

**Chisago LakesTriathlon  
Paradise Park  
Chisago City, MN  
Wed, Jul 30, 2008**

**Age Group Results**

White River Sports Timing  
http://itiming.com

**0.25 mi swim**

**17 mi bike**

**3.1 mi run**

Place Age/Div	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
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**Individual - Sprint Distance Triathlon**

Field: 891

**Male Sprint Distance**

Division Field: 437

**15 & under**

Age Group Field: 9

1	128 Walsh, London	919 hudson, WI		00:09:43.0	02:25		00:02:12.0		00:52:52.5	19.3		00:00:52.3		00:22:44.2	07:20	01:28:24.2	
2	167 Anderson,	1094 Young America,		00:09:08.7	02:17		00:02:01.7		00:52:42.6	19.4		00:01:05.7		00:26:37.2	08:35	01:31:36.1	
3	179 Gillespie, Dylan	789 Marine, MN		00:09:33.9	02:23		00:02:17.4		00:55:08.1	18.5		00:00:55.1		00:24:37.5	07:56	01:32:32.3	
4	217 Smith, Ryan	439 Center City, MN		00:07:17.3	01:49		00:01:22.8		01:00:09.9	17.0		00:00:27.8		00:25:40.7	08:17	01:34:58.8	
5	228 Hecht, Tyler	1262 Somerset, WI		00:10:18.2	02:34		00:03:06.9		00:53:09.5	19.2		00:01:48.5		00:27:06.9	08:44	01:35:30.2	
6	326 Olmstead, Joel	946 St. Croix Falls,		00:16:53.1	04:13		00:02:24.3		01:01:43.7	16.5		00:01:12.8		00:24:08.2	07:47	01:46:22.4	
7	339 Sample, Tyler	734 Scandia, MN		00:13:42.2	03:25		00:03:24.6		01:02:01.3	16.4		00:01:07.7		00:27:56.5	09:00	01:48:12.5	
8	370 Bloom, Daniel	866 Loveland, CO		00:11:09.4	02:47		00:01:36.0		01:16:17.5	13.4		00:01:10.2		00:30:14.6	09:45	02:00:27.9	
9	373 Hedberg, Jake	647 North Branch,		00:13:33.5	03:23		00:03:26.0		01:09:20.5	14.7		00:00:53.4		00:34:48.7	11:13	02:02:02.3	

**16-19**

Age Group Field: 20

1	15 Heinlein Iij, John	951 Stillwater, MN		00:08:02.6	02:00		00:01:00.2		00:43:43.1	23.3		00:00:46.7		00:21:27.6	06:55	01:15:00.5	
2	31 Dornfeld, Grant	1176 Maple Grove,		00:09:59.5	02:29		00:01:18.3		00:46:39.9	21.9		00:00:59.9		00:19:36.0	06:19	01:18:33.9	
3	35 Greenwald, Ben	1174 Minneapolis,		00:10:05.4	02:31		00:02:14.2		00:47:14.4	21.6		00:01:25.1		00:18:57.0	06:06	01:19:56.4	
4	45 Teynor, Joseph	1185 Eden Prairie,		00:09:09.6	02:17		00:00:59.1		00:47:57.6	21.3		00:01:08.7		00:21:39.7	06:59	01:20:55.0	
5	118 Wurdemann,	622 Harris, MN		00:11:25.0	02:51		00:01:57.9		00:53:03.5	19.2		00:00:23.6		00:20:55.7	06:45	01:27:45.9	
6	132 Good, Zach	955 Stacy, MN		00:10:01.5	02:30		00:02:01.1		00:49:20.1	20.7		00:00:40.8		00:26:46.3	08:38	01:28:50.1	
7	147 Gritton, Tucker	975 Moline, IL		00:08:23.1	02:05		00:04:15.5		00:51:47.1	19.7		00:02:07.3		00:23:50.5	07:41	01:30:23.7	
8	157 Nevab, Shawn	1219 Scandia, MN		00:10:25.2	02:36		00:01:44.4		00:52:08.9	19.6		00:02:08.4		00:24:35.9	07:56	01:31:02.9	
9	193 Lamson, Kevin	853 Oakdale, MN		00:10:44.4	02:41		00:02:18.7		00:54:53.1	18.6		00:00:46.4		00:24:46.3	07:59	01:33:29.2	
10	199 Roggemann,	635 Chisago City,		00:07:30.5	01:52		00:02:00.6		00:57:13.9	17.8		00:00:30.9		00:26:25.5	08:31	01:33:41.7	
11	203 Bartz, Trevor	1187 White Bear		00:14:55.8	03:43		00:01:53.2		00:55:00.7	18.5		00:01:25.2		00:20:50.8	06:43	01:34:05.9	
12	206 O'brien, Shane	795 Frederic, WI		00:11:34.5	02:53		00:01:46.3		00:53:24.0	19.1		00:00:53.5		00:26:39.7	08:36	01:34:18.2	
13	243 O'brien, Kyle	797 Frederic, WI		00:11:53.7	02:58		00:02:31.1		00:56:52.3	17.9		00:00:59.7		00:24:21.7	07:51	01:36:38.7	
14	264 Nelson, Sean	761 Burnsville, MN		00:13:06.9	03:16		00:03:51.6		00:55:39.7	18.3		00:01:10.7		00:24:14.5	07:49	01:38:03.7	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
15	271 Levinger, Zach	1319		00:09:06.5	02:16	00:02:23.2		01:03:46.5	16.0		00:01:06.5		00:22:44.0	07:20	01:39:07.0	
16	278 Hoostal, Spencer	760 Burnsville, MN		00:13:03.4	03:15	00:03:50.7		00:57:50.9	17.6		00:00:56.6		00:24:07.9	07:47	01:39:49.6	
17	293 Kammerer, Travis	1165 Chisago City,		00:12:23.0	03:05	00:02:03.8		01:01:33.2	16.6		00:01:31.2		00:23:41.6	07:38	01:41:13.0	
18	360 Klawitter, Ethan	796 Frederic, WI		00:14:22.9	03:35	00:02:23.6		00:56:42.0	18.0		00:02:17.3		00:40:19.4	13:00	01:56:05.4	
19	366 Turner, Matthew	1173 Scandia, MN		00:09:21.7	02:20	00:04:02.1		01:00:28.5	16.9		00:02:40.5		00:42:45.2	13:47	01:59:18.1	
	Toay, James	618 Maple Grove,													DNS	

### 20-24

Age Group Field: 42

1	Williams, Michael	409 Maple Grove,		00:05:59.8	01:29	00:00:44.3		00:42:28.2	24.0		00:00:23.9		00:19:04.0	06:09	01:08:40.5	
1	5 Clauson, Holden	777 Stillwater, MN		00:09:03.3	02:15	00:01:28.7		00:40:53.1	24.9		00:00:47.7		00:19:53.6	06:25	01:12:06.6	
2	20 Pedersen, Lucas	412 Richfield, MN		00:07:12.3	01:48	00:00:58.7		00:49:11.1	20.7		00:00:32.6		00:18:13.0	05:52	01:16:07.9	
3	22 Steiger, Matt	664 Minneapolis,		00:09:27.9	02:21	00:01:17.6		00:44:18.5	23.0		00:01:03.4		00:20:37.8	06:39	01:16:45.4	
4	29 Desroches, Chris	904 Plymouth, MN		00:08:51.8	02:12	00:01:07.0		00:47:49.8	21.3		00:01:07.1		00:19:31.5	06:17	01:18:27.4	
5	51 Turner, Andrew	1169 Scandia, MN		00:07:36.8	01:54	00:01:56.7		00:50:22.0	20.3		00:00:48.1		00:21:00.8	06:46	01:21:44.6	
6	54 Sanders, Adam	759 Burnsville, MN		00:07:07.1	01:46	00:02:01.0		00:47:33.5	21.4		00:00:14.7		00:25:10.3	08:07	01:22:06.8	
7	55 Good, Cody	959 Stacy, MN		00:10:45.7	02:41	00:02:07.1		00:45:34.9	22.4		00:00:51.3		00:22:52.7	07:22	01:22:11.9	
8	69 Harrison, Brian	637 Ames, IA		00:10:03.3	02:30	00:01:24.5		00:48:20.9	21.1		00:00:49.9		00:23:00.6	07:25	01:23:39.6	
9	70 Dally, Spencer	440 Maple Grove,		00:09:16.9	02:19	00:00:44.9		00:49:14.3	20.7		00:01:04.9		00:23:19.1	07:31	01:23:40.4	
10	71 Dawson, Bevin	522 St. Paul, MN		00:08:07.7	02:01	00:03:23.3		00:49:17.4	20.7		00:01:27.9		00:21:36.5	06:58	01:23:53.0	
11	73 Thillen, Samuel	1317 Minneapolis,		00:08:56.9	02:14	00:01:28.8		00:48:45.3	20.9		00:01:34.6		00:23:33.4	07:35	01:24:19.1	
12	74 Anderson, Craig	1031 Lino Lakes, MN		00:08:55.8	02:13	00:01:59.6		00:48:20.6	21.1		00:00:58.1		00:24:23.0	07:51	01:24:37.3	
13	79 Anderson, Ben	1057 Lino Lakes, MN		00:08:51.5	02:12	00:01:55.8		00:48:13.0	21.2		00:01:14.0		00:24:38.7	07:57	01:24:53.1	
14	86 gustafson, alex	1251 anoka, MN		00:07:52.5	01:58	00:02:29.4		00:50:33.4	20.2		00:01:18.6		00:23:20.0	07:31	01:25:34.2	
15	87 Brouwer, Nicholas	557 Chisago City,		00:10:36.0	02:39	00:02:46.1		00:50:55.9	20.0		00:00:40.9		00:20:38.0	06:39	01:25:37.1	
16	93 Thillen, Peter	1013 St. Paul, MN		00:08:51.0	02:12	00:02:12.7		00:52:39.5	19.4		00:01:06.3		00:21:10.4	06:49	01:26:00.1	
17	106 Green, Cloid	907 Minneapolis,		00:09:18.2	02:19	00:02:16.2		00:49:16.0	20.7		00:01:06.8		00:25:10.4	08:07	01:27:07.7	
18	123 Jensen, Matt	1144 Chaska, MN		00:11:10.6	02:47	00:01:59.3		00:48:31.4	21.0		00:01:14.2		00:25:05.0	08:05	01:28:00.8	
19	136 Williams, David	692 Mankato, MN		00:08:28.0	02:07	00:01:28.4		00:49:37.5	20.6		00:00:50.7		00:28:37.2	09:13	01:29:02.0	
20	153 Mork, Daniel	909 North Branch,		00:10:51.6	02:42	00:01:59.0		00:48:38.7	21.0		00:01:08.9		00:28:00.6	09:02	01:30:39.0	
21	158 Lindberg, Anders	1009 Minneapolis,		00:11:33.7	02:53	00:02:49.5		00:49:38.1	20.5		00:01:23.1		00:25:39.3	08:16	01:31:03.9	
22	187 Protivinsky, David	1287 Andover, MN		00:11:24.9	02:51	00:04:02.3		00:54:48.0	18.6		00:00:59.9		00:21:32.0	06:56	01:32:47.2	
23	200 Jackson, Steve	1268 West St Paul,		00:12:20.4	03:05	00:03:13.4		00:48:46.3	20.9		00:02:18.8		00:27:08.9	08:45	01:33:48.0	
24	208 Wickstrom, Lee	1300		00:13:50.9	03:27	00:02:10.9		00:53:21.3	19.1		00:01:27.7		00:23:29.6	07:34	01:34:20.6	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
25	211 Niemeier, Tony	735 Minneapolis,		00:10:03.1	02:30	00:03:21.7		00:53:33.4	19.0		00:00:52.3		00:26:48.5	08:38	01:34:39.2	
26	240 Warner, Matthew	1099 Rochester, MN		00:13:32.5	03:23	00:02:17.9		00:53:03.7	19.2		00:01:48.7		00:25:42.4	08:17	01:36:25.5	
27	246 Briers, Kristof	971 Westerlo,		00:10:38.6	02:39	00:03:05.2		00:49:32.2	20.6		00:01:53.3		00:31:41.3	10:13	01:36:50.7	
28	253 Sausen, Nick	1153 North Branch,		00:15:20.2	03:50	00:04:00.9		00:51:15.4	19.9		00:02:25.6		00:24:08.4	07:47	01:37:10.7	
29	255 Spaude, Mark	1132 Minneapolis,		00:11:16.9	02:49	00:03:21.4		00:57:33.8	17.7		00:01:06.5		00:24:01.8	07:45	01:37:20.5	
30	280 Monfre, Dan	945 Minneapolis,		00:12:06.0	03:01	00:02:37.9		00:55:56.3	18.2		00:00:42.7		00:28:32.6	09:12	01:39:55.7	
31	298 Bauer, Andrew	683 Minneapolis,		00:08:21.7	02:05	00:03:07.3		01:01:14.2	16.7		00:00:49.9		00:28:35.0	09:13	01:42:08.3	
32	303 Oelerich, Chris	878 Maple Grove,		00:11:20.3	02:50	00:02:02.8		00:59:20.5	17.2		00:01:12.1		00:28:44.7	09:16	01:42:40.7	
33	304 Bauman, Brent	1052 Apple Valley,		00:12:25.3	03:06	00:04:02.2		00:57:28.3	17.7		00:02:51.1		00:25:54.8	08:21	01:42:41.8	
34	319 Roggemann,	634 Chisago City,		00:07:44.2	01:56	00:02:41.7		01:05:31.2	15.6		00:00:52.3		00:28:42.6	09:15	01:45:32.2	
35	353 Rahimi, Omeed	1172 Eden Prairie,		00:10:03.4	02:30	00:02:00.9		00:56:07.9	18.2		00:01:43.6		00:42:58.7	13:51	01:52:54.7	
36	357 Oelerich, Justin	877 Maple Grove,		00:14:35.9	03:38	00:02:12.7		01:07:23.4	15.1		00:01:14.6		00:29:23.0	09:28	01:54:49.8	
37	375 Mickelson, Joel	1204 Chisago City,		00:21:54.6	05:28	00:05:16.1		01:02:25.4	16.3		00:03:03.1		00:35:32.8	11:28	02:08:12.2	
	Healy, Brett	828 Maple Grove,													DNS	
	Davis, Rusty	753 Marine on St.													DNS	
								Jessica Herzig					Peter Maring			
	Wickens, Brett	573 Minneapolis,													DNS	
	Pohlkamp,	489 Scandia, MN													DNS	

### 25-29

Age Group Field: 59

1	2 Blankenheim,	408 Duluth, MN		00:07:11.6	01:47	00:00:57.6		00:43:02.2	23.7		00:00:32.5		00:17:38.8	05:41	01:09:23.0	
2	3 Petrie, Tim	403 Fond du Lac, WI		00:09:27.2	02:21	00:00:48.6		00:40:43.9	25.0		00:00:30.1		00:18:22.7	05:55	01:09:52.6	
3	8 Conley, Daniel	415 Arden Hills, MN		00:07:25.5	01:51	00:01:03.4		00:43:48.9	23.3		00:00:44.9		00:19:38.1	06:20	01:12:41.0	
4	10 Hull, James	601 St. Louis Park,		00:08:02.3	02:00	00:00:59.9		00:43:43.9	23.3		00:00:45.0		00:19:18.4	06:13	01:12:49.7	
5	13 Sachs,	792 White Bear		00:07:32.1	01:53	00:01:03.1		00:45:04.0	22.6		00:00:58.5		00:19:40.7	06:20	01:14:18.6	
6	24 Madland, Nick	1199 Minneapolis,		00:09:15.4	02:18	00:01:11.1		00:44:53.3	22.7		00:01:02.7		00:20:39.7	06:39	01:17:02.3	
7	25 Thompson, Brent	1127 St Paul, MN		00:07:54.6	01:58	00:01:41.3		00:45:19.8	22.5		00:01:02.5		00:21:13.5	06:50	01:17:11.9	
8	27 Manhardt, Michael	865 Wyoming, MN		00:08:12.9	02:03	00:01:03.9		00:45:07.3	22.6		00:00:46.0		00:22:15.6	07:10	01:17:25.9	
9	33 Pertile, Ryan	1027 Maple Grove,		00:09:41.7	02:25	00:01:16.9		00:45:40.2	22.3		00:00:35.7		00:22:22.1	07:12	01:19:36.8	
10	39 Svensk, Michael	984 Blaine, MN		00:10:55.1	02:43	00:01:42.2		00:45:41.8	22.3		00:01:36.7		00:20:34.0	06:38	01:20:30.0	
11	41 Thomas, Matthew	953 Wayzata, MN		00:08:08.8	02:02	00:01:18.6		00:49:24.0	20.6		00:00:53.2		00:21:02.5	06:47	01:20:47.2	
12	57 Johnson, Erik	708 Mercer, WI		00:10:00.8	02:30	00:01:21.2		00:48:27.0	21.1		00:01:00.6		00:21:28.6	06:55	01:22:18.4	
13	58 Edmonson, Tim	603 Farmington, MN		00:11:35.7	02:53	00:01:12.2		00:45:47.0	22.3		00:00:55.7		00:22:48.7	07:21	01:22:19.6	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008						
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
14	61 Walli, Brian	615 Minneapolis,		00:10:22.8	02:35		00:01:20.9		00:48:48.0	20.9		00:00:45.3		00:21:33.8	06:57	01:22:50.9	
15	62 Chase, Jon	741 LINO LAKES,		00:10:43.4	02:40		00:02:00.7		00:48:56.5	20.8		00:00:56.2		00:20:25.4	06:35	01:23:02.4	
16	63 Stenzel, Steve	1034 St. Paul, MN		00:11:07.1	02:46		00:01:58.9		00:48:52.3	20.9		00:01:07.2		00:19:58.2	06:26	01:23:03.9	
17	64 Rupp, Christopher	1079 Saint Paul, MN		00:06:52.9	01:43		00:01:58.6		00:48:45.0	20.9		00:01:35.8		00:24:08.7	07:47	01:23:21.1	
18	68 Rorvig, Jesse	689 Minneapolis,		00:08:42.3	02:10		00:01:52.4		00:49:42.2	20.5		00:00:40.9		00:22:41.3	07:19	01:23:39.2	
19	83 Ducette, Matt	840 Waconia, MN		00:10:43.9	02:40		00:02:20.7		00:47:52.3	21.3		00:01:15.5		00:22:57.5	07:24	01:25:10.1	
20	84 Schick, Kyle	607 Hartland, WI		00:13:01.0	03:15		00:01:27.8		00:47:03.3	21.7		00:00:33.7		00:23:06.9	07:27	01:25:12.9	
21	91 Holmes, Sean	1252 Chaska, MN		00:09:32.1	02:23		00:02:10.1		00:48:27.0	21.1		00:01:53.1		00:23:54.2	07:42	01:25:56.7	
22	95 Schafer, Nicholas	822 Taylors Falls,		00:11:18.9	02:49		00:01:10.2		00:47:40.9	21.4		00:00:44.7		00:25:19.4	08:10	01:26:14.2	
23	99 Ulrich, Justin	935 Dresser, WI		00:09:12.1	02:18		00:02:26.1		00:51:18.4	19.9		00:01:12.8		00:22:36.6	07:17	01:26:46.1	
24	110 Pousson, Brian	1261 St. Paul, MN		00:09:14.8	02:18		00:01:39.6		00:49:42.6	20.5		00:01:38.1		00:25:11.6	08:07	01:27:26.9	
25	112 Rolnitzky, Joshua	889 Minneapolis,		00:11:08.4	02:47		00:03:14.8		00:48:39.5	21.0		00:00:53.1		00:23:38.1	07:37	01:27:34.1	
26	122 Woodley, Kyle	862 Irvine, CA		00:10:00.7	02:30		00:02:31.6		00:50:58.3	20.0		00:00:38.1		00:23:47.8	07:40	01:27:56.6	
27	125 Nenadal, William	930 Brooklyn Park,		00:08:32.1	02:08		00:02:03.7		00:50:04.2	20.4		00:01:12.9		00:26:17.9	08:29	01:28:11.0	
28	126 Cooley, Tim	996 Wayzata, MN		00:09:00.2	02:15		00:02:03.9		00:48:20.1	21.1		00:01:17.2		00:27:35.4	08:54	01:28:16.9	
29	130 Barclay, Benjamin	1044 Saint Charles,		00:09:51.3	02:27		00:02:07.2		00:48:49.9	20.9		00:01:07.4		00:26:39.8	08:36	01:28:35.8	
30	135 Nordberg, Tim	1100 Edina, MN		00:12:38.0	03:09		00:01:29.3		00:48:16.3	21.1		00:01:27.3		00:25:08.5	08:06	01:28:59.7	
31	137 Johnson, Stetson	947 Cali,		00:08:24.1	02:06		00:02:26.5		00:54:11.9	18.8		00:00:46.0		00:23:13.7	07:29	01:29:02.3	
32	154 gage, michael	1286 eagan, MN		00:10:08.4	02:32		00:03:04.4		00:49:36.1	20.6		00:00:56.0		00:26:57.8	08:41	01:30:42.8	
33	172 Kramer, Matt	843 St Louis Park,		00:11:05.2	02:46		00:01:31.5		00:50:56.7	20.0		00:01:07.1		00:27:08.1	08:45	01:31:48.8	
34	188 Sheridan,	1291		00:11:09.6	02:47		00:02:21.1		00:50:37.9	20.1		00:02:14.1		00:26:41.4	08:36	01:33:04.4	
35	205 Bryant, Orlando	1138 Minneapolis,		00:11:58.3	02:59		00:01:30.0		00:48:45.2	20.9		00:00:58.0		00:30:58.0	09:59	01:34:09.8	
36	215 Below, Jordan	900 St. Louis Park,		00:13:18.9	03:19		00:03:02.0		00:53:07.2	19.2		00:02:16.5		00:23:06.9	07:27	01:34:51.7	
37	216 Vegar, Michael	906 Duluth, MN		00:12:06.4	03:01		00:03:49.9		00:52:39.6	19.4		00:01:57.9		00:24:23.5	07:52	01:34:57.4	
38	224 Romero, Brian	873 Chisago City,		00:13:08.9	03:17		00:02:30.3		00:54:20.5	18.8		00:01:11.6		00:24:14.7	07:49	01:35:26.3	
39	241 Joseph, Mike	923 Minneapolis,		00:13:15.8	03:18		00:02:29.1		00:55:06.9	18.5		00:00:47.0		00:24:52.8	08:01	01:36:31.9	
40	251 Desjarlais, Michael	855 Chippewa Falls,		00:12:40.4	03:10		00:03:10.1		00:52:17.2	19.5		00:01:16.8		00:27:39.5	08:55	01:37:04.2	
41	276 Ekman, Michael	924 Coon Rapids,		00:12:13.7	03:03		00:02:44.0		00:54:22.0	18.8		00:01:02.0		00:29:00.4	09:21	01:39:22.3	
42	288 Pierson, Jeffrey	698 New Hope, MN		00:08:29.6	02:07		00:02:13.8		00:52:36.1	19.4		00:01:36.1		00:35:47.5	11:32	01:40:43.2	
43	295 Carlson, Peter	1195 Lakeville, MN		00:13:40.1	03:25		00:03:10.7		00:57:07.7	17.9		00:01:39.5		00:25:41.8	08:17	01:41:20.0	
44	315 Pineault, Craig	1239 Edina, MN		00:13:40.1	03:25		00:03:10.6		01:00:39.4	16.8		00:00:53.7		00:26:05.7	08:25	01:44:29.7	
45	318 Appleby, David	1196 Lindstrom, MN		00:13:33.2	03:23		00:03:00.1		00:56:19.8	18.1		00:01:53.2		00:30:43.5	09:54	01:45:30.0	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
46	331 Larson, Kurt	589 Plymouth, MN		00:11:27.4	02:51	00:02:38.9		00:54:39.9	18.7		00:01:24.1		00:36:59.7	11:56	01:47:10.1	
47	342 Coe, Joshua	1147 White Bear		00:13:48.2	03:27	00:04:47.7		01:03:55.2	16.0		00:01:21.3		00:26:08.7	08:26	01:50:01.4	
48	343 Swanson, David	1032 St. Paul, MN		00:14:08.6	03:32	00:03:06.8		01:01:54.4	16.5		00:01:07.4		00:30:15.1	09:45	01:50:32.5	
49	346 Tooley, Steven	985 New Brighton,		00:11:59.4	02:59	00:05:47.7		00:57:01.2	17.9		00:03:31.0		00:32:23.3	10:26	01:50:42.8	
50	361 Vetscher, Thomas	1112 Minneapolis,		00:13:02.4	03:15	00:03:20.8		01:08:31.4	14.9		00:02:54.1		00:29:06.0	09:23	01:56:54.9	
51	371 Puelston, Kyle	1299		00:12:59.5	03:14	00:02:36.1		01:10:41.1	14.4		00:01:42.1		00:32:36.6	10:31	02:00:35.5	
52	376 Vigneron, Patrick	1129 Blaine, MN		00:17:10.3	04:17	00:05:27.6		01:11:06.6	14.3		00:01:37.9		00:34:04.5	10:59	02:09:27.2	
	Khumalo,	1266 Brooklyn Park,													DNS	
	Sekely, Justin	940 Wayzata, MN													DNS	
	Biwer, Thomas	638 Eden Prairie, MI													DNS	
	Dreckman, Brian	650 Shafer, MN													DNS	
	Menard, Garrett	503 Minnetonka, MN													DNS	
	Van Handel, Mike	504 Minneapolis,													DNS	
	Drckman, Brian	526 Shafer, MN													DNS	

Jim Gilach

Kevin Backer

**30-34** Age Group Field: 58

1	9 Podratz, Derick	520 Lino Lakes, MN		00:07:47.0	01:56	00:01:08.2		00:44:58.9	22.7		00:00:43.1		00:18:09.6	05:51	01:12:47.0	
2	11 Stensing, Martin	1033 Powell, WY		00:08:16.2	02:04	00:00:53.7		00:45:52.5	22.2		00:00:43.7		00:18:09.3	05:51	01:13:55.6	
3	14 Brown, Robert	1276 Hopkins, MN		00:07:23.1	01:50	00:01:08.6		00:44:20.1	23.0		00:00:59.8		00:20:44.2	06:41	01:14:36.1	
4	21 Johnson, Jeremy	1277 Burnsville, MN		00:09:35.2	02:23	00:00:57.7		00:43:28.3	23.5		00:00:50.6		00:21:33.7	06:57	01:16:25.7	
5	34 Kryzer, Brendon	461 Stillwater, MN		00:07:56.5	01:59	00:00:58.1		00:46:17.4	22.0		00:00:48.2		00:23:52.4	07:42	01:19:52.9	
6	47 Berry, Donald	994 stillwater, MN		00:10:26.1	02:36	00:01:09.9		00:46:22.0	22.0		00:00:54.8		00:22:18.7	07:11	01:21:11.7	
7	59 Hawes,	583 Saint Paul, MN		00:09:18.0	02:19	00:01:54.0		00:45:38.7	22.3		00:01:08.9		00:24:24.6	07:52	01:22:24.5	
8	75 Young, Kyle	712 Jefferson City,		00:09:38.1	02:24	00:01:41.1		00:48:55.2	20.9		00:01:20.7		00:23:02.5	07:25	01:24:37.8	
9	88 Lee, Zach	571 Bloomington,		00:10:05.6	02:31	00:01:11.5		00:48:12.3	21.2		00:00:58.4		00:25:21.5	08:10	01:25:49.5	
10	90 Andrzejczak,	1283 Watertown, MN		00:09:45.7	02:26	00:02:25.0		00:48:53.3	20.9		00:01:53.9		00:22:53.5	07:23	01:25:51.6	
11	96 Longmire, Robert	778 Minneapolis,		00:12:13.1	03:03	00:02:01.2		00:47:17.8	21.6		00:01:34.6		00:23:07.6	07:27	01:26:14.5	
12	107 Clough, Nathan	1121 Minneapolis,		00:08:14.1	02:03	00:02:01.0		00:50:15.7	20.3		00:01:19.1		00:25:20.0	08:10	01:27:10.2	
13	108 Jones, Jeff	1065 St. Louis Park,		00:10:35.6	02:38	00:01:48.4		00:48:37.4	21.0		00:01:46.3		00:24:25.1	07:52	01:27:13.0	
14	114 Martin, Lucas	948 Minneapolis,		00:11:55.6	02:58	00:02:38.6		00:49:34.8	20.6		00:01:01.0		00:22:27.9	07:14	01:27:38.1	
15	115 O'halloran, Jeff	1164 Lindstrom, MN		00:11:18.6	02:49	00:04:17.1		00:49:29.3	20.6		00:01:43.7		00:20:50.4	06:43	01:27:39.4	
16	127 Dolan, Joe	1089 minneapolis,		00:11:45.9	02:56	00:01:16.4		00:50:47.3	20.1		00:01:15.2		00:23:14.0	07:29	01:28:19.1	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
17	133 Leonard, Joshua	857 Minneapolis,		00:10:52.3	02:43	00:02:49.1		00:49:46.0	20.5		00:01:17.8		00:24:12.2	07:48	01:28:57.6	
18	145 Coreeley, Ward	1292		00:13:00.5	03:15	00:02:38.3		00:48:25.7	21.1		00:01:57.3		00:24:07.3	07:46	01:30:09.3	
19	149 Luebke, Scott	1278 Maplewood, MN		00:10:30.8	02:37	00:01:50.7		00:48:37.1	21.0		00:01:20.3		00:28:07.3	09:04	01:30:26.4	
20	156 Jeska-silrum, Seth	977 Minneapolis,		00:12:27.5	03:06	00:01:33.8		00:52:08.4	19.6		00:01:50.3		00:22:58.0	07:24	01:30:58.2	
21	171 Jeffrey, Travis	630 Maple Grove,		00:12:50.4	03:12	00:02:42.3		00:48:20.2	21.1		00:01:33.1		00:26:20.2	08:29	01:31:46.3	
22	177 Waldoch, Rani	1208 Lindstrom, MN		00:12:25.0	03:06	00:02:16.1		00:51:47.5	19.7		00:00:45.4		00:24:47.1	07:59	01:32:01.4	
23	178 Haskell, Seth	818 MINNEAPOLIS,		00:12:48.5	03:12	00:02:48.1		00:49:11.3	20.7		00:00:58.0		00:26:25.5	08:31	01:32:11.6	
24	186 Beaubien, Brian	1030 St. Paul, MN		00:12:52.0	03:13	00:02:11.8		00:50:47.3	20.1		00:01:03.8		00:25:51.7	08:20	01:32:46.9	
25	189 Watercott, Larry	484 Columbia		00:12:08.7	03:02	00:01:53.3		00:54:57.8	18.6		00:01:37.2		00:22:34.3	07:16	01:33:11.5	
26	220 Swanson, Shane	441 Hugo, MN		00:10:10.4	02:32	00:01:55.4		00:53:29.6	19.1		00:01:07.9		00:28:23.3	09:09	01:35:06.8	
27	231 Schilling, Eric	1083 Minneapolis,		00:11:20.0	02:50	00:01:58.4		00:55:41.7	18.3		00:01:03.9		00:25:38.0	08:16	01:35:42.2	
28	237 Wilson, William	686 Forest Lake, MN		00:09:36.4	02:24	00:02:11.3		00:52:18.6	19.5		00:01:37.5		00:30:31.3	09:50	01:36:15.3	
29	242 Klostermann,	1161 Wyoming, MN		00:13:49.7	03:27	00:02:33.1		00:56:30.8	18.0		00:01:15.5		00:22:26.5	07:14	01:36:35.7	
30	248 Silberman, Kevin	508 West St. Paul,		00:10:22.1	02:35	00:02:13.8		00:58:00.6	17.6		00:00:59.3		00:25:20.0	08:10	01:36:56.0	
31	249 Houle, Thomas	1167 Wyoming, MN		00:11:25.6	02:51	00:02:01.8		00:55:27.2	18.4		00:01:10.5		00:26:56.8	08:41	01:37:02.0	
32	260 Harrelson,	856 Hudson, WI		00:12:54.0	03:13	00:03:38.1		00:51:00.4	20.0		00:01:05.1		00:29:12.3	09:25	01:37:50.0	
33	275 Hedrick, Kevin	914 Minneapolis,		00:09:55.3	02:28	00:02:04.5		00:53:04.8	19.2		00:01:06.3		00:33:07.9	10:41	01:39:19.0	
34	286 Elsholtz, Mathew	550 White Bear		00:10:05.6	02:31	00:03:08.9		00:53:08.5	19.2		00:01:56.7		00:32:12.6	10:23	01:40:32.5	
35	291 Anderson, Jeff	486 Minneapolis,		00:17:21.4	04:20	00:02:42.7		00:53:19.6	19.1		00:01:40.8		00:25:55.5	08:21	01:41:00.2	
36	301 Meyers, Jacob	1075 green bay, WI		00:17:09.9	04:17	00:03:16.9		00:53:17.9	19.1		00:01:41.9		00:27:06.4	08:44	01:42:33.2	
37	302 Montera, Steve	958 Plymouth, MN		00:10:35.1	02:38	00:04:45.0		00:56:32.4	18.0		00:03:19.4		00:27:27.2	08:51	01:42:39.3	
38	305 Ryberg, Mark	1110 Saint Paul, MN		00:14:29.8	03:37	00:03:01.9		00:58:28.2	17.4		00:01:39.1		00:25:35.0	08:15	01:43:14.0	
39	310 Ward, Peter	871 Osceola, WI		00:10:50.5	02:42	00:03:54.5		00:57:50.1	17.6		00:01:36.5		00:29:39.4	09:34	01:43:51.3	
40	313 Brown, Arlan	493 Lino Lakes, MN		00:12:07.4	03:01	00:03:08.2		00:57:13.1	17.8		00:01:38.8		00:29:59.8	09:40	01:44:07.6	
41	321 Wahlstrom, Shawn	560 Ogilvie, MN		00:11:16.9	02:49	00:02:19.8		01:00:53.4	16.8		00:01:11.3		00:30:02.3	09:41	01:45:43.9	
42	323 Feig, Matthew	1116 Richfield, MN		00:13:46.6	03:26	00:03:25.8		01:03:35.3	16.0		00:00:48.3		00:24:26.9	07:53	01:46:03.0	
43	328 Kringler, Brian	912 Minneapolis,		00:16:23.1	04:05	00:03:32.1		00:55:38.6	18.3		00:01:49.7		00:29:33.8	09:32	01:46:57.6	
44	332 Sobol, Mike	1124 Minneapolis,		00:13:53.1	03:28	00:04:46.9		00:59:56.2	17.0		00:01:42.7		00:27:04.9	08:44	01:47:24.0	
45	333 Kotrba, Benjamin	491 Andover, MN		00:13:22.2	03:20	00:03:37.0		00:58:28.7	17.4		00:02:59.5		00:29:05.8	09:23	01:47:33.3	
46	336 Krchnavy, Brent	820 Rosemount, MN		00:13:07.4	03:16	00:02:12.0		01:04:35.3	15.8		00:00:45.5		00:27:06.5	08:44	01:47:47.0	
47	347 Farley, Patrick	586 Blaine, MN		00:10:59.1	02:44	00:04:25.9		01:02:42.8	16.3		00:02:05.7		00:30:30.3	09:50	01:50:44.1	
48	356 Willeman, Andrew	1131 Osceola, WI		00:15:13.2	03:48	00:02:42.0		01:04:34.6	15.8		00:01:19.1		00:30:14.0	09:45	01:54:03.1	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
49	358 Roman, Lucas	434		00:11:56.0	02:59	00:03:01.3		01:00:14.1	16.9		00:02:08.3		00:37:38.9	12:08	01:54:58.7	
50	377 McLafferty,	1202 Chisago City,		00:21:50.9	05:27	00:05:17.9		01:02:25.9	16.3		00:03:03.2		00:37:23.2	12:03	02:10:01.3	
51	378 Slattengren,	1203 Chisago City,		00:19:47.1	04:56	00:07:33.1		01:07:43.0	15.1		00:01:34.9		00:36:13.1	11:41	02:12:51.2	
	Stephens,	1028 Roseville, MN													DNS	
	Lew, Dan	776 Coon Rapids,													DNS	
	West, Samuel	701 Minneapolis,													DNS	
	Sherk, Chad	653 Chaska, MN													DNS	
	Dowdal Osborn,	606 Mahtomedi, MN													DNS	
	Glamos, Paul	592 Hugo, MN													DNS	
	Nelson, Jesse	405 Red Wing, MN													DNS	

### 35-39

Age Group Field: 65

1	7 Guenter, James	966 Woodbury, MN		00:07:44.9	01:56	00:00:52.5		00:41:58.7	24.3		00:00:47.3		00:20:58.4	06:45	01:12:22.0	
2	12 Donly, Charles	665 minneapolis,		00:08:26.5	02:06	00:01:22.0		00:44:25.5	23.0		00:00:46.6		00:19:12.5	06:11	01:14:13.2	
3	26 Armour, Jonathan	436 Golden Valley,		00:07:28.5	01:52	00:01:15.6		00:43:40.3	23.4		00:00:50.1		00:24:06.3	07:46	01:17:20.9	
4	49 Brennaman,	570 Minneapolis,		00:09:13.9	02:18	00:01:13.2		00:44:13.4	23.1		00:01:38.9		00:25:02.8	08:04	01:21:22.3	
5	50 Mcgaver, Joe	1184 Duluth, MN		00:13:23.0	03:20	00:01:22.5		00:44:32.7	22.9		00:01:33.0		00:20:38.6	06:39	01:21:30.0	
6	52 Anez, Brad	730 New Richmond,		00:09:30.8	02:22	00:01:42.8		00:47:50.0	21.3		00:01:00.4		00:21:41.8	06:59	01:21:46.1	
7	65 Martin, Jerry	805 Minneapolis,		00:08:09.4	02:02	00:01:19.1		00:46:41.8	21.8		00:01:01.3		00:26:21.5	08:30	01:23:33.3	
8	66 Olson, Wade	598 Minneapolis,		00:10:23.6	02:35	00:02:47.7		00:45:11.7	22.6		00:01:35.8		00:23:36.0	07:36	01:23:35.1	
9	89 Hasty, Brian	624 Lauderdale, MN		00:11:13.2	02:48	00:01:09.9		00:47:59.5	21.3		00:00:47.2		00:24:40.1	07:57	01:25:50.0	
10	92 Theissen, Mark	1201 White Bear		00:11:50.5	02:57	00:02:40.6		00:50:36.0	20.2		00:00:56.3		00:19:55.7	06:25	01:25:59.4	
11	94 Sandness, Craig	899 Eden Prairie,		00:09:23.1	02:20	00:01:41.3		00:48:39.0	21.0		00:01:14.4		00:25:06.7	08:06	01:26:04.8	
12	101 Eklund, Nathan	800 Golden Valley,		00:12:25.7	03:06	00:01:26.7		00:48:22.6	21.1		00:01:05.4		00:23:32.4	07:35	01:26:53.0	
13	102 Walker, Gentry	826 Arden Hills, MN		00:10:18.0	02:34	00:01:28.9		00:46:56.5	21.7		00:01:21.9		00:26:50.0	08:39	01:26:55.6	
14	104 Bergquist, John	844 Red Wing, MN		00:11:50.7	02:57	00:01:09.0		00:46:28.7	21.9		00:00:47.7		00:26:48.1	08:38	01:27:04.4	
15	111 Bengtson, Kevin	1025 Minneapolis,		00:08:31.5	02:07	00:01:38.8		00:49:27.4	20.6		00:00:54.9		00:26:55.3	08:41	01:27:28.2	
16	119 Swenke, Matthew	1014 Apple Valley,		00:09:50.2	02:27	00:02:00.2		00:50:55.7	20.0		00:01:10.6		00:23:50.7	07:41	01:27:47.6	
17	140 Carlson, Chris	874 Minneapolis,		00:09:46.7	02:26	00:03:22.8		00:50:26.4	20.2		00:02:00.0		00:23:50.4	07:41	01:29:26.5	
18	141 Howard, Geoffrey	1071 Minneapolis,		00:11:53.4	02:58	00:01:52.9		00:50:38.1	20.1		00:01:20.4		00:24:00.3	07:44	01:29:45.3	
19	146 Swann, Aaron	997 Edina, MN		00:10:50.4	02:42	00:02:09.7		00:50:14.7	20.3		00:01:05.9		00:25:59.6	08:23	01:30:20.4	
20	150 Weston, Craig	1244 Plymouth, MN		00:12:41.9	03:10	00:01:33.9		00:50:07.5	20.3		00:01:45.5		00:24:18.1	07:50	01:30:27.1	
21	155 Ketterling, Ryan	1189 Farmington, MN		00:09:18.6	02:19	00:01:50.1		00:48:53.5	20.9		00:01:27.3		00:29:16.1	09:26	01:30:45.7	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008						
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
22	161 Jensen, Scott	1152 North Branch,		00:11:41.9	02:55		00:02:01.0		00:50:06.9	20.4		00:01:45.7		00:25:38.0	08:16	01:31:13.6	
23	163 Hanna, Donald	1247		00:12:15.6	03:03		00:02:54.5		00:47:58.2	21.3		00:01:44.8		00:26:27.0	08:31	01:31:20.3	
24	164 Yoon, Patrick	1226 St Louis Park,		00:11:02.3	02:45		00:03:00.8		00:52:44.2	19.3		00:01:07.4		00:23:27.1	07:33	01:31:22.0	
									Tom Hanson					Jenny Hanson			
25	166 Talbot, Kevin	1106 St. Paul, MN		00:09:52.5	02:28		00:02:01.6		00:50:51.7	20.1		00:01:44.2		00:27:05.3	08:44	01:31:35.5	
26	168 Driessen, Skip	1056 Lino Lakes, MN		00:10:38.3	02:39									00:25:32.3		01:31:42.7	
27	170 Gerard, Jason	460 Hugo, MN		00:09:25.2	02:21		00:02:29.5		00:51:07.3	20.0		00:01:28.4		00:27:15.6	08:47	01:31:46.1	
28	173 Iwan, Michael	627 Golden Valley,		00:13:46.7	03:26		00:02:12.0		00:50:14.1	20.3		00:01:56.7		00:23:42.9	07:39	01:31:52.6	
29	174 Smith, Dean	821 Plymouth, MN		00:10:14.7	02:33		00:02:40.3		00:51:58.5	19.6		00:02:44.4		00:24:14.9	07:49	01:31:52.9	
30	181 Pautz, Todd	1248 Marine, MN		00:12:27.9	03:06		00:02:38.0		00:49:53.8	20.4		00:01:05.9		00:26:30.0	08:32	01:32:35.8	
31	183 Kretschmer, Mark	920		00:09:59.2	02:29		00:02:50.1		00:53:04.0	19.2		00:01:08.1		00:25:36.4	08:15	01:32:38.0	
32	185 Storkan, Steve	1160 Forest Lake, MN		00:10:04.5	02:31		00:01:44.0		00:54:21.6	18.8		00:00:50.6		00:25:45.6	08:18	01:32:46.6	
33	196 Ryan, Michael	1029 Mahtomedi, MN		00:12:11.5	03:02		00:02:04.8		00:50:20.5	20.3		00:01:20.3		00:27:42.1	08:56	01:33:39.5	
34	219 Tanaka, Tats	833 Saint Paul, MN		00:11:10.0	02:47		00:03:09.1		00:52:38.3	19.4		00:00:51.1		00:27:11.1	08:46	01:34:59.8	
35	222 Crittenden, Rick	915 Plymouth, MN		00:11:12.8	02:48		00:02:04.4		00:55:26.2	18.4		00:01:58.6		00:24:37.1	07:56	01:35:19.3	
36	223 Bluhm, Joel	1133 St Paul, MN		00:12:17.8	03:04		00:03:18.2		00:55:05.3	18.5		00:01:59.1		00:22:41.1	07:19	01:35:21.7	
37	225 Williams, Mark	721 Cottage Grove,		00:11:26.6	02:51		00:02:21.4		00:56:30.7	18.0		00:00:37.6		00:24:30.2	07:54	01:35:26.7	
38	235 Kurus, Doobie	533 Minnetonka, MN		00:11:27.5	02:51		00:01:53.9		00:56:08.0	18.2		00:01:20.9		00:25:08.9	08:06	01:35:59.4	
39	252 Wynia, Jonathan	496 New Brighton,		00:13:38.7	03:24		00:02:28.6		00:51:53.9	19.7		00:01:43.3		00:27:21.8	08:49	01:37:06.6	
40	254 Boike, Nate	1240 Babcock, WI		00:11:41.4	02:55		00:01:56.5		00:50:56.2	20.0		00:00:57.8		00:31:40.8	10:13	01:37:12.9	
41	281 Hermes, Joe	967 Oakdale, MN		00:11:28.2	02:52		00:03:00.2		00:54:05.4	18.9		00:01:08.8		00:30:22.7	09:47	01:40:05.5	
42	283 Thoreson, Joel	1078 St. Charles, MN		00:15:07.6	03:46		00:01:54.9		00:50:29.8	20.2		00:01:49.6		00:30:49.3	09:56	01:40:11.3	
43	284 Ward, Frank	581 Lindstrom, MN		00:13:03.1	03:15		00:03:22.5		00:51:03.3	20.0		00:02:02.9		00:30:44.8	09:55	01:40:16.7	
44	290 Loppnow, Greg	842 Vadrais Hts, MN		00:08:15.6	02:03		00:03:27.1		00:55:11.6	18.5		00:01:21.3		00:32:35.0	10:30	01:40:50.8	
45	292 Bolan, Patrick	1007 Minneapolis,		00:13:34.6	03:23		00:02:56.9		00:53:12.8	19.2		00:01:42.0		00:29:42.3	09:34	01:41:08.9	
46	314 Budzuis, Brett	1092 Minnetusta, MN		00:13:16.4	03:19		00:03:01.1		00:54:36.2	18.7		00:01:44.2		00:31:47.1	10:15	01:44:25.1	
47	322 Knight, Eric	494 Lino Lakes, MN		00:11:57.7	02:59		00:02:30.2		00:55:58.4	18.2		00:01:01.1		00:34:21.4	11:04	01:45:49.0	
48	335 Hufford, Darren	655 North Branch,		00:14:42.7	03:40		00:02:47.9		00:57:20.6	17.8		00:01:54.6		00:30:55.6	09:58	01:47:41.6	
49	348 Taylor,	488 Centerville, MN		00:10:00.7	02:30		00:03:00.0		01:00:45.0	16.8		00:01:34.4		00:35:23.8	11:25	01:50:44.1	
50	352 Young, Bill	1168 North Branch,		00:20:34.7	05:08		00:03:25.6		00:56:23.3	18.1		00:01:07.4		00:31:15.3	10:04	01:52:46.5	
51	359 Edwards, Erik	755 Lexington, MN		00:14:28.4	03:37		00:03:59.8		01:05:59.4	15.5		00:01:07.9		00:29:41.5	09:34	01:55:17.1	
52	363 Kringler, Todd	913 MINNEAPOLIS,		00:26:39.1	06:39		00:03:36.1		00:53:03.8	19.2		00:02:11.0		00:33:00.9	10:39	01:58:31.2	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
53	367 Krueger, Chad	793 Lakeville, MN		00:14:07.0	03:31	00:04:28.7		00:56:30.3	18.1		00:02:40.2		00:42:31.5	13:43	02:00:17.8	
54	374 Williamson, Scott	917 osceola, WI		00:16:07.3	04:01	00:03:56.4		01:14:29.9	13.7		00:01:55.6		00:30:46.7	09:55	02:07:16.0	
55	382 Biancardi, Joseph	509 Blaine, MN		00:13:00.3	03:15	00:02:35.6		01:45:13.7	9.7		00:00:46.5		00:33:38.5	10:51	02:35:14.8	
56	383 McGrath, Jason	1224 minneapolis,		00:17:46.8	04:26	00:06:24.7		01:24:57.4	12.0		00:03:22.9		00:48:40.9	15:42	02:41:12.9	
	Hollenbeck, Brian	1141 Coon Rapids,													DNS	
	Stewart, Chris	981 chisago city, MN													DNS	
	Sabby, Travis	986 Lino Lakes, MN													DNS	
	Kennedy,	882 St. Louis Park,													DNS	
	Goralnick, Max	810 Hugo, MN													DNS	
	Evenson, Chad	847 Elk River, MN													DNS	
	Kohls, Timothy	746 Minneapolis,													DNS	
	Wenschlag, Jason	648 Minneapolis,													DNS	
	Beversdorf, Mark	401 Wausau, WI													DNS	

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1	16 White, Todd	417 Roseville, MN		00:06:16.1	01:34	00:00:51.3		00:46:02.3	22.2		00:00:37.2		00:21:43.7	07:00	01:15:30.8	
2	17 Keller, Joe	617 Maple Grove,		00:08:17.5	02:04	00:00:54.7		00:44:33.2	22.9		00:00:34.8		00:21:23.7	06:54	01:15:44.1	
3	18 Barrios, Iv, Nolan	700 Stillwater, MN		00:09:58.6	02:29	00:00:52.0		00:43:55.5	23.2		00:00:27.7		00:20:30.6	06:36	01:15:44.6	
4	32 Steiger, Gregg	812 Minnetonka, MN		00:09:29.1	02:22	00:01:30.4		00:44:03.6	23.1		00:01:15.4		00:23:01.2	07:25	01:19:19.9	
5	37 Nordby, Mark	1307 Center City, MN		00:08:07.0	02:01	00:01:15.4		00:46:34.4	21.9		00:01:01.6		00:23:15.6	07:30	01:20:14.2	
6	42 Lacaille, Rick	1041 Duluth, MN		00:09:03.7	02:15	00:01:38.3		00:47:28.3	21.5		00:00:57.1		00:21:40.9	06:59	01:20:48.5	
7	44 Pfeiffer, Paul	1097 St Paul, MN		00:09:10.3	02:17	00:00:52.3		00:46:52.7	21.8		00:00:57.1		00:23:00.5	07:25	01:20:53.1	
8	46 Korb, Bryan	850 Lakeville, MN		00:09:04.1	02:16	00:01:26.9		00:46:14.8	22.1		00:00:53.2		00:23:25.7	07:33	01:21:05.0	
9	48 Bier, Mike	613 Brooklyn		00:10:07.3	02:31	00:01:11.3		00:46:24.1	22.0		00:00:46.5		00:22:52.1	07:22	01:21:21.5	
10	60 Kesti, Mike	1074 Minneapolis,		00:09:27.6	02:21	00:02:14.6		00:47:06.7	21.7		00:01:12.5		00:22:43.2	07:19	01:22:44.9	
11	67 Dokken, Jim	587 andover, MN		00:10:24.5	02:36	00:01:52.9		00:47:57.8	21.3		00:01:00.3		00:22:21.6	07:12	01:23:37.3	
12	72 Cornell, Jon	534 Savage, MN		00:09:33.6	02:23	00:01:17.1		00:48:12.0	21.2		00:01:06.6		00:23:56.0	07:43	01:24:05.5	
13	80 Shea, Peter	707 Lakeville, MN		00:11:23.5	02:50	00:01:30.8		00:47:36.3	21.4		00:00:59.4		00:23:27.7	07:34	01:24:57.8	
14	97 Hogle, Eric	743 Minneapolis,		00:10:32.7	02:38	00:01:35.7		00:49:21.2	20.7		00:02:12.7		00:22:48.2	07:21	01:26:30.7	
15	103 Rosenow, James	845 Shoreview, MN		00:09:45.7	02:26	00:01:20.2		00:49:33.9	20.6		00:01:23.7		00:25:00.4	08:04	01:27:04.2	
16	109 Jensen, Chuck	983 Ramsey, MN		00:08:07.5	02:01	00:03:01.3		00:49:12.4	20.7		00:01:21.2		00:25:31.3	08:13	01:27:13.9	
17	117 Ketterling, Richard	1188 Rosemount, MN		00:09:35.0	02:23	00:01:56.6		00:48:29.7	21.0		00:01:27.0		00:26:12.0	08:27	01:27:40.6	
18	120 Exner, Patrick	578 Brooklyn Park,		00:10:19.7	02:34	00:02:37.1		00:50:52.0	20.1		00:01:20.9		00:22:42.6	07:19	01:27:52.5	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008						
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
19	121 Carlson, Craig	1312 Maple Grove,		00:12:25.4	03:06		00:02:20.3		00:48:02.4	21.2		00:01:42.6		00:23:24.0	07:32	01:27:55.0	
20	124 Rupert, Jason	574 Forest Lake, MN		00:09:19.6	02:19		00:02:57.6		00:49:07.4	20.8		00:02:23.5		00:24:16.7	07:49	01:28:05.0	
21	134 Pothen, Timothy	937 Forest Lake, MN		00:10:21.2	02:35		00:01:41.1		00:50:37.1	20.2		00:00:42.3		00:25:37.4	08:15	01:28:59.4	
22	139 Ryshavy, John	443 WAYZATA, MN		00:11:38.4	02:54		00:01:30.2		00:50:06.0	20.4		00:00:36.3		00:25:17.6	08:09	01:29:08.6	
23	148 Vilella, Richard	876 Saint Paul, MN		00:10:52.3	02:43		00:03:26.2		00:47:43.9	21.4		00:01:51.5		00:26:31.9	08:33	01:30:26.0	
24	151 Yeager, Mike	823 Plymouth, MN		00:09:02.6	02:15		00:02:25.0		00:52:23.2	19.5		00:01:33.5		00:25:10.2	08:07	01:30:34.7	
25	152 delaune, robert	1259 shoreview, MN		00:10:13.9	02:33		00:02:28.8		00:50:33.8	20.2		00:01:28.3		00:25:51.5	08:20	01:30:36.5	
MN 55105																	
26	159 Weaver, Todd	431 kathrynjensen		00:07:47.2	01:56		00:02:44.4		00:53:31.2	19.1		00:01:30.3		00:25:37.6	08:16	01:31:10.9	
27	160 Willkom, Tom	549 Maplewood, MN		00:09:58.5	02:29		00:01:29.8		00:52:36.1	19.4		00:00:50.2		00:26:18.8	08:29	01:31:13.5	
28	162 Finken, Paul	1066 St Paul, MN		00:09:44.1	02:26		00:01:56.3		00:50:57.9	20.0		00:01:20.1		00:27:17.0	08:48	01:31:15.6	
29	165 Link, Kevin	1194 Minneapolis, MI		00:13:30.6	03:22		00:02:24.6		00:47:18.8	21.6		00:02:09.6		00:26:04.2	08:24	01:31:27.9	
30	175 Venzke, Scott	1200 Maplewood, MN		00:12:50.4	03:12		00:02:05.2		00:49:26.3	20.6		00:01:56.6		00:25:37.5	08:15	01:31:56.2	
31	194 Egstad, Eric	1234 Golden Valley,		00:12:31.6	03:07		00:03:26.6		00:49:00.1	20.8		00:01:23.9		00:27:10.0	08:45	01:33:32.4	
32	198 Wurdemann, Dr.	621 Harris, MN		00:12:55.3	03:13		00:01:38.1		00:52:48.0	19.3		00:00:37.5		00:25:41.9	08:17	01:33:41.0	
33	212 Malen, Peter	448 Saint Paul, MN		00:10:39.7	02:39		00:03:07.5		00:52:32.7	19.4		00:00:54.6		00:27:27.8	08:51	01:34:42.5	
34	221 Wartick, Kevin	1122 Lakeville, MN		00:10:11.1	02:32		00:03:00.2		00:56:49.9	17.9		00:00:52.5		00:24:17.5	07:50	01:35:11.4	
35	227 Goldman, Chris	595 Brooklyn Park,		00:09:44.2	02:26		00:02:33.7		00:54:30.5	18.7		00:01:55.0		00:26:44.9	08:37	01:35:28.4	
36	233 Evensen, Dale	482 Stillwater, MN		00:11:03.8	02:45		00:03:00.3		00:54:08.4	18.8		00:01:27.7		00:26:10.6	08:26	01:35:50.9	
37	244 Bastiaens, Willem	479 scandia, MN		00:10:25.8	02:36		00:03:40.3		00:50:08.6	20.3		00:01:50.9		00:30:38.3	09:53	01:36:44.0	
38	257 Vaselaar, David	1109 Winona, MN		00:11:42.8	02:55		00:02:52.3		00:52:15.5	19.5		00:01:46.7		00:28:54.4	09:19	01:37:32.0	
39	262 Creger, Chris	1215 Savage, MN		00:09:36.0	02:24		00:03:08.2		00:53:50.0	18.9		00:01:55.6		00:29:24.5	09:29	01:37:54.5	
40	266 Westemeier,	767 stacy, MN		00:12:33.3	03:08		00:02:02.1		00:56:25.9	18.1		00:00:48.8		00:26:28.5	08:32	01:38:18.7	
41	277 Carlson, Tim	463 Chisago City,		00:13:54.4	03:28		00:02:05.6		00:53:20.5	19.1		00:01:21.9		00:28:42.4	09:15	01:39:24.9	
42	297 Dorgan, Scott	1171 Edina, MN		00:16:55.6	04:13		00:01:33.3		00:52:47.5	19.3		00:01:45.7		00:28:32.2	09:12	01:41:34.5	
43	307 Erickson, Jamie	1180 Cambridge, MN		00:12:40.4	03:10		00:02:02.4		00:53:06.6	19.2		00:01:44.2		00:33:45.8	10:53	01:43:19.6	
44	320 Wimmer, Mark	1227 Scandia, MN		00:25:13.8	06:18		00:02:15.3		00:51:10.1	19.9		00:01:21.6		00:25:35.2	08:15	01:45:36.1	
45	324 Rusk, Bret	890 North Branch,		00:13:02.5	03:15		00:02:56.5		00:54:40.2	18.7		00:02:05.5		00:33:32.7	10:49	01:46:17.7	
46	345 Woodcock, Mark	495 Lino Lakes, MN		00:09:12.0	02:18		00:02:10.2		01:04:41.2	15.8		00:01:35.7		00:33:03.2	10:39	01:50:42.5	
47	349 Dolezalek, Chuck	652 Stacy, MN		00:22:11.9	05:32		00:02:18.6		00:57:40.3	17.7		00:01:00.2		00:27:33.0	08:53	01:50:44.2	
48	351 Van Oort, Mark	848 Hopkins, MN		00:13:44.0	03:26		00:01:32.0		01:02:07.7	16.4		00:01:16.1		00:33:42.0	10:52	01:52:22.0	
49	354 Ramich, Douglas	1217 Minneapolis,		00:15:25.0	03:51		00:02:46.3		00:59:28.5	17.1		00:01:05.2		00:34:35.5	11:09	01:53:20.7	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
50	380 Obst, Andrew	992 Scandia, MN		00:16:14.9	04:03	00:03:08.5		01:18:03.5	13.1		00:01:56.9		00:35:37.6	11:29	02:15:01.6	
	O'brien, Patrick	799 Frederic, WI													DNS	
	Butwinick, Robert	660 Minnetonka, MN													DNS	
	Walker, Tim	501 Minnetonka, MN													DNS	
	Myren, Scott	477 Maple Grove,													DNS	
	Beams, Rob	438 st paul, MN													DNS	
	Rignell, Richard	444 Stacy, MN													DNS	

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Age Group Field: 49

1	4 Guidinger, Peter	414 Winona, MN		00:07:35.2	01:53	00:02:06.1		00:42:18.7	24.1		00:00:32.0		00:18:11.7	05:52	01:10:43.9	
2	23 Anderson, Ronnie	774 Bloomington,		00:10:10.5	02:32	00:01:08.3		00:43:17.2	23.6		00:01:00.6		00:21:22.1	06:53	01:16:58.9	
3	30 Vesterstein, Kirk	429 Duluth, MN		00:08:23.8	02:05	00:02:13.3		00:46:40.8	21.9		00:00:35.5		00:20:36.3	06:38	01:18:30.0	
4	40 Gaffer, Steve	1274 New Richmond,		00:07:46.6	01:56	00:01:25.5		00:45:20.4	22.5		00:01:23.7		00:24:45.4	07:59	01:20:41.8	
5	76 West, Ken	604 eagan, MN		00:10:15.2	02:33	00:01:31.2		00:49:07.3	20.8		00:01:05.4		00:22:45.9	07:20	01:24:45.2	
6	78 Schultz, Mark	1082 prior lake, MN		00:08:56.1	02:14	00:01:20.8		00:48:32.8	21.0		00:01:10.9		00:24:47.1	07:59	01:24:47.9	
7	85 Mclaughlin,	532 Center City, MN		00:10:10.9	02:32	00:02:13.4		00:48:25.4	21.1		00:01:21.3		00:23:15.1	07:30	01:25:26.4	
8	98 Odash, Rich	643 Wyoming, MN		00:08:37.4	02:09	00:01:28.9		00:49:47.8	20.5		00:00:48.4		00:25:56.2	08:22	01:26:38.8	
9	100 Madison, David	816 Edina, MN		00:11:44.7	02:56	00:01:29.2		00:49:10.9	20.7		00:00:43.6		00:23:41.3	07:38	01:26:49.9	
10	105 Waszczenko,	1279 Plymouth, MN		00:11:21.2	02:50	00:01:40.6		00:47:05.0	21.7		00:01:37.6		00:25:20.4	08:10	01:27:05.0	
11	116 Urbanski, Paul	1019 st louis park, MN		00:10:30.4	02:37	00:01:45.2		00:50:03.7	20.4		00:00:50.5		00:24:30.1	07:54	01:27:40.1	
12	129 Johnson, Tim	511 Apple Valley,		00:10:00.0	02:30	00:02:36.9		00:49:10.4	20.7		00:02:01.8		00:24:45.1	07:59	01:28:34.4	
13	131 Burris-brown,	1103 Minneapolis,		00:10:26.5	02:36	00:02:53.8		00:52:22.6	19.5		00:01:54.0		00:21:09.1	06:49	01:28:46.2	
14	138 Zell, Jim	1236 Northfield, MN		00:11:28.2	02:52	00:01:55.7		00:51:00.9	20.0		00:01:17.1		00:23:24.9	07:33	01:29:07.0	
15	142 Plewka, Mark	445 Shorewood, WI		00:08:40.1	02:10	00:02:02.1		00:54:55.4	18.6		00:01:22.2		00:22:49.6	07:21	01:29:49.5	
16	143 Cliffe, Charles	1130 north oaks, MN		00:08:51.2	02:12	00:02:46.9		00:48:56.2	20.8		00:01:34.9		00:27:41.0	08:55	01:29:50.3	
17	144 Dubois, Robert	942 columbus, MN		00:08:21.5	02:05	00:02:13.2		00:51:14.0	19.9		00:00:57.3		00:27:09.5	08:45	01:29:55.7	
18	169 Harmon, Bob	672 New Brighton,		00:13:36.2	03:24	00:02:39.9		00:50:24.9	20.2		00:00:59.6		00:24:04.0	07:45	01:31:44.9	
19	190 Kassekert, Tom	974 Blaine, MN		00:14:27.2	03:36	00:02:01.2		00:49:54.1	20.4		00:01:05.7		00:25:50.9	08:20	01:33:19.3	
20	195 Joachim, Dan	861 Scandia, MN		00:18:15.1	04:33	00:01:32.1		00:48:48.8	20.9		00:01:22.3		00:23:34.9	07:36	01:33:33.3	
21	197 struck, michael	1280 brooklyn park,		00:12:03.4	03:00	00:02:49.7		00:52:33.7	19.4		00:01:14.9		00:24:57.8	08:03	01:33:39.8	
22	201 Zwiers, Brian	691 Hilbert, WI		00:13:00.8	03:15	00:02:42.0		00:49:08.6	20.8		00:01:43.0		00:27:24.5	08:50	01:33:59.2	
23	210 Smith, Brett	750 White Bear		00:11:47.1	02:56	00:02:24.2		00:53:06.6	19.2		00:00:42.5		00:26:31.8	08:33	01:34:32.4	
24	213 Knutson, Randy	1303		00:11:19.2	02:49	00:01:24.2		00:52:51.2	19.3		00:01:02.8		00:28:08.7	09:04	01:34:46.2	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
25	214 Flaa, John	662 Plymouth, MN		00:10:57.8	02:44	00:02:41.0		00:53:25.7	19.1		00:02:09.8		00:25:35.3	08:15	01:34:49.7	
26	226 Schuler, Richard	868 Chisago City,		00:04:35.2	01:08	00:03:19.5		00:56:28.8	18.1		00:01:20.3		00:29:44.4	09:35	01:35:28.4	
27	229 Gutzmann, Pete	1015 South St. Paul,		00:13:43.3	03:25	00:02:05.1		00:49:00.7	20.8		00:01:58.3		00:28:44.9	09:16	01:35:32.5	
28	230 Chiodo, Marc	905 minneapolis,		00:12:19.2	03:04	00:01:52.4		00:47:14.1	21.6		00:03:41.5		00:30:27.1	09:49	01:35:34.6	
29	232 Eduarte, Carlos	875 Minneapolis,		00:14:18.3	03:34	00:02:49.5		00:50:20.7	20.3		00:02:43.0		00:25:34.4	08:14	01:35:46.1	
30	236 James, Tedd	991 St Paul, MN		00:11:00.5	02:45	00:03:25.4		00:49:10.1	20.7		00:02:26.4		00:30:01.0	09:40	01:36:03.5	
31	256 Mathie, Ed	1270 Edina, MN		00:16:24.8	04:06	00:03:11.3		00:51:56.2	19.6		00:01:46.8		00:24:12.3	07:48	01:37:31.6	
32	267 Brue, Mark	1064 Cedar, MN		00:12:55.2	03:13	00:02:35.1		00:50:19.7	20.3		00:01:45.2		00:30:45.3	09:55	01:38:20.8	
33	268 Jennissen, Robert	976 Lindstrom, MN		00:12:06.2	03:01	00:03:31.1		00:56:08.2	18.2		00:01:21.8		00:25:18.4	08:09	01:38:25.9	
34	272 Walmsley, Daniel	1067 Eagan, MN		00:11:36.2	02:54	00:03:08.7		00:55:57.6	18.2		00:01:31.7		00:27:02.6	08:43	01:39:17.0	
35	287 Bauman, William	888 Maple Grove,		00:11:14.7	02:48	00:03:26.1		00:55:03.4	18.5		00:02:26.2		00:28:24.1	09:09	01:40:34.6	
36	289 Ramberg, Russ	957 North Branch,		00:20:16.4	05:04	00:02:15.1		00:50:53.5	20.0		00:01:04.8		00:26:13.8	08:27	01:40:43.7	
37	294 Thorsen, Gregory	1220 Edina, MN		00:14:01.9	03:30	00:02:31.8		00:54:08.3	18.8		00:01:54.8		00:28:39.6	09:14	01:41:16.5	
38	296 Wiza, Steve	1081 Chisago City,		00:13:51.3	03:27	00:04:58.1		00:54:27.7	18.7		00:02:05.2		00:26:08.0	08:25	01:41:30.4	
39	312 Trombley, Craig	1105 Dayton, MN		00:13:59.6	03:29	00:03:40.4		00:57:05.6	17.9		00:01:43.0		00:27:32.2	08:52	01:44:00.9	
40	330 Anderson, Scott	1281 Hudson, WI		00:13:23.7	03:20	00:04:52.5		00:55:20.9	18.4		00:02:56.3		00:30:34.0	09:51	01:47:07.6	
								Eileen Theisen					Kari Stein			
41	344 Weeks, Richard	535 Eden Prairie,		00:11:11.5	02:47	00:02:27.5		00:54:58.1	18.6		00:02:28.1		00:39:34.4	12:45	01:50:39.7	
42	379 James, Jonathon	564 Stillwater, MN		00:09:50.3	02:27	00:05:20.4		01:07:05.9	15.2		00:01:39.4		00:49:08.6	15:51	02:13:04.8	
	Hagen, Steven	720 Hugo, MN														DNS
	Troisi, Mark	569 Eau Claire, WI														DNS
	Glaccum, Joseph	600 Excelsior, MN														DNS
	Nelson, Randy	516 Oakdale, MN														DNS
	Hackbarth,	529 St Michael, MN														DNS
	Sager, Chuck	540 Andover, WI														DNS
	Porker, Craig	452 Robbinsdale,														DNS

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Age Group Field: 34

1	6 Dow, David	423 West Lakeland,		00:07:19.1	01:49	00:01:00.4		00:43:07.6	23.7		00:00:47.0		00:20:07.6	06:29	01:12:22.0	
2	19 Christenson, Rick	1140 Roseville, MN		00:09:08.7	02:17	00:02:01.1		00:41:15.9	24.7		00:00:59.8		00:22:29.5	07:15	01:15:55.2	
3	36 Swanson, Dave	419 wyoming, MN		00:08:56.9	02:14	00:01:02.0		00:47:49.2	21.3		00:00:40.8		00:21:35.3	06:57	01:20:04.4	
4	38 Woodbeck, Dale	500 Excelsior, MN		00:08:41.8	02:10	00:01:27.7		00:45:31.2	22.4		00:01:08.6		00:23:33.0	07:35	01:20:22.6	
5	43 Holthus, Brian	1175 Vadnais		00:07:58.9	01:59	00:01:08.7		00:45:33.1	22.4		00:01:10.0		00:24:59.5	08:03	01:20:50.4	
6	56 Rask, Roger	614 Duluth, MN		00:08:53.4	02:13	00:01:31.1		00:47:48.9	21.3		00:01:05.2		00:22:56.6	07:24	01:22:15.4	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
7	77 Metzmaker,	1255 Lino Lakes, MN		00:09:13.8	02:18	00:02:13.0		00:49:24.3	20.6		00:01:22.0		00:22:32.8	07:16	01:24:46.1	
8	81 Bakulers, Mike	1311 St. Louis Park,		00:08:55.1	02:13	00:01:43.4		00:46:54.4	21.7		00:00:36.1		00:26:57.2	08:41	01:25:06.4	
9	180 Rauschenfeis,	1246 Red Wing, MN		00:11:15.2	02:48	00:02:07.0		00:49:02.6	20.8		00:01:17.7		00:28:51.4	09:18	01:32:34.1	
10	184 Humes, Douglas	669 Mahtomedi, MN		00:11:13.0	02:48	00:03:51.9		00:52:59.6	19.2		00:01:30.2		00:23:08.6	07:27	01:32:43.5	
11	191 Donovan, David	656 Minneapolis,		00:11:34.6	02:53	00:04:47.9		00:47:04.5	21.7		00:02:24.6		00:27:29.2	08:52	01:33:20.9	
12	202 Sauerbry, James	487 Lindstrom, MN		00:08:01.5	02:00	00:01:43.6		00:53:56.4	18.9		00:01:11.0		00:29:09.4	09:24	01:34:02.1	
13	234 Osterbauer, Brad	420 Apple Valley,		00:09:30.5	02:22	00:01:45.8		00:54:24.5	18.7		00:01:41.8		00:28:30.3	09:11	01:35:53.1	
14	245 Drake, Dan	1308 Woodbury, MN		00:08:25.9	02:06	00:01:09.2		00:53:26.7	19.1		00:01:40.1		00:32:06.3	10:21	01:36:48.5	
15	263 Dupre, David	674 White Bear		00:13:55.5	03:28	00:02:48.3		00:53:53.9	18.9		00:01:30.9		00:25:46.2	08:18	01:37:54.9	
16	273 Schmidt, Doug	929 Osceola, WI		00:11:56.6	02:59	00:02:06.1		00:59:36.4	17.1		00:00:54.0		00:24:44.1	07:58	01:39:17.4	
17	274 Lawrence, James	510 Minnetonka, MN		00:10:48.1	02:42	00:02:03.9		00:53:39.3	19.0		00:00:57.4		00:31:49.5	10:15	01:39:18.4	
18	279 Lamson, Stephen	854 Oakdale, MN		00:13:15.3	03:18	00:04:16.8		00:54:59.6	18.5		00:01:54.3		00:25:26.7	08:12	01:39:52.8	
19	299 Ohara, Kelly	538 Rochester, MN		00:10:24.7	02:36	00:03:22.9		00:54:53.1	18.6		00:02:38.8		00:30:58.4	09:59	01:42:18.2	
20	300 Duppong, Mike	1151 Cottage Grove,		00:15:03.3	03:45	00:02:51.4		00:50:05.8	20.4		00:02:00.5		00:32:24.4	10:27	01:42:25.6	
21	309 Landwehr, Tom	1256		00:11:26.8	02:51	00:03:33.1		00:56:51.7	17.9		00:02:28.9		00:29:23.7	09:28	01:43:44.3	
22	325 Reisner, Joseph	1170 Woodbury, MN		00:13:44.1	03:26	00:05:17.8		00:56:31.8	18.0		00:03:20.7		00:27:26.3	08:51	01:46:20.9	
23	329 Wachutka, Ed	684 Chisago City,		00:15:10.9	03:47	00:02:48.0		00:59:24.6	17.2		00:01:15.3		00:28:22.0	09:09	01:47:01.0	
24	340 Orluck, Mark	717 Buffalo, MN		00:13:25.4	03:21	00:03:05.3		00:59:55.2	17.0		00:01:21.7		00:30:33.7	09:51	01:48:21.4	
25	341 Smith, Louis	756 Minneapolis,		00:14:26.3	03:36	00:04:46.2		00:57:37.4	17.7		00:03:10.4		00:29:43.4	09:35	01:49:43.9	
26	355 Shrode, Jeffrey	1054 DELANO, MN		00:15:32.4	03:53	00:04:08.8		01:00:24.3	16.9		00:01:13.7		00:32:10.0	10:22	01:53:29.5	
								MN 55318								
27	365 Johnson, Mitch	433 seanholmes89		00:14:51.1	03:42	00:02:17.8		01:05:59.0	15.5		00:01:37.9		00:34:08.4	11:00	01:58:54.4	
	Puelston, Rick	1297		00:22:18.7												DNF
	Dow, David	1063 West Lakeland,														DNS
	Fiddler, Mark	936 Minneapolis,														DNS
	Benson, Thomas	887 Minneapolis,														DNS
	O'rourke, Steve	811 MPLS., MN														DNS
	Drake, Dru	678														DNS
	Stich, Mike	591 Wyoming, MN														DNS

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Age Group Field: 17

1	53 Fristin, John	1040 Stillwater, WI		00:08:31.4	02:07	00:01:46.5		00:46:46.0	21.8		00:01:25.4		00:23:36.0	07:36	01:22:05.5	
2	182 Lueth, Randy	931 Marshfield, WI		00:12:49.0	03:12	00:01:59.2		00:47:06.1	21.7		00:02:26.2		00:28:15.8	09:07	01:32:36.5	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
3	192 Wilson, Roy	597 St. Paul, MN		00:14:34.8	03:38	00:02:32.5		00:51:52.9	19.7		00:00:32.3		00:23:51.6	07:41	01:33:24.3	
4	209 Bjorke, Michael	696 Montrose, MI		00:09:37.3	02:24	00:02:32.4		00:53:21.5	19.1		00:01:22.1		00:27:27.5	08:51	01:34:21.0	
5	238 Nayas, Terrence	1269 Eden Prairie,		00:12:11.9	03:02	00:03:45.2		00:53:20.7	19.1		00:02:02.4		00:24:55.0	08:02	01:36:15.5	
6	239 Couillard, Tom	1235 White Bear		00:11:34.6	02:53	00:02:49.7		00:53:53.4	18.9		00:01:55.6		00:26:05.4	08:24	01:36:18.8	
7	247 Christenson,	752 waconia, MN		00:15:27.4	03:51	00:02:08.6		00:49:56.0	20.4		00:01:04.6		00:28:16.3	09:07	01:36:53.1	
8	250 Wilson, Justin	1209 Chisago City,		00:14:05.0	03:31	00:03:23.8		00:52:21.6	19.5		00:01:12.8		00:26:00.4	08:23	01:37:03.8	
9	258 Wehrman, John	1258		00:13:46.9	03:26	00:02:07.6		00:50:41.2	20.1		00:01:30.8		00:29:28.0	09:30	01:37:34.7	
10	259 Otto, Kirk	644 Osceola, WI		00:08:47.2	02:11	00:02:15.9		00:52:22.4	19.5		00:02:23.9		00:31:48.2	10:15	01:37:37.8	
11	265 Pohlkamp, Terry	490 Scandia, MN		00:14:48.4	03:42	00:03:06.0		00:54:26.9	18.7		00:01:00.7		00:24:47.0	07:59	01:38:09.2	
12	282 Kandiko, Joe	454 excelsior, MN		00:09:59.7	02:29	00:01:59.7		00:55:24.8	18.4		00:01:49.3		00:30:56.4	09:58	01:40:10.1	
13	306 Reich, Thomas	980 Blaine, MN		00:11:40.8	02:55	00:02:37.8		00:54:44.8	18.6		00:01:48.3		00:32:24.4	10:27	01:43:16.3	
14	308 Jost, Doug	525 Centerville, MN		00:13:50.3	03:27	00:02:27.9		00:56:26.3	18.1		00:01:22.0		00:29:19.2	09:27	01:43:25.9	
15	311 Blackman, Paul	1113 Saint Francis,		00:17:58.6	04:29	00:02:59.1		00:54:16.1	18.8		00:02:17.7		00:26:28.0	08:32	01:43:59.8	
16	372 Krueger, Tom	568 Chisago city,		00:19:47.6	04:56	00:04:13.1		01:03:34.2	16.0		00:03:12.0		00:31:06.2	10:02	02:01:53.3	
	Piper, David	1264 Minneapolis,													DNS	

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Age Group Field: 18

1	28 Clark, Barry	506 La Crosse, WI		00:09:52.9	02:28	00:00:47.9		00:44:05.7	23.1		00:00:56.6		00:22:21.7	07:12	01:18:04.9	
2	176 Barber, John	1318 Bloomington,		00:09:55.9	02:28	00:02:29.2		00:50:44.9	20.1		00:01:35.8		00:27:12.2	08:46	01:31:58.3	
3	204 Moen, Clint	779 Duluth, MN		00:09:51.7	02:27	00:02:05.7		00:50:57.0	20.0		00:02:00.5		00:29:12.4	09:25	01:34:07.5	
4	207 Boardman, Tom	636 Stillwater, MN		00:11:52.9	02:58	00:03:24.8		00:51:35.9	19.8		00:01:20.2		00:26:04.6	08:24	01:34:18.7	
5	218 Casey, Robert	963 Traer, IA		00:12:15.3	03:03	00:01:34.2		00:49:44.8	20.5		00:01:33.3		00:29:51.3	09:37	01:34:59.1	
6	261 Smith, Gary	1114 St. Paul, MN		00:14:06.0	03:31	00:02:31.1		00:52:34.4	19.4		00:02:24.7		00:26:17.1	08:28	01:37:53.5	
7	270 Larson, Larry	1006 Stillwater, MI		00:13:33.8	03:23	00:03:04.0		00:52:03.6	19.6		00:02:19.6		00:28:05.2	09:03	01:39:06.4	
8	285 Dolan, Bob	1190 Golden Valley,		00:14:13.4	03:33	00:03:12.9		00:56:09.4	18.2		00:01:56.7		00:24:53.2	08:01	01:40:25.8	
9	317 Fulton, Tom	545 St. Louis Park,		00:11:32.8	02:53	00:02:29.3		00:54:25.2	18.7		00:02:04.0		00:34:49.4	11:14	01:45:20.9	
10	327 Lea, Rob	814 Minneapolis,		00:12:45.6	03:11	00:02:43.2		00:55:09.4	18.5		00:02:32.5		00:33:34.3	10:49	01:46:45.2	
11	334 Lynch, Mike	1288 Hudson, WI		00:12:15.9	03:03	00:03:02.1		00:52:54.7	19.3		00:02:46.7		00:36:40.4	11:49	01:47:40.0	
12	338 Gaudette, Gerry	1163 Chisago City,		00:13:46.9	03:26	00:05:36.6		00:51:57.1	19.6				02:09:17.6		01:48:09.5	
13	350 Schmidt, Rick	1245 Moline, IL		00:14:08.9	03:32	00:02:47.6		01:02:59.3	16.2		00:01:20.9		00:30:32.8	09:51	01:51:49.8	
14	362 Hester, F.A.	1060 ST PAUL, MN		00:11:03.0	02:45	00:03:53.7		01:01:17.7	16.6		00:03:22.2		00:37:52.7	12:13	01:57:29.6	
15	364 Stahl, George	456 Blaine, MN		00:11:23.6	02:50	00:05:04.4		01:06:50.7	15.3		00:01:30.1		00:33:59.8	10:58	01:58:48.9	
16	368 Geiggs,	1024 Minneapolis,		00:16:59.2	04:14	00:07:12.6		01:01:25.5	16.6		00:02:09.2		00:32:37.6	10:31	02:00:24.3	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17 mi bike		T-2	3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
17	381 Berglund, Richard	824 Wyoming, MN		00:19:09.1	04:47	00:06:50.3		01:05:01.5	15.7		00:03:12.5		00:41:40.9	13:26	02:15:54.5	
	Mcmorrow, Patrick	782 Eden Prairie,													DNS	

### 65-69

Age Group Field: 3

1	113 Larsen, Hank	1309 Glencoe, MN		00:11:12.1	02:48	00:01:18.2		00:49:52.4	20.5		00:00:54.9		00:24:17.1	07:50	01:27:34.9	
2	269 Nelson, Lynn	639 Minneapolis,		00:13:29.2	03:22	00:02:41.6		00:53:31.7	19.1		00:02:11.6		00:27:00.3	08:42	01:38:54.6	
3	337 Kylek, F J	455 Woodbury, MN		00:13:50.7	03:27	00:03:55.8		01:03:08.1	16.2		00:02:13.3		00:24:56.1	08:02	01:48:04.3	

### 75 & over

Age Group Field: 2

1	316 Metzmaker, Jordal, Jim	1275 Lino Lakes, MN 485 Center City, MN		00:13:40.5	03:25	00:03:23.1		01:00:49.2	16.8		00:01:09.1		00:25:51.7	08:20	01:44:53.9	DNS
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Age Group Field: 5

	82 Olson, Jeff	1315 Plymouth, MN		00:12:01.1	03:00	00:01:06.9		00:46:21.6	22.0		00:00:20.5		00:25:16.2	08:09	01:25:06.4	
	369 Terlinde, Chris	1310		00:13:43.3	03:25	00:03:11.6		01:07:25.7	15.1		00:01:35.7		00:34:30.2	11:07	02:00:26.6	
	NEED NAME,	1237 Minneapolis,													DNS	
	NEED NAME,	661 , MN													DNS	
	NEED NAME,	685													DNS	

### Female Sprint Distance

Division Field: 396

### 15 & under

Age Group Field: 2

1	80 Schultz, Clara	1316 Minneapolis,		00:10:56.1	02:44	00:02:39.3		00:56:23.7	18.1		00:00:22.6		00:24:35.1	07:55	01:34:57.0	
2	194 Suchomel, Josie	1179 White Bear		00:07:58.1	01:59	00:01:51.6		01:05:25.5	15.6		00:00:57.4		00:29:42.8	09:35	01:45:55.5	

### 16-19

Age Group Field: 11

1	40 Keller, Gabriella	572 maple Grove,		00:07:07.9	01:46	00:00:55.6		00:53:51.5	18.9		00:00:41.6		00:26:51.3	08:39	01:29:28.0	
2	51 Foss, Megan	426 shoreview, MN		00:09:48.9	02:27	00:02:00.4		00:53:52.0	18.9		00:00:57.5		00:24:08.3	07:47	01:30:47.3	
3	65 Holthus, Kimberly	425 Vadnais		00:08:19.6	02:04	00:02:00.8		00:57:43.8	17.7		00:00:55.2		00:23:21.3	07:32	01:32:20.9	
4	148 Buenting, Cory	911 Moline, IL		00:10:23.2	02:35	00:01:41.9		00:58:14.6	17.5		00:01:14.6		00:29:22.2	09:28	01:40:56.7	
5	156 Forsythe, Katelyn	901 Hammond, WI		00:13:46.3	03:26	00:01:34.5		00:57:58.3	17.6		00:00:44.6		00:27:35.1	08:53	01:41:39.0	
6	163 Woodworth,	658 Hutchinson, WI		00:09:29.9	02:22	00:02:11.5		00:57:32.1	17.7		00:01:26.5		00:31:40.0	10:12	01:42:20.2	
7	200 Sczublewski,	1183 Pierz, MN		00:11:45.5	02:56	00:01:30.9		00:59:38.2	17.1		00:01:26.7		00:32:33.3	10:30	01:46:54.7	
8	206 Huey, Danielle	881 Eagle, WI		00:14:41.1	03:40	00:02:08.5		00:58:43.8	17.4		00:01:38.8		00:30:37.7	09:52	01:47:50.0	
9	207 Grandt, Emily	1198 Lino Lakes, MN		00:08:16.9	02:04	00:02:50.6		01:01:23.5	16.6		00:01:47.3		00:33:54.3	10:56	01:48:12.8	
10	327 Nelson, Libby	834 Harris, MN		00:13:15.5	03:18	00:03:01.5		01:14:35.6	13.7		00:01:37.4		00:43:14.9	13:57	02:15:45.0	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008						
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
11	334 Severson, Marissa	785 Stillwater, MN		00:14:39.5	03:39		00:04:47.9		01:20:05.3	12.7		00:02:07.8		00:39:03.8	12:36	02:20:44.5	

**20-24**

Age Group Field: 37

1	6 Mills, Laura	407 Duluth, MN		00:07:37.1	01:54		00:01:30.3		00:48:41.9	20.9		00:00:29.5		00:23:20.0	07:31	01:21:39.0	
2	9 Johnson, Heidi	558 Rochester, MN		00:08:58.9	02:14		00:02:38.0		00:50:08.9	20.3		00:00:42.0		00:20:50.3	06:43	01:23:18.2	
3	11 Rossing, Jessica	916 Duluth, MN		00:08:43.3	02:10		00:01:01.6		00:52:14.4	19.5		00:00:51.2		00:21:06.3	06:48	01:23:57.0	
4	19 Berger, Sarah	724 Hugo, MN		00:10:37.1	02:39		00:01:10.3		00:49:46.3	20.5		00:00:54.9		00:23:04.6	07:26	01:25:33.3	
5	23 Olson, Rachael	961 Madison, WI		00:11:01.0	02:45		00:01:52.9		00:51:28.8	19.8		00:00:48.1		00:21:25.5	06:54	01:26:36.6	
6	27 Riley, Holly	1102 Crystal, MI		00:08:09.2	02:02		00:01:49.5		00:51:34.1	19.8		00:01:27.6		00:24:46.0	07:59	01:27:46.6	
7	28 Linde, Kim	559 Mpls, MN		00:07:43.4	01:55		00:01:15.1		00:52:15.7	19.5		00:01:06.2		00:25:30.1	08:13	01:27:50.8	
8	35 Tellefsen, Jenna	839 Minneapolis,		00:10:30.4	02:37		00:01:54.8		00:55:20.3	18.4		00:00:32.9		00:21:03.5	06:47	01:29:22.1	
9	46 Stangel, Greta	1096 Andover, MN		00:13:35.7	03:23		00:01:40.9		00:50:40.0	20.1		00:01:17.2		00:23:01.0	07:25	01:30:15.1	
10	84 O'hern, Kelsey	1084 North Branch,		00:09:50.7	02:27		00:03:01.1		00:51:02.0	20.0		00:00:58.0		00:30:26.3	09:49	01:35:18.3	
11	92 Hansvick, Maggie	1282 Litchfield, MN		00:09:13.0	02:18		00:02:44.2		00:56:53.5	17.9		00:01:05.3		00:26:10.9	08:26	01:36:07.2	
12	94 Koch, Lindsey	943 Lindstrom, MN		00:08:27.1	02:06		00:04:13.0		00:54:04.5	18.9		00:01:07.9		00:28:18.1	09:07	01:36:10.7	
13	102 Gallison, Avery	1314 Minneapolis,		00:11:21.5	02:50		00:02:45.4		00:56:47.9	18.0		00:01:26.4		00:24:37.9	07:56	01:36:59.4	
14	108 Cooley, Kerry	666 Long Lake, MN		00:10:47.7	02:41		00:02:06.0		00:54:12.0	18.8		00:01:14.3		00:29:04.0	09:22	01:37:24.1	
15	110 Grossman, Nicole	1155 Lindstrom, MN		00:13:44.5	03:26		00:02:02.9		00:53:04.3	19.2		00:01:00.3		00:27:47.3	08:57	01:37:39.5	
16	130 Condra, Alissa	944 Minneapolis,		00:08:57.4	02:14		00:02:24.2		00:55:59.8	18.2		00:01:46.2		00:30:47.9	09:56	01:39:55.7	
17	135 Sitzmann, Sara	1087 Saint Paul, MN		00:10:08.0	02:32		00:01:41.8		00:55:51.6	18.3		00:01:30.0		00:31:07.0	10:02	01:40:18.7	
18	139 Parenteau, Lexy	1304		00:11:02.7	02:45		00:02:39.9		00:57:13.3	17.8		00:01:13.2		00:28:18.4	09:07	01:40:27.8	
19	140 Viau, Emily	1043 Minnetonka, MN		00:08:23.1	02:05		00:02:47.5		00:56:32.1	18.0		00:01:08.1		00:31:37.0	10:11	01:40:27.9	
20	158 Burfiend, Maria	404 Saint Paul, MN		00:11:29.5	02:52		00:01:41.0		00:59:55.7	17.0		00:00:35.0		00:28:11.5	09:05	01:41:53.0	
21	171 Dawson, Anna	521 St. Paul, MN		00:11:33.4	02:53		00:03:30.9		00:58:32.8	17.4		00:01:12.7		00:28:38.3	09:14	01:43:28.3	
22	202 Grandt, Jessica	831 lino lakes, MN		00:09:50.4	02:27		00:02:55.3		00:57:51.1	17.6		00:01:47.7		00:35:07.8	11:19	01:47:32.6	
23	204 Gray, Emma	1010 Minneapolis,		00:09:53.7	02:28		00:02:50.1		00:58:51.3	17.3		00:00:55.8		00:35:11.6	11:21	01:47:42.8	
24	230 Schuder, Jenna	492 Wyoming, MI		00:13:43.8	03:25		00:02:54.2		00:56:36.6	18.0		00:01:11.8		00:35:51.8	11:34	01:50:18.3	
25	279 Dunbar-hester,	1062 St. Paul, MN		00:10:17.7	02:34		00:03:04.1		01:02:52.7	16.2		00:03:20.8		00:37:54.0	12:13	01:57:29.5	
26	287 Cutler, Deanne	1011 Minneapolis,		00:09:36.3	02:24		00:03:54.9		01:05:33.4	15.6		00:01:20.9		00:38:27.3	12:24	01:58:52.9	
27	306 benson, sarah	1273 North Branch,		00:17:19.3	04:19		00:02:45.2		01:05:58.4	15.5		00:01:45.3		00:38:23.1	12:22	02:06:11.5	
28	309 Alsaker, Adrian	596 Chisago City,		00:12:26.2	03:06		00:04:40.5		01:12:20.1	14.1		00:02:40.8		00:36:43.8	11:50	02:08:51.7	
29	313 Kaup, Shawna	625 Minneapolis,		00:09:41.9	02:25		00:02:44.3		01:11:50.2	14.2		00:01:16.2		00:44:10.3	14:14	02:09:43.1	
30	315 Glassman, Hilary	1012 Minneapolis,		00:12:48.7	03:12		00:04:30.3		01:10:50.9	14.4		00:02:31.5		00:40:02.8	12:55	02:10:44.4	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008						
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
31	318 Easterby,	748		Rosemount, MN	00:12:47.3	03:11	00:04:30.5		01:15:26.4	13.5		00:02:10.6		00:38:12.4	12:19	02:13:07.4	
	Hausken, Kelsey	780		Stillwater, MN												DNS	
	Kenney, Bridget	725		Minneapolis,												DNS	
	Nelson, Kayleigh	632		Minneapolis,												DNS	
	Beebe, Allison	512		Wyoming, MN												DNS	
	Haskin, Ashley	471		Fridley, MN												DNS	
	Long, Christire	473		St Paul, MN												DNS	

## 25-29

Age Group Field: 78

	1	Mc Cann,	410	North Branch,	00:06:46.9	01:41	00:00:46.0		00:45:44.1	22.3		00:00:43.3		00:20:54.1	06:44	01:14:54.5	
1	2	Novotny, Lydia	690	Hopkins, MN	00:09:15.7	02:18	00:01:14.3		00:45:00.4	22.7		00:01:10.6		00:21:42.5	07:00	01:18:23.7	
2	4	Moyer, Ann	406	Rochester, MN	00:08:27.4	02:06	00:01:33.6		00:47:32.0	21.5		00:00:57.5		00:23:04.8	07:26	01:21:35.4	
3	7	Yaeger, Marlene	602	St. Louis Park,	00:09:51.8	02:27	00:01:51.0		00:48:33.4	21.0		00:00:48.7		00:20:56.7	06:45	01:22:01.9	
4	13	Sundberg, Laurel	801	Minnetonka, MN	00:09:02.7	02:15	00:01:17.4		00:48:05.5	21.2		00:01:06.5		00:24:31.1	07:54	01:24:03.5	
5	17	Steiger, Megan	702	St. Louis Park,	00:10:06.2	02:31	00:01:27.7		00:51:18.0	19.9		00:00:32.0		00:21:49.4	07:02	01:25:13.6	
6	24	Vieregge, Jenae	1050	Shakopee, MN	00:09:15.7	02:18	00:01:50.1		00:49:50.1	20.5		00:01:11.6		00:24:36.5	07:56	01:26:44.2	
7	26	Fritz, Rebecca	1225	Madison, WI	00:08:53.9	02:13	00:02:26.2		00:50:31.2	20.2		00:01:30.1		00:24:01.5	07:45	01:27:23.0	
8	37	Williams, Jennifer	978	Bloomington,	00:09:04.4	02:16	00:02:03.2		00:51:42.7	19.7		00:02:37.9		00:23:55.4	07:43	01:29:23.8	
9	44	Stolz, Tomery	934	Minneapolis,	00:11:03.9	02:45	00:01:50.3		00:51:40.8	19.7		00:02:04.1		00:23:19.3	07:31	01:29:58.5	
10	50	Giles, Karen	1053	Minneapolis,	00:10:16.3	02:34	00:02:39.2		00:52:15.1	19.5		00:01:29.6		00:24:01.4	07:44	01:30:41.9	
11	54	Christopher,	1045	Savage, MN	00:11:08.2	02:47	00:02:02.9		00:51:17.7	19.9		00:01:12.4		00:25:12.0	08:07	01:30:53.5	
12	61	Whitney, Patricia	970	Minneapolis,	00:08:50.6	02:12	00:02:04.8		00:51:11.4	19.9		00:01:58.7		00:27:45.8	08:57	01:31:51.4	
13	67	Rasch, Kimberly	714	Minneapolis,	00:08:58.9	02:14	00:01:44.8		00:55:46.5	18.3		00:01:06.9		00:24:51.2	08:01	01:32:28.6	
14	70	Hall, Stacy	1214		00:13:14.4	03:18	00:02:38.2		00:53:02.9	19.2		00:00:49.1		00:23:25.8	07:33	01:33:10.7	
15	72	Young, Amanda	713	Jefferson City,	00:12:06.4	03:01	00:02:10.7		00:52:15.5	19.5		00:01:44.8		00:25:14.1	08:08	01:33:31.8	
16	73	Prusmack, Kristin	1002	Woodbury, MD	00:09:16.4	02:19	00:01:02.3		00:53:01.0	19.2		00:01:03.4		00:29:34.3	09:32	01:33:57.6	
17	88	Hart, Shannon	467	Naperville, IL	00:10:47.1	02:41	00:02:04.1		00:51:50.8	19.7		00:01:31.6		00:29:13.8	09:25	01:35:27.5	
18	90	Veitenheimer	1080	Saint Paul, MN	00:09:37.1	02:24	00:02:01.3		00:53:26.2	19.1		00:01:56.2		00:28:47.3	09:17	01:35:48.3	
19	93	Northup, Meghan	903	Burnsville, MN	00:12:27.0	03:06	00:01:40.3		00:53:24.7	19.1		00:01:32.2		00:27:03.9	08:43	01:36:08.3	
20	101	Steingas, Sarah	883	minneapolis,	00:10:57.0	02:44	00:01:41.8		00:55:56.0	18.2		00:01:44.9		00:26:36.0	08:34	01:36:56.0	
21	104	James, Terra	739	Arden Hills, MN	00:11:14.2	02:48	00:01:28.1		00:55:53.6	18.2		00:00:57.9		00:27:28.6	08:51	01:37:02.6	
22	105	Andriacchi,	772	Minneapolis,	00:12:04.8	03:01	00:02:04.0		00:52:49.1	19.3		00:01:30.2		00:28:35.7	09:13	01:37:03.9	
23	112	Ortlip, Erin	858	Minneapolis,	00:12:58.7	03:14	00:02:04.3		00:53:30.6	19.1		00:01:46.2		00:27:22.1	08:49	01:37:42.2	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008						
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
24	113 Pouliot, Anna	502 North Branch,		00:08:51.0	02:12		00:02:25.1		00:58:07.9	17.5		00:01:06.0		00:27:15.3	08:47	01:37:45.4	
25	118 Olson, Marita	1003 Minneapolis,		00:10:43.0	02:40		00:02:46.0		00:57:47.9	17.6		00:01:32.7		00:25:16.6	08:09	01:38:06.4	
26	121 Madden, Heather	458 Saint Louis		00:10:58.1	02:44		00:01:48.7		00:56:00.4	18.2		00:01:04.2		00:28:45.8	09:16	01:38:37.4	
27	125 Larson, Amy	590 Plymouth, MN		00:11:45.1	02:56		00:01:31.3		00:56:13.2	18.1		00:00:56.4		00:28:58.7	09:20	01:39:25.0	
									Brittany Laughlin					Laura Hughes			
28	126 Wegwerth, Kelly	754 Maplewood, MN		00:11:53.7	02:58		00:02:06.4		00:56:08.2	18.2		00:00:48.2		00:28:43.8	09:16	01:39:40.5	
29	127 Varien, Jennifer	1047 Minneapolis,		00:09:30.0	02:22		00:03:31.5		00:58:19.4	17.5		00:02:03.4		00:26:19.4	08:29	01:39:43.9	
30	143 Bobzin, Patty	518 Dresser, WI		00:13:38.9	03:24		00:02:10.6		00:54:28.3	18.7		00:01:05.9		00:29:17.2	09:26	01:40:41.1	
31	147 Rauenhorst,	682 Denver, CO		00:10:37.5	02:39		00:02:58.0		00:54:56.4	18.6		00:01:55.6		00:30:26.1	09:49	01:40:53.9	
32	159 Holt, Chandra	1146 Plymouth, MN		00:11:47.0	02:56		00:02:57.3		00:57:07.6	17.9		00:02:27.8		00:27:42.9	08:56	01:42:02.7	
33	162 Crowe, Jane	1086 Newark, IL		00:09:46.4	02:26		00:02:11.9		00:57:52.1	17.6		00:02:25.4		00:29:58.3	09:40	01:42:14.4	
34	165 Davis, Kelie	537 Osseo, MN		00:11:06.4	02:46		00:01:48.3		00:57:40.7	17.7		00:01:33.6		00:30:23.1	09:48	01:42:32.3	
35	166 Griggs, Karlene	960 Maple Grove,		00:11:16.7	02:49		00:01:19.0		00:56:10.8	18.2		00:02:16.9		00:31:31.9	10:10	01:42:35.5	
36	167 Bukstein, Angela	679 Minneapolis,		00:11:50.6	02:57		00:04:17.7		00:59:07.9	17.2		00:01:20.4		00:26:09.1	08:26	01:42:45.9	
37	186 Huwe, Melody	699 North Branch,		00:13:02.4	03:15		00:02:49.0		00:59:44.4	17.1		00:01:18.5		00:27:53.3	08:59	01:44:47.9	
38	187 Determan, Laura	1154 Lindstrom, MN		00:14:24.8	03:36		00:02:21.5		00:59:56.1	17.0		00:01:09.3		00:27:07.4	08:44	01:44:59.2	
39	191 Mcneil, Megan	803 Rochester, MN		00:09:01.8	02:15		00:03:22.4		00:59:24.6	17.2		00:01:16.5		00:32:28.7	10:28	01:45:34.1	
40	196 Hedin, Amanda	459 Blaine, MN		00:11:52.1	02:58		00:01:38.6		00:59:36.3	17.1		00:00:52.2		00:32:18.6	10:25	01:46:17.9	
41	197 Jensen, Kelly	553 Apple Valley,		00:12:47.3	03:11		00:03:23.6		00:59:03.8	17.3		00:02:19.2		00:29:04.9	09:22	01:46:39.0	
42	216 Fillmore, Erin	1313 Iowa City, IA		00:13:27.7	03:21		00:02:26.0		00:58:33.5	17.4		00:03:11.4		00:31:38.1	10:12	01:49:16.9	
43	217 Davis, Kristin	1228 Blue Earth, MN		00:12:43.2	03:10		00:03:30.9		01:02:09.1	16.4		00:01:25.4		00:29:31.6	09:31	01:49:20.3	
44	225 Peper, Katherine	993 Blaine, MN		00:11:48.3	02:57		00:03:39.4		01:03:46.3	16.0		00:01:51.9		00:28:50.1	09:18	01:49:56.1	
45	226 Farquhar, Megan	897 Wyoming, MN		00:12:40.8	03:10		00:02:48.2		00:54:10.2	18.8		00:01:16.4		00:39:04.7	12:36	01:50:00.6	
46	231 Bartholow, Erin	727 st. paul, MN		00:10:18.0	02:34		00:01:59.2		01:01:42.4	16.5		00:01:08.9		00:35:13.0	11:21	01:50:21.7	
47	234 Kray, Sarah	965 North Liberty, IA		00:13:00.2	03:15		00:03:21.9		01:01:26.9	16.6		00:02:16.0		00:30:26.5	09:49	01:50:31.7	
48	241 Wiswell, Kristine	667 Burnsville, MI		00:13:57.1	03:29		00:02:09.4		01:01:19.3	16.6		00:01:03.0		00:33:03.8	10:39	01:51:32.8	
49	243 Anderson, Jodie	705 Lino Lakes, MN		00:14:18.7	03:34		00:02:08.4		01:03:18.6	16.1		00:01:46.7		00:30:27.8	09:49	01:52:00.4	
50	245 Nyberg, Heather	769 Minneapolis,		00:18:11.7	04:32		00:03:42.7		00:57:11.0	17.8		00:01:44.5		00:31:13.9	10:04	01:52:03.9	
51	254 Zamora, Maria	736 St. Paul, MI		00:16:17.5	04:04		00:02:31.6		01:06:21.3	15.4		00:01:02.0		00:27:36.4	08:54	01:53:49.1	
52	255 Andrzejczak, Julie	552 Watertown, MN		00:13:48.6	03:27		00:03:02.5		01:04:27.9	15.8		00:01:57.3		00:30:35.1	09:51	01:53:51.6	
53	259 Hemmesch, Janel	770 North Branch,		00:14:33.5	03:38		00:02:52.6		01:04:56.5	15.7		00:01:54.6		00:29:49.2	09:37	01:54:06.5	
54	266 Puelston,	1296		00:12:39.9	03:09		00:02:12.1		01:05:01.5	15.7		00:01:01.1		00:34:35.3	11:09	01:55:30.2	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
55	270 Hagstrom,	1197 Shoreview, MN		00:14:26.5	03:36	00:03:36.0		00:58:58.6	17.3		00:05:04.2		00:34:57.9	11:16	01:57:03.4	
								John Hennessy					Megan Hennessy			
56	274 Brent, Carisa	1117 Minneapolis,		00:11:14.2	02:48	00:03:16.6		01:04:58.5	15.7		00:02:05.3		00:35:35.8	11:28	01:57:10.6	
57	278 Mayer, Allison	1069 Minneapolis,		00:13:38.4	03:24	00:02:36.2		01:09:08.2	14.8		00:02:19.2		00:29:47.3	09:36	01:57:29.5	
58	285 Sumption, Tia	466 Scandia, MN		00:15:03.5	03:45	00:02:30.4		01:08:32.9	14.9		00:01:03.4		00:31:33.4	10:10	01:58:43.8	
59	286 Pamperin, Katie	999 Green Bay, WI		00:15:45.2	03:56	00:03:03.0		01:08:36.8	14.9		00:01:43.0		00:29:36.6	09:33	01:58:44.8	
60	294 Gilbert, Ashley	1120 Chicago, IL		00:12:09.9	03:02	00:04:03.8		01:10:20.8	14.5		00:01:23.1		00:32:15.7	10:24	02:00:13.6	
61	299 Pfremer, Tamara	1000 Milwaukee, WI		00:14:46.1	03:41	00:02:58.7		01:10:06.9	14.5		00:01:52.4		00:33:53.4	10:55	02:03:37.7	
								Pam Peterson					Sherri LaCasse			
62	301 Nelson, Sara	1077 North Branch,		00:13:12.2	03:18	00:02:43.6		01:11:41.4	14.2		00:01:36.7		00:35:19.2	11:23	02:04:33.3	
63	302 Fodera, Tiffany	531 Iowa City, IA		00:19:58.4	04:59	00:03:55.9		01:04:10.5	15.9		00:01:19.8		00:35:09.5	11:20	02:04:34.3	
64	311 Andersen, Katie	995 Plymouth, MN		00:11:49.9	02:57	00:05:00.7		01:09:26.3	14.7		00:02:47.6		00:40:05.7	12:56	02:09:10.4	
65	314 Pamperin, Amy	998 Woodbury, MN		00:13:16.2	03:19	00:02:38.1		01:11:50.4	14.2		00:01:39.5		00:40:27.8	13:03	02:09:52.1	
66	326 Rosky, Melissa	706 Andover, MN		00:11:26.1	02:51	00:03:26.0		01:15:32.6	13.5		00:02:20.1		00:41:56.5	13:31	02:14:41.4	
								Bob Frandsen					Christine			
67	332 St. Martin, Ann	784 Wyoming, MN		00:14:39.9	03:39	00:04:46.7		01:19:57.0	12.8		00:02:14.4		00:38:02.2	12:16	02:19:40.4	
68	340 Rosenthal, Amara	1305		00:18:39.2	04:39	00:07:59.4		01:32:38.9	11.0		00:03:37.7		00:47:50.6	15:26	02:50:46.1	
	Taylor, Julie	1223 Savage, MN													DNS	
	Apelt, Nicole	1107 Minnetonka, MN													DNS	
	Stoltenburg,	939 minneapolis,													DNS	
	Dabrowski, Jill	836 Minneapolis,													DNS	
	Batts, Candace	781 Ames, IA													DNS	
	Checkalski, Bj	709 Weyerhaeuser,													DNS	
	Mayer, Tracy	654 Chaska, MN													DNS	
	Aldrich, Natalie	688 Minneapolis,													DNS	
	Krohn, Heather	610 Duluth, MN													DNS	

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Age Group Field: 66

1	5 Hermanson, Sara	421 Andover, MN		00:08:03.9	02:00	00:00:51.8		00:48:47.6	20.9		00:00:37.1		00:23:18.4	07:31	01:21:39.0	
2	14 Ebert, Kerry	928 Plymouth, MN		00:07:35.9	01:53	00:01:25.3		00:50:29.0	20.2		00:00:54.7		00:23:44.6	07:39	01:24:09.6	
3	21 Bancroft, Kara	1008 Eden Prairie,		00:12:21.8	03:05	00:01:11.4		00:47:22.1	21.5		00:01:44.6		00:23:36.8	07:37	01:26:16.9	
4	31 Potyondy-Smith,	416 Champlin, MN		00:09:34.7	02:23	00:01:39.2		00:49:34.9	20.6		00:00:52.6		00:26:53.8	08:40	01:28:35.4	
5	36 Murai, Emily	964 Minneapolis,		00:08:45.6	02:11	00:02:54.6		00:50:26.0	20.2		00:00:54.5		00:26:21.7	08:30	01:29:22.5	
6	38 Lacanne, Beth	1137 Rochester, MN		00:11:35.3	02:53	00:01:57.8		00:49:55.1	20.4		00:01:07.1		00:24:50.0	08:00	01:29:25.4	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008						
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
7	42 Witt, Anna	846 Minneapolis,		00:10:24.3	02:36		00:02:28.1		00:52:47.6	19.3		00:01:21.6		00:22:36.8	07:17	01:29:38.7	
8	48 Dewitt, Sara	1095 Forest Lake, MN		00:10:36.0	02:39		00:01:35.1		00:51:37.6	19.8		00:01:11.7		00:25:20.6	08:10	01:30:21.2	
9	55 Sarauer, Jena	1001 Woodbury, MN		00:10:17.0	02:34		00:01:40.4		00:52:12.2	19.5		00:00:58.9		00:25:55.3	08:21	01:31:04.0	
10	58 Williams, Margaret	579 St. Louis Park,		00:10:22.1	02:35		00:01:51.3		00:49:02.5	20.8		00:01:38.3		00:28:41.5	09:15	01:31:35.8	
11	60 Berglund, Kristina	1301		00:08:15.1	02:03		00:01:54.6		00:54:21.1	18.8		00:01:03.1		00:26:11.5	08:26	01:31:45.5	
12	79 Lee, Molly	933 Bloomington,		00:10:42.0	02:40		00:01:40.1		00:53:27.7	19.1		00:01:54.0		00:27:06.1	08:44	01:34:50.1	
13	97 Pierson, Laura	697 New Hope, MN		00:09:20.2	02:20		00:02:10.3		00:54:02.7	18.9		00:01:08.2		00:29:52.9	09:38	01:36:34.5	
14	100 Devries, Nicole	619 lindstrom, MN		00:11:29.1	02:52		00:01:50.5		00:56:34.1	18.0		00:00:53.2		00:26:02.3	08:23	01:36:49.4	
15	103 Host, Valori	737 Hugo, MN		00:15:21.4	03:50		00:02:00.5		00:56:30.5	18.1		00:01:29.8		00:21:39.1	06:59	01:37:01.6	
16	109 Liebergen, Tara	740 Minneapolis,		00:11:35.2	02:53		00:01:46.5		00:55:27.4	18.4		00:00:48.2		00:27:51.1	08:59	01:37:28.8	
17	122 Bertelsen,	1213 Milwaukee, WI		00:10:55.3	02:43		00:02:38.0		00:57:51.6	17.6		00:00:48.7		00:26:35.5	08:34	01:38:49.4	
18	131 Thompson, Kristi	1186 Champlin, MN		00:11:56.6	02:59		00:03:23.1		00:54:31.6	18.7		00:02:29.8		00:27:41.5	08:55	01:40:02.8	
19	134 Brown, Elizabeth	1088 St Louis Park,		00:12:08.0	03:02		00:01:22.4		00:57:13.3	17.8		00:01:33.3		00:28:01.3	09:02	01:40:18.6	
20	136 Assel, Karen	870 St Louis Park,		00:12:13.5	03:03		00:03:01.8		00:55:08.5	18.5		00:02:04.2		00:27:52.2	08:59	01:40:20.4	
21	138 Koski, Emily	1128 Minneapolis,		00:10:36.5	02:39		00:02:29.8		00:55:59.4	18.2		00:01:39.7		00:29:38.9	09:33	01:40:24.4	
22	145 Peterson, Gail	1026 Minnetonka, MN		00:13:26.8	03:21		00:01:47.9		00:57:23.9	17.8		00:01:20.7		00:26:48.9	08:39	01:40:48.3	
23	150 Cole, Clare	1123 Plymouth, MN		00:11:30.5	02:52		00:01:51.5		00:58:44.5	17.4		00:02:03.1		00:26:57.5	08:41	01:41:07.3	
24	152 Schlender,	1098 lindstrom, MN		00:12:40.1	03:10		00:02:24.2		00:54:27.5	18.7		00:01:13.2		00:30:28.5	09:49	01:41:13.6	
25	154 Nessler, Tauni	1192 St Louis Park,		00:11:55.6	02:58		00:02:51.1		00:56:07.5	18.2		00:02:12.2		00:28:26.2	09:10	01:41:32.8	
26	157 Horter, Deanne	1035 Savage, MN		00:11:45.4	02:56		00:02:23.4		00:56:41.0	18.0		00:01:35.9		00:29:20.6	09:27	01:41:46.5	
27	160 Schwartz, Kristin	1070 Minneapolis,		00:12:12.0	03:03		00:01:58.9		00:59:01.6	17.3		00:01:46.8		00:27:04.3	08:43	01:42:03.7	
28	169 Jordet, Michele	1191 Center City, MN		00:13:55.4	03:28		00:04:24.3		00:52:52.0	19.3		00:03:11.5		00:28:30.5	09:11	01:42:53.9	
29	174 Hoglund, Angela	744 Minneapolis,		00:12:34.2	03:08		00:02:18.1		00:58:00.7	17.6		00:01:24.2		00:29:37.1	09:33	01:43:54.5	
30	179 Scheibel, Bethany	745 Champlin, MN		00:12:40.1	03:10		00:02:18.4		00:59:40.5	17.1		00:01:38.4		00:27:59.1	09:01	01:44:16.8	
31	183 Schneider,	1042 wyoming, MN		00:12:30.0	03:07		00:02:53.7		00:57:28.5	17.7		00:01:25.9		00:30:08.0	09:43	01:44:26.4	
32	189 Arneson, Kristine	1111 Maple Grove,		00:12:02.6	03:00		00:04:17.7		00:58:28.8	17.4		00:01:35.9		00:28:36.7	09:13	01:45:01.9	
33	192 Berglund,	863 Irvine, AR		00:09:24.9	02:21		00:02:25.1		01:00:48.1	16.8		00:01:04.6		00:31:54.4	10:17	01:45:37.4	
34	209 Caufield, Katie	1036 Longmont, CO		00:11:53.7	02:58		00:02:27.3		01:01:27.0	16.6		00:02:16.4		00:30:27.1	09:49	01:48:31.7	
35	210 Olson, Kelly	1118 St. Louis Park,		00:15:58.8	03:59		00:02:45.8		00:56:04.9	18.2		00:02:27.5		00:31:17.7	10:05	01:48:34.9	
36	228 Lood, Alison	807 Cambridge, MN		00:12:48.9	03:12		00:04:34.3		01:03:50.3	16.0		00:01:37.0		00:27:17.3	08:48	01:50:08.0	
37	232 Odonnell, Kelly	546 Minneapolis,		00:12:04.0	03:01		00:03:14.9		00:59:28.9	17.1		00:01:17.0		00:34:19.0	11:04	01:50:24.1	
38	239 Zemke, Carrie	1061 Wyoming, MN		00:11:46.7	02:56		00:03:05.0		01:03:01.4	16.2		00:01:41.6		00:31:38.2	10:12	01:51:13.2	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
39	244 Budzius, Mindy	1091 Minnetusta, MN		00:11:30.4	02:52	00:04:39.4		01:00:26.2	16.9		00:02:26.8		00:32:58.9	10:38	01:52:01.8	
40	246 Flohaug, Ginger	631 Blaine, MN		00:13:34.9	03:23	00:02:50.0		00:58:10.9	17.5		00:01:33.1		00:36:01.2	11:37	01:52:10.3	
41	257 Goodnough,	723 Shafer, MN		00:14:06.8	03:31	00:02:01.1		00:58:35.6	17.4		00:01:00.9		00:38:14.3	12:20	01:53:58.9	
42	261 Flikke, Cassy	1206 Chisago City,		00:15:55.3	03:58	00:02:21.8		01:04:21.2	15.8		00:01:02.9		00:30:38.0	09:52	01:54:19.4	
43	276 Babcock, Monica	1115 Farmington, MN		00:18:57.0	04:44	00:02:40.2		01:02:13.7	16.4		00:01:40.8		00:31:49.8	10:16	01:57:21.8	
44	281 Mack, Jamie	788 East Bethel, MN		00:15:29.7	03:52	00:02:30.9		01:01:40.1	16.5		00:01:29.2		00:36:48.9	11:52	01:57:59.0	
45	282 Perry, Meghan	1293 St. Paul, MN		00:14:28.5	03:37	00:03:58.9		00:59:21.0	17.2		00:03:27.2		00:36:51.6	11:53	01:58:07.5	
46	289 Picha, Sarah	989 Embarrass, WI		00:16:42.4	04:10	00:02:56.0		01:03:47.2	16.0		00:01:33.4		00:34:29.0	11:07	01:59:28.3	
47	295 Rupert, Susan	575 Forest Lake, MN		00:11:38.6	02:54	00:03:02.9		01:04:49.7	15.7		00:02:34.0		00:39:24.0	12:42	02:01:29.4	
48	298 Haas, Jillayne	757 Woodbury, MN		00:14:50.1	03:42	00:03:41.1		01:07:18.6	15.2		00:01:20.7		00:35:31.1	11:27	02:02:41.8	
49	303 Stewart, Amy	704 Plymouth, MN		00:11:53.3	02:58	00:04:50.7		01:09:10.8	14.7		00:01:54.2		00:36:53.5	11:54	02:04:42.8	
50	304 Krchnavy, Amber	819 Rosemount, MN		00:15:01.3	03:45	00:02:30.4		01:13:30.1	13.9		00:01:29.3		00:32:41.3	10:32	02:05:12.7	
51	305 Peterson, Kamille	783 East Bethel, MN		00:15:31.8	03:52	00:02:57.4		01:02:49.7	16.2		00:01:52.9		00:42:53.3	13:50	02:06:05.3	
52	308 Miller, Jessica	859 Bloomington,		00:14:32.4	03:38	00:04:27.4		01:11:34.9	14.2		00:04:07.3		00:33:55.1	10:56	02:08:37.2	
53	312 Stanek, Jennifer	1085 Center City, MN		00:15:58.6	03:59	00:02:26.9		01:16:00.1	13.4		00:01:34.7		00:33:20.6	10:45	02:09:21.2	
54	321 Stanislawski, Kristi	979 Otsego, MN		00:15:47.2	03:56	00:02:28.1		01:19:28.1	12.8		00:01:38.7		00:34:26.4	11:06	02:13:48.8	
55	322 Svendsen,	1285 St Paul, MN		00:15:39.7	03:54	00:05:27.4		01:19:05.0	12.9		00:02:56.5		00:31:14.6	10:04	02:14:23.4	
56	324 Pankan, Heidi	775 Coon Rapids,		00:12:41.5	03:10	00:03:25.0		01:14:35.6	13.7		00:02:03.4		00:41:41.9	13:27	02:14:27.6	
57	331 Stevens, Noelle	1157 Wyoming, MN		00:14:41.3	03:40	00:04:07.9		01:19:49.6	12.8		00:01:59.5		00:38:03.3	12:16	02:18:41.8	
	Mcvenes, Michele	1072 Inver Grove													DNS	
	Mccoy, Dawn	1076 Little Chute, WI													DNS	
	Stewart, Keli	982 chisago city, MN													DNS	
	Venhuizen, Joann	804 Brooklyn Park,													DNS	
	Johnson, Shauna	830 Forest Lake, MN													DNS	
	Hofer, Sarah	790 Minneapolis,													DNS	
	Crecelius, Cindy	551 Farmington, MN													DNS	
	Roden, Jennifer	468 St. Louis Park,													DNS	
	Klein, Natalie	446 St. Paul, MN													DNS	

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Age Group Field: 71

1	16 Ogston, Jena	413 Duluth, MN		00:09:11.4	02:17	00:01:41.4		00:50:30.0	20.2		00:00:46.8		00:22:13.6	07:10	01:24:23.4	
2	20 Marti, Gabriela	716 Osceola, WI		00:10:44.8	02:41	00:02:46.3		00:46:57.1	21.7		00:00:55.3		00:24:28.5	07:53	01:25:52.2	
3	25 Rudd, Kim	411 Plymouth, MN		00:10:06.8	02:31	00:01:12.2		00:52:26.9	19.4		00:00:54.0		00:22:13.0	07:10	01:26:53.1	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008						
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
4	30 Brandt, Kara	1222 Plymouth, MN		00:09:56.3	02:29		00:02:02.0		00:52:25.4	19.5		00:01:06.6		00:22:30.7	07:15	01:28:01.2	
5	32 Ahlquist, Sara	1241 North Hudson,		00:10:13.7	02:33		00:01:11.5		00:50:32.8	20.2		00:01:03.7		00:25:33.5	08:14	01:28:35.4	
6	33 Wenzel, Lori	1101 greenville, WI		00:10:25.9	02:36		00:01:29.8		00:50:26.3	20.2		00:00:51.7		00:25:26.5	08:12	01:28:40.4	
7	34 Martin, Christine	1205 Minneapolis,		00:10:09.1	02:32		00:01:56.5		00:50:50.9	20.1		00:01:18.9		00:25:00.7	08:04	01:29:16.3	
8	43 Howard, Denise	886 Andover, MN		00:10:51.3	02:42		00:01:55.9		00:50:51.0	20.1		00:01:26.5		00:24:48.4	08:00	01:29:53.4	
9	47 Knapp, Alison	835 St. Paul, MN		00:11:15.9	02:48		00:01:52.7		00:50:16.2	20.3		00:01:20.9		00:25:31.8	08:14	01:30:17.8	
10	53 Horihan, Dana	956 Forest Lake, MN		00:09:23.4	02:20		00:02:04.4		00:50:43.2	20.1		00:01:52.1		00:26:45.6	08:37	01:30:48.9	
11	57 Tatnell, Amy	641 forest lake, MN		00:09:23.9	02:20		00:01:28.2		00:53:59.4	18.9		00:01:00.0		00:25:16.6	08:09	01:31:08.5	
12	63 Walker, Julie	825 Arden Hills, MN		00:11:10.5	02:47		00:01:59.7		00:50:18.6	20.3		00:01:14.8		00:27:16.7	08:47	01:32:00.4	
13	76 Haar, Becki	541 Lakeville, MN		00:10:43.2	02:40		00:02:43.4		00:54:45.4	18.6		00:01:21.3		00:24:55.3	08:02	01:34:28.8	
14	83 Gralish, Amy	402 CHISAGO CITY,		00:11:48.7	02:57		00:01:56.6		00:53:30.8	19.1		00:00:30.9		00:27:16.2	08:47	01:35:03.4	
15	98 Hill, Amber	758 Chisago City,		00:12:16.6	03:04		00:01:34.2		00:54:16.5	18.8		00:00:49.7		00:27:37.4	08:54	01:36:34.6	
16	115 Schultz, Rachel	1048 Lino Lakes, MN		00:12:03.2	03:00		00:01:59.2		00:53:04.7	19.2		00:01:17.3		00:29:30.3	09:31	01:37:54.9	
17	116 Gallaton, Jillene	523 Scandia, MN		00:10:52.4	02:43		00:02:27.8		00:54:48.6	18.6		00:01:20.6		00:28:27.4	09:10	01:37:57.0	
18	117 Maxey, Jenni	676 Stacy, MN		00:12:29.6	03:07		00:02:15.3		00:55:11.3	18.5		00:00:59.5		00:27:01.4	08:43	01:37:57.3	
19	119 Mauric, Annemarie	513 Crystal, MN		00:11:32.2	02:53		00:02:09.2		00:55:44.4	18.3		00:01:03.4		00:27:46.5	08:57	01:38:15.9	
20	120 Janzig, Jeannie	969 Center City, MN		00:10:27.4	02:36		00:02:51.5		00:56:14.0	18.1		00:01:16.3		00:27:33.3	08:53	01:38:22.8	
21	128 Iyer, Leslie	1059 Edina, MN		00:15:22.4	03:50		00:02:07.9		00:50:57.0	20.0		00:01:31.5		00:29:45.6	09:36	01:39:44.5	
22	132 Halland, Spring	1021 Long Lake, MN		00:12:08.5	03:02		00:01:58.3		00:55:11.1	18.5		00:02:00.8		00:28:45.5	09:16	01:40:04.5	
23	146 Mcarthur, Angela	623 Hudson, WI		00:12:15.7	03:03		00:01:40.0		00:53:12.2	19.2		00:01:50.3		00:31:54.9	10:17	01:40:53.4	
24	149 James, Carla	563 Stillwater, MN		00:06:08.9	01:32		00:03:17.4		00:58:26.3	17.5		00:01:53.2		00:31:20.3	10:06	01:41:06.4	
25	153 Hovelsrud,	954 Edina, WI		00:11:44.9	02:56		00:02:50.5		00:55:42.1	18.3		00:02:12.8		00:29:01.3	09:21	01:41:31.8	
26	164 Hansen, Joleyn	576 Lino Lakes, MN		00:11:00.2	02:45		00:01:56.1		00:59:05.6	17.3		00:01:34.0		00:28:48.4	09:17	01:42:24.5	
27	181 Timm, Jill	968 Center City, MN		00:12:29.6	03:07		00:02:09.0		00:58:23.4	17.5		00:01:44.8		00:29:34.1	09:32	01:44:21.1	
28	182 Gronholz, Kim	764 Victoria, MN		00:11:15.4	02:48		00:02:08.3		00:54:20.3	18.8		00:01:59.5		00:34:40.4	11:11	01:44:24.1	
29	190 Silberman, Kelly	507 West St. Paul,		00:15:19.3	03:49		00:03:25.2		00:56:40.8	18.0		00:00:44.8		00:28:53.6	09:19	01:45:03.9	
30	193 Peloquin,	910 Richfield, MN		00:14:41.0	03:40		00:03:29.7		00:56:34.0	18.0		00:00:45.5		00:30:20.7	09:47	01:45:51.0	
									MN 55303								
31	199 Elzy, Tammy	432 Lindstrom, MN		00:12:08.2	03:02		00:01:56.5		00:58:23.4	17.5		00:00:56.6		00:33:29.4	10:48	01:46:54.3	
32	203 Bilek, Becky	515		00:13:55.2	03:28		00:02:09.0		00:57:36.2	17.7		00:00:45.0		00:33:16.2	10:43	01:47:41.8	
33	205 Fredstrom, Carrie	562 North Branch,		00:11:30.5	02:52		00:02:37.5		00:59:51.9	17.0		00:00:56.4		00:32:46.9	10:34	01:47:43.3	
34	212 Orman, Sarah	885 Shoreview, MN		00:13:11.2	03:17		00:02:03.4		01:04:42.3	15.8		00:01:56.5		00:26:54.7	08:40	01:48:48.3	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
35	213 Traugher, Diana	599 Hopkins, MN		00:18:17.5	04:34	00:05:05.0		00:56:41.3	18.0		00:02:44.0		00:26:04.0	08:24	01:48:51.9	
36	215 Daggett, Suzanne	718 River Falls, WI		00:11:15.4	02:48	00:04:05.4		01:01:51.9	16.5		00:00:48.6		00:31:09.5	10:03	01:49:11.1	
37	219 Olson, Tara	1159 Innver Grove		00:12:59.5	03:14	00:01:41.7		00:59:06.5	17.3		00:01:30.2		00:34:06.4	11:00	01:49:24.5	
38	222 Tell, Jennifer	827 Birchwood, MN		00:13:16.1	03:19	00:01:49.3		01:03:27.1	16.1		00:02:11.0		00:28:58.5	09:20	01:49:42.3	
39	227 Speight, Tracy	1158 Blaine, MN		00:11:08.7	02:47	00:03:10.4		00:58:28.8	17.4		00:01:21.3		00:35:56.0	11:35	01:50:05.5	
40	235 Tretsven, Sheryl	1207 Lindstrom, MN		00:14:34.3	03:38	00:02:38.4		00:55:26.7	18.4		00:01:46.5		00:36:12.6	11:40	01:50:38.6	
41	236 Farley, Andrea	585 Blaine, MN		00:12:25.0	03:06	00:02:56.3		01:02:55.1	16.2		00:01:50.2		00:30:37.7	09:52	01:50:44.4	
42	238 Jennrich, Kim	481 Lino Lakes, MN		00:13:27.8	03:21	00:02:32.8		00:57:33.9	17.7		00:02:14.8		00:35:14.3	11:22	01:51:03.8	
43	249 Stoup, Sandy	687 Roseville, MN		00:14:26.6	03:36	00:02:19.9		00:56:59.9	17.9		00:01:26.1		00:37:39.2	12:08	01:52:51.9	
44	258 Kuusisto, Sarah	561 Forest Lake, MN		00:17:57.0	04:29	00:02:30.8		01:06:21.3	15.4		00:00:40.1		00:26:32.0	08:33	01:54:01.4	
45	260 Wolfe, Michelle	612 Stacy, MN		00:13:59.3	03:29	00:02:41.9		00:59:23.9	17.2		00:01:14.2		00:36:57.2	11:55	01:54:16.7	
46	264 Tucker, Michelle	932 Saint Paul, MN		00:14:37.7	03:39	00:03:14.3		00:59:26.9	17.2		00:02:16.0		00:35:37.9	11:29	01:55:13.0	
47	268 Minnichsoffer, Rita	539 Lindstrom, MN		00:11:46.3	02:56	00:05:40.7		00:59:51.7	17.0		00:01:51.6		00:37:44.5	12:10	01:56:54.8	
48	269 Knutson,	645 North Branch,		00:15:30.3	03:52	00:02:56.1		01:01:04.9	16.7		00:01:14.2		00:36:10.0	11:40	01:56:55.6	
49	273 Ward, Krista	1058 Park Ridge, IL		00:11:56.7	02:59	00:02:39.8		01:06:37.5	15.3		00:01:23.7		00:34:29.8	11:07	01:57:07.8	
50	277 Scheder,	640 Plover, WI		00:10:50.7	02:42	00:03:37.7		01:04:58.8	15.7		00:01:09.4		00:36:48.3	11:52	01:57:25.1	
51	283 Dobson, Jennifer	972 Crystal, MN		00:15:33.5	03:53	00:03:10.0		01:03:29.9	16.1		00:01:48.0		00:34:26.8	11:06	01:58:28.3	
52	290 Sellner, Joanne	1139 Lindstrom, MN		00:12:55.2	03:13	00:04:22.9		01:00:21.3	16.9		00:03:04.0		00:38:58.4	12:34	01:59:42.0	
53	291 Burnett, Sara	762 Denver, AZ		00:11:23.7	02:50	00:03:40.0		01:07:36.6	15.1		00:01:35.5		00:35:37.3	11:29	01:59:53.3	
54	292 Sellner, Liane	1126 Madison, WI		00:13:28.4	03:22	00:04:15.8		00:59:58.7	17.0		00:02:56.3		00:39:20.3	12:41	01:59:59.6	
55	293 Meron, Shannon	646 North Branch,		00:11:04.0	02:46	00:02:18.2		01:06:20.1	15.4		00:01:18.6		00:39:02.7	12:35	02:00:03.8	
56	300 Krueger, Kristine	794 Lakeville, MN		00:14:50.7	03:42	00:03:07.2		01:07:45.8	15.1		00:01:46.9		00:36:17.9	11:42	02:03:48.7	
57	307 Williamson, Sally	918 osceola, WI		00:16:06.6	04:01	00:03:55.0		01:14:30.3	13.7		00:01:56.9		00:30:46.9	09:55	02:07:15.9	
58	328 Hannon, Kay	749 Blaine, MN		00:15:53.6	03:58	00:04:32.0		01:15:48.4	13.5		00:01:22.0		00:38:31.6	12:25	02:16:07.8	
59	329 Czerwinski, Kenya	849 Lakeville, MN		00:14:18.9	03:34	00:04:22.3		01:11:17.3	14.3		00:02:27.2		00:43:48.3	14:07	02:16:14.1	
60	338 McGrath, Ann	51 Minneapolis,		00:13:19.0	03:19	00:07:20.6		01:10:47.8	14.4		00:01:14.2		01:08:31.0	22:06	02:41:12.8	
61	339 Waldoch, Tanya	1156 Center City, MN		00:14:41.0	03:40	00:04:13.9		01:37:16.5	10.5		00:01:57.5		00:44:01.1	14:11	02:42:10.2	
62	342 Hermanson, Kim	1162 Isanti, MN		00:16:19.2	04:04	00:02:30.6		01:54:12.0	8.9		00:02:11.2		00:35:59.7	11:36	02:51:12.8	
	Heilman, Kristine	1181 Plymouth, MN													DNS	
	Hollenback,	1142 Coon Rapids,													DNS	
	Gore, Julie	938 Hager City, WI													DNS	
	Gagnon, Deb	817 Champlin, MN													DNS	
	Wallace, April	633 St. Croix Falls,,													DNS	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17 mi bike			T-2	3.1 mi run		7/30/2008				
Place	Name	Bib	PL	swim	Pace m/100m PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
	Johnson, Julie	556 Ramsey, MN													DNS	
	Exner, Denise	577 Brooklyn Park,													DNS	
	Ham, Kealy	580 Minneapolis,													DNS	
	Delo, Marjie	418 Delavan, WI													DNS	

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Age Group Field: 64

1	3 Weaver, Kristen	1193 Stillwater, MN		00:07:51.8	01:57	00:01:04.7		00:46:26.7	22.0		00:01:13.2		00:23:25.0	07:33	01:20:01.7	
2	8 Jensen, Kathryn	1250 St Paul, MN		00:08:38.8	02:09	00:01:21.4		00:46:37.8	21.9		00:01:09.5		00:24:45.9	07:59	01:22:33.5	
3	10 Keller, Dawn	616 Maple Grove,		00:09:05.2	02:16	00:00:57.9		00:47:31.0	21.5		00:00:36.3		00:25:32.1	08:14	01:23:42.6	
4	12 Mowers, Sondra	1233 River Falls, WI		00:08:31.9	02:07	00:01:19.5		00:47:37.9	21.4		00:01:12.1		00:25:21.2	08:10	01:24:02.7	
5	15 Zachman, Pam	422 golden valley,		00:08:02.2	02:00	00:01:01.5		00:48:59.5	20.8		00:00:47.4		00:25:27.9	08:12	01:24:18.7	
6	22 Newcomb, Kathy	898 Woodbury, MN		00:08:43.1	02:10	00:01:37.0		00:47:56.1	21.3		00:01:16.3		00:26:45.4	08:37	01:26:18.1	
7	29 Skaar-page,	1005 Eden Prairie,		00:09:45.9	02:26	00:01:56.1		00:47:53.1	21.3		00:01:36.0		00:26:39.8	08:36	01:27:51.0	
8	39 Madison, Julie	815 Edina, MN		00:10:28.4	02:37	00:01:45.0		00:49:38.5	20.5		00:00:53.4		00:26:41.5	08:36	01:29:27.0	
9	41 Bates, Kathy	1182 Pine Island, MN		00:10:27.5	02:36	00:01:25.8		00:49:44.6	20.5		00:01:31.3		00:26:22.9	08:30	01:29:32.3	
10	49 Weidner, Mary	864 Edina, MN		00:10:27.2	02:36	00:01:31.5		00:52:29.7	19.4		00:01:17.6		00:24:42.3	07:58	01:30:28.5	
11	52 Mccallum, Lisa	519 Arden Hills, MN		00:07:45.9	01:56	00:02:41.4		00:51:56.2	19.6		00:01:30.4		00:26:54.2	08:40	01:30:48.3	
12	62 Bartz, Carol	1016 chisago city, MN		00:10:17.6	02:34	00:02:16.1		00:55:38.1	18.3		00:00:51.2		00:22:54.2	07:23	01:31:57.4	
13	64 Ramich, Laurie	1216 St. Paul, MN		00:09:23.5	02:20	00:01:00.9		00:55:46.5	18.3		00:01:02.9		00:24:55.9	08:02	01:32:10.0	
14	68 Frey, Malia	1119 Minneapolis,		00:11:10.4	02:47	00:01:31.0		00:51:30.8	19.8		00:01:24.9		00:27:00.8	08:42	01:32:38.0	
15	74 Molrn, Eileen	1023 Minneapolis,		00:13:20.6	03:20	00:02:44.2		00:53:26.2	19.1		00:01:39.0		00:23:03.6	07:26	01:34:13.8	
16	77 Spande, Kim	867 North Branch,		00:10:54.6	02:43	00:03:21.2		00:53:57.1	18.9		00:01:30.1		00:24:58.8	08:03	01:34:42.0	
17	78 Anderson, Buzzy	1022 Young America,		00:08:48.4	02:12	00:01:34.5		00:53:30.1	19.1		00:00:45.2		00:30:09.1	09:43	01:34:47.5	
18	82 Metz, Carol	584 Apple Valley,		00:10:01.2	02:30	00:02:28.9		00:51:46.6	19.7		00:02:10.8		00:28:32.9	09:12	01:35:00.6	
19	85 Malen, Melissa	449 Saint Paul, MN		00:09:06.3	02:16	00:02:17.0		00:54:56.0	18.6		00:00:36.1		00:28:26.5	09:10	01:35:22.0	
20	96 Leppke, Barb	765 Golden Valley,		00:10:25.4	02:36	00:02:23.2		00:54:10.7	18.8		00:02:19.3		00:26:57.4	08:41	01:36:16.2	
21	106 Freytag, Kathryn	588 Eden Prairie, NJ		00:11:35.4	02:53	00:01:59.4		00:53:11.1	19.2		00:01:56.4		00:28:24.3	09:09	01:37:06.7	
22	114 Schoening,	908 Neenah, WI		00:12:43.2	03:10	00:02:54.1		00:54:13.2	18.8		00:00:46.0		00:27:16.9	08:48	01:37:53.6	
23	123 Mckinney, Cate	1020 st paul, MN		00:11:57.2	02:59	00:01:42.3		00:53:38.0	19.0		00:01:39.1		00:30:14.7	09:45	01:39:11.5	
24	129 Engen, Susan	952 Edina, MN		00:11:22.4	02:50	00:02:49.7		00:56:20.7	18.1		00:01:18.3		00:28:00.9	09:02	01:39:52.2	
25	133 Zabel, Michelle	1046 White Bear		00:11:20.9	02:50	00:02:38.2		00:53:05.9	19.2		00:01:50.5		00:31:14.7	10:04	01:40:10.4	
26	141 Kimlinger, Katie	593 Lindstrom, MN		00:11:19.8	02:49	00:02:12.4		00:57:12.3	17.8		00:02:01.8		00:27:42.4	08:56	01:40:29.0	
27	142 Bastiaens,	478 scandia, MN		00:11:16.3	02:49	00:02:53.2		00:54:29.7	18.7		00:01:51.3		00:30:05.9	09:42	01:40:36.6	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1	17mi bike			T-2	3.1 mi run		7/30/2008			
Place	Name	Bib	PL	swim	Pace m/100m	PL	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
28	151 Surber, Rachel	1260 Minneapolis,		00:09:22.4	02:20			01:01:09.9	16.7		00:01:39.8		00:26:46.3	08:38	01:41:12.3	
29	155 Bradach, Hollie	838 plymouth, MN		00:12:46.0	03:11			00:56:28.7	18.1		00:02:20.7		00:27:35.3	08:53	01:41:34.6	
30	161 Elwell, Coreen	609 Coon Rapids,		00:11:54.3	02:58			00:53:34.1	19.0		00:02:00.6		00:33:08.7	10:41	01:42:13.6	
31	168 Antisdell, Della	732 Stacy, MN		00:12:22.5	03:05			00:55:02.8	18.5		00:01:05.9		00:31:44.5	10:14	01:42:51.3	
32	170 Humes, Anne	668 Mahtomedi, MN		00:10:53.0	02:43			00:58:50.7	17.3		00:01:49.7		00:27:09.3	08:45	01:43:12.1	
33	173 Wahlgren, Sharna	1265 Maplewood, MN		00:10:39.6	02:39								00:30:26.6		01:43:54.0	
34	176 Carlson-Paetznick	464 Chisago City,		00:12:15.5	03:03			01:00:14.4	16.9		00:01:26.8		00:27:59.3	09:01	01:44:05.4	
35	177 Studer, Valerie	1249 Young America,		00:13:29.2	03:22			00:58:28.9	17.4		00:01:54.3		00:25:40.2	08:16	01:44:16.5	
36	184 Schultz, Karla	813 New Praque,		00:10:16.8	02:34			00:56:29.8	18.1		00:01:12.7		00:34:58.4	11:16	01:44:34.9	
37	188 Thompson,	715 Apple Valley, MI		00:11:41.3	02:55			01:00:52.8	16.8		00:01:00.3		00:29:35.4	09:32	01:45:00.4	
38	208 Smith, Cynthia	872 Maplewood, MN		00:14:16.6	03:34			00:58:02.3	17.6		00:03:31.8		00:29:14.4	09:25	01:48:22.6	
39	211 Klingler, Jessica	480 champlin, MN		00:15:09.1	03:47			00:58:03.1	17.6		00:01:39.8		00:29:45.4	09:35	01:48:38.8	
40	218 Kycek, Lou	469 W St Paul, MN		00:13:56.7	03:29			01:02:00.1	16.5		00:01:29.3		00:28:43.7	09:16	01:49:20.8	
41	220 Wurdemann, Lisa	620 Harris, MN		00:13:51.2	03:27			00:59:13.9	17.2		00:00:51.5		00:32:35.0	10:30	01:49:30.9	
42	221 Bjerkelund, Dawn	451 Woodbury, MN		00:13:14.8	03:18			00:57:56.8	17.6		00:01:23.5		00:34:41.1	11:11	01:49:42.1	
43	223 Howard, Jen	722 Woodbury, MN		00:13:34.0	03:23			00:56:27.6	18.1		00:01:53.7		00:35:56.0	11:35	01:49:50.3	
44	224 Miller, Diane	1051 Hugo, MN		00:14:20.5	03:35			00:56:40.3	18.0		00:02:29.5		00:31:49.9	10:16	01:49:51.1	
45	237 Steinhoff, Lisa	773 Lodi, WI		00:13:38.8	03:24			01:01:10.2	16.7		00:02:29.3		00:31:21.6	10:06	01:50:53.1	
46	248 Dunfee, Stefanie	902 Brooklyn Park,		00:15:33.1	03:53			01:04:50.5	15.7		00:00:50.0		00:29:12.0	09:25	01:52:37.1	
47	250 Ward, Dana	530 Scandia, MN		00:13:40.0	03:25			01:06:16.9	15.4		00:01:47.9		00:29:10.2	09:24	01:53:13.4	
48	251 Nielsen, Sue	462 Wyoming, MN		00:15:40.2	03:55			00:58:58.2	17.3		00:01:37.4		00:34:41.1	11:11	01:53:22.6	
49	252 Anderson,	766 Stillwater, MN		00:11:12.3	02:48			01:09:05.1	14.8		00:02:13.6		00:26:39.8	08:36	01:53:38.2	
50	263 Westemeier, Carol	768 stacy, MN		00:15:13.2	03:48			01:02:33.2	16.3		00:01:37.4		00:32:16.1	10:24	01:55:04.2	
51	267 James, Natina	990 St Paul, MN		00:12:51.4	03:12			00:58:12.2	17.5		00:04:35.4		00:35:58.0	11:36	01:55:43.8	
52	271 Evensen, Kerry	483 Stillwater, MN		00:15:49.4	03:57			01:01:37.6	16.6		00:02:42.2		00:32:37.4	10:31	01:57:06.8	
53	272 Hutchinson,	514 forest lake, MN		00:11:16.1	02:49			01:04:09.2	15.9		00:01:17.8		00:37:40.7	12:09	01:57:07.5	
54	280 Haffley, Mary	671 Deephaven, MN		00:15:34.0	03:53			01:03:13.9	16.1		00:02:23.7		00:33:05.3	10:40	01:57:30.5	
55	284 Claugherty, Sheila	1263 Woodbury, MN		00:12:17.1	03:04			01:07:44.1	15.1		00:01:47.9		00:32:54.8	10:37	01:58:31.7	
56	288 Ramich, Laura	1218 Green Bay, WI		00:13:58.2	03:29			01:04:24.5	15.8		00:01:31.9		00:36:32.9	11:47	01:59:05.3	
57	296 O'brien, Nancy	798 Frederic, WI		00:14:36.9	03:39			01:02:58.1	16.2		00:02:26.4		00:37:41.3	12:09	02:01:45.2	
58	323 Maurer, Tracy	565 Forest Lake, MN		00:15:36.7	03:54			01:14:36.6	13.7		00:01:09.7		00:38:53.1	12:32	02:14:25.1	
59	325 Bronson, Holly	427 Hudson, WI		00:17:26.0	04:21			01:11:20.3	14.3		00:03:16.2		00:37:50.9	12:12	02:14:28.2	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		17mi bike			T-2		3.1 mi run		7/30/2008		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
60	330 Stanislawski, Jodi	973 Brooklyn Park,		00:08:35.6	02:08		00:10:09.7		01:10:55.6	14.4		00:02:27.2		00:46:21.2	14:57	02:18:29.6	
61	333 Thorsen, Laura	1221 ST PAUL, MN		00:15:20.3	03:50		00:04:11.8		01:19:00.9	12.9		00:01:46.4		00:39:30.8	12:44	02:19:50.5	
62	335 Obst, Mary Anne	733 Scandia, MN		00:15:18.5	03:49		00:14:08.0		01:18:00.9	13.1		00:01:57.3		00:35:36.6	11:29	02:25:01.6	
	Vaselaar, Jolene	1108 Winona, MN		00:13:03.4			00:02:37.2		01:34:19.5	10.8						DNF	
	Dowdal, Bridgid	605 Willernie, MN														DNS	

### 45-49

Age Group Field: 40

1	18 Klosterman, Amy	1017 St Paul, MN		00:07:59.7	01:59		00:01:01.6		00:50:47.2	20.1		00:00:38.6		00:25:03.9	08:05	01:25:31.2	
2	69 Fitzgerald, Margo	962 Rochester, MN		00:10:37.3	02:39		00:01:53.3		00:53:48.8	19.0		00:01:52.2		00:24:50.1	08:00	01:33:01.9	
3	71 Fletcher, Jenna	1143 Stillwater, MN		00:10:51.9	02:42		00:01:34.1		00:51:55.6	19.6		00:01:01.3		00:27:57.9	09:01	01:33:21.2	
4	75 Hale, Ann	442 Chisago City,		00:10:20.8	02:35		00:01:53.0		00:57:05.2	17.9		00:00:42.8		00:24:17.0	07:50	01:34:19.0	
5	81 Graif, Lynn	787 Elk River, MN		00:12:21.1	03:05		00:01:10.7		00:53:20.6	19.1		00:01:43.6		00:26:23.8	08:30	01:35:00.0	
6	86 Duppong, Barb	1150 Cottage Grove,		00:10:41.1	02:40		00:02:08.3		00:51:28.0	19.8		00:01:27.9		00:29:37.1	09:33	01:35:22.6	
7	87 Arnold, Terry	524 Lindstrom, MN		00:09:59.8	02:29		00:02:12.8		00:52:28.7	19.4		00:01:12.1		00:29:31.4	09:31	01:35:24.9	
8	89 Datta, Yvonne	747 Minneapolis,		00:13:44.7	03:26		00:01:54.8		00:51:56.5	19.6		00:01:10.1		00:26:58.1	08:41	01:35:44.4	
9	95 Forrette, Jackie	1018 st louis park, MN		00:11:13.2	02:48		00:03:12.7		00:54:29.0	18.7		00:01:34.5		00:25:41.6	08:17	01:36:11.2	
10	99 Champeau, Liz	738 Star Prairie, WI		00:13:36.3	03:24		00:01:46.8		00:49:48.2	20.5		00:01:26.5		00:29:58.6	09:40	01:36:36.5	
11	107 Surber, Monica	1257 Minneapolis,		00:10:23.9	02:35		00:02:05.8		00:52:41.3	19.4		00:01:41.9		00:30:20.3	09:47	01:37:13.5	
12	172 Machus, Cindy	536 Mahtomedi, MN		00:11:33.0	02:53		00:03:00.2		00:59:23.3	17.2		00:01:36.9		00:28:17.9	09:07	01:43:51.4	
13	175 Shrode, Doreen	1055 DELANO, MN		00:14:19.0	03:34		00:03:30.6		00:57:32.5	17.7		00:01:14.0		00:27:24.8	08:50	01:44:01.1	
14	178 Long, Denise	472 St Paul, MN		00:10:48.1	02:42		00:02:06.3		00:59:55.3	17.0		00:01:20.8		00:30:06.1	09:42	01:44:16.7	
15	185 Peterson, Susan	802 Ramsey, MN		00:11:02.3	02:45		00:02:31.6		00:57:48.8	17.6		00:00:51.4		00:32:28.4	10:28	01:44:42.7	
16	198 Montes, Renee	786 Forest Lake, MN		00:14:38.4	03:39		00:03:13.7		01:00:28.9	16.9		00:02:18.6		00:26:10.0	08:26	01:46:49.7	
17	214 Magnine, Nancy	1267 Amery, WI		00:12:46.0	03:11		00:04:55.7		00:59:31.9	17.1		00:01:56.0		00:29:44.1	09:35	01:48:53.9	
18	233 Vailodash, Barbara	642 Wyoming, MN		00:09:03.6	02:15		00:03:06.7		00:58:37.5	17.4		00:02:11.0		00:37:27.8	12:05	01:50:26.8	
19	240 Marquis, Sue	1104 Lindstrom, MN		00:14:10.8	03:32		00:04:46.2		00:55:43.3	18.3		00:01:46.9		00:35:03.4	11:18	01:51:30.8	
20	242 Williamson, Liz	869 St Croix Falls, WI		00:15:29.3	03:52		00:03:11.6		01:01:12.6	16.7		00:02:18.7		00:29:47.9	09:36	01:52:00.4	
21	247 Ortiz, Wanda	450 Minneapolis,		00:17:21.6	04:20		00:02:05.9		01:00:37.6	16.8		00:00:54.3		00:31:33.3	10:10	01:52:32.9	
22	256 Donovan, Jo	657 Minneapolis,		00:12:34.4	03:08		00:04:20.0		00:58:48.1	17.3		00:02:07.9		00:36:03.5	11:37	01:53:54.1	
23	262 Harmon, Linda	670 New Brighton,		00:15:34.0	03:53		00:03:14.4		01:00:14.4	16.9		00:01:45.5		00:33:58.3	10:57	01:54:46.8	
24	275 Klein, Kelli	763 Minneapolis,		00:14:05.7	03:31		00:03:42.1		01:03:05.4	16.2		00:02:15.6		00:34:02.0	10:58	01:57:10.9	
25	297 Ruizicka, Sue	651 Maple Grove,		00:16:46.1	04:11		00:04:42.8		01:03:13.3	16.1		00:01:35.0		00:35:37.1	11:29	02:01:54.5	
26	310 Kraling, Mary	474 Lindstrom, MN		00:10:34.7	02:38		00:02:44.4		01:10:27.4	14.5		00:02:12.5		00:43:06.5	13:54	02:09:05.7	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		17 mi bike			T-2		3.1 mi run		7/30/2008		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
27	317 Krueger, Wendy	567 Chisago city,		00:17:12.8	04:18		00:03:35.3		01:07:50.1	15.0		00:02:42.2		00:39:36.9	12:46	02:10:57.5	
28	320 Kammerer, Valerie	1166 Chisago City,		00:15:14.7	03:48		00:02:54.6		01:06:13.1	15.4		00:02:01.5		00:47:00.4	15:09	02:13:24.5	
	Benjamin,	950 La Crosse, WI														DNS	
	Siems, Brenda	884 St Paul, MN														DNS	
	Rossi, Beth	710 Marine on S.														DNS	
	Kenney, Molly	726 Minneapolis,														DNS	
	Woodworth,	659 Hutchinson, MN														DNS	
	Monette, Shar	663 Maple Grove,														DNS	
	Smith, Kristin	611 Minneapolis, MI														DNS	
	Baird, Deborah	582 Maple Grove,														DNS	
	Carr-oxley, Marjie	517 Roseville, MN														DNS	
	Thomsen, Anne	544 Chisago City,														DNS	
	Laurence, Donna	453 St Paul, MN														DNS	
	Casper, Dannette	470 Minnetonka, MN														DNS	

John Carlson

Kailee Carlson

### 50-54

Age Group Field: 11

1	45 St Pierre, Toni	476 Minneapolis,		00:10:51.2	02:42		00:01:41.9		00:51:06.8	20.0		00:00:59.4		00:25:24.0	08:11	01:30:03.4	
2	59 Hansen, Laura	949 White Bear		00:11:01.8	02:45		00:01:58.5		00:51:09.4	19.9		00:01:23.7		00:26:07.5	08:25	01:31:41.1	
3	66 Dillon, Julia	1049 Hudson, WI		00:11:03.9	02:45		00:01:36.7		00:49:41.0	20.5		00:01:41.9		00:28:23.6	09:09	01:32:27.3	
4	111 Lee, Elizabeth	922 St. Paul, MN		00:10:48.0	02:42		00:02:17.8		00:57:15.5	17.8		00:01:13.1		00:26:07.0	08:25	01:37:41.7	
5	124 Carlson, Kathryn	555 Waite Park, MN		00:12:55.3	03:13		00:02:13.9		00:55:29.4	18.4		00:01:21.6		00:27:13.5	08:46	01:39:14.0	
6	137 Irgman, Mary Sue	547 Eden Prarie, MN		00:12:34.0	03:08		00:01:52.2		00:57:15.0	17.8		00:01:27.1		00:27:13.2	08:46	01:40:21.7	
7	144 Wilcox, Juliann	1093 Lindstrom, MN		00:12:00.9	03:00		00:02:24.2		00:53:28.9	19.1		00:01:06.0		00:31:42.0	10:13	01:40:42.3	
8	180 Grandt, Nancy	832 Lino Lakes, MN		00:12:37.5	03:09		00:03:16.0		00:55:06.9	18.5		00:01:24.3		00:31:52.7	10:17	01:44:17.6	
9	316 Henderson,	1298 Golden Valley,		00:13:10.4	03:17		00:03:38.8		01:07:01.0	15.2		00:01:44.8		00:45:22.2	14:38	02:10:57.5	
	Mix, Jane	729 Plymouth, MN														DNS	
	Cox, Susan	528 Lakeville, MN														DNS	

### 55-59

Age Group Field: 12

1	56 Minder-	437 Shoreview, MN		00:08:25.1	02:06		00:02:12.6		00:53:17.0	19.1		00:01:17.3		00:25:52.2	08:20	01:31:04.5	
2	195 Bukstein, Jeri	680 Maple Grove,		00:12:19.9	03:04		00:03:44.8		00:58:38.4	17.4		00:01:51.3		00:29:30.7	09:31	01:46:05.3	
3	229 Labore, Jeanne	1145 Minneapolis,		00:14:20.5	03:35		00:02:54.5		01:00:21.0	16.9		00:01:45.0		00:30:56.1	09:58	01:50:17.3	
4	253 Wilson, Gail	1210 Chisago City,		00:14:15.2	03:33		00:04:15.1		01:01:19.5	16.6		00:01:40.6		00:32:12.2	10:23	01:53:42.8	
5	265 Skildum, Corilee	711 Arden Hills, MN		00:10:54.6	02:43		00:03:04.9		01:02:43.8	16.3		00:01:19.4		00:37:22.4	12:03	01:55:25.4	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
6	319 Florenzano, Anne	542 Eden Prairie,		00:13:48.5	03:27	00:04:53.4		01:11:24.9	14.3		00:01:49.7		00:41:21.9	13:20	02:13:18.5	
7	336 Adomaitis, Jeanne	543 Eden Prairie,		00:14:17.4	03:34	00:04:25.8		01:17:47.3	13.1		00:01:33.9		00:47:04.5	15:11	02:25:09.1	
8	337 Simmons, Linda	728 St. Paul, WI		00:14:38.9	03:39	00:04:02.1		01:35:36.1	10.7		00:01:21.5		00:41:29.3	13:23	02:37:08.1	
9	341 Quiram, Jackie	1306		00:18:40.5	04:40	00:08:03.3		01:32:36.3	11.0		00:03:35.6		00:47:50.3	15:25	02:50:46.3	
	Barron, Charlene	1243													DNS	
	Minder-	675 Shoreview, MN													DNS	
	Vaughn, Linda	527 Pewaukee, WI													DNS	

### 60-64

Age Group Field: 4

1	91 Stoneking, Diane	742 Amery, WI													01:35:59.0	
2	201 Peterson, Patricia	1295		00:11:42.0	02:55	00:02:34.0		01:00:01.6	17.0		00:02:25.9		00:30:38.9	09:53	01:47:22.6	
	Flory, Becky	457 St Paul, MN													DNS	
	West, Bonnie	447 St Paul, MN													DNS	

### Clydesdale Sprint Distance

Division Field: 43

Age Group Field: 42

1	Blackstock, Frank	1004 Plymouth, MI		00:09:43.1	02:25	00:01:29.8		00:45:11.5	22.6		00:00:52.2		00:23:29.4	07:34	01:20:46.2	
2	Pofahl, Ben	629 Minneapolis,		00:09:50.7	02:27	00:01:30.1		00:46:17.3	22.0		00:00:58.5		00:23:34.9	07:36	01:22:11.7	
3	Colford, John	894 Champlin, MN		00:09:20.5	02:20	00:01:41.6		00:46:23.8	22.0		00:02:36.3		00:23:02.8	07:26	01:23:05.1	
5	Kreuziger, Travis	673 Inver Grove		00:09:09.8	02:17	00:01:35.0		00:46:30.0	21.9		00:01:18.7		00:25:52.9	08:20	01:24:26.6	
6	Barrette, Charles	829 Houlton, WI		00:08:50.8	02:12	00:01:14.2		00:45:29.7	22.4		00:00:48.2		00:28:17.7	09:07	01:24:40.8	
7	Van Sickle,	809 Minneapolis,		00:08:29.9	02:07	00:01:39.6		00:47:06.3	21.7		00:00:40.7		00:27:13.8	08:47	01:25:10.5	
8	Herrmann,	1271 Two Rivers, WI		00:08:39.3	02:09	00:01:05.2		00:48:09.6	21.2		00:00:52.4		00:28:15.1	09:06	01:27:01.8	
9	Laubscher, Rob	499 Stillwater, MN		00:07:17.3	01:49	00:01:08.4		00:50:33.2	20.2		00:01:27.1		00:26:57.5	08:41	01:27:23.8	
10	Rondorf, Jeremy	1068 Blaine, MN		00:12:03.1	03:00	00:02:25.0		00:47:43.3	21.4		00:01:17.8		00:24:22.9	07:51	01:27:52.3	
11	Lenick, James	428 St Louis Park,		00:09:45.0	02:26	00:02:30.4		00:49:52.3	20.5		00:00:40.5		00:25:10.7	08:07	01:27:59.0	
12	Storey, Daniel	566 Minneapolis,		00:08:52.1	02:13	00:01:25.0		00:49:31.1	20.6		00:01:05.8		00:27:29.8	08:52	01:28:24.1	
13	Allen, Milo	681 Chisago City,		00:13:01.3	03:15	00:02:12.3		00:49:14.3	20.7		00:00:46.2		00:23:51.7	07:41	01:29:06.0	
14	Townsend, Brian	926 Rosemount, MN		00:12:04.5	03:01	00:01:17.5		00:51:34.7	19.8		00:01:37.8		00:25:51.3	08:20	01:32:25.9	
15	Larson, Patrick	1290 Maplewood, MN		00:12:59.1	03:14	00:03:14.4		00:50:29.7	20.2		00:01:22.6		00:24:34.1	07:55	01:32:40.2	
16	Leger, Joel	892 Blaine, MN		00:11:54.7	02:58	00:02:23.7		00:50:08.3	20.3		00:02:01.2		00:27:58.1	09:01	01:34:26.2	
17	Ialor, antonio	1212 saint peter, MN		00:12:10.1	03:02	00:03:22.4		00:50:59.1	20.0		00:01:35.3		00:26:26.8	08:31	01:34:34.0	
18	Rauenhorst, Matt	677 Long Lake, MN		00:10:49.0	02:42	00:02:23.5		00:53:46.2	19.0		00:00:55.1		00:27:24.2	08:50	01:35:18.3	
19	Nevala, William	1073 Rochester, MN		00:12:07.2	03:01	00:01:25.0		00:50:17.4	20.3		00:01:19.8		00:31:24.5	10:07	01:36:34.2	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008						
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
20	Randall, Robert	1211 Center City, MN		00:12:25.2	03:06		00:02:12.3		00:53:33.6	19.0		00:01:13.5		00:27:20.2	08:49	01:36:44.9	
21	Osborn, Eric	837 Green Bay, WI		00:13:59.8	03:29		00:02:53.1		00:54:00.2	18.9		00:00:58.3		00:27:57.6	09:01	01:39:49.3	
22	Chisholm, Tim	430 Roseville, MN		00:11:10.4	02:47		00:02:15.1		00:57:12.2	17.8		00:02:05.0		00:27:12.9	08:46	01:39:55.8	
23	Shaber, Kevin	921 Rochester, MN		00:11:48.7	02:57		00:02:58.3		00:53:47.1	19.0		00:00:56.7		00:31:08.2	10:02	01:40:39.1	
24	Howard, Chad	891 Andover, MN		00:11:40.9	02:55		00:03:40.4		00:53:29.4	19.1		00:01:44.7		00:30:13.8	09:45	01:40:49.4	
25	Lind, Kenneth	1148 Rush City, MN		00:14:29.2	03:37		00:03:23.8		00:50:33.2	20.2		00:02:26.7		00:32:23.3	10:26	01:43:16.4	
26	Hemmesch, David	791 North Branch,		00:11:00.5	02:45		00:03:50.2		00:59:36.2	17.1		00:01:48.9		00:28:43.3	09:15	01:44:59.4	
27	Berg, Marc	841 St. Louis Park,		00:08:35.9	02:08		00:04:44.8		00:57:13.5	17.8		00:05:21.7		00:29:04.4	09:22	01:45:00.5	
28	Anderson, Wayne	548 minnetonka, MN		00:14:30.0	03:37		00:02:29.2		00:55:31.6	18.4		00:01:25.8		00:32:15.6	10:24	01:46:12.5	
29	Montez, Carey	1253 Cottage Grove,		00:13:10.6	03:17		00:02:09.6		00:59:58.9	17.0		00:01:15.9		00:30:13.8	09:45	01:46:48.9	
30	Monson, Doug	851 Forest Lake, MI		00:14:30.6	03:37		00:03:52.2		00:57:00.1	17.9		00:01:15.6		00:33:43.3	10:52	01:50:22.0	
31	Parsons, Dave	925 Elk River, MI		00:13:44.3	03:26		00:03:56.9		00:57:14.8	17.8		00:01:57.9		00:35:58.6	11:36	01:52:52.6	
32	Klarich, Michael	893 Cottage Grove,		00:20:06.6	05:01		00:02:55.1		00:55:50.8	18.3		00:02:36.8		00:32:50.5	10:35	01:54:20.0	
33	Bonk, Pete	1294		00:14:47.5	03:41		00:03:43.2		00:59:15.9	17.2		00:02:55.4		00:37:25.3	12:04	01:58:07.5	
34	Harens, Thomas	719 Edina, MN		00:11:48.9	02:57		00:03:11.2		01:00:14.2	16.9		00:02:14.8		00:42:44.7	13:47	02:00:14.0	
35	Linehan, Jack	987 Lindstrom, MN		00:08:57.8	02:14		00:05:02.6		01:05:25.2	15.6		00:02:39.9		00:38:35.0	12:26	02:00:40.7	
36	Hannon, Tim	751 Blaine, MN		00:13:16.0	03:19		00:03:44.9		01:07:26.2	15.1		00:02:03.9		00:34:11.0	11:01	02:00:42.2	
37	Plumbo, Joseph	435 Maplewood, MN		00:14:17.2	03:34		00:03:18.7		01:04:39.1	15.8		00:01:40.9		00:39:29.2	12:44	02:03:25.4	
38	Arnold, Jeremy	1090 Macheshey		00:12:23.9	03:05		00:03:13.2		01:02:44.6	16.3		00:01:46.3		00:47:24.8	15:17	02:07:33.0	
39	Parenteau, John	475 North Branch,		00:19:38.9	04:54		00:04:28.5		01:02:23.5	16.3		00:02:34.5		00:38:46.1	12:30	02:07:51.7	
40	Rost, William	1302 River Falls, WI		00:10:31.2	02:37		00:04:10.4		01:21:40.6	12.5		00:04:08.5		00:50:00.0	16:07	02:30:30.9	
	Hahn, Brad	693 Andover, MN														DNS	
	Wade, Chad	626 St Cloud, MN														DNS	
	Moeller, John	505 Eagan, MN														DNS	

Age Group Field: 1

4	Birkett, Ricahrd	1254 Saint Paul, MN		00:11:04.8	02:46		00:01:53.5		00:47:54.4	21.3		00:00:41.5		00:21:57.9	07:05	01:23:32.3	
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### Athena Sprint Distance

Division Field: 15

Age Group Field: 15

1	Simones, Laura	608 Stacy, MN		00:09:18.3	02:19		00:01:45.3		00:48:55.3	20.8		00:00:54.9		00:27:19.8	08:48	01:28:13.7	
2	Japs, Stephanie	498 Minneapolis,		00:11:46.7	02:56		00:02:11.5		00:52:52.3	19.3		00:02:19.1		00:27:59.4	09:01	01:37:09.2	
3	Weber, Katie	424 Minneapolis,		00:11:58.6	02:59		00:02:08.3		00:58:37.2	17.4		00:00:21.9		00:28:48.9	09:17	01:41:55.2	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1	17mi bike		T-2	3.1 mi run		7/30/2008						
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
4	Person, Patricia	649 Minneapolis,		00:12:29.6	03:07		00:03:33.0		00:53:23.0	19.1		00:03:07.2		00:30:20.4	09:47	01:42:53.5	
5	Wain, Danielle	1177 Ames, IA		00:13:06.5	03:16		00:01:50.5		00:53:42.7	19.0		00:01:58.0		00:32:30.4	10:29	01:43:08.3	
6	Fliess, Andrea	694 Spring Lake		00:12:23.2	03:05		00:02:11.1		00:58:06.6	17.6		00:01:55.4		00:33:06.8	10:40	01:47:43.4	
7	Jorgensen,	808 Waupun, WI		00:15:17.8	03:49		00:02:06.8		01:03:41.5	16.0		00:01:44.1		00:27:17.4	08:48	01:50:07.9	
8	Taylor, Kristen	497 Centerville, MN		00:11:12.3	02:48		00:02:29.2		01:01:32.4	16.6		00:01:38.7		00:33:51.4	10:55	01:50:44.2	
9	Srenaski, Tracey	703 Rosemount, MN		00:12:21.6	03:05		00:02:57.8		01:05:58.0	15.5		00:01:21.5		00:34:26.6	11:06	01:57:05.7	
10	Everson, Sarah	860 Robbinsdale,		00:14:45.3	03:41		00:04:13.3		01:00:45.7	16.8		00:02:16.1		00:37:44.3	12:10	01:59:44.9	
11	Davis, Nichol	465 St Cloud, MH		00:10:56.3	02:44		00:03:10.1		01:04:25.5	15.8		00:02:14.4		00:47:17.7	15:15	02:08:04.3	
12	Peitso, Dana	806 Ramsey, MN		00:12:49.5	03:12		00:02:07.9		01:05:24.8	15.6		00:01:23.5		00:51:30.0	16:36	02:13:16.0	
13	Glamos, Annette	594 Marine, MN		00:12:05.2	03:01		00:03:58.4		01:16:00.0	13.4		00:02:05.0		00:45:21.7	14:37	02:19:30.5	
14	Brady, Colleen	1284 New Brighton,		00:14:29.6	03:37		00:11:17.0		01:31:37.0	11.1		00:06:44.5		00:46:48.4	15:05	02:50:56.7	
	Bies, Jennifer	628 Forest Lake, MN														DNS	

Team - Sprint Distance Relay	0.25 mi swim	T-1	17 mi bike	T-2	3.1 mi run	7/30/2008
Place Name Bib	PL swim	Pace m/100m PL T-1	PL bike Pace mph PL	T-2	PL run Pace m/mi	Finish Pen

**Team - Sprint Distance Relay Triathlon** Field: 29

**Relay Team Sprint Distance** Division Field: 29

**Age Group Field: 29**

1	Sneer, Sara	1135 Mankato, MN	00:07:21.7	01:50	00:00:45.3	00:50:13.4	20.3	00:00:31.4	00:20:25.6	06:35	01:19:17.6
2	Comstock, Manny	1232 St. Paul, MH	00:09:06.3	02:16	00:01:39.2	00:46:51.0	21.8	00:00:30.8	00:21:59.9	07:05	01:20:07.5
3	Wray, Bryan	896 Eagan, MN	00:09:10.4	02:17	00:00:51.3	00:46:40.5	21.9	00:00:26.0	00:23:02.4	07:25	01:20:10.8
4	Frandsen, Britt	988 Rush City, MN	00:07:57.8	01:59	00:00:38.2	00:46:01.7	22.2	00:00:20.8	00:25:16.0	08:09	01:20:14.7
5	Skoglund, Krista	1242 Maple Grove,	00:09:24.0	02:21	00:00:43.9	00:45:31.4	22.4	00:01:35.0	00:24:51.5	08:01	01:22:06.1
6	Peltier, Sharron	852 Stacy, MN	00:09:58.5	02:29	00:00:48.3	00:48:35.3	21.0	00:00:27.3	00:23:16.4	07:30	01:23:06.0
7	Turman, Avery	1230 St. Charles, MN	00:08:59.7	02:14	00:03:53.5	00:55:33.5	18.4	00:00:17.6	00:22:21.4	07:12	01:31:06.0
8	Seubert, Ron	879 Maple Grove,	00:10:46.7	02:41	00:00:57.7	00:55:01.6	18.5	00:00:25.8	00:24:31.5	07:54	01:31:43.5
9	Bergum, Jodi	1149 North Branch,	00:13:41.1	03:25	00:00:41.7	00:52:51.9	19.3	00:00:23.8	00:25:06.3	08:05	01:32:45.1
10	Maring, Joseph	1229 forest lake, MN	00:13:04.8	03:16	00:00:54.4	00:50:45.1	20.1	00:00:30.9	00:27:29.7	08:52	01:32:45.1
11	Salokar, Spencer	1178 Chisago City,	00:10:39.9	02:39	00:00:44.9	00:53:59.7	18.9	00:00:20.8	00:29:33.0	09:31	01:35:18.5
12	Comstock, Kate	1125 St. Louis Park,	00:09:04.1	02:16	00:01:00.7	00:54:27.5	18.7	00:00:57.7	00:29:54.2	09:38	01:35:24.3
13	Kulvich, Kim	941 Apple Valley,	00:13:05.1	03:16	00:01:04.7	00:57:44.8	17.7	00:00:42.8	00:27:07.0	08:44	01:39:44.7
14	Virga, Joe	695 St. Paul, MN	00:10:08.2	02:32	00:01:04.3	01:03:41.9	16.0	00:00:46.2	00:24:34.6	07:55	01:40:15.5
15	Suchomel, Shelly	1272 white bear lake,	00:08:22.8	02:05	00:00:59.1	01:03:17.2	16.1	00:00:50.5	00:28:35.9	09:13	01:42:05.6
16	Seubert,	880 Maple Grove,	00:09:55.2	02:28	00:01:10.3	01:01:41.8	16.5	00:01:03.3	00:28:40.7	09:15	01:42:31.5
17	Stein, Emily	1134 Taylor Falls, MN	00:08:10.1	02:02	00:01:24.8	01:04:36.5	15.8	00:00:41.8	00:28:07.7	09:04	01:43:01.1
18	Hansen, Christine	895 White Bear	00:13:37.1	03:24	00:00:55.4	01:01:35.0	16.6	00:01:01.5	00:28:50.4	09:18	01:45:59.5
19	Hummel, Bobbi	731 Scandia, MN	00:12:37.5	03:09	00:00:57.3	01:02:28.1	16.3	00:00:29.3	00:29:30.8	09:31	01:46:03.3
20	Hanson, Sarah	1037 White Bear	00:12:55.6	03:13	00:01:05.7	01:04:27.7	15.8	00:00:40.5	00:27:27.3	08:51	01:46:36.9
21	Hulbert, Deb	554 Forest Lake, MN	00:13:03.3	03:15	00:00:45.7	01:07:44.4	15.1	00:00:25.1	00:27:45.0	08:57	01:49:43.7
22	Henderson, Nate	1231 andover, MN	00:13:32.4	03:23	00:01:15.4				00:23:42.0		01:50:26.2
23	Biemert, Anessa	1238 Savage, MN	00:13:37.9	03:24	00:00:56.7	01:02:12.1	16.4	00:00:28.9	00:34:42.9	11:11	01:51:58.7
24	Tubman, Nichole	1039 Apple Valley,	00:09:22.8	02:20	00:01:07.1	01:04:28.3	15.8	00:00:44.5	00:36:46.1	11:51	01:52:29.1
25	Mclaughlin,	927 Minneapolis,	00:14:21.8	03:35	00:03:04.4	01:11:34.4	14.3	00:00:24.6	00:29:02.0	09:21	01:58:27.4
26	Edwards, Ruth	771 Minnetonka, MN	00:17:14.3	04:18	00:01:06.7	00:52:38.2	19.4	00:06:59.7	00:41:42.9	13:27	01:59:41.9
27	Merschdorf, Matt	1289	00:14:40.9	03:40	00:01:00.2	01:04:53.1	15.7	00:00:23.0	00:38:47.7	12:30	01:59:45.1
28	Baumbach,	1136 Byron, MN	00:11:39.7	02:54	00:01:34.7	01:32:41.2	11.0	00:00:31.4	00:33:38.1	10:51	02:20:05.3

Team - Place Age/Div	Sprint Name	Distance Bib	Relay	0.25 mi swim PL	swim swim	Pace m/100m	PL	T-1 T-1	17 mi bike PL	bike bike	Pace mph	PL	T-2 T-2	3.1 mi run PL	run run	Pace m/mi	7/30/2008 Finish	Pen
	Crocker, Chris	1038	North Mankato,		00:43:28.0					00:32:34.4	31.3							DNF