

Nordic Spirit Ski Race & Tour
Spirit Mountain
Duluth, MN
Sun, Jan 31, 2010

Division Results List

White River Sports Timing
<http://itiming.com>

Place	Div / Age	Bib	Name	City, State, NAT	Age Group	Time	Pace min/k
10 km Classic				Event Field: 28			
Male 10 km Classic				Division Field: 18			
1	1	32	Kramer, Steve	Duluth, MN	M 30-39	00:31:38.0	03:09
2	2	16	Gerard, Joe	Duluth, MN	M 30-39	00:31:54.4	03:11
3	1	58	Johnson, Sam	Aurora, MN	M 19 & under	00:32:39.4	03:15
4	1	57	Leibfried, Matt	Duluth, MN	M 20-29	00:33:40.3	03:22
5	1	24	Grace, Dean	Duluth, MN	M 50-59	00:38:58.8	03:53
6	2	25	Hegg, Chris	Grand Marais, MN	M 50-59	00:39:28.5	03:56
7	1	46	Morehouse, Joe	Duluth, MN	M 40-49	00:41:30.4	04:09
8	3	363	Arzooyan, John	Houghton, MI	M 50-59	00:41:37.5	04:09
9	2	51	Urbanski, Tom	Cloquet, MN	M 40-49	00:42:47.9	04:16
10	4	52	Whiteman, Frank	Duluth, MN	M 50-59	00:42:59.8	04:17
11	3	48	Quinn, Justin	St. Cloud, MN	M 30-39	00:43:53.2	04:23
12	4	59	Mohr, Jere	Duluth, MN	M 30-39	00:47:03.3	04:42
13	3	62	Viken, Erik	Duluth, MN	M 40-49	00:47:43.4	04:46
14	1	54	Indy, Valters	Circle Pines, MN	M 60-69	00:51:47.3	05:10
15	5	60	Mattson, Russ	Esko, MN	M 50-59	00:53:41.6	05:22
16	2	53	Harris, John G	Baxter, MN	M 60-69	00:53:57.0	05:23
17	6	61	Couture, Tim	Cloquet, MN	M 50-59	01:04:47.8	06:28
18	7	2	Agerter, Tom	Superior, WI	M 50-59	01:22:59.0	08:17
Female 10 km Classic				Division Field: 10			
1	1	47	Pearson, Jen	Duluth,, MN	F 40-49	00:33:43.9	03:22
2	1	11	Downs, Robin	Duluth, MN	F 50-59	00:42:00.4	04:12
3	1	49	Ranta, Emily	Stillwater, MN	F 20-29	00:44:15.1	04:25
4	2	43	Larson, Christine	Duluth, MN	F 40-49	00:44:32.4	04:27
5	1	31	Kramer, Jess	Duluth, MN	F 30-39	00:47:21.0	04:44
6	1	13	Farley, Sarah	Duluth, MN	F 19 & under	00:49:02.2	04:54
7	1	56	Bakken, Susanne	Duluth, MN	F 60-69	00:52:11.2	05:13
8	2	50	Redshaw, Anne	Grand Marais, MN	F 50-59	00:56:10.9	05:37
9	2	55	Sivertson, Erica	Duluth, MN	F 30-39	00:58:09.1	05:48
10	3	1	Agerter, Barb	Superior, WI	F 50-59	01:22:56.0	08:17

Place	Div / Age	Bib	Name	City, State, NAT	Age Group	Time	Pace min/k
13 km Freestyle							
				Event Field: 29			
Male 13 km Freestyle							
				Division Field: 13			
1	1	368	Baker, Luke	Granite Falls, MN	M 19 & under	00:40:56.0	03:08
2	2	370	Braden, Joel	Stillwater, MN	M 19 & under	00:51:28.7	03:57
3	1	751	Hayden, Brian	Duluth, MN	M 40-49	00:52:20.6	04:01
4	3	381	Peine, Sam	Mendota Heights, MN	M 19 & under	00:53:27.9	04:06
5	1	792	Shoberg, Jim	Duluth, MN	M 20-29	01:00:16.1	04:38
6	1	352	Agar, Rick	Duluth, MN	M 50-59	01:04:50.0	04:59
7	4	388	French, Henry	Duluth, MN	M 19 & under	01:05:34.7	05:02
8	2	385	Wiiten, Cory	Duluth, MN	M 20-29	01:07:54.6	05:13
9	2	386	Willis, Steve	Duluth, MN	M 40-49	01:09:59.5	05:23
10	3	376	Hedlund, Jason	Duluth, MN	M 20-29	01:15:51.9	05:50
11	4	392	Green, David	Duluth, MN	M 20-29	01:19:50.8	06:08
12	5	374	Espe, Nils	Woodbury, MN	M 20-29	01:22:16.6	06:19
13	1	377	Kluever, Corey	Minneapolis, MN	M	01:57:49.8	09:03
Female 13 km Freestyle							
				Division Field: 16			
1	1	390	Mowers, Sondra	Duluth, MN	F 40-49	00:57:24.5	04:24
2	1	391	Adams, Nellie	Duluth, MN	F 20-29	00:58:23.2	04:29
3	1	380	Lerom, Kirsten	Ramsey, MN	F 19 & under	00:58:29.3	04:29
4	2	372	Djerf, Kelly	Duluth, MN	F 19 & under	01:00:37.0	04:39
5	3	378	Koehler, Sarah	Ramsey, MN	F 19 & under	01:03:34.6	04:53
6	2	383	Whalen, Erica	Duluth, MN	F 20-29	01:04:15.5	04:56
7	4	382	Stauffer, Jenna	Apple Valley, MN	F 19 & under	01:06:09.2	05:05
8	3	375	Franzwa, Beth	Lake ELmo, MN	F 20-29	01:07:18.3	05:10
9	5	784	Resman, Anna	Rochester, MN	F 19 & under	01:09:56.0	05:22
10	2	384	Whitworth, Anne	Duluth, MN	F 40-49	01:14:00.3	05:41
11	3	387	Worley, Jane	Duluth, MN	F 40-49	01:14:03.0	05:41
12	1	351	Agar, Penny	Duluth, MN	F 50-59	01:18:30.0	06:02
13	4	389	Rehman, Elise	Tofte, MN	F 40-49	01:25:16.8	06:33
14	5	393	Hagen, Linda	Duluth, MN	F 40-49	01:40:34.1	07:44
15	4	650	Anderson, Aleathea	Milaca, MN	F 20-29	01:56:30.8	08:57
16	1	379	Kolodzieski, Ellie	Duluth, MN	F 30-39	01:57:20.6	09:01

Place	Div / Age	Bib	Name	City, State, NAT	Age Group	Time	Pace min/k
25 km Freestyle							
				Event Field: 122			
Male 25 km Freestyle							
				Division Field: 93			
1	1	761	Kjorstad, Tyler	Duluth, MN	M 20-29	01:12:43.4	02:54
2	2	783	Porath, Nathan	Red Wing, MN	M 20-29	01:15:26.4	03:01
3	1	790	Ryan, Matthew	Duluth, MN	M 30-39	01:15:36.1	03:01
4	2	778	Nelson, Grant	Duluth, MN	M 30-39	01:15:36.8	03:01
5	1	813	Ellertson, Scott	Albert Lea, MN	M 40-49	01:15:37.0	03:01
6	2	843	Raymond, Rod	Duluth, MN	M 40-49	01:17:26.0	03:05
7	3	754	Hertz, Craig	Andover, MN	M 20-29	01:17:56.2	03:07
8	4	762	Krueger, Casey	Aurora, MN	M 20-29	01:18:26.9	03:08
9	3	823	Bonner, Rhett	Duluth, MN	M 40-49	01:19:46.1	03:11
10	4	788	Rogers, Phil	Esko, MN	M 40-49	01:19:47.4	03:11
11	5	753	Hendrickson, Erik	St. Louis Park, MN	M 20-29	01:20:20.8	03:12
12	6	727	Busta, Lucas	Duluth, MN	M 20-29	01:20:25.1	03:13
13	1	729	Christopherson, David	St Anthony, MN	M 50-59	01:21:13.0	03:14
14	2	739	Erickson, Brad	Plymouth, MN	M 50-59	01:22:18.6	03:17
15	3	668	Baker, Jack	Granite Falls , MN	M 50-59	01:23:03.4	03:19
16	3	815	Kylander-Johnson, Scott	Duluth, MN	M 30-39	01:23:39.6	03:20
17	1	755	Hess, Nick	Anoka, MN	M 19 & under	01:24:38.4	03:23
18	5	758	Holbrook, Drew	Minneapolis, MN	M 40-49	01:24:38.6	03:23
19	6	847	Schultz, James	Shorewood, MN	M 40-49	01:24:41.7	03:23
20	7	656	Anikin, Nikolai	Duluth, MN	M 20-29	01:25:32.7	03:25
21	7	805	Williams, Greg	Thomson, MN	M 40-49	01:25:49.9	03:25
22	8	728	Bye, Anthony	Chippewa Falls, WI	M 20-29	01:26:17.3	03:27
23	9	801	Weber, Charles	St. Louis Park, MN	M 20-29	01:26:51.3	03:28
24	4	749	Haltvick, Paul	Ashland, WI	M 50-59	01:27:02.7	03:28
25	4	734	Dettmer, Alan	Grandrapids, MN	M 30-39	01:28:11.1	03:31
26	5	828	Lee, Duane	Lindstrom, MN	M 50-59	01:28:40.3	03:32
27	8	821	Ripp, Kenneth	Cloquet, MN	M 40-49	01:29:13.9	03:34
28	9	816	LaVick, Gregory P.	St Paul, MN	M 40-49	01:29:35.3	03:35
29	10	818	Meehlhause, Michael	Mounds View, MN	M 20-29	01:30:48.1	03:37
30	10	848	Haag, Mike	Duluth, MN	M 40-49	01:32:42.8	03:42
31	5	830	Kern, Erich	Grand Rapids, MN	M 30-39	01:32:58.1	03:43
32	11	768	Linn, James	Anoka, MN	M 20-29	01:33:12.2	03:43
33	6	759	Jacot, Loren	Oakdale, MN	M 50-59	01:33:30.1	03:44
34	6	826	Lund, Christian	Derry, Ireland	M 30-39	01:34:13.3	03:46
35	11	752	Hedman, Eric	Saint Paul, MN	M 40-49	01:34:25.7	03:46
36	7	824	Mundahl, John	Hayward, WI	M 50-59	01:34:29.5	03:46
37	7	789	Rova, Jonathan	Grand Marais, MN	M 30-39	01:35:28.5	03:49
38	12	834	Jereczek, John	Duluth, MN	M 40-49	01:37:01.3	03:52
39	8	736	Downs, Jed	Duluth, MN	M 50-59	01:37:10.7	03:53
40	2	700	Barra, Kelsey	Ashland, WI	M 19 & under	01:37:17.2	03:53
41	12	836	Miner, Paul	Duluth, MN	M 20-29	01:37:27.6	03:53

25 km Freestyle

1/31/2010

Male 25 km Freestyle

Division Results

Place	Div / Age	Bib	Name	City, State, NAT	Age Group	Time	Pace min/k
42	13	793	Shoberg, Tony	Duluth, MN	M 20-29	01:38:59.4	03:57
43	9	652	Anderson, Hans	Proctor, MN	M 50-59	01:39:06.1	03:57
44	14	760	Keim, Clayton	Mpls, MN	M 20-29	01:39:07.8	03:57
45	10	829	Wilhelmson, Mark	Duluth, MN	M 50-59	01:39:09.6	03:57
46	8	757	Hoch, John	Minneapolis, MN	M 30-39	01:39:14.7	03:58
47	13	748	Hagen, Mark	Cloquet, MN	M 40-49	01:40:29.7	04:01
48	9	841	Morse, Peder	Duluth, MN	M 30-39	01:40:56.4	04:02
49	1	780	Osland, Odd	Apple Valley, MN	M 60-69	01:40:59.5	04:02
50	15	837	Miner, Peter	Duluth, MN	M 20-29	01:41:23.9	04:03
51	10	731	Dalebroux, Jason	Minneapolis, MN	M 30-39	01:42:13.8	04:05
52	14	730	Conzemius, Robert	Grand Rapids, MN	M 40-49	01:42:39.9	04:06
53	11	831	McGaver, Joe	Duluth, MN	M 30-39	01:43:01.8	04:07
54	3	659	Apostolou, Aris	Brooklyn Park, MN	M 19 & under	01:43:42.3	04:08
55	11	732	Derauf, Bruce	Duluth, MN	M 50-59	01:44:59.3	04:11
56	15	769	Lynch, Thomas	Plymouth, MN	M 40-49	01:45:17.2	04:12
57	16	811	Robertson, Kevin	Duluth, MN	M 20-29	01:46:34.1	04:15
58	12	725	Bono, Michael	Mpls, MN	M 50-59	01:46:46.3	04:16
59	16	775	Moser, Bill	St. Paul, MN	M 40-49	01:47:05.8	04:17
60	4	800	Waldorf, Bradley	Duluth, MN	M 19 & under	01:47:40.2	04:18
61	12	764	Kroll, Dave	Superior, WI	M 30-39	01:48:42.5	04:20
62	17	839	Johnson, Keith	Aurora, MN	M 40-49	01:51:08.0	04:26
63	13	806	Wilmot, Wayne	Duluth, MN	M 50-59	01:51:34.2	04:27
64	18	785	Roberts, Dan	Plymouth, MN	M 40-49	01:51:46.9	04:28
65	17	810	Woodhall, Ryan	Spicer, MN	M 20-29	01:52:52.9	04:30
66	2	738	Duede, Chuck	Cottage Grove, MN	M 60-69	01:54:24.4	04:34
67	18	772	Espe, Alex	Saint Paul, MN	M 20-29	01:54:32.9	04:34
68	3	723	Bealka, Dennis	Inver Grove Heights, MN	M 60-69	01:55:19.9	04:36
69	19	832	Bradley, Hugh	Arden Hills, MN	M 40-49	01:56:01.8	04:38
70	19	373	Drescher, Jay	Duluth, MN	M 20-29	01:57:12.8	04:41
71	4	797	Trolander, John	Oronoco, MN	M 60-69	01:57:32.7	04:42
72	5	744	Greenwood, Jeff	St. Paul, MM, MN	M 60-69	01:58:21.9	04:44
73	6	776	Nelson, Darby	Champlin, MN	M 60-69	01:58:47.8	04:45
74	14	747	Hagedorn, Steve	Duluth, MN	M 50-59	02:00:15.9	04:48
75	15	803	White, Doug	S, MN	M 50-59	02:00:56.3	04:50
76	20	795	Tilbury , Jeff	Fort Frances Ontario	M 40-49	02:02:16.3	04:53
77	20	817	Flynn, Ryan	Cloquet, MN	M 20-29	02:02:34.1	04:54
78	13	822	Riker-Coleman, Erik	duluth, MN	M 30-39	02:04:04.6	04:57
79	16	791	Schmitt, Bill	duluth, MN	M 50-59	02:05:13.9	05:00
80	17	654	Anderson, Jim	Cable, WI	M 50-59	02:07:45.5	05:06
81	21	820	KNIGHT, scott	COLOGNE, MN	M 40-49	02:08:03.7	05:07
82	18	833	Hoban, Rich	White Bear Lk, MN	M 50-59	02:08:18.2	05:07
83	7	827	Gosnold, Will	Grand Forks, ND	M 60-69	02:12:18.3	05:17
84	8	767	Lavelle, John	Golden Valley, MN	M 60-69	02:13:04.7	05:19
85	19	724	Bloomberg, Paul	Mendota Heights, MN	M 50-59	02:14:03.8	05:21
86	20	812	Ipsen, John	Duluth, MN	M 50-59	02:14:13.0	05:22

25 km Freestyle

1/31/2010

Male 25 km Freestyle

Division Results

Place	Div / Age	Bib	Name	City, State, NAT	Age Group	Time	Pace min/k
87	9	770	Masiulis, John	St. Paul, MN	M 60-69	02:17:35.7	05:30
88	14	844	Dahl, James	Maple Grove, MN	M 30-39	02:18:47.4	05:33
89	1	774	Miller, Monte	Maple Grove, MN	M 70 & over	02:20:21.6	05:36
90	22	825	Kanning, Timo	Shoreview, MN	M 40-49	02:22:11.6	05:41
91	23	756	Hippen, Joel	Brook Park, MN	M 40-49	02:27:03.9	05:52
92	10	745	Greymont, David	Rochester, MN	M 60-69	02:52:57.1	06:55
93	21	809	Woodhall, John	Spicer, MN	M 50-59	03:26:59.0	08:16

Female 25 km Freestyle

Division Field: 29

1	1	798	Tuttle, MaryBeth	Pine Springs , MN	F 40-49	01:20:33.1	03:13
2	1	808	Winters, Johanna	Minneapolis, MN	F 20-29	01:21:12.2	03:14
3	1	777	Nelson, Elaine	Duluth, MN	F 30-39	01:23:53.3	03:21
4	2	735	DeWahl, Kathleen	Saint Paul, MN	F 20-29	01:25:12.0	03:24
5	3	845	Krueger, Jenna	Aurora, MN	F 20-29	01:25:34.6	03:25
6	2	814	Kylander-Johnson, Sara	Duluth, MN	F 30-39	01:25:50.7	03:26
7	2	737	DuBois, Cheryl	North Oaks, MN	F 40-49	01:28:02.7	03:31
8	3	779	Ogston, Jena	Duluth, MN	F 30-39	01:34:35.5	03:47
9	3	849	Flanagan, Michelle	Duluth, MN	F 40-49	01:36:23.3	03:51
10	4	846	Shoberg, Chandra	Duluth, MN	F 20-29	01:36:40.6	03:52
11	4	799	Vancura, Mary	Saint Paul, MN	F 30-39	01:40:53.4	04:02
12	5	835	Vos, Emily	Duluth, MN	F 30-39	01:40:54.0	04:02
13	1	787	Rogers, Kelly A.	Esko, MN	F 50-59	01:45:34.3	04:13
14	6	807	Wilson, Jessica	Shorewood, MN	F 30-39	01:46:40.0	04:16
15	4	733	Derauf, Judith	Duluth, MN	F 40-49	01:46:42.6	04:16
16	5	840	Johnson, Cheri	Aurora, MN	F 40-49	01:48:47.4	04:21
17	1	741	Fanney, Hannah	Ashland, WI	F 19 & under	01:52:06.1	04:29
18	5	794	Spoelhof, Allison	Duluth, MN	F 20-29	01:57:21.6	04:41
19	2	804	Widmer, Marise	St. Paul, MN	F 50-59	01:58:38.3	04:44
20	6	743	Fluekiger, Anne	Duluth, MN	F 40-49	01:59:41.9	04:47
21	6	802	White, Colleen	Duluth, MN	F 20-29	02:00:56.0	04:50
22	7	765	Kroll, Phoebe Miron	Superior, WI	F 30-39	02:01:04.2	04:50
23	3	771	McAlister, Maddie	Mpls, MN	F 50-59	02:02:25.6	04:53
24	7	786	Roberts, Laurie	Plymouth, MN	F 40-49	02:04:21.9	04:58
25	7	740	Fanney, Rachel	Minneapolis, MN	F 20-29	02:04:38.2	04:59
26	2	796	Timerman, Randi	Duluth, MN	F 19 & under	02:14:48.8	05:23
27	8	838	Kendrick, Rosslyn	Duluth, MN	F 40-49	02:23:16.8	05:43
28	8	709	Bealka, Angela	Aurora, MN	F 20-29	02:24:32.2	05:46
29	1	766	Lavelle, Jean	Golden Valley, MN	F 60-69	02:32:15.7	06:05