

Chisago LakesTriathlon
Paradise Park
Chisago City, MN
Wed, Jul 30, 2008

1.2 mi swim

55.4 mi bike

13.1 mi run

Overall Results

White River Sports Timing
<http://itiming.com>

Place	Ovl?	Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen	description
Individual - Half Ironman Triathlon																					
Field: 388																					
1		1	Raymond, Rod	48 St. Paul, MN		00:26:36.1	01:22		00:01:05.8		02:16:05.9	24.4		00:00:54.6		01:26:01.3	06:33	04:10:43.8			
2		2	Carey, Mark	33 Rochester, MN		00:28:26.8	01:28		00:00:51.8		02:14:27.4	24.7		00:00:39.9		01:26:30.4	06:36	04:10:56.5			
3		3	Holden, David	5 North Hudson,		00:24:22.0	01:15		00:01:02.6		02:18:29.0	24.0		00:00:31.3		01:27:44.9	06:41	04:12:10.0			
4		4	Penticoff, Scott	16 Woodbury, MN		00:29:24.6	01:31		00:01:19.7		02:16:51.6	24.3		00:00:40.6		01:24:32.5	06:27	04:12:49.1			
5		5	Thompson, Greg	43		00:25:18.5	01:18		00:01:05.0		02:14:55.0	24.6		00:00:54.2		01:31:33.8	06:59	04:13:46.7			
6		6	1 Newman, Andy	241 Minneapolis,		00:28:39.4	01:29		00:01:14.1		02:16:32.0	24.3		00:00:53.8		01:28:46.2	06:46	04:16:05.7			
7		7	1 Mouw, Montgomery	19 white bear lake,		00:26:37.6	01:22		00:01:06.2		02:21:32.5	23.5		00:00:47.0		01:31:47.8	07:00	04:21:51.3			
8		8	2 Fields, James	22 Fond du Lac, WI		00:32:13.0	01:40		00:01:21.2		02:18:45.3	24.0		00:00:33.0		01:31:55.9	07:01	04:24:48.5			
9		9	2 Krenz, Tom	37 Chisago City, MI		00:30:34.2	01:34		00:01:33.2		02:22:06.4	23.4		00:01:26.0		01:30:34.3	06:54	04:26:14.4			
10		10	1 Juhlin, Todd	363 Mason City, IA		00:27:44.8	01:26		00:01:56.2		02:23:06.7	23.2		00:02:57.8		01:32:42.8	07:04	04:28:28.5			
11		11	1 Simmons, Matt	11 Moorhead, MN		00:36:04.7	01:52		00:01:33.7		02:22:15.0	23.4		00:01:00.6		01:27:50.3	06:42	04:28:44.6			
12		12	2 Felling, Jim	46 River Falls, WI		00:34:48.1	01:48		00:01:35.3		02:20:14.5	23.7		00:01:09.5		01:31:33.9	06:59	04:29:21.6			
13		13	1 Rosenberger,	137 Eleva, WI		00:35:28.7	01:50		00:01:24.4		02:23:07.8	23.2		00:00:50.4		01:29:23.1	06:49	04:30:14.7			
14		14	2 Olson, Michael	15 Savage, MN		00:30:46.9	01:35		00:02:15.6		02:24:51.2	22.9				03:59:22.6		04:30:28.2			
15		15	3 Midgarden, Jason	207 Golden Valley,		00:28:25.3	01:28		00:01:44.2		02:25:40.2	22.8		00:01:03.5		01:33:59.3	07:10	04:30:52.7			
16		16	2 Sosniecki, John	18 River Falls, WI		00:35:36.0	01:50		00:01:30.2		02:19:16.5	23.9		00:00:38.5		01:34:16.1	07:11	04:31:17.6			
17		17	1 Saunders, David	39 Hastings, MN		00:30:15.4	01:34		00:01:21.5		02:36:18.8	21.3		00:01:04.4		01:22:26.6	06:17	04:31:26.9			
18		18	3 Mcculloch, Nicholas	210 St. Louis Park,		00:32:23.7	01:40		00:01:13.8		02:22:10.1	23.4		00:00:42.7		01:35:48.4	07:18	04:32:19.0			
19		19	4 Isaksen, Borg	26 Brule, WI		00:33:00.4	01:42		00:02:13.8		02:22:36.9	23.3		00:01:24.0		01:34:18.4	07:11	04:33:33.7			
20		20	4 Fleener, Kyle	319 Austin, MN		00:35:16.8	01:49		00:01:08.8		02:21:48.1	23.4		00:00:53.0		01:34:36.7	07:13	04:33:43.6			
21		21	3 Lundberg, Dave	145 Woodbury, MN		00:34:10.1	01:46		00:01:34.4		02:19:44.0	23.8		00:01:00.6		01:37:37.1	07:27	04:34:06.3			
22		22	5 Sawyer, Donald	170 Circle Pines, MN		00:33:18.3	01:43		00:02:20.6		02:25:57.8	22.8		00:00:56.3		01:31:50.9	07:00	04:34:24.0			
23		23	2 Shulha, Andrew	25 Rochester, MN		00:32:23.7	01:40		00:02:06.2		02:28:58.0	22.3		00:00:51.9		01:30:09.5	06:52	04:34:29.4			
24		24	6 Koehler, Aaron	38 Minneapolis,		00:31:23.7	01:37		00:02:09.2		02:24:19.7	23.0				04:03:09.6		04:34:54.0			
25		25	4 Friedrichs, Dan	40 Mankato, MN		00:33:27.2	01:43		00:01:10.0		02:24:49.7	23.0		00:00:50.1		01:35:46.1	07:18	04:36:03.2			
26		26	7 Steffek, Michael	6 Appleton, WI		00:31:56.7	01:39		00:01:37.4		02:23:16.3	23.2		00:00:58.1		01:38:14.8	07:29	04:36:03.4			
27		1	Hull, Julie	2 Farmington, MN		00:33:18.2	01:43		00:01:17.7		02:25:57.0	22.8		00:00:23.3		01:36:17.6	07:21	04:37:13.9			

Individual - Half Ironman Triathlon			1.2 mi swim		T-1		5.4 mi bike			T-2		3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen	description
28	27	8 Anderson, Matt		00:33:31.6	01:44		00:02:09.4		02:21:38.9	23.5		00:01:19.0		01:39:46.0	07:36	04:38:25.2			
29	28	3 Moyer, Joe		00:44:36.5	02:18		00:01:34.9		02:16:58.0	24.3		00:00:55.3		01:35:20.9	07:16	04:39:25.8			
30	29	3 Robb, Jim		00:33:26.8	01:43		00:02:02.4		02:24:52.8	22.9				04:05:22.5		04:40:34.4			
31	30	3 Cogger, Ben		00:42:38.2	02:12		00:01:38.9		02:29:31.6	22.2		00:01:32.4		01:25:46.0	06:32	04:41:07.2			
32	31	4 Miller, Kevin		00:31:07.4	01:36		00:01:15.2		02:24:29.7	23.0		00:01:03.9		01:43:11.7	07:52	04:41:08.0			
33	2	McGaver, Marlo		00:39:41.6	02:03		00:01:20.0		02:18:32.6	24.0		00:00:53.6		01:40:49.3	07:41	04:41:17.3			
34	32	5 Heikkila, Jay		00:28:46.7	01:29		00:01:42.8		02:31:34.3	21.9		00:00:58.5		01:38:20.1	07:30	04:41:22.6			
35	33	4 Voss, David		00:34:40.5	01:47		00:01:08.0		02:28:07.8	22.4		00:00:29.3		01:37:31.4	07:26	04:41:57.4			
36	3	Youngberg, Becky		00:30:27.2	01:34		00:01:15.1		02:36:52.2	21.2		00:00:56.1		01:32:34.8	07:04	04:42:05.6			
37	34	1 Alexander, Terry		00:28:41.1	01:29		00:02:08.1		02:25:39.0	22.8		00:01:18.7		01:44:52.7	08:00	04:42:39.7			
38	4	Andres, Michelle		00:34:50.8	01:48		00:01:04.2		02:30:40.6	22.1		00:00:38.3		01:35:32.4	07:17	04:42:46.4			
39	35	6 Younker, Stephen		00:38:20.2	01:59		00:03:02.0		02:29:31.2	22.2		00:01:35.7		01:31:53.5	07:00	04:44:22.8			
40	36	5 Rogers, Kevin		00:38:30.6	01:59		00:02:30.5		02:30:38.5	22.1		00:01:35.2		01:31:31.9	06:59	04:44:46.9			
41	37	2 Gorr, Arth		00:38:20.2	01:59		00:02:55.2		02:28:06.6	22.4		00:01:15.6		01:34:17.4	07:11	04:44:55.3			
42	38	5 Berg, Jeff		00:39:05.5	02:01		00:01:47.0		02:28:35.4	22.4		00:01:08.9		01:34:24.9	07:12	04:45:01.9			
43	39	9 Abrams, Brendan		00:37:20.5	01:56		00:01:49.3		02:27:15.4	22.6		00:01:05.5		01:38:09.1	07:29	04:45:40.1			
44	40	6 Johnson, Jeff		00:36:18.2	01:52		00:02:48.2		02:30:07.9	22.1		00:01:21.5		01:35:29.4	07:17	04:46:05.4			
45	41	7 Evans, Mark		00:40:18.9	02:05		00:01:23.4		02:27:25.5	22.5		00:01:15.8		01:35:47.8	07:18	04:46:11.5			
46	42	5 Sosa-sol, Mario		00:33:06.2	01:42		00:01:15.2		02:30:49.3	22.0		00:01:07.0		01:40:09.6	07:38	04:46:27.5			
47	43	3 Roach, Charlie		00:40:15.4	02:05		00:02:11.9		02:32:23.2	21.8				04:06:14.7		04:46:52.1			
48	44	7 Husband, Shawn		00:41:09.0	02:07		00:02:26.9		02:32:24.3	21.8		00:01:21.8		01:29:46.3	06:51	04:47:08.4			
49	45	8 Noble, Shawn		00:33:17.7	01:43		00:02:30.0		02:27:56.6	22.5		00:01:11.0		01:42:24.4	07:49	04:47:19.9			
50	46	6 Cronin, Chris		00:35:09.2	01:49		00:02:17.2		02:31:17.7	22.0		00:01:25.1		01:37:11.6	07:25	04:47:20.9			
51	5	Hankee, Diane		00:35:27.2	01:50		00:01:15.0		02:29:41.5	22.2				04:11:44.4		04:47:29.7			
52	47	4 Kaczmarek, Mark		00:27:06.1	01:24		00:01:51.6		02:30:43.1	22.1		00:01:51.4		01:46:38.5	08:08	04:48:10.9			
53	48	1 Colaizy, Michael		00:40:30.3	02:05		00:01:34.8		02:27:32.8	22.5		00:01:02.8		01:38:15.1	07:30	04:48:56.0			
54	49	8 Sigler, Sam		00:32:59.9	01:42		00:01:53.2		02:24:52.8	22.9		00:01:43.0		01:47:36.0	08:12	04:49:05.2			
55	50	9 Simonson, John		00:34:04.4	01:45		00:02:12.6		02:31:26.2	21.9		00:01:17.4		01:40:16.5	07:39	04:49:17.4			
56	51	Ekstrum, Richard		00:34:04.1	01:45		00:02:01.8		02:26:52.5	22.6		00:00:59.4		01:45:47.1	08:04	04:49:45.0			
57	52	10 Bittner, Mark		00:36:10.9	01:52		00:01:35.1		02:23:48.4	23.1		00:01:15.6		01:47:03.0	08:10	04:49:53.2			
58	53	9 Zindel, Shane		00:37:24.0	01:56		00:02:22.4		02:30:58.7	22.0		00:01:11.4		01:38:25.6	07:30	04:50:22.4			
59	54	7 Drevlow, Corey		00:35:08.0	01:49		00:02:23.8		02:36:30.4	21.2		00:02:15.3		01:34:12.6	07:11	04:50:30.3			

Individual - Half Ironman Triathlon			1.2 mi swim			T-1		5.4 mi bike			T-2		3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen	description	
Ovl/Div/Age																				
60	55	10	Wrabetz, Brian	192	Oakdale, MN		00:28:26.9	01:28		00:01:20.9		02:25:10.4	22.9		00:01:17.4		01:54:49.7	08:45	04:51:05.5	
61	56	8	Bzdusek, Peter	10	minneapolis,		00:29:52.6	01:32		00:01:55.4		02:33:42.5	21.6		00:00:46.9		01:46:21.7	08:07	04:52:39.4	
62	57	4	Strzok, Ladislaus	50	Washburn, WI		00:31:05.7	01:36		00:01:09.3		02:32:17.7	21.8		00:01:00.9		01:47:13.5	08:11	04:52:47.3	
63	6	1	Visto, Erica	314	Minneapolis,		00:38:07.5	01:58		00:01:35.7		02:32:25.4	21.8		00:01:10.3		01:40:12.3	07:38	04:53:31.4	
64	58	11	Aguilar, Todd	284	Rochester, MN		00:38:24.5	01:59		00:01:28.7		02:32:20.8	21.8		00:01:27.6		01:39:57.3	07:37	04:53:39.0	
65	59	11	Graham, Nicholas	371	Minneapolis,		00:40:34.2	02:06		00:01:31.1		02:29:59.9	22.2		00:01:08.4		01:40:27.9	07:40	04:53:41.8	
66	60	6	Cable, Nick	228	Lodi, WI		00:42:17.0	02:11		00:01:09.8		02:28:38.4	22.4		00:01:13.1		01:40:37.5	07:40	04:53:55.9	
67	61	12	Amaya, Jairo	260	St. Paul, MN		00:40:30.1	02:05		00:02:02.6		02:31:29.9	21.9		00:01:32.7		01:38:25.9	07:30	04:54:01.4	
68	62	7	Schultz, James	74	Shorewood, MN		00:41:45.3	02:09		00:03:18.0		02:24:07.5	23.1		00:02:13.9		01:43:01.1	07:51	04:54:26.1	
69	7	1	Burdick, Becky	13	Minneapolis,		00:31:50.6	01:38		00:02:00.5		02:35:23.6	21.4		00:00:57.3		01:44:30.7	07:58	04:54:42.9	
70	63	13	Crowe, Jason	329	Newark, IL		00:44:24.4	02:17		00:02:25.1		02:30:54.5	22.0		00:02:24.2		01:35:11.6	07:16	04:55:20.0	
71	64	14	Olsen, David	204	Blue Earth, MN		00:36:51.9	01:54		00:01:57.1		02:29:33.2	22.2		00:01:38.2		01:45:55.9	08:05	04:55:56.4	
72	65	15	Ankrum, Adam	323	Crivitz, WI		00:41:33.2	02:09		00:02:39.5		02:25:44.7	22.8		00:01:13.3		01:44:47.8	07:59	04:55:58.7	
73	66	12	Surprise, Johnny	201	St. Paul, MN		00:33:51.6	01:45		00:01:36.1		02:27:39.8	22.5		00:01:23.6		01:51:54.2	08:32	04:56:25.4	
74	67	13	Bowers, Michael	125	Bartlett, IL		00:33:09.7	01:43		00:01:59.1		02:32:04.0	21.9		00:01:15.3		01:48:25.4	08:16	04:56:53.7	
75	8	1	Migay, Marcia	309	Thunder Bay,		00:30:41.7	01:35		00:02:10.5		02:39:04.5	20.9		00:01:29.3		01:44:24.4	07:58	04:57:50.5	
76	68	9	Hanson, Ben	181	Princeton, MN		00:35:48.1	01:51		00:01:42.0		02:27:36.3	22.5		00:00:51.4		01:52:11.9	08:33	04:58:09.9	
77	69	14	Chabot, Philippe	342	Winnipeg, MB		00:30:26.0	01:34		00:01:25.8		02:34:08.4	21.6		00:01:18.7		01:52:03.3	08:33	04:59:22.5	
78	70	10	Danahy, Mark	268	raleigh, NC		00:31:41.4	01:38		00:01:46.5		02:33:31.3	21.7		00:01:34.3		01:51:24.7	08:30	04:59:58.4	
79	1		Krueger, Adam	358	Moorhead, MN		00:39:02.6	02:01		00:03:18.3		02:28:28.8	22.4		00:01:31.1		01:48:15.7	08:15	05:00:36.8	
80	9	2	Misner, Jamie	35	St.Paul, MN		00:31:48.5	01:38		00:01:37.8		02:38:49.5	20.9		00:01:30.1		01:48:40.2	08:17	05:02:26.4	
81	71	8	Miller, Cris	62	Champlin, MN		00:35:44.8	01:51		00:02:29.4		02:30:54.8	22.0		00:01:04.0		01:52:51.4	08:36	05:03:04.6	
82	72	5	Fillipi, Pete	138	Madison, WI		00:36:41.7	01:54		00:02:05.7		02:31:48.0	21.9		00:00:49.6		01:51:52.6	08:32	05:03:17.8	
83	73	5	Thrush, Timothy	369	, WI		00:34:42.2	01:47		00:02:01.1		02:40:03.0	20.8		00:01:35.9		01:44:57.7	08:00	05:03:20.1	
84	74	15	Essma, Nicholas	372	Edina, MN		00:33:51.1	01:45		00:01:55.2		02:29:32.7	22.2		00:05:11.4		01:53:10.3	08:38	05:03:41.0	
85	75	2	Harris, Mark	189	Maplewood, MN		00:41:36.3	02:09		00:01:55.5		02:26:34.3	22.7		00:01:20.6		01:52:28.2	08:35	05:03:55.0	
86	76	16	Finn, Sean	134	Savage, MN		00:39:30.5	02:02		00:02:13.4		02:39:02.3	20.9		00:01:08.5		01:42:39.3	07:50	05:04:34.1	
87	77	16	Trelstad, Steve	183	Minnetonka, MN		00:33:16.4	01:43		00:03:55.1		02:32:37.6	21.8		00:02:10.5		01:52:35.0	08:35	05:04:34.7	
88	78	10	Schmidt, Luke	252	Madison, WI		00:37:34.0	01:56		00:03:16.9		02:36:43.4	21.2		00:01:56.9		01:46:09.8	08:06	05:05:41.3	
89	79	17	Avelar, Derrick	176	Minnetrista, MN		00:36:33.9	01:53		00:01:49.4		02:33:17.2	21.7		00:01:46.9		01:52:17.3	08:34	05:05:44.9	
90	80	17	Smith, Dan	245	Blaine, MN		00:41:04.8	02:07		00:03:12.6		02:25:39.4	22.8		00:01:47.3		01:54:17.3	08:43	05:06:01.7	
91	81	6	Ziegler, Connor	310	Saint Peter, MN		00:26:09.6	01:21		00:02:43.3		02:50:01.6	19.5		00:01:25.2		01:46:02.9	08:05	05:06:22.8	

Individual - Half Ironman Triathlon				1.2 mi swim		T-1		5.4 mi bike			T-2		3.1 mi run		7/30/2008			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
Ovl/Div/Age																		
92	82	6 Kimbrell, Gary	128 Duluth, MN	00:31:44.4	01:38		00:02:14.6		02:39:55.6	20.8		00:01:05.0		01:52:00.0	08:32	05:06:59.8		
93	10	1 Mouw, Suzann	20 white bear lake,	00:31:04.4	01:36		00:01:23.2		02:37:51.7	21.1		00:01:02.8		01:55:51.2	08:50	05:07:13.3		
94	11	3 Lindberg, Anne	291 Minneapolis,	00:30:34.4	01:35		00:02:33.9		02:43:17.3	20.4		00:02:05.2		01:49:03.6	08:19	05:07:34.7		
95	83	11 Neary, Andrew	338 Pewaukee, WI	00:32:08.1	01:39		00:02:05.4		02:34:42.3	21.5		00:01:19.4		01:57:38.6	08:58	05:07:53.9		
96	84	9 Frakes, Drew	320 St Louis Park,	00:39:05.0	02:01		00:02:18.5		02:36:36.2	21.2		00:00:54.0		01:49:08.7	08:19	05:08:02.6		
97	12	1 Robb, Heidi	76 Maple Grove,	00:39:51.3	02:03		00:01:36.8		02:37:17.1	21.1		00:00:22.7		01:49:04.0	08:19	05:08:12.1		
98	85	18 Brenneke, Jeff	311 Cottage Grove,	00:35:56.7	01:51		00:01:23.2		02:32:13.8	21.8		00:01:22.2		01:57:22.5	08:57	05:08:18.5		
99	86	19 Ryan, Joe	225 Rochester, MN	00:44:15.5	02:17		00:02:11.2		02:37:13.4	21.1		00:00:25.9		01:44:46.7	07:59	05:08:52.9		
100	87	20 Carlson, Mick	61 Apple Valley,	00:43:30.4	02:15		00:01:51.0		02:30:02.2	22.2		00:00:20.1		01:53:10.5	08:38	05:08:54.5		
101	13	2 Lindstrom, Tiffany	324 Woodbury, MN	00:35:07.9	01:49		00:02:25.8		02:46:41.1	19.9		00:01:16.5		01:43:32.7	07:54	05:09:04.2		
102	88	21 Jensen, Jonathan	215 Minnetonka, MN	00:35:05.8	01:49		00:01:22.3		02:26:43.7	22.7		00:00:58.7		02:04:56.4	09:32	05:09:06.9		
103	89	11 Malvick, Reed	178 St. Louis Park,	00:33:28.7	01:44		00:02:42.9		02:29:46.1	22.2		00:03:37.2		01:59:32.0	09:07	05:09:07.2		
104	14	3 Bronson, Leanne	230 Superior, WI	00:34:56.6	01:48		00:01:36.4		02:34:18.4	21.5		00:01:09.1		01:57:10.7	08:56	05:09:11.4		
105	90	12 Miner, Paul	237 Duluth, MN	00:32:26.5	01:40		00:02:28.7		02:27:37.0	22.5		00:01:53.5		02:04:45.9	09:31	05:09:11.9		
106	91	13 Miner, Peter	236 Duluth, MN	00:34:34.6	01:47		00:02:24.0		02:25:34.5	22.8				04:34:14.3		05:09:12.4		
107	92	12 Brown, Joshua	286 Plymouth, MN	00:44:48.6	02:19		00:02:15.0		02:43:03.6	20.4		00:01:27.7		01:37:47.7	07:27	05:09:22.7		
108	15	4 Pastorius, Katie	45 Arden Hills, MN	00:36:54.8	01:54		00:01:17.4		02:33:20.2	21.7		00:00:41.2		01:57:26.9	08:57	05:09:40.6		
109	93	18 Hobbs, Jim	197 Maple Grove,	00:39:46.4	02:03		00:04:27.1		02:33:27.4	21.7		00:03:38.1		01:48:22.5	08:16	05:09:41.6		
110	94	13 Swendseid, Travis	298 St. Louis Park,	00:37:07.5	01:55		00:02:04.3		02:36:47.2	21.2		00:01:38.3		01:52:32.9	08:35	05:10:10.4		
111	95	14 Citrowske, Bryan	361 Minnetonka, MN	00:36:12.9	01:52		00:02:43.4		02:37:52.8	21.1		00:02:07.0		01:51:22.8	08:30	05:10:19.1		
112	16	5 Ault, Kimberly	71 Plymouth, MN	00:33:41.8	01:44		00:01:35.3		02:35:30.6	21.4		00:01:10.1		01:58:24.7	09:02	05:10:22.7		
113	96	7 Ramberg, Nicholas	296 North Branch,	00:44:07.0	02:17		00:03:29.6		02:49:03.2	19.7		00:01:30.1		01:32:39.0	07:04	05:10:49.1		
114	17	2 Persons, Kerri	331 Duluth, MN	00:34:13.7	01:46		00:01:48.3		02:40:49.7	20.7		00:01:32.5		01:52:44.6	08:36	05:11:09.0		
115	97	22 martinez, michael	373 inver grove	00:38:54.8	02:00		00:02:36.8		02:43:16.4	20.4		00:01:38.6		01:44:57.2	08:00	05:11:24.1		
116	18	3 Aron, Carol	283 Bismark, ND	00:38:57.9	02:01		00:02:33.2		02:38:41.8	20.9		00:01:31.1		01:50:26.4	08:25	05:12:10.6		
117	98	10 Dalgaard, Erik	32 Champlin, MN	00:36:07.4	01:52		00:05:56.0		02:45:32.7	20.1		00:02:05.7		01:42:37.9	07:50	05:12:20.0		
118	99	23 Miller, Bob	274 Rochester, MN	00:38:05.2	01:58		00:03:02.3		02:45:58.3	20.0		00:01:37.2		01:44:19.2	07:57	05:13:02.3		
119	100	14 Erickson, Jake	247 Bloomington,	00:42:03.4	02:10		00:03:57.9							04:27:46.4		05:13:04.6		
120	19	2 Buenting, Christa	233 Moline, IL	00:40:42.5	02:06		00:02:30.7		02:39:18.7	20.9		00:01:05.9		01:49:30.9	08:21	05:13:08.8		
121	101	15 Deshitsa, Roman	335 Blaine, MN	00:33:47.3	01:44		00:01:54.0		02:41:50.9	20.5		00:01:39.7		01:54:32.1	08:44	05:13:44.2		
122	20	4 Carlson, Michelle	8 Maple Grove,	00:29:14.0	01:30		00:01:45.1		02:36:54.2	21.2		00:00:54.0		02:05:09.1	09:33	05:13:56.6		
123	21	5 Sellke, Mary	168 Golden Valley,	00:34:13.1	01:46		00:01:20.4		02:39:26.1	20.8		00:01:16.5		01:58:01.4	09:00	05:14:17.7		

Individual - Half Ironman Triathlon				1.2 mi swim		T-1		5.4 mi bike			T-2		3.1 mi run		7/30/2008					
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen	description
124	102	24 Sutherland, William	217 Saint Paul, MN		00:37:28.1	01:56		00:01:23.2		02:39:52.5	20.8		00:00:41.4		01:55:03.4	08:46	05:14:28.7			
125	103	15 Dixon, Bryan	187 Buffalo, MN		00:38:21.6	01:59		00:05:15.6		02:39:44.6	20.8		00:04:23.4		01:46:43.6	08:08	05:14:29.0			
126	104	19 Epshteyn, Igor	254 Plymouth, MN		00:38:52.7	02:00		00:02:33.4		02:29:44.1	22.2		00:01:41.5		02:02:12.0	09:19	05:15:03.8			
127	105	16 Weiland, Marty	318 Lakeville, MN		00:43:26.3	02:14		00:02:29.2		02:34:26.7	21.5		00:01:48.9		01:53:14.0	08:38	05:15:25.4			
128	106	20 Bock, Jonas	102 Madison, WI		00:40:03.9	02:04		00:01:36.9		02:31:52.5	21.9		00:00:43.0		02:01:58.8	09:18	05:16:15.3			
129	107	7 Miner, Jim	235 Duluth, MN		00:37:34.8	01:56		00:02:21.0		02:35:04.7	21.4		00:02:19.8		01:59:06.5	09:05	05:16:27.0			
130	22	3 Kolenz, Kris	231 Duluth, ID		00:34:02.5	01:45		00:01:46.4		02:45:15.4	20.1		00:01:40.7		01:53:41.9	08:40	05:16:27.1			
131	23	6 Olsen, Suzie	205 Blue Earth, MN		00:40:51.1	02:06		00:01:42.7		02:40:43.6	20.7		00:01:29.9		01:52:19.7	08:34	05:17:07.2			
132	24	1 Stangl, Heidi	133 Andover, MN		00:38:20.3	01:59		00:01:39.5		02:34:26.5	21.5		00:01:29.7		02:01:27.5	09:16	05:17:23.7			
133	25	6 Stafford, Jennifer	180 Fort Atkinson,		00:39:26.9	02:02		00:02:46.6		02:43:13.0	20.4		00:01:49.7		01:50:10.9	08:24	05:17:27.2			
134	108	11 Phillips, John	118 Edden Prairie,		00:31:28.8	01:37		00:01:49.7		02:35:06.8	21.4		00:00:47.4		02:08:45.9	09:49	05:17:58.8			
135	26	4 Kempf, Jennifer	312 Madison, WI		00:36:14.9	01:52		00:01:48.6		02:36:35.7	21.2		00:03:32.5		01:59:53.6	09:09	05:18:05.5			
136	109	21 Tortelli, Jeffrey	267 Minneapolis,		00:33:49.6	01:45		00:02:15.1		02:41:04.4	20.6		00:01:39.2		01:59:26.2	09:07	05:18:14.7			
137	27	2 Moore, Jenny	112 Medina, MN		00:36:10.1	01:52		00:01:28.9		02:38:51.7	20.9		00:00:54.1		02:00:57.8	09:14	05:18:22.8			
138	110	17 Frantal, Robbie	124 saint peter, MN		00:41:04.6	02:07		00:03:10.6		02:42:10.6	20.5		00:01:50.1		01:50:31.7	08:26	05:18:47.8			
139	111	22 Douglas, Michael	305 Bennington, NE		00:52:16.5	02:42		00:03:02.9		02:31:30.5	21.9		00:01:34.3		01:50:35.4	08:26	05:18:59.7			
140	28	1 Heldt, Wendy	203 Appleton, WI		00:36:32.4	01:53		00:02:00.5		02:39:11.3	20.9		00:01:26.2		02:00:12.7	09:10	05:19:23.3			
141	112	16 Priess, Matthew	199 Minneapolis,		00:40:27.6	02:05		00:03:03.3		02:36:05.9	21.3		00:02:05.0		01:57:57.8	09:00	05:19:39.9			
142	113	18 Jones, Brennan	321 Minneapolis,		00:40:32.7	02:05		00:01:52.3		02:28:26.2	22.4		00:01:48.3		02:07:04.4	09:42	05:19:44.0			
143	114	23 Bowers, James	281 Verona, WI		00:36:50.3	01:54		00:02:57.3		02:33:06.1	21.7		00:02:31.4		02:04:27.7	09:30	05:19:53.1			
144	115	24 Imig, Ken	330 New Berlin, WI		00:39:21.7	02:02		00:02:03.1		02:41:53.4	20.5		00:01:38.1		01:55:04.9	08:47	05:20:01.3			
145	29	4 Boyce, Mary	172 Roseville, MN		00:32:05.6	01:39		00:01:48.3		02:50:06.0	19.5		00:01:26.1		01:55:12.3	08:47	05:20:38.5			
146	30	2 Frederickson, Sara	327 Ramsey, MN		00:40:33.1	02:06		00:01:31.2		02:54:37.0	19.0		00:01:07.1		01:43:05.4	07:52	05:20:53.9			
147	116	8 Wynveen, Doug	164 Osceola, WI		00:43:15.6	02:14		00:02:24.5		02:45:06.7	20.1		00:02:21.4		01:47:48.5	08:13	05:20:57.0			
148	31	2 Guck, Beth	54 Andover, MN		00:32:10.8	01:39		00:02:12.9		02:53:13.1	19.2		00:00:17.5		01:53:05.6	08:37	05:21:00.1			
149	117	1 Ulrey, Andrew	360 North Oak, MN		00:28:31.6	01:28		00:03:36.5		02:51:00.0	19.4		00:02:35.0		01:57:08.8	08:56	05:22:52.1			
150	118	2 Ulrey, Michael	359 North Oak, MN		00:30:18.4	01:34		00:01:52.6		02:51:57.3	19.3		00:01:34.2		01:57:09.5	08:56	05:22:52.2			
151	119	25 Smrdel, Brian	143 White Bear		00:38:54.2	02:00		00:03:01.4		02:46:14.2	20.0		00:02:02.7		01:52:59.7	08:37	05:23:12.5			
152	120	12 Hall, Robb	72 Chanhassen,		00:38:33.5	01:59		00:02:04.9		02:42:43.1	20.4		00:01:20.9		01:59:08.5	09:05	05:23:51.1			
153	121	3 Pautsch, Gregory	287 Chippewa Falls,		00:45:58.7	02:22		00:03:32.2		02:28:49.9	22.3		00:02:47.9		02:03:05.8	09:23	05:24:14.6			
154	32	7 Will, Sara	84 Burnsville, MN		00:34:42.8	01:47		00:02:29.0		02:45:17.3	20.1		00:03:01.9		01:58:45.6	09:03	05:24:16.9			
155	33	3 Senty, Laurie	52 Grand Marais,		00:38:40.6	02:00		00:02:44.4		02:50:57.5	19.4		00:01:55.8		01:50:09.9	08:24	05:24:28.4			

Individual - Half Ironman Triathlon			1.2 mi swim			T-1		5.4 mi bike			T-2		3.1 mi run			7/30/2008			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen	description
Ovl/Div/Age																			
156	34	3 Senty, Kelly		53 Grand Marais,		00:38:39.0	02:00		00:02:44.9		02:50:56.0	19.4		00:01:57.8		01:50:10.7	08:24		05:24:28.5
157	35	5 Kotrba, Rachelle		106 Richfield, MN		00:45:53.2	02:22		00:03:06.7		02:44:26.4	20.2		00:01:15.1		01:50:14.2	08:24		05:24:55.8
158	122	19 Williams, Nathan		208 Whitefish, MT		00:29:29.0	01:31		00:02:10.4		02:41:33.6	20.6		00:02:38.9		02:09:17.2	09:52		05:25:09.3
159	123	25 Frings, Roger		66 Ridgeway, WI		00:37:26.1	01:56		00:05:11.5		02:33:46.9	21.6		00:02:32.8		02:06:18.3	09:38		05:25:15.9
160	36	8 Bock, Karla		34 Madison, WI		00:30:24.0	01:34		00:01:33.7		02:42:37.1	20.4				04:55:20.0			05:26:03.0
161	37	5 Woolsey, Amy		279 Sauk Rapids,		00:36:14.3	01:52		00:02:07.2		02:47:11.9	19.9		00:01:44.3		01:58:55.8	09:04		05:26:13.8
162	124	8 Ferguson, Chad		198 St Louis Park,		00:41:18.4	02:08		00:03:12.8		02:44:29.2	20.2		00:02:47.7		01:54:58.8	08:46		05:26:47.1
163	125	20 Ebertowski, Aaron		115 Buffalo, MN		00:35:11.7	01:49		00:01:11.1		02:35:15.3	21.4		00:01:21.9		02:13:52.0	10:13		05:26:52.3
164	126	26 Hofstad, Michael		257 Golden Valley,		00:34:47.2	01:48		00:02:47.9		02:47:12.3	19.9		00:01:28.7		02:00:49.1	09:13		05:27:05.4
165	38	6 Schlaefer,		285 Saint Paul, MN		00:33:42.1	01:44		00:03:02.3		02:43:49.5	20.3				04:51:37.2			05:27:52.0
166	39	7 Skrzeczkoski-bzdu		175 minneapolis,		00:33:54.8	01:45		00:02:31.1		02:42:45.3	20.4		00:01:48.1		02:07:41.3	09:44		05:28:40.8
167	40	7 Randolph, Kris		177 Edina, MN		00:44:37.2	02:18		00:03:40.8		02:41:45.1	20.5		00:01:41.1		01:57:13.2	08:56		05:28:57.6
168	127	3 Gregory, Joel		36 Richmond, MN		00:30:28.1	01:34		00:01:45.0		02:54:00.6	19.1		00:01:32.1		02:01:26.8	09:16		05:29:12.7
169	41	6 Olah, Terri		282 Medina, MN		00:33:48.7	01:45		00:02:31.4		02:41:33.5	20.6		00:02:23.3		02:09:25.1	09:52		05:29:42.2
170	42	8 Shepherd, Erin		156 Dunwoody, GA		00:44:33.8	02:18		00:02:22.3		02:45:24.4	20.1		00:03:01.9		01:54:25.1	08:44		05:29:47.7
171	128	27 Gillies, Steve		190 Savage, MN		00:32:32.9	01:41		00:01:52.0		02:36:30.3	21.2		00:02:33.4		02:16:57.8	10:27		05:30:26.6
172	43	7 Jackson, Joni		326 Mpls, MN		00:36:10.6	01:52		00:02:14.8		02:54:24.5	19.1		00:02:10.6		01:55:38.2	08:49		05:30:39.0
173	129	21 Pula, Sean		355 Plymouth, MN		00:41:45.4	02:09		00:01:57.7		02:39:44.2	20.8		00:01:26.6		02:06:05.0	09:37		05:30:59.1
174	130	17 Schultz, Chris		188 Rochester, MN		00:43:30.5	02:15		00:03:58.6		02:47:57.7	19.8		00:03:34.5		01:52:23.9	08:34		05:31:25.4
175	131	26 Foster, Seth		107		00:37:41.9	01:57		00:02:43.0		02:44:50.0	20.2		00:02:02.0		02:04:15.2	09:29		05:31:32.3
176	44	9 Swanson, Becka		211 Circle Pines, MN		00:39:27.2	02:02		00:01:49.0		02:35:18.8	21.4		00:01:01.7		02:14:19.6	10:15		05:31:56.5
177	45	8 Riedl, Sarah		165 Minneapolis,		00:34:19.1	01:46		00:02:51.8		02:48:37.5	19.7		00:02:27.2		02:04:05.5	09:28		05:32:21.3
178	46	10 Powell, Kristy		261 New Brighton,		00:42:24.4	02:11		00:03:12.5		02:44:16.3	20.2		00:02:43.9		02:00:45.4	09:13		05:33:22.7
179	132	28 Loidolt, Neal		249 Brooklyn Park,		00:45:55.6	02:22		00:04:31.5		02:50:03.3	19.5		00:02:18.8		01:51:27.6	08:30		05:34:17.0
180	133	29 Tatarka,		341 woodbury, MN		00:42:52.5	02:13		00:03:13.2		02:48:44.7	19.7		00:01:56.1		01:58:13.5	09:01		05:35:00.2
181	47	9 Holzemer, Rachel		86 Saint Paul, MN		00:34:07.6	01:46		00:01:37.3		02:53:17.8	19.2		00:01:32.5		02:05:00.5	09:32		05:35:35.9
182	134	9 Kelly, Brian		209 MINNEAPOLIS,		00:34:41.2	01:47		00:03:13.8		02:49:19.6	19.6		00:02:59.0		02:05:40.4	09:35		05:35:54.2
183	48	9 Amundson, Jill		103 Babcock, WI		00:35:31.1	01:50		00:01:54.5		02:44:45.4	20.2		00:01:22.9		02:12:29.8	10:06		05:36:03.9
184	135	27 Hollenback, Brian		375		00:44:01.6	02:16		00:03:56.9		02:51:43.7	19.4		00:04:10.8		01:53:11.6	08:38		05:37:04.7
185	136	10 Linscheid, Eric		265 Kodiak,, AK		00:41:09.0	02:07		00:02:16.2		02:51:52.5	19.3		00:01:41.2		02:00:21.5	09:11		05:37:20.5
186	49	8 Xu, Amy		173 Plymouth, MN		00:44:39.0	02:18		00:01:41.0		02:59:18.9	18.5		00:00:48.3		01:50:56.6	08:28		05:37:24.0
187	137	22 Rupprecht, Brad		362 Minneapolis,		00:35:58.0	01:51		00:03:35.0		02:46:34.9	20.0		00:02:23.8		02:08:52.8	09:50		05:37:24.8

Individual - Half Ironman Triathlon				1.2 mi swim		T-1		5.4 mi bike			T-2		3.1 mi run		7/30/2008				
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
188	50	10 Schindler, Erin	110 Plymouth, MN		00:39:32.4	02:02		00:02:34.1		02:48:58.8	19.7		00:02:09.2		02:04:25.5	09:29	05:37:40.2		
189	51	4 Sands, Mary	262 St. Paul, MN		00:40:01.0	02:04		00:01:47.8		02:56:11.4	18.9		00:01:14.0		01:58:27.5	09:02	05:37:41.9		
190	52	10 Bishop, Traci	248 Minneapolis,		00:43:08.2	02:14		00:01:50.2		02:43:54.4	20.3		00:01:42.5		02:07:30.1	09:43	05:38:05.6		
191	138	30 Deihl, Kiffin	104 New Prague,		00:40:43.6	02:06		00:04:13.0		02:59:52.6	18.5		00:01:52.8		01:51:25.3	08:30	05:38:07.6		
192	139	9 Mikkelson, Daniel	232 Plymouth, MN		00:29:48.2	01:32		00:03:00.2		02:54:19.1	19.1		00:01:20.6		02:09:41.2	09:53	05:38:09.5		
193	53	11 Kabes, April	94 New Prague,		00:34:59.4	01:48		00:03:33.4		02:55:34.3	18.9		00:02:23.3		02:02:14.3	09:19	05:38:44.9		
194	54	4 Komjathy, Christine	234 ames, IA		00:36:07.0	01:52		00:04:42.8		03:08:18.2	17.7		00:03:48.6		01:47:24.7	08:11	05:40:21.6		
195	140	28 Nelson, Matthew	322 Edina, MN		00:40:59.5	02:07		00:04:28.7		02:47:49.7	19.8		00:02:56.0		02:04:56.5	09:32	05:41:10.6		
196	141	31 Julson, Charles	297 Bloomington,		00:34:54.1	01:48		00:01:53.9		02:52:24.8	19.3		00:02:37.2		02:09:24.2	09:52	05:41:14.5		
197	142	29 Burnett, Jamie	139 Minneapolis,		00:45:45.9	02:22		00:01:27.9		02:44:58.7	20.1		00:01:36.7		02:07:42.9	09:44	05:41:32.4		
198	2	Hagen, Aaron	337 Hastings, MN		00:34:42.7	01:47		00:03:27.0		02:39:33.5	20.8		00:01:28.6		02:23:09.4	10:55	05:42:21.3		
199	55	11 Kouba, Michelle	293 Rosemount, MN		00:39:04.5	02:01		00:01:38.9		02:50:37.3	19.5		00:01:11.7		02:09:53.5	09:54	05:42:26.0		
200	143	30 martinez, michael	370 inver grove		00:42:23.2	02:11		00:03:59.5		02:55:02.1	19.0		00:02:15.3		01:58:47.2	09:04	05:42:27.5		
201	144	32 Kegle, Edward	367 forest lake, MN		00:40:26.0	02:05		00:03:20.2		02:52:24.0	19.3		00:01:49.5		02:04:30.6	09:30	05:42:30.5		
202	145	4 Blau, Danny	328 Waukesha, WI		00:49:06.4	02:32		00:03:02.4		02:41:08.5	20.6		00:02:09.4		02:07:05.7	09:42	05:42:32.6		
203	146	31 Logue, Bryan	56 New Prague,		00:35:21.3	01:49		00:02:21.5		02:43:20.8	20.3		00:00:36.8		02:21:02.4	10:45	05:42:43.0		
204	147	33 Chetek, Howard	132 Rosemount, MN		00:39:38.2	02:03		00:05:14.1		02:43:23.7	20.3		00:03:07.2		02:12:39.0	10:07	05:44:02.4		
205	3	Polasky, Jonathan	224 Maplewood, MN		00:36:20.0	01:52		00:02:27.7		02:57:13.5	18.8		00:01:32.3		02:06:52.0	09:41	05:44:25.7		
206	148	32 Hansen, Derek	325 Lakeville, MN		00:36:12.0	01:52		00:03:06.4		02:37:31.2	21.1		00:01:48.2		02:26:21.9	11:10	05:45:00.0		
207	56	12 Byland, Stephanie	251 Edina, MN		00:41:56.2	02:10		00:02:34.5		02:49:41.8	19.6		00:01:39.1		02:09:49.5	09:54	05:45:41.2		
208	149	33 Gallaton, Peter	243 Sacndia, MN		00:35:35.3	01:50		00:02:30.8		02:51:56.8	19.3		00:01:11.4		02:14:33.7	10:16	05:45:48.1		
209	150	34 Citrowske, Scott	269 Eden Prairie,		00:45:13.5	02:20		00:03:51.7		03:05:00.3	18.0		00:02:26.4		01:49:57.1	08:23	05:46:29.1		
210	57	12 Mitchell, Kimberly	85 Saint Paul, MN		00:37:00.3	01:54		00:01:28.8		02:54:35.1	19.0		00:01:22.3		02:12:53.2	10:08	05:47:19.8		
211	58	5 Bachel, Mary	77 Chanhassen,		00:46:45.0	02:25		00:03:11.2		02:48:42.2	19.7		00:00:26.0		02:08:34.5	09:48	05:47:39.2		
212	151	34 Mejia, Matt	202 St. Paul, MN		00:39:23.7	02:02		00:02:46.7		02:36:04.3	21.3		00:02:28.4		02:27:10.4	11:14	05:47:53.8		
213	152	23 Kingsley, Kyle	315 Minneapolis,		00:40:29.7	02:05		00:03:51.1		02:42:36.1	20.4		00:02:28.0		02:19:05.2	10:37	05:48:30.3		
214	153	18 Stafford, Erik	276 Fort Atkinson,		00:39:31.2	02:02		00:03:24.5		02:44:36.1	20.2		00:03:54.9		02:17:12.0	10:28	05:48:38.8		
215	154	35 Peitso, Lance	93 Circle Pines, MN		00:38:46.3	02:00		00:02:40.4		02:47:18.1	19.9		00:02:04.1		02:17:59.3	10:32	05:48:48.4		
216	59	11 Bond, Cheryl	253 Shakpee, MN		00:38:42.8	02:00		00:01:45.0		02:58:25.2	18.6		00:01:50.0		02:09:25.3	09:52	05:50:08.5		
217	60	6 Wright, Leigh	350 Duluth, MN		00:37:38.8	01:56		00:02:38.4		03:03:11.7	18.1		00:02:07.7		02:05:03.5	09:32	05:50:40.3		
218	61	3 Garlough, Dawn	256 Bloomington,		00:41:57.6	02:10		00:03:27.8		03:02:06.5	18.3		00:01:52.3		02:01:50.8	09:18	05:51:15.3		
219	155	13 Poferl, Chris	280 Eden Prairie,		00:42:20.6	02:11		00:02:17.2		02:41:23.4	20.6		00:02:43.8		02:22:46.4	10:53	05:51:31.7		

Individual - Half Ironman Triathlon			1.2 mi swim		T-1		5.4 mi bike			T-2		3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen	description
220	62	13 Hollenback, Jodee	376	Coon Rapids,	00:44:01.8	02:16	00:06:41.5		03:04:19.5	18.0		00:06:21.7		01:50:12.0	08:24	05:51:36.7			
221	156	35 Younger, Robert	105	Maple Grove,	00:36:02.1	01:51	00:03:12.6		02:42:26.3	20.5		00:02:37.1		02:28:00.6	11:17	05:52:18.9			
222	157	19 Ho, Benjamin	82	Minneapolis,	00:46:37.0	02:24	00:02:25.2		03:12:52.6	17.2		00:02:36.3		01:48:08.0	08:15	05:52:39.2			
223	63	9 Hendrickson, Jill	313	Hopkins, MN	00:33:07.8	01:42	00:02:05.3		03:00:53.9	18.4		00:01:20.4		02:15:29.4	10:20	05:52:57.1			
224	64	7 Kratzer, Rhea	340	appleton, WI	00:36:29.8	01:53	00:01:46.8		02:48:18.1	19.8		00:01:20.8		02:25:15.4	11:05	05:53:11.2			
225	65	13 Brooks, Erin	68	Neenah, WI	00:38:41.2	02:00	00:03:12.4		02:59:22.7	18.5		00:02:01.1		02:09:58.2	09:55	05:53:15.7			
226	66	10 Maertz, Lisa	336	Appleton, WI	00:47:17.0	02:26	00:01:53.0		02:45:42.4	20.1		00:01:22.7		02:18:45.3	10:35	05:55:00.5			
227	158	36 Atan, Ahmet	242	St. Louis Park,	00:47:55.9	02:28	00:04:43.9		02:51:52.6	19.3		00:03:09.0		02:07:32.6	09:44	05:55:14.3			
228	67	14 Douglas, Karen	304	Bennington, NE	00:52:17.7	02:42	00:03:17.8		03:05:22.2	17.9		00:02:13.0		01:53:08.1	08:38	05:56:18.9			
229	159	24 Mcginnis, Sean	27	Minneapolis,	00:37:54.4	01:57	00:02:33.2		02:50:42.3	19.5		00:01:30.6		02:24:41.5	11:02	05:57:22.2			
230	160	20 Wilson, Peter	347	Lindstrom, MN	00:40:07.9	02:04	00:03:51.6		02:51:34.9	19.4		00:02:03.9		02:20:31.1	10:43	05:58:09.7			
231	68	14 Vogt, Ann	79	Minneapolis,	00:40:52.3	02:07	00:01:24.1		03:06:46.6	17.8		00:00:57.7		02:09:27.1	09:52	05:59:28.1			
232	161	36 Smith, Adam	159	Bloomington,	00:43:13.4	02:14	00:02:15.6		02:44:32.2	20.2		00:01:36.7		02:30:12.4	11:27	06:01:50.6			
233	69	15 Simmons, Trina	182	Moorhead, MN	00:45:30.6	02:21	00:02:18.3		03:09:56.9	17.5		00:02:18.4		02:02:17.0	09:20	06:02:21.2			
234	70	12 Sluss, Rebecca	65	Minneapolis,	00:35:05.7	01:49	00:02:51.0		03:04:10.7	18.0		00:02:45.5		02:17:29.8	10:29	06:02:22.9			
235	4	Olson, Eric	316	Luck, WI	00:44:04.0	02:16	00:04:38.9		03:01:56.1	18.3		00:01:55.0		02:10:16.4	09:56	06:02:50.6			
236	1	Henning, Amy	144	Appleton, WI	00:45:16.1	02:20	00:02:36.3		02:48:02.3	19.8		00:01:13.5		02:25:46.9	11:07	06:02:55.3			
237	162	1 Gyskiewicz, Joe	364	Edina, MN	00:42:20.1	02:11	00:04:05.6		03:04:37.8	18.0		00:02:43.7		02:09:10.1	09:51	06:02:57.6			
238	163	37 Smith, Mark	216	Coon Rapids,	00:51:42.3	02:40	00:02:48.3		02:42:26.3	20.5		00:01:24.9		02:27:07.7	11:13	06:05:29.7			
239	71	15 Johannessen,	240	Fitchburg, WI	00:44:05.3	02:16	00:04:30.4		03:13:33.7	17.2		00:01:32.5		02:02:36.3	09:21	06:06:18.3			
240	164	38 Wilson, Kevin	191	South St Paul,	00:43:25.6	02:14	00:04:22.9		02:58:06.1	18.7		00:03:08.0		02:17:30.5	10:29	06:06:33.2			
241	5	Stangler, Nate	140	Edina, MN	00:43:09.8	02:14	00:02:56.4		02:46:19.9	20.0		00:01:18.8		02:33:28.7	11:42	06:07:13.8			
242	165	14 Heskin, Paul	129	Savage, MN	00:38:27.2	01:59	00:03:50.8		02:56:06.5	18.9		00:01:58.8		02:27:43.3	11:16	06:08:06.8			
243	72	16 Vetscher, Erin	334	Minneapolis,	00:40:20.8	02:05	00:03:12.3		02:57:55.3	18.7		00:02:25.3		02:24:51.7	11:03	06:08:45.6			
244	166	25 Smith, Jason	160	Woodbury, MN	00:36:01.5	01:51	00:02:41.6		02:55:38.0	18.9		00:02:01.1		02:33:07.4	11:41	06:09:29.8			
245	73	17 Schuldt, Jan	345	Minnetonka, MN	00:47:06.6	02:26	00:02:47.9		03:20:44.7	16.6		00:00:50.5		01:59:33.2	09:07	06:11:03.2			
246	167	10 Morrison, Theodore	266	Hastings, MN	00:35:54.0	01:51	00:01:50.3		03:00:58.3	18.4		00:00:51.5		02:31:29.6	11:33	06:11:03.9			
247	74	16 Gantman, Holly	121	Plymouth, MN	00:44:17.3	02:17	00:02:40.3		03:08:59.7	17.6		00:02:53.1		02:12:36.5	10:07	06:11:27.2			
248	168	15 Sokola, Gary	196	White Bear	00:37:27.5	01:56	00:03:48.6		02:47:02.9	19.9		00:04:00.1		02:39:59.5	12:12	06:12:18.7			
249	169	26 Mendel, Daniel	272	Richfield, MN	00:36:56.9	01:54	00:02:32.5		02:46:48.8	19.9		00:01:57.2		02:44:12.7	12:32	06:12:28.3			
250	170	27 Hernke, Jason	292	West Allis, WI	00:47:10.4	02:26	00:02:25.2		03:06:12.5	17.9		00:01:52.0		02:14:52.3	10:17	06:12:32.6			
251	75	17 Rutt, Dana	64	minneapolis,	00:51:16.8	02:39	00:01:43.4		03:00:32.1	18.4		00:01:20.2		02:17:56.9	10:31	06:12:49.5			

Individual - Half Ironman Triathlon				1.2 mi swim		T-1		5.4 mi bike			T-2		3.1 mi run		7/30/2008				
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
252	76	8 Stoller, Diane	126 Maple Grove,		00:53:31.9	02:46		00:02:22.3		03:00:22.4	18.4		00:02:32.6		02:14:03.6	10:14	06:12:53.0		
253	171	37 Peltier, Bruce	14 Hartland, WI		00:48:58.6	02:32		00:01:19.9		02:34:31.3	21.5		00:00:56.8		02:47:51.5	12:48	06:13:38.3		
254	172	11 Turman, Dana	343 Lindstrom, WI		00:39:05.5	02:01		00:04:52.4		03:02:49.4	18.2		00:02:11.3		02:24:57.1	11:03	06:13:56.0		
255	77	1 Brooks, Peggy	67 Madison, WI		00:45:16.6	02:20		00:04:02.0		02:55:41.6	18.9		00:00:26.3		02:30:17.6	11:28	06:15:44.4		
256	6	Mclaughlin, John	157 Eagan, ME		00:43:00.0	02:13		00:03:24.1		02:46:02.7	20.0		00:02:56.0		02:41:42.7	12:20	06:17:05.6		
257	173	11 Kovash, Jesse	220 bloomington,		00:46:06.8	02:23		00:02:43.9		02:58:43.6	18.6		00:01:41.8		02:28:44.6	11:21	06:18:00.9		
258	78	9 Locher, Kim	60 Lakeville, MN		00:45:06.8	02:20		00:05:07.8		03:19:41.3	16.6		00:02:04.0		02:06:02.7	09:37	06:18:02.8		
259	174	12 Wernersbach, Gary	200 Zimmerman, MN		00:43:28.9	02:15		00:05:06.1		03:20:14.5	16.6		00:02:11.7		02:07:23.8	09:43	06:18:25.2		
260	79	10 Lang, Diane	109 Burnsville, MN		00:49:25.6	02:33		00:02:14.5		03:08:07.3	17.7		00:02:35.2		02:16:07.9	10:23	06:18:30.9		
261	175	28 Spencer, Ryan	222 Blaine, MN		00:45:05.5	02:20		00:05:03.7		03:21:48.2	16.5		00:02:32.2		02:05:30.2	09:34	06:20:00.0		
262	176	2 Fox, Barry	179 St Paul, MN		00:48:04.9	02:29		00:03:00.5		03:05:41.7	17.9		00:04:29.2		02:21:07.6	10:46	06:22:24.1		
263	80	18 Buchkosky, Natalie	244 Shakopee, MN		00:38:29.2	01:59		00:04:19.3		03:24:51.8	16.2		00:01:44.2		02:13:19.8	10:10	06:22:44.6		
264	2	Basala, Kimberly	294 Plover, WI		00:46:51.8	02:25		00:01:44.7		02:56:44.0	18.8		00:02:38.5		02:34:52.3	11:49	06:22:51.6		
265	81	18 Mcdonough,	153 Lindstrom, MN		00:51:39.8	02:40		00:04:31.3		03:02:52.4	18.2		00:01:47.1		02:22:14.3	10:51	06:23:05.0		
266	177	38 Mcdonough, James	171 Cottage Grove,		00:42:19.8	02:11		00:07:24.4		03:06:18.6	17.8		00:03:42.8		02:24:03.4	10:59	06:23:49.2		
267	178	16 Virga, J.	348 Luck, WI		00:45:39.4	02:21		00:04:05.0		03:17:49.6	16.8		00:02:00.8		02:15:02.6	10:18	06:24:37.6		
268	179	21 Davis, Tom	368 St. Paul, MN		00:47:41.7	02:28		00:02:06.6		03:04:10.1	18.0		00:05:15.1		02:25:30.7	11:06	06:24:44.3		
269	180	39 Holmes, Brian	332 St Louis Park,		00:39:12.4	02:01		00:05:15.6		03:01:48.4	18.3		00:02:45.8		02:35:42.6	11:53	06:24:45.0		
270	82	11 Holmes, Kari	374 St Louis Park,		00:41:31.3	02:09		00:02:57.3		03:02:36.2	18.2		00:03:44.0		02:33:57.2	11:45	06:24:46.2		
271	181	40 Van	101 Prior Lake, MN		00:48:01.1	02:29		00:02:04.0		02:53:04.3	19.2		00:01:31.7		02:40:25.2	12:14	06:25:06.4		
272	182	41 Slattengren, Chad	194 New Hope, MN		00:33:38.2	01:44		00:03:39.6		02:46:29.2	20.0		00:03:22.7		02:59:28.5	13:42	06:26:38.4		
273	183	39 Toelle, Dan	229 Fargo, ND		00:42:59.5	02:13		00:06:36.5		03:29:52.1	15.8		00:01:35.3		02:05:49.6	09:36	06:26:53.2		
274	83	19 Mielke, Kris	69 Eden Prairie,		00:40:35.5	02:06		00:01:46.0		03:11:13.0	17.4		00:01:17.4		02:32:30.8	11:38	06:27:22.9		
275	84	13 Gurney, Rebecca	63 st paul, MN		00:46:08.6	02:23		00:03:05.2		03:04:22.0	18.0		00:01:17.9		02:32:29.1	11:38	06:27:23.0		
276	184	13 Rotondo, David	246 Minneapolis,		00:55:48.6	02:53		00:02:57.6		02:52:27.2	19.3		00:02:36.0		02:34:09.6	11:46	06:27:59.2		
277	185	4 Heffernan, David	117 Minneapolis,		00:52:20.3	02:42		00:04:39.8		03:03:40.4	18.1		00:05:19.5		02:22:41.9	10:53	06:28:42.1		
278	186	12 Lin, Kevin	146 Madison, WI		00:55:25.1	02:52		00:02:41.0		03:05:09.1	18.0		00:02:18.6		02:23:31.6	10:57	06:29:05.5		
279	85	5 Luoma, Jennifer	299 Maple Grove,		00:51:46.2	02:40		00:03:12.1		03:14:04.0	17.1		00:02:37.0		02:18:33.8	10:34	06:30:13.3		
280	86	6 Rosenbohm, Laura	226 Ames, IA		00:41:21.3	02:08		00:04:16.0		03:10:10.2	17.5		00:03:15.0		02:31:11.7	11:32	06:30:14.5		
281	87	19 Worms, Christine	288 St Paul, MN		00:42:16.7	02:11		00:03:52.3		03:02:40.3	18.2		00:02:50.4		02:38:57.3	12:08	06:30:37.1		
282	187	13 Schuler, Tyler	270 Chisago City,		00:37:08.1	01:55		00:01:55.9		03:09:35.7	17.5		00:02:37.1		02:40:12.1	12:13	06:31:29.0		
283	188	17 Kliewer, Bradley	73 Minneapolis,		00:49:18.7	02:33		00:04:32.3		03:08:09.0	17.7		00:03:09.4		02:26:46.8	11:12	06:31:56.5		

Individual - Half Ironman Triathlon			1.2 mi swim		T-1		5.4 mi bike			T-2		3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen	description
284	7	Kleve, Joshua	149	Bloomington,	00:41:23.1	02:08	00:03:08.2		03:11:43.7	17.3		00:01:26.2		02:38:21.8	12:05	06:36:03.0			
285	88	14 Tuescher, Nicole	88	Minneapolis,	00:58:11.1	03:00	00:05:26.4		03:17:02.4	16.9		00:03:31.6		02:12:10.9	10:05	06:36:22.7			
286	89	20 Straus, Stephanie	135	Milwaukee, WI	00:47:32.0	02:27	00:03:56.5		03:14:12.9	17.1		00:03:27.0		02:27:15.1	11:14	06:36:23.6			
287	90	15 Lium, Mary Jo	162	La Crosse, WI	00:44:41.6	02:18	00:03:37.6		03:13:57.6	17.1		00:02:05.0		02:32:35.4	11:38	06:36:57.4			
288	91	16 Barrett, Beth	250	Minneapolis,	00:39:00.3	02:01	00:01:24.1		03:00:02.7	18.5		00:01:03.4		02:57:44.8	13:34	06:39:15.6			
289	92	12 Rebeck, Kavea	346	Savage, MN	01:13:46.7	03:49	00:03:53.5		03:14:26.5	17.1		00:03:25.0		02:07:13.0	09:42	06:42:44.9			
290	189	14 Schuler, Trevor	271	Chisago City,	00:38:07.0	01:58	00:03:31.1		03:07:03.1	17.8		00:02:41.2		02:53:51.7	13:16	06:45:14.3			
291	93	4 Seubert, Mary	258	Maple Grove,	00:49:06.4	02:32	00:02:41.9		03:17:44.0	16.8		00:02:57.6		02:34:35.5	11:48	06:47:05.5			
292	190	29 Barfknecht,	123	New Brighton,	00:41:47.7	02:09	00:05:28.5		03:14:11.2	17.1		00:05:40.1		02:43:18.7	12:27	06:50:26.4			
293	94	20 Retzer, Marcia	239	St Cloud, MN	00:56:14.1	02:54	00:02:10.4		03:23:33.7	16.3		00:01:49.1		02:28:26.0	11:19	06:52:13.6			
294	95	17 Johnson, Emily	278	Minneapolis,	00:52:01.4	02:41	00:02:42.9		03:38:22.2	15.2		00:01:44.5		02:17:31.4	10:29	06:52:22.5			
295	191	40 Norris, Karl	307	New Berlin, WI	00:41:52.7	02:10	00:04:21.4		02:51:42.5	19.4		00:02:40.0		03:14:00.9	14:48	06:54:37.8			
296	192	18 Adams, Ron	193	andover, MN	00:53:55.1	02:47	00:05:45.7		03:48:23.0	14.6		00:03:01.2		02:08:41.5	09:49	06:59:46.8			
297	3	Knutson, Rebecca	213	Elkhorn, WI	00:51:56.7	02:41	00:04:19.6		03:09:21.2	17.6		00:03:13.2		02:53:53.2	13:16	07:02:44.1			
298	8	Goetsch, Adam	80	Milwaukee, WI	00:53:46.9	02:47	00:02:34.5		03:21:20.1	16.5		00:01:41.0		03:06:59.7	14:16	07:26:22.4			
299	9	Geer, Don	185	Queensbury,	00:54:36.9	02:49	00:08:17.2		03:13:19.3	17.2		00:08:16.9		03:25:12.6	15:39	07:49:43.0			
		Thompson, David	1	St Paul, MN	00:24:57.9		00:00:45.8		02:03:59.5	26.8		00:00:32.4				DNF			
		Benson, Jason	308	Wyoming, MN	00:40:16.7		00:01:27.6									DNF			
		Moxnihan, Brian	317	Apple Valley, MI	00:28:42.2		00:01:52.9		02:11:04.4	25.4						DNF			
		Ojala, Ladd	333	Minneapolis,	00:35:06.2		00:01:37.4									DNF			
		Lundquist, Nick	290	Minneapolis,	00:39:18.3		00:02:15.0									DNF			
		Moritz, Jeannette	300	Minneapolis,	00:30:52.1		00:01:29.0		02:42:49.9	20.4		00:02:47.8				DNF			
		Delbridge, Charlie	221	Minneapolis,	00:30:53.0		00:02:43.2									DNF			
		Lindsey, Melissa	174	Savage, MN	00:52:18.7		00:01:45.7									DNF			
		Mckenzie, Robert	195	Maple Grove,	00:36:11.2		00:01:54.4									DNF			
		Hoaby, Tod	122	Golden VALley,	01:04:07.6		00:04:07.4		03:32:01.2	15.7		00:05:03.8				DNF			
		Hankee, Michael	24	Lino Lakes, MN	00:35:22.4		00:01:19.4		02:33:20.5	21.7						DNF			
		Silbernack, Melinda	29	Maple Grove,	00:33:57.5		00:01:42.6		02:22:10.4	23.4		00:02:48.6				DNF			
		Davis, Craig	47	Mounds View,	00:33:39.8		00:02:18.0		02:33:38.9	21.6		00:26:40.7				DNF			
		Thomas, Rebecca	339	Pewaukee, WI												DNS			
		NEED NAME,	352													DNS			
		NEED NAME,	353	Maple Grove,												DNS			
		Heller, Kristen	356	Madison, WI												DNS			

Individual - Half Ironman Triathlon			1.2 mi swim		Pace		T-1	5.4 mi bike			T-2		3.1 mi run		Pace		7/30/2008			
Place	Name	Bib	PL	swim	m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	m/mi	Finish	Pen	Pen	description	
Ovl/Div/Age																				
	NEED NAME,	365 , WI																		DNS
	Elzy, Tammy	366 Lindstrom, MN																		DNS
	NEED NAME,	377 , MN																		DNS
	NEED NAME,	378 , WI																		DNS
	NEED NAME,	379 , WI																		DNS
	NEED NAME,	380																		DNS
	NEED NAME,	381 , MN																		DNS
	NEED NAME,	382 , MN																		DNS
	NEED NAME,	383 , MN																		DNS
	NEED NAME,	384 , MN																		DNS
	NEED NAME,	385 , MN																		DNS
	NEED NAME,	386 , MN																		DNS
	NEED NAME,	387 , MN																		DNS
	NEED NAME,	388 , Mn																		DNS
	NEED NAME,	389 , MN																		DNS
	NEED NAME,	390 , Mn																		DNS
	NEED NAME,	391 , MN																		DNS
	NEED NAME,	392 , Mn																		DNS
	NEED NAME,	393 , MN																		DNS
	NEED NAME,	394 , MN																		DNS
	NEED NAME,	395 , MN																		DNS
	NEED NAME,	396 , MN																		DNS
	NEED NAME,	397 , MN																		DNS
	NEED NAME,	398 , MN																		DNS
	NEED NAME,	399 , MN																		DNS
	NEED NAME,	400																		DNS
	Aycock, Melissa	255 St. Cloud, MN																		DNS
	Schmidt, Angie	259 Woodbury, MN																		DNS
	Karofsky, Jill	263 Madison, WI																		DNS
	Dowling, Holly	264 Verona, WI																		DNS
	Monson, Melissa	289 Eden Prairie,																		DNS
	Marquez, Jorge	212 North Mankato,																		DNS
	Lynch, Emily	223 Edina, MN																		DNS
	Holm, Andrew	151 Minneapolis,																		DNS

Individual - Half Ironman Triathlon			1.2 mi swim		Pace		T-1		5.4 mi bike			T-2		3.1 mi run		Pace		7/30/2008				
Place	Name	Bib	PL	swim	m/100m	PL	T-1	T-1	PL	bike	Pace mph	PL	T-2	T-2	PL	run	Pace m/mi	Finish	Pen	Pen	description	
	Watson, Tony	152																				DNS
	Schmit, Christine	154																				DNS
	Schotters, Mike	155																				DNS
	Sadaka, Gretchen	161																				DNS
	Florin, Tanya	163																				DNS
	Lees, Timmy	167																				DNS
	Becker, Richard	108																				DNS
	Holgate, Aaron	111																				DNS
	Ebeling, Mark	116																				DNS
	Kveton, Nicole	119																				DNS
	Hughes, Maria	120																				DNS
	Ryan, Karen	127																				DNS
	Tate, Carrie	130																				DNS
	Dipaola, Shelia	136																				DNS
	Klinge, Chris	147																				DNS
	Cossack, David	148																				DNS
	Logue, Kelly	55																				DNS
	Mccormick, Jim	57																				DNS
	Yopp, John	58																				DNS
	Langer, Paul	59																				DNS
	Litzinger, John	70																				DNS
	Bryant, Rob	75																				DNS
	Walch, Michael	87																				DNS
	Kittleson, David	89																				DNS
	Kittleson, Dawn	90																				DNS
	Fakler, Lisa	95																				DNS
	Dornfeld, Glen	96																				DNS
	Jack, David	97																				DNS
	Stoebner, Jeffrey	98																				DNS
	NEED NAME,	99																				DNS
	Jacobson, Arthur	100																				DNS
	Preckel, Kevin	9																				DNS
	Garver, Eugene	12																				DNS
	Schafman, Cindy	21																				DNS

Individual - Half Ironman Triathlon			1.2 mi swim		T-1		5.4 mi bike			T-2		3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen	description
	Pedersen, Joseph	28																	DNS
	Taylor, Gregory	42																	DNS
	NEED NAME,	49																	DNS
	Opstad, Mel	81					00:20:02.1												Valid

Team - Half Ironman Relay Triathlon				1.2 mi swim		T-1		5.4 mi bike			T-2		3.1 mi run		7/30/2008				
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen	description
Ov/Div/Age																			
Team - Half Ironman Relay Triathlon																			
Field: 11																			
1	1	Tolzman, Terry	354	Wyoming, MN	00:38:03.1	01:58	00:00:50.4		02:18:45.0	24.0		00:00:30.4		01:42:19.4	07:48	04:40:28.5			
2	2	Uram, Don	302	North Branch,	00:32:42.2	01:41	00:00:45.3		02:37:28.8	21.1		00:00:25.7		01:50:07.9	08:24	05:01:30.1			
3	3	Hinrichs, Christine	295	St. Paul, MI	00:37:02.9	01:55	00:01:11.0		02:36:29.1	21.2		00:01:06.9		01:48:57.6	08:19	05:04:47.5			
4	4	Rehling, Jennifer	301	Andover, MN	00:34:34.3	01:47	00:00:50.6		02:41:48.2	20.5		00:00:19.8		01:49:55.8	08:23	05:07:29.0			
5	5	Fritz, Lauralee	219	Minnetonka, MN	00:39:05.7	02:01	00:01:12.4		02:42:29.0	20.5		00:00:25.7		01:49:20.3	08:20	05:12:33.3			
6	6	Peterson, Megan	142	Lander, WY	00:32:39.5	01:41	00:00:42.7		02:48:43.7	19.7		00:00:23.2		01:58:32.5	09:02	05:21:01.7			
7	7	Peterson, Lars	141	Lander, WY	00:40:01.0	02:04	00:00:56.0		02:51:55.6	19.3		00:00:27.0		01:49:25.4	08:21	05:22:45.3			
8	8	Lewis, Ben	238	Chisago City,	00:35:58.7	01:51	00:01:04.8		02:45:14.3	20.1		00:00:42.4		02:04:31.6	09:30	05:27:32.1			
9	9	Seve, Jennifer	273	St. Louis Park,	00:36:07.0	01:52	00:01:01.2		02:49:41.3	19.6		00:00:34.6		02:09:42.2	09:54	05:37:06.4			
10	10	Hennessy, John	113	Brookfield, WI	00:48:23.5	02:30	00:03:59.8		02:52:24.4	19.3		00:00:20.2		02:00:01.2	09:09	05:45:09.3			
11	11	Trettel, Pauline	303	Lino Lakes, MN	00:46:53.6	02:25	00:00:49.9		03:17:26.6	16.8		00:00:31.6		02:18:36.2	10:34	06:24:18.2			