

Chisago LakesTriathlon
Paradise Park
Chisago City, MN
Wed, Jul 30, 2008

0.25 mi swim

17 mi bike

3.1 mi run

Overall Results

White River Sports Timing
<http://itiming.com>

Place	Ovl?	Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen	description
Individual - Sprint Distance Triathlon																					
Field: 891																					
1		1	Williams, Michael	409 Maple Grove,		00:05:59.8	01:29		00:00:44.3		00:42:28.2	24.0		00:00:23.9		00:19:04.0	06:09	01:08:40.5			
2		2	1 Blankenheim,	408 Duluth, MN		00:07:11.6	01:47		00:00:57.6		00:43:02.2	23.7		00:00:32.5		00:17:38.8	05:41	01:09:23.0			
3		3	2 Petrie, Tim	403 Fond du Lac, WI		00:09:27.2	02:21		00:00:48.6		00:40:43.9	25.0		00:00:30.1		00:18:22.7	05:55	01:09:52.6			
4		4	1 Guidinger, Peter	414 Winona, MN		00:07:35.2	01:53		00:02:06.1		00:42:18.7	24.1		00:00:32.0		00:18:11.7	05:52	01:10:43.9			
5		5	1 Clauson, Holden	777 Stillwater, MN		00:09:03.3	02:15		00:01:28.7		00:40:53.1	24.9		00:00:47.7		00:19:53.6	06:25	01:12:06.6			
6		6	1 Dow, David	423 West Lakeland,		00:07:19.1	01:49		00:01:00.4		00:43:07.6	23.7		00:00:47.0		00:20:07.6	06:29	01:12:22.0			
7		7	1 Guenter, James	966 Woodbury, MN		00:07:44.9	01:56		00:00:52.5		00:41:58.7	24.3		00:00:47.3		00:20:58.4	06:45	01:12:22.0			
8		8	3 Conley, Daniel	415 Arden Hills, MN		00:07:25.5	01:51		00:01:03.4		00:43:48.9	23.3		00:00:44.9		00:19:38.1	06:20	01:12:41.0			
9		9	1 Podratz, Derick	520 Lino Lakes, MN		00:07:47.0	01:56		00:01:08.2		00:44:58.9	22.7		00:00:43.1		00:18:09.6	05:51	01:12:47.0			
10		10	4 Hull, James	601 St. Louis Park,		00:08:02.3	02:00		00:00:59.9		00:43:43.9	23.3		00:00:45.0		00:19:18.4	06:13	01:12:49.7			
11		11	2 Stensing, Martin	1033 Powell, WY		00:08:16.2	02:04		00:00:53.7		00:45:52.5	22.2		00:00:43.7		00:18:09.3	05:51	01:13:55.6			
12		12	2 Donly, Charles	665 minneapolis,		00:08:26.5	02:06		00:01:22.0		00:44:25.5	23.0		00:00:46.6		00:19:12.5	06:11	01:14:13.2			
13		13	5 Sachs,	792 White Bear		00:07:32.1	01:53		00:01:03.1		00:45:04.0	22.6		00:00:58.5		00:19:40.7	06:20	01:14:18.6			
14		14	3 Brown, Robert	1276 Hopkins, MN		00:07:23.1	01:50		00:01:08.6		00:44:20.1	23.0		00:00:59.8		00:20:44.2	06:41	01:14:36.1			
15		1	Mc Cann,	410 North Branch,		00:06:46.9	01:41		00:00:46.0		00:45:44.1	22.3		00:00:43.3		00:20:54.1	06:44	01:14:54.5			
16		15	1 Heinlein Iij, John	951 Stillwater, MN		00:08:02.6	02:00		00:01:00.2		00:43:43.1	23.3		00:00:46.7		00:21:27.6	06:55	01:15:00.5			
17		16	1 White, Todd	417 Roseville, MN		00:06:16.1	01:34		00:00:51.3		00:46:02.3	22.2		00:00:37.2		00:21:43.7	07:00	01:15:30.8			
18		17	2 Keller, Joe	617 Maple Grove,		00:08:17.5	02:04		00:00:54.7		00:44:33.2	22.9		00:00:34.8		00:21:23.7	06:54	01:15:44.1			
19		18	3 Barrios, Iv, Nolan	700 Stillwater, MN		00:09:58.6	02:29		00:00:52.0		00:43:55.5	23.2		00:00:27.7		00:20:30.6	06:36	01:15:44.6			
20		19	2 Christenson, Rick	1140 Roseville, MN		00:09:08.7	02:17		00:02:01.1		00:41:15.9	24.7		00:00:59.8		00:22:29.5	07:15	01:15:55.2			
21		20	2 Pedersen, Lucas	412 Richfield, MN		00:07:12.3	01:48		00:00:58.7		00:49:11.1	20.7		00:00:32.6		00:18:13.0	05:52	01:16:07.9			
22		21	4 Johnson, Jeremy	1277 Burnsville, MN		00:09:35.2	02:23		00:00:57.7		00:43:28.3	23.5		00:00:50.6		00:21:33.7	06:57	01:16:25.7			
23		22	3 Steiger, Matt	664 Minneapolis,		00:09:27.9	02:21		00:01:17.6		00:44:18.5	23.0		00:01:03.4		00:20:37.8	06:39	01:16:45.4			
24		23	2 Anderson, Ronnie	774 Bloomington,		00:10:10.5	02:32		00:01:08.3		00:43:17.2	23.6		00:01:00.6		00:21:22.1	06:53	01:16:58.9			
25		24	6 Madland, Nick	1199 Minneapolis,		00:09:15.4	02:18		00:01:11.1		00:44:53.3	22.7		00:01:02.7		00:20:39.7	06:39	01:17:02.3			
26		25	7 Thompson, Brent	1127 St Paul, MN		00:07:54.6	01:58		00:01:41.3		00:45:19.8	22.5		00:01:02.5		00:21:13.5	06:50	01:17:11.9			
27		26	3 Armour, Jonathan	436 Golden Valley,		00:07:28.5	01:52		00:01:15.6		00:43:40.3	23.4		00:00:50.1		00:24:06.3	07:46	01:17:20.9			

Individual - Sprint Distance Triathlon				0.25 mi swim		T-1		17mi bike			T-2		3.1 mi run		7/30/2008				
Place		Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
28	27	8 Manhardt, Michael	865 Wyoming, MN		00:08:12.9	02:03		00:01:03.9		00:45:07.3	22.6		00:00:46.0		00:22:15.6	07:10	01:17:25.9		
29	28	1 Clark, Barry	506 La Crosse, WI		00:09:52.9	02:28		00:00:47.9		00:44:05.7	23.1		00:00:56.6		00:22:21.7	07:12	01:18:04.9		
30	2	1 Novotny, Lydia	690 Hopkins, MN		00:09:15.7	02:18		00:01:14.3		00:45:00.4	22.7		00:01:10.6		00:21:42.5	07:00	01:18:23.7		
31	29	4 Desroches, Chris	904 Plymouth, MN		00:08:51.8	02:12		00:01:07.0		00:47:49.8	21.3		00:01:07.1		00:19:31.5	06:17	01:18:27.4		
32	30	3 Vesterstein, Kirk	429 Duluth, MN		00:08:23.8	02:05		00:02:13.3		00:46:40.8	21.9		00:00:35.5		00:20:36.3	06:38	01:18:30.0		
33	31	2 Dornfeld, Grant	1176 Maple Grove,		00:09:59.5	02:29		00:01:18.3		00:46:39.9	21.9		00:00:59.9		00:19:36.0	06:19	01:18:33.9		
34	32	4 Steiger, Gregg	812 Minnetonka, MN		00:09:29.1	02:22		00:01:30.4		00:44:03.6	23.1		00:01:15.4		00:23:01.2	07:25	01:19:19.9		
35	33	9 Pertile, Ryan	1027 Maple Grove,		00:09:41.7	02:25		00:01:16.9		00:45:40.2	22.3		00:00:35.7		00:22:22.1	07:12	01:19:36.8		
36	34	5 Kryzer, Brendon	461 Stillwater, MN		00:07:56.5	01:59		00:00:58.1		00:46:17.4	22.0		00:00:48.2		00:23:52.4	07:42	01:19:52.9		
37	35	3 Greenwald, Ben	1174 Minneapolis,		00:10:05.4	02:31		00:02:14.2		00:47:14.4	21.6		00:01:25.1		00:18:57.0	06:06	01:19:56.4		
38	3	1 Weaver, Kristen	1193 Stillwater, MN		00:07:51.8	01:57		00:01:04.7		00:46:26.7	22.0		00:01:13.2		00:23:25.0	07:33	01:20:01.7		
39	36	3 Swanson, Dave	419 wyoming, MN		00:08:56.9	02:14		00:01:02.0		00:47:49.2	21.3		00:00:40.8		00:21:35.3	06:57	01:20:04.4		
40	37	5 Nordby, Mark	1307 Center City, MN		00:08:07.0	02:01		00:01:15.4		00:46:34.4	21.9		00:01:01.6		00:23:15.6	07:30	01:20:14.2		
41	38	4 Woodbeck, Dale	500 Excelsior, MN		00:08:41.8	02:10		00:01:27.7		00:45:31.2	22.4		00:01:08.6		00:23:33.0	07:35	01:20:22.6		
42	39	10 Svensk, Michael	984 Blaine, MN		00:10:55.1	02:43		00:01:42.2		00:45:41.8	22.3		00:01:36.7		00:20:34.0	06:38	01:20:30.0		
43	40	4 Gaffer, Steve	1274 New Richmond,		00:07:46.6	01:56		00:01:25.5		00:45:20.4	22.5		00:01:23.7		00:24:45.4	07:59	01:20:41.8		
44	1	Blackstock, Frank	1004 Plymouth, MI		00:09:43.1	02:25		00:01:29.8		00:45:11.5	22.6		00:00:52.2		00:23:29.4	07:34	01:20:46.2		
45	41	11 Thomas, Matthew	953 Wayzata, MN		00:08:08.8	02:02		00:01:18.6		00:49:24.0	20.6		00:00:53.2		00:21:02.5	06:47	01:20:47.2		
46	42	6 Lacaille, Rick	1041 Duluth, MN		00:09:03.7	02:15		00:01:38.3		00:47:28.3	21.5		00:00:57.1		00:21:40.9	06:59	01:20:48.5		
47	43	5 Holthus, Brian	1175 Vadnais		00:07:58.9	01:59		00:01:08.7		00:45:33.1	22.4		00:01:10.0		00:24:59.5	08:03	01:20:50.4		
48	44	7 Pfeiffer, Paul	1097 St Paul, MN		00:09:10.3	02:17		00:00:52.3		00:46:52.7	21.8		00:00:57.1		00:23:00.5	07:25	01:20:53.1		
49	45	4 Teynor, Joseph	1185 Eden Prairie,		00:09:09.6	02:17		00:00:59.1		00:47:57.6	21.3		00:01:08.7		00:21:39.7	06:59	01:20:55.0		
50	46	8 Korb, Bryan	850 Lakeville, MN		00:09:04.1	02:16		00:01:26.9		00:46:14.8	22.1		00:00:53.2		00:23:25.7	07:33	01:21:05.0		
51	47	6 Berry, Donald	994 stillwater, MN		00:10:26.1	02:36		00:01:09.9		00:46:22.0	22.0		00:00:54.8		00:22:18.7	07:11	01:21:11.7		
52	48	9 Bier, Mike	613 Brooklyn		00:10:07.3	02:31		00:01:11.3		00:46:24.1	22.0		00:00:46.5		00:22:52.1	07:22	01:21:21.5		
53	49	4 Brennaman,	570 Minneapolis,		00:09:13.9	02:18		00:01:13.2		00:44:13.4	23.1		00:01:38.9		00:25:02.8	08:04	01:21:22.3		
54	50	5 Mcgaver, Joe	1184 Duluth, MN		00:13:23.0	03:20		00:01:22.5		00:44:32.7	22.9		00:01:33.0		00:20:38.6	06:39	01:21:30.0		
55	4	2 Moyer, Ann	406 Rochester, MN		00:08:27.4	02:06		00:01:33.6		00:47:32.0	21.5		00:00:57.5		00:23:04.8	07:26	01:21:35.4		
56	5	1 Hermanson, Sara	421 Andover, MN		00:08:03.9	02:00		00:00:51.8		00:48:47.6	20.9		00:00:37.1		00:23:18.4	07:31	01:21:39.0		
57	6	1 Mills, Laura	407 Duluth, MN		00:07:37.1	01:54		00:01:30.3		00:48:41.9	20.9		00:00:29.5		00:23:20.0	07:31	01:21:39.0		
58	51	5 Turner, Andrew	1169 Scandia, MN		00:07:36.8	01:54		00:01:56.7		00:50:22.0	20.3		00:00:48.1		00:21:00.8	06:46	01:21:44.6		
59	52	6 Anez, Brad	730 New Richmond,		00:09:30.8	02:22		00:01:42.8		00:47:50.0	21.3		00:01:00.4		00:21:41.8	06:59	01:21:46.1		

Individual - Sprint Distance Triathlon				0.25 mi swim		T-1		17mi bike			T-2		3.1 mi run		7/30/2008				
Place		Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
60	7	3	Yaeger, Marlene		00:09:51.8	02:27		00:01:51.0		00:48:33.4	21.0		00:00:48.7		00:20:56.7	06:45	01:22:01.9		
61	53	1	Fristin, John		00:08:31.4	02:07		00:01:46.5		00:46:46.0	21.8		00:01:25.4		00:23:36.0	07:36	01:22:05.5		
62	54	6	Sanders, Adam		00:07:07.1	01:46		00:02:01.0		00:47:33.5	21.4		00:00:14.7		00:25:10.3	08:07	01:22:06.8		
63	2		Pofahl, Ben		00:09:50.7	02:27		00:01:30.1		00:46:17.3	22.0		00:00:58.5		00:23:34.9	07:36	01:22:11.7		
64	55	7	Good, Cody		00:10:45.7	02:41		00:02:07.1		00:45:34.9	22.4		00:00:51.3		00:22:52.7	07:22	01:22:11.9		
65	56	6	Rask, Roger		00:08:53.4	02:13		00:01:31.1		00:47:48.9	21.3		00:01:05.2		00:22:56.6	07:24	01:22:15.4		
66	57	12	Johnson, Erik		00:10:00.8	02:30		00:01:21.2		00:48:27.0	21.1		00:01:00.6		00:21:28.6	06:55	01:22:18.4		
67	58	13	Edmonson, Tim		00:11:35.7	02:53		00:01:12.2		00:45:47.0	22.3		00:00:55.7		00:22:48.7	07:21	01:22:19.6		
68	59	7	Hawes,		00:09:18.0	02:19		00:01:54.0		00:45:38.7	22.3		00:01:08.9		00:24:24.6	07:52	01:22:24.5		
69	8	2	Jensen, Kathryn		00:08:38.8	02:09		00:01:21.4		00:46:37.8	21.9		00:01:09.5		00:24:45.9	07:59	01:22:33.5		
70	60	10	Kesti, Mike		00:09:27.6	02:21		00:02:14.6		00:47:06.7	21.7		00:01:12.5		00:22:43.2	07:19	01:22:44.9		
71	61	14	Walli, Brian		00:10:22.8	02:35		00:01:20.9		00:48:48.0	20.9		00:00:45.3		00:21:33.8	06:57	01:22:50.9		
72	62	15	Chase, Jon		00:10:43.4	02:40		00:02:00.7		00:48:56.5	20.8		00:00:56.2		00:20:25.4	06:35	01:23:02.4		
73	63	16	Stenzel, Steve		00:11:07.1	02:46		00:01:58.9		00:48:52.3	20.9		00:01:07.2		00:19:58.2	06:26	01:23:03.9		
74	3		Colford, John		00:09:20.5	02:20		00:01:41.6		00:46:23.8	22.0		00:02:36.3		00:23:02.8	07:26	01:23:05.1		
75	9	2	Johnson, Heidi		00:08:58.9	02:14		00:02:38.0		00:50:08.9	20.3		00:00:42.0		00:20:50.3	06:43	01:23:18.2		
76	64	17	Rupp, Christopher		00:06:52.9	01:43		00:01:58.6		00:48:45.0	20.9		00:01:35.8		00:24:08.7	07:47	01:23:21.1		
77	4		Birkett, Ricahrd		00:11:04.8	02:46		00:01:53.5		00:47:54.4	21.3		00:00:41.5		00:21:57.9	07:05	01:23:32.3		
78	65	7	Martin, Jerry		00:08:09.4	02:02		00:01:19.1		00:46:41.8	21.8		00:01:01.3		00:26:21.5	08:30	01:23:33.3		
79	66	8	Olson, Wade		00:10:23.6	02:35		00:02:47.7		00:45:11.7	22.6		00:01:35.8		00:23:36.0	07:36	01:23:35.1		
80	67	11	Dokken, Jim		00:10:24.5	02:36		00:01:52.9		00:47:57.8	21.3		00:01:00.3		00:22:21.6	07:12	01:23:37.3		
81	68	18	Rorvig, Jesse		00:08:42.3	02:10		00:01:52.4		00:49:42.2	20.5		00:00:40.9		00:22:41.3	07:19	01:23:39.2		
82	69	8	Harrison, Brian		00:10:03.3	02:30		00:01:24.5		00:48:20.9	21.1		00:00:49.9		00:23:00.6	07:25	01:23:39.6		
83	70	9	Dally, Spencer		00:09:16.9	02:19		00:00:44.9		00:49:14.3	20.7		00:01:04.9		00:23:19.1	07:31	01:23:40.4		
84	10	3	Keller, Dawn		00:09:05.2	02:16		00:00:57.9		00:47:31.0	21.5		00:00:36.3		00:25:32.1	08:14	01:23:42.6		
85	71	10	Dawson, Bevin		00:08:07.7	02:01		00:03:23.3		00:49:17.4	20.7		00:01:27.9		00:21:36.5	06:58	01:23:53.0		
86	11	3	Rossing, Jessica		00:08:43.3	02:10		00:01:01.6		00:52:14.4	19.5		00:00:51.2		00:21:06.3	06:48	01:23:57.0		
87	12	4	Mowers, Sondra		00:08:31.9	02:07		00:01:19.5		00:47:37.9	21.4		00:01:12.1		00:25:21.2	08:10	01:24:02.7		
88	13	4	Sundberg, Laurel		00:09:02.7	02:15		00:01:17.4		00:48:05.5	21.2		00:01:06.5		00:24:31.1	07:54	01:24:03.5		
89	72	12	Cornell, Jon		00:09:33.6	02:23		00:01:17.1		00:48:12.0	21.2		00:01:06.6		00:23:56.0	07:43	01:24:05.5		
90	14	2	Ebert, Kerry		00:07:35.9	01:53		00:01:25.3		00:50:29.0	20.2		00:00:54.7		00:23:44.6	07:39	01:24:09.6		
91	15	5	Zachman, Pam		00:08:02.2	02:00		00:01:01.5		00:48:59.5	20.8		00:00:47.4		00:25:27.9	08:12	01:24:18.7		

Individual - Sprint Distance Triathlon				0.25 mi swim		T-1		17mi bike			T-2		3.1 mi run		7/30/2008					
Place			Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
92	73	11	Thillen, Samuel	1317		00:08:56.9	02:14		00:01:28.8		00:48:45.3	20.9		00:01:34.6		00:23:33.4	07:35	01:24:19.1		
93	16	1	Ogston, Jena	413		00:09:11.4	02:17		00:01:41.4		00:50:30.0	20.2		00:00:46.8		00:22:13.6	07:10	01:24:23.4		
94	5		Kreuziger, Travis	673		00:09:09.8	02:17		00:01:35.0		00:46:30.0	21.9		00:01:18.7		00:25:52.9	08:20	01:24:26.6		
95	74	12	Anderson, Craig	1031		00:08:55.8	02:13		00:01:59.6		00:48:20.6	21.1		00:00:58.1		00:24:23.0	07:51	01:24:37.3		
96	75	8	Young, Kyle	712		00:09:38.1	02:24		00:01:41.1		00:48:55.2	20.9		00:01:20.7		00:23:02.5	07:25	01:24:37.8		
97	6		Barrette, Charles	829		00:08:50.8	02:12		00:01:14.2		00:45:29.7	22.4		00:00:48.2		00:28:17.7	09:07	01:24:40.8		
98	76	5	West, Ken	604		00:10:15.2	02:33		00:01:31.2		00:49:07.3	20.8		00:01:05.4		00:22:45.9	07:20	01:24:45.2		
99	77	7	Metzmaker,	1255		00:09:13.8	02:18		00:02:13.0		00:49:24.3	20.6		00:01:22.0		00:22:32.8	07:16	01:24:46.1		
100	78	6	Schultz, Mark	1082		00:08:56.1	02:14		00:01:20.8		00:48:32.8	21.0		00:01:10.9		00:24:47.1	07:59	01:24:47.9		
101	79	13	Anderson, Ben	1057		00:08:51.5	02:12		00:01:55.8		00:48:13.0	21.2		00:01:14.0		00:24:38.7	07:57	01:24:53.1		
102	80	13	Shea, Peter	707		00:11:23.5	02:50		00:01:30.8		00:47:36.3	21.4		00:00:59.4		00:23:27.7	07:34	01:24:57.8		
103	81	8	Bakulers, Mike	1311		00:08:55.1	02:13		00:01:43.4		00:46:54.4	21.7		00:00:36.1		00:26:57.2	08:41	01:25:06.4		
104	82		Olson, Jeff	1315		00:12:01.1	03:00		00:01:06.9		00:46:21.6	22.0		00:00:20.5		00:25:16.2	08:09	01:25:06.4		
105	83	19	Ducette, Matt	840		00:10:43.9	02:40		00:02:20.7		00:47:52.3	21.3		00:01:15.5		00:22:57.5	07:24	01:25:10.1		
106	7		Van Sickle,	809		00:08:29.9	02:07		00:01:39.6		00:47:06.3	21.7		00:00:40.7		00:27:13.8	08:47	01:25:10.5		
107	84	20	Schick, Kyle	607		00:13:01.0	03:15		00:01:27.8		00:47:03.3	21.7		00:00:33.7		00:23:06.9	07:27	01:25:12.9		
108	17	5	Steiger, Megan	702		00:10:06.2	02:31		00:01:27.7		00:51:18.0	19.9		00:00:32.0		00:21:49.4	07:02	01:25:13.6		
109	85	7	Mclaughlin,	532		00:10:10.9	02:32		00:02:13.4		00:48:25.4	21.1		00:01:21.3		00:23:15.1	07:30	01:25:26.4		
110	18	1	Klosterman, Amy	1017		00:07:59.7	01:59		00:01:01.6		00:50:47.2	20.1		00:00:38.6		00:25:03.9	08:05	01:25:31.2		
111	19	4	Berger, Sarah	724		00:10:37.1	02:39		00:01:10.3		00:49:46.3	20.5		00:00:54.9		00:23:04.6	07:26	01:25:33.3		
112	86	14	gustafson, alex	1251		00:07:52.5	01:58		00:02:29.4		00:50:33.4	20.2		00:01:18.6		00:23:20.0	07:31	01:25:34.2		
113	87	15	Brouwer, Nicholas	557		00:10:36.0	02:39		00:02:46.1		00:50:55.9	20.0		00:00:40.9		00:20:38.0	06:39	01:25:37.1		
114	88	9	Lee, Zach	571		00:10:05.6	02:31		00:01:11.5		00:48:12.3	21.2		00:00:58.4		00:25:21.5	08:10	01:25:49.5		
115	89	9	Hasty, Brian	624		00:11:13.2	02:48		00:01:09.9		00:47:59.5	21.3		00:00:47.2		00:24:40.1	07:57	01:25:50.0		
116	90	10	Andrzejczak,	1283		00:09:45.7	02:26		00:02:25.0		00:48:53.3	20.9		00:01:53.9		00:22:53.5	07:23	01:25:51.6		
117	20	2	Marti, Gabriela	716		00:10:44.8	02:41		00:02:46.3		00:46:57.1	21.7		00:00:55.3		00:24:28.5	07:53	01:25:52.2		
118	91	21	Holmes, Sean	1252		00:09:32.1	02:23		00:02:10.1		00:48:27.0	21.1		00:01:53.1		00:23:54.2	07:42	01:25:56.7		
119	92	10	Theissen, Mark	1201		00:11:50.5	02:57		00:02:40.6		00:50:36.0	20.2		00:00:56.3		00:19:55.7	06:25	01:25:59.4		
120	93	16	Thillen, Peter	1013		00:08:51.0	02:12		00:02:12.7		00:52:39.5	19.4		00:01:06.3		00:21:10.4	06:49	01:26:00.1		
121	94	11	Sandness, Craig	899		00:09:23.1	02:20		00:01:41.3		00:48:39.0	21.0		00:01:14.4		00:25:06.7	08:06	01:26:04.8		
122	95	22	Schafer, Nicholas	822		00:11:18.9	02:49		00:01:10.2		00:47:40.9	21.4		00:00:44.7		00:25:19.4	08:10	01:26:14.2		
123	96	11	Longmire, Robert	778		00:12:13.1	03:03		00:02:01.2		00:47:17.8	21.6		00:01:34.6		00:23:07.6	07:27	01:26:14.5		

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1			17mi bike			T-2			3.1 mi run			7/30/2008		
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description	
124	21	3 Bancroft, Kara	1008 Eden Prairie,		00:12:21.8	03:05		00:01:11.4		00:47:22.1	21.5		00:01:44.6		00:23:36.8	07:37	01:26:16.9			
125	22	6 Newcomb, Kathy	898 Woodbury, MN		00:08:43.1	02:10		00:01:37.0		00:47:56.1	21.3		00:01:16.3		00:26:45.4	08:37	01:26:18.1			
126	97	14 Hoglund, Eric	743 Minneapolis,		00:10:32.7	02:38		00:01:35.7		00:49:21.2	20.7		00:02:12.7		00:22:48.2	07:21	01:26:30.7			
127	23	5 Olson, Rachael	961 Madison, WI		00:11:01.0	02:45		00:01:52.9		00:51:28.8	19.8		00:00:48.1		00:21:25.5	06:54	01:26:36.6			
128	98	8 Odash, Rich	643 Wyoming, MN		00:08:37.4	02:09		00:01:28.9		00:49:47.8	20.5		00:00:48.4		00:25:56.2	08:22	01:26:38.8			
129	24	6 Vieregge, Jenae	1050 Shakopee, MN		00:09:15.7	02:18		00:01:50.1		00:49:50.1	20.5		00:01:11.6		00:24:36.5	07:56	01:26:44.2			
130	99	23 Ulrich, Justin	935 Dresser, WI		00:09:12.1	02:18		00:02:26.1		00:51:18.4	19.9		00:01:12.8		00:22:36.6	07:17	01:26:46.1			
131	100	9 Madison, David	816 Edina, MN		00:11:44.7	02:56		00:01:29.2		00:49:10.9	20.7		00:00:43.6		00:23:41.3	07:38	01:26:49.9			
132	101	12 Eklund, Nathan	800 Golden Valley,		00:12:25.7	03:06		00:01:26.7		00:48:22.6	21.1		00:01:05.4		00:23:32.4	07:35	01:26:53.0			
133	25	3 Rudd, Kim	411 Plymouth, MN		00:10:06.8	02:31		00:01:12.2		00:52:26.9	19.4		00:00:54.0		00:22:13.0	07:10	01:26:53.1			
134	102	13 Walker, Gentry	826 Arden Hills, MN		00:10:18.0	02:34		00:01:28.9		00:46:56.5	21.7		00:01:21.9		00:26:50.0	08:39	01:26:55.6			
135	8	Herrmann, Andrew	1271 Two Rivers, WI		00:08:39.3	02:09		00:01:05.2		00:48:09.6	21.2		00:00:52.4		00:28:15.1	09:06	01:27:01.8			
136	103	15 Rosenow, James	845 Shoreview, MN		00:09:45.7	02:26		00:01:20.2		00:49:33.9	20.6		00:01:23.7		00:25:00.4	08:04	01:27:04.2			
137	104	14 Bergquist, John	844 Red Wing, MN		00:11:50.7	02:57		00:01:09.0		00:46:28.7	21.9		00:00:47.7		00:26:48.1	08:38	01:27:04.4			
138	105	10 Waszczenko,	1279 Plymouth, MN		00:11:21.2	02:50		00:01:40.6		00:47:05.0	21.7		00:01:37.6		00:25:20.4	08:10	01:27:05.0			
139	106	17 Green, Clويد	907 Minneapolis,		00:09:18.2	02:19		00:02:16.2		00:49:16.0	20.7		00:01:06.8		00:25:10.4	08:07	01:27:07.7			
140	107	12 Clough, Nathan	1121 Minneapolis,		00:08:14.1	02:03		00:02:01.0		00:50:15.7	20.3		00:01:19.1		00:25:20.0	08:10	01:27:10.2			
141	108	13 Jones, Jeff	1065 St. Louis Park,		00:10:35.6	02:38		00:01:48.4		00:48:37.4	21.0		00:01:46.3		00:24:25.1	07:52	01:27:13.0			
142	109	16 Jensen, Chuck	983 Ramsey, MN		00:08:07.5	02:01		00:03:01.3		00:49:12.4	20.7		00:01:21.2		00:25:31.3	08:13	01:27:13.9			
143	26	7 Fritz, Rebecca	1225 Madison, WI		00:08:53.9	02:13		00:02:26.2		00:50:31.2	20.2		00:01:30.1		00:24:01.5	07:45	01:27:23.0			
144	9	Laubscher, Rob	499 Stillwater, MN		00:07:17.3	01:49		00:01:08.4		00:50:33.2	20.2		00:01:27.1		00:26:57.5	08:41	01:27:23.8			
145	110	24 Pousson, Brian	1261 St. Paul, MN		00:09:14.8	02:18		00:01:39.6		00:49:42.6	20.5		00:01:38.1		00:25:11.6	08:07	01:27:26.9			
146	111	15 Bengtson, Kevin	1025 Minneapolis,		00:08:31.5	02:07		00:01:38.8		00:49:27.4	20.6		00:00:54.9		00:26:55.3	08:41	01:27:28.2			
147	112	25 Rolnitzky, Joshua	889 Minneapolis,		00:11:08.4	02:47		00:03:14.8		00:48:39.5	21.0		00:00:53.1		00:23:38.1	07:37	01:27:34.1			
148	113	1 Larsen, Hank	1309 Glencoe, MN		00:11:12.1	02:48		00:01:18.2		00:49:52.4	20.5		00:00:54.9		00:24:17.1	07:50	01:27:34.9			
149	114	14 Martin, Lucas	948 Minneapolis,		00:11:55.6	02:58		00:02:38.6		00:49:34.8	20.6		00:01:01.0		00:22:27.9	07:14	01:27:38.1			
150	115	15 O'halloran, Jeff	1164 Lindstrom, MN		00:11:18.6	02:49		00:04:17.1		00:49:29.3	20.6		00:01:43.7		00:20:50.4	06:43	01:27:39.4			
151	116	11 Urbanski, Paul	1019 st louis park, MN		00:10:30.4	02:37		00:01:45.2		00:50:03.7	20.4		00:00:50.5		00:24:30.1	07:54	01:27:40.1			
152	117	17 Ketterling, Richard	1188 Rosemount, MN		00:09:35.0	02:23		00:01:56.6		00:48:29.7	21.0		00:01:27.0		00:26:12.0	08:27	01:27:40.6			
153	118	5 Wurdemann,	622 Harris, MN		00:11:25.0	02:51		00:01:57.9		00:53:03.5	19.2		00:00:23.6		00:20:55.7	06:45	01:27:45.9			
154	27	6 Riley, Holly	1102 Crystal, MI		00:08:09.2	02:02		00:01:49.5		00:51:34.1	19.8		00:01:27.6		00:24:46.0	07:59	01:27:46.6			
155	119	16 Swenke, Matthew	1014 Apple Valley,		00:09:50.2	02:27		00:02:00.2		00:50:55.7	20.0		00:01:10.6		00:23:50.7	07:41	01:27:47.6			

Individual - Sprint Distance Triathlon					0.25 mi swim		T-1		17mi bike			T-2		3.1 mi run		7/30/2008			
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
156	28	7 Linde, Kim	559 Mpls, MN		00:07:43.4	01:55		00:01:15.1		00:52:15.7	19.5		00:01:06.2		00:25:30.1	08:13	01:27:50.8		
157	29	7 Skaar-page,	1005 Eden Prairie,		00:09:45.9	02:26		00:01:56.1		00:47:53.1	21.3		00:01:36.0		00:26:39.8	08:36	01:27:51.0		
158	10	Rondorf, Jeremy	1068 Blaine, MN		00:12:03.1	03:00		00:02:25.0		00:47:43.3	21.4		00:01:17.8		00:24:22.9	07:51	01:27:52.3		
159	120	18 Exner, Patrick	578 Brooklyn Park,		00:10:19.7	02:34		00:02:37.1		00:50:52.0	20.1		00:01:20.9		00:22:42.6	07:19	01:27:52.5		
160	121	19 Carlson, Craig	1312 Maple Grove,		00:12:25.4	03:06		00:02:20.3		00:48:02.4	21.2		00:01:42.6		00:23:24.0	07:32	01:27:55.0		
161	122	26 Woodley, Kyle	862 Irvine, CA		00:10:00.7	02:30		00:02:31.6		00:50:58.3	20.0		00:00:38.1		00:23:47.8	07:40	01:27:56.6		
162	11	Lenick, James	428 St Louis Park,		00:09:45.0	02:26		00:02:30.4		00:49:52.3	20.5		00:00:40.5		00:25:10.7	08:07	01:27:59.0		
163	123	18 Jensen, Matt	1144 Chaska, MN		00:11:10.6	02:47		00:01:59.3		00:48:31.4	21.0		00:01:14.2		00:25:05.0	08:05	01:28:00.8		
164	30	4 Brandt, Kara	1222 Plymouth, MN		00:09:56.3	02:29		00:02:02.0		00:52:25.4	19.5		00:01:06.6		00:22:30.7	07:15	01:28:01.2		
165	124	20 Rupert, Jason	574 Forest Lake, MN		00:09:19.6	02:19		00:02:57.6		00:49:07.4	20.8		00:02:23.5		00:24:16.7	07:49	01:28:05.0		
166	125	27 Nenadal, William	930 Brooklyn Park,		00:08:32.1	02:08		00:02:03.7		00:50:04.2	20.4		00:01:12.9		00:26:17.9	08:29	01:28:11.0		
167	1	Simones, Laura	608 Stacy, MN		00:09:18.3	02:19		00:01:45.3		00:48:55.3	20.8		00:00:54.9		00:27:19.8	08:48	01:28:13.7		
168	126	28 Cooley, Tim	996 Wayzata, MN		00:09:00.2	02:15		00:02:03.9		00:48:20.1	21.1		00:01:17.2		00:27:35.4	08:54	01:28:16.9		
169	127	16 Dolan, Joe	1089 minneapolis,		00:11:45.9	02:56		00:01:16.4		00:50:47.3	20.1		00:01:15.2		00:23:14.0	07:29	01:28:19.1		
170	12	Storey, Daniel	566 Minneapolis,		00:08:52.1	02:13		00:01:25.0		00:49:31.1	20.6		00:01:05.8		00:27:29.8	08:52	01:28:24.1		
171	128	1 Walsh, London	919 hudson, WI		00:09:43.0	02:25		00:02:12.0		00:52:52.5	19.3		00:00:52.3		00:22:44.2	07:20	01:28:24.2		
172	129	12 Johnson, Tim	511 Apple Valley,		00:10:00.0	02:30		00:02:36.9		00:49:10.4	20.7		00:02:01.8		00:24:45.1	07:59	01:28:34.4		
173	31	4 Potyondy-Smith,	416 Champlin, MN		00:09:34.7	02:23		00:01:39.2		00:49:34.9	20.6		00:00:52.6		00:26:53.8	08:40	01:28:35.4		
174	32	5 Ahlquist, Sara	1241 North Hudson,		00:10:13.7	02:33		00:01:11.5		00:50:32.8	20.2		00:01:03.7		00:25:33.5	08:14	01:28:35.4		
175	130	29 Barclay, Benjamin	1044 Saint Charles,		00:09:51.3	02:27		00:02:07.2		00:48:49.9	20.9		00:01:07.4		00:26:39.8	08:36	01:28:35.8		
176	33	6 Wenzel, Lori	1101 greenville, WI		00:10:25.9	02:36		00:01:29.8		00:50:26.3	20.2		00:00:51.7		00:25:26.5	08:12	01:28:40.4		
177	131	13 Burris-brown,	1103 Minneapolis,		00:10:26.5	02:36		00:02:53.8		00:52:22.6	19.5		00:01:54.0		00:21:09.1	06:49	01:28:46.2		
178	132	6 Good, Zach	955 Stacy, MN		00:10:01.5	02:30		00:02:01.1		00:49:20.1	20.7		00:00:40.8		00:26:46.3	08:38	01:28:50.1		
179	133	17 Leonard, Joshua	857 Minneapolis,		00:10:52.3	02:43		00:02:49.1		00:49:46.0	20.5		00:01:17.8		00:24:12.2	07:48	01:28:57.6		
180	134	21 Pothen, Timothy	937 Forest Lake, MN		00:10:21.2	02:35		00:01:41.1		00:50:37.1	20.2		00:00:42.3		00:25:37.4	08:15	01:28:59.4		
181	135	30 Nordberg, Tim	1100 Edina, MN		00:12:38.0	03:09		00:01:29.3		00:48:16.3	21.1		00:01:27.3		00:25:08.5	08:06	01:28:59.7		
182	136	19 Williams, David	692 Mankato, MN		00:08:28.0	02:07		00:01:28.4		00:49:37.5	20.6		00:00:50.7		00:28:37.2	09:13	01:29:02.0		
183	137	31 Johnson, Stetson	947 Cali,		00:08:24.1	02:06		00:02:26.5		00:54:11.9	18.8		00:00:46.0		00:23:13.7	07:29	01:29:02.3		
184	13	Allen, Milo	681 Chisago City,		00:13:01.3	03:15		00:02:12.3		00:49:14.3	20.7		00:00:46.2		00:23:51.7	07:41	01:29:06.0		
185	138	14 Zell, Jim	1236 Northfield, MN		00:11:28.2	02:52		00:01:55.7		00:51:00.9	20.0		00:01:17.1		00:23:24.9	07:33	01:29:07.0		
186	139	22 Ryshavy, John	443 WAYZATA, MN		00:11:38.4	02:54		00:01:30.2		00:50:06.0	20.4		00:00:36.3		00:25:17.6	08:09	01:29:08.6		
187	34	7 Martin, Christine	1205 Minneapolis,		00:10:09.1	02:32		00:01:56.5		00:50:50.9	20.1		00:01:18.9		00:25:00.7	08:04	01:29:16.3		

Individual - Sprint Distance Triathlon				0.25 mi swim		T-1		17mi bike			T-2		3.1 mi run		7/30/2008				
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
188	35	8 Tellefsen, Jenna	839 Minneapolis,		00:10:30.4	02:37		00:01:54.8		00:55:20.3	18.4		00:00:32.9		00:21:03.5	06:47	01:29:22.1		
189	36	5 Murai, Emily	964 Minneapolis,		00:08:45.6	02:11		00:02:54.6		00:50:26.0	20.2		00:00:54.5		00:26:21.7	08:30	01:29:22.5		
190	37	8 Williams, Jennifer	978 Bloomington,		00:09:04.4	02:16		00:02:03.2		00:51:42.7	19.7		00:02:37.9		00:23:55.4	07:43	01:29:23.8		
191	38	6 Lacanne, Beth	1137 Rochester, MN		00:11:35.3	02:53		00:01:57.8		00:49:55.1	20.4		00:01:07.1		00:24:50.0	08:00	01:29:25.4		
192	140	17 Carlson, Chris	874 Minneapolis,		00:09:46.7	02:26		00:03:22.8		00:50:26.4	20.2		00:02:00.0		00:23:50.4	07:41	01:29:26.5		
193	39	8 Madison, Julie	815 Edina, MN		00:10:28.4	02:37		00:01:45.0		00:49:38.5	20.5		00:00:53.4		00:26:41.5	08:36	01:29:27.0		
194	40	1 Keller, Gabriella	572 maple Grove,		00:07:07.9	01:46		00:00:55.6		00:53:51.5	18.9		00:00:41.6		00:26:51.3	08:39	01:29:28.0		
195	41	9 Bates, Kathy	1182 Pine Island, MN		00:10:27.5	02:36		00:01:25.8		00:49:44.6	20.5		00:01:31.3		00:26:22.9	08:30	01:29:32.3		
196	42	7 Witt, Anna	846 Minneapolis,		00:10:24.3	02:36		00:02:28.1		00:52:47.6	19.3		00:01:21.6		00:22:36.8	07:17	01:29:38.7		
197	141	18 Howard, Geoffrey	1071 Minneapolis,		00:11:53.4	02:58		00:01:52.9		00:50:38.1	20.1		00:01:20.4		00:24:00.3	07:44	01:29:45.3		
198	142	15 Plewka, Mark	445 Shorewood, WI		00:08:40.1	02:10		00:02:02.1		00:54:55.4	18.6		00:01:22.2		00:22:49.6	07:21	01:29:49.5		
199	143	16 Cliffe, Charles	1130 north oaks, MN		00:08:51.2	02:12		00:02:46.9		00:48:56.2	20.8		00:01:34.9		00:27:41.0	08:55	01:29:50.3		
200	43	8 Howard, Denise	886 Andover, MN		00:10:51.3	02:42		00:01:55.9		00:50:51.0	20.1		00:01:26.5		00:24:48.4	08:00	01:29:53.4		
201	144	17 Dubois, Robert	942 columbus, MN		00:08:21.5	02:05		00:02:13.2		00:51:14.0	19.9		00:00:57.3		00:27:09.5	08:45	01:29:55.7		
202	44	9 Stolz, Tomery	934 Minneapolis,		00:11:03.9	02:45		00:01:50.3		00:51:40.8	19.7		00:02:04.1		00:23:19.3	07:31	01:29:58.5		
203	45	1 St Pierre, Toni	476 Minneapolis,		00:10:51.2	02:42		00:01:41.9		00:51:06.8	20.0		00:00:59.4		00:25:24.0	08:11	01:30:03.4		
204	145	18 Coreeley, Ward	1292		00:13:00.5	03:15		00:02:38.3		00:48:25.7	21.1		00:01:57.3		00:24:07.3	07:46	01:30:09.3		
205	46	9 Stangel, Greta	1096 Andover, MN		00:13:35.7	03:23		00:01:40.9		00:50:40.0	20.1		00:01:17.2		00:23:01.0	07:25	01:30:15.1		
206	47	9 Knapp, Alison	835 St. Paul, MN		00:11:15.9	02:48		00:01:52.7		00:50:16.2	20.3		00:01:20.9		00:25:31.8	08:14	01:30:17.8		
207	146	19 Swann, Aaron	997 Edina, MN		00:10:50.4	02:42		00:02:09.7		00:50:14.7	20.3		00:01:05.9		00:25:59.6	08:23	01:30:20.4		
208	48	8 Dewitt, Sara	1095 Forest Lake, MN		00:10:36.0	02:39		00:01:35.1		00:51:37.6	19.8		00:01:11.7		00:25:20.6	08:10	01:30:21.2		
209	147	7 Gritton, Tucker	975 Moline, IL		00:08:23.1	02:05		00:04:15.5		00:51:47.1	19.7		00:02:07.3		00:23:50.5	07:41	01:30:23.7		
210	148	23 Vilella, Richard	876 Saint Paul, MN		00:10:52.3	02:43		00:03:26.2		00:47:43.9	21.4		00:01:51.5		00:26:31.9	08:33	01:30:26.0		
211	149	19 Luebke, Scott	1278 Maplewood, MN		00:10:30.8	02:37		00:01:50.7		00:48:37.1	21.0		00:01:20.3		00:28:07.3	09:04	01:30:26.4		
212	150	20 Weston, Craig	1244 Plymouth, MN		00:12:41.9	03:10		00:01:33.9		00:50:07.5	20.3		00:01:45.5		00:24:18.1	07:50	01:30:27.1		
213	49	10 Weidner, Mary	864 Edina, MN		00:10:27.2	02:36		00:01:31.5		00:52:29.7	19.4		00:01:17.6		00:24:42.3	07:58	01:30:28.5		
214	151	24 Yeager, Mike	823 Plymouth, MN		00:09:02.6	02:15		00:02:25.0		00:52:23.2	19.5		00:01:33.5		00:25:10.2	08:07	01:30:34.7		
215	152	25 delaune, robert	1259 shoreview, MN		00:10:13.9	02:33		00:02:28.8		00:50:33.8	20.2		00:01:28.3		00:25:51.5	08:20	01:30:36.5		
216	153	20 Mork, Daniel	909 North Branch,		00:10:51.6	02:42		00:01:59.0		00:48:38.7	21.0		00:01:08.9		00:28:00.6	09:02	01:30:39.0		
217	50	10 Giles, Karen	1053 Minneapolis,		00:10:16.3	02:34		00:02:39.2		00:52:15.1	19.5		00:01:29.6		00:24:01.4	07:44	01:30:41.9		
218	154	32 gage, michael	1286 eagan, MN		00:10:08.4	02:32		00:03:04.4		00:49:36.1	20.6		00:00:56.0		00:26:57.8	08:41	01:30:42.8		
219	155	21 Ketterling, Ryan	1189 Farmington, MN		00:09:18.6	02:19		00:01:50.1		00:48:53.5	20.9		00:01:27.3		00:29:16.1	09:26	01:30:45.7		

Individual - Sprint Distance Triathlon					0.25 mi swim		T-1		17mi bike			T-2		3.1 mi run		7/30/2008			
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
220	51	2 Foss, Megan	426 shoreview, MN		00:09:48.9	02:27		00:02:00.4		00:53:52.0	18.9		00:00:57.5		00:24:08.3	07:47	01:30:47.3		
221	52	11 Mccallum, Lisa	519 Arden Hills, MN		00:07:45.9	01:56		00:02:41.4		00:51:56.2	19.6		00:01:30.4		00:26:54.2	08:40	01:30:48.3		
222	53	10 Horihan, Dana	956 Forest Lake, MN		00:09:23.4	02:20		00:02:04.4		00:50:43.2	20.1		00:01:52.1		00:26:45.6	08:37	01:30:48.9		
223	54	11 Christopher,	1045 Savage, MN		00:11:08.2	02:47		00:02:02.9		00:51:17.7	19.9		00:01:12.4		00:25:12.0	08:07	01:30:53.5		
224	156	20 Jeska-silrum, Seth	977 Minneapolis,		00:12:27.5	03:06		00:01:33.8		00:52:08.4	19.6		00:01:50.3		00:22:58.0	07:24	01:30:58.2		
225	157	8 Nevab, Shawn	1219 Scandia, MN		00:10:25.2	02:36		00:01:44.4		00:52:08.9	19.6		00:02:08.4		00:24:35.9	07:56	01:31:02.9		
226	158	21 Lindberg, Anders	1009 Minneapolis,		00:11:33.7	02:53		00:02:49.5		00:49:38.1	20.5		00:01:23.1		00:25:39.3	08:16	01:31:03.9		
227	55	9 Sarauer, Jena	1001 Woodbury, MN		00:10:17.0	02:34		00:01:40.4		00:52:12.2	19.5		00:00:58.9		00:25:55.3	08:21	01:31:04.0		
228	56	1 Minder-	437 Shoreview, MN		00:08:25.1	02:06		00:02:12.6		00:53:17.0	19.1		00:01:17.3		00:25:52.2	08:20	01:31:04.5		
229	57	11 Tatnell, Amy	641 forest lake, MN		00:09:23.9	02:20		00:01:28.2		00:53:59.4	18.9		00:01:00.0		00:25:16.6	08:09	01:31:08.5		
										MN 55105									
230	159	26 Weaver, Todd	431 kathrynjensen		00:07:47.2	01:56		00:02:44.4		00:53:31.2	19.1		00:01:30.3		00:25:37.6	08:16	01:31:10.9		
231	160	27 Willkom, Tom	549 Maplewood, MN		00:09:58.5	02:29		00:01:29.8		00:52:36.1	19.4		00:00:50.2		00:26:18.8	08:29	01:31:13.5		
232	161	22 Jensen, Scott	1152 North Branch,		00:11:41.9	02:55		00:02:01.0		00:50:06.9	20.4		00:01:45.7		00:25:38.0	08:16	01:31:13.6		
233	162	28 Finken, Paul	1066 St Paul, MN		00:09:44.1	02:26		00:01:56.3		00:50:57.9	20.0		00:01:20.1		00:27:17.0	08:48	01:31:15.6		
234	163	23 Hanna, Donald	1247		00:12:15.6	03:03		00:02:54.5		00:47:58.2	21.3		00:01:44.8		00:26:27.0	08:31	01:31:20.3		
235	164	24 Yoon, Patrick	1226 St Louis Park,		00:11:02.3	02:45		00:03:00.8		00:52:44.2	19.3		00:01:07.4		00:23:27.1	07:33	01:31:22.0		
236	165	29 Link, Kevin	1194 Minneapolis, MI		00:13:30.6	03:22		00:02:24.6		00:47:18.8	21.6		00:02:09.6		00:26:04.2	08:24	01:31:27.9		
										Tom Hanson									
237	166	25 Talbot, Kevin	1106 St. Paul, MN		00:09:52.5	02:28		00:02:01.6		00:50:51.7	20.1		00:01:44.2		00:27:05.3	08:44	01:31:35.5		
238	58	10 Williams, Margaret	579 St. Louis Park,		00:10:22.1	02:35		00:01:51.3		00:49:02.5	20.8		00:01:38.3		00:28:41.5	09:15	01:31:35.8		
239	167	2 Anderson, Samuel	1094 Young America,		00:09:08.7	02:17		00:02:01.7		00:52:42.6	19.4		00:01:05.7		00:26:37.2	08:35	01:31:36.1		
240	59	2 Hansen, Laura	949 White Bear		00:11:01.8	02:45		00:01:58.5		00:51:09.4	19.9		00:01:23.7		00:26:07.5	08:25	01:31:41.1		
241	168	26 Driessen, Skip	1056 Lino Lakes, MN		00:10:38.3	02:39									00:25:32.3		01:31:42.7		
242	169	18 Harmon, Bob	672 New Brighton,		00:13:36.2	03:24		00:02:39.9		00:50:24.9	20.2		00:00:59.6		00:24:04.0	07:45	01:31:44.9		
243	60	11 Berglund, Kristina	1301		00:08:15.1	02:03		00:01:54.6		00:54:21.1	18.8		00:01:03.1		00:26:11.5	08:26	01:31:45.5		
244	170	27 Gerard, Jason	460 Hugo, MN		00:09:25.2	02:21		00:02:29.5		00:51:07.3	20.0		00:01:28.4		00:27:15.6	08:47	01:31:46.1		
245	171	21 Jeffrey, Travis	630 Maple Grove,		00:12:50.4	03:12		00:02:42.3		00:48:20.2	21.1		00:01:33.1		00:26:20.2	08:29	01:31:46.3		
246	172	33 Kramer, Matt	843 St Louis Park,		00:11:05.2	02:46		00:01:31.5		00:50:56.7	20.0		00:01:07.1		00:27:08.1	08:45	01:31:48.8		
247	61	12 Whitney, Patricia	970 Minneapolis,		00:08:50.6	02:12		00:02:04.8		00:51:11.4	19.9		00:01:58.7		00:27:45.8	08:57	01:31:51.4		
248	173	28 Iwan, Michael	627 Golden Valley,		00:13:46.7	03:26		00:02:12.0		00:50:14.1	20.3		00:01:56.7		00:23:42.9	07:39	01:31:52.6		
249	174	29 Smith, Dean	821 Plymouth, MN		00:10:14.7	02:33		00:02:40.3		00:51:58.5	19.6		00:02:44.4		00:24:14.9	07:49	01:31:52.9		
250	175	30 Venzke, Scott	1200 Maplewood, MN		00:12:50.4	03:12		00:02:05.2		00:49:26.3	20.6		00:01:56.6		00:25:37.5	08:15	01:31:56.2		

Individual - Sprint Distance Triathlon				0.25 mi swim		T-1		17mi bike			T-2		3.1 mi run		7/30/2008				
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
251	62	12 Bartz, Carol	1016 chisago city, MN		00:10:17.6	02:34		00:02:16.1		00:55:38.1	18.3		00:00:51.2		00:22:54.2	07:23	01:31:57.4		
252	176	2 Barber, John	1318 Bloomington,		00:09:55.9	02:28		00:02:29.2		00:50:44.9	20.1		00:01:35.8		00:27:12.2	08:46	01:31:58.3		
253	63	12 Walker, Julie	825 Arden Hills, MN		00:11:10.5	02:47		00:01:59.7		00:50:18.6	20.3		00:01:14.8		00:27:16.7	08:47	01:32:00.4		
254	177	22 Waldoch, Rani	1208 Lindstrom, MN		00:12:25.0	03:06		00:02:16.1		00:51:47.5	19.7		00:00:45.4		00:24:47.1	07:59	01:32:01.4		
255	64	13 Ramich, Laurie	1216 St. Paul, MN		00:09:23.5	02:20		00:01:00.9		00:55:46.5	18.3		00:01:02.9		00:24:55.9	08:02	01:32:10.0		
256	178	23 Haskell, Seth	818 MINNEAPOLIS,		00:12:48.5	03:12		00:02:48.1		00:49:11.3	20.7		00:00:58.0		00:26:25.5	08:31	01:32:11.6		
257	65	3 Holthus, Kimberly	425 Vadnais		00:08:19.6	02:04		00:02:00.8		00:57:43.8	17.7		00:00:55.2		00:23:21.3	07:32	01:32:20.9		
258	14	Townsend, Brian	926 Rosemount, MN		00:12:04.5	03:01		00:01:17.5		00:51:34.7	19.8		00:01:37.8		00:25:51.3	08:20	01:32:25.9		
259	66	3 Dillon, Julia	1049 Hudson, WI		00:11:03.9	02:45		00:01:36.7		00:49:41.0	20.5		00:01:41.9		00:28:23.6	09:09	01:32:27.3		
260	67	13 Rasch, Kimberly	714 Minneapolis,		00:08:58.9	02:14		00:01:44.8		00:55:46.5	18.3		00:01:06.9		00:24:51.2	08:01	01:32:28.6		
261	179	3 Gillespie, Dylan	789 Marine, MN		00:09:33.9	02:23		00:02:17.4		00:55:08.1	18.5		00:00:55.1		00:24:37.5	07:56	01:32:32.3		
262	180	9 Rauschenfeis,	1246 Red Wing, MN		00:11:15.2	02:48		00:02:07.0		00:49:02.6	20.8		00:01:17.7		00:28:51.4	09:18	01:32:34.1		
263	181	30 Pautz, Todd	1248 Marine, MN		00:12:27.9	03:06		00:02:38.0		00:49:53.8	20.4		00:01:05.9		00:26:30.0	08:32	01:32:35.8		
264	182	2 Lueth, Randy	931 Marshfield, WI		00:12:49.0	03:12		00:01:59.2		00:47:06.1	21.7		00:02:26.2		00:28:15.8	09:07	01:32:36.5		
265	183	31 Kretschmer, Mark	920		00:09:59.2	02:29		00:02:50.1		00:53:04.0	19.2		00:01:08.1		00:25:36.4	08:15	01:32:38.0		
266	68	14 Frey, Malia	1119 Minneapolis,		00:11:10.4	02:47		00:01:31.0		00:51:30.8	19.8		00:01:24.9		00:27:00.8	08:42	01:32:38.0		
267	15	Larson, Patrick	1290 Maplewood, MN		00:12:59.1	03:14		00:03:14.4		00:50:29.7	20.2		00:01:22.6		00:24:34.1	07:55	01:32:40.2		
268	184	10 Humes, Douglas	669 Mahtomedi, MN		00:11:13.0	02:48		00:03:51.9		00:52:59.6	19.2		00:01:30.2		00:23:08.6	07:27	01:32:43.5		
269	185	32 Storkan, Steve	1160 Forest Lake, MN		00:10:04.5	02:31		00:01:44.0		00:54:21.6	18.8		00:00:50.6		00:25:45.6	08:18	01:32:46.6		
270	186	24 Beaubien, Brian	1030 St. Paul, MN		00:12:52.0	03:13		00:02:11.8		00:50:47.3	20.1		00:01:03.8		00:25:51.7	08:20	01:32:46.9		
271	187	22 Protivinsky, David	1287 Andover, MN		00:11:24.9	02:51		00:04:02.3		00:54:48.0	18.6		00:00:59.9		00:21:32.0	06:56	01:32:47.2		
272	69	2 Fitzgerald, Margo	962 Rochester, MN		00:10:37.3	02:39		00:01:53.3		00:53:48.8	19.0		00:01:52.2		00:24:50.1	08:00	01:33:01.9		
273	188	34 Sheridan, Nicholas	1291		00:11:09.6	02:47		00:02:21.1		00:50:37.9	20.1		00:02:14.1		00:26:41.4	08:36	01:33:04.4		
274	70	14 Hall, Stacy	1214		00:13:14.4	03:18		00:02:38.2		00:53:02.9	19.2		00:00:49.1		00:23:25.8	07:33	01:33:10.7		
275	189	25 Watercott, Larry	484 Columbia		00:12:08.7	03:02		00:01:53.3		00:54:57.8	18.6		00:01:37.2		00:22:34.3	07:16	01:33:11.5		
276	190	19 Kassekert, Tom	974 Blaine, MN		00:14:27.2	03:36		00:02:01.2		00:49:54.1	20.4		00:01:05.7		00:25:50.9	08:20	01:33:19.3		
277	191	11 Donovan, David	656 Minneapolis,		00:11:34.6	02:53		00:04:47.9		00:47:04.5	21.7		00:02:24.6		00:27:29.2	08:52	01:33:20.9		
278	71	3 Fletcher, Jenna	1143 Stillwater, MN		00:10:51.9	02:42		00:01:34.1		00:51:55.6	19.6		00:01:01.3		00:27:57.9	09:01	01:33:21.2		
279	192	3 Wilson, Roy	597 St. Paul, MN		00:14:34.8	03:38		00:02:32.5		00:51:52.9	19.7		00:00:32.3		00:23:51.6	07:41	01:33:24.3		
280	193	9 Lamson, Kevin	853 Oakdale, MN		00:10:44.4	02:41		00:02:18.7		00:54:53.1	18.6		00:00:46.4		00:24:46.3	07:59	01:33:29.2		
281	72	15 Young, Amanda	713 Jefferson City,		00:12:06.4	03:01		00:02:10.7		00:52:15.5	19.5		00:01:44.8		00:25:14.1	08:08	01:33:31.8		
282	194	31 Egstad, Eric	1234 Golden Valley,		00:12:31.6	03:07		00:03:26.6		00:49:00.1	20.8		00:01:23.9		00:27:10.0	08:45	01:33:32.4		

Individual - Sprint Distance Triathlon					0.25 mi swim		T-1		17mi bike			T-2		3.1 mi run		7/30/2008			
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
283	195	20	Joachim, Dan	861	Scandia, MN	00:18:15.1	04:33	00:01:32.1		00:48:48.8	20.9		00:01:22.3		00:23:34.9	07:36	01:33:33.3		
284	196	33	Ryan, Michael	1029	Mahtomedi, MN	00:12:11.5	03:02	00:02:04.8		00:50:20.5	20.3		00:01:20.3		00:27:42.1	08:56	01:33:39.5		
285	197	21	struck, michael	1280	brooklyn park,	00:12:03.4	03:00	00:02:49.7		00:52:33.7	19.4		00:01:14.9		00:24:57.8	08:03	01:33:39.8		
286	198	32	Wurdemann, Dr.	621	Harris, MN	00:12:55.3	03:13	00:01:38.1		00:52:48.0	19.3		00:00:37.5		00:25:41.9	08:17	01:33:41.0		
287	199	10	Roggemann,	635	Chisago City,	00:07:30.5	01:52	00:02:00.6		00:57:13.9	17.8		00:00:30.9		00:26:25.5	08:31	01:33:41.7		
288	200	23	Jackson, Steve	1268	West St Paul,	00:12:20.4	03:05	00:03:13.4		00:48:46.3	20.9		00:02:18.8		00:27:08.9	08:45	01:33:48.0		
289	73	16	Prusmack, Kristin	1002	Woodbury, MD	00:09:16.4	02:19	00:01:02.3		00:53:01.0	19.2		00:01:03.4		00:29:34.3	09:32	01:33:57.6		
290	201	22	Zwiers, Brian	691	Hilbert, WI	00:13:00.8	03:15	00:02:42.0		00:49:08.6	20.8		00:01:43.0		00:27:24.5	08:50	01:33:59.2		
291	202	12	Sauerbry, James	487	Lindstrom, MN	00:08:01.5	02:00	00:01:43.6		00:53:56.4	18.9		00:01:11.0		00:29:09.4	09:24	01:34:02.1		
292	203	11	Bartz, Trevor	1187	White Bear	00:14:55.8	03:43	00:01:53.2		00:55:00.7	18.5		00:01:25.2		00:20:50.8	06:43	01:34:05.9		
293	204	3	Moen, Clint	779	Duluth, MN	00:09:51.7	02:27	00:02:05.7		00:50:57.0	20.0		00:02:00.5		00:29:12.4	09:25	01:34:07.5		
294	205	35	Bryant, Orlando	1138	Minneapolis,	00:11:58.3	02:59	00:01:30.0		00:48:45.2	20.9		00:00:58.0		00:30:58.0	09:59	01:34:09.8		
295	74	15	Molrn, Eileen	1023	Minneapolis,	00:13:20.6	03:20	00:02:44.2		00:53:26.2	19.1		00:01:39.0		00:23:03.6	07:26	01:34:13.8		
296	206	12	O'brien, Shane	795	Frederic, WI	00:11:34.5	02:53	00:01:46.3		00:53:24.0	19.1		00:00:53.5		00:26:39.7	08:36	01:34:18.2		
297	207	4	Boardman, Tom	636	Stillwater, MN	00:11:52.9	02:58	00:03:24.8		00:51:35.9	19.8		00:01:20.2		00:26:04.6	08:24	01:34:18.7		
298	75	4	Hale, Ann	442	Chisago City,	00:10:20.8	02:35	00:01:53.0		00:57:05.2	17.9		00:00:42.8		00:24:17.0	07:50	01:34:19.0		
299	208	24	Wickstrom, Lee	1300		00:13:50.9	03:27	00:02:10.9		00:53:21.3	19.1		00:01:27.7		00:23:29.6	07:34	01:34:20.6		
300	209	4	Bjorke, Michael	696	Montrose, MI	00:09:37.3	02:24	00:02:32.4		00:53:21.5	19.1		00:01:22.1		00:27:27.5	08:51	01:34:21.0		
301	16		Leger, Joel	892	Blaine, MN	00:11:54.7	02:58	00:02:23.7		00:50:08.3	20.3		00:02:01.2		00:27:58.1	09:01	01:34:26.2		
302	76	13	Haar, Becki	541	Lakeville, MN	00:10:43.2	02:40	00:02:43.4		00:54:45.4	18.6		00:01:21.3		00:24:55.3	08:02	01:34:28.8		
303	210	23	Smith, Brett	750	White Bear	00:11:47.1	02:56	00:02:24.2		00:53:06.6	19.2		00:00:42.5		00:26:31.8	08:33	01:34:32.4		
304	17		lador, antonio	1212	saint peter, MN	00:12:10.1	03:02	00:03:22.4		00:50:59.1	20.0		00:01:35.3		00:26:26.8	08:31	01:34:34.0		
305	211	25	Niemeier, Tony	735	Minneapolis,	00:10:03.1	02:30	00:03:21.7		00:53:33.4	19.0		00:00:52.3		00:26:48.5	08:38	01:34:39.2		
306	77	16	Spande, Kim	867	North Branch,	00:10:54.6	02:43	00:03:21.2		00:53:57.1	18.9		00:01:30.1		00:24:58.8	08:03	01:34:42.0		
307	212	33	Malen, Peter	448	Saint Paul, MN	00:10:39.7	02:39	00:03:07.5		00:52:32.7	19.4		00:00:54.6		00:27:27.8	08:51	01:34:42.5		
308	213	24	Knutson, Randy	1303		00:11:19.2	02:49	00:01:24.2		00:52:51.2	19.3		00:01:02.8		00:28:08.7	09:04	01:34:46.2		
309	78	17	Anderson, Buzzy	1022	Young America,	00:08:48.4	02:12	00:01:34.5		00:53:30.1	19.1		00:00:45.2		00:30:09.1	09:43	01:34:47.5		
310	214	25	Flaa, John	662	Plymouth, MN	00:10:57.8	02:44	00:02:41.0		00:53:25.7	19.1		00:02:09.8		00:25:35.3	08:15	01:34:49.7		
311	79	12	Lee, Molly	933	Bloomington,	00:10:42.0	02:40	00:01:40.1		00:53:27.7	19.1		00:01:54.0		00:27:06.1	08:44	01:34:50.1		
312	215	36	Below, Jordan	900	St. Louis Park,	00:13:18.9	03:19	00:03:02.0		00:53:07.2	19.2		00:02:16.5		00:23:06.9	07:27	01:34:51.7		
313	80	1	Schultz, Clara	1316	Minneapolis,	00:10:56.1	02:44	00:02:39.3		00:56:23.7	18.1		00:00:22.6		00:24:35.1	07:55	01:34:57.0		
314	216	37	Vegar, Michael	906	Duluth, MN	00:12:06.4	03:01	00:03:49.9		00:52:39.6	19.4		00:01:57.9		00:24:23.5	07:52	01:34:57.4		

Individual - Sprint Distance Triathlon				0.25 mi swim		T-1		17mi bike		T-2		3.1 mi run		7/30/2008					
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
315	217	4 Smith, Ryan	439 Center City, MN		00:07:17.3	01:49		00:01:22.8		01:00:09.9	17.0		00:00:27.8		00:25:40.7	08:17	01:34:58.8		
316	218	5 Casey, Robert	963 Traer, IA		00:12:15.3	03:03		00:01:34.2		00:49:44.8	20.5		00:01:33.3		00:29:51.3	09:37	01:34:59.1		
317	219	34 Tanaka, Tats	833 Saint Paul, MN		00:11:10.0	02:47		00:03:09.1		00:52:38.3	19.4		00:00:51.1		00:27:11.1	08:46	01:34:59.8		
318	81	5 Graif, Lynn	787 Elk River, MN		00:12:21.1	03:05		00:01:10.7		00:53:20.6	19.1		00:01:43.6		00:26:23.8	08:30	01:35:00.0		
319	82	18 Metz, Carol	584 Apple Valley,		00:10:01.2	02:30		00:02:28.9		00:51:46.6	19.7		00:02:10.8		00:28:32.9	09:12	01:35:00.6		
320	83	14 Gralish, Amy	402 CHISAGO CITY,		00:11:48.7	02:57		00:01:56.6		00:53:30.8	19.1		00:00:30.9		00:27:16.2	08:47	01:35:03.4		
321	220	26 Swanson, Shane	441 Hugo, MN		00:10:10.4	02:32		00:01:55.4		00:53:29.6	19.1		00:01:07.9		00:28:23.3	09:09	01:35:06.8		
322	221	34 Wartick, Kevin	1122 Lakeville, MN		00:10:11.1	02:32		00:03:00.2		00:56:49.9	17.9		00:00:52.5		00:24:17.5	07:50	01:35:11.4		
323	84	10 O'hern, Kelsey	1084 North Branch,		00:09:50.7	02:27		00:03:01.1		00:51:02.0	20.0		00:00:58.0		00:30:26.3	09:49	01:35:18.3		
324	18	Rauenhorst, Matt	677 Long Lake, MN		00:10:49.0	02:42		00:02:23.5		00:53:46.2	19.0		00:00:55.1		00:27:24.2	08:50	01:35:18.3		
325	222	35 Crittenden, Rick	915 Plymouth, MN		00:11:12.8	02:48		00:02:04.4		00:55:26.2	18.4		00:01:58.6		00:24:37.1	07:56	01:35:19.3		
326	223	36 Bluhm, Joel	1133 St Paul, MN		00:12:17.8	03:04		00:03:18.2		00:55:05.3	18.5		00:01:59.1		00:22:41.1	07:19	01:35:21.7		
327	85	19 Malen, Melissa	449 Saint Paul, MN		00:09:06.3	02:16		00:02:17.0		00:54:56.0	18.6		00:00:36.1		00:28:26.5	09:10	01:35:22.0		
328	86	6 Duppong, Barb	1150 Cottage Grove,		00:10:41.1	02:40		00:02:08.3		00:51:28.0	19.8		00:01:27.9		00:29:37.1	09:33	01:35:22.6		
329	87	7 Arnold, Terry	524 Lindstrom, MN		00:09:59.8	02:29		00:02:12.8		00:52:28.7	19.4		00:01:12.1		00:29:31.4	09:31	01:35:24.9		
330	224	38 Romero, Brian	873 Chisago City,		00:13:08.9	03:17		00:02:30.3		00:54:20.5	18.8		00:01:11.6		00:24:14.7	07:49	01:35:26.3		
331	225	37 Williams, Mark	721 Cottage Grove,		00:11:26.6	02:51		00:02:21.4		00:56:30.7	18.0		00:00:37.6		00:24:30.2	07:54	01:35:26.7		
332	88	17 Hart, Shannon	467 Naperville, IL		00:10:47.1	02:41		00:02:04.1		00:51:50.8	19.7		00:01:31.6		00:29:13.8	09:25	01:35:27.5		
333	226	26 Schuler, Richard	868 Chisago City,		00:04:35.2	01:08		00:03:19.5		00:56:28.8	18.1		00:01:20.3		00:29:44.4	09:35	01:35:28.4		
334	227	35 Goldman, Chris	595 Brooklyn Park,		00:09:44.2	02:26		00:02:33.7		00:54:30.5	18.7		00:01:55.0		00:26:44.9	08:37	01:35:28.4		
335	228	5 Hecht, Tyler	1262 Somerset, WI		00:10:18.2	02:34		00:03:06.9		00:53:09.5	19.2		00:01:48.5		00:27:06.9	08:44	01:35:30.2		
336	229	27 Gutzmann, Pete	1015 South St. Paul,		00:13:43.3	03:25		00:02:05.1		00:49:00.7	20.8		00:01:58.3		00:28:44.9	09:16	01:35:32.5		
337	230	28 Chiodo, Marc	905 minneapolis,		00:12:19.2	03:04		00:01:52.4		00:47:14.1	21.6		00:03:41.5		00:30:27.1	09:49	01:35:34.6		
338	231	27 Schilling, Eric	1083 Minneapolis,		00:11:20.0	02:50		00:01:58.4		00:55:41.7	18.3		00:01:03.9		00:25:38.0	08:16	01:35:42.2		
339	89	8 Datta, Yvonne	747 Minneapolis,		00:13:44.7	03:26		00:01:54.8		00:51:56.5	19.6		00:01:10.1		00:26:58.1	08:41	01:35:44.4		
340	232	29 Eduarte, Carlos	875 Minneapolis,		00:14:18.3	03:34		00:02:49.5		00:50:20.7	20.3		00:02:43.0		00:25:34.4	08:14	01:35:46.1		
341	90	18 Veitenheimer	1080 Saint Paul, MN		00:09:37.1	02:24		00:02:01.3		00:53:26.2	19.1		00:01:56.2		00:28:47.3	09:17	01:35:48.3		
342	233	36 Evensen, Dale	482 Stillwater, MN		00:11:03.8	02:45		00:03:00.3		00:54:08.4	18.8		00:01:27.7		00:26:10.6	08:26	01:35:50.9		
343	234	13 Osterbauer, Brad	420 Apple Valley,		00:09:30.5	02:22		00:01:45.8		00:54:24.5	18.7		00:01:41.8		00:28:30.3	09:11	01:35:53.1		
344	91	1 Stoneking, Diane	742 Amery, WI														01:35:59.0		
345	235	38 Kurus, Doobie	533 Minnetonka, MN		00:11:27.5	02:51		00:01:53.9		00:56:08.0	18.2		00:01:20.9		00:25:08.9	08:06	01:35:59.4		
346	236	30 James, Tedd	991 St Paul, MN		00:11:00.5	02:45		00:03:25.4		00:49:10.1	20.7		00:02:26.4		00:30:01.0	09:40	01:36:03.5		

Individual - Sprint Distance Triathlon				0.25 mi swim		T-1		17mi bike			T-2		3.1 mi run		7/30/2008				
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
347	92	11 Hansvick, Maggie	1282 Litchfield, MN		00:09:13.0	02:18		00:02:44.2		00:56:53.5	17.9		00:01:05.3		00:26:10.9	08:26	01:36:07.2		
348	93	19 Northup, Meghan	903 Burnsville, MN		00:12:27.0	03:06		00:01:40.3		00:53:24.7	19.1		00:01:32.2		00:27:03.9	08:43	01:36:08.3		
349	94	12 Koch, Lindsey	943 Lindstrom, MN		00:08:27.1	02:06		00:04:13.0		00:54:04.5	18.9		00:01:07.9		00:28:18.1	09:07	01:36:10.7		
350	95	9 Forrette, Jackie	1018 st louis park, MN		00:11:13.2	02:48		00:03:12.7		00:54:29.0	18.7		00:01:34.5		00:25:41.6	08:17	01:36:11.2		
351	237	28 Wilson, William	686 Forest Lake, MN		00:09:36.4	02:24		00:02:11.3		00:52:18.6	19.5		00:01:37.5		00:30:31.3	09:50	01:36:15.3		
352	238	5 Nayas, Terrence	1269 Eden Prairie,		00:12:11.9	03:02		00:03:45.2		00:53:20.7	19.1		00:02:02.4		00:24:55.0	08:02	01:36:15.5		
353	96	20 Leppke, Barb	765 Golden Valley,		00:10:25.4	02:36		00:02:23.2		00:54:10.7	18.8		00:02:19.3		00:26:57.4	08:41	01:36:16.2		
354	239	6 Couillard, Tom	1235 White Bear		00:11:34.6	02:53		00:02:49.7		00:53:53.4	18.9		00:01:55.6		00:26:05.4	08:24	01:36:18.8		
355	240	26 Warner, Matthew	1099 Rochester, MN		00:13:32.5	03:23		00:02:17.9		00:53:03.7	19.2		00:01:48.7		00:25:42.4	08:17	01:36:25.5		
356	241	39 Joseph, Mike	923 Minneapolis,		00:13:15.8	03:18		00:02:29.1		00:55:06.9	18.5		00:00:47.0		00:24:52.8	08:01	01:36:31.9		
357	19	Nevala, William	1073 Rochester, MN		00:12:07.2	03:01		00:01:25.0		00:50:17.4	20.3		00:01:19.8		00:31:24.5	10:07	01:36:34.2		
358	97	13 Pierson, Laura	697 New Hope, MN		00:09:20.2	02:20		00:02:10.3		00:54:02.7	18.9		00:01:08.2		00:29:52.9	09:38	01:36:34.5		
359	98	15 Hill, Amber	758 Chisago City,		00:12:16.6	03:04		00:01:34.2		00:54:16.5	18.8		00:00:49.7		00:27:37.4	08:54	01:36:34.6		
360	242	29 Klostermann,	1161 Wyoming, MN		00:13:49.7	03:27		00:02:33.1		00:56:30.8	18.0		00:01:15.5		00:22:26.5	07:14	01:36:35.7		
361	99	10 Champeau, Liz	738 Star Prairie, WI		00:13:36.3	03:24		00:01:46.8		00:49:48.2	20.5		00:01:26.5		00:29:58.6	09:40	01:36:36.5		
362	243	13 O'brien, Kyle	797 Frederic, WI		00:11:53.7	02:58		00:02:31.1		00:56:52.3	17.9		00:00:59.7		00:24:21.7	07:51	01:36:38.7		
363	244	37 Bastiaens, Willem	479 scandia, MN		00:10:25.8	02:36		00:03:40.3		00:50:08.6	20.3		00:01:50.9		00:30:38.3	09:53	01:36:44.0		
364	20	Randall, Robert	1211 Center City, MN		00:12:25.2	03:06		00:02:12.3		00:53:33.6	19.0		00:01:13.5		00:27:20.2	08:49	01:36:44.9		
365	245	14 Drake, Dan	1308 Woodbury, MN		00:08:25.9	02:06		00:01:09.2		00:53:26.7	19.1		00:01:40.1		00:32:06.3	10:21	01:36:48.5		
366	100	14 Devries, Nicole	619 lindstrom, MN		00:11:29.1	02:52		00:01:50.5		00:56:34.1	18.0		00:00:53.2		00:26:02.3	08:23	01:36:49.4		
367	246	27 Briers, Kristof	971 Westerlo,		00:10:38.6	02:39		00:03:05.2		00:49:32.2	20.6		00:01:53.3		00:31:41.3	10:13	01:36:50.7		
368	247	7 Christenson,	752 waconia, MN		00:15:27.4	03:51		00:02:08.6		00:49:56.0	20.4		00:01:04.6		00:28:16.3	09:07	01:36:53.1		
369	101	20 Steingas, Sarah	883 minneapolis,		00:10:57.0	02:44		00:01:41.8		00:55:56.0	18.2		00:01:44.9		00:26:36.0	08:34	01:36:56.0		
370	248	30 Silberman, Kevin	508 West St. Paul,		00:10:22.1	02:35		00:02:13.8		00:58:00.6	17.6		00:00:59.3		00:25:20.0	08:10	01:36:56.0		
371	102	13 Gallison, Avery	1314 Minneapolis,		00:11:21.5	02:50		00:02:45.4		00:56:47.9	18.0		00:01:26.4		00:24:37.9	07:56	01:36:59.4		
372	103	15 Host, Valori	737 Hugo, MN		00:15:21.4	03:50		00:02:00.5		00:56:30.5	18.1		00:01:29.8		00:21:39.1	06:59	01:37:01.6		
373	249	31 Houle, Thomas	1167 Wyoming, MN		00:11:25.6	02:51		00:02:01.8		00:55:27.2	18.4		00:01:10.5		00:26:56.8	08:41	01:37:02.0		
374	104	21 James, Terra	739 Arden Hills, MN		00:11:14.2	02:48		00:01:28.1		00:55:53.6	18.2		00:00:57.9		00:27:28.6	08:51	01:37:02.6		
375	250	8 Wilson, Justin	1209 Chisago City,		00:14:05.0	03:31		00:03:23.8		00:52:21.6	19.5		00:01:12.8		00:26:00.4	08:23	01:37:03.8		
376	105	22 Andriacchi, Kristen	772 Minneapolis,		00:12:04.8	03:01		00:02:04.0		00:52:49.1	19.3		00:01:30.2		00:28:35.7	09:13	01:37:03.9		
377	251	40 Desjarlais, Michael	855 Chippewa Falls,		00:12:40.4	03:10		00:03:10.1		00:52:17.2	19.5		00:01:16.8		00:27:39.5	08:55	01:37:04.2		
378	252	39 Wynia, Jonathan	496 New Brighton,		00:13:38.7	03:24		00:02:28.6		00:51:53.9	19.7		00:01:43.3		00:27:21.8	08:49	01:37:06.6		

Individual - Sprint Distance Triathlon				0.25 mi swim		T-1		17mi bike		T-2		3.1 mi run		7/30/2008					
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
379	106	21	Freytag, Kathryn	588	Eden Prairie, NJ	00:11:35.4	02:53	00:01:59.4		00:53:11.1	19.2		00:01:56.4		00:28:24.3	09:09	01:37:06.7		
380		2	Japs, Stephanie	498	Minneapolis,	00:11:46.7	02:56	00:02:11.5		00:52:52.3	19.3		00:02:19.1		00:27:59.4	09:01	01:37:09.2		
381	253	28	Sausen, Nick	1153	North Branch,	00:15:20.2	03:50	00:04:00.9		00:51:15.4	19.9		00:02:25.6		00:24:08.4	07:47	01:37:10.7		
382	254	40	Boike, Nate	1240	Babcock, WI	00:11:41.4	02:55	00:01:56.5		00:50:56.2	20.0		00:00:57.8		00:31:40.8	10:13	01:37:12.9		
383	107	11	Surber, Monica	1257	Minneapolis,	00:10:23.9	02:35	00:02:05.8		00:52:41.3	19.4		00:01:41.9		00:30:20.3	09:47	01:37:13.5		
384	255	29	Spaude, Mark	1132	Minneapolis,	00:11:16.9	02:49	00:03:21.4		00:57:33.8	17.7		00:01:06.5		00:24:01.8	07:45	01:37:20.5		
385	108	14	Cooley, Kerry	666	Long Lake, MN	00:10:47.7	02:41	00:02:06.0		00:54:12.0	18.8		00:01:14.3		00:29:04.0	09:22	01:37:24.1		
386	109	16	Liebergen, Tara	740	Minneapolis,	00:11:35.2	02:53	00:01:46.5		00:55:27.4	18.4		00:00:48.2		00:27:51.1	08:59	01:37:28.8		
387	256	31	Mathie, Ed	1270	Edina, MN	00:16:24.8	04:06	00:03:11.3		00:51:56.2	19.6		00:01:46.8		00:24:12.3	07:48	01:37:31.6		
388	257	38	Vaselaar, David	1109	Winona, MN	00:11:42.8	02:55	00:02:52.3		00:52:15.5	19.5		00:01:46.7		00:28:54.4	09:19	01:37:32.0		
389	258	9	Wehrman, John	1258		00:13:46.9	03:26	00:02:07.6		00:50:41.2	20.1		00:01:30.8		00:29:28.0	09:30	01:37:34.7		
390	259	10	Otto, Kirk	644	Osceola, WI	00:08:47.2	02:11	00:02:15.9		00:52:22.4	19.5		00:02:23.9		00:31:48.2	10:15	01:37:37.8		
391	110	15	Grossman, Nicole	1155	Lindstrom, MN	00:13:44.5	03:26	00:02:02.9		00:53:04.3	19.2		00:01:00.3		00:27:47.3	08:57	01:37:39.5		
392	111	4	Lee, Elizabeth	922	St. Paul, MN	00:10:48.0	02:42	00:02:17.8		00:57:15.5	17.8		00:01:13.1		00:26:07.0	08:25	01:37:41.7		
393	112	23	Ortliip, Erin	858	Minneapolis,	00:12:58.7	03:14	00:02:04.3		00:53:30.6	19.1		00:01:46.2		00:27:22.1	08:49	01:37:42.2		
394	113	24	Pouliot, Anna	502	North Branch,	00:08:51.0	02:12	00:02:25.1		00:58:07.9	17.5		00:01:06.0		00:27:15.3	08:47	01:37:45.4		
395	260	32	Harrelson,	856	Hudson, WI	00:12:54.0	03:13	00:03:38.1		00:51:00.4	20.0		00:01:05.1		00:29:12.3	09:25	01:37:50.0		
396	261	6	Smith, Gary	1114	St. Paul, MN	00:14:06.0	03:31	00:02:31.1		00:52:34.4	19.4		00:02:24.7		00:26:17.1	08:28	01:37:53.5		
397	114	22	Schoening,	908	Neenah, WI	00:12:43.2	03:10	00:02:54.1		00:54:13.2	18.8		00:00:46.0		00:27:16.9	08:48	01:37:53.6		
398	262	39	Creger, Chris	1215	Savage, MN	00:09:36.0	02:24	00:03:08.2		00:53:50.0	18.9		00:01:55.6		00:29:24.5	09:29	01:37:54.5		
399	263	15	Dupre, David	674	White Bear	00:13:55.5	03:28	00:02:48.3		00:53:53.9	18.9		00:01:30.9		00:25:46.2	08:18	01:37:54.9		
400	115	16	Schultz, Rachel	1048	Lino Lakes, MN	00:12:03.2	03:00	00:01:59.2		00:53:04.7	19.2		00:01:17.3		00:29:30.3	09:31	01:37:54.9		
401	116	17	Gallaton, Jillene	523	Scandia, MN	00:10:52.4	02:43	00:02:27.8		00:54:48.6	18.6		00:01:20.6		00:28:27.4	09:10	01:37:57.0		
402	117	18	Maxey, Jenni	676	Stacy, MN	00:12:29.6	03:07	00:02:15.3		00:55:11.3	18.5		00:00:59.5		00:27:01.4	08:43	01:37:57.3		
403	264	14	Nelson, Sean	761	Burnsville, MN	00:13:06.9	03:16	00:03:51.6		00:55:39.7	18.3		00:01:10.7		00:24:14.5	07:49	01:38:03.7		
404	118	25	Olson, Marita	1003	Minneapolis,	00:10:43.0	02:40	00:02:46.0		00:57:47.9	17.6		00:01:32.7		00:25:16.6	08:09	01:38:06.4		
405	265	11	Pohlkamp, Terry	490	Scandia, MN	00:14:48.4	03:42	00:03:06.0		00:54:26.9	18.7		00:01:00.7		00:24:47.0	07:59	01:38:09.2		
406	119	19	Mauric, Annemarie	513	Crystal, MN	00:11:32.2	02:53	00:02:09.2		00:55:44.4	18.3		00:01:03.4		00:27:46.5	08:57	01:38:15.9		
407	266	40	Westemeier,	767	stacy, MN	00:12:33.3	03:08	00:02:02.1		00:56:25.9	18.1		00:00:48.8		00:26:28.5	08:32	01:38:18.7		
408	267	32	Brue, Mark	1064	Cedar, MN	00:12:55.2	03:13	00:02:35.1		00:50:19.7	20.3		00:01:45.2		00:30:45.3	09:55	01:38:20.8		
409	120	20	Janzig, Jeannie	969	Center City, MN	00:10:27.4	02:36	00:02:51.5		00:56:14.0	18.1		00:01:16.3		00:27:33.3	08:53	01:38:22.8		
410	268	33	Jennissen, Robert	976	Lindstrom, MN	00:12:06.2	03:01	00:03:31.1		00:56:08.2	18.2		00:01:21.8		00:25:18.4	08:09	01:38:25.9		

Individual - Sprint Distance Triathlon					0.25 mi swim		T-1		17mi bike			T-2		3.1 mi run		7/30/2008				
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description	
411	121	26	Madden, Heather	458	Saint Louis	00:10:58.1	02:44	00:01:48.7		00:56:00.4	18.2		00:01:04.2		00:28:45.8	09:16	01:38:37.4			
412	122	17	Bertelsen,	1213	Milwaukee, WI	00:10:55.3	02:43	00:02:38.0		00:57:51.6	17.6		00:00:48.7		00:26:35.5	08:34	01:38:49.4			
413	269	2	Nelson, Lynn	639	Minneapolis,	00:13:29.2	03:22	00:02:41.6		00:53:31.7	19.1		00:02:11.6		00:27:00.3	08:42	01:38:54.6			
414	270	7	Larson, Larry	1006	Stillwater, MI	00:13:33.8	03:23	00:03:04.0		00:52:03.6	19.6		00:02:19.6		00:28:05.2	09:03	01:39:06.4			
415	271	15	Levinger, Zach	1319		00:09:06.5	02:16	00:02:23.2		01:03:46.5	16.0		00:01:06.5		00:22:44.0	07:20	01:39:07.0			
416	123	23	Mckinney, Cate	1020	st paul, MN	00:11:57.2	02:59	00:01:42.3		00:53:38.0	19.0		00:01:39.1		00:30:14.7	09:45	01:39:11.5			
417	124	5	Carlson, Kathryn	555	Waite Park, MN	00:12:55.3	03:13	00:02:13.9		00:55:29.4	18.4		00:01:21.6		00:27:13.5	08:46	01:39:14.0			
418	272	34	Walmsley, Daniel	1067	Eagan, MN	00:11:36.2	02:54	00:03:08.7		00:55:57.6	18.2		00:01:31.7		00:27:02.6	08:43	01:39:17.0			
419	273	16	Schmidt, Doug	929	Osceola, WI	00:11:56.6	02:59	00:02:06.1		00:59:36.4	17.1		00:00:54.0		00:24:44.1	07:58	01:39:17.4			
420	274	17	Lawrence, James	510	Minnetonka, MN	00:10:48.1	02:42	00:02:03.9		00:53:39.3	19.0		00:00:57.4		00:31:49.5	10:15	01:39:18.4			
421	275	33	Hedrick, Kevin	914	Minneapolis,	00:09:55.3	02:28	00:02:04.5		00:53:04.8	19.2		00:01:06.3		00:33:07.9	10:41	01:39:19.0			
422	276	41	Ekman, Michael	924	Coon Rapids,	00:12:13.7	03:03	00:02:44.0		00:54:22.0	18.8		00:01:02.0		00:29:00.4	09:21	01:39:22.3			
423	277	41	Carlson, Tim	463	Chisago City,	00:13:54.4	03:28	00:02:05.6		00:53:20.5	19.1		00:01:21.9		00:28:42.4	09:15	01:39:24.9			
424	125	27	Larson, Amy	590	Plymouth, MN	00:11:45.1	02:56	00:01:31.3		00:56:13.2	18.1		00:00:56.4		00:28:58.7	09:20	01:39:25.0			
										Brittany Laughlin					Laura Hughes					
425	126	28	Wegwerth, Kelly	754	Maplewood, MN	00:11:53.7	02:58	00:02:06.4		00:56:08.2	18.2		00:00:48.2		00:28:43.8	09:16	01:39:40.5			
426	127	29	Varien, Jennifer	1047	Minneapolis,	00:09:30.0	02:22	00:03:31.5		00:58:19.4	17.5		00:02:03.4		00:26:19.4	08:29	01:39:43.9			
427	128	21	Iyer, Leslie	1059	Edina, MN	00:15:22.4	03:50	00:02:07.9		00:50:57.0	20.0		00:01:31.5		00:29:45.6	09:36	01:39:44.5			
428	21		Osborn, Eric	837	Green Bay, WI	00:13:59.8	03:29	00:02:53.1		00:54:00.2	18.9		00:00:58.3		00:27:57.6	09:01	01:39:49.3			
429	278	16	Hoostal, Spencer	760	Burnsville, MN	00:13:03.4	03:15	00:03:50.7		00:57:50.9	17.6		00:00:56.6		00:24:07.9	07:47	01:39:49.6			
430	129	24	Engen, Susan	952	Edina, MN	00:11:22.4	02:50	00:02:49.7		00:56:20.7	18.1		00:01:18.3		00:28:00.9	09:02	01:39:52.2			
431	279	18	Lamson, Stephen	854	Oakdale, MN	00:13:15.3	03:18	00:04:16.8		00:54:59.6	18.5		00:01:54.3		00:25:26.7	08:12	01:39:52.8			
432	280	30	Monfre, Dan	945	Minneapolis,	00:12:06.0	03:01	00:02:37.9		00:55:56.3	18.2		00:00:42.7		00:28:32.6	09:12	01:39:55.7			
433	130	16	Condra, Alissa	944	Minneapolis,	00:08:57.4	02:14	00:02:24.2		00:55:59.8	18.2		00:01:46.2		00:30:47.9	09:56	01:39:55.7			
434	22		Chisholm, Tim	430	Roseville, MN	00:11:10.4	02:47	00:02:15.1		00:57:12.2	17.8		00:02:05.0		00:27:12.9	08:46	01:39:55.8			
435	131	18	Thompson, Kristi	1186	Champlin, MN	00:11:56.6	02:59	00:03:23.1		00:54:31.6	18.7		00:02:29.8		00:27:41.5	08:55	01:40:02.8			
436	132	22	Halland, Spring	1021	Long Lake, MN	00:12:08.5	03:02	00:01:58.3		00:55:11.1	18.5		00:02:00.8		00:28:45.5	09:16	01:40:04.5			
437	281	41	Hermes, Joe	967	Oakdale, MN	00:11:28.2	02:52	00:03:00.2		00:54:05.4	18.9		00:01:08.8		00:30:22.7	09:47	01:40:05.5			
438	282	12	Kandiko, Joe	454	excelsior, MN	00:09:59.7	02:29	00:01:59.7		00:55:24.8	18.4		00:01:49.3		00:30:56.4	09:58	01:40:10.1			
439	133	25	Zabel, Michelle	1046	White Bear	00:11:20.9	02:50	00:02:38.2		00:53:05.9	19.2		00:01:50.5		00:31:14.7	10:04	01:40:10.4			
440	283	42	Thoreson, Joel	1078	St. Charles, MN	00:15:07.6	03:46	00:01:54.9		00:50:29.8	20.2		00:01:49.6		00:30:49.3	09:56	01:40:11.3			
441	284	43	Ward, Frank	581	Lindstrom, MN	00:13:03.1	03:15	00:03:22.5		00:51:03.3	20.0		00:02:02.9		00:30:44.8	09:55	01:40:16.7			

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1			17mi bike			T-2			3.1 mi run			7/30/2008		
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description	
442	134	19 Brown, Elizabeth	1088 St Louis Park,		00:12:08.0	03:02		00:01:22.4		00:57:13.3	17.8		00:01:33.3		00:28:01.3	09:02	01:40:18.6			
443	135	17 Sitzmann, Sara	1087 Saint Paul, MN		00:10:08.0	02:32		00:01:41.8		00:55:51.6	18.3		00:01:30.0		00:31:07.0	10:02	01:40:18.7			
444	136	20 Assel, Karen	870 St Louis Park,		00:12:13.5	03:03		00:03:01.8		00:55:08.5	18.5		00:02:04.2		00:27:52.2	08:59	01:40:20.4			
445	137	6 Irgman, Mary Sue	547 Eden Prarie, MN		00:12:34.0	03:08		00:01:52.2		00:57:15.0	17.8		00:01:27.1		00:27:13.2	08:46	01:40:21.7			
446	138	21 Koski, Emily	1128 Minneapolis,		00:10:36.5	02:39		00:02:29.8		00:55:59.4	18.2		00:01:39.7		00:29:38.9	09:33	01:40:24.4			
447	285	8 Dolan, Bob	1190 Golden Valley,		00:14:13.4	03:33		00:03:12.9		00:56:09.4	18.2		00:01:56.7		00:24:53.2	08:01	01:40:25.8			
448	139	18 Parenteau, Lexy	1304		00:11:02.7	02:45		00:02:39.9		00:57:13.3	17.8		00:01:13.2		00:28:18.4	09:07	01:40:27.8			
449	140	19 Viau, Emily	1043 Minnetonka, MN		00:08:23.1	02:05		00:02:47.5		00:56:32.1	18.0		00:01:08.1		00:31:37.0	10:11	01:40:27.9			
450	141	26 Kimlinger, Katie	593 Lindstrom, MN		00:11:19.8	02:49		00:02:12.4		00:57:12.3	17.8		00:02:01.8		00:27:42.4	08:56	01:40:29.0			
451	286	34 Elsholtz, Mathew	550 White Bear		00:10:05.6	02:31		00:03:08.9		00:53:08.5	19.2		00:01:56.7		00:32:12.6	10:23	01:40:32.5			
452	287	35 Bauman, William	888 Maple Grove,		00:11:14.7	02:48		00:03:26.1		00:55:03.4	18.5		00:02:26.2		00:28:24.1	09:09	01:40:34.6			
453	142	27 Bastiaens,	478 scandia, MN		00:11:16.3	02:49		00:02:53.2		00:54:29.7	18.7		00:01:51.3		00:30:05.9	09:42	01:40:36.6			
454	23	Shaber, Kevin	921 Rochester, MN		00:11:48.7	02:57		00:02:58.3		00:53:47.1	19.0		00:00:56.7		00:31:08.2	10:02	01:40:39.1			
455	143	30 Bobzin, Patty	518 Dresser, WI		00:13:38.9	03:24		00:02:10.6		00:54:28.3	18.7		00:01:05.9		00:29:17.2	09:26	01:40:41.1			
456	144	7 Wilcox, Juliann	1093 Lindstrom, MN		00:12:00.9	03:00		00:02:24.2		00:53:28.9	19.1		00:01:06.0		00:31:42.0	10:13	01:40:42.3			
457	288	42 Pierson, Jeffrey	698 New Hope, MN		00:08:29.6	02:07		00:02:13.8		00:52:36.1	19.4		00:01:36.1		00:35:47.5	11:32	01:40:43.2			
458	289	36 Ramberg, Russ	957 North Branch,		00:20:16.4	05:04		00:02:15.1		00:50:53.5	20.0		00:01:04.8		00:26:13.8	08:27	01:40:43.7			
459	145	22 Peterson, Gail	1026 Minnetonka, MN		00:13:26.8	03:21		00:01:47.9		00:57:23.9	17.8		00:01:20.7		00:26:48.9	08:39	01:40:48.3			
460	24	Howard, Chad	891 Andover, MN		00:11:40.9	02:55		00:03:40.4		00:53:29.4	19.1		00:01:44.7		00:30:13.8	09:45	01:40:49.4			
461	290	44 Loppnow, Greg	842 Vadrais Hts, MN		00:08:15.6	02:03		00:03:27.1		00:55:11.6	18.5		00:01:21.3		00:32:35.0	10:30	01:40:50.8			
462	146	23 Mcarthur, Angela	623 Hudson, WI		00:12:15.7	03:03		00:01:40.0		00:53:12.2	19.2		00:01:50.3		00:31:54.9	10:17	01:40:53.4			
463	147	31 Rauenhurst,	682 Denver, CO		00:10:37.5	02:39		00:02:58.0		00:54:56.4	18.6		00:01:55.6		00:30:26.1	09:49	01:40:53.9			
464	148	4 Buenting, Cory	911 Moline, IL		00:10:23.2	02:35		00:01:41.9		00:58:14.6	17.5		00:01:14.6		00:29:22.2	09:28	01:40:56.7			
465	291	35 Anderson, Jeff	486 Minneapolis,		00:17:21.4	04:20		00:02:42.7		00:53:19.6	19.1		00:01:40.8		00:25:55.5	08:21	01:41:00.2			
466	149	24 James, Carla	563 Stillwater, MN		00:06:08.9	01:32		00:03:17.4		00:58:26.3	17.5		00:01:53.2		00:31:20.3	10:06	01:41:06.4			
467	150	23 Cole, Clare	1123 Plymouth, MN		00:11:30.5	02:52		00:01:51.5		00:58:44.5	17.4		00:02:03.1		00:26:57.5	08:41	01:41:07.3			
468	292	45 Bolan, Patrick	1007 Minneapolis,		00:13:34.6	03:23		00:02:56.9		00:53:12.8	19.2		00:01:42.0		00:29:42.3	09:34	01:41:08.9			
469	151	28 Surber, Rachel	1260 Minneapolis,		00:09:22.4	02:20		00:02:13.6		01:01:09.9	16.7		00:01:39.8		00:26:46.3	08:38	01:41:12.3			
470	293	17 Kammerer, Travis	1165 Chisago City,		00:12:23.0	03:05		00:02:03.8		01:01:33.2	16.6		00:01:31.2		00:23:41.6	07:38	01:41:13.0			
471	152	24 Schlender,	1098 lindstrom, MN		00:12:40.1	03:10		00:02:24.2		00:54:27.5	18.7		00:01:13.2		00:30:28.5	09:49	01:41:13.6			
472	294	37 Thorsen, Gregory	1220 Edina, MN		00:14:01.9	03:30		00:02:31.8		00:54:08.3	18.8		00:01:54.8		00:28:39.6	09:14	01:41:16.5			
473	295	43 Carlson, Peter	1195 Lakeville, MN		00:13:40.1	03:25		00:03:10.7		00:57:07.7	17.9		00:01:39.5		00:25:41.8	08:17	01:41:20.0			

Individual - Sprint Distance Triathlon				0.25 mi swim		T-1		17mi bike			T-2		3.1 mi run		7/30/2008				
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
474	296	38 Wiza, Steve	1081 Chisago City,		00:13:51.3	03:27		00:04:58.1		00:54:27.7	18.7		00:02:05.2		00:26:08.0	08:25	01:41:30.4		
475	153	25 Hovelsrud,	954 Edina, WI		00:11:44.9	02:56		00:02:50.5		00:55:42.1	18.3		00:02:12.8		00:29:01.3	09:21	01:41:31.8		
476	154	25 Nessler, Tauni	1192 St Louis Park,		00:11:55.6	02:58		00:02:51.1		00:56:07.5	18.2		00:02:12.2		00:28:26.2	09:10	01:41:32.8		
477	297	42 Dorgan, Scott	1171 Edina, MN		00:16:55.6	04:13		00:01:33.3		00:52:47.5	19.3		00:01:45.7		00:28:32.2	09:12	01:41:34.5		
478	155	29 Bradach, Hollie	838 plymouth, MN		00:12:46.0	03:11		00:02:23.7		00:56:28.7	18.1		00:02:20.7		00:27:35.3	08:53	01:41:34.6		
479	156	5 Forsythe, Katelyn	901 Hammond, WI		00:13:46.3	03:26		00:01:34.5		00:57:58.3	17.6		00:00:44.6		00:27:35.1	08:53	01:41:39.0		
480	157	26 Horter, Deanne	1035 Savage, MN		00:11:45.4	02:56		00:02:23.4		00:56:41.0	18.0		00:01:35.9		00:29:20.6	09:27	01:41:46.5		
481	158	20 Burfiend, Maria	404 Saint Paul, MN		00:11:29.5	02:52		00:01:41.0		00:59:55.7	17.0		00:00:35.0		00:28:11.5	09:05	01:41:53.0		
482	3	Weber, Katie	424 Minneapolis,		00:11:58.6	02:59		00:02:08.3		00:58:37.2	17.4		00:00:21.9		00:28:48.9	09:17	01:41:55.2		
483	159	32 Holt, Chandra	1146 Plymouth, MN		00:11:47.0	02:56		00:02:57.3		00:57:07.6	17.9		00:02:27.8		00:27:42.9	08:56	01:42:02.7		
484	160	27 Schwartz, Kristin	1070 Minneapolis,		00:12:12.0	03:03		00:01:58.9		00:59:01.6	17.3		00:01:46.8		00:27:04.3	08:43	01:42:03.7		
485	298	31 Bauer, Andrew	683 Minneapolis,		00:08:21.7	02:05		00:03:07.3		01:01:14.2	16.7		00:00:49.9		00:28:35.0	09:13	01:42:08.3		
486	161	30 Elwell, Coreen	609 Coon Rapids,		00:11:54.3	02:58		00:01:35.8		00:53:34.1	19.0		00:02:00.6		00:33:08.7	10:41	01:42:13.6		
487	162	33 Crowe, Jane	1086 Newark, IL		00:09:46.4	02:26		00:02:11.9		00:57:52.1	17.6		00:02:25.4		00:29:58.3	09:40	01:42:14.4		
488	299	19 Ohara, Kelly	538 Rochester, MN		00:10:24.7	02:36		00:03:22.9		00:54:53.1	18.6		00:02:38.8		00:30:58.4	09:59	01:42:18.2		
489	163	6 Woodworth,	658 Hutchinson, WI		00:09:29.9	02:22		00:02:11.5		00:57:32.1	17.7		00:01:26.5		00:31:40.0	10:12	01:42:20.2		
490	164	26 Hansen, Joleyn	576 Lino Lakes, MN		00:11:00.2	02:45		00:01:56.1		00:59:05.6	17.3		00:01:34.0		00:28:48.4	09:17	01:42:24.5		
491	300	20 Duppong, Mike	1151 Cottage Grove,		00:15:03.3	03:45		00:02:51.4		00:50:05.8	20.4		00:02:00.5		00:32:24.4	10:27	01:42:25.6		
492	165	34 Davis, Kelie	537 Osseo, MN		00:11:06.4	02:46		00:01:48.3		00:57:40.7	17.7		00:01:33.6		00:30:23.1	09:48	01:42:32.3		
493	301	36 Meyers, Jacob	1075 green bay, WI		00:17:09.9	04:17		00:03:16.9		00:53:17.9	19.1		00:01:41.9		00:27:06.4	08:44	01:42:33.2		
494	166	35 Griggs, Karlene	960 Maple Grove,		00:11:16.7	02:49		00:01:19.0		00:56:10.8	18.2		00:02:16.9		00:31:31.9	10:10	01:42:35.5		
495	302	37 Montera, Steve	958 Plymouth, MN		00:10:35.1	02:38		00:04:45.0		00:56:32.4	18.0		00:03:19.4		00:27:27.2	08:51	01:42:39.3		
496	303	32 Oelerich, Chris	878 Maple Grove,		00:11:20.3	02:50		00:02:02.8		00:59:20.5	17.2		00:01:12.1		00:28:44.7	09:16	01:42:40.7		
497	304	33 Bauman, Brent	1052 Apple Valley,		00:12:25.3	03:06		00:04:02.2		00:57:28.3	17.7		00:02:51.1		00:25:54.8	08:21	01:42:41.8		
498	167	36 Bukstein, Angela	679 Minneapolis,		00:11:50.6	02:57		00:04:17.7		00:59:07.9	17.2		00:01:20.4		00:26:09.1	08:26	01:42:45.9		
499	168	31 Antisdell, Della	732 Stacy, MN		00:12:22.5	03:05		00:02:35.4		00:55:02.8	18.5		00:01:05.9		00:31:44.5	10:14	01:42:51.3		
500	4	Person, Patricia	649 Minneapolis,		00:12:29.6	03:07		00:03:33.0		00:53:23.0	19.1		00:03:07.2		00:30:20.4	09:47	01:42:53.5		
501	169	28 Jordet, Michele	1191 Center City, MN		00:13:55.4	03:28		00:04:24.3		00:52:52.0	19.3		00:03:11.5		00:28:30.5	09:11	01:42:53.9		
502	5	Wain, Danielle	1177 Ames, IA		00:13:06.5	03:16		00:01:50.5		00:53:42.7	19.0		00:01:58.0		00:32:30.4	10:29	01:43:08.3		
503	170	32 Humes, Anne	668 Mahtomedi, MN		00:10:53.0	02:43		00:04:29.2		00:58:50.7	17.3		00:01:49.7		00:27:09.3	08:45	01:43:12.1		
504	305	38 Ryberg, Mark	1110 Saint Paul, MN		00:14:29.8	03:37		00:03:01.9		00:58:28.2	17.4		00:01:39.1		00:25:35.0	08:15	01:43:14.0		
505	306	13 Reich, Thomas	980 Blaine, MN		00:11:40.8	02:55		00:02:37.8		00:54:44.8	18.6		00:01:48.3		00:32:24.4	10:27	01:43:16.3		

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		17mi bike			T-2		3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description		
506	25	Lind, Kenneth		1148	Rush City, MN		00:14:29.2	03:37		00:03:23.8		00:50:33.2	20.2		00:02:26.7		00:32:23.3	10:26	01:43:16.4	
507	307	43	Erickson, Jamie		1180	Cambridge, MN		00:12:40.4	03:10		00:02:02.4		00:53:06.6	19.2		00:01:44.2		00:33:45.8	10:53	01:43:19.6
508	308	14	Jost, Doug		525	Centerville, MN		00:13:50.3	03:27		00:02:27.9		00:56:26.3	18.1		00:01:22.0		00:29:19.2	09:27	01:43:25.9
509	171	21	Dawson, Anna		521	St. Paul, MN		00:11:33.4	02:53		00:03:30.9		00:58:32.8	17.4		00:01:12.7		00:28:38.3	09:14	01:43:28.3
510	309	21	Landwehr, Tom		1256			00:11:26.8	02:51		00:03:33.1		00:56:51.7	17.9		00:02:28.9		00:29:23.7	09:28	01:43:44.3
511	310	39	Ward, Peter		871	Osceola, WI		00:10:50.5	02:42		00:03:54.5		00:57:50.1	17.6		00:01:36.5		00:29:39.4	09:34	01:43:51.3
512	172	12	Machus, Cindy		536	Mahtomedi, MN		00:11:33.0	02:53		00:03:00.2		00:59:23.3	17.2		00:01:36.9		00:28:17.9	09:07	01:43:51.4
513	173	33	Wahlgren, Sharna		1265	Maplewood, MN		00:10:39.6	02:39							00:30:26.6				01:43:54.0
514	174	29	Hoglund, Angela		744	Minneapolis,		00:12:34.2	03:08		00:02:18.1		00:58:00.7	17.6		00:01:24.2		00:29:37.1	09:33	01:43:54.5
515	311	15	Blackman, Paul		1113	Saint Francis,		00:17:58.6	04:29		00:02:59.1		00:54:16.1	18.8		00:02:17.7		00:26:28.0	08:32	01:43:59.8
516	312	39	Trombley, Craig		1105	Dayton, MN		00:13:59.6	03:29		00:03:40.4		00:57:05.6	17.9		00:01:43.0		00:27:32.2	08:52	01:44:00.9
517	175	13	Shrode, Doreen		1055	DELANO, MN		00:14:19.0	03:34		00:03:30.6		00:57:32.5	17.7		00:01:14.0		00:27:24.8	08:50	01:44:01.1
518	176	34	Carlson-Paetznick		464	Chisago City,		00:12:15.5	03:03		00:02:09.3		01:00:14.4	16.9		00:01:26.8		00:27:59.3	09:01	01:44:05.4
519	313	40	Brown, Arlan		493	Lino Lakes, MN		00:12:07.4	03:01		00:03:08.2		00:57:13.1	17.8		00:01:38.8		00:29:59.8	09:40	01:44:07.6
520	177	35	Studer, Valerie		1249	Young America,		00:13:29.2	03:22		00:04:43.6		00:58:28.9	17.4		00:01:54.3		00:25:40.2	08:16	01:44:16.5
521	178	14	Long, Denise		472	St Paul, MN		00:10:48.1	02:42		00:02:06.3		00:59:55.3	17.0		00:01:20.8		00:30:06.1	09:42	01:44:16.7
522	179	30	Scheibel, Bethany		745	Champlin, MN		00:12:40.1	03:10		00:02:18.4		00:59:40.5	17.1		00:01:38.4		00:27:59.1	09:01	01:44:16.8
523	180	8	Grandt, Nancy		832	Lino Lakes, MN		00:12:37.5	03:09		00:03:16.0		00:55:06.9	18.5		00:01:24.3		00:31:52.7	10:17	01:44:17.6
524	181	27	Timm, Jill		968	Center City, MN		00:12:29.6	03:07		00:02:09.0		00:58:23.4	17.5		00:01:44.8		00:29:34.1	09:32	01:44:21.1
525	182	28	Gronholz, Kim		764	Victoria, MN		00:11:15.4	02:48		00:02:08.3		00:54:20.3	18.8		00:01:59.5		00:34:40.4	11:11	01:44:24.1
526	314	46	Budzuis, Brett		1092	Minnetusta, MN		00:13:16.4	03:19		00:03:01.1		00:54:36.2	18.7		00:01:44.2		00:31:47.1	10:15	01:44:25.1
527	183	31	Schneider,		1042	wyoming, MN		00:12:30.0	03:07		00:02:53.7		00:57:28.5	17.7		00:01:25.9		00:30:08.0	09:43	01:44:26.4
528	315	44	Pineault, Craig		1239	Edina, MN		00:13:40.1	03:25		00:03:10.6		01:00:39.4	16.8		00:00:53.7		00:26:05.7	08:25	01:44:29.7
529	184	36	Schultz, Karla		813	New Praque,		00:10:16.8	02:34		00:01:37.0		00:56:29.8	18.1		00:01:12.7		00:34:58.4	11:16	01:44:34.9
530	185	15	Peterson, Susan		802	Ramsey, MN		00:11:02.3	02:45		00:02:31.6		00:57:48.8	17.6		00:00:51.4		00:32:28.4	10:28	01:44:42.7
531	186	37	Huwe, Melody		699	North Branch,		00:13:02.4	03:15		00:02:49.0		00:59:44.4	17.1		00:01:18.5		00:27:53.3	08:59	01:44:47.9
532	316	1	Metzmaker,		1275	Lino Lakes, MN		00:13:40.5	03:25		00:03:23.1		01:00:49.2	16.8		00:01:09.1		00:25:51.7	08:20	01:44:53.9
533	187	38	Determan, Laura		1154	Lindstrom, MN		00:14:24.8	03:36		00:02:21.5		00:59:56.1	17.0		00:01:09.3		00:27:07.4	08:44	01:44:59.2
534	26		Hemmesch, David		791	North Branch,		00:11:00.5	02:45		00:03:50.2		00:59:36.2	17.1		00:01:48.9		00:28:43.3	09:15	01:44:59.4
535	188	37	Thompson,		715	Apple Valley, MI		00:11:41.3	02:55		00:01:50.4		01:00:52.8	16.8		00:01:00.3		00:29:35.4	09:32	01:45:00.4
536	27		Berg, Marc		841	St. Louis Park,		00:08:35.9	02:08		00:04:44.8		00:57:13.5	17.8		00:05:21.7		00:29:04.4	09:22	01:45:00.5
537	189	32	Arneson, Kristine		1111	Maple Grove,		00:12:02.6	03:00		00:04:17.7		00:58:28.8	17.4		00:01:35.9		00:28:36.7	09:13	01:45:01.9

Individual - Sprint Distance Triathlon				0.25 mi swim			T-1		17mi bike			T-2		3.1 mi run		7/30/2008			
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
538	190	29 Silberman, Kelly	507 West St. Paul,		00:15:19.3	03:49		00:03:25.2		00:56:40.8	18.0		00:00:44.8		00:28:53.6	09:19	01:45:03.9		
539	317	9 Fulton, Tom	545 St. Louis Park,		00:11:32.8	02:53		00:02:29.3		00:54:25.2	18.7		00:02:04.0		00:34:49.4	11:14	01:45:20.9		
540	318	45 Appleby, David	1196 Lindstrom, MN		00:13:33.2	03:23		00:03:00.1		00:56:19.8	18.1		00:01:53.2		00:30:43.5	09:54	01:45:30.0		
541	319	34 Roggemann, John	634 Chisago City,		00:07:44.2	01:56		00:02:41.7		01:05:31.2	15.6		00:00:52.3		00:28:42.6	09:15	01:45:32.2		
542	191	39 Mcneil, Megan	803 Rochester, MN		00:09:01.8	02:15		00:03:22.4		00:59:24.6	17.2		00:01:16.5		00:32:28.7	10:28	01:45:34.1		
543	320	44 Wimmer, Mark	1227 Scandia, MN		00:25:13.8	06:18		00:02:15.3		00:51:10.1	19.9		00:01:21.6		00:25:35.2	08:15	01:45:36.1		
544	192	33 Berglund,	863 Irvine, AR		00:09:24.9	02:21		00:02:25.1		01:00:48.1	16.8		00:01:04.6		00:31:54.4	10:17	01:45:37.4		
545	321	41 Wahlstrom, Shawn	560 Ogilvie, MN		00:11:16.9	02:49		00:02:19.8		01:00:53.4	16.8		00:01:11.3		00:30:02.3	09:41	01:45:43.9		
546	322	47 Knight, Eric	494 Lino Lakes, MN		00:11:57.7	02:59		00:02:30.2		00:55:58.4	18.2		00:01:01.1		00:34:21.4	11:04	01:45:49.0		
547	193	30 Peloquin,	910 Richfield, MN		00:14:41.0	03:40		00:03:29.7		00:56:34.0	18.0		00:00:45.5		00:30:20.7	09:47	01:45:51.0		
548	194	2 Suchomel, Josie	1179 White Bear		00:07:58.1	01:59		00:01:51.6		01:05:25.5	15.6		00:00:57.4		00:29:42.8	09:35	01:45:55.5		
549	323	42 Feig, Matthew	1116 Richfield, MN		00:13:46.6	03:26		00:03:25.8		01:03:35.3	16.0		00:00:48.3		00:24:26.9	07:53	01:46:03.0		
550	195	2 Bukstein, Jeri	680 Maple Grove,		00:12:19.9	03:04		00:03:44.8		00:58:38.4	17.4		00:01:51.3		00:29:30.7	09:31	01:46:05.3		
551	28	Anderson, Wayne	548 minnetonka, MN		00:14:30.0	03:37		00:02:29.2		00:55:31.6	18.4		00:01:25.8		00:32:15.6	10:24	01:46:12.5		
552	324	45 Rusk, Bret	890 North Branch,		00:13:02.5	03:15		00:02:56.5		00:54:40.2	18.7		00:02:05.5		00:33:32.7	10:49	01:46:17.7		
553	196	40 Hedin, Amanda	459 Blaine, MN		00:11:52.1	02:58		00:01:38.6		00:59:36.3	17.1		00:00:52.2		00:32:18.6	10:25	01:46:17.9		
554	325	22 Reisner, Joseph	1170 Woodbury, MN		00:13:44.1	03:26		00:05:17.8		00:56:31.8	18.0		00:03:20.7		00:27:26.3	08:51	01:46:20.9		
555	326	6 Olmstead, Joel	946 St. Croix Falls,		00:16:53.1	04:13		00:02:24.3		01:01:43.7	16.5		00:01:12.8		00:24:08.2	07:47	01:46:22.4		
556	197	41 Jensen, Kelly	553 Apple Valley,		00:12:47.3	03:11		00:03:23.6		00:59:03.8	17.3		00:02:19.2		00:29:04.9	09:22	01:46:39.0		
557	327	10 Lea, Rob	814 Minneapolis,		00:12:45.6	03:11		00:02:43.2		00:55:09.4	18.5		00:02:32.5		00:33:34.3	10:49	01:46:45.2		
558	29	Montez, Carey	1253 Cottage Grove,		00:13:10.6	03:17		00:02:09.6		00:59:58.9	17.0		00:01:15.9		00:30:13.8	09:45	01:46:48.9		
559	198	16 Montes, Renee	786 Forest Lake, MN		00:14:38.4	03:39		00:03:13.7		01:00:28.9	16.9		00:02:18.6		00:26:10.0	08:26	01:46:49.7		
										MN 55303									
560	199	31 Elzy, Tammy	432 Lindstrom, MN		00:12:08.2	03:02		00:01:56.5		00:58:23.4	17.5		00:00:56.6		00:33:29.4	10:48	01:46:54.3		
561	200	7 Sczublewski, Katie	1183 Pierz, MN		00:11:45.5	02:56		00:01:30.9		00:59:38.2	17.1		00:01:26.7		00:32:33.3	10:30	01:46:54.7		
562	328	43 Kringler, Brian	912 Minneapolis,		00:16:23.1	04:05		00:03:32.1		00:55:38.6	18.3		00:01:49.7		00:29:33.8	09:32	01:46:57.6		
563	329	23 Wachutka, Ed	684 Chisago City,		00:15:10.9	03:47		00:02:48.0		00:59:24.6	17.2		00:01:15.3		00:28:22.0	09:09	01:47:01.0		
564	330	40 Anderson, Scott	1281 Hudson, WI		00:13:23.7	03:20		00:04:52.5		00:55:20.9	18.4		00:02:56.3		00:30:34.0	09:51	01:47:07.6		
565	331	46 Larson, Kurt	589 Plymouth, MN		00:11:27.4	02:51		00:02:38.9		00:54:39.9	18.7		00:01:24.1		00:36:59.7	11:56	01:47:10.1		
566	201	2 Peterson, Patricia	1295		00:11:42.0	02:55		00:02:34.0		01:00:01.6	17.0		00:02:25.9		00:30:38.9	09:53	01:47:22.6		
567	332	44 Sobol, Mike	1124 Minneapolis,		00:13:53.1	03:28		00:04:46.9		00:59:56.2	17.0		00:01:42.7		00:27:04.9	08:44	01:47:24.0		
568	202	22 Grandt, Jessica	831 lino lakes, MN		00:09:50.4	02:27		00:02:55.3		00:57:51.1	17.6		00:01:47.7		00:35:07.8	11:19	01:47:32.6		

Individual - Sprint Distance Triathlon					0.25 mi swim		T-1		17mi bike			T-2		3.1 mi run		7/30/2008			
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
569	333	45	Kotrba, Benjamin	491	Andover, MN	00:13:22.2	03:20	00:03:37.0		00:58:28.7	17.4		00:02:59.5		00:29:05.8	09:23	01:47:33.3		
570	334	11	Lynch, Mike	1288	Hudson, WI	00:12:15.9	03:03	00:03:02.1		00:52:54.7	19.3		00:02:46.7		00:36:40.4	11:49	01:47:40.0		
571	335	48	Hufford, Darren	655	North Branch,	00:14:42.7	03:40	00:02:47.9		00:57:20.6	17.8		00:01:54.6		00:30:55.6	09:58	01:47:41.6		
572	203	32	Bilek, Becky	515		00:13:55.2	03:28	00:02:09.0		00:57:36.2	17.7		00:00:45.0		00:33:16.2	10:43	01:47:41.8		
573	204	23	Gray, Emma	1010	Minneapolis,	00:09:53.7	02:28	00:02:50.1		00:58:51.3	17.3		00:00:55.8		00:35:11.6	11:21	01:47:42.8		
574	205	33	Fredstrom, Carrie	562	North Branch,	00:11:30.5	02:52	00:02:37.5		00:59:51.9	17.0		00:00:56.4		00:32:46.9	10:34	01:47:43.3		
575	6		Fliess, Andrea	694	Spring Lake	00:12:23.2	03:05	00:02:11.1		00:58:06.6	17.6		00:01:55.4		00:33:06.8	10:40	01:47:43.4		
576	336	46	Krchnavy, Brent	820	Rosemount, MN	00:13:07.4	03:16	00:02:12.0		01:04:35.3	15.8		00:00:45.5		00:27:06.5	08:44	01:47:47.0		
577	206	8	Huey, Danielle	881	Eagle, WI	00:14:41.1	03:40	00:02:08.5		00:58:43.8	17.4		00:01:38.8		00:30:37.7	09:52	01:47:50.0		
578	337	3	Kylek, F J	455	Woodbury, MN	00:13:50.7	03:27	00:03:55.8		01:03:08.1	16.2		00:02:13.3		00:24:56.1	08:02	01:48:04.3		
579	338	12	Gaudette, Gerry	1163	Chisago City,	00:13:46.9	03:26	00:05:36.6		00:51:57.1	19.6				02:09:17.6		01:48:09.5		
580	339	7	Sample, Tyler	734	Scandia, MN	00:13:42.2	03:25	00:03:24.6		01:02:01.3	16.4		00:01:07.7		00:27:56.5	09:00	01:48:12.5		
581	207	9	Grandt, Emily	1198	Lino Lakes, MN	00:08:16.9	02:04	00:02:50.6		01:01:23.5	16.6		00:01:47.3		00:33:54.3	10:56	01:48:12.8		
582	340	24	Orluck, Mark	717	Buffalo, MN	00:13:25.4	03:21	00:03:05.3		00:59:55.2	17.0		00:01:21.7		00:30:33.7	09:51	01:48:21.4		
583	208	38	Smith, Cynthia	872	Maplewood, MN	00:14:16.6	03:34	00:03:17.3		00:58:02.3	17.6		00:03:31.8		00:29:14.4	09:25	01:48:22.6		
584	209	34	Caufield, Katie	1036	Longmont, CO	00:11:53.7	02:58	00:02:27.3		01:01:27.0	16.6		00:02:16.4		00:30:27.1	09:49	01:48:31.7		
585	210	35	Olson, Kelly	1118	St. Louis Park,	00:15:58.8	03:59	00:02:45.8		00:56:04.9	18.2		00:02:27.5		00:31:17.7	10:05	01:48:34.9		
586	211	39	Klingler, Jessica	480	champlin, MN	00:15:09.1	03:47	00:04:01.2		00:58:03.1	17.6		00:01:39.8		00:29:45.4	09:35	01:48:38.8		
587	212	34	Orman, Sarah	885	Shoreview, MN	00:13:11.2	03:17	00:02:03.4		01:04:42.3	15.8		00:01:56.5		00:26:54.7	08:40	01:48:48.3		
588	213	35	Traughber, Diana	599	Hopkins, MN	00:18:17.5	04:34	00:05:05.0		00:56:41.3	18.0		00:02:44.0		00:26:04.0	08:24	01:48:51.9		
589	214	17	Magnine, Nancy	1267	Amery, WI	00:12:46.0	03:11	00:04:55.7		00:59:31.9	17.1		00:01:56.0		00:29:44.1	09:35	01:48:53.9		
590	215	36	Daggett, Suzanne	718	River Falls, WI	00:11:15.4	02:48	00:04:05.4		01:01:51.9	16.5		00:00:48.6		00:31:09.5	10:03	01:49:11.1		
591	216	42	Fillmore, Erin	1313	Iowa City, IA	00:13:27.7	03:21	00:02:26.0		00:58:33.5	17.4		00:03:11.4		00:31:38.1	10:12	01:49:16.9		
592	217	43	Davis, Kristin	1228	Blue Earth, MN	00:12:43.2	03:10	00:03:30.9		01:02:09.1	16.4		00:01:25.4		00:29:31.6	09:31	01:49:20.3		
593	218	40	Kycek, Lou	469	W St Paul, MN	00:13:56.7	03:29	00:03:10.8		01:02:00.1	16.5		00:01:29.3		00:28:43.7	09:16	01:49:20.8		
594	219	37	Olson, Tara	1159	Innver Grove	00:12:59.5	03:14	00:01:41.7		00:59:06.5	17.3		00:01:30.2		00:34:06.4	11:00	01:49:24.5		
595	220	41	Wurdeemann, Lisa	620	Harris, MN	00:13:51.2	03:27	00:02:59.1		00:59:13.9	17.2		00:00:51.5		00:32:35.0	10:30	01:49:30.9		
596	221	42	Bjerkelund, Dawn	451	Woodbury, MN	00:13:14.8	03:18	00:02:25.7		00:57:56.8	17.6		00:01:23.5		00:34:41.1	11:11	01:49:42.1		
597	222	38	Tell, Jennifer	827	Birchwood, MN	00:13:16.1	03:19	00:01:49.3		01:03:27.1	16.1		00:02:11.0		00:28:58.5	09:20	01:49:42.3		
598	341	25	Smith, Louis	756	Minneapolis,	00:14:26.3	03:36	00:04:46.2		00:57:37.4	17.7		00:03:10.4		00:29:43.4	09:35	01:49:43.9		
599	223	43	Howard, Jen	722	Woodbury, MN	00:13:34.0	03:23	00:01:58.8		00:56:27.6	18.1		00:01:53.7		00:35:56.0	11:35	01:49:50.3		
600	224	44	Miller, Diane	1051	Hugo, MN	00:14:20.5	03:35	00:04:30.8		00:56:40.3	18.0		00:02:29.5		00:31:49.9	10:16	01:49:51.1		

Individual - Sprint Distance Triathlon				0.25 mi swim		T-1		17mi bike			T-2		3.1 mi run		7/30/2008				
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
601	225	44 Peper, Katherine	993 Blaine, MN		00:11:48.3	02:57		00:03:39.4		01:03:46.3	16.0		00:01:51.9		00:28:50.1	09:18	01:49:56.1		
602	226	45 Farquhar, Megan	897 Wyoming, MN		00:12:40.8	03:10		00:02:48.2		00:54:10.2	18.8		00:01:16.4		00:39:04.7	12:36	01:50:00.6		
603	342	47 Coe, Joshua	1147 White Bear		00:13:48.2	03:27		00:04:47.7		01:03:55.2	16.0		00:01:21.3		00:26:08.7	08:26	01:50:01.4		
604	227	39 Speight, Tracy	1158 Blaine, MN		00:11:08.7	02:47		00:03:10.4		00:58:28.8	17.4		00:01:21.3		00:35:56.0	11:35	01:50:05.5		
605	7	Jorgensen,	808 Waupun, WI		00:15:17.8	03:49		00:02:06.8		01:03:41.5	16.0		00:01:44.1		00:27:17.4	08:48	01:50:07.9		
606	228	36 Lood, Alison	807 Cambridge, MN		00:12:48.9	03:12		00:04:34.3		01:03:50.3	16.0		00:01:37.0		00:27:17.3	08:48	01:50:08.0		
607	229	3 Labore, Jeanne	1145 Minneapolis,		00:14:20.5	03:35		00:02:54.5		01:00:21.0	16.9		00:01:45.0		00:30:56.1	09:58	01:50:17.3		
608	230	24 Schuder, Jenna	492 Wyoming, MI		00:13:43.8	03:25		00:02:54.2		00:56:36.6	18.0		00:01:11.8		00:35:51.8	11:34	01:50:18.3		
609	231	46 Bartholow, Erin	727 st. paul, MN		00:10:18.0	02:34		00:01:59.2		01:01:42.4	16.5		00:01:08.9		00:35:13.0	11:21	01:50:21.7		
610	30	Monson, Doug	851 Forest Lake, MI		00:14:30.6	03:37		00:03:52.2		00:57:00.1	17.9		00:01:15.6		00:33:43.3	10:52	01:50:22.0		
611	232	37 Odonnell, Kelly	546 Minneapolis,		00:12:04.0	03:01		00:03:14.9		00:59:28.9	17.1		00:01:17.0		00:34:19.0	11:04	01:50:24.1		
612	233	18 Vailodash, Barbara	642 Wyoming, MN		00:09:03.6	02:15		00:03:06.7		00:58:37.5	17.4		00:02:11.0		00:37:27.8	12:05	01:50:26.8		
613	234	47 Kray, Sarah	965 North Liberty, IA		00:13:00.2	03:15		00:03:21.9		01:01:26.9	16.6		00:02:16.0		00:30:26.5	09:49	01:50:31.7		
614	343	48 Swanson, David	1032 St. Paul, MN		00:14:08.6	03:32		00:03:06.8		01:01:54.4	16.5		00:01:07.4		00:30:15.1	09:45	01:50:32.5		
615	235	40 Tretsven, Sheryl	1207 Lindstrom, MN		00:14:34.3	03:38		00:02:38.4		00:55:26.7	18.4		00:01:46.5		00:36:12.6	11:40	01:50:38.6		
616	344	41 Weeks, Richard	535 Eden Prairie,		00:11:11.5	02:47		00:02:27.5		00:54:58.1	18.6		00:02:28.1		00:39:34.4	12:45	01:50:39.7		
617	345	46 Woodcock, Mark	495 Lino Lakes, MN		00:09:12.0	02:18		00:02:10.2		01:04:41.2	15.8		00:01:35.7		00:33:03.2	10:39	01:50:42.5		
618	346	49 Tooley, Steven	985 New Brighton,		00:11:59.4	02:59		00:05:47.7		00:57:01.2	17.9		00:03:31.0		00:32:23.3	10:26	01:50:42.8		
619	347	47 Farley, Patrick	586 Blaine, MN		00:10:59.1	02:44		00:04:25.9		01:02:42.8	16.3		00:02:05.7		00:30:30.3	09:50	01:50:44.1		
620	348	49 Taylor,	488 Centerville, MN		00:10:00.7	02:30		00:03:00.0		01:00:45.0	16.8		00:01:34.4		00:35:23.8	11:25	01:50:44.1		
621	349	47 Dolezalek, Chuck	652 Stacy, MN		00:22:11.9	05:32		00:02:18.6		00:57:40.3	17.7		00:01:00.2		00:27:33.0	08:53	01:50:44.2		
622	8	Taylor, Kristen	497 Centerville, MN		00:11:12.3	02:48		00:02:29.2		01:01:32.4	16.6		00:01:38.7		00:33:51.4	10:55	01:50:44.2		
623	236	41 Farley, Andrea	585 Blaine, MN		00:12:25.0	03:06		00:02:56.3		01:02:55.1	16.2		00:01:50.2		00:30:37.7	09:52	01:50:44.4		
624	237	45 Steinhoff, Lisa	773 Lodi, WI		00:13:38.8	03:24		00:02:13.0		01:01:10.2	16.7		00:02:29.3		00:31:21.6	10:06	01:50:53.1		
625	238	42 Jennrich, Kim	481 Lino Lakes, MN		00:13:27.8	03:21		00:02:32.8		00:57:33.9	17.7		00:02:14.8		00:35:14.3	11:22	01:51:03.8		
626	239	38 Zemke, Carrie	1061 Wyoming, MN		00:11:46.7	02:56		00:03:05.0		01:03:01.4	16.2		00:01:41.6		00:31:38.2	10:12	01:51:13.2		
627	240	19 Marquis, Sue	1104 Lindstrom, MN		00:14:10.8	03:32		00:04:46.2		00:55:43.3	18.3		00:01:46.9		00:35:03.4	11:18	01:51:30.8		
628	241	48 Wiswell, Kristine	667 Burnsville, MI		00:13:57.1	03:29		00:02:09.4		01:01:19.3	16.6		00:01:03.0		00:33:03.8	10:39	01:51:32.8		
629	350	13 Schmidt, Rick	1245 Moline, IL		00:14:08.9	03:32		00:02:47.6		01:02:59.3	16.2		00:01:20.9		00:30:32.8	09:51	01:51:49.8		
630	242	20 Williamson, Liz	869 St Croix Falls, WI		00:15:29.3	03:52		00:03:11.6		01:01:12.6	16.7		00:02:18.7		00:29:47.9	09:36	01:52:00.4		
631	243	49 Anderson, Jodie	705 Lino Lakes, MN		00:14:18.7	03:34		00:02:08.4		01:03:18.6	16.1		00:01:46.7		00:30:27.8	09:49	01:52:00.4		

Individual - Sprint Distance Triathlon				0.25 mi swim		T-1		17mi bike			T-2		3.1 mi run		7/30/2008				
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
632	244	39 Budzius, Mindy	1091 Minnetusta, MN		00:11:30.4	02:52		00:04:39.4		01:00:26.2	16.9		00:02:26.8		00:32:58.9	10:38	01:52:01.8		
633	245	50 Nyberg, Heather	769 Minneapolis,		00:18:11.7	04:32		00:03:42.7		00:57:11.0	17.8		00:01:44.5		00:31:13.9	10:04	01:52:03.9		
634	246	40 Flohaug, Ginger	631 Blaine, MN		00:13:34.9	03:23		00:02:50.0		00:58:10.9	17.5		00:01:33.1		00:36:01.2	11:37	01:52:10.3		
635	351	48 Van Oort, Mark	848 Hopkins, MN		00:13:44.0	03:26		00:01:32.0		01:02:07.7	16.4		00:01:16.1		00:33:42.0	10:52	01:52:22.0		
636	247	21 Ortiz, Wanda	450 Minneapolis,		00:17:21.6	04:20		00:02:05.9		01:00:37.6	16.8		00:00:54.3		00:31:33.3	10:10	01:52:32.9		
637	248	46 Dunfee, Stefanie	902 Brooklyn Park,		00:15:33.1	03:53		00:02:11.3		01:04:50.5	15.7		00:00:50.0		00:29:12.0	09:25	01:52:37.1		
638	352	50 Young, Bill	1168 North Branch,		00:20:34.7	05:08		00:03:25.6		00:56:23.3	18.1		00:01:07.4		00:31:15.3	10:04	01:52:46.5		
639	249	43 Stoup, Sandy	687 Roseville, MN		00:14:26.6	03:36		00:02:19.9		00:56:59.9	17.9		00:01:26.1		00:37:39.2	12:08	01:52:51.9		
640	31	Parsons, Dave	925 Elk River, MI		00:13:44.3	03:26		00:03:56.9		00:57:14.8	17.8		00:01:57.9		00:35:58.6	11:36	01:52:52.6		
641	353	35 Rahimi, Omeed	1172 Eden Prairie,		00:10:03.4	02:30		00:02:00.9		00:56:07.9	18.2		00:01:43.6		00:42:58.7	13:51	01:52:54.7		
642	250	47 Ward, Dana	530 Scandia, MN		00:13:40.0	03:25		00:02:18.3		01:06:16.9	15.4		00:01:47.9		00:29:10.2	09:24	01:53:13.4		
643	354	49 Ramich, Douglas	1217 Minneapolis,		00:15:25.0	03:51		00:02:46.3		00:59:28.5	17.1		00:01:05.2		00:34:35.5	11:09	01:53:20.7		
644	251	48 Nielsen, Sue	462 Wyoming, MN		00:15:40.2	03:55		00:02:25.6		00:58:58.2	17.3		00:01:37.4		00:34:41.1	11:11	01:53:22.6		
645	355	26 Shrode, Jeffrey	1054 DELANO, MN		00:15:32.4	03:53		00:04:08.8		01:00:24.3	16.9		00:01:13.7		00:32:10.0	10:22	01:53:29.5		
646	252	49 Anderson,	766 Stillwater, MN		00:11:12.3	02:48		00:04:27.2		01:09:05.1	14.8		00:02:13.6		00:26:39.8	08:36	01:53:38.2		
647	253	4 Wilson, Gail	1210 Chisago City,		00:14:15.2	03:33		00:04:15.1		01:01:19.5	16.6		00:01:40.6		00:32:12.2	10:23	01:53:42.8		
648	254	51 Zamora, Maria	736 St. Paul, MI		00:16:17.5	04:04		00:02:31.6		01:06:21.3	15.4		00:01:02.0		00:27:36.4	08:54	01:53:49.1		
649	255	52 Andrzejczak, Julie	552 Watertown, MN		00:13:48.6	03:27		00:03:02.5		01:04:27.9	15.8		00:01:57.3		00:30:35.1	09:51	01:53:51.6		
650	256	22 Donovan, Jo	657 Minneapolis,		00:12:34.4	03:08		00:04:20.0		00:58:48.1	17.3		00:02:07.9		00:36:03.5	11:37	01:53:54.1		
651	257	41 Goodnough,	723 Shafer, MN		00:14:06.8	03:31		00:02:01.1		00:58:35.6	17.4		00:01:00.9		00:38:14.3	12:20	01:53:58.9		
652	258	44 Kuusisto, Sarah	561 Forest Lake, MN		00:17:57.0	04:29		00:02:30.8		01:06:21.3	15.4		00:00:40.1		00:26:32.0	08:33	01:54:01.4		
653	356	48 Willeman, Andrew	1131 Osceola, WI		00:15:13.2	03:48		00:02:42.0		01:04:34.6	15.8		00:01:19.1		00:30:14.0	09:45	01:54:03.1		
654	259	53 Hemmesch, Janel	770 North Branch,		00:14:33.5	03:38		00:02:52.6		01:04:56.5	15.7		00:01:54.6		00:29:49.2	09:37	01:54:06.5		
655	260	45 Wolfe, Michelle	612 Stacy, MN		00:13:59.3	03:29		00:02:41.9		00:59:23.9	17.2		00:01:14.2		00:36:57.2	11:55	01:54:16.7		
656	261	42 Flikke, Cassy	1206 Chisago City,		00:15:55.3	03:58		00:02:21.8		01:04:21.2	15.8		00:01:02.9		00:30:38.0	09:52	01:54:19.4		
657	32	Klarich, Michael	893 Cottage Grove,		00:20:06.6	05:01		00:02:55.1		00:55:50.8	18.3		00:02:36.8		00:32:50.5	10:35	01:54:20.0		
658	262	23 Harmon, Linda	670 New Brighton,		00:15:34.0	03:53		00:03:14.4		01:00:14.4	16.9		00:01:45.5		00:33:58.3	10:57	01:54:46.8		
659	357	36 Oelerich, Justin	877 Maple Grove,		00:14:35.9	03:38		00:02:12.7		01:07:23.4	15.1		00:01:14.6		00:29:23.0	09:28	01:54:49.8		
660	358	49 Roman, Lucas	434		00:11:56.0	02:59		00:03:01.3		01:00:14.1	16.9		00:02:08.3		00:37:38.9	12:08	01:54:58.7		
661	263	50 Westemeier, Carol	768 stacy, MN		00:15:13.2	03:48		00:03:24.1		01:02:33.2	16.3		00:01:37.4		00:32:16.1	10:24	01:55:04.2		
662	264	46 Tucker, Michelle	932 Saint Paul, MN		00:14:37.7	03:39		00:03:14.3		00:59:26.9	17.2		00:02:16.0		00:35:37.9	11:29	01:55:13.0		
663	359	51 Edwards, Erik	755 Lexington, MN		00:14:28.4	03:37		00:03:59.8		01:05:59.4	15.5		00:01:07.9		00:29:41.5	09:34	01:55:17.1		

Individual - Sprint Distance Triathlon					0.25 mi swim		T-1		17mi bike			T-2		3.1 mi run		7/30/2008			
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
664	265	5 Skildum, Corilee	711 Arden Hills, MN		00:10:54.6	02:43		00:03:04.9		01:02:43.8	16.3		00:01:19.4		00:37:22.4	12:03	01:55:25.4		
665	266	54 Puelston,	1296		00:12:39.9	03:09		00:02:12.1		01:05:01.5	15.7		00:01:01.1		00:34:35.3	11:09	01:55:30.2		
666	267	51 James, Natina	990 St Paul, MN		00:12:51.4	03:12		00:04:06.6		00:58:12.2	17.5		00:04:35.4		00:35:58.0	11:36	01:55:43.8		
667	360	18 Klawitter, Ethan	796 Frederic, WI		00:14:22.9	03:35		00:02:23.6		00:56:42.0	18.0		00:02:17.3		00:40:19.4	13:00	01:56:05.4		
668	268	47 Minnichsoffer, Rita	539 Lindstrom, MN		00:11:46.3	02:56		00:05:40.7		00:59:51.7	17.0		00:01:51.6		00:37:44.5	12:10	01:56:54.8		
669	361	50 Vetscher, Thomas	1112 Minneapolis,		00:13:02.4	03:15		00:03:20.8		01:08:31.4	14.9		00:02:54.1		00:29:06.0	09:23	01:56:54.9		
670	269	48 Knutson,	645 North Branch,		00:15:30.3	03:52		00:02:56.1		01:01:04.9	16.7		00:01:14.2		00:36:10.0	11:40	01:56:55.6		
671	270	55 Hagstrom, Lindsey	1197 Shoreview, MN		00:14:26.5	03:36		00:03:36.0		00:58:58.6	17.3		00:05:04.2		00:34:57.9	11:16	01:57:03.4		
672	9	Srenaski, Tracey	703 Rosemount, MN		00:12:21.6	03:05		00:02:57.8		01:05:58.0	15.5		00:01:21.5		00:34:26.6	11:06	01:57:05.7		
673	271	52 Evensen, Kerry	483 Stillwater, MN		00:15:49.4	03:57		00:04:20.0		01:01:37.6	16.6		00:02:42.2		00:32:37.4	10:31	01:57:06.8		
674	272	53 Hutchinson,	514 forest lake, MN		00:11:16.1	02:49		00:02:43.4		01:04:09.2	15.9		00:01:17.8		00:37:40.7	12:09	01:57:07.5		
675	273	49 Ward, Krista	1058 Park Ridge, IL		00:11:56.7	02:59		00:02:39.8		01:06:37.5	15.3		00:01:23.7		00:34:29.8	11:07	01:57:07.8		
676	274	56 Brent, Carisa	1117 Minneapolis,		00:11:14.2	02:48		00:03:16.6		01:04:58.5	15.7		00:02:05.3		00:35:35.8	11:28	01:57:10.6		
677	275	24 Klein, Kelli	763 Minneapolis,		00:14:05.7	03:31		00:03:42.1		01:03:05.4	16.2		00:02:15.6		00:34:02.0	10:58	01:57:10.9		
678	276	43 Babcock, Monica	1115 Farmington, MN		00:18:57.0	04:44		00:02:40.2		01:02:13.7	16.4		00:01:40.8		00:31:49.8	10:16	01:57:21.8		
679	277	50 Scheder,	640 Plover, WI		00:10:50.7	02:42		00:03:37.7		01:04:58.8	15.7		00:01:09.4		00:36:48.3	11:52	01:57:25.1		
680	278	57 Mayer, Allison	1069 Minneapolis,		00:13:38.4	03:24		00:02:36.2		01:09:08.2	14.8		00:02:19.2		00:29:47.3	09:36	01:57:29.5		
681	279	25 Dunbar-hester,	1062 St. Paul, MN		00:10:17.7	02:34		00:03:04.1		01:02:52.7	16.2		00:03:20.8		00:37:54.0	12:13	01:57:29.5		
682	362	14 Hester, F.A.	1060 ST PAUL, MN		00:11:03.0	02:45		00:03:53.7		01:01:17.7	16.6		00:03:22.2		00:37:52.7	12:13	01:57:29.6		
683	280	54 Haffley, Mary	671 Deephaven, MN		00:15:34.0	03:53		00:03:13.4		01:03:13.9	16.1		00:02:23.7		00:33:05.3	10:40	01:57:30.5		
684	281	44 Mack, Jamie	788 East Bethel, MN		00:15:29.7	03:52		00:02:30.9		01:01:40.1	16.5		00:01:29.2		00:36:48.9	11:52	01:57:59.0		
685	33	Bonk, Pete	1294		00:14:47.5	03:41		00:03:43.2		00:59:15.9	17.2		00:02:55.4		00:37:25.3	12:04	01:58:07.5		
686	282	45 Perry, Meghan	1293 St. Paul, MN		00:14:28.5	03:37		00:03:58.9		00:59:21.0	17.2		00:03:27.2		00:36:51.6	11:53	01:58:07.5		
687	283	51 Dobson, Jennifer	972 Crystal, MN		00:15:33.5	03:53		00:03:10.0		01:03:29.9	16.1		00:01:48.0		00:34:26.8	11:06	01:58:28.3		
688	363	52 Kringler, Todd	913 MINNEAPOLIS,		00:26:39.1	06:39		00:03:36.1		00:53:03.8	19.2		00:02:11.0		00:33:00.9	10:39	01:58:31.2		
689	284	55 Clagherty, Sheila	1263 Woodbury, MN		00:12:17.1	03:04		00:03:47.5		01:07:44.1	15.1		00:01:47.9		00:32:54.8	10:37	01:58:31.7		
690	285	58 Sumption, Tia	466 Scandia, MN		00:15:03.5	03:45		00:02:30.4		01:08:32.9	14.9		00:01:03.4		00:31:33.4	10:10	01:58:43.8		
691	286	59 Pamperin, Katie	999 Green Bay, WI		00:15:45.2	03:56		00:03:03.0		01:08:36.8	14.9		00:01:43.0		00:29:36.6	09:33	01:58:44.8		
692	364	15 Stahl, George	456 Blaine, MN		00:11:23.6	02:50		00:05:04.4		01:06:50.7	15.3		00:01:30.1		00:33:59.8	10:58	01:58:48.9		
693	287	26 Cutler, Deanne	1011 Minneapolis,		00:09:36.3	02:24		00:03:54.9		01:05:33.4	15.6		00:01:20.9		00:38:27.3	12:24	01:58:52.9		
694	365	27 Johnson, Mitch	433 seanholmes89		00:14:51.1	03:42		00:02:17.8		01:05:59.0	15.5		00:01:37.9		00:34:08.4	11:00	01:58:54.4		

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1			17mi bike			T-2			3.1 mi run			7/30/2008				
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description			
726	306	27	benson, sarah		1273	North Branch,		00:17:19.3	04:19		00:02:45.2		01:05:58.4	15.5		00:01:45.3		00:38:23.1	12:22	02:06:11.5		
727	307	57	Williamson, Sally		918	osceola, WI		00:16:06.6	04:01		00:03:55.0		01:14:30.3	13.7		00:01:56.9		00:30:46.9	09:55	02:07:15.9		
728	374	54	Williamson, Scott		917	osceola, WI		00:16:07.3	04:01		00:03:56.4		01:14:29.9	13.7		00:01:55.6		00:30:46.7	09:55	02:07:16.0		
729	38		Arnold, Jeremy		1090	Macheshey		00:12:23.9	03:05		00:03:13.2		01:02:44.6	16.3		00:01:46.3		00:47:24.8	15:17	02:07:33.0		
730	39		Parenteau, John		475	North Branch,		00:19:38.9	04:54		00:04:28.5		01:02:23.5	16.3		00:02:34.5		00:38:46.1	12:30	02:07:51.7		
731	11		Davis, Nichol		465	St Cloud, MH		00:10:56.3	02:44		00:03:10.1		01:04:25.5	15.8		00:02:14.4		00:47:17.7	15:15	02:08:04.3		
732	375	37	Mickelson, Joel		1204	Chisago City,		00:21:54.6	05:28		00:05:16.1		01:02:25.4	16.3		00:03:03.1		00:35:32.8	11:28	02:08:12.2		
733	308	52	Miller, Jessica		859	Bloomington,		00:14:32.4	03:38		00:04:27.4		01:11:34.9	14.2		00:04:07.3		00:33:55.1	10:56	02:08:37.2		
734	309	28	Alsaker, Adrian		596	Chisago City,		00:12:26.2	03:06		00:04:40.5		01:12:20.1	14.1		00:02:40.8		00:36:43.8	11:50	02:08:51.7		
735	310	26	Kraling, Mary		474	Lindstrom, MN		00:10:34.7	02:38		00:02:44.4		01:10:27.4	14.5		00:02:12.5		00:43:06.5	13:54	02:09:05.7		
736	311	64	Andersen, Katie		995	Plymouth, MN		00:11:49.9	02:57		00:05:00.7		01:09:26.3	14.7		00:02:47.6		00:40:05.7	12:56	02:09:10.4		
737	312	53	Stanek, Jennifer		1085	Center City, MN		00:15:58.6	03:59		00:02:26.9		01:16:00.1	13.4		00:01:34.7		00:33:20.6	10:45	02:09:21.2		
738	376	52	Vigneron, Patrick		1129	Blaine, MN		00:17:10.3	04:17		00:05:27.6		01:11:06.6	14.3		00:01:37.9		00:34:04.5	10:59	02:09:27.2		
739	313	29	Kaup, Shawna		625	Minneapolis,		00:09:41.9	02:25		00:02:44.3		01:11:50.2	14.2		00:01:16.2		00:44:10.3	14:14	02:09:43.1		
740	314	65	Pamperin, Amy		998	Woodbury, MN		00:13:16.2	03:19		00:02:38.1		01:11:50.4	14.2		00:01:39.5		00:40:27.8	13:03	02:09:52.1		
741	377	50	McLafferty,		1202	Chisago City,		00:21:50.9	05:27		00:05:17.9		01:02:25.9	16.3		00:03:03.2		00:37:23.2	12:03	02:10:01.3		
742	315	30	Glassman, Hilary		1012	Minneapolis,		00:12:48.7	03:12		00:04:30.3		01:10:50.9	14.4		00:02:31.5		00:40:02.8	12:55	02:10:44.4		
743	316	9	Henderson,		1298	Golden Valley,		00:13:10.4	03:17		00:03:38.8		01:07:01.0	15.2		00:01:44.8		00:45:22.2	14:38	02:10:57.5		
744	317	27	Krueger, Wendy		567	Chisago city,		00:17:12.8	04:18		00:03:35.3		01:07:50.1	15.0		00:02:42.2		00:39:36.9	12:46	02:10:57.5		
745	378	51	Slattengren,		1203	Chisago City,		00:19:47.1	04:56		00:07:33.1		01:07:43.0	15.1		00:01:34.9		00:36:13.1	11:41	02:12:51.2		
746	379	42	James, Jonathon		564	Stillwater, MN		00:09:50.3	02:27		00:05:20.4		01:07:05.9	15.2		00:01:39.4		00:49:08.6	15:51	02:13:04.8		
747	318	31	Easterby, Margaret		748	Rosemount, MN		00:12:47.3	03:11		00:04:30.5		01:15:26.4	13.5		00:02:10.6		00:38:12.4	12:19	02:13:07.4		
748	12		Peitso, Dana		806	Ramsey, MN		00:12:49.5	03:12		00:02:07.9		01:05:24.8	15.6		00:01:23.5		00:51:30.0	16:36	02:13:16.0		
749	319	6	Florenzano, Anne		542	Eden Prairie,		00:13:48.5	03:27		00:04:53.4		01:11:24.9	14.3		00:01:49.7		00:41:21.9	13:20	02:13:18.5		
750	320	28	Kammerer, Valerie		1166	Chisago City,		00:15:14.7	03:48		00:02:54.6		01:06:13.1	15.4		00:02:01.5		00:47:00.4	15:09	02:13:24.5		
751	321	54	Stanislawski, Kristi		979	Otsego, MN		00:15:47.2	03:56		00:02:28.1		01:19:28.1	12.8		00:01:38.7		00:34:26.4	11:06	02:13:48.8		
752	322	55	Svendsen,		1285	St Paul, MN		00:15:39.7	03:54		00:05:27.4		01:19:05.0	12.9		00:02:56.5		00:31:14.6	10:04	02:14:23.4		
753	323	58	Maurer, Tracy		565	Forest Lake, MN		00:15:36.7	03:54		00:04:08.9		01:14:36.6	13.7		00:01:09.7		00:38:53.1	12:32	02:14:25.1		
754	324	56	Pankan, Heidi		775	Coon Rapids,		00:12:41.5	03:10		00:03:25.0		01:14:35.6	13.7		00:02:03.4		00:41:41.9	13:27	02:14:27.6		
755	325	59	Bronson, Holly		427	Hudson, WI		00:17:26.0	04:21		00:04:34.7		01:11:20.3	14.3		00:03:16.2		00:37:50.9	12:12	02:14:28.2		
756	326	66	Rosky, Melissa		706	Andover, MN		00:11:26.1	02:51		00:03:26.0		01:15:32.6	13.5		00:02:20.1		00:41:56.5	13:31	02:14:41.4		
757	380	50	Obst, Andrew		992	Scandia, MN		00:16:14.9	04:03		00:03:08.5		01:18:03.5	13.1		00:01:56.9		00:35:37.6	11:29	02:15:01.6		

Individual - Sprint Distance Triathlon					0.25 mi swim		T-1		17 mi bike			T-2		3.1 mi run		7/30/2008			
Place	Ovl/Div/Age	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen description
758	327	10 Nelson, Libby	834 Harris, MN		00:13:15.5	03:18		00:03:01.5		01:14:35.6	13.7		00:01:37.4		00:43:14.9	13:57	02:15:45.0		
759	381	17 Berglund, Richard	824 Wyoming, MN		00:19:09.1	04:47		00:06:50.3		01:05:01.5	15.7		00:03:12.5		00:41:40.9	13:26	02:15:54.5		
760	328	58 Hannon, Kay	749 Blaine, MN		00:15:53.6	03:58		00:04:32.0		01:15:48.4	13.5		00:01:22.0		00:38:31.6	12:25	02:16:07.8		
761	329	59 Czerwinski, Kenya	849 Lakeville, MN		00:14:18.9	03:34		00:04:22.3		01:11:17.3	14.3		00:02:27.2		00:43:48.3	14:07	02:16:14.1		
762	330	60 Stanislawski, Jodi	973 Brooklyn Park,		00:08:35.6	02:08		00:10:09.7		01:10:55.6	14.4		00:02:27.2		00:46:21.2	14:57	02:18:29.6		
763	331	57 Stevens, Noelle	1157 Wyoming, MN		00:14:41.3	03:40		00:04:07.9		01:19:49.6	12.8		00:01:59.5		00:38:03.3	12:16	02:18:41.8		
764	13	Glamos, Annette	594 Marine, MN		00:12:05.2	03:01		00:03:58.4		01:16:00.0	13.4		00:02:05.0		00:45:21.7	14:37	02:19:30.5		
										Bob Frandsen					Christine				
765	332	67 St. Martin, Ann	784 Wyoming, MN		00:14:39.9	03:39		00:04:46.7		01:19:57.0	12.8		00:02:14.4		00:38:02.2	12:16	02:19:40.4		
766	333	61 Thorsen, Laura	1221 ST PAUL, MN		00:15:20.3	03:50		00:04:11.8		01:19:00.9	12.9		00:01:46.4		00:39:30.8	12:44	02:19:50.5		
767	334	11 Severson, Marissa	785 Stillwater, MN		00:14:39.5	03:39		00:04:47.9		01:20:05.3	12.7		00:02:07.8		00:39:03.8	12:36	02:20:44.5		
768	335	62 Obst, Mary Anne	733 Scandia, MN		00:15:18.5	03:49		00:14:08.0		01:18:00.9	13.1		00:01:57.3		00:35:36.6	11:29	02:25:01.6		
769	336	7 Adomaitis, Jeanne	543 Eden Prairie,		00:14:17.4	03:34		00:04:25.8		01:17:47.3	13.1		00:01:33.9		00:47:04.5	15:11	02:25:09.1		
770	40	Rost, William	1302 River Falls, WI		00:10:31.2	02:37		00:04:10.4		01:21:40.6	12.5		00:04:08.5		00:50:00.0	16:07	02:30:30.9		
771	382	55 Biancardi, Joseph	509 Blaine, MN		00:13:00.3	03:15		00:02:35.6		01:45:13.7	9.7		00:00:46.5		00:33:38.5	10:51	02:35:14.8		
772	337	8 Simmons, Linda	728 St. Paul, WI		00:14:38.9	03:39		00:04:02.1		01:35:36.1	10.7		00:01:21.5		00:41:29.3	13:23	02:37:08.1		
773	338	60 McGrath, Ann	51 Minneapolis,		00:13:19.0	03:19		00:07:20.6		01:10:47.8	14.4		00:01:14.2		01:08:31.0	22:06	02:41:12.8		
774	383	56 McGrath, Jason	1224 minneapolis,		00:17:46.8	04:26		00:06:24.7		01:24:57.4	12.0		00:03:22.9		00:48:40.9	15:42	02:41:12.9		
775	339	61 Waldoch, Tanya	1156 Center City, MN		00:14:41.0	03:40		00:04:13.9		01:37:16.5	10.5		00:01:57.5		00:44:01.1	14:11	02:42:10.2		
776	340	68 Rosenthal, Amara	1305		00:18:39.2	04:39		00:07:59.4		01:32:38.9	11.0		00:03:37.7		00:47:50.6	15:26	02:50:46.1		
777	341	9 Quiram, Jackie	1306		00:18:40.5	04:40		00:08:03.3		01:32:36.3	11.0		00:03:35.6		00:47:50.3	15:25	02:50:46.3		
778	14	Brady, Colleen	1284 New Brighton,		00:14:29.6	03:37		00:11:17.0		01:31:37.0	11.1		00:06:44.5		00:46:48.4	15:05	02:50:56.7		
779	342	62 Hermanson, Kim	1162 Isanti, MN		00:16:19.2	04:04		00:02:30.6		01:54:12.0	8.9		00:02:11.2		00:35:59.7	11:36	02:51:12.8		
		Puelston, Rick	1297		00:22:18.7												DNF		
		Vaselaar, Jolene	1108 Winona, MN		00:13:03.4			00:02:37.2		01:34:19.5	10.8						DNF		
		Piper, David	1264 Minneapolis,														DNS		
		Khumalo,	1266 Brooklyn Park,														DNS		
		Taylor, Julie	1223 Savage, MN														DNS		
		NEED NAME,	1237 Minneapolis,														DNS		
		Barron, Charlene	1243														DNS		
		Heilman, Kristine	1181 Plymouth, MN														DNS		
		Apelt, Nicole	1107 Minnetonka, MN														DNS		
		Hollenbeck, Brian	1141 Coon Rapids,														DNS		

Individual - Sprint Distance Triathlon			0.25 mi swim		Pace		T-1		17 mi bike			T-2		3.1 mi run		Pace		7/30/2008				
Place	Name	Bib	PL	swim	m/100m	PL	T-1	T-1	PL	bike	Pace mph	PL	T-2	T-2	PL	run	Pace m/mi	Finish	Pen	Pen	description	
	Hollenback, Jodee	1142																				DNS
	Dow, David	1063																				DNS
	Mcvenes, Michele	1072																				DNS
	Mccoy, Dawn	1076																				DNS
	Stephens,	1028																				DNS
	Stewart, Chris	981																				DNS
	Stewart, Keli	982																				DNS
	Sabby, Travis	986																				DNS
	Fiddler, Mark	936																				DNS
	Gore, Julie	938																				DNS
	Stoltenburg,	939																				DNS
	Sekely, Justin	940																				DNS
	Benjamin,	950																				DNS
	Kennedy, Douglas	882																				DNS
	Siems, Brenda	884																				DNS
	Benson, Thomas	887																				DNS
	Venhuizen, Joann	804																				DNS
	Goralnick, Max	810																				DNS
	O'rourke, Steve	811																				DNS
	Gagnon, Deb	817																				DNS
	Healy, Brett	828																				DNS
	Johnson, Shauna	830																				DNS
	Dabrowski, Jill	836																				DNS
	Evenson, Chad	847																				DNS
	Davis, Rusty	753																				DNS
	Lew, Dan	776																				DNS
	Hausken, Kelsey	780																				DNS
	Batts, Candace	781																				DNS
	Mcmorrow, Patrick	782																				DNS
	Hofer, Sarah	790																				DNS
	O'brien, Patrick	799																				DNS
	West, Samuel	701																				DNS
	Checkalski, Bj	709																				DNS
	Rossi, Beth	710																				DNS

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1		17 mi bike			T-2		3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen	description
	West, Bonnie	447 St Paul, MN																	DNS

Team - Sprint Distance Relay			0.25 mi swim		T-1		17 mi bike			T-2		3.1 mi run		7/30/2008					
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	Pen	description
Ov/Div/Age																			
Team - Sprint Distance Relay Triathlon																			
																	Field: 29		
1	1	Sneer, Sara	1135	Mankato, MN	00:07:21.7	01:50	00:00:45.3		00:50:13.4	20.3		00:00:31.4		00:20:25.6	06:35	01:19:17.6			
2	2	Comstock, Manny	1232	St. Paul, MH	00:09:06.3	02:16	00:01:39.2		00:46:51.0	21.8		00:00:30.8		00:21:59.9	07:05	01:20:07.5			
3	3	Wray, Bryan	896	Eagan, MN	00:09:10.4	02:17	00:00:51.3		00:46:40.5	21.9		00:00:26.0		00:23:02.4	07:25	01:20:10.8			
4	4	Frandsen, Britt	988	Rush City, MN	00:07:57.8	01:59	00:00:38.2		00:46:01.7	22.2		00:00:20.8		00:25:16.0	08:09	01:20:14.7			
5	5	Skoglund, Krista	1242	Maple Grove,	00:09:24.0	02:21	00:00:43.9		00:45:31.4	22.4		00:01:35.0		00:24:51.5	08:01	01:22:06.1			
6	6	Peltier, Sharron	852	Stacy, MN	00:09:58.5	02:29	00:00:48.3		00:48:35.3	21.0		00:00:27.3		00:23:16.4	07:30	01:23:06.0			
7	7	Turman, Avery	1230	St. Charles, MN	00:08:59.7	02:14	00:03:53.5		00:55:33.5	18.4		00:00:17.6		00:22:21.4	07:12	01:31:06.0			
8	8	Seubert, Ron	879	Maple Grove,	00:10:46.7	02:41	00:00:57.7		00:55:01.6	18.5		00:00:25.8		00:24:31.5	07:54	01:31:43.5			
9	9	Bergum, Jodi	1149	North Branch,	00:13:41.1	03:25	00:00:41.7		00:52:51.9	19.3		00:00:23.8		00:25:06.3	08:05	01:32:45.1			
10	10	Maring, Joseph	1229	forest lake, MN	00:13:04.8	03:16	00:00:54.4		00:50:45.1	20.1		00:00:30.9		00:27:29.7	08:52	01:32:45.1			
11	11	Salokar, Spencer	1178	Chisago City,	00:10:39.9	02:39	00:00:44.9		00:53:59.7	18.9		00:00:20.8		00:29:33.0	09:31	01:35:18.5			
12	12	Comstock, Kate	1125	St. Louis Park,	00:09:04.1	02:16	00:01:00.7		00:54:27.5	18.7		00:00:57.7		00:29:54.2	09:38	01:35:24.3			
13	13	Kulvich, Kim	941	Apple Valley,	00:13:05.1	03:16	00:01:04.7		00:57:44.8	17.7		00:00:42.8		00:27:07.0	08:44	01:39:44.7			
14	14	Virga, Joe	695	St. Paul, MN	00:10:08.2	02:32	00:01:04.3		01:03:41.9	16.0		00:00:46.2		00:24:34.6	07:55	01:40:15.5			
15	15	Suchomel, Shelly	1272	white bear lake,	00:08:22.8	02:05	00:00:59.1		01:03:17.2	16.1		00:00:50.5		00:28:35.9	09:13	01:42:05.6			
16	16	Seubert, Gretchen	880	Maple Grove,	00:09:55.2	02:28	00:01:10.3		01:01:41.8	16.5		00:01:03.3		00:28:40.7	09:15	01:42:31.5			
17	17	Stein, Emily	1134	Taylor Falls, MN	00:08:10.1	02:02	00:01:24.8		01:04:36.5	15.8		00:00:41.8		00:28:07.7	09:04	01:43:01.1			
18	18	Hansen, Christine	895	White Bear	00:13:37.1	03:24	00:00:55.4		01:01:35.0	16.6		00:01:01.5		00:28:50.4	09:18	01:45:59.5			
19	19	Hummel, Bobbi	731	Scandia, MN	00:12:37.5	03:09	00:00:57.3		01:02:28.1	16.3		00:00:29.3		00:29:30.8	09:31	01:46:03.3			
20	20	Hanson, Sarah	1037	White Bear	00:12:55.6	03:13	00:01:05.7		01:04:27.7	15.8		00:00:40.5		00:27:27.3	08:51	01:46:36.9			
21	21	Hulbert, Deb	554	Forest Lake, MN	00:13:03.3	03:15	00:00:45.7		01:07:44.4	15.1		00:00:25.1		00:27:45.0	08:57	01:49:43.7			
22	22	Henderson, Nate	1231	andover, MN	00:13:32.4	03:23	00:01:15.4							00:23:42.0		01:50:26.2			
23	23	Biemert, Anessa	1238	Savage, MN	00:13:37.9	03:24	00:00:56.7		01:02:12.1	16.4		00:00:28.9		00:34:42.9	11:11	01:51:58.7			
24	24	Tubman, Nichole	1039	Apple Valley,	00:09:22.8	02:20	00:01:07.1		01:04:28.3	15.8		00:00:44.5		00:36:46.1	11:51	01:52:29.1			
25	25	Mclaughlin,	927	Minneapolis,	00:14:21.8	03:35	00:03:04.4		01:11:34.4	14.3		00:00:24.6		00:29:02.0	09:21	01:58:27.4			
26	26	Edwards, Ruth	771	Minnetonka, MN	00:17:14.3	04:18	00:01:06.7		00:52:38.2	19.4		00:06:59.7		00:41:42.9	13:27	01:59:41.9			
27	27	Merschdorf, Matt	1289		00:14:40.9	03:40	00:01:00.2		01:04:53.1	15.7		00:00:23.0		00:38:47.7	12:30	01:59:45.1			
28	28	Baumbach,	1136	Byron, MN	00:11:39.7	02:54	00:01:34.7		01:32:41.2	11.0		00:00:31.4		00:33:38.1	10:51	02:20:05.3			
		Crocker, Chris	1038	North Mankato,	00:43:28.0				00:32:34.4	31.3						DNF			