02:04	7	00:04:11.5	2	02:36:07.6	21.3	5	00:01:57.2	1	01:46:24.4	08:07	05:08:53.2	
3	Krusemark, Matt	175 Woodbury, MN		00:33:00.2	01:42	4	00:03:14.3	3	02:36:14.2	21.3	3	00:01:37.4	3	01:56:28.3	08:53	05:10:34.6	
4	Klinge, Chris	206 Rochester, MN		00:36:34.9	01:53	2	00:03:04.0	5	02:46:23.4	20.0	7	00:02:20.0	4	02:02:03.9	09:19	05:30:26.4	
5	Hille, Andrew	219 Sioux Falls, TN		00:32:35.1	01:41	3	00:03:12.0	4	02:40:34.3	20.7	4	00:01:44.3	6	02:25:34.7	11:06	05:43:40.5	
6	Agrigoroae-Bolos,	37 St. Louis Park,		00:53:47.7	02:47	8	00:04:21.8	6	02:52:47.9	19.2	1	00:01:13.6	5	02:14:28.4	10:15	06:06:39.6	
7	Dudkiewicz, Mike	188 Eden Prairie,		00:37:55.6	01:57	1	00:02:55.1	7	02:54:50.3	19.0	9	00:03:14.6	7	02:48:19.9	12:50	06:27:15.7	
8	Carlson, Jeff	142 Blaine, MN		00:48:01.5	02:29	9	00:05:07.6	9	03:12:33.5	17.3	8	00:02:42.1	8	02:59:24.7	13:41	07:07:49.6	
9	Ploetz, Robert	139 Rosemount, MN		00:47:22.5	02:27	5	00:03:15.7	8	03:10:51.9	17.4	6	00:01:58.3	9	03:26:25.8	15:45	07:29:54.4	
	Genter, John	170 Manakato, MN														DNF	
	Weiland, Martin	120 Lakeville, MN														DNF	
Athena Half Ironman Distance			Division Field: 3														

Individual - Half Ironman Triathlon			1.2 mi swim		T-1		5.4 mi bike			T-2		3.1 mi run		7/29/2007			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
Age Group Field: 3																	
1	Minser, Jamie	141		New Brighton,	00:37:58.5	01:57	3	00:03:50.7	1	02:48:55.4	19.7	3	00:02:46.5	1	02:02:06.9	09:19	05:35:38.2
2	Pietruszewski,	79		South St. Paul,	00:43:44.7	02:15	2	00:03:43.0	3	03:19:57.6	16.6	1	00:02:10.2	2	02:44:20.8	12:32	06:53:56.6
3	Basala, Kimberly	232		Plover, WI	00:53:15.7	02:45	1	00:03:41.3	2	03:11:41.2	17.3	2	00:02:45.7	3	02:52:02.8	13:08	07:03:27.0

Team - Half Ironman Relay Triathlon

Field: 23

Relay Team Half Ironman Distance

Division Field: 23

Age Group Field: 23

1	Kline, Paul	101	Brooklyn Park,	Paul Kline	00:37:59.9	01:58	18	00:02:05.8	Paul Kline	4	02:29:55.1	22.2	17	00:00:35.3	Jenna Boren	2	01:18:27.3	05:59	04:29:03.6
2	Macnab, Shea	106	Roseville, MN	Shea Macnab	00:30:51.6	01:35	5	00:01:14.8	Dave Bienapfl	1	02:23:17.2	23.2	3	00:00:18.6	Andy Clausen	9	01:41:05.1	07:42	04:36:47.5
3	Stoebner, Jeff	117	Ediha, MN	Jeff Stoebner	00:32:01.4	01:39	2	00:01:04.6	Shan Han	2	02:24:56.6	22.9	12	00:00:29.3	Rachelle Kotrba	6	01:38:44.1	07:32	04:37:16.2
4	Johnson, Dave	112	North Branch,	Dave Johnson	00:28:27.5	01:28	6	00:01:15.7	Chad Anderson	5	02:30:58.1	22.0	11	00:00:28.0	Joe Houle	11	01:43:00.0	07:51	04:44:09.5
5	Tolzman, Terry	111	Wyoming, MN	Terry Tolzman	00:39:03.4	02:01	3	00:01:06.3	Curt Patar	3	02:27:30.0	22.5	19	00:00:47.8	Hol Marks	13	01:48:03.3	08:14	04:56:31.0
6	Dettbarn, Amy	1108	Minneapolis,	Amy Dettbarn	00:39:51.4	02:03	4	00:01:12.9	Brian Fuller	12	02:58:01.3	18.7	4	00:00:18.8	Nick Lowe	1	01:17:13.0	05:53	04:56:37.6
7	Dalton, Laurin	113	St Paul, MN	Laurin Dalton	00:37:37.3	01:56	12	00:01:24.4	Scott Marcoux	6	02:44:26.5	20.2	2	00:00:18.2	Jeff Dalton	3	01:34:14.3	07:11	04:58:01.0
8	Cottle, Christie	110	Lees Summit,	Christie Cottle	00:34:40.8	01:47	21	00:03:22.7	Christie Cottle	11	02:53:16.8	19.2	7	00:00:21.8	Carrie Mumm	5	01:37:10.0	07:25	05:08:52.4
9	Walkowiak, Matt	244	Plymouth, MN	Matt Walkowiak	00:36:41.1	01:53	16	00:01:44.4	Krista Osmundson	8	02:45:57.6	20.0	18	00:00:35.8	Krista	12	01:44:00.1	07:56	05:08:59.2
10	Hinrichs, Christine	114	Richfield, MN	Christine Hinrichs	00:35:52.3	01:51	10	00:01:21.6	Amy Hinrichs	13	02:58:50.6	18.6	1	00:00:16.7	Dan Hinrichs	8	01:39:59.8	07:38	05:16:21.3
11	Turner, Andrew	115	Scandia, MN	Andrew Turner	00:31:32.6	01:38	1	00:00:57.7	Tim Eastman	15	03:02:21.0	18.2	14	00:00:32.0	Julie Ryan	10	01:41:15.6	07:43	05:16:39.0
12	Fritz, Lauralee	105	Minnetonka, MN	Lauralee Fritz	00:41:06.2	02:07	17	00:01:47.3	John Fritz	9	02:49:10.2	19.6	16	00:00:33.2	Shawn Gardner	15	01:54:06.0	08:42	05:26:43.1
13	Busse, Bret	102	Apple Valley,	Bret Busse	00:30:48.7	01:35	11	00:01:23.2	Chris Kent	7	02:45:44.0	20.1	8	00:00:22.5	Heather	18	02:11:25.2	10:01	05:29:43.8
14	Bienapfl, Jessica	107	Robbinsdale,	Jessica Bienapfl	00:52:44.7	02:43	14	00:01:30.9	Annie Macnab	14	03:01:37.1	18.3	5	00:00:20.4	Lindi Kopecko	7	01:39:43.2	07:36	05:35:56.5
15	Stachel, Mike	108	Forest Lake, MN	Mike Stachel	00:42:39.0	02:12	9	00:01:21.5	Eric Opsahl	18	03:15:00.5	17.0	13	00:00:31.0	John Gustafson	4	01:36:56.7	07:24	05:36:28.8

Team - Half Ironman Relay Triathlon			1.2 mi swim			T-1		5.4 mi bike			T-2		3.1 mi run		7/29/2007			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	
16	Meyer, Thomas	104 Appleton, WI		Thomas God	00:42:41.5	02:12	8 00:01:20.2	10	D Meyer	02:52:21.4	19.3	10 00:00:27.4	16	Jack Meyer	01:59:38.7	09:07	05:36:29.4	
17	Euson, Alli	109 Edina, MN		Alli Euson	00:43:09.4	02:14	22 00:03:22.8	17	Alli Euson	03:11:48.4	17.3	15 00:00:32.4	14	Kaitlyn Rodman	01:51:36.5	08:31	05:50:29.7	
18	Citrowske, Scott	261 Minnetonka, MN		Scott Citrowske	00:48:26.3	02:30	7 00:01:19.4	21	Terry Citrowske	03:34:15.9	15.5			Daniel Hoover			05:57:01.6	
19	Severson, Jennifer	116 St. Louis Park,		Jennifer Severson	00:37:11.0	01:55	19 00:02:12.9	20	Jonathan Jellinger	03:28:56.1	15.9	6 00:00:20.8	17	Patrick Gillespie	02:10:45.3	09:58	06:19:26.3	
20	Stellenberg,	262 Coon Rapids,		Laurence	00:56:51.2	02:56	15 00:01:31.5	22	Alex Gustafson	04:05:24.6	13.5			David Protivinsky			06:31:42.7	
	Frisell, Maren	103 Saint Paul, MN		Maren Frisell	00:30:55.9		13 00:01:25.4	19	Alec Herr	03:19:50.3	16.6	9 00:00:24.8		Tyler Stevenson				DNF
	West, Gloria	72		Gloria West	00:28:50.7		20 00:02:56.7	16	Gary Youso	03:09:44.9	17.5	20 00:06:04.1		Gary Youso				DNF
	Dettbarn, Amy	275 Minneapolis,		Amy Dettbarn					Brian Fuller					Nick Lowe				DNS