

**Nordic Spirit Ski Race & Tour**  
**Spirit Mountain**  
**Duluth, MN**  
**Sun, Jan 25, 2009**

**Age Group Results List**

White River Sports Timing  
<http://itiming.com>

Place	Age / Div	Bib	Name	City, State	Age Group	Age	Time	Pace min/k
<b>10 km Classic</b> <span style="float:right">Event Field: 43</span>								
<b>Male 10 km Classic</b> <span style="float:right">Division Field: 31</span>								
<b>19 &amp; under</b> <span style="float:right">Age Group Field: 7</span>								
1	2	10	Downs, Owen	Duluth, MN	M 19 &	15	00:35:49.0	03:34
2	3	39	Squillace, Tony	Duluth, MN	M 19 &	17	00:36:03.9	03:36
3	7	38	Davis, Ryan	Duluth, MN	M 19 &	14	00:40:28.4	04:02
4	11	41	Johnson, Sam	Aurora, MN	M 19 &	13	00:42:36.3	04:15
5	13	367	Whiteman, Peter	Duluth, MN	M 19 &	16	00:42:50.1	04:17
6	15	20	Hodapp, Benjamin	Duluth, MN	M 19 &	13	00:44:05.3	04:24
7	26	37	Israel, Luke	Duluth, MN	M 19 &	14	00:54:59.0	05:29
<b>20-29</b> <span style="float:right">Age Group Field: 1</span>								
1	22	8	Connell, Ryan	Bayfield, WI	M 20-29	21	00:46:38.0	04:39
<b>30-39</b> <span style="float:right">Age Group Field: 6</span>								
1	1	14	Gerard, Joseph	Duluth, MN	M 30-39	30	00:32:14.9	03:13
2	5	704	Weispfenning, Mike	Washburn, WI	M 30-39	30	00:37:01.2	03:42
3	18	26	Quinn, Justin	St. Cloud, MN	M 30-39	37	00:44:43.5	04:28
4	20	705	Wickman, Trent	Duluth, MN	M 30-39	38	00:45:31.1	04:33
5	25	7	Butcher, Jason	Duluth, MN	M 30-39	36	00:54:32.0	05:27
		25	Pipho, David	Duluth, MN	M 30-39	37	DNS	
<b>40-49</b> <span style="float:right">Age Group Field: 5</span>								
1	16	40	Johnson, Keith	Aurora, MN	M 40-49	48	00:44:11.5	04:25
2	17	23	Morehouse, Joe	Duluth, MN	M 40-49	44	00:44:12.2	04:25
3	19	19	Hendrickson, Ron	Esko, MN	M 40-49	42	00:44:53.5	04:29
4	23	42	Urbanski, Tom	Cloquet, MN	M 40-49	46	00:48:30.3	04:51
5	24	6	Burnside, Todd	Duluth, MN	M 40-49	46	00:51:26.6	05:08
<b>50-59</b> <span style="float:right">Age Group Field: 10</span>								
1	6	44	Dott, Eric	Duluth, MN	M 50-59	50	00:38:21.7	03:50
2	8	17	Hegg, Chris	Grand Marais, MN	M 50-59	56	00:40:45.7	04:04
3	9	15	Grace, Dean	Duluth, MN	M 50-59	56	00:41:29.1	04:08
4	12	33	Waters, James	Ontonagon, MI	M 50-59	52	00:42:43.4	04:16
5	14	3	Arzooyan, John	Houghton, MI	M 50-59	54	00:43:11.1	04:19
6	21	34	Whiteman, Frank	Duluth, MN	M 50-59	51	00:46:25.5	04:38
		2	Agerter, Tom	Superior, WI	M 50-59	51	DNS	
		4	BEERY, MIKE	DULUTH, MN	M 50-59	59	DNS	
		9	Doering, Fran	Duluth, MN	M 50-59	57	DNS	
		16	Graham, John	Duluth, MN	M 50-59	57	DNS	
<b>60-69</b> <span style="float:right">Age Group Field: 2</span>								
1	4	5	Borchert, Ken	Duluth, MN	M 60-69	62	00:36:27.6	03:38

Place	Age / Div	Bib	Name	City, State	Age Group	Age	Time	Pace min/k	
	2	10	28	Schneeweis, Joe	Duluth, MN	M 60-69	61	00:42:24.0	04:14

**Female 10 km Classic**

Division Field: 12

**19 & under**

Age Group Field: 2

1	2	21	LaFrance, Stephanie	Duluth, MN	F 19 &	19	00:38:54.8	03:53
		35	Youngberg, Chelsey	Duluth, MN	F 19 &	15	DNS	

**20-29**

Age Group Field: 1

		24	Nagell, Zoe	Minneapolis, MN	F 20-29	27	DNS	
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**30-39**

Age Group Field: 3

1	1	667	Gilpin, Staci	Duluth, MN	F 30-39	34	00:36:28.6	03:38
2	5	30	Sivertson, Erica	Duluth, MN	F 30-39	30	01:09:35.3	06:57
		13	Emmons, Kelly	Duluth, MN	F 30-39	34	DNS	

**40-49**

Age Group Field: 1

1	3	22	long, catherine	duluth, MN	F 40-49	44	00:49:43.7	04:58
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**50-59**

Age Group Field: 5

1	4	27	Redshaw, Anne	Grand Marais, MN	F 50-59	57	01:00:36.6	06:03
2	6	12	Ellison, Pam	Duluth, MN	F 50-59	56	01:16:55.4	07:41
3	7	29	Schwert, Nancy	Duluth, MN	F 50-59	55	01:16:55.5	07:41
		1	Agerter, Barb	Superior, WI	F 50-59	51	DNS	
		11	Downs, Robin	Duluth, MN	F 50-59	54	DNS	

Place	Age / Div	Bib	Name	City, State	Age Group	Age	Time	Pace min/k
<b>13 km Freestyle</b>					Event Field: 23			
<b>Male 13 km Freestyle</b>					Division Field: 12			
<b>19 &amp; under</b>					Age Group Field: 3			
1	1	353	Hess, Nick	Anoka, MN	M 19 &	18	00:44:26.5	03:25
2	2	713	Linn, Jimmy	Duluth, MN	M 19 &	19	00:47:23.2	03:38
3	6	712	Atol, Jim	Duluth, MN	M 19 &	19	01:13:54.1	05:41
<b>20-29</b>					Age Group Field: 3			
		716	Olson, Tyler	Duluth, MN	M 20-29	28	DNS	
		715	Miner, Paul	Duluth, MN	M 20-29	28	DNS	
		714	Miner, Peter	Duluth, MN	M 20-29	28	DNS	
<b>30-39</b>					Age Group Field: 1			
1	4	356	king, tim	dubuque, IA	M 30-39	36	00:48:55.0	03:45
<b>40-49</b>					Age Group Field: 2			
1	3	366	Andrews, Timothy	Duluth, MN	M 40-49	43	00:47:47.8	03:40
2	5	352	Hagan, Mark	Duluth, MN	M 40-49	40	00:55:25.3	04:15
<b>50-59</b>					Age Group Field: 3			
		18	Henderson, Leroy	Duluth, MN	M 50-59	52	DNS	
		351	Agar, Rick	Duluth, MN	M 50-59	54	DNS	
		363	Windberg, Paul	Duluth, MN	M 50-59	55	DNS	
<b>Female 13 km Freestyle</b>					Division Field: 11			
<b>19 &amp; under</b>					Age Group Field: 2			
1	5	354	Jefferson, Elizabeth	Duluth, MN	F 19 &	18	01:03:15.0	04:51
2	9	359	Squillace, Laura	Duluth, MN	F 19 &	18	01:20:00.9	06:09
<b>20-29</b>					Age Group Field: 3			
1	2	361	Whalen, Erica	Duluth, MN	F 20-29	20	01:00:54.5	04:41
2	3	355	Johnson, Andrea	Duluth, MN	F 20-29	25	01:01:09.7	04:42
3	4	360	Volk, Dana	Duluth, MN	F 20-29	22	01:02:05.3	04:46
<b>30-39</b>					Age Group Field: 1			
1	1	357	Miller, Dawn	Duluth, MN	F 30-39	30	00:53:58.6	04:09
<b>40-49</b>					Age Group Field: 3			
1	6	365	Mowers, Sondra	Duluth, MN	F 40-49	43	01:03:52.0	04:54
2	7	364	Kendrick, Rosslyn	Duluth, MN	F 40-49	40	01:09:35.4	05:21
		358	Rehman, Elise	Tofte, MN	F 40-49	48	DNS	
<b>50-59</b>					Age Group Field: 1			
		350	Agar, Penny	Duluth, MN	F 50-59	55	DNS	
					Age Group Field: 1			
1	8	999	Gates, Kari	Staples, MN	F		01:17:12.0	05:56

Place	Age / Div	Bib	Name	City, State	Age Group	Age	Time	Pace min/k
<b>25 km Freestyle</b>					Event Field: 65			
<b>Male 25 km Freestyle</b>					Division Field: 52			
<b>20-29</b>					Age Group Field: 12			
1	2	718	Krueger, Casey	Duluth, MN	M 20-29	25	00:38:20.6	02:56
2	3	719	Boyce, Jake	Duluth, MN	M 20-29	22	00:39:09.6	03:00
3	5	658	Busta, Luke	St. Cloud, MN	M 20-29	20	00:41:19.1	03:10
4	10	721	Belknap, Paul	Ashland, WI	M 20-29	27	00:44:01.6	03:23
5	11	676	Hoffman, Nate	Annandale, MN	M 20-29	26	00:44:47.9	03:26
6	19	663	Eberhardt, Justin	Ashby, MN	M 20-29	26	00:48:38.6	03:44
7	23	675	Hicks, Colin	Duluth, MN	M 20-29	23	00:50:28.4	03:52
8	28	657	Braden, Anthony	Duluth, MN	M 20-29	22	00:54:02.6	04:09
9	29	697	Shoberg, Tony	Duluth, MN	M 20-29	26	00:54:04.6	04:09
10	34	696	Shoberg, Jim	Duluth, MN	M 20-29	28	00:59:38.0	04:35
11	39	710	Flynn, Ryan	Cloquet, MN	M 20-29	29	01:04:19.9	04:56
		652	Anikin, Nikolai	Duluth, MN	M 20-29	28	DNS	
<b>30-39</b>					Age Group Field: 14			
1	1	685	Miller, Shawn	Duluth, MN	M 30-39	33	00:37:36.1	02:53
2	4	693	Ryan, Matthew	Duluth, MN	M 30-39	34	00:40:04.7	03:04
3	9	679	Kylander-Johnson, Scott	Duluth, MN	M 30-39	36	00:43:00.1	03:18
4	14	660	Dettmer, Alan	grand rapids , MN	M 30-39	37	00:46:02.3	03:32
5	17	722	McGrover, Joe	Duluth, MN	M 30-39	38	00:47:57.4	03:41
6	18	687	O'Connell, Pat	Duluth, MN	M 30-39	39	00:48:31.6	03:43
7	24	674	Hanhan, Tolga	Duluth, MN	M 30-39	34	00:51:00.3	03:55
8	26	682	Long, Morgan	Duluth, MN	M 30-39	32	00:52:02.5	04:00
9	32	670	Gustafson, Chris	Carlton, MN	M 30-39	38	00:58:19.0	04:29
10	35	666	French, Bryan	Duluth, MN	M 30-39	39	01:01:09.9	04:42
11	37	691	Riker-Coleman, Erik	Duluth, MN	M 30-39	36	01:02:13.2	04:47
		654	Bauer, Bruce	Duluth, MN	M 30-39	37	DNS	
		659	Byrnes, Mark	Minneapolis, MN	M 30-39	30	DNS	
		709	Zak, Matt	Duluth, MN	M 30-39	35	DNS	
<b>40-49</b>					Age Group Field: 17			
1	6	706	Williams, Greg	Thomson, MN	M 40-49	47	00:41:28.0	03:11
2	7	692	Ripp, kenneth	Cloquet, MN	M 40-49	43	00:42:41.5	03:17
3	8	681	Lewis, Michael	Carlton, MN	M 40-49	42	00:42:46.7	03:17
4	12	702	Vos, Jim	Duluth, MN	M 40-49	43	00:45:02.5	03:27
5	13	703	Wahman, Jarrow	Duluth, MN	M 40-49	47	00:45:41.2	03:30
6	16	689	Pitschka, Steven	Duluth, MN	M 40-49	42	00:47:16.0	03:38
7	21	683	long, steven	duluth, MN	M 40-49	47	00:50:03.3	03:51
8	22	684	Lynch, Thomas	Plymouth, MN	M 40-49	46	00:50:28.3	03:52
9	25	653	Bankson, John	Duluth, MN	M 40-49	45	00:51:25.1	03:57
10	30	698	Stafstrom, Mark	Duluth, MN	M 40-49	45	00:55:59.4	04:18
11	38	699	Tilbury, Jeff	Fort Frances, ONT	M 40-49	41	01:02:16.8	04:47
12	40	677	knight, scott	cologne, MN	M 40-49	47	01:10:33.1	05:25

Place	Age / Div	Bib	Name	City, State	Age Group	Age	Time	Pace min/k
	13 41	707	Willis, Steve	Superior, WI	M 40-49	40	01:17:13.9	05:56
		656	Bonner, Rhett	Duluth, MN	M 40-49	45	DNS	
		668	Graff, Brian	Duluth, MN	M 40-49	47	DNS	
		671	Haag, Mike	Duluth, MN	M 40-49	44	DNS	
		680	LaVick, Gregory P.	St. Paul, MN	M 40-49	45	DNS	

<b>50-59</b>		Age Group Field: 8						
1	15	673	Haltvick, Paul	Ashland, WI	M 50-59	51	00:46:37.8	03:35
2	20	662	Downs, Jed	Duluth, MN	M 50-59	51	00:49:04.1	03:46
3	27	651	anderson, hans	proctor, MN	M 50-59	55	00:52:32.1	04:02
4	31	672	Hagedorn, Steve	Duluth, MN	M 50-59	50	00:58:14.4	04:28
5	33	678	Koppy, Michael	Duluth, MN	M 50-59	58	00:59:31.1	04:34
6	36	708	Wilmot, Wayne	Duluth, MN	M 50-59	57	01:02:04.7	04:46
7	42	655	Black, Gary	Duluth, MN	M 50-59	54	01:23:24.6	06:24
		694	Schmitt, Bill	Duluth, MN	M 50-59	55	DNS	

<b>60-69</b>		Age Group Field: 1						
		701	Trolander, John	Orono, MN	M 60-69	63	DNS	

<b>Female 25 km Freestyle</b>		Division Field: 13						
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<b>20-29</b>		Age Group Field: 3						
1	1	661	Dickinson, Jenna	Duluth, MN	F 20-29	24	00:44:45.3	03:26
2	3	695	Shoberg, Chandra	Duluth, MN	F 20-29	25	00:47:33.6	03:39
3	8	690	Ranta, Emily	Duluth, MN	F 20-29	21	00:57:06.5	04:23

<b>30-39</b>		Age Group Field: 7						
1	2	717	Morse, Siiri	Duluth, MN	F 30-39	36	00:47:14.4	03:38
2	5	688	Ogston, Jena	Duluth, MN	F 30-39	37	00:49:14.4	03:47
3	6	720	Vos, Emily	Duluth, MN	F 30-39	34	00:52:32.1	04:02
4	9	686	Miron, Phoebe	Superior, WI	F 30-39	37	01:06:05.1	05:05
		650	Alfonsi, Tara	Duluth, MN	F 30-39	30	DNS	
		665	Flueckiger, Anne	Duluth, MN	F 30-39	39	DNS	
		669	Gustafson, Ann	Carlton, MN	F 30-39	32	DNS	

<b>40-49</b>		Age Group Field: 2						
1	4	664	Flanagan-Haag, Michelle	Duluth, MN	F 40-49	44	00:47:55.0	03:41
2	7	711	DeLuca, Deborah	Duluth, MN	F 40-49	48	00:54:47.0	04:12

<b>50-59</b>		Age Group Field: 1						
		700	Torkelson, Marie	Cannon Falls, MN	F 50-59	53	DNS	