

Osceola Duathlon
Oakey Park
Osceola, WI
Sun, Oct 11, 2009

3 mi Run 1
trans 1
22 mi Bike

trans 2
1 mi Run 2

Overall Results

White River Sports Timing
<http://itiming.com>

| Place | Ovl/Div/Age | Name | Bib | PL | Run 1 | PL | trans 1 | PL | Bike | PL | trans 2 | PL | Run 2 | Finish | Pen |
|-------------------------|-------------|----------------------|-----|-----------------|---------------|----|------------|----|------------|----|------------|----|------------|------------|-----|
| Osceola Duathlon | | | | | | | | | | | | | | | |
| Field: 280 | | | | | | | | | | | | | | | |
| 1 | 1 | Moyer, Joe | 1 | Rochester, MN | 9 00:18:36.7 | 14 | 00:00:48.0 | 1 | 00:31:07.3 | 10 | 00:00:31.3 | 10 | 00:06:21.5 | 00:57:25.0 | |
| 2 | 2 | 1 Felling, Jim | 267 | River Falls, WI | 3 00:18:16.4 | 10 | 00:00:38.4 | 5 | 00:32:58.6 | 6 | 00:00:26.6 | 5 | 00:06:10.6 | 00:58:30.8 | |
| 3 | 3 | 1 Rogalla, Denver | 287 | Morse, MN | 5 00:18:19.9 | 6 | 00:00:34.2 | 7 | 00:33:13.7 | 12 | 00:00:32.8 | 14 | 00:06:31.7 | 00:59:12.3 | |
| 4 | 4 | 1 Preston, David | 180 | Minneapolis, | 10 00:18:49.9 | 65 | 00:01:28.6 | 3 | 00:32:21.2 | 15 | 00:00:34.6 | 6 | 00:06:11.2 | 00:59:25.7 | |
| 5 | 5 | 1 Schmidt, Kyle | 135 | Catawba, WI | 14 00:19:22.1 | 39 | 00:01:07.8 | 8 | 00:33:16.9 | 18 | 00:00:36.9 | 3 | 00:06:09.1 | 01:00:33.1 | |
| 6 | 6 | 1 Kriegler, Paul | 200 | Maple Grove, | 2 00:17:46.3 | 21 | 00:00:56.3 | 17 | 00:36:11.1 | 17 | 00:00:36.8 | 2 | 00:05:53.2 | 01:01:23.8 | |
| 7 | 7 | 1 Wegener, Rick | 78 | Blaine, MN | 13 00:19:12.5 | 11 | 00:00:40.6 | 12 | 00:35:01.8 | 5 | 00:00:25.5 | 9 | 00:06:11.9 | 01:01:32.4 | |
| 8 | 8 | 2 Carew, David | 2 | Greenville, WI | 24 00:20:24.5 | 29 | 00:01:00.5 | 4 | 00:32:41.1 | 11 | 00:00:31.7 | 26 | 00:07:05.6 | 01:01:43.6 | |
| 9 | 9 | 2 Marsh, Scott | 218 | Austin, MN | 4 00:18:19.5 | 31 | 00:01:02.2 | 13 | 00:35:36.4 | 13 | 00:00:32.9 | 12 | 00:06:24.9 | 01:01:56.2 | |
| 10 | 10 | 2 Barkema, Douglas | 39 | St Louis Park, | 19 00:20:12.1 | 18 | 00:00:53.1 | 9 | 00:33:46.0 | 8 | 00:00:29.8 | 15 | 00:06:41.8 | 01:02:03.1 | |
| 11 | 11 | 2 Joas, Bryan | 186 | Eagan, MN | 31 00:21:17.4 | 27 | 00:01:00.4 | 2 | 00:31:33.6 | 37 | 00:00:48.9 | 33 | 00:07:24.2 | 01:02:04.7 | |
| 12 | 12 | 2 Good, Cody | 21 | Stacy, MN | 7 00:18:33.2 | 4 | 00:00:33.5 | 19 | 00:36:26.5 | 4 | 00:00:25.1 | 8 | 00:06:11.5 | 01:02:10.1 | |
| 13 | 13 | 1 Benedum, Bob | 6 | Amery, WI | 12 00:19:11.9 | 1 | 00:00:28.0 | 14 | 00:35:37.7 | 14 | 00:00:34.1 | 13 | 00:06:27.1 | 01:02:18.9 | |
| 14 | 14 | 3 Hughes, Lou | 113 | Duluth, MN | 6 00:18:32.2 | 9 | 00:00:37.3 | 20 | 00:36:27.4 | 19 | 00:00:37.7 | 20 | 00:06:46.8 | 01:03:01.5 | |
| 15 | 15 | 2 Sorensen, Erik | 282 | St. Louis Park, | 16 00:19:57.2 | 55 | 00:01:22.0 | 11 | 00:34:33.2 | 54 | 00:01:03.4 | 19 | 00:06:45.4 | 01:03:41.3 | |
| 16 | 16 | 3 Weigel, Joshua | 288 | Rochester, MN | 34 00:21:31.4 | 38 | 00:01:07.2 | 6 | 00:33:03.5 | 52 | 00:01:00.1 | 28 | 00:07:08.0 | 01:03:50.3 | |
| 17 | 17 | 3 Karl, Keegan | 165 | Frederic, WI | 8 00:18:35.2 | 47 | 00:01:12.3 | 21 | 00:36:35.5 | 77 | 00:01:26.2 | 4 | 00:06:10.5 | 01:03:59.9 | |
| 18 | 18 | 3 Peter, Anthony | 285 | Mounds View, | 1 00:17:36.8 | 43 | 00:01:09.5 | 37 | 00:39:01.1 | 9 | 00:00:30.5 | 1 | 00:05:52.7 | 01:04:10.8 | |
| 19 | 19 | 3 Weber, Jason | 52 | La Crosse, WI | 23 00:20:21.3 | 12 | 00:00:42.8 | 16 | 00:35:51.5 | 7 | 00:00:29.2 | 25 | 00:07:02.8 | 01:04:27.8 | |
| 20 | 20 | 4 Fillipi, Pete | 173 | Osceola, WI | 15 00:19:52.4 | 72 | 00:01:32.6 | 18 | 00:36:26.4 | 40 | 00:00:49.5 | 11 | 00:06:21.9 | 01:05:03.0 | |
| 21 | 21 | 3 Kondrasuk, | 5 | Rosemount, MN | 29 00:21:05.7 | 77 | 00:01:40.0 | 10 | 00:33:53.7 | 43 | 00:00:53.6 | 43 | 00:07:37.0 | 01:05:10.2 | |
| 22 | 1 | Hankee, Diane | 10 | Lino Lakes, MN | 6 00:21:17.9 | 7 | 00:00:51.1 | 1 | 00:35:49.5 | 6 | 00:00:30.7 | 4 | 00:07:04.4 | 01:05:33.9 | |
| 23 | 22 | 4 Jeska-silrum, Seth | 251 | Minneapolis, | 18 00:20:07.2 | 37 | 00:01:06.8 | 23 | 00:37:05.3 | 71 | 00:01:16.7 | 16 | 00:06:42.3 | 01:06:18.4 | |
| 24 | 2 | 1 Moyer, Ann | 4 | Rochester, MN | 3 00:20:32.9 | 20 | 00:00:58.3 | 2 | 00:37:11.2 | 23 | 00:00:43.8 | 2 | 00:06:55.0 | 01:06:21.5 | |
| 25 | 3 | 1 Richards, Renne | 289 | Oshkosh, WI | 2 00:20:23.5 | 24 | 00:01:05.0 | 3 | 00:37:42.9 | 15 | 00:00:39.0 | 3 | 00:06:56.9 | 01:06:47.5 | |
| 26 | 23 | 4 Kile, Paul | 105 | Edina, MN | 25 00:20:30.2 | 17 | 00:00:52.9 | 29 | 00:37:39.9 | 22 | 00:00:39.9 | 27 | 00:07:07.1 | 01:06:50.2 | |
| 27 | 24 | 5 Bonnett, Justin | 252 | Forest Lake, MN | 22 00:20:17.4 | 28 | 00:01:00.5 | 30 | 00:37:47.7 | 53 | 00:01:00.4 | 17 | 00:06:44.4 | 01:06:50.6 | |

| Osceola Place | | Duathlon | | 3 mi Run 1 | | trans 1 | | 22 mi Bike | | trans 2 | | 1 mi Run 2 | | 10/11/2009 | |
|---------------|---------------------|----------|----------------|---------------|----|---------------|----|---------------|----|---------------|----|---------------|------------|------------|--|
| Ovl/Div/Age | Name | Bib | PL | Run 1 | PL | trans 1 | PL | Bike | PL | trans 2 | PL | Run 2 | Finish | Pen | |
| 28 25 | 4 Hess, Nick | 206 | Anoka, MN | 11 00:18:51.0 | | 44 00:01:11.2 | | 39 00:39:26.6 | | 67 00:01:13.3 | | 7 00:06:11.4 | 01:06:53.6 | | |
| 29 26 | 4 Iwan, Michael | 20 | Golden Valley, | 17 00:19:59.7 | | 16 00:00:51.3 | | 36 00:38:44.3 | | 23 00:00:40.3 | | 18 00:06:45.2 | 01:07:01.0 | | |
| 30 27 | 4 Laberee, Jonathan | 74 | Menomonie, WI | 28 00:21:03.8 | | 2 00:00:32.7 | | 32 00:38:01.2 | | 1 00:00:19.6 | | 30 00:07:16.0 | 01:07:13.4 | | |
| 31 28 | 1 Getty, Mark | 260 | Plymouth, MN | 38 00:21:50.7 | | 52 00:01:17.4 | | 27 00:37:31.8 | | 39 00:00:49.2 | | 23 00:06:52.8 | 01:08:22.2 | | |
| 32 4 | 1 Deegan, Jessica | 176 | Saint Paul, MN | 5 00:21:14.0 | | 12 00:00:53.3 | | 5 00:39:11.3 | | 14 00:00:38.6 | | 6 00:07:14.9 | 01:09:12.3 | | |
| 33 29 | 5 Lee, Ryan | 291 | Osceola, WI | 21 00:20:16.5 | | 94 00:02:26.1 | | 28 00:37:32.6 | | 89 00:01:38.8 | | 31 00:07:20.8 | 01:09:15.1 | | |
| 34 1 | Washburne, | 280 | Minneapolis, | 1 00:22:38.6 | | 7 00:01:20.5 | | 1 00:35:53.6 | | 10 00:01:20.5 | | 4 00:08:07.6 | 01:09:21.0 | | |
| 35 30 | 6 Derung, Kevin | 133 | Bethel, MN | 45 00:22:45.1 | | 69 00:01:30.2 | | 22 00:36:35.5 | | 61 00:01:09.5 | | 36 00:07:27.1 | 01:09:27.5 | | |
| 36 31 | 7 Haase, Matt | 92 | Maple Grove, | 60 00:24:02.3 | | 15 00:00:51.1 | | 15 00:35:43.5 | | 20 00:00:38.3 | | 61 00:08:14.2 | 01:09:29.7 | | |
| 37 32 | 5 Noer, Michael | 284 | Stillwater, MN | 37 00:21:50.6 | | 30 00:01:00.8 | | 34 00:38:06.0 | | 55 00:01:04.2 | | 46 00:07:46.5 | 01:09:48.2 | | |
| 38 33 | 5 Kelzer, Joe | 273 | New Richmond, | 26 00:20:54.3 | | 40 00:01:08.5 | | 42 00:40:10.7 | | 24 00:00:40.4 | | 24 00:07:01.4 | 01:09:55.5 | | |
| 39 34 | 2 Maclean, Robert | 262 | Wayzata, MN | 43 00:22:37.3 | | 54 00:01:18.8 | | 24 00:37:19.9 | | 48 00:00:58.3 | | 52 00:07:56.9 | 01:10:11.4 | | |
| 40 35 | 3 Vogler, Patrick | 40 | Hudson, WI | 35 00:21:33.4 | | 56 00:01:22.2 | | 33 00:38:04.9 | | 74 00:01:21.7 | | 49 00:07:53.3 | 01:10:15.7 | | |
| 41 2 | Young, William | 100 | North Branch, | 4 00:23:27.2 | | 1 00:00:44.2 | | 3 00:37:33.5 | | 4 00:00:39.6 | | 2 00:07:54.4 | 01:10:19.1 | | |
| 42 3 | Amelsberg, Dave | 187 | Houlton, WI | 2 00:22:45.6 | | 3 00:01:03.8 | | 4 00:38:31.9 | | 3 00:00:38.8 | | 1 00:07:24.7 | 01:10:24.9 | | |
| 43 36 | 6 Leininger, Tim | 242 | Eagan, MN | 20 00:20:15.1 | | 90 00:02:10.7 | | 49 00:40:59.4 | | 59 00:01:07.5 | | 21 00:06:47.7 | 01:11:20.7 | | |
| 44 37 | 8 Petree, Chris | 255 | Lakeville, MN | 30 00:21:15.2 | | 62 00:01:25.8 | | 44 00:40:20.7 | | 56 00:01:05.0 | | 29 00:07:13.9 | 01:11:20.8 | | |
| 45 38 | 6 Martin, Andrew | 32 | Minneapolis, | 59 00:23:54.2 | | 42 00:01:08.9 | | 25 00:37:22.7 | | 30 00:00:42.7 | | 64 00:08:15.7 | 01:11:24.3 | | |
| 46 4 | Krawczyk, Andrew | 46 | Saint Paul, MN | 5 00:24:23.5 | | 8 00:01:22.3 | | 2 00:36:24.2 | | 7 00:00:59.7 | | 5 00:08:15.3 | 01:11:25.2 | | |
| 47 39 | 4 Gaffer, Steve | 281 | New Richmond, | 62 00:24:13.1 | | 26 00:01:00.3 | | 26 00:37:28.4 | | 36 00:00:48.6 | | 58 00:08:07.3 | 01:11:37.9 | | |
| 48 5 | 2 Powell, Kristy | 99 | New Brighton, | 14 00:23:17.7 | | 15 00:00:56.1 | | 4 00:39:10.5 | | 26 00:00:47.6 | | 20 00:08:01.9 | 01:12:14.0 | | |
| 49 40 | 1 Wynveen, Doug | 68 | Osceola, WI | 27 00:21:03.4 | | 79 00:01:42.2 | | 48 00:40:59.3 | | 57 00:01:05.2 | | 40 00:07:34.7 | 01:12:24.9 | | |
| 50 41 | 6 Smith, Thomas | 238 | Amery, WI | 33 00:21:29.0 | | 5 00:00:34.1 | | 65 00:42:45.7 | | 3 00:00:24.7 | | 32 00:07:23.3 | 01:12:37.0 | | |
| 51 6 | 2 Hoff, Step | 270 | Somerset, WI | 9 00:22:39.1 | | 25 00:01:08.2 | | 8 00:40:46.6 | | 28 00:00:48.2 | | 8 00:07:27.5 | 01:12:49.8 | | |
| 52 42 | 7 Grady, Sean | 129 | Eules, TX | 36 00:21:47.9 | | 3 00:00:33.0 | | 60 00:42:15.2 | | 25 00:00:40.8 | | 39 00:07:33.4 | 01:12:50.5 | | |
| 53 43 | 2 Dawson, Brian | 276 | Rochester, MN | 54 00:23:32.5 | | 60 00:01:24.0 | | 38 00:39:25.9 | | 31 00:00:46.2 | | 50 00:07:55.7 | 01:13:04.6 | | |
| 54 7 | 1 Franz, Lee | 163 | Chanhassen, | 12 00:23:02.6 | | 29 00:01:11.9 | | 6 00:40:13.3 | | 46 00:01:02.4 | | 13 00:07:47.5 | 01:13:18.0 | | |
| 55 44 | 5 Jung, Timothy | 250 | Minneapolis, | 65 00:24:25.6 | | 71 00:01:32.2 | | 35 00:38:44.3 | | 63 00:01:09.5 | | 41 00:07:36.3 | 01:13:28.2 | | |
| 56 45 | 7 Kretschmer, Mark | 236 | Hudson, WI | 40 00:22:28.5 | | 25 00:00:58.6 | | 53 00:41:35.3 | | 50 00:00:59.9 | | 42 00:07:36.9 | 01:13:39.4 | | |
| 57 46 | 8 Campbell, Kevin | 244 | Osceola, WI | 32 00:21:18.2 | | 67 00:01:29.3 | | 63 00:42:40.1 | | 49 00:00:59.7 | | 44 00:07:37.1 | 01:14:04.5 | | |
| 58 47 | 6 Sutcliffe, John | 183 | Stillwater, MN | 39 00:22:07.0 | | 75 00:01:34.5 | | 52 00:41:30.9 | | 45 00:00:56.3 | | 55 00:08:04.6 | 01:14:13.4 | | |
| 59 48 | 9 Froyum, Kris | 227 | Shakopee, MN | 55 00:23:34.4 | | 48 00:01:12.7 | | 46 00:40:37.4 | | 78 00:01:26.8 | | 37 00:07:33.3 | 01:14:24.8 | | |
| 60 8 | 3 Joas, Shauna | 185 | Eagan, MN | 20 00:24:08.6 | | 13 00:00:53.9 | | 9 00:40:54.7 | | 22 00:00:43.5 | | 12 00:07:45.7 | 01:14:26.7 | | |

| Osceola Place | | Duathlon | | 3 mi Run 1 | | trans 1 | | 22 mi Bike | | trans 2 | | 1 mi Run 2 | | 10/11/2009 | |
|---------------|----------------------|----------|-----------------|------------|------------|---------|------------|------------|------------|---------|------------|------------|------------|------------|--|
| Ovl/Div/Age | Name | Bib | PL | Run 1 | PL | trans 1 | PL | Bike | PL | trans 2 | PL | Run 2 | Finish | Pen | |
| 61 49 | 1 Bailey, Bob | 101 | Woodbury, MN | 41 | 00:22:35.9 | 34 | 00:01:05.7 | 51 | 00:41:30.2 | 51 | 00:01:00.0 | 66 | 00:08:21.9 | 01:14:33.9 | |
| 62 5 | Benning, Bill | 166 | Lakeville, MN | 3 | 00:23:25.7 | 9 | 00:01:29.8 | 6 | 00:41:14.4 | 2 | 00:00:37.7 | 3 | 00:07:56.3 | 01:14:44.1 | |
| 63 9 | 4 Souvignier, Tracey | 93 | St. Louis Park, | 4 | 00:21:00.3 | 32 | 00:01:16.2 | 21 | 00:44:19.2 | 60 | 00:01:18.3 | 1 | 00:06:52.1 | 01:14:46.4 | |
| 64 50 | 2 Elbing, Paul | 205 | Amery, WI | 73 | 00:25:22.2 | 41 | 00:01:08.8 | 31 | 00:37:55.5 | | | | | 01:14:46.6 | |
| 65 10 | 2 Walton, Jocelyn | 254 | Minneapolis, | 15 | 00:23:22.1 | 56 | 00:01:44.9 | 7 | 00:40:45.0 | 49 | 00:01:05.7 | 16 | 00:07:53.9 | 01:14:51.8 | |
| 66 51 | 8 Warner, Dustin | 104 | Eden Prairie, | 64 | 00:24:19.4 | 20 | 00:00:55.9 | 50 | 00:41:06.5 | 28 | 00:00:42.5 | 63 | 00:08:14.8 | 01:15:19.2 | |
| 67 52 | 10 Udem, Dan | 17 | Chisago City, | 53 | 00:23:13.6 | 23 | 00:00:57.8 | 57 | 00:42:06.5 | 65 | 00:01:12.7 | 54 | 00:08:02.7 | 01:15:33.5 | |
| 68 53 | 11 Romero, Brian | 295 | Chisago City, | 42 | 00:22:36.1 | 32 | 00:01:04.2 | 69 | 00:43:24.2 | 60 | 00:01:08.7 | 34 | 00:07:24.8 | 01:15:38.2 | |
| 69 54 | 7 Harmon, Bob | 208 | New Brighton, | 49 | 00:23:01.4 | 33 | 00:01:05.3 | 66 | 00:42:50.9 | 47 | 00:00:57.9 | 45 | 00:07:44.7 | 01:15:40.4 | |
| 70 55 | 7 Bell, Anthony | 154 | Ramsey, MN | 47 | 00:22:52.6 | 91 | 00:02:16.4 | 43 | 00:40:11.6 | 98 | 00:02:13.7 | 56 | 00:08:06.5 | 01:15:40.9 | |
| 71 11 | 5 Anderson, Jolene | 59 | Blaine, MN | 17 | 00:23:43.8 | 21 | 00:01:01.6 | 11 | 00:41:52.2 | 43 | 00:00:59.9 | 21 | 00:08:05.1 | 01:15:42.8 | |
| 72 12 | 3 Cole, Bronwyn | 237 | Minneapolis, | 10 | 00:22:53.9 | 52 | 00:01:40.4 | 13 | 00:42:09.8 | 55 | 00:01:07.8 | 15 | 00:07:51.4 | 01:15:43.6 | |
| 73 56 | 1 Yasis, Josh | 261 | Dresser, WI | 46 | 00:22:45.5 | 35 | 00:01:06.2 | 73 | 00:44:14.9 | 42 | 00:00:50.7 | 22 | 00:06:48.6 | 01:15:46.1 | |
| 74 57 | 9 Crist, Shawn | 50 | New Richmond, | 48 | 00:22:54.9 | 64 | 00:01:28.4 | 62 | 00:42:39.3 | 85 | 00:01:34.5 | 35 | 00:07:25.3 | 01:16:02.5 | |
| 75 13 | 2 Waldron, Kathy | 34 | Green Bay, WI | 1 | 00:20:16.3 | 17 | 00:00:56.9 | 35 | 00:47:39.5 | 1 | 00:00:26.6 | 5 | 00:07:05.0 | 01:16:24.6 | |
| 76 58 | 8 Schulz, Tim | 115 | Chaska, MN | 66 | 00:24:26.3 | 58 | 00:01:23.1 | 54 | 00:41:37.0 | 72 | 00:01:18.2 | 47 | 00:07:47.0 | 01:16:31.8 | |
| 77 59 | 3 Ahlstrand, Louis | 86 | Shafer, MN | 51 | 00:23:11.6 | 82 | 00:01:53.2 | 58 | 00:42:08.0 | 70 | 00:01:16.3 | 57 | 00:08:06.8 | 01:16:36.1 | |
| 78 14 | 1 Mannebach, | 143 | Madison, WI | 26 | 00:25:11.8 | 2 | 00:00:37.7 | 12 | 00:42:02.2 | 4 | 00:00:29.5 | 22 | 00:08:25.4 | 01:16:46.8 | |
| 79 60 | 8 Gabriel, Mark | 170 | Ramsey, MN | 52 | 00:23:11.9 | 19 | 00:00:54.1 | 72 | 00:43:54.3 | 16 | 00:00:35.5 | 62 | 00:08:14.6 | 01:16:50.6 | |
| 80 15 | 1 Schumacher, Sally | 194 | Milwaukee, WI | 13 | 00:23:03.5 | 59 | 00:01:50.4 | 15 | 00:43:13.5 | 45 | 00:01:00.8 | 10 | 00:07:42.5 | 01:16:50.9 | |
| 81 16 | 6 Sullivan, Hannah | 172 | St Paul, MN | 24 | 00:24:42.8 | 44 | 00:01:29.2 | 10 | 00:41:49.2 | 35 | 00:00:50.5 | 19 | 00:07:59.0 | 01:16:51.0 | |
| 82 61 | 10 Neperud, Chris | 118 | Osceola, WI | 44 | 00:22:40.0 | 36 | 00:01:06.7 | 74 | 00:44:52.6 | 29 | 00:00:42.5 | 53 | 00:07:57.4 | 01:17:19.3 | |
| 83 62 | 11 Weiman, Keith | 266 | Crystal, MN | 56 | 00:23:36.9 | 63 | 00:01:26.7 | 70 | 00:43:43.3 | 66 | 00:01:12.9 | 38 | 00:07:33.3 | 01:17:33.3 | |
| 84 63 | 3 Larrin, Gordon | 161 | Somerset, WI | 76 | 00:25:34.4 | 53 | 00:01:17.9 | 47 | 00:40:48.9 | 73 | 00:01:19.4 | 72 | 00:08:40.0 | 01:17:40.8 | |
| 85 64 | 12 Tuckenhagen, | 138 | Oak Grove, MN | 57 | 00:23:41.7 | 86 | 00:02:03.0 | 41 | 00:40:00.7 | 104 | 00:03:44.7 | 67 | 00:08:27.8 | 01:17:58.1 | |
| 86 17 | 2 Luck, Amy | 153 | Madison, WI | 21 | 00:24:15.7 | 11 | 00:00:52.4 | 22 | 00:44:32.7 | 2 | 00:00:27.8 | 18 | 00:07:57.8 | 01:18:06.6 | |
| 87 65 | 12 Lucking, John | 112 | Bloomington, | 71 | 00:24:57.5 | 7 | 00:00:35.5 | 68 | 00:43:11.5 | 21 | 00:00:39.7 | 77 | 00:08:54.9 | 01:18:19.3 | |
| 88 18 | 3 Virchow, Allison | 188 | Loveland, CO | 23 | 00:24:32.3 | 23 | 00:01:03.1 | 16 | 00:43:21.9 | 34 | 00:00:50.1 | 26 | 00:08:32.3 | 01:18:20.0 | |
| 89 19 | 3 Markham-cousins, | 210 | Minneapolis, | 22 | 00:24:27.7 | 58 | 00:01:49.0 | 14 | 00:42:14.8 | 63 | 00:01:20.3 | 29 | 00:08:39.9 | 01:18:32.0 | |
| 90 20 | 7 Fillius, Sarah | 38 | Osceola, WI | 8 | 00:22:20.4 | 39 | 00:01:21.7 | 34 | 00:47:05.4 | 13 | 00:00:38.5 | 7 | 00:07:17.2 | 01:18:43.5 | |
| 91 66 | 13 Williams, Mark | 54 | Cottage Grove, | 63 | 00:24:16.2 | 8 | 00:00:36.2 | 79 | 00:45:34.0 | 2 | 00:00:24.6 | 51 | 00:07:56.4 | 01:18:47.6 | |
| 92 67 | 1 Remington, Jim | 42 | New Richmond, | 78 | 00:26:06.9 | 59 | 00:01:23.7 | 45 | 00:40:21.5 | 81 | 00:01:31.8 | 88 | 00:09:39.2 | 01:19:03.3 | |
| 93 68 | 2 Rasmuson, Elijah | 283 | Somerset, WI | 50 | 00:23:07.5 | 80 | 00:01:46.9 | 78 | 00:45:31.1 | 41 | 00:00:50.0 | 59 | 00:08:12.2 | 01:19:27.8 | |

| Osceola Place | | Duathlon | | 3 mi Run 1 | | trans 1 | | 22 mi Bike | | trans 2 | | 1 mi Run 2 | | 10/11/2009 | | |
|---------------|------|----------|------------------|------------|-----------------|---------|------------|------------|------------|---------|------------|------------|------------|------------|------------|------------|
| Ovl/Div/Age | Name | Bib | PL | Run 1 | PL | trans 1 | PL | Bike | PL | trans 2 | PL | Run 2 | Finish | Pen | | |
| 94 | 21 | 4 | Palmer, Lindsey | 184 | White Bear | 25 | 00:24:43.7 | 51 | 00:01:38.4 | 19 | 00:43:55.7 | 33 | 00:00:49.9 | 24 | 00:08:29.2 | 01:19:37.1 |
| 95 | 69 | 2 | Kuokkanen, Kit | 14 | Waukesha, WI | 77 | 00:25:41.2 | 66 | 00:01:28.6 | 61 | 00:42:22.9 | 62 | 00:01:09.5 | 78 | 00:08:56.5 | 01:19:38.9 |
| 96 | 22 | 5 | Swenson, Kelli | 164 | Frederic, WI | 16 | 00:23:24.1 | 54 | 00:01:41.1 | 32 | 00:46:39.2 | 25 | 00:00:47.6 | 11 | 00:07:45.3 | 01:20:17.5 |
| 97 | 6 | | Chicka, Ron | 198 | Foxbero, WI | 6 | 00:26:01.3 | 6 | 00:01:19.0 | 7 | 00:42:48.4 | 8 | 00:01:09.1 | 6 | 00:09:02.1 | 01:20:20.1 |
| 98 | 23 | 8 | Smith, Ann | 209 | Lake Elmo, MN | 19 | 00:24:06.5 | 34 | 00:01:18.5 | 27 | 00:45:54.3 | 59 | 00:01:17.6 | 14 | 00:07:48.8 | 01:20:25.8 |
| 99 | 70 | 9 | Nelsen, Todd | 131 | Cottage Grove, | 67 | 00:24:27.9 | 46 | 00:01:12.0 | 82 | 00:46:31.0 | 27 | 00:00:41.1 | 48 | 00:07:51.3 | 01:20:43.5 |
| 100 | 71 | 3 | Couillard, Tom | 64 | White Bear | 61 | 00:24:11.5 | 102 | 00:03:30.6 | 71 | 00:43:44.5 | 58 | 00:01:05.5 | 60 | 00:08:12.9 | 01:20:45.1 |
| 101 | 24 | 3 | Jordan, Marie | 132 | Roseville, MN | 36 | 00:27:08.0 | 16 | 00:00:56.7 | 17 | 00:43:31.9 | 16 | 00:00:39.2 | 33 | 00:08:52.5 | 01:21:08.4 |
| 102 | 25 | 4 | Burr, Shelly | 300 | Spring Valley, | 30 | 00:25:58.1 | 55 | 00:01:44.7 | 18 | 00:43:32.3 | 58 | 00:01:13.5 | 35 | 00:08:59.8 | 01:21:28.7 |
| 103 | 26 | 4 | Wegwerth, Kelly | 146 | Maplewood, MN | 34 | 00:26:51.4 | 100 | 00:03:32.2 | 23 | 00:44:35.3 | 30 | 00:00:49.0 | 30 | 00:08:42.6 | 01:21:30.6 |
| 104 | 27 | 9 | Holm, Desiree | 127 | Cloquet, MN | 11 | 00:22:59.0 | 22 | 00:01:01.8 | 43 | 00:49:13.2 | 19 | 00:00:42.0 | 9 | 00:07:40.9 | 01:21:37.2 |
| 105 | 72 | 10 | Thorsen, Michael | 220 | Maple Grove, | 72 | 00:25:04.2 | 100 | 00:03:17.8 | 67 | 00:43:07.4 | 92 | 00:01:46.4 | 69 | 00:08:33.7 | 01:21:49.7 |
| 106 | 28 | 4 | Payton, Laurie | 26 | Mendota | 38 | 00:27:17.7 | 5 | 00:00:45.7 | 20 | 00:43:58.7 | 24 | 00:00:47.1 | 38 | 00:09:10.2 | 01:21:59.6 |
| 107 | 73 | 9 | Ulrich, Corey | 249 | Dresser, WI | 75 | 00:25:28.1 | 57 | 00:01:22.7 | 80 | 00:45:42.4 | 64 | 00:01:12.0 | 68 | 00:08:33.4 | 01:22:18.8 |
| 108 | 74 | 11 | Knutson, Randall | 157 | Mankato, MN | 85 | 00:27:26.5 | 89 | 00:02:08.7 | 40 | 00:39:57.4 | 91 | 00:01:46.3 | 99 | 00:11:01.4 | 01:22:20.6 |
| 109 | 29 | 5 | Bengston, | 65 | Forest Lake, MN | 27 | 00:25:14.6 | 77 | 00:02:39.2 | 24 | 00:44:39.8 | 71 | 00:01:44.9 | 23 | 00:08:25.8 | 01:22:44.4 |
| 110 | 30 | 2 | Tretsven, Shelly | 66 | Shoreview, MN | 28 | 00:25:15.1 | 66 | 00:02:04.5 | 25 | 00:45:15.9 | 70 | 00:01:42.9 | 27 | 00:08:35.8 | 01:22:54.4 |
| 111 | 75 | 4 | Heffernan, David | 272 | Minneapolis, | 69 | 00:24:51.7 | 96 | 00:02:31.4 | 75 | 00:45:05.2 | 96 | 00:02:08.0 | 71 | 00:08:36.7 | 01:23:13.2 |
| 112 | 76 | 12 | Graf, Tom | 290 | Hudson, WI | 82 | 00:26:46.9 | 73 | 00:01:33.4 | 77 | 00:45:09.4 | 46 | 00:00:57.6 | 79 | 00:08:57.4 | 01:23:24.9 |
| 113 | 77 | 13 | Thorsen, Greg | 211 | Lindstrom, MN | 80 | 00:26:19.0 | 97 | 00:02:42.1 | 59 | 00:42:11.2 | 84 | 00:01:32.2 | 96 | 00:10:46.3 | 01:23:31.2 |
| 114 | 78 | 4 | Morast, John | 269 | Minneapolis, | 87 | 00:27:27.8 | 87 | 00:02:03.2 | 55 | 00:42:01.0 | 88 | 00:01:38.7 | 91 | 00:10:21.9 | 01:23:32.8 |
| 115 | 31 | 5 | De Rovere, Anne | 223 | Woodbury, MN | 33 | 00:26:51.3 | 47 | 00:01:34.4 | 26 | 00:45:36.3 | 21 | 00:00:43.1 | 34 | 00:08:53.4 | 01:23:38.7 |
| 116 | 7 | | Froyum, Dustin | 216 | Minneapolis, | 11 | 00:29:34.6 | 11 | 00:02:11.5 | 5 | 00:40:33.1 | 9 | 00:01:14.1 | 8 | 00:10:14.9 | 01:23:48.3 |
| 117 | 79 | 9 | Howard, Justin | 195 | Fountain, MN | 58 | 00:23:42.7 | 61 | 00:01:24.1 | 91 | 00:49:26.5 | 44 | 00:00:54.5 | 70 | 00:08:35.9 | 01:24:03.9 |
| 118 | 80 | 10 | Fecker Jr, Gary | 148 | Weston, WI | 89 | 00:27:41.4 | 50 | 00:01:13.8 | 64 | 00:42:43.8 | 68 | 00:01:15.7 | 102 | 00:11:20.4 | 01:24:15.4 |
| 119 | 81 | 11 | Husby, Jeff | 102 | River Falls, WI | 93 | 00:28:41.9 | 92 | 00:02:21.4 | 56 | 00:42:03.7 | 82 | 00:01:32.2 | 90 | 00:10:02.5 | 01:24:41.9 |
| 120 | 32 | 1 | Gustafon, Leanne | 204 | North Branch, | 41 | 00:27:41.3 | 9 | 00:00:52.1 | 28 | 00:46:05.5 | 11 | 00:00:36.1 | 54 | 00:09:40.7 | 01:24:55.8 |
| 121 | 82 | 5 | Onstott, Jim | 85 | Dresser, WI | 70 | 00:24:55.1 | 85 | 00:02:02.2 | 87 | 00:48:04.0 | 86 | 00:01:37.8 | 74 | 00:08:50.5 | 01:25:29.7 |
| 122 | 83 | 14 | Sullivan, Terry | 222 | Menomonie, WI | 86 | 00:27:26.8 | 78 | 00:01:41.3 | 84 | 00:46:49.4 | 76 | 00:01:24.5 | 65 | 00:08:20.5 | 01:25:42.7 |
| 123 | 33 | 6 | Sullivan, Traci | 221 | Menomonie, WI | 39 | 00:27:27.3 | 57 | 00:01:46.1 | 33 | 00:46:46.5 | 41 | 00:00:58.1 | 32 | 00:08:44.5 | 01:25:42.8 |
| 124 | 34 | 10 | Solomonson, | 140 | Princeton, MN | 31 | 00:26:24.1 | 48 | 00:01:34.9 | 36 | 00:47:48.0 | 42 | 00:00:58.8 | 37 | 00:09:06.9 | 01:25:52.8 |
| 125 | 1 | | Wolfe, Michelle | 196 | Stacy, MN | 2 | 00:28:41.0 | 1 | 00:00:34.8 | 1 | 00:46:20.4 | 1 | 00:00:26.6 | 3 | 00:09:53.5 | 01:25:56.6 |
| 126 | 84 | 12 | Galang, Joel | 81 | Middleton, WI | 68 | 00:24:32.4 | 24 | 00:00:58.6 | 94 | 00:50:39.6 | 26 | 00:00:40.8 | 83 | 00:09:08.2 | 01:25:59.7 |

| Osceola Duathlon | | 3 mi Run 1 | | trans 1 | | 22 mi Bike | | trans 2 | | 1 mi Run 2 | | 10/11/2009 | | | |
|------------------|-------------|----------------------|-----|-----------------|-------|------------|---------|------------|------|------------|---------|------------|-------|------------|------------|
| Place | Ovl/Div/Age | Name | Bib | PL | Run 1 | PL | trans 1 | PL | Bike | PL | trans 2 | PL | Run 2 | Finish | Pen |
| 127 | 35 | 5 Ross, Amber | 145 | Maplewood, MN | 35 | 00:27:04.6 | 4 | 00:00:40.9 | 41 | 00:48:40.8 | 3 | 00:00:28.6 | 40 | 00:09:21.1 | 01:26:16.2 |
| 128 | 85 | 15 Barshack, Evan | 128 | Roseville, MN | 88 | 00:27:37.3 | 70 | 00:01:30.8 | 85 | 00:47:06.1 | 87 | 00:01:38.4 | 80 | 00:08:58.1 | 01:26:50.8 |
| 129 | 36 | 6 Drillas, Nicoletta | 155 | Madison, WI | 29 | 00:25:30.6 | 41 | 00:01:26.2 | 45 | 00:50:02.8 | 61 | 00:01:19.0 | 28 | 00:08:38.8 | 01:26:57.4 |
| 130 | 37 | 6 Helleen, Jennie | 199 | Maple Grove, | 42 | 00:27:47.3 | 31 | 00:01:15.8 | 37 | 00:47:58.2 | 40 | 00:00:56.6 | 62 | 00:10:05.9 | 01:28:04.0 |
| 131 | 2 | Nelsen, Katie | 121 | Cottage Grove, | 3 | 00:28:59.2 | 3 | 00:01:17.8 | 2 | 00:47:48.3 | 2 | 00:00:37.3 | 1 | 00:09:23.6 | 01:28:06.3 |
| 132 | 86 | 4 Trombley, Craig | 230 | Dayton, MN | 74 | 00:25:24.5 | 98 | 00:02:42.4 | 92 | 00:49:55.1 | 79 | 00:01:26.9 | 73 | 00:08:44.6 | 01:28:13.7 |
| 133 | 38 | 7 Citrowske, Sara | 286 | Mounds View, | 18 | 00:24:03.1 | 67 | 00:02:06.6 | 52 | 00:53:11.1 | 47 | 00:01:03.4 | 17 | 00:07:56.4 | 01:28:20.7 |
| 134 | 39 | 3 Marquis, Sue | 137 | Lindstrom, MN | 40 | 00:27:37.7 | 37 | 00:01:20.5 | 44 | 00:49:17.8 | 48 | 00:01:05.4 | 42 | 00:09:24.3 | 01:28:45.9 |
| 135 | 40 | 4 Husby, Cheri | 103 | River Falls, WI | 51 | 00:28:16.9 | 53 | 00:01:40.7 | 38 | 00:48:03.0 | 53 | 00:01:07.3 | 57 | 00:09:56.3 | 01:29:04.4 |
| 136 | 87 | 5 Woehrle, John | 48 | Ellsworth, WI | 83 | 00:27:07.4 | 93 | 00:02:24.7 | 89 | 00:48:27.5 | 95 | 00:02:00.5 | 82 | 00:09:07.6 | 01:29:07.8 |
| 137 | 41 | 6 Cox, Susan | 239 | Lakeville, MN | 46 | 00:27:57.1 | 68 | 00:02:06.6 | 40 | 00:48:15.7 | 69 | 00:01:41.8 | 43 | 00:09:26.5 | 01:29:27.8 |
| 138 | 42 | 5 Reese, Lori | 240 | Lakeville, MN | 47 | 00:27:57.2 | 65 | 00:02:02.2 | 39 | 00:48:15.2 | 73 | 00:01:46.1 | 45 | 00:09:27.1 | 01:29:28.0 |
| 139 | 43 | 6 Hines, Patricia | 225 | Cambridge, MN | 48 | 00:28:00.2 | 78 | 00:02:44.1 | 42 | 00:48:43.9 | 64 | 00:01:32.1 | 41 | 00:09:22.9 | 01:30:23.4 |
| 140 | 88 | 6 Thunstrom, Brett | 228 | Zimmerman, MN | 96 | 00:29:27.3 | 88 | 00:02:04.8 | 81 | 00:46:14.7 | 90 | 00:01:40.3 | 97 | 00:10:56.1 | 01:30:23.4 |
| 141 | 44 | 7 Baxter, Denise | 278 | St. Cloud, MN | 50 | 00:28:09.7 | 71 | 00:02:15.5 | 46 | 00:50:06.2 | 56 | 00:01:09.5 | 53 | 00:09:40.4 | 01:31:21.5 |
| 142 | 89 | 3 Berry, Ethan | 63 | Stillwater, MN | 91 | 00:28:18.7 | 51 | 00:01:15.0 | 97 | 00:51:42.9 | 75 | 00:01:22.3 | 76 | 00:08:53.3 | 01:31:32.4 |
| 143 | 90 | 13 Berry, Donald | 62 | Stillwater, MN | 90 | 00:28:05.3 | 68 | 00:01:30.0 | 95 | 00:51:36.5 | 80 | 00:01:28.2 | 75 | 00:08:52.5 | 01:31:32.7 |
| 144 | 8 | Kelly, Ryan | 111 | Rochester, MN | 8 | 00:29:06.5 | 13 | 00:02:39.3 | 9 | 00:46:10.2 | 14 | 00:02:44.8 | 12 | 00:11:01.8 | 01:31:42.8 |
| 145 | 91 | 7 Wilson, Dan | 96 | Menomonie, WI | 84 | 00:27:15.1 | 81 | 00:01:50.4 | 96 | 00:51:42.0 | 97 | 00:02:10.4 | 81 | 00:09:03.6 | 01:32:01.7 |
| 146 | 45 | 11 Neperud, Kristin | 119 | Osceola, WI | 32 | 00:26:37.5 | 19 | 00:00:57.2 | 58 | 00:55:17.4 | 29 | 00:00:48.5 | 25 | 00:08:31.4 | 01:32:12.1 |
| 147 | 46 | 7 Wilson, Jo | 97 | Menomonie, WI | 37 | 00:27:16.9 | 8 | 00:00:51.5 | 55 | 00:54:07.8 | 20 | 00:00:42.3 | 39 | 00:09:13.8 | 01:32:12.6 |
| 148 | 9 | Patterson, Bradley | 55 | Sioux Falls, SD | 13 | 00:32:01.0 | 5 | 00:01:15.1 | 8 | 00:45:33.4 | 13 | 00:02:00.8 | 13 | 00:11:29.0 | 01:32:19.4 |
| 149 | 47 | 2 Mcnamara, Jill | 142 | Buffalo, MN | 52 | 00:28:17.7 | 33 | 00:01:16.7 | 49 | 00:51:54.9 | 38 | 00:00:55.4 | 61 | 00:10:05.4 | 01:32:30.3 |
| 150 | 48 | 3 Antisdell, Della | 259 | Stacy, MN | 66 | 00:30:27.8 | 38 | 00:01:21.6 | 47 | 00:50:30.0 | 7 | 00:00:31.2 | 56 | 00:09:55.2 | 01:32:46.0 |
| 151 | 49 | 7 Parochka, Alicia | 71 | Watertown, MN | 43 | 00:27:50.3 | 18 | 00:00:57.1 | 56 | 00:54:20.5 | 44 | 00:01:00.3 | 31 | 00:08:42.7 | 01:32:51.0 |
| 152 | 50 | 8 Troutman, Katie | 279 | St. Louis Park, | 71 | 00:32:00.7 | 70 | 00:02:13.6 | 30 | 00:46:37.5 | 82 | 00:02:10.4 | 59 | 00:09:59.6 | 01:33:02.0 |
| 153 | 92 | 14 Howard, Kyle | 120 | Woodville, WI | 98 | 00:32:05.7 | 49 | 00:01:13.7 | 88 | 00:48:26.3 | 32 | 00:00:46.2 | 95 | 00:10:41.1 | 01:33:13.3 |
| 154 | 51 | 9 Derung, Beth | 159 | Bethel, MN | 57 | 00:29:21.5 | 45 | 00:01:31.3 | 48 | 00:51:44.0 | 66 | 00:01:39.7 | 47 | 00:09:27.7 | 01:33:44.3 |
| 155 | 93 | 5 Wendt, Steve | 265 | Osceola, WI | 101 | 00:32:24.5 | 83 | 00:01:57.2 | 83 | 00:46:42.7 | 94 | 00:01:50.0 | 101 | 00:11:11.1 | 01:34:05.6 |
| 156 | 94 | 13 Ward, Frank | 247 | Lindstrom, MN | 99 | 00:32:08.4 | 103 | 00:04:25.9 | 76 | 00:45:05.3 | 102 | 00:02:43.3 | 89 | 00:09:50.9 | 01:34:14.0 |
| 157 | 52 | 12 Marsfen Dull, | 193 | Twin Lakes, WI | 44 | 00:27:52.0 | 36 | 00:01:19.5 | 60 | 00:55:38.5 | 8 | 00:00:35.5 | 36 | 00:09:02.3 | 01:34:28.0 |
| 158 | 10 | Nelsen, Chris | 122 | Cottage Grove, | 10 | 00:29:25.6 | 2 | 00:00:58.5 | 11 | 00:52:42.4 | 1 | 00:00:32.7 | 10 | 00:10:55.0 | 01:34:34.4 |
| 159 | 53 | 13 Patterson, Benita | 56 | Sioux Falls, SD | 77 | 00:33:00.9 | 75 | 00:02:28.0 | 29 | 00:46:10.9 | 80 | 00:02:02.0 | 73 | 00:10:57.8 | 01:34:39.8 |

| Osceola Duathlon | | 3 mi Run 1 | | trans 1 | | 22 mi Bike | | trans 2 | | 1 mi Run 2 | | 10/11/2009 | | | |
|------------------|-------------|-----------------------|-----|--------------------|-------|------------|---------|------------|------|------------|---------|------------|-------|------------|------------|
| Place | Ovl/Div/Age | Name | Bib | PL | Run 1 | PL | trans 1 | PL | Bike | PL | trans 2 | PL | Run 2 | Finish | Pen |
| 160 | 95 | 15 Dybng, Rob | 75 | Osceola, WI | 92 | 00:28:34.1 | 105 | 00:05:27.3 | 90 | 00:48:52.8 | 101 | 00:02:41.5 | 84 | 00:09:13.5 | 01:34:49.5 |
| 161 | 11 | Bleskacek, Josh | 234 | Elmwood, WI | 7 | 00:27:26.0 | 4 | 00:01:08.9 | 13 | 00:56:17.0 | 6 | 00:00:51.5 | 7 | 00:09:06.5 | 01:34:50.1 |
| 162 | 54 | 8 Ziebol, Lauren | 156 | Madison, WI | 53 | 00:28:19.6 | 60 | 00:01:50.9 | 57 | 00:54:57.7 | 9 | 00:00:35.9 | 52 | 00:09:35.6 | 01:35:19.9 |
| 163 | 12 | Woehrle, Jason | 47 | Ramsey, MN | 12 | 00:31:35.9 | 10 | 00:01:49.0 | 10 | 00:50:10.7 | 5 | 00:00:48.3 | 11 | 00:10:59.9 | 01:35:24.0 |
| 164 | 55 | 9 Johnson, Jessalyn | 95 | Stacy, MN | 45 | 00:27:52.8 | 6 | 00:00:48.6 | 62 | 00:56:59.6 | 5 | 00:00:30.2 | 48 | 00:09:29.0 | 01:35:40.3 |
| 165 | 56 | 1 Frawley, Maryanne | 202 | Amery, WI | 56 | 00:29:05.0 | 50 | 00:01:38.2 | 53 | 00:53:34.8 | 54 | 00:01:07.4 | 70 | 00:10:42.4 | 01:36:08.1 |
| 166 | 96 | 16 Koskie, Andy | 257 | Forest Lake, MN | 97 | 00:29:51.0 | 45 | 00:01:11.4 | 98 | 00:55:05.3 | 34 | 00:00:47.7 | 85 | 00:09:33.4 | 01:36:29.0 |
| 167 | 97 | 16 Sollin, Dean | 177 | | 79 | 00:26:07.5 | 13 | 00:00:46.7 | 103 | 00:59:20.4 | 35 | 00:00:48.3 | 87 | 00:09:38.2 | 01:36:41.3 |
| 168 | 98 | 6 Gibbons, Michael | 152 | Woodbury, MN | 104 | 00:33:56.9 | 95 | 00:02:29.7 | 86 | 00:47:38.0 | 69 | 00:01:16.0 | 104 | 00:11:51.7 | 01:37:12.5 |
| 169 | 99 | 10 Schuldt, Clinton | 130 | Coon Rapids, | 81 | 00:26:35.4 | 99 | 00:02:42.6 | 100 | 00:56:02.0 | 100 | 00:02:28.0 | 86 | 00:09:37.1 | 01:37:25.2 |
| 170 | 57 | 7 Vicklund, Laurie | 90 | Rush City, MN | 55 | 00:28:35.4 | 27 | 00:01:10.7 | 66 | 00:57:52.2 | 10 | 00:00:35.9 | 50 | 00:09:32.0 | 01:37:46.4 |
| 171 | 58 | 14 Miller, Faith | 15 | Minneapolis, MI | 82 | 00:37:03.2 | 69 | 00:02:12.2 | 31 | 00:46:37.9 | 81 | 00:02:09.4 | 60 | 00:10:00.1 | 01:38:02.9 |
| 172 | 13 | Leclere, Cory | 44 | Eden Prairie, | 9 | 00:29:18.7 | 14 | 00:03:02.1 | 12 | 00:54:31.8 | 11 | 00:01:35.9 | 9 | 00:10:16.1 | 01:38:44.9 |
| 173 | 59 | 15 Hart, Joy | 72 | Brooklyn Park, | 68 | 00:31:19.3 | 10 | 00:00:52.3 | 59 | 00:55:20.4 | 12 | 00:00:36.5 | 72 | 00:10:54.4 | 01:39:03.1 |
| 174 | 3 | Skogen, Peggy | 233 | Elmwood, WI | 1 | 00:27:16.2 | 2 | 00:01:13.4 | 4 | 01:00:35.0 | 5 | 00:00:48.2 | 2 | 00:09:23.8 | 01:39:16.9 |
| 175 | 60 | 4 Mcginnity, | 108 | Luck, WI | 75 | 00:32:47.9 | 46 | 00:01:32.3 | 50 | 00:53:02.3 | 52 | 00:01:06.5 | 75 | 00:11:32.6 | 01:40:01.7 |
| 176 | 61 | 16 Frauly, Wendy | 158 | Andover, MN | 74 | 00:32:46.3 | 14 | 00:00:54.0 | 54 | 00:53:55.3 | 27 | 00:00:48.1 | 80 | 00:11:54.4 | 01:40:18.4 |
| 177 | 62 | 10 Farrell, Elizabeth | 160 | Saint Paul, MN | 63 | 00:30:21.0 | 26 | 00:01:08.5 | 68 | 00:58:15.9 | 36 | 00:00:51.7 | 55 | 00:09:41.9 | 01:40:19.2 |
| 178 | 100 | 7 Meister, Thomas | 171 | St Croix Falls, WI | 95 | 00:29:22.5 | 22 | 00:00:56.9 | 101 | 00:57:21.4 | 83 | 00:01:32.2 | 100 | 00:11:06.2 | 01:40:19.4 |
| 179 | 63 | Painter, Alta | 253 | River Falls, WI | 59 | 00:29:42.6 | 79 | 00:03:01.5 | 63 | 00:57:01.5 | 76 | 00:01:49.6 | 49 | 00:09:30.6 | 01:41:06.1 |
| 180 | 64 | 5 Munoz, Cathy | 175 | Andover, MN | 73 | 00:32:25.5 | 81 | 00:03:34.3 | 51 | 00:53:06.3 | 65 | 00:01:32.6 | 69 | 00:10:39.4 | 01:41:18.3 |
| 181 | 65 | 2 Hunter, Peggy | 293 | White Bear | 49 | 00:28:03.2 | 86 | 00:04:55.0 | 64 | 00:57:03.4 | 77 | 00:01:52.5 | 46 | 00:09:27.1 | 01:41:21.4 |
| 182 | 101 | 14 Simons, Josh | 124 | Andover, MN | 94 | 00:29:10.8 | 101 | 00:03:25.3 | 99 | 00:55:23.7 | 103 | 00:02:45.3 | 93 | 00:10:36.9 | 01:41:22.1 |
| 183 | 102 | 8 Morris, Kelly | 37 | Big Lake, MN | 103 | 00:33:29.8 | 104 | 00:04:37.9 | 93 | 00:50:07.8 | 99 | 00:02:24.5 | 98 | 00:10:59.8 | 01:41:40.0 |
| 184 | 66 | 10 Markofski, Hanna | 149 | Weston, WI | 70 | 00:31:41.7 | 43 | 00:01:28.9 | 67 | 00:58:15.4 | 57 | 00:01:11.4 | 63 | 00:10:09.3 | 01:42:46.9 |
| 185 | 67 | 6 Dalquist, Michelle | 181 | Lindstrom, MN | 60 | 00:29:51.0 | 42 | 00:01:27.0 | | | | | 79 | 00:11:52.7 | 01:43:01.2 |
| 186 | 68 | 11 Lucht, Kathyrn | 136 | Crystal, MN | 54 | 00:28:32.5 | 72 | 00:02:15.5 | 74 | 01:00:25.1 | 72 | 00:01:45.0 | 66 | 00:10:12.7 | 01:43:11.0 |
| 187 | 69 | 8 Ward, Julie | 246 | Lindstrom, MN | 69 | 00:31:37.5 | 83 | 00:04:10.3 | 61 | 00:55:40.0 | 75 | 00:01:48.2 | 64 | 00:10:09.7 | 01:43:25.9 |
| 188 | 70 | 9 Pingry-kile, Laura | 106 | Edina, MN | 62 | 00:30:19.9 | 61 | 00:01:52.8 | 72 | 00:59:57.5 | 62 | 00:01:20.1 | 65 | 00:10:10.4 | 01:43:40.9 |
| 189 | 103 | 11 Owusu-afriyie, | 241 | Woodbury, MN | 102 | 00:33:04.3 | 74 | 00:01:33.7 | 102 | 00:57:56.7 | 38 | 00:00:49.2 | 92 | 00:10:25.7 | 01:43:49.7 |
| 190 | 71 | 8 Ostendorf, Cheryl | 231 | St. Cloud, MN | 61 | 00:30:18.8 | 35 | 00:01:19.1 | 77 | 01:01:16.9 | 37 | 00:00:54.0 | 67 | 00:10:18.4 | 01:44:07.3 |
| 191 | 72 | 7 Wangensteen, | 126 | Lindstrom, MN | 58 | 00:29:27.1 | 76 | 00:02:33.7 | 75 | 01:01:06.2 | 51 | 00:01:06.2 | 58 | 00:09:56.5 | 01:44:09.9 |
| 192 | 73 | 9 Ricke, Theresa | 33 | Arden Hills, MN | 65 | 00:30:26.9 | 84 | 00:04:31.0 | 71 | 00:59:41.5 | 68 | 00:01:40.8 | 44 | 00:09:27.0 | 01:45:47.4 |

| Osceola Place | | Duathlon | | 3 mi Run 1 | | trans 1 | | 22 mi Bike | | trans 2 | | 1 mi Run 2 | | 10/11/2009 | |
|---------------|---------------------|----------|-----------------|------------|------------|---------|------------|------------|------------|---------|------------|------------|------------|------------|-----|
| Ovl/Div/Age | Name | Bib | PL | Run 1 | PL | trans 1 | PL | Bike | PL | trans 2 | PL | Run 2 | Finish | Pen | |
| 193 74 | 8 Dillon, Lisa | 35 | Arden Hills, MN | 64 | 00:30:22.8 | 82 | 00:04:04.6 | 73 | 01:00:12.6 | 67 | 00:01:40.4 | 51 | 00:09:32.1 | 01:45:52.8 | |
| 194 4 | Villeneuve, Katie | 70 | Menomonie, WI | 4 | 00:30:31.8 | 5 | 00:01:58.2 | 6 | 01:02:08.5 | 3 | 00:00:41.9 | 6 | 00:10:54.5 | 01:46:15.2 | |
| 195 5 | Ross, Bridget | 69 | Glenwood City, | 5 | 00:30:34.3 | 4 | 00:01:54.9 | 5 | 01:02:08.2 | 4 | 00:00:44.4 | 5 | 00:10:53.3 | 01:46:15.2 | |
| 196 6 | Trapp, | 215 | Burnsville, MN | 6 | 00:31:35.3 | 7 | 00:02:14.1 | 3 | 00:59:42.5 | 6 | 00:02:14.3 | 4 | 00:10:31.1 | 01:46:17.6 | |
| 197 75 | 12 Leclaire, Brooke | 274 | Lakeville, MN | 72 | 00:32:16.6 | 49 | 00:01:36.4 | 76 | 01:01:12.1 | 31 | 00:00:49.0 | 68 | 00:10:36.4 | 01:46:30.7 | |
| 198 104 | 12 Leclaire, Bob | 275 | Lakeville, MN | 100 | 00:32:16.3 | 76 | 00:01:38.6 | 105 | 01:01:11.1 | 33 | 00:00:47.6 | 94 | 00:10:37.7 | 01:46:31.5 | |
| 199 76 | 8 Hutchinson, | 169 | Forest Lake, MN | 81 | 00:36:35.9 | 40 | 00:01:25.5 | 65 | 00:57:14.4 | 18 | 00:00:40.5 | 76 | 00:11:37.2 | 01:47:33.7 | |
| 200 77 | 11 Swope, Fallon | 150 | St. Point, WI | 80 | 00:35:45.2 | 63 | 00:01:54.3 | 69 | 00:58:54.8 | 39 | 00:00:56.4 | 77 | 00:11:38.7 | 01:49:09.5 | |
| 201 78 | 13 Dreckman, Megan | 192 | Shafer, MN | 67 | 00:31:05.5 | 28 | 00:01:11.6 | 81 | 01:05:05.2 | 17 | 00:00:40.4 | 74 | 00:11:26.7 | 01:49:29.5 | |
| 202 79 | 1 Morris, Emily | 36 | Big Lake, MN | 78 | 00:33:30.6 | 85 | 00:04:38.4 | 78 | 01:01:59.4 | 79 | 00:01:54.4 | 71 | 00:10:50.5 | 01:52:53.5 | |
| 203 105 | 5 Swope, Blake | 151 | Weston, WI | 105 | 00:43:42.0 | 84 | 00:02:01.6 | 104 | 00:59:27.3 | 93 | 00:01:46.9 | 103 | 00:11:43.9 | 01:58:41.9 | |
| 204 80 | 9 Fecker, Kelle | 147 | Weston, WI | 87 | 00:44:41.2 | 62 | 00:01:53.4 | 70 | 00:59:25.7 | 78 | 00:01:53.9 | 78 | 00:11:46.4 | 01:59:40.6 | |
| 205 81 | 10 Trombley, Liz | 229 | Dayton, MN | 83 | 00:38:13.6 | 74 | 00:02:22.1 | 82 | 01:06:12.4 | 74 | 00:01:47.2 | 81 | 00:13:35.8 | 02:02:11.4 | |
| 206 82 | 3 Labore, Jeanne | 268 | Minneapolis, | 76 | 00:32:51.9 | 87 | 00:04:58.7 | 80 | 01:04:51.6 | 83 | 00:02:18.6 | 84 | 00:17:55.6 | 02:02:56.7 | |
| 207 83 | 1 Beckman, Leslie | 16 | Edina, MN | 86 | 00:42:37.2 | 30 | 00:01:14.4 | 79 | 01:04:46.9 | 32 | 00:00:49.3 | 83 | 00:14:17.9 | 02:03:45.9 | |
| 208 14 | Turner, Anthony | 114 | Delano, MN | 14 | 00:37:54.5 | 12 | 00:02:23.0 | 14 | 01:10:34.9 | 12 | 00:01:50.4 | 14 | 00:17:02.3 | 02:09:45.4 | |
| 209 84 | 10 Thorsen, Laura | 212 | Lindstrom, MN | 79 | 00:34:04.8 | 80 | 00:03:09.9 | 83 | 01:19:31.8 | 50 | 00:01:06.1 | 82 | 00:13:56.8 | 02:11:49.5 | |
| 210 85 | 10 Foster, Jody | 292 | Harris, MN | 85 | 00:39:04.8 | 73 | 00:02:18.9 | | | | | | | 02:44:02.2 | |
| 211 86 | 11 Doherty, Kim | 294 | Lindstrom, MN | 84 | 00:38:59.3 | 64 | 00:01:58.8 | | | | | | | 02:44:02.2 | |
| | Ferland, Jeannine | 232 | Minneapolis, | 7 | 00:43:41.0 | 6 | 00:01:58.2 | | | | | | | | DNF |
| | Kent, Tracie | 13 | St Paul, MN | 7 | 00:21:32.0 | 3 | 00:00:39.5 | | | | | | | | DNF |
| | Gunderson, Ryan | 256 | Eau Claire, WI | | | | | | | | | | | | DNS |
| | Koskie, Matt | 258 | Forest Lake, MN | | | | | | | | | | | | DNS |
| | Schlessner, Michele | 263 | Minneapolis, | | | | | | | | | | | | DNS |
| | Shelp, John | 271 | Maple Plan, MN | | | | | | | | | | | | DNS |
| | Hoelscher, Doug | 201 | Golden Valley, | | | | | | | | | | | | DNS |
| | King, Neil* | 203 | Nevis, MN | | | | | | | | | | | | DNS |
| | Sanborn, Jon | 207 | Dallas, WI | | | | | | | | | | | | DNS |
| | Darne, Emmanuel | 217 | Woodbury, MN | | | | | | | | | | | | DNS |
| | Erickson, Carol | 219 | Chanhassen, | | | | | | | | | | | | DNS |
| | Wolf, Jeff | 224 | Osceola, WI | | | | | | | | | | | | DNS |
| | Feldt, Spencer | 226 | Osceola, WI | | | | | | | | | | | | DNS |
| | Ternberg, Tracy | 235 | Eau Claire, WI | | | | | | | | | | | | DNS |

| Osceola Duathlon | | | 3 mi Run 1 | | trans 1 | | 22 mi Bike | | | trans 2 | | 1 mi Run 2 | | 10/11/2009 | |
|------------------|-------------------|-----|------------|-----------------|---------|---------|------------|------|----|---------|----|------------|--------|------------|-----|
| Place | Name | Bib | PL | Run 1 | PL | trans 1 | PL | Bike | PL | trans 2 | PL | Run 2 | Finish | Pen | |
| Ovl/Div/Age | | | | | | | | | | | | | | | |
| | Hansen, Laura | 243 | | White Bear | | | | | | | | | | | DNS |
| | Graham, Dan | 245 | | St Paul, MN | | | | | | | | | | | DNS |
| | Johnson, Joyell | 248 | | Minneapolis, | | | | | | | | | | | DNS |
| | Lindberg, Anders | 162 | | Golden Valley, | | | | | | | | | | | DNS |
| | Franz, Lee | 167 | | Chanhassen, | | | | | | | | | | | DNS |
| | Demulling, Dave | 168 | | Osceola, WI | | | | | | | | | | | DNS |
| | Reichel, Jeffrey | 174 | | Stillwater, MN | | | | | | | | | | | DNS |
| | Downing, Dan | 189 | | Braham, MN | | | | | | | | | | | DNS |
| | Gervino, Nick | 190 | | St Paul, MN | | | | | | | | | | | DNS |
| | Neuman, Jackie | 191 | | New Richmond, | | | | | | | | | | | DNS |
| | Olson, Eric | 197 | | Lack, WI | | | | | | | | | | | DNS |
| | Moline, Kara | 107 | | Mound, MN | | | | | | | | | | | DNS |
| | Ewers, Benjamin | 109 | | North Oaks, MN | | | | | | | | | | | DNS |
| | Keller, Andrew | 117 | | Saint Paul, MN | | | | | | | | | | | DNS |
| | Benson, Thomas | 123 | | Minneapolis, | | | | | | | | | | | DNS |
| | Herzig, Jessica | 125 | | Forest Lake, MN | | | | | | | | | | | DNS |
| | Nields, Chuck | 134 | | Minneapolis, | | | | | | | | | | | DNS |
| | Burke, Mike | 141 | | Maple Grove, | | | | | | | | | | | DNS |
| | Brandt, David | 144 | | Stillwater, MN | | | | | | | | | | | DNS |
| | Randall, Katie | 51 | | St.paul, MN | | | | | | | | | | | DNS |
| | Schirvar, Wendy | 53 | | Stillwater, MN | | | | | | | | | | | DNS |
| | Kohrman, Jennifer | 57 | | Shorewood, MN | | | | | | | | | | | DNS |
| | Kohrman, Jeff | 58 | | Shorewood, MN | | | | | | | | | | | DNS |
| | Schreifels, Laura | 61 | | Baldwin, WI | | | | | | | | | | | DNS |
| | Marlino, Hally | 67 | | Madison, WI | | | | | | | | | | | DNS |
| | Hunter, Barb | 73 | | Colfax, WI | | | | | | | | | | | DNS |
| | Pruzek, Noah | 76 | | Hudson, WI | | | | | | | | | | | DNS |
| | Maxey, Jenni | 77 | | Stacy, MN | | | | | | | | | | | DNS |
| | Bastiaens, Willem | 79 | | Scandia, MN | | | | | | | | | | | DNS |
| | Bastiaens, | 80 | | Scandia, MN | | | | | | | | | | | DNS |
| | Galang, Linda | 82 | | Middleton, WI | | | | | | | | | | | DNS |
| | Pautz, Therese | 83 | | Minneapolis, | | | | | | | | | | | DNS |
| | Troge, Tara | 84 | | | | | | | | | | | | | DNS |

| Osceola Duathlon | | 3 mi Run 1 | | trans 1 | | 22 mi Bike | | trans 2 | | 1 mi Run 2 | | 10/11/2009 | | |
|------------------|-------------------|------------|----|------------------|----|------------|----|---------|----|------------|----|------------|--------|-----|
| Place | Name | Bib | PL | Run 1 | PL | trans 1 | PL | Bike | PL | trans 2 | PL | Run 2 | Finish | Pen |
| Ovl/Div/Age | | | | | | | | | | | | | | |
| | Johnson, Philip | 87 | | Forest Lake, MN | | | | | | | | | | DNS |
| | Ulvin, Michelle | 91 | | Park Rapids, MN | | | | | | | | | | DNS |
| | Krueger, Tom | 94 | | Chisago City, | | | | | | | | | | DNS |
| | Bryant, Orlando | 98 | | Minneapolis, | | | | | | | | | | DNS |
| | Beversdorf, Mark | 3 | | Wauasu, WI | | | | | | | | | | DNS |
| | Finger, Suzie | 7 | | Chaska, MN | | | | | | | | | | DNS |
| | Lowry, Frank | 8 | | New Auburn, WI | | | | | | | | | | DNS |
| | Balabuck, Jon | 9 | | Thunder Bay, | | | | | | | | | | DNS |
| | Johnson, Mike | 12 | | Chippewa Falls, | | | | | | | | | | DNS |
| | Harmon, Linda | 18 | | New Brighton, | | | | | | | | | | DNS |
| | Haffley, Mary | 19 | | Deephaven, MN | | | | | | | | | | DNS |
| | Radtke, Melissa | 22 | | Star Prairie, WI | | | | | | | | | | DNS |
| | Newman, Mark | 23 | | Wauwatosa, WI | | | | | | | | | | DNS |
| | Johnson, Ben | 24 | | Minneapolis, | | | | | | | | | | DNS |
| | Bucholz, Dave | 25 | | St Paul, MN | | | | | | | | | | DNS |
| | Lucken, Liberty | 28 | | St Louis Park, | | | | | | | | | | DNS |
| | Ziemann, Denise | 29 | | Coon Rapids, | | | | | | | | | | DNS |
| | Ingvaldson, Tanya | 30 | | Coon Rapids, | | | | | | | | | | DNS |
| | Rux, George | 31 | | North Oaks, MN | | | | | | | | | | DNS |
| | Conover, Lance | 41 | | St Augusta, MN | | | | | | | | | | DNS |
| | Linder, Matt | 43 | | St. Paul, MN | | | | | | | | | | DNS |
| | Dochterman, | 49 | | Scandia, MN | | | | | | | | | | DNS |

| Osceola Relay Duathlon | | | 3 mi Run 1 | | trans 1 | | 22 mi Bike | | | trans 2 | | 1 mi Run 2 | | 10/11/2009 | |
|------------------------|------|-----|------------|-------|---------|---------|------------|------|----|---------|----|------------|--------|------------|--|
| Place | Name | Bib | PL | Run 1 | PL | trans 1 | PL | Bike | PL | trans 2 | PL | Run 2 | Finish | Pen | |
| Ovl/Div/Age | | | | | | | | | | | | | | | |

Osceola Relay Duathlon Field: 15

| | | | | | | | | | | | | | | | | |
|----|----|------------------|-----|------------------|----|------------|----|-----------------|-----------------|------------|----|------------|----|------------|------------|-----|
| 1 | 1 | Whetham, Edward | 264 | St. Paul, MN | 1 | 00:16:19.2 | 5 | 00:00:33.7 | 1 | 00:31:57.0 | 6 | 00:00:29.6 | 1 | 00:05:14.9 | 00:54:34.5 | |
| | | | | | | | | Emmerson Ward | | | | | | | | |
| | | | | | | | | | | | | | | | | |
| 2 | 2 | Lavarda, Katie | 11 | Fond Du Lac, WI | 2 | 00:18:22.2 | 7 | 00:00:36.7 | 2 | 00:33:28.3 | 4 | 00:00:20.9 | 8 | 00:08:59.4 | 01:01:47.7 | |
| | | | | | | | | Jason Estes | | | | | | | | |
| | | | | | | | | | | | | | | | | |
| 3 | 3 | Colaizy, Michael | 139 | Osceola, WI | 3 | 00:20:21.0 | 4 | 00:00:28.7 | 3 | 00:38:05.8 | 1 | 00:00:18.9 | 2 | 00:06:27.9 | 01:05:42.4 | |
| | | | | | | | | Lisa Wondra | | | | | | | | |
| | | | | | | | | | | | | | | | | |
| 4 | 4 | Neuman, Julie | 116 | St. Croix Falls, | 7 | 00:25:50.1 | 2 | 00:00:22.2 | 4 | 00:40:30.9 | 3 | 00:00:20.1 | 6 | 00:08:07.7 | 01:15:11.1 | |
| | | | | | | | | Jack Scholz | | | | | | | | |
| | | | | | | | | | | | | | | | | |
| 5 | 5 | Scholz, Trevor | 88 | Osceola, WI | 4 | 00:21:37.4 | 8 | 00:00:51.3 | 8 | 00:46:24.0 | 10 | 00:00:44.5 | 3 | 00:06:41.2 | 01:16:18.6 | |
| | | | | | | | | Tony Payton | | | | | | | | |
| | | | | | | | | | | | | | | | | |
| 6 | 6 | Park, Sarah | 27 | Woodbury, MN | 6 | 00:25:35.5 | 1 | 00:00:21.7 | 7 | 00:44:05.2 | 2 | 00:00:19.6 | 5 | 00:08:01.6 | 01:18:23.9 | |
| | | | | | | | | Dana Domagalski | | | | | | | | |
| | | | | | | | | | | | | | | | | |
| 7 | 7 | Gorter, Sonja | 45 | Shakopee, MN | 8 | 00:27:01.7 | 6 | 00:00:34.0 | 6 | 00:43:49.4 | 5 | 00:00:27.6 | 7 | 00:08:29.2 | 01:20:22.1 | |
| | | | | | | | | Joel Leger | | | | | | | | |
| | | | | | | | | | | | | | | | | |
| 8 | 8 | Leger, Amy | 110 | Blaine, MN | 9 | 00:28:53.8 | 3 | 00:00:25.5 | 5 | 00:42:03.5 | 8 | 00:00:36.5 | 9 | 00:09:00.7 | 01:21:00.1 | |
| | | | | | | | | Kristine Braml | | | | | | | | |
| | | | | | | | | | | | | | | | | |
| 9 | 9 | Braml, Timothy | 182 | Osceola, WI | 5 | 00:24:26.5 | 9 | 00:00:52.1 | 10 | 01:04:28.6 | 7 | 00:00:32.9 | 4 | 00:07:38.9 | 01:37:59.2 | |
| | | | | | | | | Lori Kurszewski | | | | | | | | |
| | | | | | | | | | | | | | | | | |
| 10 | 10 | Youngberg, Amara | 89 | Prior Lake, MN | 10 | 00:31:18.2 | 10 | 00:00:52.5 | 9 | 00:55:20.0 | 9 | 00:00:37.4 | 10 | 00:10:54.4 | 01:39:02.8 | |
| | | | | | | | | Matt Sedgley | | | | | | | | |
| | | Sedgley, Juliana | 277 | Stillwater, MN | | | | | | | | | | | | DNS |
| | | | | | | | | | | | | | | | | |
| | | Haug, Kristina | 213 | Minneapolis, | | | | | Eric Haug | | | | | | | DNS |
| | | | | | | | | | | | | | | | | |
| | | Groschen, Nicole | 214 | Lindstrom, MN | | | | | Nicole Groschen | | | | | | | DNS |
| | | | | | | | | | | | | | | | | |
| | | Sowers, Patty | 178 | Prior Lake, MN | | | | | Patty Sowers | | | | | | | DNS |
| | | | | | | | | | | | | | | | | |
| | | Bettini, Sheryl | 179 | Bloomington, | | | | | Steve Storkan | | | | | | | DNS |