

Nordic Spirit Ski Race & Tour
Spirit Mountain
Duluth, MN
Sun, Jan 31, 2010

Age Group Results List

White River Sports Timing
<http://itiming.com>

| Place | Age / Div | Bib | Name | City, State, NAT | Age | Time | Pace min/k |
|-----------------------------|-----------|-----|-------------------|--------------------|-----|------------|------------|
| 10 km Classic | | | | Event Field: 28 | | | |
| Male 10 km Classic | | | | Division Field: 18 | | | |
| 19 & under | | | | Age Group Field: 1 | | | |
| 1 | 3 | 58 | Johnson, Sam | Aurora, MN | 14 | 00:32:39.4 | 03:15 |
| 20-29 | | | | Age Group Field: 1 | | | |
| 1 | 4 | 57 | Leibfried, Matt | Duluth, MN | 28 | 00:33:40.3 | 03:22 |
| 30-39 | | | | Age Group Field: 4 | | | |
| 1 | 1 | 32 | Kramer, Steve | Duluth, MN | 37 | 00:31:38.0 | 03:09 |
| 2 | 2 | 16 | Gerard, Joe | Duluth, MN | 31 | 00:31:54.4 | 03:11 |
| 3 | 11 | 48 | Quinn, Justin | St. Cloud, MN | 38 | 00:43:53.2 | 04:23 |
| 4 | 12 | 59 | Mohr, Jere | Duluth, MN | 31 | 00:47:03.3 | 04:42 |
| 40-49 | | | | Age Group Field: 3 | | | |
| 1 | 7 | 46 | Morehouse, Joe | Duluth, MN | 45 | 00:41:30.4 | 04:09 |
| 2 | 9 | 51 | Urbanski, Tom | Cloquet, MN | 47 | 00:42:47.9 | 04:16 |
| 3 | 13 | 62 | Viken, Erik | Duluth, MN | 42 | 00:47:43.4 | 04:46 |
| 50-59 | | | | Age Group Field: 7 | | | |
| 1 | 5 | 24 | Grace, Dean | Duluth, MN | 50 | 00:38:58.8 | 03:53 |
| 2 | 6 | 25 | Hegg, Chris | Grand Marais, MN | 57 | 00:39:28.5 | 03:56 |
| 3 | 8 | 363 | Arzooyan, John | Houghton, MI | 55 | 00:41:37.5 | 04:09 |
| 4 | 10 | 52 | Whiteman, Frank | Duluth, MN | 52 | 00:42:59.8 | 04:17 |
| 5 | 15 | 60 | Mattson, Russ | Esko, MN | 51 | 00:53:41.6 | 05:22 |
| 6 | 17 | 61 | Couture, Tim | Cloquet, MN | 50 | 01:04:47.8 | 06:28 |
| 7 | 18 | 2 | Agerter, Tom | Superior, WI | 52 | 01:22:59.0 | 08:17 |
| 60-69 | | | | Age Group Field: 2 | | | |
| 1 | 14 | 54 | Indy, Valters | Circle Pines, MN | 63 | 00:51:47.3 | 05:10 |
| 2 | 16 | 53 | Harris, John G | Baxter, MN | 60 | 00:53:57.0 | 05:23 |
| Female 10 km Classic | | | | Division Field: 10 | | | |
| 19 & under | | | | Age Group Field: 1 | | | |
| 1 | 6 | 13 | Farley, Sarah | Duluth, MN | 19 | 00:49:02.2 | 04:54 |
| 20-29 | | | | Age Group Field: 1 | | | |
| 1 | 3 | 49 | Ranta, Emily | Stillwater, MN | 22 | 00:44:15.1 | 04:25 |
| 30-39 | | | | Age Group Field: 2 | | | |
| 1 | 5 | 31 | Kramer, Jess | Duluth, MN | 36 | 00:47:21.0 | 04:44 |
| 2 | 9 | 55 | Sivertson, Erica | Duluth, MN | 31 | 00:58:09.1 | 05:48 |
| 40-49 | | | | Age Group Field: 2 | | | |
| 1 | 1 | 47 | Pearson, Jen | Duluth,, MN | 43 | 00:33:43.9 | 03:22 |
| 2 | 4 | 43 | Larson, Christine | Duluth, MN | 41 | 00:44:32.4 | 04:27 |

| Place Age / Div | Bib | Name | City, State, NAT | Age | Time | Pace min/k | |
|--------------------|-----|--------------------|------------------|------------------|------|---------------|-------|
| 50-59 | | Age Group Field: 3 | | | | | |
| 1 | 2 | 11 | Downs, Robin | Duluth, MN | 55 | 00:42:00.4 | 04:12 |
| 2 | 8 | 50 | Redshaw, Anne | Grand Marais, MN | 58 | 00:56:10.9 | 05:37 |
| 3 | 10 | 1 | Agerter, Barb | Superior, WI | 52 | 01:22:56.0 | 08:17 |
| 60-69 | | Age Group Field: 1 | | | | | |
| 1 | 7 | 56 | Bakken, Susanne | Duluth, MN | 60 | 00:52:11.2 | 05:13 |

| Place | Age / Div | Bib | Name | City, State, NAT | Age | Time | Pace min/k |
|-------------------------------|-----------|-----|--------------------|---------------------|-----|------------|------------|
| 13 km Freestyle | | | | Event Field: 29 | | | |
| Male 13 km Freestyle | | | | Division Field: 13 | | | |
| 19 & under | | | | Age Group Field: 4 | | | |
| 1 | 1 | 368 | Baker, Luke | Granite Falls, MN | 16 | 00:40:56.0 | 03:08 |
| 2 | 2 | 370 | Braden, Joel | Stillwater, MN | 19 | 00:51:28.7 | 03:57 |
| 3 | 4 | 381 | Peine, Sam | Mendota Heights, MN | 18 | 00:53:27.9 | 04:06 |
| 4 | 7 | 388 | French, Henry | Duluth, MN | 13 | 01:05:34.7 | 05:02 |
| 20-29 | | | | Age Group Field: 5 | | | |
| 1 | 5 | 792 | Shoberg, Jim | Duluth, MN | 29 | 01:00:16.1 | 04:38 |
| 2 | 8 | 385 | Wiiten, Cory | Duluth, MN | 20 | 01:07:54.6 | 05:13 |
| 3 | 10 | 376 | Hedlund, Jason | Duluth, MN | 23 | 01:15:51.9 | 05:50 |
| 4 | 11 | 392 | Green, David | Duluth, MN | 22 | 01:19:50.8 | 06:08 |
| 5 | 12 | 374 | Espe, Nils | Woodbury, MN | 24 | 01:22:16.6 | 06:19 |
| 40-49 | | | | Age Group Field: 2 | | | |
| 1 | 3 | 751 | Hayden, Brian | Duluth, MN | 47 | 00:52:20.6 | 04:01 |
| 2 | 9 | 386 | Willis, Steve | Duluth, MN | 41 | 01:09:59.5 | 05:23 |
| 50-59 | | | | Age Group Field: 1 | | | |
| 1 | 6 | 352 | Agar, Rick | Duluth, MN | 55 | 01:04:50.0 | 04:59 |
| | | | | Age Group Field: 1 | | | |
| 1 | 13 | 377 | Kluever, Corey | Minneapolis, MN | | 01:57:49.8 | 09:03 |
| Female 13 km Freestyle | | | | Division Field: 16 | | | |
| 19 & under | | | | Age Group Field: 5 | | | |
| 1 | 3 | 380 | Lerom, Kirsten | Ramsey, MN | 19 | 00:58:29.3 | 04:29 |
| 2 | 4 | 372 | Djerf, Kelly | Duluth, MN | 19 | 01:00:37.0 | 04:39 |
| 3 | 5 | 378 | Koehler, Sarah | Ramsey, MN | 19 | 01:03:34.6 | 04:53 |
| 4 | 7 | 382 | Stauffer, Jenna | Apple Valley, MN | 19 | 01:06:09.2 | 05:05 |
| 5 | 9 | 784 | Resman, Anna | Rochester, MN | 18 | 01:09:56.0 | 05:22 |
| 20-29 | | | | Age Group Field: 4 | | | |
| 1 | 2 | 391 | Adams, Nellie | Duluth, MN | 21 | 00:58:23.2 | 04:29 |
| 2 | 6 | 383 | Whalen, Erica | Duluth, MN | 21 | 01:04:15.5 | 04:56 |
| 3 | 8 | 375 | Franzwa, Beth | Lake ELmo, MN | 22 | 01:07:18.3 | 05:10 |
| 4 | 15 | 650 | Anderson, Aleathea | Milaca, MN | 27 | 01:56:30.8 | 08:57 |
| 30-39 | | | | Age Group Field: 1 | | | |
| 1 | 16 | 379 | Kolodzieski, Ellie | Duluth, MN | 35 | 01:57:20.6 | 09:01 |
| 40-49 | | | | Age Group Field: 5 | | | |
| 1 | 1 | 390 | Mowers, Sondra | Duluth, MN | 45 | 00:57:24.5 | 04:24 |
| 2 | 10 | 384 | Whitworth, Anne | Duluth, MN | 45 | 01:14:00.3 | 05:41 |
| 3 | 11 | 387 | Worley, Jane | Duluth, MN | 43 | 01:14:03.0 | 05:41 |
| 4 | 13 | 389 | Rehman, Elise | Tofte, MN | 49 | 01:25:16.8 | 06:33 |
| 5 | 14 | 393 | Hagen, Linda | Duluth, MN | 46 | 01:40:34.1 | 07:44 |
| 50-59 | | | | Age Group Field: 1 | | | |
| 1 | 12 | 351 | Agar, Penny | Duluth, MN | 56 | 01:18:30.0 | 06:02 |

| Place | Age / Div | Bib | Name | City, State, NAT | Age | Time | Pace min/k |
|-----------------------------|-----------|-----|-------------------------|---------------------|-----|------------|------------|
| 25 km Freestyle | | | | Event Field: 122 | | | |
| Male 25 km Freestyle | | | | Division Field: 93 | | | |
| 19 & under | | | | Age Group Field: 4 | | | |
| 1 | 17 | 755 | Hess, Nick | Anoka, MN | 19 | 01:24:38.4 | 03:23 |
| 2 | 40 | 700 | Barra, Kelsey | Ashland, WI | 19 | 01:37:17.2 | 03:53 |
| 3 | 54 | 659 | Apostolou, Aris | Brooklyn Park, MN | 19 | 01:43:42.3 | 04:08 |
| 4 | 60 | 800 | Waldorf, Bradley | Duluth, MN | 19 | 01:47:40.2 | 04:18 |
| 20-29 | | | | Age Group Field: 20 | | | |
| 1 | 1 | 761 | Kjorstad, Tyler | Duluth, MN | 24 | 01:12:43.4 | 02:54 |
| 2 | 2 | 783 | Porath, Nathan | Red Wing, MN | 27 | 01:15:26.4 | 03:01 |
| 3 | 7 | 754 | Hertz, Craig | Andover, MN | 24 | 01:17:56.2 | 03:07 |
| 4 | 8 | 762 | Krueger, Casey | Aurora, MN | 26 | 01:18:26.9 | 03:08 |
| 5 | 11 | 753 | Hendrickson, Erik | St. Louis Park, MN | 24 | 01:20:20.8 | 03:12 |
| 6 | 12 | 727 | Busta, Lucas | Duluth, MN | 21 | 01:20:25.1 | 03:13 |
| 7 | 20 | 656 | Anikin, Nikolai | Duluth, MN | 29 | 01:25:32.7 | 03:25 |
| 8 | 22 | 728 | Bye, Anthony | Chippewa Falls, WI | 20 | 01:26:17.3 | 03:27 |
| 9 | 23 | 801 | Weber, Charles | St. Louis Park, MN | 25 | 01:26:51.3 | 03:28 |
| 10 | 29 | 818 | Meehlhause, Michael | Mounds View, MN | 20 | 01:30:48.1 | 03:37 |
| 11 | 32 | 768 | Linn, James | Anoka, MN | 20 | 01:33:12.2 | 03:43 |
| 12 | 41 | 836 | Miner, Paul | Duluth, MN | 29 | 01:37:27.6 | 03:53 |
| 13 | 42 | 793 | Shoberg, Tony | Duluth, MN | 27 | 01:38:59.4 | 03:57 |
| 14 | 44 | 760 | Keim, Clayton | Mpls, MN | 26 | 01:39:07.8 | 03:57 |
| 15 | 50 | 837 | Miner, Peter | Duluth, MN | 29 | 01:41:23.9 | 04:03 |
| 16 | 57 | 811 | Robertson, Kevin | Duluth, MN | 21 | 01:46:34.1 | 04:15 |
| 17 | 65 | 810 | Woodhall, Ryan | Spicer, MN | 20 | 01:52:52.9 | 04:30 |
| 18 | 67 | 772 | Espe, Alex | Saint Paul, MN | 26 | 01:54:32.9 | 04:34 |
| 19 | 70 | 373 | Drescher, Jay | Duluth, MN | 20 | 01:57:12.8 | 04:41 |
| 20 | 77 | 817 | Flynn, Ryan | Cloquet, MN | 29 | 02:02:34.1 | 04:54 |
| 30-39 | | | | Age Group Field: 14 | | | |
| 1 | 3 | 790 | Ryan, Matthew | Duluth, MN | 35 | 01:15:36.1 | 03:01 |
| 2 | 4 | 778 | Nelson, Grant | Duluth, MN | 34 | 01:15:36.8 | 03:01 |
| 3 | 16 | 815 | Kylander-Johnson, Scott | Duluth, MN | 37 | 01:23:39.6 | 03:20 |
| 4 | 25 | 734 | Dettmer, Alan | Grandrapids, MN | 38 | 01:28:11.1 | 03:31 |
| 5 | 31 | 830 | Kern, Erich | Grand Rapids, MN | 39 | 01:32:58.1 | 03:43 |
| 6 | 34 | 826 | Lund, Christian | Derry, Ireland | 38 | 01:34:13.3 | 03:46 |
| 7 | 37 | 789 | Rova, Jonathan | Grand Marais, MN | 36 | 01:35:28.5 | 03:49 |
| 8 | 46 | 757 | Hoch, John | Minneapolis, MN | 38 | 01:39:14.7 | 03:58 |
| 9 | 48 | 841 | Morse, Peder | Duluth, MN | 36 | 01:40:56.4 | 04:02 |
| 10 | 51 | 731 | Dalebroux, Jason | Minneapolis, MN | 31 | 01:42:13.8 | 04:05 |
| 11 | 53 | 831 | McGaver, Joe | Duluth, MN | 39 | 01:43:01.8 | 04:07 |
| 12 | 61 | 764 | Kroll, Dave | Superior, WI | 35 | 01:48:42.5 | 04:20 |
| 13 | 78 | 822 | Riker-Coleman, Erik | duluth, MN | 37 | 02:04:04.6 | 04:57 |
| 14 | 88 | 844 | Dahl, James | Maple Grove, MN | 36 | 02:18:47.4 | 05:33 |

| Place Age / Div | Bib | Name | City, State, NAT | Age | Time | Pace min/k | |
|---------------------|-----|------|-----------------------|-----------------------------|------|---------------|-------|
| 40-49 | | | | | | | |
| Age Group Field: 23 | | | | | | | |
| 1 | 5 | 813 | Ellertson, Scott | Albert Lea, MN | 48 | 01:15:37.0 | 03:01 |
| 2 | 6 | 843 | Raymond, Rod | Duluth, MN | 44 | 01:17:26.0 | 03:05 |
| 3 | 9 | 823 | Bonner, Rhett | Duluth, MN | 46 | 01:19:46.1 | 03:11 |
| 4 | 10 | 788 | Rogers, Phil | Esko, MN | 46 | 01:19:47.4 | 03:11 |
| 5 | 18 | 758 | Holbrook, Drew | Minneapolis, MN | 48 | 01:24:38.6 | 03:23 |
| 6 | 19 | 847 | Schultz, James | Shorewood, MN | 47 | 01:24:41.7 | 03:23 |
| 7 | 21 | 805 | Williams, Greg | Thomson, MN | 48 | 01:25:49.9 | 03:25 |
| 8 | 27 | 821 | Ripp, Kenneth | Cloquet, MN | 44 | 01:29:13.9 | 03:34 |
| 9 | 28 | 816 | LaVick, Gregory P. | St Paul, MN | 46 | 01:29:35.3 | 03:35 |
| 10 | 30 | 848 | Haag, Mike | Duluth, MN | 45 | 01:32:42.8 | 03:42 |
| 11 | 35 | 752 | Hedman, Eric | Saint Paul, MN | 40 | 01:34:25.7 | 03:46 |
| 12 | 38 | 834 | Jereczek, John | Duluth, MN | 46 | 01:37:01.3 | 03:52 |
| 13 | 47 | 748 | Hagen, Mark | Cloquet, MN | 45 | 01:40:29.7 | 04:01 |
| 14 | 52 | 730 | Conzemius, Robert | Grand Rapids, MN | 43 | 01:42:39.9 | 04:06 |
| 15 | 56 | 769 | Lynch, Thomas | Plymouth, MN | 47 | 01:45:17.2 | 04:12 |
| 16 | 59 | 775 | Moser, Bill | St. Paul, MN | 40 | 01:47:05.8 | 04:17 |
| 17 | 62 | 839 | Johnson, Keith | Aurora, MN | 49 | 01:51:08.0 | 04:26 |
| 18 | 64 | 785 | Roberts, Dan | Plymouth, MN | 46 | 01:51:46.9 | 04:28 |
| 19 | 69 | 832 | Bradley, Hugh | Arden Hills, MN | 48 | 01:56:01.8 | 04:38 |
| 20 | 76 | 795 | Tilbury , Jeff | Fort Frances Ontario Canada | 42 | 02:02:16.3 | 04:53 |
| 21 | 81 | 820 | KNIGHT, scott | COLOGNE, MN | 48 | 02:08:03.7 | 05:07 |
| 22 | 90 | 825 | Kanning, Timo | Shoreview, MN | 43 | 02:22:11.6 | 05:41 |
| 23 | 91 | 756 | Hippen, Joel | Brook Park, MN | 44 | 02:27:03.9 | 05:52 |
| 50-59 | | | | | | | |
| Age Group Field: 21 | | | | | | | |
| 1 | 13 | 729 | Christopherson, David | St Anthony, MN | 59 | 01:21:13.0 | 03:14 |
| 2 | 14 | 739 | Erickson, Brad | Plymouth, MN | 55 | 01:22:18.6 | 03:17 |
| 3 | 15 | 668 | Baker, Jack | Granite Falls , MN | 52 | 01:23:03.4 | 03:19 |
| 4 | 24 | 749 | Haltvick, Paul | Ashland, WI | 52 | 01:27:02.7 | 03:28 |
| 5 | 26 | 828 | Lee, Duane | Lindstrom, MN | 55 | 01:28:40.3 | 03:32 |
| 6 | 33 | 759 | Jacot, Loren | Oakdale, MN | 50 | 01:33:30.1 | 03:44 |
| 7 | 36 | 824 | Mundahl, John | Hayward, WI | 58 | 01:34:29.5 | 03:46 |
| 8 | 39 | 736 | Downs, Jed | Duluth, MN | 52 | 01:37:10.7 | 03:53 |
| 9 | 43 | 652 | Anderson, Hans | Proctor, MN | 56 | 01:39:06.1 | 03:57 |
| 10 | 45 | 829 | Wilhelmson, Mark | Duluth, MN | 56 | 01:39:09.6 | 03:57 |
| 11 | 55 | 732 | Derauf, Bruce | Duluth, MN | 54 | 01:44:59.3 | 04:11 |
| 12 | 58 | 725 | Bono, Michael | Mpls, MN | 57 | 01:46:46.3 | 04:16 |
| 13 | 63 | 806 | Wilmot, Wayne | Duluth, MN | 58 | 01:51:34.2 | 04:27 |
| 14 | 74 | 747 | Hagedorn, Steve | Duluth, MN | 51 | 02:00:15.9 | 04:48 |
| 15 | 75 | 803 | White, Doug | S, MN | 57 | 02:00:56.3 | 04:50 |
| 16 | 79 | 791 | Schmitt, Bill | duluth, MN | 56 | 02:05:13.9 | 05:00 |
| 17 | 80 | 654 | Anderson, Jim | Cable, WI | 57 | 02:07:45.5 | 05:06 |
| 18 | 82 | 833 | Hoban, Rich | White Bear Lk, MN | 50 | 02:08:18.2 | 05:07 |
| 19 | 85 | 724 | Bloomberg, Paul | Mendota Heights, MN | 53 | 02:14:03.8 | 05:21 |
| 20 | 86 | 812 | Ipsen, John | Duluth, MN | 56 | 02:14:13.0 | 05:22 |
| 21 | 93 | 809 | Woodhall, John | Spicer, MN | 59 | 03:26:59.0 | 08:16 |

| Place | Age / Div | Bib | Name | City, State, NAT | Age | Time | Pace min/k |
|----------------------------------|-----------|-----|-----------------|-------------------------|-----|------------|------------|
| 60-69 Age Group Field: 10 | | | | | | | |
| 1 | 49 | 780 | Osland, Odd | Apple Valley, MN | 68 | 01:40:59.5 | 04:02 |
| 2 | 66 | 738 | Duede, Chuck | Cottage Grove, MN | 66 | 01:54:24.4 | 04:34 |
| 3 | 68 | 723 | Bealka, Dennis | Inver Grove Heights, MN | 65 | 01:55:19.9 | 04:36 |
| 4 | 71 | 797 | Trolander, John | Oronoco, MN | 64 | 01:57:32.7 | 04:42 |
| 5 | 72 | 744 | Greenwood, Jeff | St. Paul, MM, MN | 62 | 01:58:21.9 | 04:44 |
| 6 | 73 | 776 | Nelson, Darby | Champlin, MN | 68 | 01:58:47.8 | 04:45 |
| 7 | 83 | 827 | Gosnold, Will | Grand Forks, ND | 69 | 02:12:18.3 | 05:17 |
| 8 | 84 | 767 | Lavelle, John | Golden Valley, MN | 63 | 02:13:04.7 | 05:19 |
| 9 | 87 | 770 | Masiulis, John | St. Paul, MN | 64 | 02:17:35.7 | 05:30 |
| 10 | 92 | 745 | Greymont, David | Rochester, MN | 66 | 02:52:57.1 | 06:55 |

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|---|----|-----|---------------|-----------------|----|------------|-------|
| 70 & over Age Group Field: 1 | | | | | | | |
| 1 | 89 | 774 | Miller, Monte | Maple Grove, MN | 73 | 02:20:21.6 | 05:36 |

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| Female 25 km Freestyle Division Field: 29 | | | | | | | |
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|--|----|-----|-----------------|-------------|----|------------|-------|
| 19 & under Age Group Field: 2 | | | | | | | |
| 1 | 17 | 741 | Fanney, Hannah | Ashland, WI | 18 | 01:52:06.1 | 04:29 |
| 2 | 26 | 796 | Timerman, Randi | Duluth, MN | 19 | 02:14:48.8 | 05:23 |

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|---------------------------------|----|-----|-------------------|-----------------|----|------------|-------|
| 20-29 Age Group Field: 8 | | | | | | | |
| 1 | 2 | 808 | Winters, Johanna | Minneapolis, MN | 25 | 01:21:12.2 | 03:14 |
| 2 | 4 | 735 | DeWahl, Kathleen | Saint Paul, MN | 23 | 01:25:12.0 | 03:24 |
| 3 | 5 | 845 | Krueger, Jenna | Aurora, MN | 25 | 01:25:34.6 | 03:25 |
| 4 | 10 | 846 | Shoberg, Chandra | Duluth, MN | 26 | 01:36:40.6 | 03:52 |
| 5 | 18 | 794 | Spoelhof, Allison | Duluth, MN | 25 | 01:57:21.6 | 04:41 |
| 6 | 21 | 802 | White, Colleen | Duluth, MN | 24 | 02:00:56.0 | 04:50 |
| 7 | 25 | 740 | Fanney, Rachel | Minneapolis, MN | 21 | 02:04:38.2 | 04:59 |
| 8 | 28 | 709 | Bealka, Angela | Aurora, MN | 29 | 02:24:32.2 | 05:46 |

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|---------------------------------|----|-----|------------------------|----------------|----|------------|-------|
| 30-39 Age Group Field: 7 | | | | | | | |
| 1 | 3 | 777 | Nelson, Elaine | Duluth, MN | 34 | 01:23:53.3 | 03:21 |
| 2 | 6 | 814 | Kylander-Johnson, Sara | Duluth, MN | 37 | 01:25:50.7 | 03:26 |
| 3 | 8 | 779 | Ogston, Jena | Duluth, MN | 38 | 01:34:35.5 | 03:47 |
| 4 | 11 | 799 | Vancura, Mary | Saint Paul, MN | 30 | 01:40:53.4 | 04:02 |
| 5 | 12 | 835 | Vos, Emily | Duluth, MN | 35 | 01:40:54.0 | 04:02 |
| 6 | 14 | 807 | Wilson, Jessica | Shorewood, MN | 39 | 01:46:40.0 | 04:16 |
| 7 | 22 | 765 | Kroll, Phoebe Miron | Superior, WI | 38 | 02:01:04.2 | 04:50 |

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|---------------------------------|----|-----|--------------------|------------------|----|------------|-------|
| 40-49 Age Group Field: 8 | | | | | | | |
| 1 | 1 | 798 | Tuttle, MaryBeth | Pine Springs, MN | 46 | 01:20:33.1 | 03:13 |
| 2 | 7 | 737 | DuBois, Cheryl | North Oaks, MN | 48 | 01:28:02.7 | 03:31 |
| 3 | 9 | 849 | Flanagan, Michelle | Duluth, MN | 45 | 01:36:23.3 | 03:51 |
| 4 | 15 | 733 | Derauf, Judith | Duluth, MN | 47 | 01:46:42.6 | 04:16 |
| 5 | 16 | 840 | Johnson, Cheri | Aurora, MN | 45 | 01:48:47.4 | 04:21 |
| 6 | 20 | 743 | Fluekiger, Anne | Duluth, MN | 40 | 01:59:41.9 | 04:47 |
| 7 | 24 | 786 | Roberts, Laurie | Plymouth, MN | 47 | 02:04:21.9 | 04:58 |
| 8 | 27 | 838 | Kendrick, Rosslyn | Duluth, MN | 41 | 02:23:16.8 | 05:43 |

| Place Age / Div | Bib | Name | City, State, NAT | Age | Time | Pace min/k | |
|--------------------|-----|--------------------|-------------------|-------------------|------|---------------|-------|
| 50-59 | | Age Group Field: 3 | | | | | |
| 1 | 13 | 787 | Rogers, Kelly A. | Esko, MN | 50 | 01:45:34.3 | 04:13 |
| 2 | 19 | 804 | Widmer, Marise | St. Paul, MN | 50 | 01:58:38.3 | 04:44 |
| 3 | 23 | 771 | McAlister, Maddie | Mpls, MN | 57 | 02:02:25.6 | 04:53 |
| 60-69 | | Age Group Field: 1 | | | | | |
| 1 | 29 | 766 | Lavelle, Jean | Golden Valley, MN | 63 | 02:32:15.7 | 06:05 |