



Touchstone Got Energy Triathlon
Swarthout Park
West Salem, WI

Sun, June 11, 2006

Results Provided By:

White River Sports
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DIVISION RESULTS

Sprint Distance Triathlon

Female Sprint Distance

Place	Div/Age	BIB #	Name	City, State	0.25 Mi. Swim			T1		17.00 Mi. Bike			T2		3.10 Mi. Run			Finish	
					Plc	Time	/100m	Plc	Time	Plc	Time	MPH	Plc	Time	Plc	Time	/Mile	Time	Penalty
1		385	LAUX, Lynn	Onalaska, WI	26	10:16	09:03	2	1:03	1	46:35	21.9	14	0:43	3	20:43	6:41	1:19:18.7	
3	1	367	PING, Megan	Winona, MN	2	7:18	07:34	18	1:60	6	51:31	19.8	20	0:52	2	20:42	6:41	1:22:24.3	
2	1	388	DAVIS, Chris	Onalaska, WI	27	10:18	09:04	1	1:02	2	47:10	21.6	21	0:53	5	21:19	6:52	1:20:41.5	
6	1	412	ARENDT, Jackie	Madison, WI	1	6:51	07:28	38	2:46	11	53:48	19.0	42	1:24	4	21:00	6:46	1:25:48.6	
4	1	390	COOPER, Amy	Holmen, WI	9	8:32	08:37	5	1:25	4	49:39	20.5	12	0:42	13	24:04	7:46	1:24:22.6	
8	1	373	LOGING, Jenni	La Crosse, WI	3	7:46	07:41	11	1:46	5	51:13	19.9	8	0:38	24	26:40	8:36	1:28:04.1	
5	1	398	WALTER, Val	La Crosse, WI	8	8:30	08:37	6	1:25	3	49:33	20.6	6	0:36	19	25:06	8:05	1:25:09.9	
9	3	351	TANKE, Emmy	Menomonie, WI	6	8:17	07:49	9	1:45	13	54:54	18.6	11	0:41	11	23:42	7:38	1:29:17.7	
11	2	365	WILLIAMSON, Michelle	La Crosse, WI	13	8:47	07:56	15	1:55	10	53:46	19.0	47	1:30	20	25:16	8:09	1:31:14.3	
13	1	346	WATSON, Olivia	Bangor, WI	32	10:36	08:24	10	1:45	17	56:35	18.0	27	0:60	6	21:57	7:05	1:31:52.0	
7	2	414	WATSON, Jill	La Crosse, WI	29	10:21	09:49	12	1:48	7	53:10	19.2	33	1:11	1	19:46	6:22	1:26:16.1	
10	2	378	FLURY, Nancy	Minnetonka, MN	7	8:25	08:36	17	1:58	14	55:24	18.4	24	0:54	14	24:14	7:49	1:30:55.1	
12	2	395	MARKWARDT, Karen	La Crosse, WI	22	9:44	08:55	26	2:20	9	53:26	19.1	16	0:46	18	25:04	8:05	1:31:20.0	
16	2	374	SANDS, Jeanne	La Crosse, WI	11	8:39	07:54	29	2:25	23	59:12	17.2	34	1:13	10	23:27	7:34	1:34:56.5	
17	3	356	WIECZOREK, Katy	Winona, MN	10	8:32	07:53	14	1:54	25	1:00:51	16.8	48	1:30	7	22:24	7:13	1:35:11.6	
14	3	384	VAUGHN, Jennifer	La Crosse, WI	4	7:59	08:29	13	1:52	16	56:15	18.1	26	0:56	31	27:35	8:54	1:34:37.6	
15	2	392	GIBSON, Karen	La Crescent, MN	15	9:19	08:49	43	2:58	19	57:45	17.7	40	1:23	9	23:22	7:32	1:34:47.4	
18	3	368	HOULIHAN, Cristen	Holmen, WI	45	11:29	08:37	8	1:40	15	55:48	18.3	23	0:53	40	28:31	9:12	1:38:21.0	
19	4	347	GEISTER, Claire	Madison, WI	52	12:57	08:59	24	2:19	12	54:28	18.7	56	1:38	26	27:19	8:49	1:38:41.2	
21	4	353	KALIS, Kelly	Holmen, WI	43	11:10	08:32	33	2:37	18	57:26	17.8	51	1:34	30	27:30	8:52	1:40:16.7	
23	5	366	HANNEMAN, Kjersti	La Crescent, MN	47	11:49	08:42	37	2:45	22	59:05	17.3	45	1:27	22	26:21	8:30	1:41:27.1	
24	6	363	CROWSER, Holly	La Crosse, WI	50	12:10	08:47	7	1:38	32	1:02:07	16.4	3	0:32	16	25:01	8:04	1:41:28.3	
27	4	371	BULUGARIS, Raegan	La Crosse, WI	16	9:24	08:06	41	2:54	36	1:02:58	16.2	13	0:42	25	26:44	8:37	1:42:41.8	
20	4	383	AMUNDSON, Jennifer	Holmen, WI	5	8:10	08:32	3	1:13	20	57:59	17.6	29	1:01	52	31:24	10:08	1:39:46.5	
28	7	359	STAKSTON, Jackie	La Crosse, WI	56	13:43	09:10	45	3:01	39	1:03:24	16.1	7	0:37	8	22:38	7:18	1:43:22.9	
29	8	358	HENDRIKSON, Angela	Holmen, WI	37	10:44	08:25	34	2:39	24	59:38	17.1	41	1:23	45	29:06	9:23	1:43:29.3	
22	3	397	STARCHER, Pam	Onalaska, WI	31	10:35	09:08	16	1:57	21	58:22	17.5	32	1:11	39	28:27	9:11	1:40:31.6	
30	9	410	CLARKE, Michelle	Rochester, MN	19	9:30	08:07	19	2:05	37	1:03:06	16.2	46	1:27	33	27:55	9:00	1:44:03.2	

Female Sprint Distance

Place	Div/Age	BIB #	Name	City, State	0.25 Mi. Swim			T1		17.00 Mi. Bike			T2		3.10 Mi. Run			Finish	
					Plc	Time	/100m	Plc	Time	Plc	Time	MPH	Plc	Time	Plc	Time	/Mile	Time	Penalty
31	5	376	JANKE, Chanda	Black River Falls, WI	40	11:00	08:29	28	2:25	44	1:04:53	15.7	37	1:20	15	24:59	8:04	1:44:37.0	
25	5	381	DEBERG, Karen	Melrose, WI	25	10:12	09:02	31	2:33	38	1:03:07	16.2	15	0:44	17	25:01	8:04	1:41:37.0	
32	5	352	GIBSON, Kelli	St Louis Park, MN	46	11:44	08:40	4	1:17	29	1:01:03	16.7	30	1:06	46	29:48	9:36	1:44:58.6	
26	3	391	HALEY, Cami	La Crosse, WI	20	9:38	08:54	46	3:01	35	1:02:57	16.2	38	1:22	21	25:34	8:15	1:42:31.3	
36	10	357	SCHMIDT, Sara	Eau Claire, WI	35	10:41	08:25	51	3:27	41	1:03:38	16.0	25	0:56	29	27:28	8:51	1:46:10.4	
38	6	349	HEILMAN, Heather	La Crosse, WI	34	10:39	08:24	25	2:19	45	1:05:20	15.6	1	0:26	41	28:38	9:14	1:47:22.4	
33	6	386	SWEENEY, Tina	Onalaska, WI	28	10:19	09:04	27	2:24	33	1:02:18	16.4	39	1:22	42	28:44	9:16	1:45:06.4	
39	6	372	BJORKLUND, Jennifer	Westby, WI	51	12:56	08:58	21	2:10	40	1:03:35	16.0	62	2:12	27	27:21	8:49	1:48:15.0	
34	4	403	HANDMACHER, Bonnie	Lanesboro, MN	23	10:07	09:01	49	3:09	34	1:02:27	16.3	52	1:34	38	28:14	9:06	1:45:31.7	
40	7	370	LIUM, Mary	La Crosse, WI	38	10:55	08:28	20	2:10	51	1:08:23	14.9	5	0:35	23	26:32	8:33	1:48:34.3	
35	1	409	KINNEY, Maureen	La Crosse, WI	48	12:06	09:31	42	2:54	31	1:01:41	16.5	36	1:15	34	28:05	9:03	1:46:00.6	
37	5	399	BENJAMIN, Gretchen	La Crosse, WI	24	10:11	09:02	35	2:42	27	1:00:55	16.7	10	0:41	56	32:32	10:29	1:46:59.9	
43	8	369	BRISKE, Heather	La Crosse, WI	36	10:43	08:25	22	2:10	30	1:01:32	16.6	44	1:25	60	34:45	11:12	1:50:35.2	
41	1	406	WEIS, Corinne	La Crosse, WI	59	14:28	10:06	32	2:34	26	1:00:54	16.7	49	1:31	48	30:00	9:41	1:49:28.5	
42	2	408	PAINE, Sandy	La Crescent, MN	55	13:25	09:50	48	3:06	48	1:07:27	15.1	61	2:02	12	24:04	7:45	1:50:03.1	
50	11	354	BUCHHOLZ, Kristine	La Crosse, WI	41	11:03	08:30	60	4:26	53	1:08:51	14.8	28	1:00	35	28:08	9:04	1:53:27.1	
44	7	382	BRUESKE, Brenda	Trempealeau, WI	33	10:37	09:08	56	3:55	46	1:05:32	15.6	57	1:49	43	28:49	9:17	1:50:41.6	
51	9	377	KLEIN, Lisa	La Crosse, WI	30	10:22	08:20	40	2:48	55	1:09:22	14.7	43	1:24	47	29:52	9:38	1:53:47.6	
45	6	402	KROGMAN, Susan	La Crosse, WI	14	8:48	08:41	61	4:26	49	1:08:03	15.0	19	0:50	44	29:03	9:22	1:51:09.7	
52	7	411	HENRICKSON, Ashley	Hixton, WI	21	9:43	08:10	55	3:54	50	1:08:10	15.0	18	0:49	53	31:56	10:18	1:54:32.1	
53	8	348	PEUSCHOLD, Sara	La Crosse, WI	12	8:40	07:55	57	4:02	58	1:11:18	14.3	22	0:53	49	30:13	9:45	1:55:05.8	
46	3	407	WELLNER, Mary	Rochester, MN	39	10:60	09:14	47	3:04	43	1:04:09	15.9	55	1:36	55	32:22	10:26	1:52:12.0	
47	2	405	SKINNER, Colleen	La Crosse, WI	54	13:24	09:50	63	4:48	47	1:05:59	15.5	35	1:14	28	27:24	8:50	1:52:48.5	
48	4	393	TERZINSKI, Lisa	Stoddard, WI	58	14:22	10:04	23	2:13	28	1:01:01	16.7	31	1:09	58	34:06	11:00	1:52:51.1	
49	8	387	VOELKER, Kris	La Crosse, WI	66	25:31	12:51	53	3:34	8	53:24	19.1	64	2:58	32	27:39	8:55	1:53:06.1	
54	7	404	BARTEE, Pam	Watertown, WI	60	14:45	10:10	30	2:32	52	1:08:30	14.9	59	1:52	50	30:19	9:47	1:57:59.4	
55	5	394	JEFFERS, Tammy	Bangor, WI	62	15:51	10:27	50	3:23	42	1:03:58	15.9	65	3:08	54	32:10	10:22	1:58:28.6	
58	2	362	BROCK, Elizabeth	Onalaska, WI	17	9:25	08:06	39	2:47	66	1:21:27	12.5	4	0:34	36	28:14	9:06	2:02:26.1	
59	3	345	MATYSIK, Laura	Onalaska, WI	18	9:29	08:07	36	2:43	65	1:21:21	12.5	9	0:39	37	28:14	9:06	2:02:26.2	
56	8	396	LEE, Myoung	Winona, MN	53	13:03	09:45	52	3:34	57	1:10:16	14.5	66	3:48	51	30:44	9:55	2:01:25.7	
57	6	389	REDEPENNING, Amy	Winona, MN	57	14:11	10:02	54	3:41	56	1:10:04	14.6	17	0:46	57	33:01	10:39	2:01:43.2	
60	9	380	LARSON, Stacy	Eau Claire, WI	49	12:07	09:31	58	4:07	54	1:09:11	14.7	63	2:31	59	34:34	11:09	2:02:29.8	
61	12	364	LARSON, Birgitta	La Crosse, WI	42	11:10	08:32	59	4:19	60	1:13:41	13.8	50	1:34	66	36:30	11:46	2:07:14.0	
62	9	401	TROY, Colleen	Viroqua, WY	44	11:23	09:20	64	6:01	59	1:13:36	13.9	53	1:36	65	36:08	11:39	2:08:43.7	
63	13	361	TSILIS, Nicole	Onalaska, WI	63	16:53	09:57	44	2:59	61	1:17:17	13.2	2	0:31	64	36:07	11:39	2:13:47.6	
64	14	355	BOSTRACK, Carolyn	La Crescent, MN	61	15:30	09:37	62	4:41	62	1:17:34	13.1	54	1:36	63	35:10	11:21	2:14:31.1	

Female Sprint Distance

Place	Div/Age	BIB #	Name	City, State	0.25 Mi. Swim			T1		17.00 Mi. Bike			T2		3.10 Mi. Run			Finish	
					Plc	Time	/100m	Plc	Time	Plc	Time	MPH	Plc	Time	Plc	Time	/Mile	Time	Penalty
65	9	427	HUFF, Jordan	Onalaska, WI	64	20:41	11:39	66	8:25	64	1:18:35	13.0	58	1:52	61	35:09	11:20	2:24:42.2	
66	10	400	HUFF, Deb	Onalaska, WI	65	21:33	11:52	65	7:31	63	1:18:34	13.0	60	1:55	62	35:09	11:20	2:24:42.3	

Male Sprint Distance

Place	Div/Age	BIB #	Name	City, State	0.25 Mi. Swim			T1		17.00 Mi. Bike			T2		3.10 Mi. Run			Finish	
					Plc	Time	/100m	Plc	Time	Plc	Time	MPH	Plc	Time	Plc	Time	/Mile	Time	Penalty
1		462	FLEIG, Jeff	Onalaska, WI	4	6:25	05:52	1	0:49	1	39:41	25.7	14	0:38	4	18:32	5:58	1:06:04.6	
2	1	436	STENSING, Martin	Winona, MN	3	6:23	05:51	8	1:12	3	44:32	22.9	16	0:39	2	18:09	5:51	1:10:54.5	
3	1	446	HUEBNER, Brian	Westby, WI	15	7:15	06:04	5	0:59	5	45:01	22.7	7	0:29	5	18:48	6:04	1:12:31.4	
5	1	464	WHYTE, Brett	Winona, MN	17	7:36	06:09	15	1:40	2	42:26	24.0	9	0:35	26	22:24	7:13	1:14:40.7	
6	2	457	PING, Ryan	Winona, MN	23	8:23	06:21	16	1:41	4	44:42	22.8	41	1:02	8	19:51	6:24	1:15:38.6	
8	3	441	NORDEEN, Derek	La Crosse, WI	9	6:53	05:59	2	0:49	9	46:01	22.2	11	0:36	29	22:28	7:15	1:16:47.7	
4	1	474	GUIDINGER, Peter	Winona, MN	7	6:36	06:39	47	2:39	6	45:20	22.5	38	1:01	3	18:19	5:54	1:13:53.8	
10	4	505	VELDBOOM, Jason	La Crosse, WI	13	7:08	06:02	4	0:56	13	47:23	21.5	35	0:57	14	21:04	6:47	1:17:26.9	
11	2	463	HUTCHINSON, Chris	West Salem, WI	1	5:43	05:41	26	1:58	15	48:02	21.2	25	0:45	17	21:29	6:56	1:17:56.1	
13	3	468	MCLELLAN, Paul	La Crescent, MN	12	6:59	06:00	12	1:30	16	48:16	21.1	24	0:45	13	21:02	6:47	1:18:31.3	
7	1	487	MARKWARDT, William	La Crosse, WI	18	7:38	06:55	11	1:29	12	46:48	21.8	10	0:36	6	19:16	6:13	1:15:47.2	
9	1	491	SCHUBERT, Chris	Lacrescent, MN	2	6:05	06:31	14	1:39	10	46:09	22.1	30	0:50	30	22:37	7:18	1:17:20.3	
12	1	500	CLARK, Barry	La Crosse, WI	19	8:12	07:03	3	0:50	8	46:01	22.2	31	0:51	27	22:26	7:14	1:18:20.2	
16	5	448	GOBEL, Matt	Onalaska, WI	24	8:24	06:21	7	1:07	20	49:36	20.6	5	0:27	25	22:21	7:12	1:21:54.5	
17	4	465	BAURES, Mitch	Rochester, MN	21	8:17	06:19	20	1:46	19	49:30	20.6	20	0:43	19	22:01	7:06	1:22:17.0	
18	2	435	BOLSTER, Mark	Mantorville, MN	48	10:50	06:58	60	3:06	22	49:56	20.4	52	1:20	1	17:24	5:36	1:22:36.6	
19	5	458	METZ, Jon	Eleva, WI	16	7:19	06:05	13	1:36	14	47:24	21.5	13	0:37	49	25:47	8:19	1:22:43.3	
20	3	504	SCHALLER, Jedediah	Milwaukee, WI	14	7:10	06:03	34	2:08	28	51:07	20.0	27	0:47	18	21:44	7:01	1:22:56.8	
15	2	488	DEET, Daniel	La Crosse, WI	34	9:21	07:20	37	2:12	11	46:13	22.1	62	1:37	15	21:20	6:53	1:20:42.1	
21	4	431	LAMB, Charles	St. Louis Park, MN	58	12:04	07:16	6	1:05	18	48:56	20.8	58	1:33	9	20:16	6:32	1:23:55.1	
22	6	455	DAHL, Andrew	La Crescent, MN	30	8:53	06:28	21	1:47	21	49:52	20.5	45	1:07	28	22:27	7:14	1:24:06.8	
23	7	452	HARKNESS, Chris	La Crosse, WI	40	9:51	06:43	9	1:17	17	48:24	21.1	36	0:59	35	23:58	7:44	1:24:28.9	
24	5	434	WIELAND, Mark	Rochester, MN	11	6:56	05:59	57	2:60	33	52:42	19.4	12	0:37	16	21:26	6:55	1:24:40.5	
25	8	443	BJORKLUND, Jay	Westby, WI	8	6:39	05:55	23	1:52	27	51:01	20.0	34	0:55	39	24:26	7:53	1:24:52.9	
26	1	503	MARKWARDT, Cory	La Crosse, WI	6	6:28	05:52	55	2:57	40	53:22	19.1	8	0:33	20	22:10	7:09	1:25:31.1	
27	6	439	HATFIELD, Adam	La Crescent, MN	35	9:22	06:36	62	3:19	35	52:58	19.3	1	0:19	7	19:46	6:23	1:25:43.7	
31	9	453	GEORGE, Brian	Holmen, WI	10	6:55	05:59	10	1:22	32	52:33	19.4	39	1:01	54	26:13	8:27	1:28:03.5	
32	2	428	SCHALK, Neil	Muscoda, WI	31	9:05	06:31	64	3:21	31	52:29	19.4	69	2:12	12	21:01	6:46	1:28:07.2	
33	7	433	BAURES, Nate	Buffalo City, WI	41	9:53	06:43	51	2:47	34	52:52	19.3	3	0:24	21	22:13	7:10	1:28:09.0	
35	8	440	BERG, Toby	La Crosse, WI	55	11:35	07:09	19	1:45	23	50:05	20.4	53	1:26	37	24:04	7:45	1:28:53.4	
28	2	495	CONNOR, Jim	Onalaska, WI	45	10:08	07:32	18	1:43	29	51:30	19.8	40	1:02	24	22:21	7:12	1:26:42.8	

Male Sprint Distance

Place	Div/Age	BIB #	Name	City, State	0.25 Mi. Swim			T1		17.00 Mi. Bike			T2		3.10 Mi. Run			Finish	
					Plc	Time	/100m	Plc	Time	Plc	Time	MPH	Plc	Time	Plc	Time	/Mile	Time	Penalty
36	9	429	WILLIAMSON, Gehrig	La Crosse, WI	49	10:52	06:58	24	1:53	43	55:06	18.5	60	1:36	10	20:33	6:37	1:29:58.5	
29	3	489	RIGDEN, Jonathan	La Crosse, WI	29	8:53	07:13	31	2:01	26	50:27	20.2	51	1:19	42	25:08	8:06	1:27:48.0	
30	2	471	PICHOTTA, Peter	West Salem, WI	37	9:30	07:22	56	2:59	24	50:06	20.4	57	1:33	34	23:54	7:43	1:28:01.5	
34	2	501	REINARTS, Bill	Winona, MN	26	8:45	07:11	35	2:09	25	50:13	20.3	63	1:44	47	25:35	8:15	1:28:25.2	
38	10	442	HOULIHAN, Jon	Holmen, WI	56	11:45	07:11	22	1:47	42	53:42	19.0	18	0:41	33	23:40	7:38	1:31:34.5	
14	1	507	MCMAHON, Mitchell	Cedar Falls, IA	44	10:05	09:45	39	2:13	7	45:50	22.3	17	0:41	11	20:54	6:45	1:19:43.2	
40	11	445	MCCANN, Howard	St. Paul, MN	25	8:42	06:26	50	2:45	36	53:06	19.2	48	1:11	53	26:10	8:26	1:31:53.8	
41	6	506	MORROW, Mark	La Crosse, WI	22	8:21	06:20	71	5:17	44	55:13	18.5	37	1:00	31	22:41	7:19	1:32:31.2	
42	3	425	HEILMAN, Brian	La Crosse, WI	50	11:09	07:02	45	2:33	56	56:56	17.9	2	0:19	22	22:14	7:10	1:33:11.6	
43	12	450	ERDMANN, Jeff	Bloomington, MN	28	8:52	06:28	33	2:06	58	57:15	17.8	68	2:04	32	23:32	7:35	1:33:48.6	
37	3	499	SCHMITZ, Francis	La Crosse, WI	20	8:14	07:03	46	2:36	37	53:10	19.2	22	0:44	57	26:46	8:38	1:31:29.7	
39	4	484	REEDY, Gary	La Crosse, WI	27	8:47	07:12	17	1:42	30	52:16	19.5	50	1:18	60	27:43	8:56	1:31:45.5	
45	13	454	PAULSON, Brian	Milwaukee, WI	64	13:13	07:33	30	2:00	49	55:42	18.3	56	1:32	23	22:20	7:12	1:34:46.6	
46	14	447	EBERT, Allen	La Crosse, WI	61	12:29	07:22	42	2:25	41	53:29	19.1	64	1:46	41	25:05	8:05	1:35:14.5	
50	10	437	BIELECKI, Darin	Madison, WI	53	11:23	07:06	54	2:53	57	57:15	17.8	42	1:02	36	24:04	7:45	1:36:35.6	
44	5	481	STRAND, Phil	Viroqua, WI	39	9:39	07:25	43	2:29	51	55:59	18.2	54	1:27	38	24:18	7:50	1:33:51.0	
53	7	466	WERLEIN, Kevin	La Crosse, WI	52	11:15	07:04	25	1:54	46	55:29	18.4	44	1:05	61	28:24	9:10	1:38:06.9	
54	15	449	ERDMANN, Bryan	Onalaska, WI	5	6:28	05:52	38	2:13	65	1:03:55	16.0	4	0:26	43	25:09	8:07	1:38:11.2	
47	3	477	MUTCH, Dan	Holmen, WI	47	10:36	07:39	49	2:43	39	53:21	19.1	66	1:51	56	26:44	8:37	1:35:14.8	
48	4	496	GALSTAD, Michael	Stoddard, WI	43	10:04	07:31	48	2:40	55	56:34	18.0	46	1:10	46	25:27	8:12	1:35:54.6	
49	4	479	THOMPSON, Jeffrey	Deforest, WI	38	9:35	07:24	28	1:59	38	53:18	19.1	19	0:43	66	30:30	9:50	1:36:05.3	
56	8	461	DULL, Chad	La Crosse, WI	59	12:20	07:20	44	2:33	53	56:14	18.1	55	1:30	59	27:22	8:49	1:39:59.2	
51	6	480	SPRESTER, Tim	La Crosse, WI	66	13:30	08:22	53	2:49	48	55:37	18.3	6	0:28	40	24:38	7:56	1:37:02.4	
52	7	483	DE PAGTER, Robin	Rochester, MN	68	13:54	08:28	36	2:09	50	55:48	18.3	15	0:38	44	25:18	8:09	1:37:46.6	
55	8	486	SPERLING, Steven	Rochester, MN	60	12:24	08:06	59	3:05	54	56:20	18.1	23	0:44	55	26:18	8:29	1:38:50.2	
59	16	451	SCHMITZ, Peter	La Crosse, WI	36	9:29	06:37	63	3:20	61	1:02:01	16.5	43	1:04	58	27:02	8:43	1:42:55.4	
57	5	475	KRAUSS, William	Rochester, MN	33	9:18	07:19	69	4:38	59	58:23	17.5	67	2:02	48	25:45	8:18	1:40:05.4	
60	11	438	PAINE, Nathan	La Crescent, MN	67	13:34	07:38	70	5:04	45	55:26	18.4	72	3:16	50	25:48	8:19	1:43:06.8	
58	9	485	HENDRICKS, Brad	Minneapolis, MN	69	14:47	08:41	27	1:58	52	56:10	18.2	49	1:16	52	26:05	8:25	1:40:15.7	
61	9	460	HUNTER, Mark	West Salem, WI	63	12:46	07:26	32	2:04	60	58:39	17.4	21	0:44	64	29:25	9:29	1:43:37.5	
62	10	467	THOMPSON, John	La Crosse, WI	46	10:35	06:54	40	2:15	63	1:03:31	16.1	32	0:52	65	29:33	9:32	1:46:45.0	
64	12	432	PAUTZ, Robert	Mishicot, WI	65	13:22	07:35	65	3:22	66	1:05:31	15.6	29	0:49	45	25:24	8:12	1:48:27.7	
65	4	426	GALVAN, Jeremiah	La Crosse, WI	62	12:29	07:22	41	2:19	68	1:06:11	15.4	59	1:34	51	26:03	8:24	1:48:35.3	
63	6	476	WEBER, David	West Salem, WI	57	11:49	07:57	61	3:08	64	1:03:43	16.0	26	0:46	63	28:36	9:14	1:48:03.5	
66	1	502	SZOBODY, Tim	Onalaska, WI	32	9:07	07:17	58	3:02	62	1:03:06	16.2	61	1:36	68	32:03	10:20	1:48:54.3	
67	10	482	HEILMAN, Gary	La Crosse, WI	51	11:14	07:48	52	2:48	67	1:05:46	15.5	28	0:47	69	32:21	10:26	1:52:57.6	

Male Sprint Distance

Place	Div/Age	BIB #	Name	City, State	0.25 Mi. Swim			T1		17.00 Mi. Bike			T2		3.10 Mi. Run			Finish	
					Plc	Time	/100m	Plc	Time	Plc	Time	MPH	Plc	Time	Plc	Time	/Mile	Time	Penalty
68	7	473	SCHNIEPP, Tim	La Crosse, WI	42	10:02	07:30	67	4:05	70	1:09:18	14.7	47	1:10	71	35:09	11:20	1:59:43.4	
69	17	456	TODD, Scott	La Crosse, WI	70	17:44	08:40	66	3:51	69	1:06:38	15.3	70	2:16	72	36:14	11:41	2:06:42.4	
71	11	469	ELSEN, James	West Salem, WI	71	22:21	09:49	29	1:60	71	1:11:37	14.2	33	0:52	67	31:53	10:17	2:08:42.9	
70	3	493	BUCKLEY, Tim	Onalaska, WI	72	33:54	13:26	72	7:12	47	55:35	18.4	65	1:48	62	28:26	9:10	2:06:55.8	
72	4	490	CLARK, George	Blair, WI	54	11:26	07:51	68	4:15	72	1:25:01	12.0	71	3:09	70	33:41	10:52	2:17:31.2	

Sprint Clydesdale

Place	Div/Age	BIB #	Name	City, State	0.25 Mi. Swim			T1		17.00 Mi. Bike			T2		3.10 Mi. Run			Finish	
					Plc	Time	/100m	Plc	Time	Plc	Time	MPH	Plc	Time	Plc	Time	/Mile	Time	Penalty
1		478	GAVIN, Mike	Onalaska, WI	1	9:14	07:18	1	2:09	1	47:27	21.5	4	1:23	1	22:38	7:18	1:22:50.7	
2	2	424	SCHEIDT, Jeff	La Crosse, WI	4	13:21	08:20	4	2:39	2	54:35	18.7	3	0:59	2	26:31	8:33	1:38:04.7	
3	3	422	DUTTON, Joseph	West Salem, WI	2	9:54	07:28	3	2:22	3	58:08	17.6	2	0:51	3	27:13	8:46	1:38:27.8	
4	4	423	SPECT, James	Prairie Du Chein, \	3	12:22	08:05	2	2:18	4	1:11:07	14.3	1	0:32	4	29:58	9:40	1:56:16.7	

Sprint Athena

Place	Div/Age	BIB #	Name	City, State	0.25 Mi. Swim			T1		17.00 Mi. Bike			T2		3.10 Mi. Run			Finish	
					Plc	Time	/100m	Plc	Time	Plc	Time	MPH	Plc	Time	Plc	Time	/Mile	Time	Penalty
1		344	GOODE, Eileen	Madison, WI	1	10:09	09:02	4	2:43	1	54:17	18.8	2	1:11	1	27:52	8:59	1:36:12.3	
2	2	341	BROGHAMMER, Laurie	Winona, MN	2	10:22	09:05	5	3:26	2	1:01:37	16.6	5	1:47	3	32:06	10:21	1:49:18.0	
3	3	413	BIXBY, Lori	La Crosse, WI	3	11:03	09:15	6	3:59	3	1:04:13	15.9	6	1:48	2	28:59	9:21	1:50:01.3	
4	4	340	HENRICKSON, Kaye	Hixton, WI	5	13:46	09:55	1	1:40	4	1:06:22	15.4	1	0:43	5	35:31	11:27	1:58:01.5	
5	5	342	TRACY, Colleen	Houston, MN	4	11:27	09:21	3	2:32	5	1:10:30	14.5	4	1:23	6	37:08	11:59	2:03:01.3	
6	6	343	SPECT, Mary Beth	Prairie Du Chien, \	6	14:20	10:04	2	2:20	6	1:18:03	13.1	3	1:14	4	32:58	10:38	2:08:55.2	



Touchstone Got Energy Triathlon
Swarthout Park
West Salem, WI

Sun, June 11, 2006

Results Provided By:

White River Sports
www.itiming.com

DIVISION RESULTS

Intermediate Distance Triathlon

Female Intermediate Distance

Place	Div/Age	BIB #	Name	City, State	0.90 Mi. Swim		T1		26.00 Mi. Bike		T2		6.20 Mi. Run		Finish			
					Plc	Time	/100m	Plc	Time	Plc	Time	MPH	Plc	Time	Plc	Time	/Mile	Time
1		1056	FOURNIER, Maggie-Frenc	Wausau, WI	2	27:42	35:15	2	1:10	2	1:22:51	18.8	1	0:34	2	47:04	7:35	2:39:21.5
2	1	1059	KLISTAUI, Rachel	La Crosse, WI	4	31:37	35:31	1	1:01	3	1:23:36	18.7	2	0:43	3	48:36	7:50	2:45:32.2
3	1	1057	NICOLS, Danniela	Onalaska, WI	5	32:58	35:37	3	1:32	1	1:22:13	19.0	3	0:48	7	51:11	8:15	2:48:41.1
4	1	1053	DOUGLAS, Alyssa	La Crosse, WI	6	33:21	35:38	5	1:47	4	1:27:50	17.8	4	0:56	1	45:27	7:20	2:49:21.2
5	2	1055	KARIMI, Sawra	Rochester, MN	1	25:05	35:04	4	1:42	9	1:35:21	16.4	10	1:29	4	50:22	8:07	2:53:59.2
6	1	1062	BURDICK, Martha	West Salem, WI	3	30:09	35:25	6	1:54	6	1:31:35	17.0	5	0:59	8	52:02	8:23	2:56:38.9
7	1	1063	MALLIET-NOWAK, Julie	Mount Horeb, WI	9	34:56	35:45	8	2:00	8	1:34:45	16.5	6	1:09	6	50:36	8:10	3:03:26.9
8	3	1051	MEYER, Haley	Milwaukee, WI	10	35:53	35:49	7	1:56	7	1:33:18	16.7	9	1:25	9	54:22	8:46	3:06:53.8
9	4	1064	SPRANGER, Erin	Lakewood, CO	13	42:41	36:17	13	3:31	5	1:29:15	17.5	8	1:25	5	50:23	8:08	3:07:15.4
10	2	1061	THOGMARTIN, Jennifer	Onalaska, WI	8	34:41	35:44	9	2:23	10	1:39:07	15.7	11	1:29	11	58:04	9:22	3:15:43.2
11	2	1058	NOWACK, Sarah	Ft Atkinson, IA	11	37:53	35:57	11	2:54	11	1:43:31	15.1	12	1:41	10	56:15	9:04	3:22:14.2
12	3	1060	HAPPEL, Tracie	Onalaska, WI	12	40:41	36:09	10	2:43	12	1:43:32	15.1	7	1:22	12	1:02:04	10:01	3:30:23.5
13	4	1065	CONWAY, Kay	Winona, MN	7	34:01	35:41	12	3:24	13	1:47:39	14.5	13	1:43	13	1:13:22	11:50	3:40:08.7

Male Intermediate Distance

Place	Div/Age	BIB #	Name	City, State	0.90 Mi. Swim		T1		26.00 Mi. Bike		T2		6.20 Mi. Run		Finish			
					Plc	Time	/100m	Plc	Time	Plc	Time	MPH	Plc	Time	Plc	Time	/Mile	Time
1		1092	COOPER, Scott	Holmen, WI	3	27:12	35:01	5	1:30	3	1:15:37	20.6	1	0:39	5	41:47	6:44	2:26:44.1
2	1	1073	CLOUGH, Donald	Cudahy, WI	5	27:56	35:04	2	1:09	4	1:17:07	20.2	2	0:41	1	40:18	6:30	2:27:09.7
3	1	1107	NOVAK, Jason	Rochester, MN	25	33:39	35:27	14	2:13	1	1:11:51	21.7	14	1:14	11	46:07	7:26	2:35:04.0
4	1	1086	PELLEGRINO, Darin	Winona, MN	4	27:20	35:01	8	1:32	21	1:25:42	18.2	9	1:07	2	40:58	6:36	2:36:38.7
5	2	1083	DAVIS, Clark	Holmen, WI	19	32:40	35:23	20	2:46	6	1:18:23	19.9	16	1:21	6	42:18	6:49	2:37:28.5
6	2	1074	DOUGLAS, Aaron	La Crosse, WI	29	35:45	35:36	31	4:06	2	1:15:08	20.8	8	1:07	3	41:26	6:41	2:37:31.6
7	3	1072	WELCH, Travis	La Crosse, WI	23	33:05	35:25	4	1:30	7	1:20:36	19.4	5	0:52	4	41:29	6:41	2:37:31.7
8	3	1106	LORENZ, John	Algonquin, IL	7	28:35	35:06	11	1:55	10	1:22:08	19.0	10	1:09	8	45:07	7:16	2:38:53.1
9	1	1093	HEINECH, Brad	La Crosse, WI	10	30:00	35:12	12	2:05	12	1:22:35	18.9	3	0:46	9	45:22	7:19	2:40:48.5
10	1	1099	HENRIKSEN, Steve	West Salem, WI	13	31:51	35:20	6	1:30	13	1:22:36	18.9	4	0:46	12	47:31	7:40	2:44:14.5
11	4	1080	KOCH, Dan	McFarland, WI	6	28:15	35:05	19	2:42	8	1:20:41	19.3	6	0:58	24	53:16	8:35	2:45:50.9
12	1	1095	STUBBENDICK, Keith	La Crosse, WI	2	27:05	35:00	13	2:12	23	1:27:23	17.9	7	0:58	15	48:30	7:49	2:46:06.6

Male Intermediate Distance

Place	Div/Age	BIB #	Name	City, State	0.90 Mi. Swim			T1		26.00 Mi. Bike			T2		6.20 Mi. Run			Finish Time	Penalty
					Plc	Time	/100m	Plc	Time	Plc	Time	MPH	Plc	Time	Plc	Time	/Mile		
13	2	1090	SLONSKI, Craig	Tomahawk, WI	17	32:22	35:22	27	3:38	11	1:22:22	18.9	11	1:10	13	48:27	7:49	2:47:59.0	
14	4	1075	HENDRIKSON, Slade	Holmen, WI	18	32:25	35:22	1	1:08	22	1:25:42	18.2	22	1:31	16	48:34	7:50	2:49:20.0	
15	2	1079	KIND, David	Madison, WI	16	32:21	35:22	26	3:33	18	1:24:25	18.5	20	1:22	14	48:29	7:49	2:50:10.5	
16	1	1071	MANGERSON, James	La Crosse, WI	8	28:41	35:07	7	1:31	16	1:23:57	18.6	13	1:13	28	55:05	8:53	2:50:27.2	
17	1	1104	HITCH, Keith	West Salem, WI	27	34:28	35:31	16	2:26	5	1:18:05	20.0	27	1:58	26	54:03	8:43	2:51:00.0	
18	3	1088	BROSTROM, Lane	Shorewood, WI	32	37:14	35:42	30	3:52	14	1:22:43	18.9	15	1:19	10	46:04	7:26	2:51:11.7	
19	5	1085	KRUEGER, Randy	La Crosse, WI	1	24:32	34:50	17	2:32	31	1:34:29	16.5	21	1:24	17	48:41	7:51	2:51:38.7	
20	3	1078	CHERVENY, Eric	Whitefish Bay, WI	14	31:58	35:20	29	3:49	20	1:24:37	18.4	30	2:12	20	49:44	8:01	2:52:19.3	
21	2	1100	DORNFELD, Glen	Winona, MN	9	29:33	35:10	3	1:16	15	1:23:29	18.7	18	1:21	31	57:49	9:20	2:53:27.1	
22	6	1087	KEATING, Jim	Onalaska, WI	12	31:45	35:19	21	2:48	29	1:33:23	16.7	25	1:41	7	44:04	7:06	2:53:40.9	
23	7	1082	PETERSON, Joe	Cross Plains, WI	21	32:58	35:24	22	3:01	19	1:24:27	18.5	17	1:21	22	52:35	8:29	2:54:21.4	
24	5	1076	KRUEGER, Jay	Iowa City, IA	20	32:57	35:24	10	1:43	26	1:30:36	17.2	12	1:13	18	49:05	7:55	2:55:34.7	
25	3	1097	PARKS, Bill	Winona, MN	22	32:59	35:25	32	4:37	9	1:22:07	19.0	35	3:29	27	54:21	8:46	2:57:33.2	
26	4	1077	FALKAVAGE, David	Janesville, WI	11	31:03	35:17	9	1:39	25	1:29:22	17.5	19	1:21	30	55:57	9:01	2:59:22.1	
27	8	1084	NOWACK, Phil	Ft Atkinson, IA	24	33:31	35:27	15	2:17	24	1:27:24	17.9	26	1:56	29	55:20	8:55	3:00:28.1	
28	1	1103	RASQUE, Ron	Onalaska, WI	33	38:04	35:46	24	3:28	17	1:24:13	18.5	24	1:41	23	53:10	8:35	3:00:37.3	
29	2	1094	RILEY, Ted	La Crosse, WI	30	36:06	35:37	23	3:22	28	1:32:21	16.9	28	2:02	21	51:01	8:14	3:04:51.3	
30	4	1102	GOSS, Robert	Lewiston, MN	34	40:04	35:54	25	3:29	27	1:31:45	17.0	23	1:38	25	53:40	8:39	3:10:36.5	
31	5	1101	BUNTON, Phillip	Trempealeau, WI	15	32:05	35:21	33	4:42	30	1:34:11	16.6	31	2:25	32	59:57	9:40	3:13:19.7	
32	9	1081	WILLGER, Todd	Janesville, WI	35	41:37	36:00	34	4:55	32	1:40:41	15.5	29	2:10	33	1:03:14	10:12	3:32:36.3	
33	4	1091	MAXWELL, Dave	Westby, WI	31	36:35	35:39	28	3:39	35	2:06:19	12.4	32	2:31	19	49:23	7:58	3:38:26.1	
34	2	1105	BRIMER, Robert	Onalaska, WI	26	34:21	35:30	35	4:55	33	1:45:05	14.8	33	2:36	36	1:14:22	12:00	3:41:18.8	
35	3	1096	BORRER, William	Lodi, WI	36	50:33	36:37	36	8:10	34	1:46:21	14.7	34	2:58	35	1:09:39	11:14	3:57:41.2	
		1109	CLAUSEN, Chris	De Forest, WI														DSQ	

Intermediate Clydesdale

Place	Div/Age	BIB #	Name	City, State	0.90 Mi. Swim			T1		26.00 Mi. Bike			T2		6.20 Mi. Run			Finish Time	Penalty
					Plc	Time	/100m	Plc	Time	Plc	Time	MPH	Plc	Time	Plc	Time	/Mile		
1		1070	WEBER, Jason	La Crosse, WI	1	27:52	35:03	1	1:22	1	1:28:33	17.6	1	0:33	1	45:50	7:23	2:44:09.1	