

**Nordic Spirit Ski Race & Tour**  
**Spirit Mountain**  
**Duluth, MN**  
**Sun, Jan 25, 2009**

**Division Results List**

White River Sports Timing  
<http://itiming.com>

Place	Div / Age	Bib	Name	City, State	Age Group	Time	Pace min/k
<b>10 km Classic</b>				Event Field: 43			
<b>Male 10 km Classic</b>				Division Field: 31			
1	1	14	Gerard, Joseph	Duluth, MN	M 30-39	00:32:14.9	03:13
2	1	10	Downs, Owen	Duluth, MN	M 19 &	00:35:49.0	03:34
3	2	39	Squillace, Tony	Duluth, MN	M 19 &	00:36:03.9	03:36
4	1	5	Borchert, Ken	Duluth, MN	M 60-69	00:36:27.6	03:38
5	2	704	Weispfenning, Mike	Washburn, WI	M 30-39	00:37:01.2	03:42
6	1	44	Dott, Eric	Duluth, MN	M 50-59	00:38:21.7	03:50
7	3	38	Davis, Ryan	Duluth, MN	M 19 &	00:40:28.4	04:02
8	2	17	Hegg, Chris	Grand Marais, MN	M 50-59	00:40:45.7	04:04
9	3	15	Grace, Dean	Duluth, MN	M 50-59	00:41:29.1	04:08
10	2	28	Schneeweis, Joe	Duluth, MN	M 60-69	00:42:24.0	04:14
11	4	41	Johnson, Sam	Aurora, MN	M 19 &	00:42:36.3	04:15
12	4	33	Waters, James	Ontonagon, MI	M 50-59	00:42:43.4	04:16
13	5	367	Whiteman, Peter	Duluth, MN	M 19 &	00:42:50.1	04:17
14	5	3	Arzooyan, John	Houghton, MI	M 50-59	00:43:11.1	04:19
15	6	20	Hodapp, Benjamin	Duluth, MN	M 19 &	00:44:05.3	04:24
16	1	40	Johnson, Keith	Aurora, MN	M 40-49	00:44:11.5	04:25
17	2	23	Morehouse, Joe	Duluth, MN	M 40-49	00:44:12.2	04:25
18	3	26	Quinn, Justin	St. Cloud, MN	M 30-39	00:44:43.5	04:28
19	3	19	Hendrickson, Ron	Esko, MN	M 40-49	00:44:53.5	04:29
20	4	705	Wickman, Trent	Duluth, MN	M 30-39	00:45:31.1	04:33
21	6	34	Whiteman, Frank	Duluth, MN	M 50-59	00:46:25.5	04:38
22	1	8	Connell, Ryan	Bayfield, WI	M 20-29	00:46:38.0	04:39
23	4	42	Urbanski, Tom	Cloquet, MN	M 40-49	00:48:30.3	04:51
24	5	6	Burnside, Todd	Duluth, MN	M 40-49	00:51:26.6	05:08
25	5	7	Butcher, Jason	Duluth, MN	M 30-39	00:54:32.0	05:27
26	7	37	Israel, Luke	Duluth, MN	M 19 &	00:54:59.0	05:29
		2	Agerter, Tom	Superior, WI	M 50-59	DNS	
		4	BEERY, MIKE	DULUTH, MN	M 50-59	DNS	
		9	Doering, Fran	Duluth, MN	M 50-59	DNS	
		16	Graham, John	Duluth, MN	M 50-59	DNS	
		25	Pipho, David	Duluth, MN	M 30-39	DNS	
<b>Female 10 km Classic</b>				Division Field: 12			
1	1	667	Gilpin, Staci	Duluth, MN	F 30-39	00:36:28.6	03:38
2	1	21	LaFrance, Stephanie	Duluth, MN	F 19 &	00:38:54.8	03:53
3	1	22	long, catherine	duluth, MN	F 40-49	00:49:43.7	04:58
4	1	27	Redshaw, Anne	Grand Marais, MN	F 50-59	01:00:36.6	06:03
5	2	30	Sivertson, Erica	Duluth, MN	F 30-39	01:09:35.3	06:57

10 km Classic			1/25/2009		Female 10 km Classic		Division	Results
Place								
Div / Age	Bib	Name	City, State	Age Group	Time	Pace	min/k	
6	2	12 Ellison, Pam	Duluth, MN	F 50-59	01:16:55.4	07:41		
7	3	29 Schwert, Nancy	Duluth, MN	F 50-59	01:16:55.5	07:41		
		1 Agerter, Barb	Superior, WI	F 50-59	DNS			
		11 Downs, Robin	Duluth, MN	F 50-59	DNS			
		13 Emmons, Kelly	Duluth, MN	F 30-39	DNS			
		24 Nagell, Zoe	Minneapolis, MN	F 20-29	DNS			
		35 Youngberg, Chelsey	Duluth, MN	F 19 &	DNS			

Place	Div / Age	Bib	Name	City, State	Age Group	Time	Pace min/k
<b>13 km Freestyle</b>							
Event Field: 23							
<b>Male 13 km Freestyle</b>							
Division Field: 12							
1	1	353	Hess, Nick	Anoka, MN	M 19 &	00:44:26.5	03:25
2	2	713	Linn, Jimmy	Duluth, MN	M 19 &	00:47:23.2	03:38
3	1	366	Andrews, Timothy	Duluth, MN	M 40-49	00:47:47.8	03:40
4	1	356	king, tim	dubuque, IA	M 30-39	00:48:55.0	03:45
5	2	352	Hagan, Mark	Duluth, MN	M 40-49	00:55:25.3	04:15
6	3	712	Atol, Jim	Duluth, MN	M 19 &	01:13:54.1	05:41
		18	Henderson, Leroy	Duluth, MN	M 50-59	DNS	
		351	Agar, Rick	Duluth, MN	M 50-59	DNS	
		363	Windberg, Paul	Duluth, MN	M 50-59	DNS	
		716	Olson, Tyler	Duluth, MN	M 20-29	DNS	
		715	Miner, Paul	Duluth, MN	M 20-29	DNS	
		714	Miner, Peter	Duluth, MN	M 20-29	DNS	
<b>Female 13 km Freestyle</b>							
Division Field: 11							
1	1	357	Miller, Dawn	Duluth, MN	F 30-39	00:53:58.6	04:09
2	1	361	Whalen, Erica	Duluth, MN	F 20-29	01:00:54.5	04:41
3	2	355	Johnson, Andrea	Duluth, MN	F 20-29	01:01:09.7	04:42
4	3	360	Volk, Dana	Duluth, MN	F 20-29	01:02:05.3	04:46
5	1	354	Jefferson, Elizabeth	Duluth, MN	F 19 &	01:03:15.0	04:51
6	1	365	Mowers, Sondra	Duluth, MN	F 40-49	01:03:52.0	04:54
7	2	364	Kendrick, Rosslyn	Duluth, MN	F 40-49	01:09:35.4	05:21
8	1	999	Gates, Kari	Staples, MN	F	01:17:12.0	05:56
9	2	359	Squillace, Laura	Duluth, MN	F 19 &	01:20:00.9	06:09
		350	Agar, Penny	Duluth, MN	F 50-59	DNS	
		358	Rehman, Elise	Tofte, MN	F 40-49	DNS	

25 km Freestyle			1/25/2009	Male 25 km Freestyle	Division	Results
Place						
Div / Age	Bib	Name	City, State	Age Group	Time	Pace min/k
<b>25 km Freestyle</b>			Event Field: 65			
<b>Male 25 km Freestyle</b>			Division Field: 52			
1	1	685 Miller, Shawn	Duluth, MN	M 30-39	00:37:36.1	02:53
2	1	718 Krueger, Casey	Duluth, MN	M 20-29	00:38:20.6	02:56
3	2	719 Boyce, Jake	Duluth, MN	M 20-29	00:39:09.6	03:00
4	2	693 Ryan, Matthew	Duluth, MN	M 30-39	00:40:04.7	03:04
5	3	658 Busta, Luke	St. Cloud, MN	M 20-29	00:41:19.1	03:10
6	1	706 Williams, Greg	Thomson, MN	M 40-49	00:41:28.0	03:11
7	2	692 Ripp, kenneth	Cloquet, MN	M 40-49	00:42:41.5	03:17
8	3	681 Lewis, Michael	Carlton, MN	M 40-49	00:42:46.7	03:17
9	3	679 Kylander-Johnson, Scott	Duluth, MN	M 30-39	00:43:00.1	03:18
10	4	721 Belknap, Paul	Ashland, WI	M 20-29	00:44:01.6	03:23
11	5	676 Hoffman, Nate	Annandale, MN	M 20-29	00:44:47.9	03:26
12	4	702 Vos, Jim	Duluth, MN	M 40-49	00:45:02.5	03:27
13	5	703 Wahman, Jarrow	Duluth, MN	M 40-49	00:45:41.2	03:30
14	4	660 Dettmer, Alan	grand rapids , MN	M 30-39	00:46:02.3	03:32
15	1	673 Haltvick, Paul	Ashland, WI	M 50-59	00:46:37.8	03:35
16	6	689 Pitschka, Steven	Duluth, MN	M 40-49	00:47:16.0	03:38
17	5	722 McGrover, Joe	Duluth, MN	M 30-39	00:47:57.4	03:41
18	6	687 O'Connell, Pat	Duluth, MN	M 30-39	00:48:31.6	03:43
19	6	663 Eberhardt, Justin	Ashby, MN	M 20-29	00:48:38.6	03:44
20	2	662 Downs, Jed	Duluth, MN	M 50-59	00:49:04.1	03:46
21	7	683 long, steven	duluth, MN	M 40-49	00:50:03.3	03:51
22	8	684 Lynch, Thomas	Plymouth, MN	M 40-49	00:50:28.3	03:52
23	7	675 Hicks, Colin	Duluth, MN	M 20-29	00:50:28.4	03:52
24	7	674 Hanhan, Tolga	Duluth, MN	M 30-39	00:51:00.3	03:55
25	9	653 Bankson, John	Duluth, MN	M 40-49	00:51:25.1	03:57
26	8	682 Long, Morgan	Duluth, MN	M 30-39	00:52:02.5	04:00
27	3	651 anderson, hans	proctor, MN	M 50-59	00:52:32.1	04:02
28	8	657 Braden, Anthony	Duluth, MN	M 20-29	00:54:02.6	04:09
29	9	697 Shoberg, Tony	Duluth, MN	M 20-29	00:54:04.6	04:09
30	10	698 Stafstrom, Mark	Duluth, MN	M 40-49	00:55:59.4	04:18
31	4	672 Hagedorn, Steve	Duluth, MN	M 50-59	00:58:14.4	04:28
32	9	670 Gustafson, Chris	Carlton, MN	M 30-39	00:58:19.0	04:29
33	5	678 Koppy, Michael	Duluth, MN	M 50-59	00:59:31.1	04:34
34	10	696 Shoberg, Jim	Duluth, MN	M 20-29	00:59:38.0	04:35
35	10	666 French, Bryan	Duluth, MN	M 30-39	01:01:09.9	04:42
36	6	708 Wilmot, Wayne	Duluth, MN	M 50-59	01:02:04.7	04:46
37	11	691 Riker-Coleman, Erik	Duluth, MN	M 30-39	01:02:13.2	04:47
38	11	699 Tilbury, Jeff	Fort Frances, ONT	M 40-49	01:02:16.8	04:47
39	11	710 Flynn, Ryan	Cloquet, MN	M 20-29	01:04:19.9	04:56
40	12	677 knight, scott	cologne, MN	M 40-49	01:10:33.1	05:25
41	13	707 Willis, Steve	Superior, WI	M 40-49	01:17:13.9	05:56

25 km Freestyle			1/25/2009		Male 25 km Freestyle		Division	Results
Place								
Div / Age	Bib	Name	City, State		Age Group		Time	Pace min/k
42	7	655 Black, Gary	Duluth, MN		M 50-59		01:23:24.6	06:24
		652 Anikin, Nikolai	Duluth, MN		M 20-29		DNS	
		654 Bauer, Bruce	Duluth, MN		M 30-39		DNS	
		656 Bonner, Rhett	Duluth, MN		M 40-49		DNS	
		659 Byrnes, Mark	Minneapolis, MN		M 30-39		DNS	
		668 Graff, Brian	Duluth, MN		M 40-49		DNS	
		671 Haag, Mike	Duluth, MN		M 40-49		DNS	
		680 LaVick, Gregory P.	St. Paul, MN		M 40-49		DNS	
		694 Schmitt, Bill	Duluth, MN		M 50-59		DNS	
		701 Trolander, John	Orono, MN		M 60-69		DNS	
		709 Zak, Matt	Duluth, MN		M 30-39		DNS	

### Female 25 km Freestyle

Division Field: 13

1	1	661 Dickinson, Jenna	Duluth, MN		F 20-29		00:44:45.3	03:26
2	1	717 Morse, Siiri	Duluth, MN		F 30-39		00:47:14.4	03:38
3	2	695 Shoberg, Chandra	Duluth, MN		F 20-29		00:47:33.6	03:39
4	1	664 Flanagan-Haag, Michelle	Duluth, MN		F 40-49		00:47:55.0	03:41
5	2	688 Ogston, Jena	Duluth, MN		F 30-39		00:49:14.4	03:47
6	3	720 Vos, Emily	Duluth, MN		F 30-39		00:52:32.1	04:02
7	2	711 DeLuca, Deborah	Duluth, MN		F 40-49		00:54:47.0	04:12
8	3	690 Ranta, Emily	Duluth, MN		F 20-29		00:57:06.5	04:23
9	4	686 Miron, Phoebe	Superior, WI		F 30-39		01:06:05.1	05:05
		650 Alfonsi, Tara	Duluth, MN		F 30-39		DNS	
		665 Flueckiger, Anne	Duluth, MN		F 30-39		DNS	
		669 Gustafson, Ann	Carlton, MN		F 30-39		DNS	
		700 Torkelson, Marie	Cannon Falls, MN		F 50-59		DNS	