

Chisago Lakes Triathlon
Paradise Park
Chisago City, MN
Sun, Jul 24, 2011

Age Group Results

White River Sports Timing
<http://itiming.com>

0.25 mi swim

24 mi bike

3.1 mi run

Place Age/Div	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
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Individual - Sprint Distance Triathlon Field: 798

Male Sprint Distance Division Field: 382

14 & under Age Group Field: 17

1	60	Totall, Jacob	1246	Minneapolis,	4	00:09:06.7	02:16	1	00:01:28.8	1	01:11:45.3	20.0	1	00:01:12.8	1	00:22:46.1	07:20	01:46:20.0
2	78	Holleran,	1606	Woodbury, MN	1	00:07:28.8	01:52	4	00:02:45.7	2	01:12:28.0	19.8	9	00:01:52.1	2	00:24:20.9	07:51	01:48:55.7
3	163	Berry, Ethan	1614	Stillwater, MN	8	00:12:34.4	03:08	3	00:02:14.3	3	01:15:12.8	19.1	3	00:01:35.7	11	00:30:10.5	09:44	02:01:47.9
4	195	Olson, Tommy	1611	Plymouth, MN	6	00:10:59.0	02:44	6	00:03:15.3	4	01:25:41.3	16.8	5	00:01:40.0	4	00:25:13.9	08:08	02:06:49.7
5	247	Dufon, Nate	1456	Ramsey, MN	3	00:08:48.8	02:12	2	00:02:11.0	7	01:32:35.8	15.5	7	00:01:45.8	8	00:28:44.1	09:16	02:14:05.7
6	257	Lyp, Thomas	857	Valparaiso, IN	12	00:16:04.3	04:01	8	00:03:25.2	5	01:27:26.0	16.4	6	00:01:44.3	6	00:28:12.4	09:05	02:16:52.5
7	267	Peterson, Ellis	1455	Lander, WY	9	00:12:45.9	03:11	14	00:07:11.9	6	01:30:04.0	15.9	14	00:03:45.5	3	00:24:41.4	07:57	02:18:28.9
8	278	Sroga, Calvin	856	Woodbury, MN	5	00:09:15.6	02:18	7	00:03:19.2	11	01:39:52.5	14.4	2	00:01:19.9	5	00:27:02.1	08:43	02:20:49.5
9	284	Ertl, Benjamin	1502	Northfield, MN	7	00:11:33.8	02:53	10	00:03:38.6	9	01:35:29.3	15.0	12	00:02:44.4	10	00:29:45.0	09:35	02:23:11.2
10	287	Darling, Riley	1542	Lindstrom, MN	2	00:08:44.7	02:11	9	00:03:31.6	12	01:41:45.3	14.1	11	00:02:12.8	7	00:28:15.6	09:06	02:24:30.2
11	289	Cummings, Riley	1604	Edina, MN	13	00:16:10.5	04:02	12	00:05:19.5	8	01:33:09.3	15.4	8	00:01:48.8	12	00:30:32.6	09:51	02:27:00.9
12	301	Gudmunson, Kyle	1628	Cottage Grove,	11	00:15:15.4	03:48	5	00:02:59.2	10	01:38:01.5	14.6	4	00:01:37.6	13	00:36:31.3	11:46	02:34:25.2
13	315	Gamble, Dominic	1522	Lindstrom, MN	10	00:14:48.9	03:42	11	00:05:08.9	13	01:50:50.0	12.9	10	00:01:57.1	14	00:36:35.5	11:48	02:49:20.7
14	316	Lebarron, Sam	1483	Edina, MN	14	00:19:24.3	04:51	13	00:06:03.0	14	01:51:28.3	12.9	13	00:03:01.1	9	00:29:32.3	09:31	02:49:29.2
15	323	Janes, John	1162	Princeton, MN	15	00:21:24.7	05:21	15	00:07:41.6	15	01:58:15.6	12.1	15	00:06:15.8	15	00:50:12.8	16:11	03:23:50.6
		Berg, Ethan	1597	Stillwater, MN														DNS
		Gudmunson, Kyle	890	Cottage Grove,														DNS

15-19 Age Group Field: 21

1	33	Gilbertson, Louis	1243	Dellwood, MN	10	00:09:53.8	02:28	3	00:01:47.8	1	01:05:08.3	22.1	9	00:01:30.3	9	00:22:14.0	07:10	01:40:34.2
2	37	Hitt, Nathaniel	1490	Shorewood, MN	14	00:10:44.4	02:41	7	00:02:24.9	3	01:08:37.3	20.9	2	00:01:07.2	1	00:18:37.5	06:00	01:41:31.5
3	39	Pierson, Bryce	842		4	00:07:28.8	01:52	2	00:01:35.0	4	01:10:03.5	20.5	6	00:01:17.3	5	00:21:17.9	06:52	01:41:42.7
4	41	Lyp, Andrew	975	Valparaiso, IN	15	00:10:51.4	02:42	6	00:02:08.2	2	01:08:14.0	21.1	11	00:01:35.6	2	00:19:07.1	06:10	01:41:56.5
5	68	Barrette, Alex	1266	Houlton, WI	12	00:09:56.1	02:29	1	00:01:31.9	5	01:12:14.5	19.9	7	00:01:19.6	10	00:22:19.2	07:12	01:47:21.5
6	69	Walsh, London	1525	Hudson, WI	6	00:07:40.3	01:55	4	00:02:01.5	9	01:14:18.0	19.3	5	00:01:16.7	7	00:22:05.1	07:07	01:47:21.8
7	71	Broccard, Sacha	1349	Bloomington,	2	00:06:59.3	01:44	14	00:03:17.5	6	01:13:37.5	19.5	1	00:01:04.8	11	00:22:42.1	07:19	01:47:41.5
8	76	Skjveland, Mitch	1308	Deerwood, MN	8	00:09:12.9	02:18	10	00:02:49.3	7	01:13:43.6	19.5	16	00:02:31.8	4	00:20:30.2	06:36	01:48:48.0
9	98	Kraemer, John	1601	Ramsey, MN	1	00:05:55.1	01:28	11	00:02:51.0	10	01:14:32.5	19.3	12	00:01:55.2	12	00:25:52.8	08:20	01:51:06.7

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		24mi bike			T-2		3.1mi run		7/24/2011			
Place	Age/Div	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
10		107Liu, Victor	1306 Plymouth, MN	3	00:07:24.3	01:51	13	00:03:02.5	12	01:18:48.5	18.2	3	00:01:07.3	6	00:21:38.9	06:59	01:52:01.8	
11		117Dahlberg, Kethan	841 St. Paul, MN	9	00:09:20.1	02:20	5	00:02:05.7	13	01:19:26.0	18.1	14	00:02:06.4	3	00:20:30.1	06:36	01:53:28.5	
12		118Peterson, Seth	1279 St. Cloud, MN	7	00:08:56.7	02:14	12	00:02:54.9	11	01:18:13.0	18.4	8	00:01:23.4	8	00:22:11.3	07:09	01:53:39.5	
13		129Peloquin, Cole	914 Lindstrom, MN	11	00:09:55.6	02:28	8	00:02:34.0	8	01:14:14.0	19.3	10	00:01:30.3	15	00:27:16.7	08:47	01:55:30.7	
14		160Stowe, Kyle	1345 Minnetonka, MN	5	00:07:32.1	01:53	9	00:02:40.0	14	01:20:29.3	17.8	4	00:01:16.4	16	00:28:58.3	09:20	02:00:56.2	
15		236Misner, Chris	1249 Scottsdale, AZ	13	00:10:39.6	02:39	16	00:04:08.5	15	01:23:47.3	17.1	13	00:02:01.3	17	00:31:39.1	10:12	02:12:16.0	
16		291Benick, Nicholas	1584 Stacy, MN	18	00:13:35.0	03:23	15	00:03:25.8	16	01:39:51.3	14.4	18	00:04:21.5	14	00:26:56.2	08:41	02:28:09.9	
17		303Caspers, Samuel	1442 Woodbury, MN	17	00:11:37.9	02:54	17	00:04:42.6	18	01:50:36.3	13.0	15	00:02:18.7	13	00:26:45.7	08:37	02:36:01.4	
18		317Bouwman, Elijah	1226 Blaine, MN	16	00:11:19.3	02:49	18	00:05:15.3	17	01:49:25.1	13.1	17	00:04:05.8	18	00:47:52.1	15:26	02:57:57.7	
		Mielke, Nick	1400 Maple Grove,															DNS
		Ambrose, Durico	1289 Minneapolis,															DNS
		Tiede, Carl	1202 River Falls, WI															DNS

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Age Group Field: 26

1		4Turner, Andrew	826 Scandia, MN	3	00:07:13.7	01:48	2	00:01:23.9	1	01:02:11.5	23.1	1	00:01:00.5	2	00:19:08.8	06:10	01:30:58.5	
2		12Duijndam, Rob	1193 Falcon Heights,	2	00:07:12.7	01:48	4	00:02:09.6	2	01:04:47.8	22.2	9	00:01:39.8	1	00:19:05.6	06:09	01:34:55.7	
3		47Gorgas, Kyle	1589 Minot, ND	6	00:09:39.9	02:24	10	00:02:58.1	5	01:08:04.5	21.1	8	00:01:37.5	6	00:22:05.2	07:07	01:44:25.5	
4		49Bain, Addison	1088 Rochester, MN	22	00:15:02.2	03:45	1	00:01:23.6	3	01:05:06.5	22.1	5	00:01:19.7	5	00:21:52.8	07:03	01:44:45.0	
5		57Good, Zach	954 Stacy, MN	14	00:11:35.5	02:53	5	00:02:09.8	4	01:07:24.8	21.3	3	00:01:08.3	10	00:23:27.8	07:34	01:45:46.3	
6		75Esselman, Zach	1034 Wausau, WI	16	00:11:53.1	02:58	3	00:01:44.5	7	01:10:52.3	20.3	4	00:01:11.7	8	00:22:41.8	07:19	01:48:23.5	
7		80Hess, Nicholas	1556 Duluth, MN	7	00:09:54.2	02:28	8	00:02:49.6	8	01:15:21.0	19.1	10	00:01:42.1	3	00:19:20.1	06:14	01:49:07.3	
8		87Lapointe,	981 Madison, WI	9	00:10:06.6	02:31	7	00:02:43.7	6	01:08:08.5	21.1	18	00:02:28.1	13	00:26:26.6	08:31	01:49:53.7	
9		149Rescorla, Andrew	1178 Minneapolis,	12	00:11:03.6	02:45	9	00:02:51.9	11	01:22:01.6	17.5	2	00:01:07.3	4	00:21:26.4	06:54	01:58:31.0	
10		164Roggemann, Kevin	1521 Chisago City,	4	00:08:47.8	02:11	11	00:02:59.0	14	01:23:41.0	17.2	7	00:01:36.9	11	00:24:51.5	08:01	02:01:56.4	
11		183Marshall, Kyle	837 Eden Prairie,	13	00:11:35.1	02:53	6	00:02:22.5	9	01:20:23.5	17.9	23	00:03:15.0	18	00:27:40.0	08:55	02:05:16.2	
12		186Spohn, John	1181 Brooklyn Park,	15	00:11:39.7	02:54	13	00:03:09.3	10	01:21:18.3	17.7	13	00:02:04.1	17	00:27:09.9	08:45	02:05:21.5	
13		192Crowe, Brian	1223 Edina, MN	11	00:10:34.5	02:38	15	00:03:19.3	12	01:22:49.3	17.3	22	00:02:56.4	15	00:26:40.1	08:36	02:06:19.7	
14		203Muschler, Robert	1491 St. Cloud, MN	19	00:12:45.2	03:11	16	00:03:25.4	16	01:26:12.3	16.7	17	00:02:22.0	9	00:23:05.4	07:26	02:07:50.4	
15		204Shah, Ravi	1119 Madison, WI	8	00:09:58.7	02:29	19	00:04:11.8	13	01:23:36.7	17.2	16	00:02:15.2	19	00:27:53.2	08:59	02:07:55.7	
16		214Wittnebel, Travis	1608 Forest Lake,	1	00:06:46.3	01:41	23	00:05:00.8	20	01:30:38.8	15.8	14	00:02:08.9	12	00:24:53.5	08:01	02:09:28.4	
17		227Kraemer, Ryan	1598 Ramsey, MN	5	00:09:35.6	02:23	12	00:03:04.2	18	01:26:42.0	16.6	19	00:02:31.5	20	00:28:49.6	09:17	02:10:43.2	
18		234Prah, Garrett	1496 Minneapolis,	24	00:16:01.4	04:00	18	00:03:38.2	15	01:24:37.6	17.0	6	00:01:28.0	14	00:26:28.4	08:32	02:12:13.7	
19		246Misner, Michael	1250 Scottsdale, AZ	17	00:11:53.3	02:58	20	00:04:14.0	19	01:26:45.8	16.5	15	00:02:09.4	21	00:29:00.7	09:21	02:14:03.4	
20		256Merkouris, Andrew	1029 North Branch,	21	00:15:01.8	03:45	21	00:04:25.8	17	01:26:35.0	16.6	24	00:03:18.6	16	00:27:05.8	08:44	02:16:27.2	
21		261Penrod, Nathan	1251 Dayton, OH	10	00:10:10.1	02:32	17	00:03:27.7	21	01:32:18.5	15.5	12	00:01:51.4	23	00:30:02.2	09:41	02:17:50.2	
22		271Lundquist, Andrew	1432 North Branch,	23	00:15:28.0	03:52	22	00:04:33.6	22	01:35:28.0	15.0	11	00:01:50.5	7	00:22:06.9	07:08	02:19:27.2	
23		290Larson, Jon	1343 Center City, MN	18	00:12:28.4	03:07	14	00:03:11.9	23	01:39:04.5	14.5	20	00:02:33.5	24	00:30:29.7	09:50	02:27:48.2	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		24mi bike			T-2		3.1mi run		7/24/2011			
Place	Age/Div	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
24	313	Grossman, Nelson, Eric	1453 Blaine, MN	20	00:14:44.0	03:41	24	00:05:33.6	24	01:52:55.1	12.7	21	00:02:55.5	22	00:29:18.6	09:27	02:45:26.9	
		Young, Justin	1371 Vadnais														DNS	
			1305 Roseville, MN														DNS	

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Age Group Field: 61

1	7	Ladendorf, Mike	1540 Apple Valley,	2	00:07:35.5	01:53	1	00:01:22.3	3	01:04:42.3	22.2	1	00:00:59.9	1	00:18:00.3	05:48	01:32:40.5	
2	19	Kadera, Aaron	938 White Bear	19	00:10:21.0	02:35	15	00:02:31.0	1	01:02:07.5	23.1	14	00:01:29.7	4	00:20:51.3	06:43	01:37:20.7	
3	21	Hancock, Chad	810 Apple Valley,	16	00:10:00.6	02:30	4	00:01:41.2	2	01:02:49.5	22.9	18	00:01:35.2	10	00:21:48.3	07:02	01:37:55.0	
4	23	Donnelly, Paul	805 Minneapolis,	3	00:08:04.0	02:01	3	00:01:36.0	6	01:08:53.8	20.9	17	00:01:32.2	2	00:18:23.5	05:55	01:38:29.7	
5	30	Brueshoff, Ben	1064 Apple Valley,	12	00:09:27.4	02:21	7	00:01:49.9	4	01:06:55.0	21.5	23	00:01:47.9	3	00:20:18.1	06:32	01:40:18.5	
6	35	Chies, Dan	1066 Waconia, MN	1	00:07:00.7	01:45	5	00:01:42.9	8	01:09:27.3	20.7	8	00:01:23.7	5	00:21:05.3	06:48	01:40:40.0	
7	58	Carlson, Tony	1065 St Louis Park,	20	00:10:21.3	02:35	18	00:02:35.2	7	01:09:12.0	20.8	21	00:01:44.8	13	00:22:10.4	07:09	01:46:04.0	
8	61	Dally, Spencer	1322 Stacy, MN	18	00:10:15.8	02:33	6	00:01:44.5	11	01:10:08.5	20.5	7	00:01:23.5	16	00:22:53.0	07:22	01:46:25.5	
9	63	Buth, Jordan	1290 St. Paul, MN	28	00:11:16.6	02:49	8	00:02:07.4	12	01:11:13.3	20.2	2	00:01:05.8	7	00:21:10.7	06:49	01:46:54.0	
10	65	Papai, Samuel	1186 Minneapolis,	10	00:09:18.4	02:19	2	00:01:26.4	10	01:09:56.0	20.5	13	00:01:28.8	23	00:24:46.2	07:59	01:46:56.0	
11	72	Vorachek, Kyle	1436 Minneapolis,	39	00:12:46.5	03:11	10	00:02:17.5	5	01:08:35.3	20.9	33	00:02:05.7	12	00:22:10.2	07:09	01:47:55.5	
12	79	Keating, Shane	849 Foley, MN	13	00:09:32.0	02:23	14	00:02:27.8	16	01:13:58.8	19.4	27	00:02:00.8	6	00:21:07.4	06:48	01:49:07.0	
13	85	Rossmann, Bret	1340 Minneapolis,	7	00:09:07.7	02:16	23	00:02:44.6	18	01:14:19.6	19.3	39	00:02:11.6	8	00:21:19.4	06:52	01:49:43.0	
14	88	Bocock, Daniel	1537 Phillips, WI	51	00:14:39.2	03:39	19	00:02:37.6	9	01:09:35.8	20.6	12	00:01:27.1	9	00:21:34.4	06:57	01:49:54.2	
15	92	Ryder, Christopher	1086 Menomonie, WI	23	00:10:40.4	02:40	26	00:02:55.1	13	01:11:14.3	20.2	24	00:01:52.4	20	00:23:54.6	07:42	01:50:37.0	
16	103	Cascarano, Daniel	927 Saint Anthony,	5	00:08:47.6	02:11	9	00:02:16.5	21	01:15:02.3	19.1	38	00:02:09.1	18	00:23:27.2	07:33	01:51:42.7	
17	112	Anderson, Erik	1108 Lino Lakes, MN	27	00:11:16.3	02:49	33	00:03:07.5	15	01:13:20.8	19.6	34	00:02:06.7	17	00:23:05.8	07:27	01:52:57.2	
18	116	Seeley, Nic Seeley	1175 Minneapolis,	9	00:09:11.5	02:17	35	00:03:12.8	25	01:16:57.3	18.7	20	00:01:38.9	15	00:22:25.5	07:14	01:53:26.2	
19	136	Schmoyer, David	1270 Albertville, MN	11	00:09:22.5	02:20	27	00:02:56.3	19	01:14:33.3	19.3	35	00:02:07.0	35	00:27:17.2	08:48	01:56:16.5	
20	137	Osborn, Eric	962 Green Bay, WI	43	00:13:23.9	03:20	13	00:02:26.9	14	01:13:06.5	19.6	6	00:01:21.6	28	00:25:57.9	08:22	01:56:17.0	
21	144	Thiewes, Eric	894 Eagan, MN	24	00:10:41.6	02:40	20	00:02:40.2	20	01:14:54.5	19.2	26	00:02:00.1	37	00:27:27.1	08:51	01:57:43.7	
22	146	Lewis, Jake	919 Chisago City,	4	00:08:34.7	02:08	46	00:03:58.6	29	01:19:37.0	18.0	11	00:01:26.9	22	00:24:43.1	07:58	01:58:20.5	
23	151	Lewis, Zack	920 Chisago City,	14	00:09:52.6	02:28	28	00:02:57.5	26	01:17:42.0	18.5	4	00:01:16.8	34	00:27:08.9	08:45	01:58:58.0	
24	152	Schneider, Andrew	933 Hopkins, MN	42	00:13:19.2	03:19	12	00:02:25.3	22	01:15:09.3	19.1	28	00:02:00.9	30	00:26:19.8	08:29	01:59:14.7	
25	155	Williams, Jonathan	1481 Williston, MN	8	00:09:10.9	02:17	34	00:03:10.3	31	01:20:37.5	17.8	51	00:03:09.7	19	00:23:44.5	07:39	01:59:53.2	
26	157	Oknick, Richard	1444 Center City, MN	53	00:15:45.7	03:56	11	00:02:20.3	17	01:14:04.0	19.4	46	00:02:42.7	26	00:25:12.5	08:07	02:00:05.4	
27	159	Frykman, Todd	1073 Richfield, MN	50	00:14:27.6	03:36	44	00:03:49.5	27	01:17:59.5	18.4	41	00:02:15.8	14	00:22:11.2	07:09	02:00:43.7	
28	165	Sullivan, Jesse	982 Eagan, MN	46	00:14:17.1	03:34	21	00:02:41.2	24	01:16:42.3	18.7	15	00:01:30.2	33	00:26:49.5	08:39	02:02:00.5	
29	170	Johnson, Stetson	1149 Cali,	6	00:08:58.5	02:14	42	00:03:32.7	42	01:26:27.0	16.6	16	00:01:30.7	11	00:22:07.2	07:08	02:02:36.5	
30	171	Hawkins, Kyler	958 Grand Marais,	33	00:12:14.6	03:03	31	00:03:01.7	23	01:16:37.5	18.7	44	00:02:37.6	42	00:28:14.1	09:06	02:02:45.7	
31	172	Sexe, Ben	1393 Richfield, MN	36	00:12:32.1	03:08	37	00:03:20.9	28	01:19:02.8	18.2	29	00:02:01.3	27	00:25:51.1	08:20	02:02:48.4	
32	180	Bohan, Tyler	1467 Minot, ND	31	00:11:50.5	02:57	25	00:02:54.2	32	01:21:46.3	17.6	30	00:02:01.7	29	00:26:16.0	08:28	02:04:48.9	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		24mi bike			T-2		3.1mi run		7/24/2011			
Place	Age/Div	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
33	185	Bagge, Matthew	1265 Plymouth, MN	25	00:10:57.8	02:44	17	00:02:32.7	30	01:20:09.8	17.9	52	00:03:15.2	43	00:28:23.8	09:09	02:05:19.5	
34	191	Larson, Benjamin	1057 Roseville, MN	21	00:10:38.2	02:39	24	00:02:45.8	34	01:22:44.3	17.4	45	00:02:41.4	38	00:27:29.4	08:52	02:06:19.2	
35	206	Bleskey, Ryan	1317 Somerset, WI	52	00:14:50.5	03:42	22	00:02:44.0	36	01:23:53.1	17.1	19	00:01:36.1	25	00:24:56.6	08:02	02:08:00.4	
36	219	Zoltai, Alexander	1386 St. Paul, MN	40	00:12:47.3	03:11	55	00:06:57.5	35	01:23:35.3	17.2	25	00:01:57.3	21	00:24:18.4	07:50	02:09:35.9	
37	220	Dehn, Steven	1380 Eagan, MN	34	00:12:20.0	03:05	36	00:03:13.7	40	01:25:43.7	16.7	9	00:01:24.7	36	00:27:17.3	08:48	02:09:59.4	
38	221	Reich, Michael	1457 Coon Rapids,	44	00:13:31.8	03:22	29	00:02:57.5	38	01:24:29.0	17.0	3	00:01:15.5	40	00:27:47.9	08:58	02:10:01.9	
39	229	Anderson, Ryan	1213 Lindstrom, MN	49	00:14:26.5	03:36	50	00:04:44.8	37	01:24:19.5	17.0	43	00:02:30.5	24	00:24:49.9	08:00	02:10:51.4	
40	230	Husemann, Matt	1390 Rosemount, MN	37	00:12:32.2	03:08	16	00:02:31.9	33	01:22:07.3	17.5	36	00:02:07.6	48	00:31:54.3	10:17	02:11:13.4	
41	232	O'neill, Michael	932 Minneapolis,	22	00:10:38.3	02:39	49	00:04:30.2	39	01:25:26.4	16.8	55	00:04:19.7	31	00:26:37.6	08:35	02:11:32.5	
42	233	Johnson, Ben	1272 Columbia	17	00:10:05.8	02:31	43	00:03:41.8	41	01:26:09.0	16.7	40	00:02:11.8	47	00:29:38.2	09:33	02:11:46.7	
43	235	Puelston, Kyle	994 North Branch,	32	00:11:56.9	02:59	30	00:03:01.2	45	01:28:17.0	16.3	10	00:01:24.9	39	00:27:33.6	08:53	02:12:13.7	
44	252	Starken, Daniel	1030 Plymouth, MN	41	00:12:50.5	03:12	38	00:03:23.8	43	01:27:04.3	16.5	47	00:02:49.0	45	00:28:51.5	09:18	02:14:59.3	
45	254	Monfre, Dan	1153 Minneapolis,	30	00:11:48.7	02:57	32	00:03:06.1	50	01:31:21.0	15.7	5	00:01:18.9	41	00:28:06.0	09:03	02:15:40.9	
46	260	Olson, Chad	1395 Minneapolis,	48	00:14:21.0	03:35	41	00:03:32.6	49	01:31:05.5	15.8	37	00:02:08.7	32	00:26:41.7	08:36	02:17:49.7	
47	266	Ball, Nolan	926 Minnetonka, MN	26	00:11:16.1	02:49	39	00:03:25.6	44	01:27:57.3	16.3	50	00:03:04.4	50	00:32:36.1	10:31	02:18:19.7	
48	274	Pederson, Justin	1406 Centerville, MN	38	00:12:36.1	03:09	47	00:04:00.7	46	01:28:37.3	16.2	22	00:01:46.2	51	00:32:53.7	10:36	02:19:54.2	
49	282	Pineault, Nathan	1398 Chisago City,	47	00:14:17.3	03:34	45	00:03:58.2	47	01:28:49.8	16.2	31	00:02:03.8	52	00:33:20.6	10:45	02:22:29.9	
50	288	Johnson, Tavis	1417 Crystal, MN	29	00:11:36.9	02:54	56	00:07:18.6	53	01:35:00.8	15.1	48	00:02:51.2	46	00:29:05.5	09:23	02:25:53.2	
51	294	Yuronich, Nathan	1501 St. Paul, MN	54	00:16:00.9	04:00	53	00:05:22.4	52	01:32:37.1	15.5	49	00:03:01.5	49	00:32:33.1	10:30	02:29:35.2	
52	296	Moulton, Jeffrey	1244 Eagan, MN	56	00:18:47.1	04:41	51	00:04:47.5	48	01:30:00.0	15.9	32	00:02:04.5	54	00:34:40.2	11:11	02:30:19.4	
53	302	Montain, Matthew	1459 Centerville, MN	45	00:14:00.0	03:30	52	00:04:56.3	55	01:45:35.8	13.6	42	00:02:16.9	44	00:28:51.3	09:18	02:35:40.4	
54	307	Storkan, Scott	989 Plymouth, MN	55	00:18:23.2	04:35	48	00:04:20.4	54	01:40:27.5	14.3	53	00:03:16.4	53	00:34:14.3	11:02	02:40:41.9	
55	309	Howard, Chris	1466 Minot, ND	35	00:12:20.1	03:05	54	00:05:31.7	51	01:31:59.5	15.6	54	00:03:26.2	55	00:49:28.9	15:57	02:42:46.7	
		Joseph, Mike	1478	15	00:09:56.8		40	00:03:30.5										DNF
		Leon, Anthony	1376 Hugo, MN															DNS
		Mccabe, Robert	1028 Minnetonka, MN															DNS
		Masters, Michael	1042 Hopkins, MN															DNS
		Berndt, Benjamin	963 Coon Rapids,															DNS
		Brouwer, Nicholas	906 Lindstrom, MN															DNS

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Age Group Field: 38

1	3	Grossinger, Brooks	832 Mayer, MN	1	00:07:02.6	01:45	2	00:01:24.4	2	01:00:02.5	23.9	3	00:01:10.5	1	00:17:05.8	05:30	01:26:46.0	
2	6	Zeuli, Brian	1515 Hudson, WI	2	00:08:22.2	02:05	1	00:01:21.4	1	00:59:49.0	24.0	6	00:01:22.8	4	00:20:57.9	06:45	01:31:53.5	
3	9	Seeger, Travis	819 Byron, MN	3	00:08:45.0	02:11	7	00:01:53.3	4	01:02:00.3	23.2	1	00:00:58.8	2	00:19:53.7	06:25	01:33:31.2	
4	11	Kurhajetz, Rich	813 Robbinsdale,	6	00:08:56.1	02:14	6	00:01:49.2	3	01:01:13.0	23.5	4	00:01:11.6	6	00:21:14.7	06:51	01:34:24.7	
5	38	Hendrickson,	1077 Duluth, MN	5	00:08:50.4	02:12	8	00:01:54.4	8	01:07:52.0	21.2	12	00:01:41.5	7	00:21:20.0	06:52	01:41:38.5	
6	45	Bedard, James	1348 Dickinson, ND	17	00:10:27.6	02:36	14	00:02:14.7	6	01:07:28.0	21.3	19	00:01:50.1	3	00:20:25.9	06:35	01:42:26.5	
7	54	Barclay, Benjamin	1118 Saint Charles,	15	00:10:00.9	02:30	9	00:02:03.2	7	01:07:38.8	21.2	7	00:01:22.8	15	00:24:28.9	07:53	01:45:34.7	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1		24mi bike			T-2		3.1mi run		7/24/2011			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
8	64Lindquist, Mat	1260 Shoreview, MN	4	00:08:46.1	02:11	3	00:01:30.0	10	01:10:40.5	20.3	5	00:01:19.4	17	00:24:39.9	07:57	01:46:56.0	
9	70May, Lucas	1582 Forest Lake,	18	00:10:59.0	02:44	18	00:02:39.6	5	01:06:10.5	21.7	32	00:02:19.9	21	00:25:14.9	08:08	01:47:24.0	
10	89Hydukovich, Paul	1480 St. Michael, MN	7	00:09:03.4	02:15	12	00:02:12.8	15	01:13:59.3	19.4	11	00:01:39.1	8	00:23:00.8	07:25	01:49:55.7	
11	90Johnson, Keven	1089 Hermantown,	24	00:12:03.9	03:00	29	00:03:32.6	11	01:11:53.3	20.0	13	00:01:42.5	5	00:21:04.5	06:47	01:50:17.0	
12	97Lawes,	1174 Minneapolis,	8	00:09:11.6	02:17	26	00:03:22.7	14	01:13:42.0	19.5	15	00:01:45.0	9	00:23:02.0	07:25	01:51:03.5	
13	101Williams, Tim	935 Circle Pines,	13	00:09:50.5	02:27	27	00:03:26.3	9	01:09:19.8	20.7	33	00:02:21.6	27	00:26:38.4	08:35	01:51:36.7	
14	104Trujillo, Jorge	1364 Minneapolis,	10	00:09:46.2	02:26	19	00:02:41.3	13	01:13:34.8	19.5	24	00:02:00.7	13	00:23:42.0	07:38	01:51:45.2	
15	105Coddington, Mike	898 Eden Prairie,	14	00:09:52.0	02:28	24	00:03:02.8	12	01:12:49.0	19.7	8	00:01:25.8	16	00:24:35.9	07:56	01:51:45.7	
16	121Krieg, Chris	1277 Shakopee, MN	16	00:10:19.5	02:34	10	00:02:05.6	16	01:15:17.5	19.1	28	00:02:07.5	19	00:24:46.7	07:59	01:54:37.0	
17	124Pruehs, Bret	1555 Hilton Head	11	00:09:47.5	02:26	17	00:02:37.1	18	01:16:06.5	18.9	10	00:01:37.4	18	00:24:42.8	07:58	01:54:51.4	
18	134Bantz, Scott	1373 Shakopee, MN	25	00:12:18.3	03:04	25	00:03:19.5	17	01:15:28.0	19.0	2	00:01:09.2	14	00:23:56.1	07:43	01:56:11.3	
19	148Larson, Chad	1165 Hawley, MN	9	00:09:35.2	02:23	11	00:02:09.1	20	01:18:38.5	18.3	22	00:01:59.9	24	00:26:01.1	08:23	01:58:24.0	
20	156Cashman,	1124 Bartlett, IL	23	00:11:45.8	02:56	23	00:03:02.7	21	01:19:15.8	18.1	31	00:02:15.6	11	00:23:36.1	07:36	01:59:56.2	
21	162Mckitrick, Shawn	1299 Burnsville, MN	19	00:11:03.2	02:45	16	00:02:34.6	23	01:19:52.5	18.0	14	00:01:43.8	22	00:25:55.2	08:21	02:01:09.5	
22	169Kirsch, Matthew	1360 Stevens Point,	30	00:13:18.4	03:19	30	00:04:08.7	22	01:19:38.0	18.0	27	00:02:06.3	10	00:23:17.6	07:30	02:02:29.2	
23	174Arndt, Brad	848 Minneapolis,	21	00:11:22.8	02:50	15	00:02:32.3	28	01:22:32.0	17.4	30	00:02:15.1	20	00:24:49.4	08:00	02:03:31.7	
24	176Hering, Mark	1078 Chisago City,	22	00:11:41.3	02:55	33	00:04:35.0	19	01:17:29.8	18.5	21	00:01:58.8	30	00:28:03.2	09:02	02:03:48.2	
25	182Bendell, Dan	1421 Chanhassan,	28	00:12:58.7	03:14	28	00:03:26.3	25	01:20:54.3	17.7	23	00:01:59.9	23	00:25:56.0	08:21	02:05:15.4	
26	190Barganz, Steve	897 Montello, WI	31	00:13:41.7	03:25	21	00:02:55.3	26	01:21:20.3	17.7	18	00:01:48.3	25	00:26:15.4	08:28	02:06:01.2	
27	198Pankratz, Mark	1336 Bloomington,	20	00:11:21.2	02:50	5	00:01:48.1	24	01:20:19.0	17.9	26	00:02:02.5	33	00:31:30.2	10:09	02:07:01.2	
28	199Cleary, Patrick	1534 Brooklyn Park,	26	00:12:19.5	03:04	13	00:02:14.3	29	01:23:30.5	17.2	9	00:01:28.5	28	00:27:42.7	08:56	02:07:15.7	
29	210Mack, John	844 Mahtomedi, MN	27	00:12:31.8	03:07	20	00:02:43.0	27	01:21:25.3	17.6	17	00:01:47.2	32	00:30:09.8	09:43	02:08:37.2	
30	240Leonhardt, David	1506 Arden Hills, MN	12	00:09:47.9	02:26	22	00:02:55.7	30	01:28:18.3	16.3	34	00:03:06.6	31	00:28:15.8	09:07	02:12:24.4	
31	251Fanous, Michael	1214 Minneapolis,	34	00:16:49.8	04:12	4	00:01:47.5	31	01:30:44.8	15.8	16	00:01:46.3	12	00:23:39.8	07:38	02:14:48.4	
32	262Johnson, Weston	949 Maple Grove,	29	00:12:59.6	03:14	34	00:04:37.2	32	01:31:55.3	15.6	20	00:01:54.7	26	00:26:27.0	08:31	02:17:54.0	
33	306Sexe, Jonathan	1567 St. Paul, MN	33	00:15:43.2	03:55	32	00:04:17.3	34	01:47:41.0	13.3	25	00:02:02.1	29	00:27:47.3	08:57	02:37:31.2	
34	311Klostermann, Chad	1039 Wyoming, MN	32	00:15:18.3	03:49	31	00:04:13.5	33	01:46:29.8	13.5	29	00:02:08.5	34	00:35:13.2	11:21	02:43:23.4	
	Kelly, Ryan	1171 Belle Plaine,														DNS	
	Hoffman, Mark	1199 Minneapolis,														DNS	
	Donaldson, Jon	1091 Minneapolis,														DNS	
	Woolsey, Brian	952 Minneapolis,														DNS	

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Age Group Field: 53

1	8Mcqueen, Michael	833 Wausau, WI	6	00:08:40.3	02:10	4	00:01:32.0	1	01:02:22.7	23.0	7	00:01:15.6	2	00:19:21.4	06:14	01:33:12.2	
2	10Morgan, Tom	1472 Minneapolis,	11	00:09:02.9	02:15	2	00:01:25.1	2	01:02:34.3	23.0	9	00:01:17.1	3	00:19:34.1	06:18	01:33:53.7	
3	14Corcoran, Bill	835 Sartell, MN	2	00:08:05.6	02:01	7	00:01:37.4	3	01:02:58.0	22.8	11	00:01:22.3	9	00:21:28.9	06:55	01:35:32.5	
4	17Johnson, Greg	1096 Hermantown,	8	00:08:49.3	02:12	6	00:01:36.2	5	01:04:58.3	22.1	16	00:01:35.1	4	00:19:42.4	06:21	01:36:41.5	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		24mi bike			T-2		3.1mi run		7/24/2011		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
5	Berry, Donald	1615	16	00:10:13.7	02:33	5	00:01:35.9	7	01:05:55.5	21.8	3	00:01:09.2	6	00:20:52.0	06:43	01:39:46.5	
6	Smith, Josh	1579	9	00:08:54.8	02:13	14	00:02:13.2	4	01:04:36.5	22.2	20	00:01:43.4	12	00:23:07.8	07:27	01:40:36.1	
7	Keil, J Matt	812	1	00:07:25.2	01:51	9	00:01:42.9	17	01:13:09.5	19.6	6	00:01:15.1	1	00:18:10.9	05:51	01:41:43.7	
8	Chose, Robert	1192	10	00:08:56.0	02:14	8	00:01:38.8	10	01:07:01.8	21.4	19	00:01:40.5	11	00:22:44.3	07:20	01:42:01.5	
9	Sroga, Jeremy	977	3	00:08:06.2	02:01	17	00:02:19.1	11	01:10:31.3	20.4	1	00:01:06.8	5	00:20:13.0	06:31	01:42:16.5	
10	Weigel, Joshua	1302	15	00:10:05.1	02:31	1	00:01:19.2	6	01:05:28.0	21.9	10	00:01:19.4	23	00:25:37.3	08:15	01:43:49.2	
11	Lemke, Chad	1570	18	00:10:30.2	02:37	22	00:02:28.1	8	01:06:21.8	21.6	15	00:01:32.0	15	00:23:47.5	07:40	01:44:39.7	
12	Vokal, Christopher	1031	13	00:09:48.5	02:27	11	00:01:57.1	9	01:06:22.0	21.6	8	00:01:15.6	32	00:26:45.1	08:37	01:46:08.5	
13	Jechorek, John	1200	28	00:11:41.3	02:55	23	00:02:36.5	14	01:11:17.0	20.2	5	00:01:13.0	7	00:21:14.5	06:51	01:48:02.5	
14	Lang, Jason	1215	17	00:10:26.1	02:36	21	00:02:26.9	12	01:10:39.5	20.3	34	00:02:14.5	19	00:24:51.0	08:00	01:50:38.2	
15	Dent, Braden	1531	26	00:11:33.7	02:53	15	00:02:14.1	13	01:11:05.3	20.2	17	00:01:35.4	16	00:24:12.6	07:48	01:50:41.2	
16	Sroga, Jason	978	4	00:08:28.9	02:07	18	00:02:22.8	22	01:15:37.3	19.0	2	00:01:08.9	13	00:23:11.1	07:28	01:50:49.2	
17	Wynne, Dallas	896	24	00:11:13.8	02:48	3	00:01:29.0	20	01:15:17.8	19.1	30	00:02:11.4	8	00:21:20.3	06:53	01:51:32.5	
18	Phillips, Aaron	1241	19	00:10:33.4	02:38	13	00:02:04.7	16	01:11:50.3	20.0	14	00:01:29.9	28	00:26:23.1	08:30	01:52:21.5	
19	Gerard, Jason	1092	20	00:10:35.5	02:38	16	00:02:18.6	19	01:13:45.8	19.5	21	00:01:43.7	18	00:24:23.3	07:52	01:52:47.0	
20	Fagerness, Jon	1500	7	00:08:43.9	02:10	25	00:02:45.7	24	01:16:26.3	18.8	18	00:01:38.7	14	00:23:32.5	07:35	01:53:07.2	
21	McGinnis, Sean	873	27	00:11:40.6	02:55	10	00:01:43.2	23	01:15:39.0	19.0	23	00:01:54.7	17	00:24:19.3	07:50	01:55:17.0	
22	Giddings, Jason	1568	29	00:11:50.3	02:57	20	00:02:25.5	18	01:13:39.0	19.5	25	00:01:57.4	27	00:26:11.8	08:27	01:56:04.2	
23	Smith, Jason	1526	5	00:08:31.8	02:07	27	00:02:53.8	21	01:15:23.5	19.1	38	00:02:28.0	33	00:26:56.2	08:41	01:56:13.4	
24	Hansen, Chris	1076	23	00:10:55.7	02:43	28	00:02:55.8	27	01:19:53.5	18.0	4	00:01:09.5	10	00:22:29.7	07:15	01:57:24.5	
25	Singhal, Ash	1532	31	00:12:20.4	03:05	31	00:03:10.6	25	01:16:34.3	18.8	24	00:01:55.5	26	00:26:06.2	08:25	02:00:07.2	
26	Ducklow, Jerad	1355	21	00:10:39.9	02:39	19	00:02:24.2	28	01:20:23.8	17.9	35	00:02:18.5	30	00:26:35.1	08:34	02:02:21.7	
27	Ward, Peter	1475	14	00:09:53.8	02:28	33	00:03:19.0	32	01:21:47.8	17.6	36	00:02:20.5	29	00:26:28.4	08:32	02:03:49.7	
28	Orpin, Matthew	1429	30	00:11:57.9	02:59	36	00:03:33.4	31	01:21:25.8	17.6	42	00:02:41.0	22	00:25:35.4	08:15	02:05:13.7	
29	Boyce, Douglas	1253	47	00:22:11.4	05:32	24	00:02:40.4	15	01:11:32.0	20.1	26	00:01:59.9	35	00:27:16.1	08:47	02:05:39.9	
30	Turnquist, Daniel	1361	22	00:10:43.9	02:40	44	00:05:06.6	29	01:21:07.1	17.7	32	00:02:12.9	36	00:27:28.3	08:51	02:06:38.9	
31	Walker, Dion	851	12	00:09:24.6	02:21	30	00:03:01.9	30	01:21:15.8	17.7	43	00:03:04.4	40	00:29:58.6	09:40	02:06:45.5	
32	Labarre, Craig	814	32	00:12:23.7	03:05	39	00:03:58.8	26	01:18:23.3	18.3	44	00:03:19.5	39	00:28:51.2	09:18	02:06:56.7	
33	Sletten, Mark	1375	37	00:13:22.5	03:20	41	00:04:34.1	34	01:22:19.3	17.4	27	00:02:04.6	24	00:25:50.8	08:20	02:08:11.4	
34	Schomaker, Matt	1059	38	00:13:32.7	03:23	12	00:02:00.6	38	01:24:21.3	17.0	13	00:01:26.9	34	00:27:03.3	08:43	02:08:25.0	
35	Watson, Chris	969	25	00:11:18.0	02:49	29	00:02:56.3	33	01:22:05.0	17.5	12	00:01:24.8	41	00:30:43.4	09:54	02:08:27.7	
36	Lesov, Paul	1350	39	00:13:37.3	03:24	32	00:03:12.2	36	01:23:25.3	17.2	33	00:02:13.3	31	00:26:37.9	08:35	02:09:06.2	
37	Bouwman, Levi	1425	43	00:16:07.4	04:01	37	00:03:35.4	35	01:22:19.5	17.4	31	00:02:12.2	21	00:25:19.0	08:10	02:09:33.7	
38	Mann, Curt	1414	35	00:12:47.3	03:11	42	00:04:47.0	40	01:26:59.3	16.5	40	00:02:34.4	20	00:25:09.5	08:06	02:12:17.7	
39	Wagner, Keith	1366	40	00:15:39.2	03:54	40	00:04:00.3	37	01:23:44.3	17.1	39	00:02:30.5	37	00:28:16.0	09:07	02:14:10.4	
40	Yost, Joseph	1572	36	00:12:58.5	03:14	43	00:05:05.0	39	01:26:27.8	16.6	37	00:02:22.8	38	00:28:32.1	09:12	02:15:26.4	
41	O'Sullivan, Michael	1445	34	00:12:45.3	03:11	45	00:05:23.7	42	01:33:28.6	15.4	41	00:02:37.7	25	00:25:56.5	08:22	02:20:11.9	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		24mi bike			T-2		3.1mi run		7/24/2011		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
42	281 Monteiro, Matt	843 Mahtomedi, MN	41	00:15:44.4	03:56	26	00:02:50.7	41	01:28:38.8	16.2	22	00:01:46.5	43	00:33:19.9	10:45	02:22:20.5	
43	292 Schultz, Matthew	1087 Mora, MN	33	00:12:28.8	03:07	35	00:03:24.0	44	01:34:54.8	15.1	28	00:02:05.7	45	00:35:36.7	11:29	02:28:30.2	
44	299 Bluhm, Rory	1160 Lindstrom, MN	44	00:16:16.2	04:04	34	00:03:20.4	43	01:34:27.8	15.2	29	00:02:08.2	46	00:37:32.5	12:06	02:33:45.2	
45	304 Lucy, Thomas	1510 Saint Paul, MN	42	00:15:58.9	03:59	38	00:03:42.6	45	01:39:51.3	14.4	45	00:03:38.4	42	00:32:59.7	10:38	02:36:11.2	
46	320 Therkilsen, Troy	1363 New Hope, MN	45	00:21:07.7	05:16	47	00:17:28.3	46	01:42:01.8	14.1	47	00:06:07.0	44	00:33:40.6	10:51	03:00:25.7	
47	324 Janes, Jason	1161 Princeton, MN	46	00:21:26.7	05:21	46	00:07:38.6	47	01:58:35.1	12.1	46	00:06:03.5	47	00:50:07.1	16:10	03:23:51.2	
	Berg, Donald	1596 Stillwater, MN														DNS	
	Therkilsen, Troy	1354 New Hope, MN														DNS	
	King, Brook	1374 St. Anthony, MN														DNS	
	Bona, Stephen	1197 Shoreview, MN														DNS	
	Hudoba, Mark	968 Savage, MN														DNS	
	Stenzler, Benjamin	870 Minneapolis,														DNS	

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Age Group Field: 50

	1 O'Oonnor, Kevin	831 Medina, MN	1	00:06:22.9	01:35	1	00:01:10.4	1	00:58:55.3	24.4	1	00:00:48.8	1	00:16:59.5	05:28	01:24:17.0	
1	5 Grebner, Jeff	834 St. Paul, MN	2	00:07:20.6	01:50	4	00:01:30.5	2	01:02:15.8	23.1	3	00:01:06.2	3	00:19:15.0	06:12	01:31:28.2	
2	16 Moore, Travis	1315 Menomonie, WI	4	00:08:29.0	02:07	6	00:01:50.6	3	01:03:53.3	22.5	7	00:01:15.9	5	00:20:34.1	06:38	01:36:03.0	
3	20 Smith, Colin	1217 Minneapolis,	7	00:09:04.1	02:16	5	00:01:41.4	4	01:04:56.8	22.1	5	00:01:15.7	4	00:20:23.0	06:34	01:37:21.2	
4	25 Bates, Ananda	801 Minneapolis,	5	00:08:58.3	02:14	2	00:01:11.8	6	01:09:33.5	20.7	4	00:01:09.4	2	00:17:59.4	05:48	01:38:52.5	
5	32 Meyer, Lane	1330 Pengilly, MN	8	00:09:29.8	02:22	3	00:01:24.8	5	01:06:54.5	21.5	23	00:02:03.0	6	00:20:38.5	06:39	01:40:30.7	
6	55 Wadd, Adam	1274 Woodbury, MN	3	00:07:23.4	01:50	14	00:02:23.7	7	01:10:22.8	20.4	13	00:01:34.4	14	00:23:59.4	07:44	01:45:43.7	
7	74 Simons, Dave	829 Faribault, MN	10	00:09:48.1	02:27	12	00:02:15.4	8	01:11:27.5	20.1	10	00:01:29.3	10	00:23:17.0	07:30	01:48:17.5	
8	84 Rosenow, Jim	1158 Shoreview, MN	12	00:10:17.4	02:34	10	00:02:01.9	10	01:11:51.5	20.0	6	00:01:15.7	15	00:24:08.5	07:47	01:49:35.2	
9	91 Bispala, Jaren	1627 Woodbury, MN	9	00:09:38.6	02:24	8	00:01:55.9	11	01:13:48.3	19.5	12	00:01:32.8	11	00:23:37.4	07:37	01:50:33.2	
10	111 Zarling, Darrick	1212 Vadnais	18	00:10:52.7	02:43	9	00:01:57.8	12	01:14:27.3	19.3	19	00:01:49.4	12	00:23:49.1	07:41	01:52:56.5	
11	115 Talbot, Kevin	1280 St. Paul, MN	16	00:10:44.2	02:41	15	00:02:28.8	9	01:11:38.8	20.0	18	00:01:49.2	22	00:26:41.1	08:36	01:53:22.2	
12	119 Witt, Andrew	1095 Oconto Falls,	14	00:10:37.1	02:39	23	00:03:02.7	13	01:14:52.3	19.2	11	00:01:30.9	16	00:24:16.3	07:49	01:54:19.5	
13	120 Wakefield, Ed	1313 Center City, MN	15	00:10:42.1	02:40	16	00:02:29.2	17	01:17:49.3	18.5	14	00:01:34.5	8	00:21:45.7	07:01	01:54:21.0	
14	131 Williams, Mark	1263 Cottage Grove,	17	00:10:50.0	02:42	17	00:02:36.3	18	01:19:25.0	18.1	2	00:01:05.3	7	00:21:41.2	06:59	01:55:38.0	
15	141 Erickson, Dan	1254 Lino Lakes, MN	13	00:10:34.2	02:38											01:57:27.0	
16	145 Osmian, Mike	900 Stillwater, MN	25	00:12:07.8	03:01	18	00:02:52.0	14	01:17:13.0	18.6	22	00:02:01.0	13	00:23:51.8	07:41	01:58:05.7	
17	154 Hennen, Curt	1564 Chisago City,	22	00:11:34.8	02:53	26	00:03:10.0	16	01:17:29.8	18.5	8	00:01:18.5	19	00:25:54.9	08:21	01:59:28.2	
18	167 Wurdemann, Peter	1101 Harris, MN	24	00:12:04.5	03:01	34	00:04:03.8	15	01:17:27.8	18.5	26	00:02:12.0	20	00:26:31.2	08:33	02:02:19.5	
19	211 Carlson, Tim	868 Chisago City,	33	00:13:33.8	03:23	20	00:02:56.0	20	01:21:32.3	17.6	29	00:02:23.7	24	00:28:31.2	09:12	02:08:57.2	
20	213 Timm, Craig	1326 Center City, MN	26	00:12:12.0	03:03	31	00:03:38.7	27	01:26:36.8	16.6	15	00:01:37.4	18	00:25:05.3	08:05	02:09:10.4	
21	215 Szymanski,	858 Eagan, MN	30	00:13:14.3	03:18	7	00:01:52.0	25	01:25:57.8	16.7	21	00:01:52.6	21	00:26:35.6	08:34	02:09:32.5	
22	218 Anderson, Mark	895 St. Paul Park,	20	00:11:19.2	02:49	25	00:03:05.9	21	01:22:46.5	17.3	20	00:01:49.7	28	00:30:34.3	09:51	02:09:35.7	
23	222 Storkan, Steve	990 Forest Lake,	11	00:10:12.3	02:33	29	00:03:25.5	22	01:23:37.0	17.2	27	00:02:18.2	27	00:30:32.5	09:51	02:10:05.7	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		24mi bike			T-2		3.1mi run		7/24/2011		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
24	238 Speer, Adam	1094 Phillips, WI	21	00:11:29.8	02:52	19	00:02:52.3	19	01:19:54.5	18.0	25	00:02:07.1	33	00:35:56.4	11:35	02:12:20.2	
25	239 Mccollough, Mark	1585 Forest Lake,	23	00:11:35.8	02:53	21	00:02:58.0	24	01:24:39.8	17.0	30	00:02:24.4	29	00:30:42.5	09:54	02:12:20.7	
26	250 Hufford, Darren	1036 North Branch,	28	00:12:57.6	03:14	27	00:03:10.9	28	01:27:22.6	16.4	32	00:02:31.2	25	00:28:44.5	09:16	02:14:47.0	
27	259 Miller, Eric	1358 Forest Lake,	35	00:14:42.0	03:40	22	00:02:58.8	29	01:28:35.3	16.2	33	00:02:32.3	23	00:28:17.1	09:07	02:17:05.7	
28	265 Peterson, Chris	1469 Lander, WY	36	00:14:45.6	03:41	37	00:05:10.4	31	01:30:04.0	15.9	35	00:03:48.0	17	00:24:25.9	07:52	02:18:14.2	
29	276 Nye, Brad	1581 Lindstrom, MN	27	00:12:33.0	03:08	28	00:03:21.3	30	01:29:27.1	16.0	17	00:01:43.7	31	00:33:25.9	10:47	02:20:31.2	
30	277 Lyp, Patrick	976 Valparaiso, IN	32	00:13:22.7	03:20	30	00:03:28.3	23	01:24:08.5	17.1	34	00:03:23.7	34	00:36:18.7	11:42	02:20:42.2	
31	279 Ulbricht, Scott	988 Wyoming, MN	39	00:18:10.7	04:32	35	00:04:49.3	26	01:25:58.8	16.7	28	00:02:23.0	26	00:29:35.4	09:32	02:20:57.5	
32	293 Byrkit, Scott	1486 North Branch,	38	00:17:41.0	04:25	32	00:03:52.1	33	01:32:20.5	15.5	16	00:01:43.2	30	00:33:06.0	10:40	02:28:42.9	
33	297 Chalupsky, Bruce	1616 Winsted, MN	29	00:13:10.7	03:17	39	00:06:24.4	34	01:33:40.8	15.3	36	00:03:49.7	32	00:34:15.4	11:03	02:31:21.2	
34	300 Gudmunson,	1629 Cottage Grove,	37	00:15:16.5	03:49	24	00:03:05.8	35	01:37:27.6	14.7	24	00:02:03.4	35	00:36:31.0	11:46	02:34:24.4	
35	308 Felt, Rich	1512 Rochester, MN	34	00:14:06.7	03:31	33	00:04:00.1	32	01:31:55.8	15.6	37	00:04:30.6	38	00:46:57.3	15:08	02:41:30.7	
36	314 Borgaonkar,	1191 Blaine, MN	31	00:13:15.4	03:18	38	00:05:39.7	36	01:37:59.0	14.6	39	00:06:34.4	37	00:45:38.7	14:43	02:49:07.4	
37	318 Goeken, Mike	1112 Scandia, MN	40	00:21:14.8	05:18	36	00:04:49.7	37	01:47:09.8	13.4	31	00:02:26.7	36	00:43:08.9	13:55	02:58:50.2	
38	322 Miller, Terry	1163 Cambridge, MN	41	00:21:27.5	05:21	40	00:07:34.8	38	01:58:05.8	12.1	38	00:06:28.7	39	00:50:13.2	16:12	03:23:50.2	
39	325 Sjerven, Doug	820 Cambridge, MN	6	00:09:02.1	02:15	13	00:02:17.4	39	02:51:15.5	8.4	9	00:01:28.5	9	00:22:47.1	07:21	03:26:50.9	
	Mcintyre, Dan	1130 Coon Rapids,	19	00:11:12.1		11	00:02:10.9									DNF	
	Bryan, James	1433 Chaska, MN														DNS	
	Tiede, Peter	1203 River Falls, WI														DNS	
	Christenson,	1248 Stillwater, MN														DNS	
	Nelson, Matt	1169 Edina, MN														DNS	
	Connell, James	1188 Shakopee, MN														DNS	
	Wenschlag, Jason	934 Minneapolis,														DNS	
	Maczko, Peter	874 Minneapolis,														DNS	
	Nelson, Terry	875 Crosby, MN														DNS	
	Gudmunson,	889 Cottage Grove,														DNS	

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Age Group Field: 31

1	2 Bich, Brian	802 Duluth, MN	1	00:06:38.7	01:39	1	00:01:14.8	1	00:58:39.0	24.5	1	00:00:55.1	1	00:18:02.8	05:49	01:25:30.7	
2	18 Vesterstein, Kirk	825 Duluth, MN	6	00:08:59.8	02:14	4	00:01:39.8	5	01:04:53.5	22.1	2	00:01:12.3	2	00:20:25.7	06:35	01:37:11.2	
3	22 Myers, Everett	1586 Marine On St.	10	00:09:53.3	02:28	2	00:01:28.0	2	01:04:08.3	22.4	11	00:01:55.4	4	00:20:59.3	06:46	01:38:24.5	
4	26 Holleran, David	1607 Woodbury, MN	4	00:08:54.1	02:13	11	00:02:21.9	4	01:04:45.6	22.2	13	00:01:56.9	5	00:21:11.1	06:50	01:39:09.7	
5	29 Peterson, Thomas	817 Appleton, WI	9	00:09:50.0	02:27	7	00:01:54.1	6	01:06:06.5	21.7	5	00:01:32.4	3	00:20:33.6	06:37	01:39:56.7	
6	31 Graif, James	808 Elk River, MN	3	00:08:25.6	02:06	5	00:01:46.5	3	01:04:35.0	22.2	15	00:02:02.4	13	00:23:33.9	07:36	01:40:23.5	
7	53 Schultz, James	1046 Shorewood, MN	12	00:10:07.2	02:31	17	00:02:52.1	7	01:06:07.5	21.7	20	00:02:52.8	12	00:23:29.9	07:34	01:45:29.7	
8	56 Hetherington, Lee	1304 Chaska, MN	7	00:09:16.9	02:19	12	00:02:26.1	10	01:10:01.5	20.5	8	00:01:44.0	7	00:22:16.2	07:11	01:45:45.0	
9	66 Dahlberg, Peter	840 St. Paul, MN	5	00:08:58.7	02:14	3	00:01:32.1	11	01:11:29.3	20.1	7	00:01:39.1	11	00:23:18.8	07:31	01:46:58.2	
10	67 Stephens, Fred	1320 White Bear	19	00:12:24.1	03:06	10	00:02:08.0	9	01:09:47.0	20.6	6	00:01:34.8	6	00:21:23.7	06:54	01:47:17.7	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		24mi bike			T-2		3.1mi run		7/24/2011			
Place	Age/Div	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
11	81	Pedersen, John	1495 Eau Claire, WI	21	00:13:36.4	03:24											01:49:10.0	
12	83	Register, Kevin	922 Fargo, ND	2	00:08:10.3	02:02	9	00:02:06.2	13	01:12:48.0	19.7	4	00:01:30.0	15	00:24:56.0	08:02	01:49:30.7	
13	96	Dahl, John	1623 Spicer, MN	15	00:10:38.2	02:39	8	00:01:58.8	12	01:11:59.5	20.0	10	00:01:49.4	14	00:24:34.8	07:55	01:51:01.0	
14	106	Roeske, Steve	1288 Maplewood, MN	8	00:09:28.3	02:22	6	00:01:50.8	15	01:15:41.1	19.0	9	00:01:47.8	10	00:23:11.5	07:28	01:51:59.5	
15	113	Delaune, Rob	955 Shoreview, MN	13	00:10:25.2	02:36	16	00:02:39.9	14	01:14:55.3	19.2	12	00:01:56.7	9	00:23:05.5	07:26	01:53:02.8	
16	127	Liesch, Michael	1489 Lino Lakes, MN	11	00:10:07.1	02:31	14	00:02:38.2	16	01:17:59.8	18.4	14	00:01:59.8	8	00:22:43.4	07:19	01:55:28.5	
17	130	Chiodo, Marc	966 Minneapolis,	18	00:12:07.0	03:01	13	00:02:33.8	8	01:06:41.8	21.5	23	00:04:26.8	22	00:29:46.2	09:36	01:55:35.7	
18	179	Vogelsang, Jeff	1233 Bloomington,	14	00:10:32.2	02:38	21	00:04:27.8	20	01:20:42.5	17.8	16	00:02:15.9	18	00:26:43.3	08:37	02:04:42.0	
19	187	Prew, Chris	916 Minneapolis,	22	00:13:45.7	03:26	19	00:03:44.3	17	01:19:03.8	18.2	18	00:02:26.4	17	00:26:25.1	08:31	02:05:25.5	
20	196	Puhr, Ross	1083 Harwood, ND	17	00:11:54.6	02:58	15	00:02:38.7	21	01:22:13.8	17.5	3	00:01:28.6	20	00:28:35.3	09:13	02:06:51.2	
21	243	Hanson, Chad	1275 Hugo, MN	23	00:15:46.6	03:56	24	00:05:29.7	19	01:20:21.3	17.9	24	00:05:02.4	19	00:26:54.3	08:40	02:13:34.4	
22	245	Walmsley, Daniel	1473 Eagan, MN	20	00:12:33.9	03:08	18	00:03:15.2	23	01:29:16.8	16.1	17	00:02:16.6	16	00:26:20.4	08:29	02:13:42.9	
23	258	Thorsen, Greg	1547 Lindstrom, MN	24	00:16:07.1	04:01	23	00:04:45.9	18	01:19:31.3	18.1	21	00:03:11.1	23	00:33:21.6	10:45	02:16:57.2	
24	263	Grandmont, Philip	861 Headingley, MB	25	00:16:27.2	04:06	20	00:04:06.3	22	01:25:41.6	16.8	19	00:02:34.5	21	00:29:22.7	09:28	02:18:12.5	
25	312	Bleskey, Rick	937 Forest Lake,	26	00:20:02.7	05:00	22	00:04:34.1	24	01:40:35.3	14.3	22	00:03:20.9	24	00:35:16.3	11:22	02:43:49.4	
		Robinson, Jim	1626 Edina, MN	16	00:11:40.2		25	00:08:00.6									DNF	
		Simmons, Bryan	1517 Minneapolis,														DNS	
		Larson, John	1499 Greenleaf, WI														DNS	
		Ostenso, Steve	1357 Chisago City,														DNS	
		Tanner, Tim	1129 Plymouth, MN														DNS	
		Forsman, Bill	1148 Lindstrom, MN														DNS	

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Age Group Field: 36

1	13	Christenson, Rick	1324 Roseville, MN	9	00:09:48.8	02:27	10	00:02:38.8	1	00:59:16.5	24.2	3	00:01:21.6	4	00:22:01.1	07:06	01:35:07.0	
2	24	Burbach, Daniel	803 Manitowoc, WI	2	00:08:32.7	02:08	1	00:01:35.1	2	01:05:08.5	22.1	2	00:01:16.5	5	00:22:15.3	07:10	01:38:48.2	
3	27	Tjosvold, Douglas	1593 N. Saint Paul,	8	00:09:44.5	02:26	2	00:01:39.0	3	01:05:41.3	21.9	11	00:01:55.0	2	00:20:35.4	06:38	01:39:35.5	
4	36	Reed, Jim	1507 Duluth, MN									5	00:01:27.7	1	00:19:30.8	06:17	01:40:43.2	
5	43	Ewen, Mike	1479 Rochester, MN	10	00:10:01.6	02:30	5	00:01:57.7	5	01:07:19.8	21.3	7	00:01:31.2	3	00:21:18.0	06:52	01:42:08.5	
6	51	Wildman, Joe	1180 Milaca, MN	1	00:07:35.8	01:53	17	00:03:11.7	8	01:10:35.5	20.3	1	00:01:07.0	7	00:22:32.0	07:16	01:45:02.2	
7	52	Wynveen, Doug	846 Osceola, WI	16	00:11:21.6	02:50	3	00:01:44.0	7	01:08:37.0	20.9	4	00:01:24.4	6	00:22:21.6	07:12	01:45:28.7	
8	77	Daly, Jeffrey	970 Lakeville, MN	20	00:12:14.0	03:03	4	00:01:49.0	4	01:07:08.0	21.4	10	00:01:51.9	13	00:25:52.6	08:20	01:48:55.7	
9	82	Skelton, Glen	1594 Stillwater, MN	6	00:09:11.1	02:17	7	00:02:05.2	10	01:12:07.5	19.9	16	00:02:20.5	9	00:23:43.4	07:39	01:49:28.0	
10	99	Mclaughlin,	1117 Center City, MN	5	00:09:06.0	02:16	9	00:02:38.3	9	01:11:10.5	20.2	13	00:02:03.5	15	00:26:29.7	08:32	01:51:28.2	
11	102	Justinak, Vince	956 Blaine, MN	15	00:11:18.1	02:49	15	00:03:07.5	6	01:08:29.3	21.0	9	00:01:36.6	16	00:27:07.2	08:44	01:51:38.7	
12	122	Aksamit, Scott	1624 Edina, MN	4	00:09:00.4	02:15	6	00:01:59.2	12	01:13:26.5	19.6	12	00:02:01.5	20	00:28:16.2	09:07	01:54:43.9	
13	133	Metzmaker,	1600 Lino Lakes, MN	11	00:10:12.4	02:33	21	00:03:34.9	15	01:16:15.3	18.8	15	00:02:13.0	10	00:23:49.2	07:41	01:56:04.9	
14	139	Happy, Doug	1605 Duluth, MN	19	00:12:02.8	03:00	8	00:02:26.3	19	01:17:42.3	18.5	6	00:01:30.1	8	00:23:34.0	07:36	01:57:15.7	
15	143	Dawson, Brian	1527 Rochester, MN	14	00:10:53.5	02:43	22	00:03:39.0	13	01:14:00.0	19.4	26	00:03:41.6	12	00:25:22.1	08:11	01:57:36.5	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		24mi bike			T-2		3.1mi run		7/24/2011			
Place	Age/Div	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
16	161	Eduarte, Carlos	1474	22	00:13:23.5	03:20	20	00:03:29.8	14	01:15:29.5	19.0	19	00:02:38.8	14	00:26:02.7	08:24	02:01:04.5	
17	166	Jones, Edward	881	25	00:14:32.1	03:38	16	00:03:07.9	11	01:12:32.0	19.8	14	00:02:04.6	24	00:29:52.4	09:38	02:02:09.2	
18	173	Wegwerth, Bill	940	17	00:11:22.3	02:50	19	00:03:16.0	18	01:17:39.3	18.5	20	00:02:49.8	18	00:28:05.2	09:03	02:03:12.7	
19	175	Mccormick,	886	7	00:09:28.0	02:22	23	00:03:41.1	20	01:18:36.5	18.3	17	00:02:30.8	22	00:29:27.5	09:30	02:03:44.0	
20	189	Barrett, Daniel	1471	26	00:14:33.0	03:38	11	00:02:46.3	16	01:17:03.8	18.6	21	00:02:53.1	21	00:28:40.1	09:14	02:05:56.4	
21	200	Yaeger, Gregory	1557	13	00:10:48.3	02:42	18	00:03:12.1	22	01:26:48.2	16.5	8	00:01:31.3	11	00:24:56.9	08:02	02:07:16.9	
22	201	Misner, John	1206	24	00:14:07.2	03:31	13	00:02:56.6	21	01:19:57.8	18.0	18	00:02:34.9	17	00:27:51.1	08:59	02:07:27.7	
23	223	Crowe, Paul	1224	23	00:13:41.2	03:25	24	00:04:17.9	17	01:17:34.0	18.5	22	00:02:54.3	25	00:31:41.1	10:13	02:10:08.7	
24	269	Testa, Russ	1133	3	00:08:36.0	02:09	12	00:02:53.0	23	01:29:46.5	16.0	23	00:02:55.3	26	00:35:05.6	11:19	02:19:16.7	
25	270	Salmen, Chas	1132									29	00:34:41.3	27	00:35:06.6	11:19	02:19:17.2	
26	273	Vrudny, Mick	1551	18	00:11:27.1	02:51	26	00:05:11.2	25	01:30:03.3	15.9	25	00:03:01.6	23	00:29:49.3	09:37	02:19:32.7	
27	283	Kammerer, Matt	939	21	00:12:59.2	03:14	14	00:02:59.3	26	01:35:07.0	15.1	27	00:03:47.1	19	00:28:10.6	09:05	02:23:03.4	
28	298	Salmen, Andrew	1144	12	00:10:40.2	02:40	25	00:04:30.1	24	01:29:51.3	16.0	24	00:03:00.4	29	00:45:04.0	14:32	02:33:06.2	
29	319	Kraemer, Dean	1602	27	00:18:04.8	04:31	27	00:05:22.7	27	01:42:19.8	14.0	28	00:09:07.9	28	00:44:16.7	14:17	02:59:12.1	
		Leon, Mike	1377														DNS	
		Swanson, David	1318														DNS	
		Koch, Len	1157														DNS	
		Griffith, Vince	1182														DNS	
		Mills, Richard	1126														DNS	
		Manney, Gary	1138														DNS	
		Zwiers, Brian	855														DNS	

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Age Group Field: 29

1	15	Dow, David	806	3	00:09:01.5	02:15	1	00:01:33.1	1	01:02:07.0	23.1	2	00:01:26.6	1	00:21:26.4	06:54	01:35:34.7	
2	50	Schmitt, Bill	1630	1	00:08:07.9	02:01	4	00:02:24.9	3	01:07:40.5	21.2	10	00:02:05.6	6	00:24:31.9	07:54	01:44:51.0	
3	86	Weisbecker,	1179	12	00:11:20.2	02:50	10	00:02:57.9	2	01:07:33.8	21.3	13	00:02:12.7	9	00:25:39.0	08:16	01:49:43.7	
4	108	Borneke, Mike	1334	10	00:11:06.8	02:46	5	00:02:32.0	4	01:11:33.6	20.1	3	00:01:35.9	8	00:25:24.3	08:11	01:52:12.7	
5	123	Dupre, David	1035	7	00:10:47.1	02:41	8	00:02:45.5	9	01:16:02.5	18.9	16	00:02:29.3	3	00:22:43.2	07:19	01:54:47.7	
6	125	Lawrence, James	853	5	00:10:15.9	02:33	12	00:03:03.9	8	01:14:43.5	19.2	5	00:01:46.8	7	00:25:18.7	08:09	01:55:09.0	
7	128	Winholtz, Mark	877	6	00:10:25.7	02:36	2	00:01:57.8	6	01:12:56.3	19.7	4	00:01:41.4	12	00:28:27.1	09:10	01:55:28.5	
8	138	Rauschenfels,	862	11	00:11:15.6	02:48	7	00:02:45.2	7	01:13:05.0	19.7	7	00:01:53.9	11	00:28:07.4	09:04	01:57:07.2	
9	147	Prahl, Walt	1242	14	00:11:42.2	02:55	6	00:02:34.4	5	01:11:41.8	20.0	12	00:02:10.8	15	00:30:12.9	09:44	01:58:22.2	
10	184	Pohlkamp, Terry	854	19	00:16:32.8	04:08	16	00:03:42.8	10	01:19:11.0	18.1	1	00:01:23.1	5	00:24:28.2	07:53	02:05:18.0	
11	205	Fodstad, Scott	987	18	00:15:00.1	03:45	20	00:04:54.7	12	01:22:48.3	17.3	6	00:01:50.2	4	00:23:23.3	07:32	02:07:56.7	
12	226	Maguire, Bill	1104	13	00:11:28.4	02:52	9	00:02:48.9	15	01:26:19.5	16.6	14	00:02:17.3	10	00:27:28.7	08:51	02:10:23.0	
13	228	Jung, James	836	2	00:08:57.7	02:14	3	00:02:19.6	20	01:34:57.0	15.1	8	00:01:55.7	2	00:22:37.0	07:17	02:10:47.2	
14	241	Anderson, John	1332	8	00:11:03.6	02:45	14	00:03:09.9	13	01:25:12.5	16.8	15	00:02:27.7	18	00:30:38.2	09:52	02:12:32.2	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1		24mi bike			T-2		3.1mi run		7/24/2011				
Place	Age/Div	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
15	244	Salmen, Paul	1135	9	00:11:05.9	02:46	13	00:03:07.1	16	01:26:55.5	16.5	9	00:02:01.0	17	00:30:25.9	09:49	02:13:35.7	
16	249	Jost, Doug	882	17	00:13:10.5	03:17	15	00:03:34.6	14	01:25:20.3	16.8	11	00:02:06.5	16	00:30:21.2	09:47	02:14:33.2	
17	268	Meister, Thomas	998	16	00:12:50.9	03:12	19	00:04:43.3	18	01:29:37.0	16.0	18	00:02:32.9	13	00:29:01.0	09:21	02:18:45.4	
18	280	Curran, Ronald	1440	20	00:17:12.8	04:18	18	00:04:28.5	17	01:27:19.6	16.4	17	00:02:30.8	14	00:29:48.3	09:36	02:21:20.2	
19	286	Johnson, Walt	1294	15	00:12:16.6	03:04	21	00:11:11.2	11	01:22:09.0	17.5	21	00:06:33.4	19	00:31:53.5	10:17	02:24:03.9	
20	295	Soholt, Jerry	902	4	00:10:04.4	02:31	17	00:04:09.1	19	01:30:55.8	15.8	19	00:02:45.5	21	00:42:09.4	13:35	02:30:04.4	
21	305	Peterson, Dennis	1396	21	00:20:15.3	05:03	11	00:03:00.0	21	01:36:13.1	14.9	20	00:04:35.5	20	00:32:44.7	10:33	02:36:48.7	
		Hoover, Steve	91228														DNS	
		Haugen, David	1105														DNS	
		Curran, Ron	1111														DNS	
		Chisholm, Tim	1067														DNS	
		Tane, Jeffrey	908														DNS	
		Wilson, Roy	924														DNS	
		Gustafson, Marcus	865														DNS	
		Pecchia, Dave	876														DNS	

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Age Group Field: 13

1	62	Bindl, Roger	1328	1	00:09:15.7	02:18	1	00:01:21.1	1	01:09:31.3	20.7	1	00:01:31.3	1	00:25:00.4	08:04	01:46:40.0	
2	142	Barber, John	904	3	00:11:11.8	02:47	3	00:02:52.7	2	01:13:38.0	19.5	8	00:02:48.7	3	00:27:00.0	08:42	01:57:31.5	
3	150	Falkowski, Dr. Jon	1185	4	00:11:14.4	02:48	2	00:01:30.0	3	01:14:33.5	19.3	6	00:02:27.9	5	00:29:08.1	09:23	01:58:54.0	
4	202	House, Jerry	946	8	00:13:04.7	03:16	6	00:03:49.6	6	01:23:22.8	17.2	5	00:02:20.5	2	00:25:07.5	08:06	02:07:45.2	
5	225	Gryskiewicz, Joe	973	2	00:10:58.1	02:44	7	00:03:53.2	5	01:22:42.0	17.4	4	00:02:19.5	8	00:30:28.7	09:49	02:10:21.7	
6	242	Fulton, Tom	1107	5	00:11:45.0	02:56	5	00:03:41.1	4	01:20:58.7	17.7	11	00:03:35.0	9	00:32:39.4	10:32	02:12:39.4	
7	255	Krueger, Tom	960	10	00:16:03.3	04:00	8	00:04:14.5	7	01:24:22.3	17.0	3	00:02:16.2	6	00:29:27.5	09:30	02:16:24.0	
8	264	Rescorla, Charles	1084	9	00:13:05.6	03:16	4	00:03:17.5	11	01:29:56.0	16.0	2	00:02:04.1	7	00:29:50.4	09:37	02:18:13.7	
9	272	Plumbo, Joseph	1043	7	00:12:29.6	03:07	11	00:04:31.9	8	01:26:14.0	16.6	9	00:02:51.4	10	00:33:24.0	10:46	02:19:31.2	
10	285	Atchison, Skip	1460	11	00:21:09.1	05:17	10	00:04:30.4	9	01:27:15.0	16.5	10	00:03:32.4	4	00:27:25.8	08:50	02:23:52.9	
11	310	Rost, William	1257	6	00:12:24.2	03:06	9	00:04:25.1	10	01:28:48.5	16.2	7	00:02:35.6	11	00:54:52.8	17:42	02:43:06.4	
		Kandiko, Joe	912														DNS	
		Clark, Barry	804														DNS	

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Age Group Field: 4

1	153	Casey, Robert	1187	1	00:12:31.5	03:07	1	00:02:16.5	1	01:14:10.8	19.4	1	00:02:10.6	1	00:28:17.2	09:07	01:59:26.7	
2	217	Woodruff, Bob	1236	3	00:13:43.2	03:25	4	00:03:07.8	3	01:19:49.5	18.0	4	00:03:08.1	3	00:29:46.8	09:36	02:09:35.7	
3	224	Meyer, Tom	1278	4	00:14:20.0	03:35	3	00:02:50.0	2	01:18:49.5	18.2	2	00:02:25.6	4	00:31:46.1	10:14	02:10:11.5	
4	231	Trenkmann,	839	2	00:12:37.2	03:09	2	00:02:36.1	4	01:24:48.3	16.9	3	00:02:47.2	2	00:28:26.3	09:10	02:11:15.2	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1		24 mi bike			T-2		3.1 mi run		7/24/2011				
Place	Age/Div	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
70-74			Age Group Field: 1															
1	178	Nelson, Lynn	1168	1	00:14:23.4	03:35	1	00:02:30.2	1	01:18:36.3	18.3	1	00:02:37.4	1	00:26:29.8	08:32	02:04:37.2	
85-89			Age Group Field: 1															
1	321	Powers, Robert	1044	1	00:21:58.4	05:29	1	00:07:09.6	1	01:56:15.5	12.3	1	00:04:30.3	1	00:49:51.1	16:04	03:19:45.2	
			Age Group Field: 1															
NEED NAME,			1632														DNF	

Female Sprint Distance			Division Field: 359															
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14 & under			Age Group Field: 2															
1	126	Lyp, Kelly	974	2	00:13:52.0	03:28	1	00:02:26.4	1	01:26:22.8	16.6	2	00:02:04.8	1	00:25:44.9	08:18	02:10:31.0	
2	253	Wurdeemann,	1100	1	00:07:11.3	01:47	2	00:04:23.7	2	01:47:58.5	13.3	1	00:01:41.6	2	00:33:14.6	10:43	02:34:29.9	
15-19			Age Group Field: 13															
1	36	Forsman, Abbigale	1147	1	00:05:09.7	01:17	5	00:03:11.4	1	01:23:10.1	17.3	9	00:02:28.1	1	00:20:59.4	06:46	01:54:58.7	
2	86	Linde, Allison	824	4	00:08:01.9	02:00	1	00:01:59.4	4	01:27:38.0	16.4	3	00:01:35.9	6	00:25:25.6	08:12	02:04:41.0	
3	97	Bromback, Katie	1207	2	00:07:30.4	01:52	7	00:03:16.6	5	01:28:25.5	16.2	4	00:01:38.7	4	00:24:52.5	08:01	02:05:44.0	
4	110	Johnson, Chelsea	1553	9	00:13:23.2	03:20	9	00:03:32.6	2	01:26:16.5	16.6	2	00:01:23.7	2	00:22:43.9	07:19	02:07:20.2	
5	125	Lis, Jacqueline	1574	8	00:12:43.0	03:10	10	00:03:36.1	3	01:26:39.0	16.6	8	00:02:20.5	5	00:25:11.7	08:07	02:10:30.4	
6	142	Royce, Kathryn	1569	5	00:09:35.9	02:23	3	00:02:54.7	6	01:29:52.8	16.0	1	00:01:12.2	10	00:29:15.4	09:26	02:12:51.2	
7	153	Sperry, Morgan	1218	3	00:07:45.0	01:56	2	00:02:46.8	7	01:32:50.0	15.5	5	00:01:50.4	8	00:28:32.8	09:12	02:13:45.2	
8	166	Benson, Natalie	1550	7	00:12:34.2	03:08	4	00:03:09.3	8	01:33:00.1	15.4	11	00:02:52.0	3	00:24:05.3	07:46	02:15:41.2	
9	240	Houle, Amanda	941	6	00:10:13.5	02:33	8	00:03:23.0	9	01:45:33.6	13.6	6	00:01:54.8	7	00:28:20.2	09:08	02:29:25.2	
10	255	Carlson, Kailee	867	10	00:13:32.0	03:23	11	00:03:38.5	10	01:46:48.5	13.4	7	00:02:11.2	9	00:28:59.0	09:20	02:35:09.4	
11	312	Seide, Madeline	1609	11	00:13:55.4	03:28	6	00:03:16.4	11	02:41:35.8	8.9	10	00:02:33.7	11	00:38:12.2	12:19	03:39:33.6	
		Mccollough,	1580														DNF	
		Schultz, Clara	1045														DNF	

20-24			Age Group Field: 35															
1	25	Price, Laura	1177	1	00:07:38.2	01:54	6	00:02:39.9	2	01:18:09.3	18.4	5	00:01:31.4	1	00:22:37.5	07:17	01:52:36.5	
2	33	Linde, Kimberly	1081														01:54:29.0	
3	34	Foss, Megan	1071	5	00:09:31.9	02:22	9	00:03:00.4	1	01:17:17.8	18.6	11	00:01:52.8	2	00:22:47.7	07:21	01:54:30.7	
4	70	Olson, Macy	1072	8	00:09:59.7	02:29	22	00:04:12.1	4	01:21:20.3	17.7	15	00:02:05.4	4	00:24:42.5	07:58	02:02:20.2	
5	85	Grossmann, Nicole	1201	19	00:13:04.1	03:16	4	00:02:31.9	3	01:20:28.3	17.8	9	00:01:43.6	8	00:26:41.1	08:36	02:04:29.2	
6	92	Allen, Lydia	1412	18	00:13:02.1	03:15	1	00:02:15.0	5	01:21:54.8	17.5	6	00:01:32.7	7	00:26:21.5	08:30	02:05:06.2	
7	99	Bayless, Paige	1271	13	00:12:32.6	03:08	12	00:03:11.9	6	01:22:44.8	17.4	2	00:01:21.9	6	00:26:03.1	08:24	02:05:54.5	
8	102	Soholt, Molly	903	4	00:09:03.1	02:15	13	00:03:14.2	11	01:26:05.8	16.7	14	00:02:01.6	5	00:25:52.4	08:20	02:06:17.2	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		24mi bike			T-2		3.1mi run		7/24/2011		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
9	104Elkie, Krista	1301	9	00:10:16.9	02:34	8	00:02:49.1	7	01:23:21.5	17.2	10	00:01:47.4	12	00:28:16.1	09:07	02:06:31.2	
10	105Ennis, Sarah	928	15	00:12:42.4	03:10	7	00:02:45.2	10	01:25:53.3	16.7	4	00:01:30.6	3	00:23:40.1	07:38	02:06:31.7	
11	116Heil, Rebekah	1282	3	00:08:52.5	02:13	14	00:03:18.8	8	01:24:58.5	16.9	1	00:01:21.8	18	00:30:32.9	09:51	02:09:04.7	
12	122Spading, Christine	821	2	00:08:38.8	02:09	2	00:02:21.5	13	01:29:07.3	16.1	7	00:01:37.0	13	00:28:26.2	09:10	02:10:11.0	
13	128Haese, Kaitlyn	1508	16	00:12:43.1	03:10	3	00:02:28.4	9	01:25:51.3	16.7	13	00:01:57.7	9	00:27:53.5	08:59	02:10:54.2	
14	173Lis, Meredith	1536	7	00:09:33.5	02:23	19	00:03:58.6	12	01:26:23.0	16.6	26	00:08:14.2	11	00:28:10.0	09:05	02:16:19.4	
15	207Kirsch, Joann	1420	17	00:12:46.1	03:11	15	00:03:37.4	15	01:34:14.1	15.2	17	00:02:08.4	14	00:28:32.0	09:12	02:21:18.2	
16	208Mueller, Emily	1381	11	00:11:14.0	02:48	11	00:03:07.5	17	01:37:06.0	14.8	19	00:02:10.2	10	00:28:04.7	09:03	02:21:42.7	
17	209Kotilinek, Brita	1026	14	00:12:34.2	03:08	16	00:03:41.1	14	01:32:57.3	15.4	20	00:02:20.4	19	00:31:10.8	10:03	02:22:43.9	
18	212Grendahl, Lindsey	1164	10	00:10:51.5	02:42	5	00:02:38.5	19	01:38:31.3	14.6	3	00:01:22.8	15	00:29:56.6	09:39	02:23:20.9	
19	230Nagel, Kimberly	1492	6	00:09:32.6	02:23	10	00:03:04.0	22	01:41:14.6	14.2	21	00:02:36.4	16	00:30:26.4	09:49	02:26:54.2	
20	238Klaphake, Amber	1451	22	00:13:38.9	03:24	21	00:04:09.2	20	01:38:53.8	14.5	12	00:01:52.9	17	00:30:30.5	09:50	02:29:05.4	
21	267Anderson, Kelsey	1416	26	00:15:58.9	03:59	23	00:04:31.9	23	01:43:52.1	13.8	18	00:02:08.9	20	00:32:25.5	10:27	02:38:57.4	
22	268Nelson, Rachel	921	27	00:16:31.6	04:07	18	00:03:52.5	16	01:36:56.3	14.8	16	00:02:06.2	24	00:39:34.0	12:45	02:39:00.7	
23	270Miller, Mikayla	1484	21	00:13:26.3	03:21	20	00:04:07.5	18	01:38:29.8	14.6	22	00:03:08.3	26	00:41:35.5	13:25	02:40:47.6	
24	271Settingsgard,	1407	23	00:14:28.3	03:37	24	00:04:43.8	21	01:40:00.0	14.3	23	00:03:18.8	23	00:38:22.3	12:22	02:40:53.4	
25	299Buchholz, Johanna	971	20	00:13:21.8	03:20	27	00:08:38.2	25	01:55:31.0	12.4	24	00:03:44.5	21	00:33:53.9	10:56	02:55:09.7	
26	301Ziegler, Gretchen	1234	25	00:14:51.5	03:42	17	00:03:49.1	26	01:59:17.1	12.0	8	00:01:42.5	22	00:36:01.2	11:37	02:55:41.4	
27	303Husemann,	1055	12	00:12:00.4	03:00	25	00:05:11.4	24	01:54:11.3	12.6	25	00:04:31.0	27	00:43:59.1	14:11	02:59:53.4	
28	313Meador, Hannah	1384	24	00:14:40.3	03:40	26	00:07:05.2	27	02:29:21.0	9.6	27	00:08:56.9	25	00:40:24.2	13:02	03:40:27.9	
	Santarsiero,	1372														DNS	
	Rawlings, Nicole	1392														DNS	
	Hauble, Kayla	1114														DNS	
	Gross, Camille	1074														DNS	
	Anderson, Joelle	1097														DNS	
	Leighton, Kathryn	947														DNS	
	Padovese, Sarah	892														DNS	

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Age Group Field: 64

1	2Morgan, April	815	6	00:08:34.3	02:08	2	00:01:28.5	1	01:02:36.2	23.0	2	00:01:05.6	6	00:23:01.7	07:25	01:36:46.5	
2	6Palmer, Lindsey	893	13	00:09:26.4	02:21	1	00:01:25.2	2	01:11:26.8	20.1	3	00:01:06.8	3	00:22:24.0	07:13	01:45:49.2	
3	10Griffee, Susan	1297	18	00:10:17.1	02:34	5	00:02:00.5	3	01:12:51.8	19.7	13	00:01:36.1	2	00:21:47.6	07:01	01:48:33.2	
4	12Harke, Marie	1054	11	00:09:19.9	02:19	3	00:01:39.7	4	01:13:14.8	19.6	15	00:01:37.3	7	00:23:08.0	07:27	01:48:59.7	
5	20Brouwer, Heidi	905	9	00:08:51.5	02:12	15	00:02:27.2	7	01:15:48.8	18.9	17	00:01:41.3	4	00:22:36.2	07:17	01:51:25.2	
6	38Wallace, Tricia	828	3	00:08:00.6	02:00	8	00:02:08.9	15	01:19:10.5	18.1	21	00:01:53.6	10	00:24:10.4	07:47	01:55:24.2	
7	40Hoffman, Sarah	1283	22	00:10:44.5	02:41	6	00:02:05.3	8	01:16:28.8	18.8	20	00:01:51.7	12	00:24:29.5	07:54	01:55:40.0	
8	44Jordan, Marie	917	20	00:10:24.2	02:36	21	00:02:39.8	6	01:15:01.5	19.1	32	00:02:06.6	24	00:26:27.4	08:32	01:56:39.7	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		24mi bike			T-2		3.1mi run		7/24/2011		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
9	45Pruehs, Jennifer	887	Hilton Head	4	00:08:21.0	02:05	16	00:02:27.8	13	01:18:42.0	18.2	10	00:01:34.6	16	00:25:35.4	08:15	01:56:41.0
10	48Donlan, Mary	1291	St. Paul, MN	42	00:12:19.0	03:04	4	00:01:56.8	9	01:16:55.3	18.7	9	00:01:34.0	11	00:24:21.4	07:51	01:57:06.7
11	53Martens, Lisa	1631	St. Paul, MN	36	00:11:44.7	02:56	7	00:02:07.4	10	01:16:59.3	18.7	6	00:01:27.6	30	00:27:10.6	08:46	01:59:29.7
12	54Hunt, Krista Kay	1505	Saint Paul, MN	41	00:12:16.3	03:04	19	00:02:32.3	5	01:14:45.3	19.2	44	00:02:34.1	33	00:27:30.1	08:52	01:59:38.2
13	55Krauel, Mary	1176	Milaca, MN	40	00:12:07.5	03:01	10	00:02:15.3	20	01:21:33.0	17.6	1	00:01:03.8	5	00:22:42.6	07:19	01:59:42.5
14	56Siedsma, Kathryn	1578	White Bear	28	00:11:11.0	02:47	18	00:02:30.8	12	01:18:39.8	18.3	7	00:01:28.2	21	00:26:12.2	08:27	02:00:02.2
15	57Wegwerth, Leala	951	Maplewood, MN	34	00:11:34.6	02:53	23	00:02:42.7	17	01:20:13.8	17.9	5	00:01:24.0	9	00:24:08.7	07:47	02:00:04.0
16	60Strong, Anne	1335	Minneapolis,	17	00:10:02.0	02:30	31	00:02:55.0	18	01:20:57.3	17.7	25	00:01:56.6	14	00:24:40.1	07:57	02:00:31.2
17	66Curran, Julia	996	Minneapolis,	39	00:12:01.1	03:00	30	00:02:53.7	11	01:18:35.8	18.3	19	00:01:44.8	22	00:26:24.7	08:31	02:01:40.2
18	67Lindquist, Monique	1261	Shoreview, MN	15	00:09:43.7	02:25	24	00:02:43.1	14	01:18:46.5	18.2	26	00:01:58.4	36	00:28:33.4	09:12	02:01:45.2
19	68Miller, Kara	1571	Minneapolis,	10	00:09:19.3	02:19	14	00:02:20.0	19	01:21:17.8	17.7	33	00:02:07.0	29	00:26:52.2	08:40	02:01:56.4
20	69Winchell, Viet-	983	Saint Paul, MN	8	00:08:42.7	02:10	29	00:02:52.4	25	01:24:22.5	17.0	18	00:01:42.0	13	00:24:35.0	07:55	02:02:14.7
21	75Ryder, Anne	1085	Menomonie, WI	2	00:07:52.1	01:58	40	00:03:20.2	26	01:24:34.5	17.0	43	00:02:26.9	15	00:25:17.1	08:09	02:03:31.0
22	78Anderson, Jillian	1109	Lino Lakes, MN	14	00:09:34.2	02:23	36	00:03:02.9	24	01:23:35.6	17.2	16	00:01:39.5	19	00:26:04.0	08:24	02:03:56.2
23	90Solberg, Elizabeth	1285	Bloomington,	16	00:09:54.4	02:28	12	00:02:18.1	21	01:22:05.8	17.5	4	00:01:20.3	42	00:29:21.7	09:28	02:05:00.5
24	96Yost, Emily	1338	Minneapolis,	51	00:13:01.0	03:15	54	00:04:51.1	16	01:20:01.0	17.9	22	00:01:54.6	17	00:25:49.1	08:19	02:05:36.9
25	107Haebig, Eileen	1198	Madison, WI	19	00:10:20.3	02:35	11	00:02:18.0	45	01:30:44.5	15.8	31	00:02:04.4	1	00:21:12.5	06:50	02:06:40.0
26	108Northup, Meghan	1573	Rosemount, MN	37	00:11:52.4	02:58	32	00:02:55.1	23	01:23:33.5	17.2	30	00:02:03.4	28	00:26:36.7	08:35	02:07:01.4
27	123Wilson, Jenny	1404	Forest Lake,	47	00:12:29.0	03:07	26	00:02:48.6	27	01:25:26.8	16.8	52	00:03:05.3	26	00:26:28.8	08:32	02:10:18.7
28	127Landsteiner,	1231	Minneapolis,	50	00:12:57.2	03:14	20	00:02:35.3	22	01:23:01.0	17.3	37	00:02:13.6	48	00:29:59.6	09:40	02:10:46.9
29	130Kampa, Lindsey	1150	Roseville, MN	5	00:08:30.2	02:07	43	00:03:32.6	43	01:30:26.8	15.9	28	00:02:00.7	27	00:26:35.5	08:34	02:11:06.0
30	134King, Calli	1151	Madison, WI	1	00:07:36.7	01:54	48	00:03:50.4	39	01:29:02.8	16.1	29	00:02:00.7	40	00:29:17.5	09:26	02:11:48.2
31	137Norman, Lindsay	1385	St. Paul, MN	31	00:11:22.4	02:50	42	00:03:23.6	29	01:25:47.5	16.7	36	00:02:13.5	44	00:29:33.9	09:32	02:12:21.2
32	143Dewitt, Rachel	1070	St. Paul, MN	30	00:11:21.8	02:50	13	00:02:19.2	38	01:28:59.8	16.1	48	00:02:46.5	31	00:27:25.0	08:50	02:12:52.5
33	148Monfre, Alissa	1152	Minneapolis,	12	00:09:26.4	02:21	39	00:03:17.7	36	01:28:52.3	16.2	56	00:03:47.4	34	00:27:39.5	08:55	02:13:03.4
34	149Moody, Lindsay	1561	Minneapolis,	35	00:11:41.5	02:55	17	00:02:30.5	40	01:29:03.3	16.1	24	00:01:56.0	35	00:27:54.4	09:00	02:13:05.9
35	158Viau, Emily	1154	Minneapolis,	7	00:08:38.2	02:09	45	00:03:34.9	30	01:26:31.0	16.6	23	00:01:55.5	55	00:34:03.9	10:59	02:14:43.7
36	160Ferguson, Kathryn	1252	Duluth, MN	45	00:12:25.7	03:06	9	00:02:11.9	31	01:26:50.3	16.5	8	00:01:33.6	50	00:31:58.6	10:18	02:15:00.2
37	171Kotilinek, Jessie	1027	Plymouth, MN	49	00:12:50.2	03:12	41	00:03:22.4	32	01:27:11.5	16.5	47	00:02:43.3	46	00:29:47.6	09:36	02:15:55.2
38	172Johnson, Rachel	1446	Columbia	38	00:11:59.3	02:59	28	00:02:51.7	44	01:30:29.8	15.9	14	00:01:37.2	38	00:29:06.5	09:23	02:16:04.7
39	177Walters, Elizabeth	942	Minneapolis,	55	00:13:31.0	03:22	37	00:03:06.1	28	01:25:40.5	16.8	27	00:02:00.0	51	00:32:50.0	10:35	02:17:07.7
40	180Anderson, Lindsey	1394	Forest Lake,	29	00:11:17.1	02:49	27	00:02:51.0	52	01:35:28.5	15.0	11	00:01:35.0	23	00:26:26.7	08:31	02:17:38.4
41	182Quade, Nichole	1560	Oak Park	32	00:11:24.5	02:51	56	00:05:03.0	34	01:27:54.8	16.3	57	00:04:01.1	41	00:29:20.3	09:27	02:17:43.9
42	184Rude, Cara	1528	Rochester, MN	25	00:10:53.5	02:43	55	00:04:55.3	49	01:33:16.3	15.4	50	00:02:55.2	18	00:25:52.7	08:20	02:17:53.2
43	191Kirsch, Brittany	1359	Stevens Point,	56	00:13:40.4	03:25	47	00:03:44.7	33	01:27:18.8	16.4	60	00:04:52.4	43	00:29:26.0	09:29	02:19:02.4
44	195Johnson, Rebecca	1423	Chisago City,	54	00:13:16.7	03:19	51	00:04:21.1	37	01:28:56.0	16.1	53	00:03:14.6	45	00:29:34.1	09:32	02:19:22.7

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		24mi bike			T-2		3.1mi run		7/24/2011		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
45	198Nelson, Megan	1449	58	00:15:02.1	03:45	44	00:03:34.2	48	01:33:02.8	15.4	45	00:02:34.9	20	00:26:11.8	08:27	02:20:25.9	
46	203Ball, Emily	925	43	00:12:20.7	03:05	50	00:04:13.4	42	01:30:24.8	15.9	58	00:04:03.9	47	00:29:57.6	09:39	02:21:00.5	
47	205Kyser, Elizabeth	959	33	00:11:25.7	02:51	35	00:02:59.4	46	01:30:51.3	15.8	39	00:02:22.1	53	00:33:32.5	10:49	02:21:11.2	
48	210Zwonitzer, Kathy	1033	21	00:10:32.2	02:38	34	00:02:58.9	41	01:29:51.8	16.0	49	00:02:47.6	58	00:36:36.9	11:48	02:22:47.4	
49	211Anderson,	1298	44	00:12:24.5	03:06	38	00:03:06.9	53	01:35:56.5	15.0	35	00:02:12.7	39	00:29:11.9	09:25	02:22:52.7	
50	213Peterson, Talla	1397	59	00:15:25.8	03:51	60	00:07:50.2	35	01:28:38.5	16.2	59	00:04:07.7	32	00:27:27.0	08:51	02:23:29.4	
51	222Zick, Courtney	1485	46	00:12:26.7	03:06	25	00:02:47.6	50	01:34:31.8	15.2	40	00:02:24.0	52	00:33:06.9	10:40	02:25:17.2	
52	223Green, Katie	1269	23	00:10:48.9	02:42	22	00:02:40.6	54	01:36:00.5	14.9	12	00:01:35.8	56	00:34:21.6	11:05	02:25:27.7	
53	225Theige, Chirsty	1465	53	00:13:09.5	03:17	53	00:04:43.5	56	01:38:28.5	14.6	51	00:03:04.6	25	00:26:28.1	08:32	02:25:54.4	
54	228Kilpatrick, Rebecca	1369	52	00:13:06.3	03:16	52	00:04:29.0	51	01:34:54.3	15.1	34	00:02:10.7	49	00:31:56.0	10:18	02:26:36.4	
55	233Dejarlais, Rebecca	1090	26	00:10:53.7	02:43	33	00:02:56.8	59	01:47:13.6	13.4	38	00:02:19.6	8	00:24:01.5	07:45	02:27:25.4	
56	234Bray, Brenna	1461	48	00:12:44.8	03:11	57	00:05:17.5	55	01:38:22.3	14.6	46	00:02:42.6	37	00:28:50.8	09:18	02:27:58.2	
57	241Cashman, Lindsey	1405	57	00:15:00.8	03:45	46	00:03:40.2	47	01:33:01.3	15.4	54	00:03:19.1	57	00:34:31.6	11:08	02:29:33.2	
58	244Weber, Katie	1403	27	00:11:04.2	02:46	49	00:03:53.1	57	01:40:05.6	14.3	41	00:02:24.1	54	00:33:50.0	10:54	02:31:17.2	
59	300Peterson, Mara	1082	60	00:17:57.0	04:29	58	00:05:50.1	58	01:45:29.1	13.6	42	00:02:25.0	59	00:43:51.7	14:08	02:55:32.9	
	Brubak, Anna	1587	24	00:10:50.2		59	00:05:50.1	60	02:20:03.5	10.2	55	00:03:42.2					DNF
	Senty, Kelly	1262															DNF
	Moseley, Megan	1167															DNS
	Martens, Lisa	1184															DNS
	Larson, Hillary	1080															DNS

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1	3Moyer, Ann	816	5	00:09:14.1	02:18	1	00:01:44.7	1	01:07:47.8	21.2	8	00:01:40.1	2	00:21:32.9	06:57	01:41:59.7	
2	13Neitzell, Kiesha	1127	30	00:13:55.5	03:28	3	00:01:49.1	2	01:10:33.8	20.4	3	00:01:26.4	1	00:21:24.1	06:54	01:49:09.0	
3	23Mortale, Jennifer	1284	8	00:10:02.6	02:30	6	00:02:00.5	3	01:13:05.5	19.7	1	00:01:24.6	6	00:25:24.1	08:11	01:51:57.5	
4	30Sullivan, Hannah	1121	7	00:09:57.3	02:29	2	00:01:46.5	4	01:13:50.3	19.5	2	00:01:25.9	11	00:26:31.3	08:33	01:53:31.5	
5	39Huseth, Heather	1222	4	00:09:09.0	02:17	10	00:02:22.3	8	01:19:33.5	18.0	16	00:02:06.2	3	00:22:23.8	07:13	01:55:35.0	
6	59Wegwerth, Kelly	950	9	00:10:30.9	02:37	25	00:03:34.9	7	01:18:07.0	18.4	11	00:01:49.4	10	00:26:28.8	08:32	02:00:31.2	
7	62Heneke, Kathy	1323	20	00:12:14.8	03:03	4	00:01:55.7	5	01:17:28.8	18.5	12	00:01:52.6	15	00:27:08.6	08:45	02:00:40.7	
8	63Siemers, Jackie	1312	1	00:08:26.7	02:06	9	00:02:14.6	16	01:22:19.5	17.4	21	00:02:16.8	7	00:25:27.7	08:12	02:00:45.5	
9	74Blix, Leah	1258	12	00:11:10.9	02:47	29	00:03:48.2	17	01:22:39.5	17.4	31	00:03:15.3	4	00:22:32.9	07:16	02:03:27.0	
10	76Spoo, Abbey	1524	21	00:12:17.3	03:04	18	00:02:58.3	18	01:23:29.3	17.2	20	00:02:16.1	5	00:22:38.6	07:18	02:03:39.7	
11	77Keane, Lanette	1125	16	00:11:30.7	02:52	15	00:02:51.1	15	01:21:43.8	17.6	18	00:02:09.3	8	00:25:35.9	08:15	02:03:51.0	
12	83Nord, Kris	1295	18	00:11:35.0	02:53	20	00:03:04.1	9	01:20:12.0	17.9	5	00:01:26.5	19	00:27:59.4	09:01	02:04:17.2	
13	88Stepnick, Anne	1450	14	00:11:13.8	02:48	5	00:01:57.8	11	01:20:42.5	17.8	37	00:03:37.7	16	00:27:12.5	08:46	02:04:44.4	
14	91Twaddle, Rebekah	1204	22	00:12:18.4	03:04	11	00:02:24.7	6	01:17:46.8	18.5	10	00:01:45.7	28	00:30:49.0	09:56	02:05:04.7	
15	93Bradford, Jill	1219	10	00:10:38.3	02:39	7	00:02:09.3	10	01:20:15.5	17.9	28	00:02:48.7	22	00:29:16.3	09:26	02:05:08.2	
16	103Langguth, Kirsten	1056	6	00:09:22.4	02:20	21	00:03:15.7	21	01:24:41.5	17.0	22	00:02:23.2	14	00:26:47.3	08:38	02:06:30.2	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		24mi bike			T-2		3.1mi run		7/24/2011			
Place	Age/Div	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
17	111	Carlson, Tina	986 Scandia, MN	26	00:13:08.1	03:17	14	00:02:48.7	12	01:20:51.8	17.8	4	00:01:26.5	23	00:29:41.9	09:34	02:07:57.2	
18	112	Rudolph, Melanie	1435 New Hope, MN	34	00:14:48.3	03:42	13	00:02:31.8	14	01:21:30.8	17.6	14	00:01:53.7	17	00:27:15.4	08:47	02:08:00.2	
19	114	Coddington, Laurie	1069 Eden Prairie,	15	00:11:29.2	02:52	19	00:03:01.1	22	01:25:35.8	16.8	6	00:01:33.3	13	00:26:47.0	08:38	02:08:26.5	
20	117	Flohaug, Ginger	891 Blaine, MN	23	00:12:35.6	03:08	17	00:02:57.4	13	01:21:09.8	17.7	27	00:02:43.8	24	00:29:44.2	09:35	02:09:11.0	
21	120	Linn, Raeann	1041 Cottage Grove,	3	00:09:04.5	02:16	12	00:02:26.8	20	01:24:41.3	17.0	23	00:02:26.7	29	00:30:56.1	09:58	02:09:35.5	
22	131	Heindl, Autumn	1276 Stevens Point,	32	00:14:09.8	03:32	22	00:03:19.8	19	01:23:48.0	17.1	9	00:01:40.2	20	00:28:17.5	09:07	02:11:15.4	
23	161	Kreitzer, Beth	1470 Minneapolis,	2	00:08:56.2	02:14	8	00:02:11.6	27	01:28:55.5	16.1	19	00:02:15.4	34	00:32:55.0	10:37	02:15:13.9	
24	167	Tramm, Nicole	1529 New Brighton,	19	00:11:41.4	02:55	26	00:03:39.6	24	01:26:19.0	16.6	36	00:03:36.5	26	00:30:29.4	09:50	02:15:46.2	
25	183	Beugen, Emily	1409 Saint Louis	17	00:11:33.8	02:53	23	00:03:26.8	29	01:33:37.1	15.3	24	00:02:32.9	12	00:26:34.3	08:34	02:17:44.9	
26	186	Udem, Jacquie	1552 Chisago City,	13	00:11:11.5	02:47	16	00:02:52.8	23	01:25:52.8	16.7	15	00:01:54.8	38	00:36:15.7	11:41	02:18:07.7	
27	197	Williams, Sarah	1362 Circle Pines,	42	00:19:41.7	04:55	28	00:03:46.1	25	01:26:55.0	16.5	26	00:02:40.7	18	00:27:19.7	08:48	02:20:23.4	
28	201	Larson, Landi	1413 Hawley, MN	24	00:12:42.3	03:10	30	00:03:49.0	28	01:29:55.8	16.0	17	00:02:07.7	33	00:32:21.2	10:26	02:20:56.2	
29	217	May, Jennifer	1583 Forest Lake,	25	00:12:48.4	03:12	27	00:03:40.1	26	01:27:09.5	16.5	42	00:04:05.8	39	00:36:18.4	11:42	02:24:02.4	
30	220	Bona, Jennifer	1424 Shoreview, MN	31	00:13:59.4	03:29	37	00:05:11.4	33	01:35:06.1	15.1	41	00:04:04.4	9	00:26:27.5	08:32	02:24:48.9	
31	221	Smith, Adrienne	1195 Minneapolis,	28	00:13:19.7	03:19	24	00:03:26.8	30	01:34:26.8	15.2	38	00:03:45.5	25	00:30:03.1	09:41	02:25:02.2	
32	224	Trennepohl,	1418 Plymouth, MN	27	00:13:14.5	03:18	41	00:05:36.8	32	01:35:04.5	15.1	29	00:02:50.8	21	00:29:05.6	09:23	02:25:52.4	
33	239	Caye, Lori	1037 Lindstrom, MN	39	00:16:54.7	04:13	38	00:05:13.8	31	01:34:36.8	15.2	7	00:01:35.0	27	00:30:48.4	09:56	02:29:08.9	
34	248	Henders, Rebecca	1339 Minneapolis,	29	00:13:45.5	03:26	34	00:04:31.3	35	01:38:06.8	14.6	40	00:04:01.5	32	00:32:21.2	10:26	02:32:46.4	
35	262	Lapacinski, Trena	1592 Saint Paul, MN	11	00:11:10.6	02:47	32	00:04:25.0	40	01:46:18.8	13.5	33	00:03:21.5	31	00:32:15.2	10:24	02:37:31.1	
36	266	Nuvayestewa,	1497 Isle, MN	37	00:15:01.5	03:45	36	00:04:40.8	36	01:39:25.6	14.4	39	00:03:58.9	36	00:35:37.4	11:29	02:38:44.4	
37	273	Hermann, Annie	1205 Minneapolis,	35	00:14:49.2	03:42	33	00:04:25.4	37	01:39:46.3	14.4	32	00:03:16.1	40	00:39:36.9	12:46	02:41:53.9	
38	279	Klostermann,	1038 Wyoming, MN	36	00:14:49.5	03:42	35	00:04:39.6	41	01:46:31.3	13.5	13	00:01:53.5	35	00:35:29.2	11:26	02:43:23.2	
39	280	Gulbrandson, Kelly	1539 Minneapolis,	38	00:16:30.7	04:07	39	00:05:13.9	39	01:46:17.6	13.5	35	00:03:34.4	30	00:31:48.5	10:15	02:43:25.2	
40	285	Richardson, Tiffani	1462 Brooklyn Park,	41	00:17:30.1	04:22	40	00:05:17.2	38	01:40:21.5	14.3	34	00:03:24.0	41	00:40:20.6	13:00	02:46:53.7	
41	291	Wilson, Jenell	1356 Forest Lake,	33	00:14:27.9	03:36	31	00:04:07.9	34	01:36:51.3	14.8	43	00:04:32.8	43	00:48:40.8	15:42	02:48:40.9	
42	307	Schultz, Amy	1196 Mora, MN	40	00:17:12.2	04:18	42	00:05:57.6	43	02:03:07.5	11.6	30	00:03:06.7	37	00:36:02.9	11:37	03:05:27.2	
43	308	Eydel, Ella	884 Minnetonka, MN	43	00:20:00.4	05:00	43	00:07:27.6	42	01:55:08.6	12.5	25	00:02:37.4	42	00:41:15.2	13:18	03:06:29.4	
		Anderson, Kirstin	1519 Elk River, MN														DNS	
		Melby, Kristen	1247 Minneapolis,														DNS	
		Aune, Angi	984 Minneapolis,														DNS	
		Kaiser, Amanda	911 St. Paul, MN														DNS	

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Age Group Field: 58

1	Hull, Julie	811 Farmington, MN	2	00:08:19.2	02:04	2	00:01:29.1	1	01:02:57.0	22.8	1	00:01:00.0	1	00:21:16.5	06:51	01:35:02.0	
1	9Fitzharris-funk,	1159 Minneapolis,	16	00:10:36.0	02:39	11	00:02:07.8	5	01:11:38.3	20.1	6	00:01:30.7	3	00:22:29.0	07:15	01:48:22.0	
2	11Swanson, Becka	1559 Circle Pines,	15	00:10:34.9	02:38	9	00:02:02.7	2	01:10:01.5	20.5	5	00:01:30.6	13	00:24:34.8	07:55	01:48:44.7	
3	14Moore, Krista	1314 Menomonie, WI	19	00:10:52.0	02:43	13	00:02:15.4	3	01:11:20.5	20.1	9	00:01:36.0	5	00:23:13.5	07:29	01:49:17.5	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		24mi bike			T-2		3.1mi run		7/24/2011		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
4	17Briggs, Sadie	1227 Chaska, MN	18	00:10:41.6	02:40	3	00:01:41.4	12	01:15:12.0	19.1	4	00:01:24.9	2	00:21:28.6	06:55	01:50:28.7	
5	19Simpson, Michelle	957 Ham Lake, MN	12	00:10:07.0	02:31	7	00:02:02.5	4	01:11:25.3	20.1	7	00:01:31.6	15	00:25:56.4	08:22	01:51:03.0	
6	22Macdonald,	1238 Plymmouth, MN	24	00:11:34.2	02:53	5	00:01:56.1	6	01:12:20.8	19.9	26	00:02:04.6	7	00:23:54.8	07:42	01:51:50.7	
7	24Feist, Laura	1434 Maplewood, MN	20	00:10:52.8	02:43	6	00:02:00.8	8	01:13:21.5	19.6	22	00:01:57.7	10	00:24:10.5	07:47	01:52:23.5	
8	26Andrychowicz,	442 Blaine, MN	6	00:09:25.6	02:21	10	00:02:03.2	11	01:15:03.5	19.1	23	00:01:59.9	8	00:24:08.8	07:47	01:52:41.2	
9	27Chenvert, Karen	1022 St Louis Park,	21	00:11:13.3	02:48	4	00:01:51.0	9	01:14:31.8	19.3	3	00:01:24.2	6	00:23:49.5	07:41	01:52:50.0	
10	29Vokal, Jan	1032 Maple Grove,	9	00:09:41.1	02:25	19	00:02:28.7	10	01:15:02.8	19.1	13	00:01:44.7	11	00:24:22.0	07:51	01:53:19.5	
11	35Potyondy-smith,	818 Champlin, MN	7	00:09:38.5	02:24	22	00:02:35.3	7	01:12:41.0	19.8	12	00:01:42.3	28	00:28:11.4	09:05	01:54:48.7	
12	49Melander, Ingrid	1575 Ramsey, MN	17	00:10:37.6	02:39	1	00:01:21.4	14	01:18:50.6	18.2	2	00:01:16.6	16	00:26:21.0	08:30	01:58:27.4	
13	72Holmdahl, Angela	1102 Eagan, MN	14	00:10:32.5	02:38	27	00:02:56.0	15	01:19:20.3	18.1	33	00:02:24.9	24	00:27:56.8	09:00	02:03:10.7	
14	81Gendreau, Kristen	1050 Plymouth, MN	1	00:08:18.4	02:04	23	00:02:37.2	18	01:20:26.5	17.9	32	00:02:23.1	33	00:30:25.1	09:48	02:04:10.5	
15	89Spencer, Heather	1106 Blaine, MN	13	00:10:18.7	02:34	12	00:02:13.1	22	01:22:50.3	17.3	42	00:02:43.9	20	00:26:38.3	08:35	02:04:44.5	
16	94Kang, Shelly	918 Saint Louis	4	00:09:17.7	02:19	41	00:03:56.4	20	01:21:27.3	17.6	40	00:02:38.2	26	00:28:07.8	09:04	02:05:27.5	
17	95Enders, Kelli	1520 Minneapolis,	11	00:10:03.6	02:30	24	00:02:37.9	16	01:19:22.8	18.1	41	00:02:38.2	34	00:30:49.7	09:56	02:05:32.4	
18	98Jaeger, Kimberly	1103 Woodbury, MN	27	00:11:58.8	02:59	8	00:02:02.5	23	01:23:00.8	17.3	31	00:02:17.9	18	00:26:28.1	08:32	02:05:48.2	
19	109Radloff, Kimberly	1319 Saginaw, MN	10	00:09:47.6	02:26	33	00:03:20.7	25	01:24:19.5	17.0	25	00:02:01.4	23	00:27:35.8	08:54	02:07:05.2	
20	113Lightner, Kim	878 St. Paul, MN	37	00:13:47.1	03:26	15	00:02:16.2	19	01:20:50.5	17.8	15	00:01:47.6	32	00:29:26.7	09:29	02:08:08.2	
21	118Croonquist, Paula	1230 Brooklyn	8	00:09:39.5	02:24	17	00:02:23.5	32	01:26:15.5	16.6	39	00:02:30.1	29	00:28:30.0	09:11	02:09:18.9	
22	119Verdeck, Penny	1368 Glencoe, MN	26	00:11:57.6	02:59	20	00:02:29.7	26	01:24:55.3	16.9	16	00:01:47.6	27	00:28:08.6	09:04	02:09:18.9	
23	121Jordet, Michele	1311 Center City, MN	43	00:15:06.3	03:46	35	00:03:25.8	13	01:18:34.3	18.3	47	00:03:28.7	30	00:29:01.7	09:21	02:09:36.9	
24	124Timm, Jill	1325 Center City, MN	30	00:12:36.1	03:09	31	00:03:15.5	33	01:26:37.0	16.6	10	00:01:36.5	17	00:26:24.2	08:31	02:10:29.4	
25	132Lesov, Saida	1452 Maple Grove,	47	00:16:44.8	04:11	18	00:02:28.5	28	01:25:02.3	16.9	44	00:02:51.9	9	00:24:09.7	07:47	02:11:17.4	
26	133Labarre, Deb	1441 Wyoming, MN	31	00:12:37.9	03:09	30	00:03:10.2	30	01:26:05.5	16.7	36	00:02:28.6	21	00:26:58.3	08:42	02:11:20.7	
27	144Wille, Jessica	1346 Forest Lake,	23	00:11:33.5	02:53	34	00:03:22.3	38	01:33:04.8	15.4	30	00:02:16.5	4	00:22:36.9	07:17	02:12:54.2	
28	145Jacklitch, Michelle	885 Plymouth, MN	25	00:11:38.8	02:54	16	00:02:18.3	31	01:26:14.3	16.6	20	00:01:50.8	35	00:30:53.0	09:57	02:12:55.2	
29	146Kultgen, Barbara	1316 Sheboygan	22	00:11:25.4	02:51	21	00:02:30.4	29	01:25:17.3	16.8	43	00:02:45.8	36	00:30:57.1	09:59	02:12:56.2	
30	147Schultz, Rachel	901 Lino Lakes, MN	32	00:12:57.4	03:14	26	00:02:42.7	24	01:23:05.0	17.3	34	00:02:25.5	38	00:31:51.0	10:16	02:13:01.7	
31	150Wolfe, Michelle	1122 Stacy, MN	46	00:16:13.1	04:03	29	00:03:03.9	17	01:20:21.3	17.9	21	00:01:50.9	37	00:31:42.0	10:13	02:13:11.4	
32	156Bettini, Sheryl	985 Bloomington,	42	00:14:31.4	03:37	39	00:03:44.9	27	01:25:01.5	16.9	8	00:01:34.0	31	00:29:24.5	09:29	02:14:16.5	
33	159Leom, Michele	1331 Milaca, MN	3	00:09:12.0	02:18	28	00:02:59.1	42	01:36:44.5	14.8	11	00:01:38.8	12	00:24:23.6	07:52	02:14:58.2	
34	165Peterson, Gail	1237 Hopkins, MN	33	00:13:00.7	03:15	25	00:02:41.3	37	01:31:37.0	15.7	14	00:01:46.9	19	00:26:32.7	08:33	02:15:38.9	
35	175Hickman, Denna	997 Saint Paul, MN	41	00:14:28.0	03:37	32	00:03:16.8	21	01:22:46.3	17.3	24	00:02:00.7	44	00:34:12.5	11:02	02:16:44.5	
36	190Salazar, Annette	1411 Minneapolis,	29	00:12:22.9	03:05	49	00:05:37.4	36	01:31:27.8	15.7	19	00:01:49.5	22	00:27:17.9	08:48	02:18:35.7	
37	193Booher, Kerri	1590 Minneapolis,	45	00:15:50.1	03:57	42	00:04:02.0	35	01:31:10.1	15.7	46	00:03:05.8	14	00:25:08.1	08:06	02:19:16.2	
38	216Chovan, Sara	883 Minnetonka, MN	28	00:12:01.4	03:00	45	00:04:18.4	34	01:30:37.8	15.8	48	00:03:30.8	41	00:33:22.4	10:45	02:23:51.0	
39	218Wolf, Jennifer	1048 Hammond, WI	34	00:13:19.4	03:19	36	00:03:29.9	39	01:33:15.3	15.4	17	00:01:48.3	39	00:32:13.6	10:23	02:24:06.7	
40	227Hansen, Roxanne	1140 Hugo, MN	39	00:14:20.2	03:35	38	00:03:44.6	40	01:33:21.8	15.4	35	00:02:27.0	40	00:32:26.2	10:27	02:26:19.9	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		24mi bike			T-2		3.1mi run		7/24/2011		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
41	237 Wagner, Brenda	1365 Forest Lake,	38	00:13:51.8	03:27	14	00:02:15.5	41	01:36:34.0	14.9	18	00:01:48.8	47	00:34:31.1	11:08	02:29:01.4	
42	245 Williamson, Sally	1240 Osceola, WI	44	00:15:10.0	03:47	40	00:03:56.1	43	01:42:26.3	14.0	28	00:02:05.1	25	00:28:05.0	09:03	02:31:42.7	
43	259 Krentz, Carie	1431 Star Prairie, WI	35	00:13:20.5	03:20	44	00:04:08.6	45	01:42:58.8	13.9	37	00:02:29.7	42	00:34:04.5	10:59	02:37:02.2	
44	260 Ward, Michelle	1437 Osceola, WI	36	00:13:27.9	03:21	43	00:04:02.7	44	01:42:57.3	13.9	38	00:02:29.8	43	00:34:04.7	10:59	02:37:02.4	
45	275 Jackson, Jaime	1545 Chisago City,	5	00:09:24.3	02:21	47	00:04:27.0	47	01:46:22.3	13.5	29	00:02:14.4	49	00:39:37.5	12:46	02:42:05.7	
46	288 Rogers, Elizabeth	1143 Hugo, MN	49	00:17:39.3	04:24	37	00:03:31.5	46	01:44:30.3	13.7	27	00:02:05.1	48	00:39:28.1	12:43	02:47:14.4	
47	297 Mann, Melissa	1415 Maple Grove,	40	00:14:25.4	03:36	50	00:08:40.9	49	01:51:58.6	12.8	50	00:03:34.1	45	00:34:20.8	11:04	02:52:59.9	
48	298 Martin, Nicole	1422 Elk River, MN	50	00:17:40.4	04:25	48	00:05:26.9	48	01:51:58.3	12.8	49	00:03:33.1	46	00:34:21.5	11:05	02:53:00.4	
49	309 Buchholz, Mary	972 Kokomo, IN	48	00:17:35.9	04:23	46	00:04:25.6	50	02:02:58.8	11.7	45	00:02:59.9	50	00:41:08.2	13:16	03:09:08.7	
	Sufficool, Nicole	1617 Valley City, ND														DNS	
	Jorgenson,	1622 Richfield, MN														DNS	
	Schoen, Sara	1439 Minneapolis,														DNS	
	Johnson, Jennifer	1448 Minneapolis,														DNS	
	Dupre, Clarrissa	1367 Oakdale, MN														DNS	
	Bents, Rachel	1268 St. Paul, MN														DNS	
	Setter, Randi	1211 Hugo, MN														DNS	
	Strande, Molly	1060 Woodbury, MN														DNS	

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Age Group Field: 54

1	4 Neuman, Jen	993 Ramsey, MN	1	00:09:01.9	02:15	4	00:01:58.7	2	01:09:49.0	20.6	3	00:01:30.6	1	00:21:57.1	07:04	01:44:17.5	
2	8 Wacek, Lisa	1303 Minneapolis,	2	00:09:13.9	02:18	3	00:01:51.4	3	01:12:02.3	19.9	9	00:01:40.6	3	00:22:11.2	07:09	01:46:59.5	
3	15 Yeager, Patti	823 Appleton, WI	3	00:09:28.3	02:22	2	00:01:48.0	5	01:13:11.5	19.6	2	00:01:29.1	4	00:23:36.9	07:37	01:49:34.0	
4	18 Nevala, Wendy	961 Rochester, MN	10	00:10:19.2	02:34	8	00:02:22.1	1	01:08:25.3	21.0	13	00:01:55.0	12	00:27:55.2	09:00	01:50:57.0	
5	31 Schlessner, Michele	1493 Minneapolis,	8	00:10:07.5	02:31	13	00:02:45.8	4	01:12:23.5	19.8	26	00:02:29.9	7	00:25:57.0	08:22	01:53:44.0	
6	37 Ahlquist, Sara	1487 Minnetonka, MN	6	00:10:01.2	02:30	1	00:01:27.1	6	01:16:28.0	18.8	7	00:01:36.5	6	00:25:29.5	08:13	01:55:02.5	
7	43 Bartz, Carolann	1477 Chisago City,	5	00:09:31.6	02:22	9	00:02:24.2	9	01:21:14.8	17.7	1	00:01:19.0	2	00:21:59.3	07:05	01:56:29.0	
8	71 Lonning, Julie	1296 Chaska, MN	9	00:10:17.4	02:34	19	00:03:05.4	10	01:21:54.8	17.5	20	00:02:10.9	5	00:24:52.8	08:01	02:02:21.5	
9	84 Zeinert, Jeanne	1562 Forest Lake,	21	00:11:57.6	02:59	23	00:03:20.9	7	01:19:35.3	18.0	38	00:03:05.7	8	00:26:24.5	08:31	02:04:24.2	
10	101 Prew, Bridgette	915 Minneapolis,	14	00:11:22.2	02:50	15	00:02:47.1	11	01:21:55.5	17.5	4	00:01:33.6	19	00:28:32.6	09:12	02:06:11.2	
11	106 Elzy, Tammy	807 Lindstrom, MN	15	00:11:30.2	02:52	17	00:03:01.4	8	01:20:18.6	17.9	23	00:02:19.9	25	00:29:22.6	09:28	02:06:32.7	
12	115 Marschinke, Lisa	1189 Minnetonka, MN	12	00:10:40.2	02:40	11	00:02:37.9	18	01:26:47.8	16.5	12	00:01:53.6	10	00:26:53.8	08:40	02:08:53.5	
13	129 Turino, Sarah	1287 Saint Paul, MN	24	00:12:37.4	03:09	18	00:03:02.4	15	01:25:15.8	16.8	16	00:02:02.4	14	00:28:06.3	09:03	02:11:04.4	
14	136 Napier, Cheryl	1245 Broomfield, CO	17	00:11:31.1	02:52	45	00:04:58.2	14	01:24:57.0	16.9	32	00:02:40.5	16	00:28:08.5	09:04	02:12:15.4	
15	139 Hennen, Kari	1563 Chisago City,	4	00:09:30.8	02:22	27	00:03:43.3	29	01:31:02.5	15.8	5	00:01:34.3	9	00:26:40.6	08:36	02:12:31.7	
16	154 Hatcher, Leah	1093 Madison, WI	13	00:10:43.5	02:40	25	00:03:39.8	20	01:27:27.5	16.4	41	00:03:22.4	20	00:28:42.6	09:15	02:13:55.9	
17	157 Munroe, Karin	888 St Louis Park,	29	00:13:10.1	03:17	14	00:02:46.5	13	01:24:56.0	16.9	29	00:02:34.3	31	00:30:57.6	09:59	02:14:24.7	
18	162 Buckalew, Neilly	1300 Gibsonia, PA	28	00:12:59.2	03:14	33	00:04:03.8	12	01:24:44.8	16.9	25	00:02:29.8	32	00:31:05.6	10:01	02:15:23.4	
19	164 Hill, Amber	910 Chisago City,	22	00:12:34.8	03:08	12	00:02:44.8	26	01:29:34.0	16.0	24	00:02:20.0	18	00:28:20.8	09:08	02:15:34.5	

Individual - Sprint Distance Triathlon			0.25 mi swim			T-1		24mi bike			T-2		3.1mi run		7/24/2011		
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
20	168McNicholas,	1228 Victoria, MN	16	00:11:30.4	02:52	16	00:02:54.4	23	01:28:34.5	16.2	34	00:02:44.3	28	00:30:09.7	09:43	02:15:53.4	
21	170Nelson, Beth	1588 Mahtomedi, MN	11	00:10:34.3	02:38	6	00:02:16.0	31	01:31:55.8	15.6	18	00:02:07.2	23	00:29:01.4	09:21	02:15:54.9	
22	178Tell, Jennifer	1286 Forest Lake,	20	00:11:56.4	02:59	5	00:02:12.9	33	01:32:59.0	15.4	17	00:02:03.3	13	00:27:59.6	09:01	02:17:11.4	
23	181Rose, Janine	1208 Scandia, MN	42	00:17:19.6	04:19	7	00:02:21.4	19	01:26:58.5	16.5	21	00:02:13.3	21	00:28:47.8	09:17	02:17:40.9	
24	188Kycek, Lou	866 West St. Paul,	35	00:14:13.6	03:33	26	00:03:40.7	28	01:30:18.0	15.9	15	00:02:00.1	17	00:28:09.7	09:05	02:18:22.2	
25	189Getchell, Joyce	1139 Forest Lake,	33	00:13:54.0	03:28	22	00:03:19.8	24	01:28:45.5	16.2	30	00:02:36.4	27	00:29:50.5	09:37	02:18:26.4	
26	192Minnichsoffer, Rita	943 Lindstrom, MN	25	00:12:37.9	03:09	31	00:04:02.8	17	01:26:34.0	16.6	42	00:03:33.3	36	00:32:27.0	10:28	02:19:15.2	
27	196Antisdel, Della	1146 Stacy, MN	23	00:12:37.1	03:09	40	00:04:33.0	21	01:27:42.5	16.4	35	00:02:45.1	35	00:32:07.1	10:21	02:19:44.9	
28	199Leger, Leah	1141 Mound, MN	18	00:11:40.2	02:55	10	00:02:27.3	37	01:35:22.5	15.0	6	00:01:36.4	26	00:29:36.0	09:32	02:20:42.7	
29	200Tretsven, Sheryl	1047 Lindstrom, MN	30	00:13:12.4	03:18	21	00:03:09.2	25	01:29:33.5	16.0	14	00:01:56.5	39	00:33:03.5	10:39	02:20:55.2	
30	202James, Carla	1025 Stillwater, MN	7	00:10:06.5	02:31	41	00:04:36.0	22	01:28:28.0	16.2	48	00:04:49.9	38	00:32:57.3	10:37	02:20:57.9	
31	204Peterson, Pam	1454 Lander, WY	36	00:14:45.3	03:41	46	00:05:12.0	27	01:29:56.3	16.0	43	00:03:53.6	11	00:27:15.8	08:47	02:21:03.2	
32	206Scheder,	944 Stevens Point,	26	00:12:39.6	03:09	32	00:04:03.2	16	01:26:29.3	16.6	33	00:02:41.8	43	00:35:19.2	11:23	02:21:13.2	
33	215Andersson, Janell	1530 Pine City, MN	38	00:14:55.4	03:43	43	00:04:44.2	35	01:34:18.6	15.2	8	00:01:38.3	15	00:28:06.6	09:04	02:23:43.2	
34	229Mckernan, Kelly	1256 Anoka, MN	32	00:13:43.7	03:25	30	00:04:00.3	36	01:34:59.3	15.1	22	00:02:16.4	34	00:31:51.7	10:16	02:26:51.7	
35	232Gustafson, Leanne	1113 No. Branch, MN	40	00:16:09.9	04:02	20	00:03:08.2	32	01:32:29.8	15.5	27	00:02:30.3	37	00:32:45.9	10:34	02:27:04.2	
36	236Trombley, Stefanie	1576 Coon Rapids,	39	00:15:17.3	03:49	28	00:03:55.0	34	01:34:13.8	15.2	47	00:04:27.2	30	00:30:51.6	09:57	02:28:45.2	
37	247Kuusisto, Sarah	1116 Forest Lake,	44	00:18:13.4	04:33	34	00:04:07.9	39	01:39:01.0	14.5	11	00:01:49.8	24	00:29:18.3	09:27	02:32:30.7	
38	249Ward, Krista	1599 Park Ridge, IL	34	00:14:03.1	03:30	24	00:03:25.2	41	01:41:01.3	14.2	28	00:02:33.9	33	00:31:50.5	10:16	02:32:54.2	
39	251Moeller, Janel	1142 Forest Lake,	37	00:14:48.5	03:42	39	00:04:25.8	30	01:31:39.0	15.7	37	00:03:02.7	45	00:39:15.2	12:39	02:33:11.4	
40	254Carlson-paetznick,	869 Chisago City,	27	00:12:46.6	03:11	36	00:04:17.0	43	01:46:56.8	13.4	19	00:02:10.1	22	00:28:58.6	09:20	02:35:09.2	
41	256Hutchinson,	1546 Forest Lake,	19	00:11:46.3	02:56	29	00:03:55.5	38	01:38:01.3	14.6	31	00:02:40.4	46	00:39:34.2	12:45	02:35:57.9	
42	265Deffner, Lisa	1426 Media, MN	41	00:17:04.7	04:16	48	00:06:14.1	42	01:41:29.8	14.1	36	00:02:56.4	29	00:30:45.0	09:55	02:38:30.2	
43	282Jeska, Melonie	1255 Fridley, MN	31	00:13:40.7	03:25	35	00:04:16.1	44	01:47:03.8	13.4	46	00:04:23.6	41	00:34:24.2	11:05	02:43:48.7	
44	286Wurdemann, Lisa	852 Harris, MN	43	00:18:12.3	04:33	38	00:04:23.5	45	01:47:57.3	13.3	10	00:01:42.0	42	00:34:56.9	11:16	02:47:12.2	
45	287Marsh, Clarice	859 Blaine, MN	48	00:20:37.7	05:09	42	00:04:43.1	40	01:39:14.3	14.5	44	00:03:56.9	44	00:38:41.2	12:28	02:47:13.4	
46	293Buesseler, Carla	1382 Stacy, MN	46	00:18:30.0	04:37	47	00:05:31.5	46	01:48:36.3	13.2	40	00:03:17.6	40	00:33:45.3	10:53	02:49:40.9	
47	310Buchholz, Laura	948 Bloomington, IN	47	00:20:34.7	05:08	37	00:04:23.3	47	02:02:55.5	11.7	39	00:03:06.7	47	00:41:07.7	13:16	03:12:08.2	
48	311Kraemer, Pattie	1603 Ramsey, MN	45	00:18:24.9	04:36	44	00:04:55.4	48	02:14:53.5	10.6	45	00:04:00.5	48	00:51:07.4	16:29	03:33:21.9	
	Terryll, Kathy	1378 Chaska, MN														DNS	
	McNichols, Jeannie	1225 Victoria, MN														DNS	
	Klem, Tonya	1229 Menomonie, WI														DNS	
	Boschee, Susan	1063 Sartell, MN														DNS	
	Oden, Andrea	1000 St. Louis Park,														DNS	
	Gralish, Amy	809 Chisago City,														DNS	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1		24mi bike			T-2		3.1mi run		7/24/2011			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
45-49			Age Group Field: 41														
1	5Carvell, Melanie	827 Bismarck, ND	1	00:08:39.4	02:09	1	00:01:50.2	1	01:08:10.0	21.1	3	00:01:35.9	3	00:24:22.9	07:51	01:44:38.5	
2	7McCormick,	1232 Isanti, MN	3	00:09:45.4	02:26	2	00:02:00.4	2	01:10:31.3	20.4	6	00:01:52.7	1	00:22:13.5	07:10	01:46:23.5	
3	21Newcomb, Kathryn	899 Woodbury, MN	2	00:09:10.0	02:17	4	00:02:04.3	3	01:11:24.8	20.1	1	00:01:33.9	9	00:27:33.0	08:53	01:51:46.2	
4	42Perlich, Mary	1310 Minnetonka, MN	8	00:10:28.7	02:37	9	00:02:36.3	4	01:12:13.5	19.9	11	00:02:03.8	17	00:29:01.9	09:21	01:56:24.5	
5	50Wengler, Beth	999 Saint Cloud, MN	9	00:10:35.3	02:38	15	00:03:00.0	5	01:15:14.5	19.1	10	00:02:03.5	14	00:28:17.4	09:07	01:59:11.0	
6	51Graif, Lynn	1220 Elk River, MN	16	00:11:55.1	02:58	6	00:02:14.5	9	01:18:07.3	18.4	12	00:02:05.3	5	00:25:02.2	08:04	01:59:24.5	
7	52Duppong, Barbara	1464 Cottage Grove,	6	00:10:16.6	02:34	20	00:03:15.5	7	01:15:36.8	19.0	14	00:02:09.6	11	00:28:09.6	09:05	01:59:28.2	
8	61Clark, Kristi	1068 Olivenhain, CA	5	00:10:14.4	02:33	26	00:03:56.7	10	01:18:18.3	18.3	24	00:03:16.7	4	00:24:53.5	08:01	02:00:39.7	
9	64Lyon, Veronica	931 Schofield, WI	11	00:11:30.5	02:52	3	00:02:03.6	6	01:15:34.8	19.0	9	00:02:02.6	22	00:30:13.6	09:45	02:01:25.2	
10	65Corbett, Julie	1333 Northfield, MN	7	00:10:21.4	02:35	8	00:02:35.4	8	01:16:24.5	18.8	23	00:03:15.5	16	00:28:59.5	09:21	02:01:36.5	
11	73Langanki, Gail	1137 Lino Lakes, MN	4	00:10:02.6	02:30	22	00:03:22.2	14	01:22:29.5	17.4	8	00:02:01.2	6	00:25:30.5	08:13	02:03:26.3	
12	79Doerges, Renee	1427 Maple Grove,	10	00:10:54.4	02:43	27	00:03:58.7	11	01:18:39.8	18.3	33	00:03:58.8	7	00:26:30.9	08:33	02:04:02.7	
13	100Klabunde, Lori	1488 Bismarck, ND	25	00:14:37.4	03:39	5	00:02:08.4	17	01:25:11.5	16.9	2	00:01:34.1	2	00:22:38.1	07:18	02:06:09.7	
14	140Loidolt, Cecilie	1504 Brooklyn Park,	24	00:14:20.8	03:35	7	00:02:22.5	20	01:26:30.8	16.6	5	00:01:46.0	10	00:27:37.9	08:54	02:12:38.2	
15	141Krenz, Jodi	930 Wausau, WI	30	00:17:05.4	04:16	11	00:02:41.0	12	01:20:17.0	17.9	18	00:02:43.4	21	00:29:56.0	09:39	02:12:43.0	
16	151Long, Denise	863 St Paul, MN	14	00:11:41.1	02:55	13	00:02:46.0	18	01:26:02.5	16.7	16	00:02:31.7	23	00:30:40.1	09:53	02:13:41.5	
17	152Kimlinger, Katie	1099 Lindstrom, MN	13	00:11:39.6	02:54	12	00:02:44.9	23	01:28:45.5	16.2	25	00:03:23.8	8	00:27:07.9	08:45	02:13:42.0	
18	155Keppers, Renee	1079 Duluth, MN	19	00:13:09.8	03:17	24	00:03:30.7	15	01:24:49.0	16.9	20	00:02:46.9	20	00:29:53.5	09:38	02:14:10.2	
19	169Anderson, Ann	1062 Cottage Grove,	26	00:14:50.1	03:42	16	00:03:02.7	19	01:26:16.5	16.6	29	00:03:30.1	13	00:28:14.1	09:06	02:15:53.7	
20	174Peterson, Susan	1503 Minneapolis,	12	00:11:32.8	02:53	10	00:02:39.3	24	01:29:22.3	16.1	22	00:03:04.6	18	00:29:42.0	09:34	02:16:21.2	
21	176Koch, Angie	1156 Lindstrom, MN	23	00:14:20.5	03:35	29	00:04:39.6	13	01:21:56.5	17.5	32	00:03:50.8	27	00:32:14.6	10:24	02:17:02.2	
22	179Miller, Diane	1327 Hugo, MN	18	00:12:55.7	03:13	19	00:03:14.8	16	01:24:57.0	16.9	31	00:03:36.0	28	00:32:42.7	10:33	02:17:26.4	
23	194Carmichael, Dana	1410 Saint Paul, MN	21	00:13:57.0	03:29	18	00:03:14.6	21	01:27:08.5	16.5	26	00:03:26.5	25	00:31:32.9	10:10	02:19:19.7	
24	219Cort, Patty	1428 Braham, MN	32	00:17:28.9	04:22	33	00:05:20.6	22	01:27:22.0	16.4	30	00:03:33.5	24	00:30:57.7	09:59	02:24:42.9	
25	226Bleskey, Rhonda	936 Forest Lake,	29	00:16:54.2	04:13	23	00:03:30.4	30	01:35:41.3	15.0	7	00:01:58.2	12	00:28:13.5	09:06	02:26:17.7	
26	231Dunne, Marlys	1518 Lindstrom, MN	35	00:21:42.8	05:25	28	00:04:32.0	25	01:30:14.3	15.9	4	00:01:45.5	15	00:28:44.9	09:16	02:26:59.7	
27	235Miller, Glenda	1476 Woodbury, MN	20	00:13:38.6	03:24	34	00:05:28.4	27	01:33:10.8	15.4	34	00:04:12.8	26	00:31:48.1	10:15	02:28:18.9	
28	246Steichen, Sharon	1170 Lino Lakes, MN	22	00:14:18.6	03:34	21	00:03:20.7	31	01:37:06.8	14.8	15	00:02:25.9	31	00:34:59.8	11:17	02:32:11.9	
29	250Hollingsworth,	1264 Rush City, MN	28	00:16:37.7	04:09	14	00:02:54.8	29	01:34:43.5	15.2	35	00:04:34.1	29	00:34:06.6	11:00	02:32:56.9	
30	257Gatto, Carla	1419 Shoreview, MN	31	00:17:06.7	04:16	25	00:03:39.1	28	01:34:40.3	15.2	13	00:02:09.4	32	00:38:26.0	12:23	02:36:01.7	
31	261Thorsen, Laura	1548 Lindstrom, MN	33	00:17:41.0	04:25	35	00:05:34.8	26	01:30:49.8	15.8	28	00:03:27.7	33	00:39:57.5	12:53	02:37:30.9	
32	263Lindau, Michele	1544 Chisago, MN	27	00:15:35.7	03:53	30	00:04:45.6	32	01:40:06.8	14.3	21	00:02:59.5	30	00:34:22.9	11:05	02:37:50.7	
33	278Shaker, Andrea	1120 Minneapolis,	17	00:12:40.1	03:10	31	00:04:49.0	33	01:42:07.0	14.1	27	00:03:26.5	34	00:40:05.7	12:56	02:43:08.4	
34	281Jaeger, Barb	1173 Inver Grove	15	00:11:51.5	02:57	17	00:03:14.6	35	01:55:47.1	12.4	19	00:02:44.7	19	00:29:50.7	09:37	02:43:28.7	
35	306Darling, Dana	1541 Lindstrom, MN	34	00:20:42.6	05:10	32	00:04:49.7	34	01:53:16.1	12.7	17	00:02:40.3	35	00:41:51.1	13:30	03:03:19.9	
	Goepfert, Lisa	1494 Blaine, MN														DNS	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1		24mi bike			T-2		3.1mi run		7/24/2011			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
	Steinmetz, Tammy	91363															DNS
	Harris, Ann	1389															DNS
	Ostenso, Renee	913															DNS
	Kosmatka, Ellen	871															DNS
	Dakovich, Susan	872															DNS
50-54			Age Group Field: 33														
1	16Bohan, Tammy	1024	Bismarck, ND	4	00:11:37.7	02:54	1	00:02:03.6	1	01:11:54.7	20.0	1	00:01:36.2	1	00:23:09.9	07:28	01:50:22.2
2	28Lau, Jeanne	1209	Vadnais	6	00:11:50.8	02:57	5	00:02:24.5	2	01:12:46.3	19.7	7	00:02:06.9	2	00:24:02.6	07:45	01:53:11.2
3	46O'connor,	1210	Dellwood, MN	1	00:09:38.3	02:24	3	00:02:16.3	5	01:17:31.0	18.5	4	00:01:53.6	5	00:25:25.9	08:12	01:56:45.2
4	47Januschka, Mary	880	Cambridge, MN	7	00:11:52.1	02:58	4	00:02:22.9	3	01:15:51.8	18.9	8	00:02:12.7	4	00:24:46.3	07:59	01:57:06.0
5	58Datta, Yvonne	1625	Minneapolis,	11	00:12:27.4	03:06	6	00:02:32.9	4	01:17:30.0	18.5	6	00:02:02.0	6	00:25:57.4	08:22	02:00:29.9
6	82Gruntner, Linda	1075	Chisago City,	2	00:10:04.2	02:31	7	00:02:45.4	6	01:21:57.8	17.5	5	00:01:54.0	7	00:27:34.0	08:53	02:04:15.5
7	87Lee, Elizabeth	1183	St. Paul, MN	3	00:10:40.6	02:40	12	00:03:41.2	7	01:23:35.8	17.2	10	00:02:20.9	3	00:24:24.9	07:52	02:04:43.5
8	187Yaeger, Nancy	1558	Vadnais	17	00:14:03.9	03:30	9	00:02:58.9	9	01:28:16.8	16.3	3	00:01:52.5	9	00:31:05.2	10:01	02:18:17.4
9	214Alfors, Pauline	964	New Brighton,	10	00:12:14.3	03:03	8	00:02:46.0	10	01:30:08.5	15.9	23	00:03:52.9	17	00:34:35.5	11:09	02:23:37.4
10	242Ingalls, Tina	1115	Center City, MN	15	00:13:12.2	03:18	2	00:02:15.5	16	01:41:09.3	14.2	14	00:02:47.2	10	00:31:12.2	10:03	02:30:36.7
11	243Fluger, Judi	1259	St. Paul, MN	23	00:15:20.1	03:50	10	00:03:02.4	8	01:25:59.5	16.7	16	00:02:59.9	26	00:43:33.7	14:03	02:30:55.9
12	258Mecklenburg,	1402	St. Paul, MN	14	00:13:05.6	03:16	24	00:06:54.2	14	01:40:43.5	14.2	24	00:04:13.7	11	00:31:26.2	10:08	02:36:23.4
13	264Kraling, Mary	1040	Lindstrom, MN	5	00:11:42.5	02:55	14	00:03:49.0	12	01:37:53.6	14.7	18	00:03:11.0	21	00:41:25.1	13:21	02:38:01.4
14	269Russell, Teresa	1194	Roseville, MN	18	00:14:04.9	03:31	17	00:04:26.6	11	01:34:31.0	15.2	25	00:04:21.8	25	00:43:18.3	13:58	02:40:42.9
15	272Rost, Karin	1321	River Falls, WI	9	00:12:10.6	03:02	11	00:03:38.5	13	01:40:06.0	14.3	22	00:03:31.3	23	00:41:39.9	13:26	02:41:06.4
16	276Krautkramer, Sue	1618	Minneapolis,	13	00:13:00.0	03:15	25	00:07:17.5	20	01:46:42.8	13.4	21	00:03:30.2	14	00:32:00.0	10:19	02:42:30.7
17	277Rodriguez, Kim	1468	Elgin, IL	16	00:13:32.0	03:23	21	00:06:06.6	22	01:48:24.1	13.2	26	00:05:00.7	8	00:29:50.2	09:37	02:42:53.7
18	283Casper, Dannette	965	Minnetonka, MN	22	00:14:40.9	03:40	18	00:05:11.4	21	01:47:28.3	13.3	12	00:02:40.8	16	00:34:30.1	11:07	02:44:31.7
19	284Anderson, Yvonne	992	Chisago City,	24	00:18:03.3	04:30	15	00:04:02.2	17	01:41:39.5	14.1	11	00:02:22.7	20	00:40:40.0	13:07	02:46:47.9
20	290Eichten, Christi	1619	Edina, MN	19	00:14:10.3	03:32	22	00:06:08.8	26	01:54:21.0	12.5	9	00:02:18.3	12	00:31:33.6	10:10	02:48:32.2
21	292Lee, Marcia	1058	St. Louis Park,	20	00:14:17.4	03:34	23	00:06:34.2	19	01:45:49.8	13.6	20	00:03:16.0	19	00:38:53.6	12:32	02:48:51.2
22	294Ewen, Barb	1516	Rochester, MN	25	00:18:09.1	04:32	13	00:03:42.4	15	01:41:03.0	14.2	19	00:03:13.9	27	00:44:15.0	14:16	02:50:23.7
23	295Salmen, Rebecca	1145	Stillwater, MN	8	00:12:08.7	03:02	16	00:04:16.3	27	01:56:30.0	12.3	2	00:01:48.8	18	00:36:12.5	11:40	02:50:56.7
24	296Lebarron, Katy	1482	Edina, MN	26	00:19:35.4	04:53	20	00:05:53.4	23	01:51:28.4	12.9	15	00:02:58.5	13	00:31:59.3	10:19	02:51:55.2
25	302Gamble, Tammy	1523	Lindstrom, MN	21	00:14:38.2	03:39	19	00:05:29.1	24	01:52:54.0	12.7	17	00:03:01.0	24	00:42:10.3	13:36	02:58:12.9
26	304Sandell, Elizabeth	1353	New Hope, MN	27	00:21:08.6	05:17	27	00:17:30.2	18	01:42:01.6	14.1	27	00:06:06.9	15	00:33:38.4	10:51	03:00:25.9
27	305Dubose, Janet	1543	Chisago City,	12	00:12:42.6	03:10	26	00:12:47.2	25	01:53:13.8	12.7	13	00:02:44.1	22	00:41:33.8	13:24	03:03:01.6
	Larson, Donna	1498	Greenleaf, WI														DNS
	Rose, Beth	1408	Wyoming, MN														DNS
	Johnson, Melissa	953	White Bear														DNS

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1		24 mi bike			T-2		3.1 mi run		7/24/2011			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
	Arnold, Terry	995															DNS
	Waller, Shanda	923															DNS
	Goetzke, Claire	860															DNS

55-59

Age Group Field: 9

1	32	StPierre, Toni	907	Minneapolis,	1	00:10:15.1	02:33	1	00:01:39.2	2	01:15:45.0	19.0	2	00:01:33.3	3	00:25:11.0	08:07	01:54:23.8
2	41	Peterson, Julie	879	Cambridge, MN	2	00:10:17.6	02:34	3	00:02:39.0	1	01:15:18.5	19.1	4	00:02:33.6	2	00:25:01.4	08:04	01:55:50.2
3	80	Reinisch, Nancy	1134	Glenwood	3	00:11:24.6	02:51	2	00:01:54.4	3	01:21:26.8	17.6	1	00:01:25.6	6	00:27:55.9	09:00	02:04:07.5
4	135	Hulbert, Jean	1401	Waukesha, WI	6	00:14:11.3	03:32	6	00:04:16.2	5	01:27:25.3	16.4	5	00:02:34.5	1	00:23:40.9	07:38	02:12:08.4
5	138	Tane, Katherine	909	St Paul, MN	5	00:13:40.1	03:25	5	00:03:30.0	4	01:25:07.8	16.9	6	00:03:19.9	5	00:26:45.0	08:37	02:12:23.0
6	185	Marden-lokken,	1533	Duluth, MN	4	00:13:31.8	03:22	4	00:02:55.8	6	01:28:45.5	16.2	8	00:03:25.7	7	00:29:25.7	09:29	02:18:04.7
7	252	Rice, Laurie	1443	Minneapolis,	8	00:17:31.9	04:22	8	00:07:13.4	8	01:39:03.3	14.5	7	00:03:21.1	4	00:26:14.3	08:27	02:33:24.2
8	274	Curran, Cynthia	1110	Minneapolis,	9	00:22:40.3	05:40	7	00:04:27.3	7	01:34:58.8	15.1	3	00:02:01.2	8	00:37:56.7	12:14	02:42:04.4
		Sery, Lindsay	1136	Ham Lake, MN	7	00:16:31.3		9	00:10:39.8	9	02:19:57.1	10.2						DNF

60-64

Age Group Field: 2

1	163	Hunter, Peggy	1155	White Bear	1	00:15:07.3	03:46	1	00:03:14.7	1	01:24:53.5	16.9	1	00:02:51.4	1	00:29:17.3	09:26	02:15:24.4
2	314	Zimmerman,	991	Amherst	2	00:42:17.3	10:34	2	00:11:16.5	2	02:08:02.3	11.2	2	00:05:05.9	2	00:53:33.0	17:16	04:00:15.2

65-69

Age Group Field: 1

1	289	Kaltenhauser,	1383	Lindstrom, MN	1	00:18:09.5	04:32	1	00:06:06.1	1	01:45:40.8	13.6	1	00:04:06.2	1	00:33:57.2	10:57	02:47:59.9
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Clydesdale Sprint Distance

Division Field: 36

Age Group Field: 36

1	Rondorf, Jeremy	1329	Blaine, MN		00:08:46.3	02:11	4	00:01:58.4	1	01:03:11.3	22.7	12	00:01:45.4	2	00:22:47.3	07:21	01:38:29.0
2	Gmeinder, Brent	1509	Brooklyn Park,		00:08:52.5	02:13	11	00:02:36.3	2	01:05:03.8	22.1	6	00:01:28.8	3	00:23:20.6	07:31	01:41:22.2
3	Siedsma, Michael	1577	White Bear		00:09:39.9	02:24	5	00:02:00.9	6	01:08:51.3	20.9	3	00:01:20.9	1	00:22:02.1	07:06	01:43:55.2
4	Watson, Paul	1049	Farmington, MN		00:09:50.8	02:27	14	00:02:50.0	3	01:06:34.2	21.6	2	00:01:17.3	4	00:23:32.7	07:35	01:44:05.2
5	Barrette, Charles	1267	Houlton, WI		00:09:01.4	02:15	1	00:01:28.1	8	01:09:51.0	20.6	8	00:01:30.6	11	00:25:14.3	08:08	01:47:05.7
6	Williams, Mitch	1535	St Louis Park,		00:09:42.4	02:25	3	00:01:54.4	7	01:09:07.8	20.8	13	00:01:48.6	9	00:25:03.3	08:04	01:47:36.7
7	Amelsberg, Dave	1061	Houlton, WI		00:11:47.9	02:56	7	00:02:05.9	5	01:08:34.8	20.9	14	00:01:50.5	6	00:23:59.5	07:44	01:48:18.7
8	Linder, Matt	1337	St Paul, MN		00:12:03.2	03:00	9	00:02:28.9									01:49:28.5
9	Gaffer, Steve	838	New Richmond,		00:08:48.3	02:12	6	00:02:05.5	9	01:10:40.0	20.3	10	00:01:38.5	16	00:27:00.2	08:42	01:50:12.7
10	Peterson, Todd	979	St. Cloud, MN		00:11:09.3	02:47	15	00:02:51.3	4	01:07:15.8	21.4	18	00:02:04.9	14	00:26:54.8	08:40	01:50:16.3
11	Van Sickle,	1239	Minneapolis,		00:09:10.0	02:17	8	00:02:14.8	10	01:10:54.8	20.3	4	00:01:24.2	19	00:29:00.8	09:21	01:52:44.7
12	Duethman, James	1309	Apple Valley,		00:10:01.1	02:30	13	00:02:49.5	11	01:13:24.0	19.6	19	00:02:08.3	10	00:25:12.7	08:07	01:53:35.7
13	Hanson, Ryan	1342	Dresser, WI		00:12:28.7	03:07	2	00:01:53.4	12	01:13:37.3	19.5	24	00:02:31.9	5	00:23:47.1	07:40	01:54:18.5
14	Gervais, Ben	1281	Tracy, MN		00:11:22.2	02:50	10	00:02:32.1									01:57:15.7

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1		24mi bike			T-2		3.1mi run		7/24/2011			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
15	Mattson, Jeffrey	1190 Apple Valley,		00:09:11.1	02:17	21	00:03:41.7	13	01:13:38.8	19.5	25	00:02:34.4	20	00:29:28.1	09:30	01:58:34.2	
16	Motter, Nick	1549 Woodbury, MN		00:13:20.1	03:20	12	00:02:46.7	17	01:20:05.5	17.9	1	00:01:15.4	7	00:24:20.0	07:50	02:01:47.9	
17	Lambertz, Brian	1292 St. Michael, MN		00:12:24.2	03:06	22	00:03:44.3	14	01:16:55.2	18.7	26	00:02:45.2	17	00:27:39.3	08:55	02:03:28.5	
18	Turinske, Robert	1595 White Bear		00:10:03.5	02:30	18	00:03:04.3	19	01:22:09.0	17.5	11	00:01:44.8	13	00:26:52.9	08:40	02:03:54.7	
19	Ramsey, Brian	1351 Minneapolis,		00:11:24.2	02:51	17	00:02:52.3	15	01:17:40.8	18.5	21	00:02:14.6	24	00:31:53.3	10:17	02:06:05.4	
20	Hanson, Axel	1051 Chisago City,		00:09:22.9	02:20	28	00:05:16.9	22	01:26:56.5	16.5	20	00:02:08.6	12	00:26:26.1	08:31	02:10:11.2	
21	Appleby, David	1341 Lindstrom, MN		00:14:30.5	03:37	24	00:04:10.0	20	01:22:59.3	17.3	17	00:01:57.3	15	00:26:55.4	08:41	02:10:32.7	
22	Hipp, Todd	1463 Eagan, MN		00:12:30.2	03:07	25	00:04:17.0	18	01:21:21.3	17.7	29	00:03:32.9	18	00:28:58.0	09:20	02:10:39.7	
23	Dolezal, Craig	1307 Woodbury, MN		00:12:21.2	03:05	16	00:02:51.6	25	01:29:01.5	16.1	5	00:01:26.4	8	00:25:02.0	08:04	02:10:42.9	
24	Lind, Kenneth	1216 Rush City, MN		00:15:27.7	03:51	30	00:05:55.3	16	01:17:59.0	18.4	27	00:02:50.4	21	00:30:29.3	09:50	02:12:42.0	
25	Mangold, Donald	967 North Branch,		00:16:01.8	04:00	23	00:04:08.5	21	01:25:28.6	16.8	15	00:01:54.2	25	00:32:23.7	10:27	02:19:56.9	
26	Gavin, Torrey	1612 Blaine, MN		00:14:49.1	03:42	20	00:03:29.9	23	01:28:17.3	16.3	23	00:02:21.6	22	00:31:01.6	10:00	02:19:59.7	
27	Bleskey, Robert	1172 Coon Rapids,		00:15:44.6	03:56	19	00:03:17.5	24	01:28:34.5	16.2	7	00:01:30.6	23	00:31:32.3	10:10	02:20:39.7	
28	Caspers, Dave	1352 Woodbury, MN		00:12:49.8	03:12	27	00:04:23.7	26	01:35:01.5	15.1	16	00:01:56.1	27	00:36:56.0	11:54	02:31:07.4	
29	Vandelinde, Aaron	1399 Coon Rapids,		00:13:02.6	03:15	29	00:05:19.7	28	01:37:09.3	14.8	22	00:02:15.4	29	00:41:22.8	13:20	02:39:09.9	
30	Hanson, Mark	1388 Chisago City,		00:19:38.5	04:54	31	00:09:17.1	27	01:35:36.1	15.0	28	00:02:58.8	26	00:33:38.8	10:51	02:41:09.4	
31	Hanson, Roscoe	1053 Chisago City,		00:11:59.6	02:59	26	00:04:21.2	30	01:47:52.5	13.3	30	00:03:57.8	30	00:46:57.8	15:08	02:55:09.2	
32	Hanson, Jacob	1387 Chisago City,		00:19:06.6	04:46	32	00:11:09.9	29	01:44:38.0	13.7	9	00:01:35.5	28	00:40:59.4	13:13	02:57:29.7	
	Duvick, Todd	1293 Prior Lake, MN														DNS	
	Samson, Peter	1128 Maple Grove,														DNS	
	Parsons, Dave	864 Elk River, MN														DNS	
	Storey, Dan	822 Minneapolis,														DNS	

Athena Sprint Distance

Division Field: 21

Age Group Field: 21

1	Nowak, Sarah	1344 Minneapolis,		00:11:54.8	02:58	6	00:02:39.7	1	01:15:47.3	19.0	8	00:02:15.4	1	00:24:50.1	08:00	01:57:27.5	
2	Haupt, Elise	1131 St Paul, MN		00:09:53.6	02:28	5	00:02:31.7	3	01:19:58.0	18.0	3	00:01:47.9	3	00:25:41.9	08:17	01:59:53.2	
3	Weber, Katie	1221 Minneapolis,		00:11:16.0	02:49	8	00:02:54.5	5	01:21:31.8	17.6	7	00:02:09.5	2	00:25:01.7	08:04	02:02:53.7	
4	Carroll-clark,	980 Lino Lakes, MN		00:11:34.6	02:53	1	00:01:55.7	2	01:19:30.0	18.1	9	00:02:16.3	10	00:31:34.4	10:11	02:06:51.2	
5	Krueger, Katherine	1591 St. Paul, MN		00:12:17.8	03:04	7	00:02:41.0	9	01:25:20.3	16.8	5	00:01:53.9	5	00:27:13.3	08:46	02:09:26.4	
6	Holicky, Joy	1430 Minneapolis,		00:11:46.3	02:56	11	00:03:43.3	7	01:22:42.0	17.4	14	00:02:55.3	6	00:29:05.1	09:22	02:10:12.2	
7	Carver, Victoria	1610 Lino Lake, MN		00:11:01.3	02:45	3	00:02:22.0	8	01:24:35.8	17.0	12	00:02:47.7	7	00:29:59.5	09:40	02:10:46.4	
8	Enger, Christina	1023 Columbia		00:14:30.3	03:37	4	00:02:28.2	6	01:21:46.0	17.6	10	00:02:22.8	11	00:32:48.7	10:35	02:13:56.2	
9	Borresen-berg,	945 Belle Plaine,		00:13:42.0	03:25	16	00:04:47.8	4	01:21:30.3	17.6	13	00:02:48.8	8	00:31:12.2	10:03	02:14:01.2	
10	Keeler, Emma	929 Big Lake, MN		00:10:40.0	02:40	2	00:02:01.8	13	01:35:10.8	15.1	4	00:01:53.0	4	00:25:53.2	08:21	02:15:39.0	
11	Bennett, Stacy	1370 Blaine, MN		00:12:27.8	03:06	12	00:03:49.7	11	01:30:03.0	15.9	6	00:02:01.0	15	00:37:46.7	12:11	02:26:08.4	

Individual - Sprint Distance Triathlon			0.25 mi swim		T-1		24mi bike			T-2		3.1mi run		7/24/2011			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
	12 Trapp, ..	1347 Burnsville, MN		00:12:19.0	03:04	13	00:03:49.8	12	01:33:10.5	15.4	17	00:03:43.3	14	00:36:32.9	11:47	02:29:35.7	
	13 Murphy, Sharon	1391 Eagan, MN		00:15:10.5	03:47	9	00:03:08.6	14	01:35:44.5	15.0	18	00:05:14.5	12	00:33:37.9	10:50	02:32:56.2	
	14 Christenson, Katie	1438 Homewood, IL		00:15:52.7	03:58	14	00:04:04.8	10	01:29:55.5	16.0	11	00:02:30.7	17	00:41:20.0	13:20	02:33:43.9	
30	15 Gavin, Colleen	1613 Blaine, MN		00:14:49.0	03:42	10	00:03:28.8	16	01:38:48.0	14.5	1	00:01:37.0	13	00:36:21.0	11:43	02:35:03.9	
	16 Roman, Michelle	1447 Minneapolis,		00:18:56.6	04:44	17	00:05:15.2	15	01:38:17.3	14.6	2	00:01:45.0	9	00:31:23.1	10:07	02:35:37.4	
	17 Gjersvig, Bobbie	1458 Maple Grove,		00:13:02.7	03:15	18	00:09:48.1	17	01:40:09.3	14.3	16	00:03:29.0	16	00:40:25.9	13:02	02:46:55.2	
	18 Florenzano, Anne	1123 Eden Prairie,		00:13:18.5	03:19	15	00:04:36.3	18	01:50:59.6	12.9	15	00:02:56.6	18	00:50:45.2	16:22	03:02:36.4	
	Roman, Michelle	1273 Mpls, MN														DNS	
	Pettitt, Shannon	1235 Inver Grove														DNS	
	Ferkingstad, Kris	1166 Blaine, MN														DNS	

Team - Sprint Distance Relay Triathlon			0.25 mi swim	T-1		24 mi bike	T-2		3.1 mi run	7/24/2011							
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen

Team - Sprint Distance Relay Triathlon Field: 93

Relay Team Sprint Distance Division Field: 93

Age Group Field: 93

1	North, Mady	850 Plymouth, MN		Mady North	00:07:19.5	01:49	4	00:01:19.8	3	01:08:49.0	20.9	1	00:00:48.6	2	00:19:13.2	06:12	01:37:30.2
1	Olson, Jeffrey	850 Plymouth, MN		Jeffrey Olson	00:07:19.5	01:49	4	00:01:19.8	3	01:08:49.0	20.9	1	00:00:48.6	2	00:19:13.2	06:12	01:37:30.2
1	Zorn, Travis	850 Plymouth, MN		Travis Zorn	00:07:19.5	01:49	4	00:01:19.8	3	01:08:49.0	20.9	1	00:00:48.6	2	00:19:13.2	06:12	01:37:30.2
2	Peltier, Paul	1565 Stacy, MN		Paul Peltier	00:09:21.9	02:20	1	00:01:03.2	1	01:06:47.0	21.5	3	00:00:53.8	9	00:22:23.1	07:13	01:40:29.2
2	Peltier, Sam	1565 Stacy, MN		Sam Peltier	00:09:21.9	02:20	1	00:01:03.2	1	01:06:47.0	21.5	3	00:00:53.8	9	00:22:23.1	07:13	01:40:29.2
2	Peltier, Sharron	1565 Stacy, MN		Sharron Peltier	00:09:21.9	02:20	1	00:01:03.2	1	01:06:47.0	21.5	3	00:00:53.8	9	00:22:23.1	07:13	01:40:29.2
3	Struve, Bill	1013 Waterville, MN		Bill Struve	00:08:52.1	02:13	12	00:01:40.2	2	01:07:19.8	21.3	6	00:00:58.5	16	00:26:08.5	08:25	01:44:59.2
3	Struve, Jesse	1013 Chisago City, MN		Jesse Struve	00:08:52.1	02:13	12	00:01:40.2	2	01:07:19.8	21.3	6	00:00:58.5	16	00:26:08.5	08:25	01:44:59.2
3	Struve, Matt	1013 Chisago City, MN		Matt Struve	00:08:52.1	02:13	12	00:01:40.2	2	01:07:19.8	21.3	6	00:00:58.5	16	00:26:08.5	08:25	01:44:59.2
4	Anderson, Robert	1621 Bloomington, MN		Robert Anderson	00:10:36.3	02:39	2	00:01:08.6	4	01:09:38.2	20.6	27	00:02:10.0	7	00:21:31.0	06:56	01:45:04.2
4	Schimpke, Kurt	1621 Shakopee, MN		Kurt Schimpke	00:10:36.3	02:39	2	00:01:08.6	4	01:09:38.2	20.6	27	00:02:10.0	7	00:21:31.0	06:56	01:45:04.2
4	Swenson, _____	1621 Siren, WI		Mackenzie	00:10:36.3	02:39	2	00:01:08.6	4	01:09:38.2	20.6	27	00:02:10.0	7	00:21:31.0	06:56	01:45:04.2
5	Olinger, Elizabeth	1015 Lindstrom, MN		Elizabeth Olinger	00:10:29.2	02:37	9	00:01:26.9	7	01:14:46.5	19.2	5	00:00:56.5	1	00:18:43.7	06:02	01:46:23.0
5	Olinger, Joseph	1015 Lindstrom, MN		Joseph Olinger	00:10:29.2	02:37	9	00:01:26.9	7	01:14:46.5	19.2	5	00:00:56.5	1	00:18:43.7	06:02	01:46:23.0
5	Olinger, Joshua	1015 Lindstrom, MN		Joshua Olinger	00:10:29.2	02:37	9	00:01:26.9	7	01:14:46.5	19.2	5	00:00:56.5	1	00:18:43.7	06:02	01:46:23.0
6	Elsing, Paul	1012 Minnetonka, MN		Paul Elsing	00:08:50.9	02:12								3	00:19:41.0		01:49:40.5
6	Kubitz, Alex	1012 Hamel, MN		Alex Kubitz	00:08:50.9	02:12								3	00:19:41.0		01:49:40.5
6	Kubitz, Tracey	1012 Hamel, MN		Tracey Kubitz	00:08:50.9	02:12								3	00:19:41.0		01:49:40.5

Team - Sprint Distance Relay Triathlon			0.25 mi swim		T-1		24mi bike			T-2		3.1mi run		7/24/2011			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
7	Briggs, Aaron	1008 White Bear		00:09:34.8	02:23	8	00:01:26.8	9	01:16:51.8	18.7	10	00:01:05.9	5	00:20:41.3	06:40	01:49:40.7	
				Amy Croonquist													
7	Croonquist, Amy	1008 North Oaks, MN		00:09:34.8	02:23	8	00:01:26.8	9	01:16:51.8	18.7	10	00:01:05.9	5	00:20:41.3	06:40	01:49:40.7	
7	Hunter, James	1008 White Bear		00:09:34.8	02:23	8	00:01:26.8	9	01:16:51.8	18.7	10	00:01:05.9	5	00:20:41.3	06:40	01:49:40.7	
				James Hunter													
8	Frischman, Matt	1566 Minneapolis,		00:09:54.5	02:28	13	00:01:41.8	8	01:15:31.0	19.0	16	00:01:12.2	10	00:22:59.0	07:24	01:51:18.7	
				Christopher													
8	Marshall,	1566 Plymouth, MN		00:09:54.5	02:28	13	00:01:41.8	8	01:15:31.0	19.0	16	00:01:12.2	10	00:22:59.0	07:24	01:51:18.7	
				Douglas Wright													
8	Wright, Douglas	1566 Minneapolis,		00:09:54.5	02:28	13	00:01:41.8	8	01:15:31.0	19.0	16	00:01:12.2	10	00:22:59.0	07:24	01:51:18.7	
				John Kampa													
9	Kampa, John	1006 Roseville, MN		00:11:55.5	02:58	7	00:01:26.1	10	01:16:57.5	18.7	13	00:01:08.9	6	00:21:09.6	06:49	01:52:37.7	
				Nathan Perry													
9	Perry, Nathan	1006 Shoreview, MN		00:11:55.5	02:58	7	00:01:26.1	10	01:16:57.5	18.7	13	00:01:08.9	6	00:21:09.6	06:49	01:52:37.7	
				Robert Waddell													
9	Waddell, Robert	1006 Lindstrom, MN		00:11:55.5	02:58	7	00:01:26.1	10	01:16:57.5	18.7	13	00:01:08.9	6	00:21:09.6	06:49	01:52:37.7	
				Nic Bartz													
10	Bartz, Nic	1514 Chisago City,		00:09:34.7	02:23	11	00:01:28.4	12	01:19:17.3	18.1	4	00:00:54.8	8	00:21:47.2	07:01	01:53:02.5	
				Tom Braski													
10	Braski, Tom	1514 Chisago City,		00:09:34.7	02:23	11	00:01:28.4	12	01:19:17.3	18.1	4	00:00:54.8	8	00:21:47.2	07:01	01:53:02.5	
				Austin Turman													
10	Turman, Austin	1514 Lindstrom, MN		00:09:34.7	02:23	11	00:01:28.4	12	01:19:17.3	18.1	4	00:00:54.8	8	00:21:47.2	07:01	01:53:02.5	
				Clifford Bloom													
11	Bloom, Clifford	1513 Roseville, MN		00:06:33.6	01:38	3	00:01:12.5	6	01:14:33.3	19.3	12	00:01:07.7	24	00:30:34.5	09:51	01:54:01.7	
				Wayne Komerak													
11	Komerak, Wayne	1513 Circle Pines,		00:06:33.6	01:38	3	00:01:12.5	6	01:14:33.3	19.3	12	00:01:07.7	24	00:30:34.5	09:51	01:54:01.7	
				Judy Rangel													
11	Rangel, Judy	1513 Brooklyn Park,		00:06:33.6	01:38	3	00:01:12.5	6	01:14:33.3	19.3	12	00:01:07.7	24	00:30:34.5	09:51	01:54:01.7	
				Chandra Millner													
12	Millner, Chandra	1538 Eden Prairie,		00:15:37.3	03:54	22	00:01:54.7	5	01:14:02.5	19.4	7	00:01:01.6	14	00:24:39.2	07:57	01:57:15.4	
				Bob Ploetz													
12	Ploetz, Bob	1538 Rosemount, MN		00:15:37.3	03:54	22	00:01:54.7	5	01:14:02.5	19.4	7	00:01:01.6	14	00:24:39.2	07:57	01:57:15.4	
				Dennis Sarauer													
12	Sarauer, Dennis	1538 White Bear		00:15:37.3	03:54	22	00:01:54.7	5	01:14:02.5	19.4	7	00:01:01.6	14	00:24:39.2	07:57	01:57:15.4	
				Anna Dawson													
13	Dawson, Anna	1511 Saint Paul, MN		00:08:34.5	02:08	25	00:02:10.0	15	01:27:56.2	16.3	2	00:00:52.5	4	00:20:02.8	06:28	01:59:36.3	
				Bevin Dawson													
13	Dawson, Bevin	1511 Saint Paul, MN		00:08:34.5	02:08	25	00:02:10.0	15	01:27:56.2	16.3	2	00:00:52.5	4	00:20:02.8	06:28	01:59:36.3	

Team - Sprint Distance Relay Triathlon			0.25 mi swim		T-1		24mi bike			T-2		3.1mi run		7/24/2011			
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen
14	Farabaugh, Ethan	1021 Owego, NY		00:12:52.3	03:13	5	00:01:21.0	11	01:18:57.5	18.2	11	00:01:06.3	18	00:26:46.4	08:38	02:01:03.7	
14	Miar, Ramin	1021 Williston, ND		00:12:52.3	03:13	5	00:01:21.0	11	01:18:57.5	18.2	11	00:01:06.3	18	00:26:46.4	08:38	02:01:03.7	
14	Williams, Elise	1021 Willison, ND		00:12:52.3	03:13	5	00:01:21.0	11	01:18:57.5	18.2	11	00:01:06.3	18	00:26:46.4	08:38	02:01:03.7	
15	Birch, Matthew	1017 Williston, ND		00:09:12.9	02:18	19	00:01:54.4	13	01:21:52.0	17.5	8	00:01:04.3	20	00:27:16.4	08:47	02:01:20.2	
15	Mcnabb, William	1017 Tioga, ND		00:09:12.9	02:18	19	00:01:54.4	13	01:21:52.0	17.5	8	00:01:04.3	20	00:27:16.4	08:47	02:01:20.2	
15	Wilson, Jim	1017 Minot, ND		00:09:12.9	02:18	19	00:01:54.4	13	01:21:52.0	17.5	8	00:01:04.3	20	00:27:16.4	08:47	02:01:20.2	
16	Bennett, Curt	1554 Chisago City, MN														02:05:26.2	
16	Mower, Lori	1554 Chisago City, MN														02:05:26.2	
16	Mower, Scott	1554 Chisago City, MN														02:05:26.2	
17	Spehn, Colleen	1009 Champlin, MN		00:12:30.4	03:07	26	00:02:16.1	16	01:28:13.3	16.3	20	00:01:26.9	12	00:24:35.3	07:55	02:09:02.2	
17	Spehn, Jeff	1009 Champlin, MN		00:12:30.4	03:07	26	00:02:16.1	16	01:28:13.3	16.3	20	00:01:26.9	12	00:24:35.3	07:55	02:09:02.2	
17	White, Sue	1009 Champlin, MN		00:12:30.4	03:07	26	00:02:16.1	16	01:28:13.3	16.3	20	00:01:26.9	12	00:24:35.3	07:55	02:09:02.2	
18	Chaves, Milton	1019 Tioga, ND		00:09:08.5	02:17	27	00:02:19.1	20	01:35:32.0	15.0	22	00:01:29.0	17	00:26:43.8	08:37	02:15:12.5	
18	Farris, Mike	1019 Minot, ND		00:09:08.5	02:17	27	00:02:19.1	20	01:35:32.0	15.0	22	00:01:29.0	17	00:26:43.8	08:37	02:15:12.5	
18	Genova, Eric	1019 Minot, ND		00:09:08.5	02:17	27	00:02:19.1	20	01:35:32.0	15.0	22	00:01:29.0	17	00:26:43.8	08:37	02:15:12.5	
19	Gamble, Araya	1016 Taylors Falls, MN		00:09:13.6	02:18	21	00:01:54.7	21	01:38:16.8	14.6	15	00:01:11.5	15	00:24:58.0	08:03	02:15:34.7	
19	Gamble, Jonathan	1016 Taylors Falls, MN		00:09:13.6	02:18	21	00:01:54.7	21	01:38:16.8	14.6	15	00:01:11.5	15	00:24:58.0	08:03	02:15:34.7	
19	Gamble, Nevin	1016 Taylors Falls, MN		00:09:13.6	02:18	21	00:01:54.7	21	01:38:16.8	14.6	15	00:01:11.5	15	00:24:58.0	08:03	02:15:34.7	
20	Hulbert, Deb	1007 Forest Lake, MN		00:12:41.7	03:10	20	00:01:54.4	17	01:33:01.3	15.4	18	00:01:15.7	22	00:27:35.2	08:53	02:16:28.4	
20	Linehan, Mary	1007 River Falls, WI		00:12:41.7	03:10	20	00:01:54.4	17	01:33:01.3	15.4	18	00:01:15.7	22	00:27:35.2	08:53	02:16:28.4	

Team - Sprint Distance Relay Triathlon			0.25 mi swim		T-1		24mi bike			T-2		3.1mi run		7/24/2011				
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	
20	Osinde, Sylvia	1007		Lacrosse, WI	00:12:41.7	03:10	20	00:01:54.4	17	01:33:01.3	15.4	18	00:01:15.7	22	00:27:35.2	08:53	02:16:28.4	
21	Butte, Curtis	1003		Melrose, MN	00:10:12.0	02:33	16	00:01:50.3	22	01:39:56.0	14.4	9	00:01:05.5	13	00:24:35.4	07:55	02:17:39.4	
21	Butte, Emily	1003		Philadelphia,	00:10:12.0	02:33	16	00:01:50.3	22	01:39:56.0	14.4	9	00:01:05.5	13	00:24:35.4	07:55	02:17:39.4	
21	Butte, Rick	1003		Melrose, MN	00:10:12.0	02:33	16	00:01:50.3	22	01:39:56.0	14.4	9	00:01:05.5	13	00:24:35.4	07:55	02:17:39.4	
22	Rauch-word, Traci	1010		Grand Island,	00:15:04.7	03:46	28	00:03:37.1	19	01:33:35.7	15.3	24	00:01:33.9	19	00:27:10.6	08:46	02:21:02.2	
22	Word, David	1010		Grand Island,	00:15:04.7	03:46	28	00:03:37.1	19	01:33:35.7	15.3	24	00:01:33.9	19	00:27:10.6	08:46	02:21:02.2	
23	Lothrop, Alexandra	1011		Minneapolis,	00:10:22.1	02:35	6	00:01:22.1	14	01:26:25.8	16.6	25	00:01:37.3	29	00:42:41.8	13:46	02:22:29.4	
23	Lothrop, Jack	1011		Minneapolis,	00:10:22.1	02:35	6	00:01:22.1	14	01:26:25.8	16.6	25	00:01:37.3	29	00:42:41.8	13:46	02:22:29.4	
23	Peterson, Shelley	1011			00:10:22.1	02:35	6	00:01:22.1	14	01:26:25.8	16.6	25	00:01:37.3	29	00:42:41.8	13:46	02:22:29.4	
24	Henderson, Keith	1002		Golden Valley,	00:18:49.9	04:42	17	00:01:51.6	18	01:33:31.3	15.3	14	00:01:08.9	23	00:30:12.5	09:44	02:25:34.4	
24	Hulson, Rosanna	1002		St. Anthony, MN	00:18:49.9	04:42	17	00:01:51.6	18	01:33:31.3	15.3	14	00:01:08.9	23	00:30:12.5	09:44	02:25:34.4	
24	Puelston, Johanna	1002		North Branch,	00:18:49.9	04:42	17	00:01:51.6	18	01:33:31.3	15.3	14	00:01:08.9	23	00:30:12.5	09:44	02:25:34.4	
25	Mullenbach,	1004		Marine, MN	00:09:15.2	02:18	14	00:01:42.1	23	01:45:20.3	13.6	17	00:01:12.8	27	00:35:49.1	11:33	02:33:19.7	
25	Mullenbach, John	1004		Marine, MN	00:09:15.2	02:18	14	00:01:42.1	23	01:45:20.3	13.6	17	00:01:12.8	27	00:35:49.1	11:33	02:33:19.7	
25	Mullenbach,	1004		Marine, MN	00:09:15.2	02:18	14	00:01:42.1	23	01:45:20.3	13.6	17	00:01:12.8	27	00:35:49.1	11:33	02:33:19.7	
26	Dahlberg, Kian	1620		North Oaks, MN	00:10:09.5	02:32	18	00:01:52.8	26	01:53:57.0	12.6	21	00:01:27.5	21	00:27:19.7	08:48	02:34:46.7	
26	Tummala, Suren	1620		St. Paul, MN	00:10:09.5	02:32	18	00:01:52.8	26	01:53:57.0	12.6	21	00:01:27.5	21	00:27:19.7	08:48	02:34:46.7	
26	Tummala,	1620		St. Paul, MN	00:10:09.5	02:32	18	00:01:52.8	26	01:53:57.0	12.6	21	00:01:27.5	21	00:27:19.7	08:48	02:34:46.7	
27	Hanson, Barbara	1052		Chisago City,	00:09:10.1	02:17	24	00:02:05.2	24	01:50:51.5	12.9	23	00:01:29.8	25	00:31:48.1	10:15	02:35:24.9	
27	Hanson, Olena	1052		Chisago City,	00:09:10.1	02:17	24	00:02:05.2	24	01:50:51.5	12.9	23	00:01:29.8	25	00:31:48.1	10:15	02:35:24.9	

Team - Sprint Distance Relay Triathlon			0.25 mi swim		T-1		24mi bike			T-2		3.1mi run		7/24/2011				
Place	Name	Bib	PL	swim	Pace m/100m	PL	T-1	PL	bike	Pace mph	PL	T-2	PL	run	Pace m/mi	Finish	Pen	
28	Fretland, Steven	1020 Tioga, ND		00:13:43.9	03:25	23	00:01:58.9	28	01:55:13.6	12.4	19	00:01:22.0	11	00:24:07.2	07:46	02:36:25.7		
				Lisa Hokanson														
28	Hokanson, Lisa	1020 Granville, ND		00:13:43.9	03:25	23	00:01:58.9	28	01:55:13.6	12.4	19	00:01:22.0	11	00:24:07.2	07:46	02:36:25.7		
				Elizabeth Newton														
28	Newton, Elizabeth	1020 Spring, TX		00:13:43.9	03:25	23	00:01:58.9	28	01:55:13.6	12.4	19	00:01:22.0	11	00:24:07.2	07:46	02:36:25.7		
				Glenn Gingrich														
29	Gingrich, Glenn	1005 Trempealeau, MN		00:11:21.2	02:50	10	00:01:27.1	27	01:54:47.6	12.5	28	00:02:40.3	26	00:35:37.3	11:29	02:45:53.7		
				Suann Haines														
29	Haines, Suann	1005 Arcadia, WI		00:11:21.2	02:50	10	00:01:27.1	27	01:54:47.6	12.5	28	00:02:40.3	26	00:35:37.3	11:29	02:45:53.7		
				Pamela Logue														
29	Logue, Pamela	1005 Trempealeau, MN		00:11:21.2	02:50	10	00:01:27.1	27	01:54:47.6	12.5	28	00:02:40.3	26	00:35:37.3	11:29	02:45:53.7		
				Michele Hein														
30	Hein, Michele	1001 Stillwater, MN		00:13:04.9	03:16	15	00:01:47.2	25	01:53:39.6	12.6	26	00:01:37.4	28	00:42:12.2	13:36	02:52:21.4		
				Jennifer														
30	Mullenbach, Jennifer	1001 Marine, MN		00:13:04.9	03:16	15	00:01:47.2	25	01:53:39.6	12.6	26	00:01:37.4	28	00:42:12.2	13:36	02:52:21.4		
				Sarah Rydeen														
30	Rydeen, Sarah	1001 Stillwater, MN		00:13:04.9	03:16	15	00:01:47.2	25	01:53:39.6	12.6	26	00:01:37.4	28	00:42:12.2	13:36	02:52:21.4		
				Annette Glamos														
31	Glamos, Annette	1098 Roseville, MN		00:11:07.3	02:46	29	00:22:38.2	29	02:31:51.3	9.5	29	00:06:27.0	30	00:56:49.6	18:19	04:08:53.6		
				Holly Lexvold														
31	Lexvold, Holly	1098 Kenyon, MN		00:11:07.3	02:46	29	00:22:38.2	29	02:31:51.3	9.5	29	00:06:27.0	30	00:56:49.6	18:19	04:08:53.6		
				David Tilton														
	Tilton, David	1014 Minneapolis, MN															DNS	
				Amy Lamotta														
	Lamotta, Amy	1018 Tioga, ND															DNS	
				Kyle Lamotta														
	Lamotta, Kyle	1018 Tioga, ND															DNS	
				Dustin Pool														
	Pool, Dustin	1018 Minot, ND															DNS	